

Wave 1 (stances)

Social contacts also eat meat out of habit (T-1)
Family and friends include meat in meals (T12)
Eating meat is a habit (T-1)

I eat meat for lunch and dinner (T23)

Meat for breakfast is expensive (T2)

Becoming pescatarian is my goal (T-1)
Meals feel incomplete without meat (T17)
I want to eat less meat for health (T1)

I skip meat at breakfast (T15)
I want to lower my A1c level (T9)

Wave 1 (topics)



Wave 2 (stances)

I am trying to lose weight (T6)

I have always been a meat eater (T23)
I eat meat for lunch and dinner (T23)
I want to improve my health (T6)
Price of meat is going up (T2)

I am trying to keep my A1C low (T9)

I am trying to eat less meat (T1)

People around me eat meat regularly (T-1)
Eating meat is a social norm around me (T-1)

Wave 2 (topics)

