

The Ultimate Guide to Manifest Your Desires

by JJ



Note before reading:

What I shared here is knowledge based on my experience, observation, 'research', etc. Manifesting works the same, but it isn't one-size-fits-all, we all have different experiences, beliefs (limiting or now), preferred 'methods', etc. If this doesn't sit right with you and you think you know better - good for you, do your thang.

1. Strong language (I swear a lot), cynical stuff, and sarcasm ahead, tough love type shit. This is meant to be helpful and reassuring, but I'm not going to treat yall like you're made of sugar and talk like I'm from 50 years ago. Deal with it or not.
2. Not everyone gonna agree on every point, and that's okay, but I don't care about it, and not really gonna argue against it, refer to point 1.
3. This is a Neville sub, I know, and this all stemmed and is based on his teachings, but it's been a while and it's time to evolve and update some stuff, so sorry if I'm not gonna use purely Neville terms or quotes or terminology.
4. My main approach to manifesting is Affirmations - and I'll explain why, but whatever it is you feel most comfortable doing (visualization, scripting, tripping on acid, acting as if, dancing naked under the full moon singing Taylor Swift songs) applies the same.
5. For all you naturally skeptic, anxious, fearful or 'logical' - I got you, with a 'logical' reasoning why you shouldn't worry about the shit you worry about.

[MANIFESTING SP \(And recreating them\) - The ultimate and only guide you'll ever need](#)
[Manifesting is easy - everything you didn't want but needed to hear %5Bwhy you fail.%5D](#)
[Manifesting is easy AF - everything you needed and wanted to hear.](#)

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Manifesting is easy AF – everything you needed and wanted to hear.

Let's get down to the basics real quick.

How do we manifest? It seems that so many people are just quick to give vague Neville quotes that just confuse the fuck out of those who are new. 'The state of the wish fulfilled, be in the Sabbath'. What the fuck does that even mean?

Manifesting (in its essence) is piss easy. All you have to do - is think, live in your head, imagine yourself - as the person who has what you want.

That's it. Yes, really, that's all it takes. You want something? someone? an experience, an object? a job? cool! Just having the desire means it is - literally - meant to be yours. It doesn't matter what it is, who it is, which way, what colour, what pay - it's possible. It's here. where? here. when? right now.

You want something? think from the state of the wish fulfilled - aka think from a standpoint of having it. It's done, It's already yours, it's already here. Think about it in one affirmation, specific (I am married to Kim Taehyung from BTS with 5 children!) or vague (isn't it wonderful?). That's all, really. The only thing that can delay (nothing can ruin your manifestation. Nothing. I don't give a shit what he or she said, I don't care what your situation is, I don't care how many beliefs you have or not. It legit doesn't matter nothing can ruin your manifestation) is thinking against it. Why? because, well, that's also just you manifesting - but just manifesting the opposite of what you wish to see in your world.

But if that's all it takes, where do all the confusion and questions come from?

Well, manifesting is easy, the base principle (and the only principle) is as stated above, but with all the information, the mix between law of attraction and law of assumption, social media, TikTok, Neville quotes that people just LOVE to throw around to a point it seems they don't even understand what they mean in their essence and what not, limiting beliefs, general beliefs, world views, etc. Whatever the reason is, people seem to complicate it with rules and guides, 'do's and don't's' that in all honestly don't even matter.


[1] Obsession, Need, Want.

'How can I stop obsessing over my desire? Does it mean I'm in lack? how do I live in sabbath? does thinking X means that?'

Short answer: Yes, you can manifest something you need, want, obsess over. You can want it. You can need it. You can be as obsessed with it as you'd like.

Long answer: Well, still yes, but i'mma explain why. Because all you have to do to manifest is just think of it as already yours, or already the way you want it to be! People tend to complicate this shit so much for literally no reason, either for some weird moral high ground or because maybe they don't understand the law to it's most basic, raw form - but the ONLY thing that can stop you from manifesting is thinking against it (because it's manifesting the opposite, you're still manifesting successfully!) All this 'let go' shit.. why? have you ever thought about it? Why would you let go?'Oh it's because it means you're coming from lack!' Shut the fuck up. If that's how it is, why did you have the desire in the first place? Going by this logic means that wanting ANYTHING (how would you manifest consciously something if you didn't at least think of WANTING or NEEDING it?) Coming from lack just means you're manifesting the absence of what you want by entertaining thoughts that directly say or somehow imply you don't have what you want.

