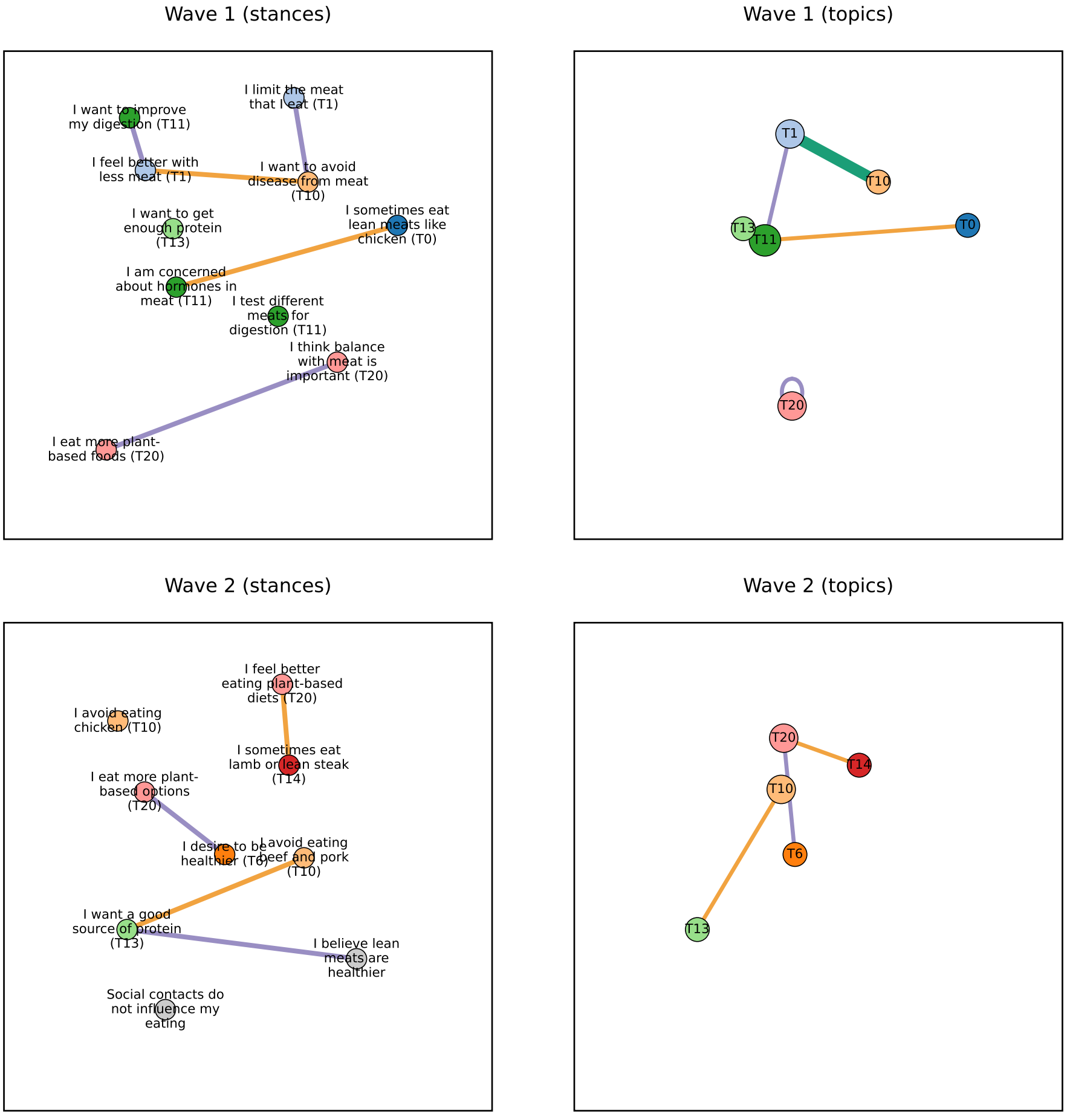
Wave 1 (stances)
I limit the meat that I eat (T1)
I want to improve my digestion (T11)
I feel better with less meat (T1)
I want to avoid disease from meat (T10)
I want to get enough protein (T13)
I sometimes eat lean meats like chicken (T0)
I am concerned about hormones in meat (T11)
I test different meats for digestion (T11)
I think balance with meat is important (T20)
I eat more plant-based foods (T20)
Wave 1 (topics)
T1
T10
T13
T11
T0
T20
Wave 2 (stances)
I feel better eating plant-based diets (T20)
I avoid eating chicken (T10)
I sometimes eat lamb or lean steak (T14)
I eat more plant-based options (T20)
I desire to be healthier (T6)
I avoid eating beef and pork (T10)
I want a good source of protein (T13)
I believe lean meats are healthier
Social contacts do not influence my eating
Wave 2 (topics)
T20
T14
T10
T6
T13