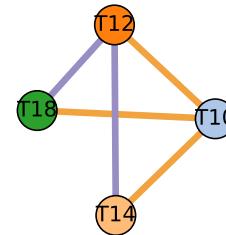


Wave 1 (stances)

```
graph TD; T12 --- T18; T12 --- T10; T12 --- T14; T18 --- T10; T10 --- T14
```

I include meat in most meals (T12)  
I eat meat regularly (T18)  
I use other proteins sometimes (T10)  
I choose meat for protein (T14)

Wave 1 (topics)



Wave 2 (stances)

```
graph TD; T27 --- T10; T27 --- T14_1; T27 --- T14_2; T27 --- T14_3; T10 --- T14_1; T10 --- T14_2; T10 --- T14_3; T14_1 --- T1; T14_2 --- T1; T14_3 --- T1
```

People close to me eat meat regularly (T27)  
I start meals with protein (T10)  
Meat is my go-to protein (T14)  
I often incorporate meat into meals (T12)  
Meat is an efficient protein source (T14)  
I tried other protein sources (T10)  
Other proteins have more fat and carbohydrates (T14)  
Other proteins lack enough iron (T1)

Wave 2 (topics)

