

**WE CARE ABOUT YOU,
IT IS THAT SIMPLE.**

Join the only Direct Primary Care practice in Denver, offering the unique, holistic perspective of Osteopathic medicine.

[Apply For Membership](#)

We pride ourselves on our ability to create professional yet personable partnerships with our patients.

- We pride ourselves on our ability to create professional, personable partnerships with our patients.
- We strive to help you make healthcare decisions that are in alignment with your personal values.
- Our treatment plans range from traditional to holistic, so we can accommodate your needs within your preferences.

- **Comprehensive and Caring Team**
- Typical appointments are 30-45 minutes.
- We are here when you need us – same day and next day visits are always available.
- With an urgent health need, call us first. An on-call provider can help.

- **Cost-transparent and Affordable**
- We strive to be as cost-conscious and cost-transparent as possible.
- We tell you how much your care costs.
- We know where affordable services can be found.

Meet your new healthcare system advocate.

The Direct Approach

Our office is not in-network with any insurance plans. Instead we offer a Direct Primary Care membership that includes:



[Learn More](#)

[Learn More](#)

[Learn More](#)

[Learn More](#)

Find out if our membership is right for you and your family.

Take our six-question survey to see if our membership can meet your needs.

[Apply For Membership](#)

Pricing that makes healthcare accessible.

Save insurance for emergencies and hospitalizations.

For the rest, we have you covered.

\$85

per month

Get started for \$85 per month.
No limit on visits.
Comprehensive family medicine.

\$75

per month

Add a second member for an additional \$75 per month.
Must reside in the same household.

\$39

per month

Add additional members for \$39 per month.
To qualify's member(s) must be under 18 years old.



Uninsured? Sick of high-cost, low-quality health insurance?

We have a solution for that. Our direct primary care membership with Sustained Medical Cost sharing for a complete non-insurance healthcare solution.

[Learn More](#)



Our Vision
REFINE YOUR HEALTH-CARE
PROVIDER SERVICES
IMPROVE BALANCE

A Word From Our Founder

My primary care is structured around the values of individual improvement, positive relationships and compassion. As an Osteopath, I believe whole heartedly in your health. As a physician, I believe that traditional medicine and advanced medical care can be combined. I look forward to sharing these values with you, finding balance and health together.

– Jerome Gerstel DO

98%
Satisfaction Rating



"Dr. Erie and the team at DOPC are hands down the best care team I've ever worked with. They're thoughtful, responsive, compassionate and really take the time to listen. I've been to many doctors over the years and I feel like they are a complete 180 from traditional healthcare, and better in every way conceivable in my opinion. No hidden costs, no copays, no enrollment periods, no time constraints, no waiting rooms, no insurance companies, no claims forms, and some complex issues arise over the years, and just knowing you have a deeply knowledgeable and empathetic doctor and care team you can reach out to when you need them makes all the difference in the world!"

Anna, Current Member

Get started today.

Find out if our membership is right for you and your family. Take our survey or schedule a phone meet and greet with our manager.

[Apply For Membership](#)

[Learn More About Us](#)

Direct
Osteopathic
Primary Care

Our family medicine team is committed to delivering an innovative healthcare experience.

Contact Information

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(303) 459-2336

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(720) 305-0366

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16 Lakewood Lane
Lakewood, CO 80229

Business Hours

Monday:
8:00am - 5:00pm

Tuesday:
8:00am - 5:00pm

Wednesday:
8:00am - 5:00pm

Thursday:
8:00am - 5:00pm

Friday:
8:00am - 4:00pm

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Who We Are

Our Mission
Our family medicine team is committed by delivering an innovative health care experience. Using the direct primary care model, we value accessibility and cost transparency. Providing exceptional care, we build a trusting therapeutic relationship. We see all young families, diverse populations, adventurous adults, and those seeking alternative medicine. We are a group of providers who are dedicated to providing excellent medical care.

Our Practice



- We are a Direct Primary Care practice dedicated to providing the best healthcare possible and to helping you navigate our healthcare system.
- We are integrative and holistic. We meet people where they are on the spectrum of traditional western medicine to holistic health.
- We spend time with our patients and we look at the whole picture.
- We are gender and LGBTQ affirming.
- We serve people of all ages and whole families.
- We work hand-in-hand together as a team to offer you a holistic experience.
- We offer a comprehensive primary care membership with loaded with perks and add-on services such as telemedicine, emergency room visit.

