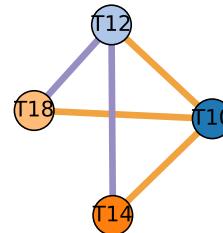


Wave 1 (stances)

```
graph TD; T12((T12)) --- S1((I include meat in most meals)); T12 --- S2((I eat meat regularly)); T12 --- S3((I choose meat for protein)); S1 --- T10((T10)); S2 --- T10; S3 --- T10; S2 --- T18((T18)); S3 --- T18
```

I include meat in most meals (T12)
I eat meat regularly (T18)
I use other proteins sometimes (T10)
I choose meat for protein (T14)

Wave 1 (topics)



Wave 2 (stances)

```
graph TD; T12((T12)) --- S1((People close to me eat meat regularly)); T12 --- S2((I start meals with protein)); T12 --- S3((Meat is my go-to protein)); T12 --- S4((I often incorporate meat into meals)); S1 --- T10((T10)); S2 --- T10; S3 --- T10; S3 --- T14((T14)); S4 --- T10; S4 --- T14; T14 --- T27((T27)); T14 --- T10
```

People close to me eat meat regularly (T27)
I start meals with protein (T10)
Meat is my go-to protein (T14)
I often incorporate meat into meals (T12)
Meat is an efficient protein source (T14)
Other proteins lack enough iron
I tried other protein sources (T10)
Other proteins have more fat and carbohydrates (T14)

Wave 2 (topics)

