# Exploring the BRFSS data

### Setup

### Load packages

library(ggplot2)

## Warning: package 'ggplot2' was built under R version 3.6.1

library(dplyr)

## Warning: package 'dplyr' was built under R version 3.6.1

#### Load data

Make sure your data and R Markdown files are in the same directory. When loaded your data file will be called brfss2013. Delete this note when before you submit your work.

load("brfss2013.RData")

### Part 1: Data

The BRFSS-2013 was a periodic survey, which selected people from the United States population, including all states and other regions belonging to the territory. The sample selection was given in two ways:

Stratified sample in most states and regions. Simple-sized sample in some states and regions.

The interviews all took place via telephone or mobile through a structured form, conducted by trained researchers with the aid of specific research methodology (CATI), **by randomly selecting phone / cell numbers from each region / province** from participants who met the eligibility criteria.

Given the sample size, the applied randomness and the selection in several strata, it is possible to state that with such data one can infer **generalization** in the results. In other words, the results of such a study have an **approximation** with the United States population.

On the other hand, it **is not possible** to establish a **causal relationship**, since this research is a survey and no methodologies were applied in different subgroups ( **experimental vs. control** ) in order to investigate a causal relationship. Nevertheless, it is possible to make

associations (correlations) between the study variables.

# Part 2: Research questions

#### **Research quesion 1:**

Are there differences or similarities in access to health coverage between ethnicities/races in the state of Alabamas and the District of Columbia?

The purpose of this research question is to verify the impact of race / ethnicity on access to health insurance between two states. The state of Alabamas was randomly selected for comparison with the District of Columbia, one of the most African American states in the United States in the year this survey was released (2013).

Variables involved: Alabama State alabama, District of Columbia columbia, Race/ethnicity X\_race, Healthcare coverage hlthpln1.

#### **Research quesion 2:**

Do male veterans report high rates of depression?

The purpose of this research question is to examine whether male war veterans have a high frequency of self-reported depression, as this is a common sense disorder associated with war veterans.

Variables involved: Veterans veterans, Male male, Depression disorder addepev2

#### **Research quesion 3:**

There are the differences or similarities in marital status in the United States male and female population (are there very different or similar prevalence)?

This research question aims to investigate through data, the frequency and proportion of the most prevalent marital status in the United States, reported between the sexes and to look for similarities and differences.

Variables involved: Male male, Female female, Marital status marital

## Part 3: Exploratory data analysis

NOTE: Insert code chunks as needed by clicking on the "Insert a new code chunk" button (green button with orange arrow) above. Make sure that your code is visible in the project you

submit. Delete this note when before you submit your work.

#### **Research quesion 1:**

To investigate this problem, it was filtered the variables from each of the selected states columbia and alabama, assigning them to a specific new dataframe.

```
alabama<-(filter(brfss2013,X_state == "Alabama"))
columbia<-(filter(brfss2013,X_state == "District of Columbia"))</pre>
```

Then, a frequency table was generated, containing the race vectors and the vector asking if the interviewee has any access to any health coverage.

```
alabamahealth<-table(alabama$X_race, alabama$hlthpln1)
columbiahealth<-table(columbia$X_race, columbia$hlthpln1)</pre>
```

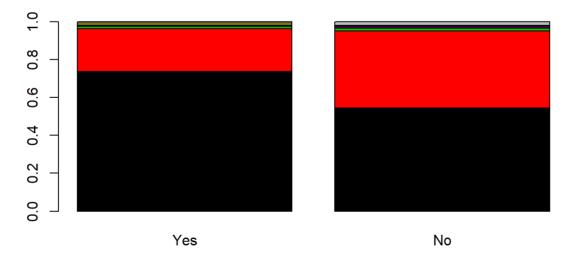
Finally, the frequency values are transformed in proportion, so that they are prepared for the creation of a barplot.

```
alabamahealth2<-prop.table(alabamahealth, 2)
columbiaahealth2<-prop.table(columbiahealth, 2)</pre>
```

The barplot is created by assigning subtitles and attributed race specific colors in the subtitles of the barplot.