Small practice patient care with big clinic expertise.

Guiding care individually.



Catherine Salguero, PA-C
Physician Assistant

Dr. Brianna Sweetlett, DO
Family Physician

Our Team



Dr. Brianna Sweetlett, DO
Family Physician

- A Letter To My Past & Future Patients**
- I grew up in a small town in Western Massachusetts, surrounded by mountains, lakes, and the grandeur of my parents' apple orchard. After studying nutrition, Ayurveda, Chemistry, and massage, becoming licensed midwife and doula was different which led me to become a family physician.
- As I had children of my own, I realized that the field I had become a part of, Working in Insurance based, corporate medicine brought me away from my values. I made it a priority to find a place to practice medicine focusing on people and bring in the one with my own beliefs about health, the environment, and the way we live. I wanted to provide a place where people could come and feel safe, and be heard. I wanted to be a place where my patients could come and have a relationship with their provider, knowing that my relationship with my patients, developing resilience, when I learned about disease, primary care, I could bring my personal relationships and compassion I look forward to us all and the joy we can have of finding health and balance together.
- Brianna Sweetlett, DO

- To My Patients:**
I am so grateful that you have chosen to work with me and look forward to having more time with you, meeting you where you are with your health and well-being, and helping you understand how to practice medicine to keep you at the whole person. This is what primary care model will allow.
- About Catherine "Cat" Salguero, PA-C**
I grew up in a small town in Western Massachusetts, went to college at the University of New Hampshire, and landed in Colorado after graduation, stopping to play in the mountains and stay for a year. One year later I now decided my 20 year old life was a bit sparse from CO and I left in the summer of 2000.
- My entire career as a PA has been in family medicine caring for infants to geriatrics and providing prenatal care. I have worked mostly in community medicine where about 80% of my patients were non-insured Spanish speakers. In addition to clinical care, I have held leadership positions for the past 10 years in the Colorado Physician's Association, the Colorado Medical Society, and the Colorado Academy of Physician Assistants.
- I live in Northern Denver with my husband, two daughters, and our dog. We try to get out and play in the mountains any chance we get, also love to travel, cook, do crafts, and ride the planet. I can really get lost in a good book for hours.



Catherine Salguero, PA-C
Physician Assistant

- Experience**
- University of Louisville, working alongside with mentors and high education.
 - 贞元 Community College of Osteopathic Medicine.
 - The Doctoral Teaching Fellowship in Osteopathic Manipulation, Touro University.
 - University of Colorado Denver Family Medicine Residency.
 - Other Residencies: Denver Family Health Center Residency
 - Other Residencies: Denver Family Health Center Residency
 - Associate Clinical Instructor, University of Colorado
 - Assistant Faculty Department of Osteopathic Principles and Practice, Rocky Vista University



Alison Gubser
Office Manager
Member Experience Board
Patient Education Outreach Coordinator



Shannon Burton, MA
Medical Assistant
Patient Care Specialist
Referrals Coordinator



Gabby Meives-Bartlett
Medical Assistant
Patient Care Specialist
Referrals Coordinator



Chris P. Tihman
Front Desk
Front Desk Coordinator
Scheduling
Records Manager

Have a career that excites you.
At Direct Osteopathic Primary Care, we are always seeking the best talent to help us change the world of healthcare. Contact us today to see if we have openings to join our skilled team of healthcare professionals.

Name: Email:

LinkedIn URL:
Resume URL:
Position:
Qualifications:

Where doctors get to be doctors and patients get good care.

Or Site

Contact Information

Phone: 720-360-5000
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Email: support@directdc.com
Address: 10000 E. 12th Ave., Suite 100 Lakewood, CO 80401

Business Hours

Monday:	8:00am - 5:00pm
Tuesday:	8:00am - 5:00pm
Wednesday:	8:00am - 5:00pm
Thursday:	8:00am - 5:00pm
Friday:	8:00am - 4:00pm

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What We Do



Our Philosophy of Care

We provide primary care membership, osteopathic treatment, and integrative health with the unique, holistic perspective of Osteopathic medicine. Our approach involves providing a balance between traditional western medicine (medication, lab work, & preventative, chronic, and acute care) and alternative care (supplements, lifestyle changes, & personalized treatment plans). We proudly serve patients of all ages and have the skills and knowledge to treat all of your family members.