Your reality is a mirror of your inner thoughts. If your inner thoughts imply you're looking for something, waiting for something, your subconscious knows you're looking for something - aka, it isn't here. But you can still want or need something, and you can absolutely obsess over it. No, it's not bad, unless you give it a bad meaning. If we can 'obsess' over bad scenarios that didn't even happen and have them manifest because we held them in our imagination (aka thought about them day and night) why wouldn't it work the other way? **There's no good or bad in manifesting, Only the consistent.** Read that. Read that again. Until it sinks in. Manifesting is NATURAL. Whatever works for you, is whatever feels natural for you. 'Oh but when you actually have something you don't care about it that much, you're not looking for it all the time' well, it's partially true, but isn't 100%. Just because you get used to something being in your reality doesn't take away the need for it. You can 'have' a person, be with them, and still NEED and WANT them, you can be so in love you are obsessed with them [i'm not talking about if it's a healthy relationship or not, that's a different discussion]. Having something doesn't stop you from needing it, or wanting it in your reality, so why can't you want

it in your head anyway? If you got your crush, after years of pining after them, wouldn't you fucking be overjoyed? over the moon? would you really be like 'ah cool I knew it was gonna happen well cool anyway - ' .. The only tricky part is the quality of scenarios  thoughts you're obsessing it, not the actual fact if you do or not.

If you obsess by constantly repeating affirmations, sats, thoughts of having it, daydreams about it, then by all means obsess away. Think about it 186034788437289 times, live it in your head 24/7, who cares? it makes you happy? it keeps doubts or bad thoughts away? cool! it will still work. Because you're only thinking as if you have it. Nothing else matters (thanks, Metallica). In reality, no matter how many Sabbaths you get into or Neville quotes people will throw at you, you can't turn off your logical mind. A part of your brain will always be aware, vaguely, that something isn't here or you're not experiencing it (yet) in the 3D, so a part of you will always be in 'lack', so to speak. Otherwise, just the actual act of manifesting would imply you're in lack, in need, in want, whatever?

Arguably I'd say it's better to obsess if it makes you keep in check with what's going on in your head other than forcefully try to 'let go' or not think of something out of fear of thinking too much or obsessing ('because what if it implies that i'm in lack!') which will MOST LIKELY will just make you stress unnecessarily about if you're doing it right or not , enough or too much, whatever it is.

Bottom line is; It's OKAY! it's FINE! Obsess over it, need it, want it, build an altar for it. As long as the ONLY (and I mean ONLY) thing that goes in your head - is anything that implies you already have it, it's yours, it's done.

[2] - 'Am I doing it right? Can I do this? Does doing this mean X or Y? Does it influence?

Stop. Seriously. You guys HAVE to stop overcomplicating shit and cutting yourself short. The problem with how things are said or answered is that it makes it seem like there are so many unnecessary rules that people put on, you can't say this or can't say that, because it means this or it means that. It also relates to the previous point as well, and I'll use an example of a question in the beginner thread for this (slightly paraphrased)

'Can I enjoy being degraded and being called things because it's my kink, or will it influence my SC?' If all desires are meant for you, that includes your kinks, your sexual preferences, etc. Stop giving meaning to every single thing, it's not that deep if you don't want it to be! Manifesting is a lifestyle, life-changing, and a gateway to something deeper... but it doesn't mean you can't also just enjoy life and have fun with it! not everything has to have a deeper meaning, serve a higher purpose, or imply or mean anything unless you WANT it to. Cut yourself some slack. If your SC is that high anyway, then you should have more common sense and confidence to know that simply enjoying something that you enjoy in the moment (sexual or not, degrading or not, whatever) or even just saying shit as a joke, you can decide it doesn't matter! you know it isn't true or doesn't say anything about you as a person, so stop being scared. Manifestation is simple, it's fun, it shouldn't make you feel like you're walking on eggshells every single moment of your life. You can keep things you say or blue or think at a moment and label them as jokes or empty words that just make you horny at that specific moment - as just that, and nothing more.

YOU MAKE YOUR OWN RULES. You can LITERALLY decide that this or that thing doesn't affect your manifestation - and it won't! (like a reverse placebo, so to speak.)

