

The diagram illustrates the relationships between nine statements (nodes) related to meat consumption. The nodes are represented by colored circles with text labels. The edges are colored lines connecting the nodes, indicating relationships.

Nodes (Statements):

- Meat keeps me feeling full longer (T20) (Green circle)
- I eat meat regularly (T18) (Orange circle)
- Meat feels familiar and satisfying (Grey circle)
- Most recipes I know use meat (T12) (Blue circle)
- I grew up eating meat (T23) (Green circle)
- I want to feel healthier (T8) (Orange circle)
- I find meat convenient (Grey circle)
- Meals and gatherings usually include meat (Grey circle)
- People around me eat meat regularly (T27) (Red circle)
- I want a more balanced diet (T8) (Blue circle)

Relationships (Edges):

- Meat keeps me feeling full longer (T20) is connected to I eat meat regularly (T18) by a purple line.
- Meat keeps me feeling full longer (T20) is connected to I grew up eating meat (T23) by a purple line.
- Meat keeps me feeling full longer (T20) is connected to I want a more balanced diet (T8) by an orange line.
- I eat meat regularly (T18) is connected to Most recipes I know use meat (T12) by a purple line.
- I eat meat regularly (T18) is connected to I want to feel healthier (T8) by an orange line.
- I eat meat regularly (T18) is connected to I want a more balanced diet (T8) by an orange line.
- Meat feels familiar and satisfying (Grey circle) is connected to I grew up eating meat (T23) by a purple line.
- Meat feels familiar and satisfying (Grey circle) is connected to I find meat convenient (Grey circle) by a purple line.
- Meat feels familiar and satisfying (Grey circle) is connected to I want a more balanced diet (T8) by a purple line.
- I grew up eating meat (T23) is connected to I find meat convenient (Grey circle) by a purple line.
- I grew up eating meat (T23) is connected to I want a more balanced diet (T8) by a purple line.
- I find meat convenient (Grey circle) is connected to I want a more balanced diet (T8) by a purple line.
- Most recipes I know use meat (T12) is connected to I want to feel healthier (T8) by an orange line.
- Most recipes I know use meat (T12) is connected to I want a more balanced diet (T8) by a purple line.
- I want to feel healthier (T8) is connected to Meals and gatherings usually include meat (Grey circle) by a purple line.
- Meals and gatherings usually include meat (Grey circle) is connected to I want a more balanced diet (T8) by a purple line.
- People around me eat meat regularly (T27) is connected to I want a more balanced diet (T8) by a purple line.

A network diagram with six nodes: T20 (green), T18 (orange), T12 (light blue), T8 (blue), T23 (green), and T27 (red). The nodes are arranged in a 2D space. T20 is at the top left, T18 is at the top right, T12 is in the middle right, T8 is at the bottom right, T23 is in the middle left, and T27 is at the bottom left. The connections are as follows: T20 is connected to T18 and T8 by orange lines. T18 is connected to T12 and T8 by orange lines. T12 is connected to T8 by an orange line. T23 and T27 are isolated nodes.

The diagram illustrates the relationships between eight factors influencing meat consumption. The nodes and their connections are as follows:

- Nodes:**
 - Green circle (T12):** I am not pressured by others' habits
 - Orange circle (T16):** Social contacts have different eating habits
 - Blue circle (T8):** I seek balance in my meals
 - Grey circle (T20):** I eat meat in moderation
 - Orange circle (T16):** Some social contacts eat meat for protein
 - Blue circle (T8):** I want variety in my meals
 - Grey circle (T12):** I choose familiar meats like chicken or fish
 - Orange circle (T12):** I sometimes eat plant-based meals
- Edges (Relationships):**
 - Green line:** Connects "I am not pressured by others' habits (T12)" to "Social contacts have different eating habits (T16)".
 - Orange line:** Connects "I am not pressured by others' habits (T12)" to "I eat meat in moderation (T20)".
 - Blue line:** Connects "I seek balance in my meals (T8)" to "I eat meat in moderation (T20)".
 - Purple line:** Connects "I seek balance in my meals (T8)" to "I want variety in my meals (T8)".
 - Purple line:** Connects "I seek balance in my meals (T8)" to "I choose familiar meats like chicken or fish (T12)".
 - Purple line:** Connects "Social contacts have different eating habits (T16)" to "I want variety in my meals (T8)".
 - Purple line:** Connects "Social contacts have different eating habits (T16)" to "I choose familiar meats like chicken or fish (T12)".
 - Purple line:** Connects "Social contacts have different eating habits (T16)" to "Some social contacts eat meat for protein (T16)".
 - Orange line:** Connects "I eat meat in moderation (T20)" to "Some social contacts eat meat for protein (T16)".
 - Orange line:** Connects "I eat meat in moderation (T20)" to "I sometimes eat plant-based meals (T12)".
 - Orange line:** Connects "Some social contacts eat meat for protein (T16)" to "I sometimes eat plant-based meals (T12)".

A network diagram with four nodes: T12 (light blue), T8 (dark blue), T20 (green), and T16 (orange). T12 and T8 are connected by a thick purple line. T8 and T20 are connected by a thin purple line. T16 is isolated.