Our Care Options



Primary Care Membership

Instead of going to an insurance-based primary care practice where you may have copays, unexpected bills, and little time to discuss your concerns, join our primary care membership! When you become a member, you gain access to our team of providers and staff who work hand-in-hand together to create the best possible health-care experience. We will spend time with you and listen, tell you how much we think additional services will cost, and be your healthcare system advocate.

- Establish a relationship with health-care providers that want to know you
- Create health goals with providers that will help you reach them
- Gain a peace of mind knowing who you will call when something comes up
- Trust that your team will help you find the best prices for additional services
- Access our add-on programs for Stress Recovery, Healthy Hormones, and Gut Rehab
- Take advantage of discounted osteopathic manipulation treatments
- Our membership is the main way to access care with our providers. We do not offer one time visits for primary care and we do not bill insurance*

[Learn How It Works](#)

*Medicaid: Our practice accepts a limited number of Medicaid primary care patients (membership fee does not apply). However, at this time, we are NOT accepting new Medicaid patients for primary care. If you are a current member and get approved for Medicaid, please let us know as soon as possible.

Osteopathic Manipulation Treatment

Our gentle, hands-on bodywork sessions called osteopathic manipulation treatments (OMT) are offered by Dr Brie and are aimed at optimizing musculoskeletal health and immune function.

Babies

Billing Information:

- Membership is not required to access these visits!
- Visits are \$125 for non-members ages 0-4 (only \$99 for member babies!)
- Visits are billable to Medicaid
- We do not bill any other insurance for these services and we can provide a detailed receipt

To Schedule, please call or text our office at 303-422-2236.

Older Children

Adults



Integrative Health

We offer add-on Holistic/Integrative lab testing and treatment planning programs to our primary care members! Additional fees apply so please ask! We can help with:

- Stress Recovery
- Healthy Hormones
- Gut Rehab

We do not treat chronic Lyme disease, chronic mold toxicity, or offer heavy metal chelation therapy. Members should send a message or request a visit in the patient portal to learn more about these programs. These programs are not available to non-members at this time but check back again as we work to develop them!

Partnerships

Small Business Membership

Cover your employees with our primary care membership for comprehensive holistic acute, chronic, and wellness primary care at a low monthly cost. Your sponsored membership covers primary care office visits without copays or deductibles with providers that truly care for your employees. We provide better health-care at a lower cost and remove the hassle of working with insurance companies or brokers.

Pricing:

- \$75 per employee per month for 4 or more employees
- \$85 per employee per month for 3 or less employees

What to learn more? Contact us by phone or email.

Nextera Healthcare

Sedera Medical Cost Sharing

Fullscript

Rubicon



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How It Works

Primary Care Membership Details

Meet your new healthcare system advocate. When you join our primary care membership, you gain access to our caring and collaborative team of providers and support staff who are committed to providing you and your family with an innovative health+care experience. We are accessible, cost-transparent, and affordable. Check out what is included in your membership and what you can add-on to personalize your care.

[Apply For Membership](#)

Pricing that makes healthcare accessible.

Save insurance for emergencies and hospitalizations. For the rest, we have you covered.

\$85

per month

Get started for \$85 per month.

No limit on visits.
Comprehensive family medicine.
\$85 registration fee per person

\$75

per month

Add a second member for an additional \$75 per month.

Must reside in the same household.

\$39

per month

Add additional members for \$39 per month.

To qualify, member(s) must be under 18 years old and reside in the same household.
Families - Get 50% off of registration fee when 3+ members join the same day.

[Apply For Membership](#)


What's Included?

Services included in membership at no additional cost.



Great Patient/Provider Relationship
We know you:



Initial Visit
We learn about your medical history to create a plan that works for you.



Wellness Visits
Your health is important to us.



Follow Up Visits
Our providers check in frequently to see your progress and make adjustments.



Telemedicine
Easy access to our healthcare professionals online and over the phone.



Same Day Urgent Visits
Immediate access to get the care you need, when you need it most.