Whatever you're doing - stop giving it meaning, stop doubting and second-guessing. Just do whatever the fuck you want! do all the methods and techniques or do none at all, think about your desire a million times a day or just once. Phrase it or word it however the fuck you want as long as it's what's natural for you and implies you have it (or will get it in the near future 100% guaranteed). As long as you imply you already have it - nothing else around it matters (yeah, i'm gonna repeat this a lot).'

One more time, repeat after me: **YOU'RE DOING IT RIGHT! IT'S OKAY! YES YOU CAN DO THIS AND THAT! NOTHING CAN INFLUENCE, RUIN, DELAY OR DO ANYTHING TO YOUR MANIFESTATION OR SELF-CONCEPT UNLESS YOU DECIDE IT CAN.** Nothing can ruin or keep your desire from you. The only delay is thinking against it, instead of as someone who has it. Cool?

And **YES - IT'S COMPLETELY NORMAL TO DOUBT IT SOMETIMES.** Especially if it's a 'big' desire. It's normal. It's human. It's FINE. Cry, scream, break down (but keep affirming). If you can keep whining and shit to a minimum - that's great, and will probably

make things easier and make it manifest faster - but it also doesn't have to influence anything. (You can, quite literally, DECIDE that having doubt, fear, or crying about it doesn't influence your ability to get what you want at all!)

Just get back up after, no matter what you feel - keep your thoughts in check. You have doubts? correct that shit. Daydream. Rampage. Sing it, dance it, shove a crystal up your ass I don't care - whatever helps you get back on track and stay persistent. But don't beat yourself up over it, don't feel guilty for having human emotions. Just discipline yourself, do what you gotta do, get back on your affirmations.

[3] - 'It's not enough to just think of your desire, you need to ..' [Affirmations rule, literally].

Stop. Shut up. Legit. Just actually, shut up. I'mma say it once.

Affirmations rule, literally.

It is, quite **LITERALLY**, possible, to manifest by simply thinking as if you have it. [Yes, in any form, in any way, as many times as you want!] STOP putting more fucking rules! and stop spreading dumb limiting beliefs. First of all, that's the whole point of Joseph Murphy's teachings (who was Abdullah's student just as Neville was, who just put more emphasis on affirmations while Neville put his emphasis on imagination). Everything around us, our feelings, our emotions, our imaginations and scenes - all of it stems from our thoughts. Our inner conversation. That little voice in the back of your head - however you wanna call it. Everything begins with a thought. And that's what affirmations essentially are - they are your thoughts. That's why I'm so pro-affirming. If you prefer to imagine and shit, go for it! But even still, you have so many thoughts that you can't turn off (70,000 of them a DAY, more or less), and if they are telling a story that is opposing whatever you imagine during your SATS, it can delay your manifestation. Thoughts naturally create an image or feeling, and even if not... it doesn't matter. OOP, I said it! That's why no matter what your 'method' (even though affirming isn't a method, it's just ...thinking) you need to still keep a mental diet - aka you just watch carefully what you think, and only allow yourself to think thoughts that imply you have your desire and correct the ones that imply you don't. Which brings me to another point that relates to the previous ones but I think it deserves it's own moment. Drum roll, please.

[4] - 'Feeling it real?' No, you don't have to feel anything. You don't even have to believe it.

WHAT? WHAT DID SHE JUST SAY? Yeah, you read correctly. You don't have to feel anything real. You don't have to believe it's real, you don't even have to believe in your affirmations. You can even only have 1% belief in the LAW itself, or in the fact that repeating affirmations (aka thoughts) or your imaginal act might manifest - is honestly enough! as long, of course, as you don't dwell on those doubts. If no matter what your 'logical mind' says to you about 'bro you being delusional'.. you still in your head only entertain your chosen affirmations (YES BE DELUSIONAL!) - it will manifest. And no, 'not believing' won't delay it. If you don't think about if you believe or not, if you don't stop to think too much and overthink every step of the way, just persist in the thought of having it without believing or shit - it will manifest.

And yes, I literally did it, I got manifestations and revised shit by literally mind-spamming thoughts without even 'believing' in them so.. yes, it can be done. It's THAT fucking easy.

[5] - 'Don't listen to coaches, read Neville! Listen to Neville! Quote Neville!'

Listen, I love my man Neville. He's undoubtedly the 'icon' of the Law of Assumption, he's the stepping stone into this and he's definitely worthy of studying, listening to and reading. But people get so hung up on literal meanings of what he said and his quotes, but Neville wasn't (and isn't) the end all be all of manifesting. He himself was a student once, and manifesting existed way before him too. Don't get so hung up just because YOUR way isn't purely Neville's way.

