

My family likes to eat meat (T7)

I am sensitive to meat texture

I am picky about eating meat

My mood affects my meat eating (T2)

I want a balanced, healthy diet (T24)

I believe meat provides necessary protein (T3)

I eat more lean meats to be healthy (T1)

prepare meat for husband and son

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graph TD; T7((T7)) ---|orange| T2((T2)); T7 ---|purple| T4((T4)); T4 ---|purple| T3((T3)); T3 ---|purple| T1((T1)); T2 ---|orange| T8((T8))
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Figure 1 is a network diagram illustrating relationships between various meat-related beliefs. The central node is "I cook meat for family preferences (T2)". It is connected to five other nodes:

- I avoid fatty meats (T10)** (Green node, connected by a purple line)
- I eat whatever I am craving (T21)** (Green node, connected by a purple line)
- I choose leaner meat options (T1)** (Blue node, connected by a blue line)
- My family eats more meat than I do (T7)** (Orange node, connected by an orange line)
- Taste motivates me to eat meat** (Green node, connected by a green line)

The connections are color-coded: green for T10, T21, and the top-right node; blue for T1; orange for T7; and purple for the bottom-right node.