

I plan to switch eating pattern when working (T8)

I like trying pescatarian and vegetarian meals (T4)

I became pescatarian for a year (T4)

I wanted to try new meal kits (T12)

I want to maintain a healthy weight (T8)

I tried meal kits with vegan options (T4)

Some social contacts avoid meat for health reasons (T16)

I currently eat red meat and pork (T2)

Most social contacts eat all types of meat (T16)

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graph LR
    T2((T2)) ---|thick orange| T16((T16))
    T16 ---|thick green| T4((T4))
    T4 ---|thin purple| T8((T8))
    T4 ---|thin purple| T12((T12))

```

The diagram illustrates a network of factors influencing meat consumption. The nodes and their connections are as follows:

- Node 1 (Blue):** save vegan recipes (T4)
- Node 2 (Orange):** I am motivated to have more energy (T6)
- Node 3 (Red):** Some friends and family avoid meat for health (T16)
- Node 4 (Yellow):** I am motivated to maintain a healthy weight (T8)
- Node 5 (Orange):** I am motivated by health reasons (T6)
- Node 6 (Green):** Most family and friends eat meat (T19)
- Node 7 (Orange):** I have financial limitations (T6)
- Node 8 (Red):** I eat meat almost every day (T17)

The connections (edges) between the nodes are:

- Node 1 to Node 2 (Purple line)
- Node 1 to Node 8 (Orange line)
- Node 2 to Node 3 (Purple line)
- Node 2 to Node 6 (Orange line)
- Node 3 to Node 6 (Purple line)
- Node 4 to Node 5 (Purple line)
- Node 4 to Node 6 (Orange line)
- Node 5 to Node 7 (Orange line)
- Node 6 to Node 7 (Purple line)
- Node 6 to Node 8 (Orange line)

A network diagram with six nodes: T4 (blue), T6 (orange), T8 (light orange), T9 (green), T16 (red), and T17 (pink). The nodes are connected by edges. The edges between T4 and T6, T4 and T9, and T6 and T9 are purple. The edges between T4 and T17, T6 and T16, and T9 and T17 are orange. There is also a self-loop on T6 colored orange.