Another thing is phrasing; Neville was alive at a different time - and those changed; The way we talk changed, the world changed, and sometimes it's hard for people to understand (especially those whose native language isn't English) to understand, which is why when people say 'don't listen to coaches only read Neville!!!!!!' piss me off. If you think about it, Neville was literally the same? A 'coach' so to speak? of his own time? As was Abdullah to him. It seems like there is a taboo around when it comes to listening to coaches on youtube, some more than others, for reasons that sometimes make no sense to me, and just miss the whole point.

So i'm gonna tell you now. It's OKAY to learn about the law without directly reading Neville, and only doing research on this sub or on 'modern' coaches on youtube. SHOCKING! Don't get me wrong, starting with Neville, trying to understand his teachings is great, go for it, really! It's how we got to this sub in the first place, but don't get caught up in the exact way he did

things or said things, don't be afraid to stray away and evolve your own way, experiment, find out what works for you better.

You have anxiety, doubts and some coach on youtube makes you feel powerful? Go for it! Binging someone makes you feel good, and stay motivated? Hell yeah! Don't let people's opinions on others here influence you or make you feel bad or guilty for preferring to listen to someone who talks in a more relatable way in HD over 320p lectures from 50 years ago. It's o-k-a-y! seriously, it is! The only thing I will say, is that you do need to be careful who you watch, to not get confused with Law of Attraction teachers or people who put limiting beliefs. The easiest way to tell is - is this person giving you motivation? telling you you can do literally anything easy peasy? good! enjoy your video. Do they make you doubt, feel powerless, or like you have to do this or this or that to manifest? you have to work on X, Y, Z eat A,b,c - probably should drop it. As long as you feel good and like you can do anything then by all means - do what makes you happy man, and don't let people's narrow vision stop you or make you feel for enjoying something that makes you feel good.

[6] - Higher self, appointed hour, letting go..

Yeah, you can be shallow and just want to manifest being hot and rich to enjoy life. It's not bad, it's not wrong, it's not a 'waste' or 'beneath you'. If your higher self woooo didn't want you to just be allowed to enjoy these things you wouldn't have the desire for it in the first place. Manifesting is great, If you want to go further, into 'the promise', reach enlightenment, whatever moral high ground principle you have - nice, cool, i'm happy for you! But if you just want to manifest a bunch of shit to make your life fun, that's equally cool, valid and fine. It DOESN'T have to be that deep if you don't want to!

And no, there is no such thing as an 'appointed hour' (Unless you believe there is, I suppose). Your manifestation can come as fast as minutes, or as long as months, it only depends on how much shit you were thinking before about that situation. The only factor that influences the time, is the amount of 'resistance' (aka opposing thoughts) that you have, the amount of wavering (aka dwelling in doubt, fear etc..)Neville talked about the 3 days it takes to manifest - but in reality, things can manifest on the spot, out of nowhere, in a minute, in a few hours, in a few months. Don't limit yourself by making rules or time frames... in fact, don't focus on time at all.And no, you don't need to let go of your needs, wants, whatever. Only let go of the doubt, fear anxiety, and limiting beliefs and rules.

Just persist in your affirmations, stop counting the minutes, stop looking, just persist, chill, and watch it happen. Because well, it has to!

Manifesting is easy – everything you did not want but need to hear (why you fail)

First of all, let's address something right from the get go.

Whether you're a beginner or someone who's been here a hot minute, you should already know the principles of manifestation. You probably heard of terms like Everyone is you pushed out, Mental diet, States, Wish fulfilled, etc.

If so, you probably also heard countless times (or at LEAST once) - CIRCUMSTANCES DO NOT MATTER. Why? Does it matter? does it matter WHY, or does it only matter that you know that no matter what the situation is, what happened, what people said, done, thought - none of it makes a difference to your manifestation? that you can, LITERALLY, do, have, experience - anything, everything that you could possibly imagine? An Ex? A billion dollars? An orgy with all the Kardashians? Anything?

