

Wave 1 (stances)

```
graph TD; T13((T13)) --- T18((T18)); T13 --- T3((T3)); T3 --- T18
```

I want to get enough protein (T13)  
Eating meat gives me more energy without meat (T3)  
I eat meat at least once a day (T18)

Wave 1 (topics)

```
graph TD; T13((T13)) --- T18((T18)); T18 --- T3((T3))
```

Wave 2 (stances)

```
graph TD; T23((T23)) --- T13((T13)); T23 --- T10((T10)); T13 --- T6((T6)); T10 --- T6; T13 --- T15((T15)); T15 --- T6
```

I eat mostly meat (T23)  
I have difficulty finding protein alternatives (T13)  
I want to stay healthy (T6)  
I am a picky eater (T15)  
I eat chicken and beef most often (T10)  
I want to feel energized (T6)

Wave 2 (topics)

```
graph TD; T23((T23)) --- T13((T13)); T13 --- T6((T6)); T6 --- T15((T15)); T15 --- T0((T0))
```