

My family ate healthy overall (T1)

Red meat was expensive growing up (T2)

We ate fish every Friday for religious reasons (T3)

I think red meat uses too many resources (T2)

Local meat is too expensive for me (T0)

I have health concerns about red meat (T2)

I have environmental concerns about red meat (T2)

I try to reduce red meat (T2)

I often choose chicken or fish instead (T3)

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graph LR
    T0((T0)) --- T2((T2))
    T2 --- T1((T1))
    T2 --- T3((T3))

```

My family avoided processed foods (T1)

My family ate healthy growing up (T1)

I care about the environment (T13)

I eat very little processed meat (T10)

I care about my health (T6)

Avoid red meat during the week (T2)

I care about animal welfare (T5)

My parents rarely ate red meat (T2)

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graph TD; T0((T0)) ---|orange| T1((T1)); T1 ---|purple| T3((T3)); T3 ---|orange| T2((T2)); T2 ---|purple| T5((T5)); T5 ---|orange| T0; T0 ---|purple| T6((T6)); T6 ---|purple| T2
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