If you want to know why - it's because - it's the law. Just like gravity works on everything the same - a person, a mouse, a feather, a plane - pulling all of them down - so does the law works on anything you want to manifest, if it's a person, a mouse, a feather, a plane. There is a reality where every possible scenario you could imagine already exists - it means anything you can imagine, think of, desire - already exists, and you can get it by getting to that reality - by thinking, living (in your HEAD, and 3D if you want I don't really care whatever makes you happy), imagining - as someone who already has it. If you want it - it was meant to be yours. I don't give a shit how 'big', 'small', profound or shallow it might be. If you truly want it - it is MEANT for you.

Part of manifesting is to truly understand - and I mean TRULY understand - that everything is possible. That you are, as gojo's signature move - limitless.

That you have NO boundaries or limits to what you are capable of achieving, doing, or having - apart from those you put on YOURSELF.

So why is it that you STILL can't seem to manifest just THAT specific little thing or person? Why hasn't your shit still manifested?

1. 'Hey, I need help, so... once upon a time-' - YOU'RE REPEATING THE OLD STORY.

You know, I get it. When times are rough and shit seems bad, you're emotional, desperate, hopeless, sad, broke, whatever, all you want is reassurance, for someone to hold your hand and tell you it's gonna be okay. It's okay, it's valid, and it's understandable.

But you also should know that one - circumstances don't matter, as I said. And as you also know - you manifest what you ARE, not what you WANT. You manifest what you want by saying you already ARE IT. When you come to me crying about what happened, what is, what he/she said, what you did, and whine about your shitty situation - all you're doing is KEEPING YOURSELF IN THAT SAME SITUATION. I know that it's tempting to cry, but you have to stop seeking outside validation. I'm not saying you should bottle things up, and never release them, that's fine. But once you did, you have to stop thinking about it. You have to stop being tempted so easily to think that someone outside of you is going to make this shit magically disappear without you actually fucking STOPPING repeating that same old shit!

If you come to me and feel the need to ask me about your situation specifically - I KNOW that you haven't understood the law yet fully. Or embraced that there is nothing outside of you that you can't control, or change. That's your first mistake.

When you bitch about your shit all you're doing is reaffirming that you are still that same person that doesn't have what they want and that you are still in that same situation you want to get out of. How do you expect shit to shift when you still feel the need to complain and explain your situation to anyone who will listen?

I'm not saying it's always the easiest thing to do, but what other choice do you have? You either bitch about shit and stay in the same situation for longer, or you shut up for a moment, do what you know need to do, understand that you can change anything that you want to change, and DISCIPLINE YOURSELF and start dropping all that shitty baggage, all those circumstances, all that history and start by thinking differently and actually get a chance to CHANGE, and GET TO A BETTER SITUATION.

The longer you keep whining and telling people about the shit you don't want the more you keep it alive in your mind - and the longer it will take to actually get rid of that shit, so do yourself a favour, and start already now.

And quite honestly if you feel the need to still repeat it that means you either aren't sure that the law truly works (and we will get to how to deal with it a little later), or you still dwell in it too much and let yourself get dragged and think TOO much about it or you don't understand how it works and that circumstances don't matter. Well, Now you do! congratulations.

Now move on from it. Drop the old story. It's gone. Dead. Deceased. El rip. GG. Whatever happened doesn't matter. You can even revise it and literally say it never happened - and it will be erased from your reality, but whatever it is just realize that the more you talk about it the more you'll need to wait (probably) to get rid of it. It is what it is.

2. 'I Do the work and I do but it doesn't work, there's no movement and it never did and' YOU'RE AFFIRMING WHAT YOU DON'T WANT.

You guys need to realize that you manifest literally EVERYTHING in your reality. From the sky being blue to the people around you, everything. That includes - your abilities, your experiences, your luck, success, etc - including your ability to manifest as well! You're manifesting EVERYTHING, at every moment, since the day you were born pretty much.

Just like with repeating your old story - even if you don't talk about what happened, if you keep dwelling and repeating how shit doesn't work - you are literally manifesting it not working! It's like chewing and chewing food but saying you never get full because you never swallow it. If you affirm for something that you want, but then affirm that this never works - then guess which assumption you believe more. What do you think is easier for your brain to accept faster, a new idea that you are trying to get used to (that you probably still kinda doubt and go back and forth from), or an assumption that you are just SO FUCKING SURE OF that it never works because you're so caught up in the lack of it in your 3D? not Rocket Science.

You have to start looking deeper and being honest with yourself. DID You actually do the work? ALL of it? Did you actually watch your thoughts, all the time? Did you pay attention to what goes on in your head outside your sats or affirmation sessions? Because if you truly were, then you wouldn't have time to think about how it doesn't work. You wouldn't have time to put yourself in a victim state, crying how you're just the only one who can't manifest (which isn't true, btw, you're perfectly manifesting your desires not being there, just saying.)