After Hours Care
Get care that works within your schedule.



Supplement Reviews & Recommendations
Find what supplements will work best for you from the experts themselves.



Acute Issue Care
No matter is too small for our team.



Some Minor Procedures
Learn more about our care capabilities by talking to our team.



EKGs
Electrocardiograms included to get a clearer picture of your heart health.



Peace of Mind
We are here for you when you need us.

[Apply For Membership](#)


Add-On Services

Enhance your primary care membership with these discounted high-quality services.

Additional fees apply.

- Laboratory Services
- Small In-House Pharmacy
- High Quality Supplements
- Osteopathic Manipulation Treatment

- Holistic, Integrative Advanced Lab Testing & Treatment Planning
- Minor Dermatologic Procedures and Mole-Mapping
- COVID-19 Testing

[Apply For Membership](#)



Resources



Frequently Asked Questions

Get answers to frequently asked questions about Direct Osteopathic Primary Care memberships and services.

[Get Answers](#)

Testimonials

Hear about our services directly from Direct Osteopathic Primary Care members.

[Read Reviews](#)

Articles

Read articles written by our Direct Osteopathic Primary Care team.

[View Articles](#)

In The News

View Direct Osteopathic Primary Care in recent news articles and media.

[Watch News](#)

Our family medicine team is committed to delivering an innovative health+care experience.

Contact Information

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16 Lakeside Lane
Lakeside, CO 80212

Business Hours

Monday:
8:00am – 5:00pm

Tuesday:
8:00am – 5:00pm

Wednesday:
8:00am – 5:00pm

Thursday:
8:00am – 5:00pm

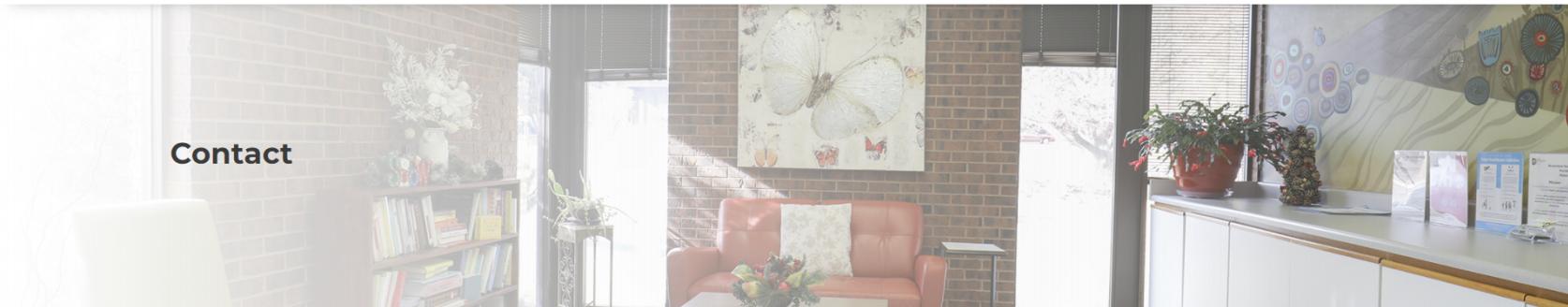
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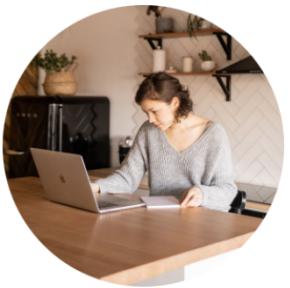


Contact



Members & Patients

Contact Direct Osteopathic Primary Care through our online patient portal to schedule appointments, view lab results, and get answers to your personal health questions.

[Message Us](#)

General Contact

Connect with Direct Osteopathic Primary Care to learn more about membership benefits and qualifications, or to schedule an initial office visit.

[Contact Us](#)

Careers

Apply For A Career At Direct Osteopathic Primary Care and change the world of healthcare.

[Apply Today](#)

Press Inquiries

Visit our Press Inquiry page to contact Direct Osteopathic Primary Care regarding any media inquiries.

[Get In Touch](#)

Our family medicine team is committed to delivering an innovative health+care experience.

Contact Information

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support@mydenverdo.com

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16 Lakeside Lane
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