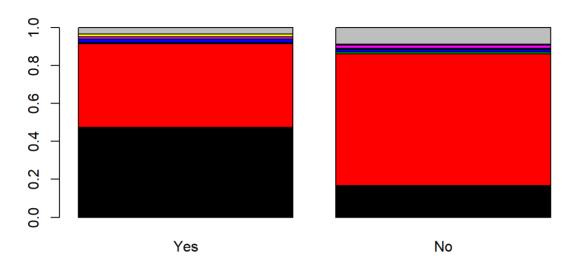
Color Insertion

```
barplot(alabamahealth2, xlab="Have any Healthcare coverage?",col=1:8)
```



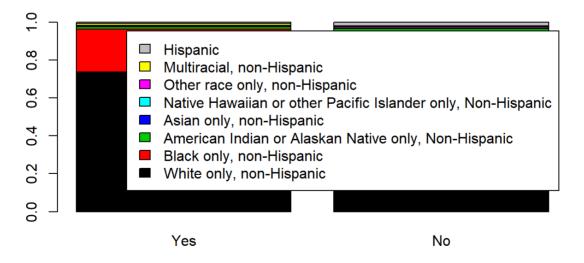
Have any Healthcare coverage?

barplot(columbiaahealth2, xlab="Have any Healthcare coverage?",col=1:8)

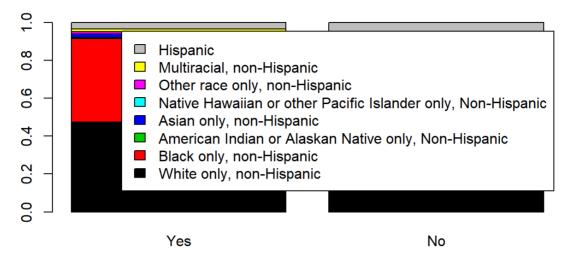


Have any Healthcare coverage?

#### **Subtitles Insertion**



Have any Healthcare coverage?

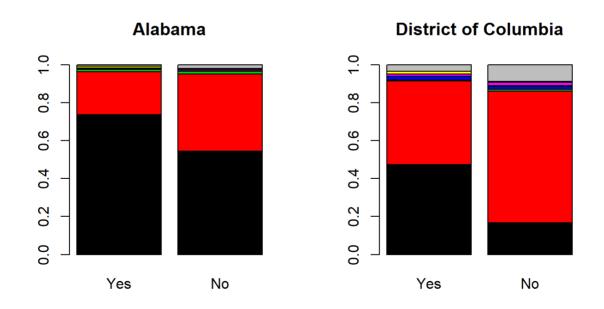


Have any Healthcare coverage?

After performing the process for each state (alabama and columbia), the barplots of each state are inserted in a single view.

```
par(mfrow = c(1:2))

barplot(alabamahealth2, main = "Alabama", col=1:8)
barplot(columbiaahealth2, main = "District of Columbia", col=1:8)
```



Its possible to see some interesting results. White people in both states have a higher rate in the variable access to health coverage (hlthpln1) and in the situation that they do not, it is

much less than black people. Thus showing strong evidence for the greater **unfeasibility** of health coverage for the public of non-white ethnic groups, and especially for the black population. A summary with sample-specific details is displayed in the summary below.

#### columbiahealth

```
##
##
                                                                      Yes
                                                                            No
##
     White only, non-Hispanic
                                                                     2172
                                                                            36
                                                                           151
     Black only, non-Hispanic
                                                                     2024
##
##
     American Indian or Alaskan Native only, Non-Hispanic
                                                                       18
                                                                             2
     Asian only, non-Hispanic
                                                                       86
                                                                             3
##
     Native Hawaiian or other Pacific Islander only, Non-Hispanic
##
                                                                        6
                                                                             1
##
     Other race only, non-Hispanic
                                                                       47
                                                                             4
     Multiracial, non-Hispanic
                                                                       75
##
                                                                             1
##
     Hispanic
                                                                      154
                                                                            19
```

#### alabamahealth

```
##
##
                                                                     Yes
                                                                           No
                                                                    4224
                                                                          377
##
     White only, non-Hispanic
     Black only, non-Hispanic
##
                                                                    1298
                                                                          281
     American Indian or Alaskan Native only, Non-Hispanic
##
                                                                      67
                                                                           11
##
     Asian only, non-Hispanic
                                                                      15
                                                                            1
##
     Native Hawaiian or other Pacific Islander only, Non-Hispanic
                                                                       2
                                                                            0
     Other race only, non-Hispanic
                                                                      28
                                                                            5
##
##
     Multiracial, non-Hispanic
                                                                      47
                                                                            3
##
     Hispanic
                                                                      46
                                                                           14
```

#### **Research quesion 2:**

To investigate this problem, it was first filtered out the variables of interest (veterans and male) by assigning them to a new dataframe (veteransmale).

```
veterans<-(filter(brfss2013,veteran3 == "Yes"))
veteransmale<-(filter(veterans,sex == "Male"))</pre>
```

Then, a frequency table containing the vectors of interest was generated. That was also transformed in proportion to facilitate interpretation of the analysis.

```
table(veteransmale$addepev2)
```

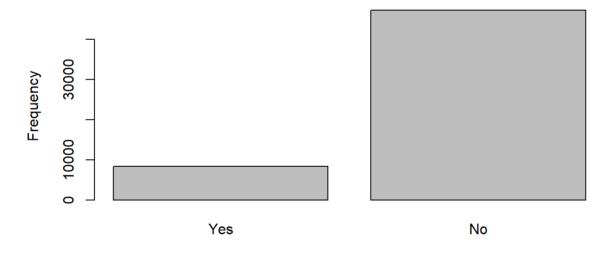
```
##
## Yes No
## 8391 47254
```

```
prop.table(table(veteransmale$addepev2))
```

```
##
## Yes No
## 0.1507952 0.8492048
```

The results indicate that 15% of respondents (prop.table) in this category indicate self-reported depressive disorder, in contrast approximately 85% claim not to have.

To facilitate the reader's visualization, it was decided to turn these results into a bar chart.



Compared to the overall United States average (showed below), the frequency of self-reported depression of male veterans is lower (overall US average: 19%) but slightly higher compared to the overall male population (average: 14%).

Ever Told You Had A Depressive Disorder?

```
prop.table(table(brfss2013$addepev2))
```

```
##
## Yes No
## 0.1956726 0.8043274
```

```
male<-(filter(brfss2013,sex == "Male"))
prop.table(table(male$addepev2))</pre>
```

```
##
## Yes No
## 0.1421308 0.8578692
```

#### **Research question 3:**

To investigate this problem, it was first filtered out the variables of interest (male and female separately) by attributing to distinct dataframes ( male - already did in the Question 2- and female ).

```
male<-(filter(brfss2013,sex == "Male"))
female<-(filter(brfss2013,sex == "Female"))</pre>
```

To summarise the results, a frequency table was generated, containing the vectors of interest with the main variable separately (in this case, marital). Finally, the frequency values were also transformed in proportion to better understand the analysis performed.

The Female Marital status results:

```
table(female$marital)
```

```
##
##
                            Married
                                                              Divorced
##
                              139268
                                                                 44140
##
                            Widowed
                                                             Separated
##
                               52998
                                                                  6810
##
                      Never married A member of an unmarried couple
                               37845
##
```

```
prop.table(table(female$marital))
```

```
##
##
                            Married
                                                             Divorced
                         0.48296071
                                                           0.15307096
##
                            Widowed
##
                                                            Separated
##
                         0.18378918
                                                           0.02361607
##
                      Never married A member of an unmarried couple
##
                         0.13124083
                                                           0.02532225
```

The Male Marital status results:

```
table(male$marital)
```

```
##
##
                            Married
                                                             Divorced
##
                              114060
                                                                 26236
##
                            Widowed
                                                             Separated
##
                               12747
                                                                  3852
##
                      Never married A member of an unmarried couple
                               37225
                                                                  5871
##
```

```
prop.table(table(male$marital))
```

```
##
##
                            Married
                                                             Divorced
##
                         0.57032566
                                                           0.13118590
                            Widowed
                                                            Separated
##
##
                         0.06373787
                                                           0.01926087
##
                      Never married A member of an unmarried couple
                         0.18613338
                                                           0.02935632
```

The overall results indicate similarity responses between the sexes in general but one exceptional variable draws particular attention: Widowed people. Widowed women (18%) are 3 times larger in proportion compared to widowed men (6%) pointing out this major difference.