How do you know it's not working? How? Do you know everything that goes in your SP's / Employers / Dealers head? No. Do you know which contracts are being looked at, which opportunities are being set up for you? No. The absence of progress is only that because you assume it so.

Every time you think about how there's no movement, it isn't here, it's not working - you put yourself right back at square one. It doesn't matter how long you THINK you're doing it, you're not going to see anything if you keep giving up and putting yourself back at square one by affirming that there's no movement. Why do you just assume there isn't one just because you can't see it? If you are asking yourself what someone is thinking that is you giving your power away to them. That is you not taking the opportunity and responsibility to DECIDE what they are thinking because you are still a slave to your senses, your fears, and the inability to take control of your thoughts - which is literally the only thing you need to do.

It doesn't matter if you did 10k or 100k affirmations, how spread out or not. If you are manifesting it a few days or a few months or YEARS - the amount of time you are doing something doesn't determine shit. Affirming for two years doesn't guarantee you a better success over someone who's been doing it for a week - it comes down to your diligence, your persistence, your DISCIPLINE.

Imagine manifesting is a board game, where you have to take 10 steps forward to get your shit. When you affirm, live in the end, you take a step forward. But every time you say it's not working, it's not here, you think about how you're 'working so hard' to get it INSTEAD of just HAVING IT you go back to square one and start over, and over, and over. You haven't been manifesting for X years, you've been moving a step or a few steps and then going back to the start all over again for x years. So what does it mean? that you're still stuck somewhere in this loop of going back to square one.

[But didn't you say that you don't even need to believe in them to work?]

Yeah, and I stand by it. But not believing means that it's okay that your logical brain is 'aware' that the 3D is not what you want it to be yet, you're always going to be 'aware' of your surroundings, in a sense, but you still make the difference between that to actually TELLING yourself that you don't believe, or that it isn't here, or whatever. It's okay to physically be 'aware' it's not there (aka you don't believe it) but IN YOUR HEAD you don't let yourself THINK anything that isn't 'I have it. I don't care, I have it.'

3. 'What am I doing wrong?????' - TAKE RESPONSIBILITY.*

side note: doesn't apply to where you are actually asking a coach or similar situations or general questions about manifesting processes/methods etc, maybe, I guess, maybe still does

STOP ASKING THAT QUESTION.

Why? Because HOW THE FUCK can someone else tell you what you are doing wrong? You comment it on a post or ask a person that has never met you, what YOU are doing wrong in a matter that is all about YOUR PERSONAL MIND? The fact you ask means you assume you're doing something wrong, why do that?

Manifesting isn't like a gym where you have a trainer that can just look at you from the side and see in one glance what you're doing wrong. Manifesting consists of everything in your head - from your constant thoughts to the vague assumptions that you gathered throughout your entire life until this point that even YOU might not be aware of. The realit is that when you approach 'random' people and ask 'where did I go wrong I lost a friend' - no one, not even me, can answer that. Because manifesting is just your thoughts. It starts and ends with you, only you can know what goes on in your head - and what shouldn't go on in your head.

Luckily for you, it's not hard to identify where you go wrong.

Are you watching your thoughts carefully as much as you can?

Are you affirming or imagining things that imply you have what you want? or are you worried about doing it wrong or right instead of just doing what you know you should? Are you wondering if things are moving, happening, or working? instead of just assuming they are?

There's your answer.

And if you TRULY, HONESTLY are doing it right (which, if you were, you wouldn't really be asking) - then you just have to keep going and persist until it manifests, that's all, you're not doing anything wrong, you just need to keep doing it and persist and be disciplined. That's it.

4. 'How long does it take to manifest X?', 'I've been doing it X days / weeks / months / years'
STOP LOOKING, START HAVING.

Funny enough, this relates to the last point but still deserves a stage of its own. Just because you don't think things that are DIRECTLY opposing your desire (like I don't have my SP / I have my SP) doesn't mean you're not thinking against it.

Every time you find yourself LOOKING for it - you are telling yourself that there is something to look for - aka, that it isn't already here. Every time you think about time, about how long it's been, you're confirming to yourself that it isn't here yet and again set yourself back once more. The more you look the more you're manifesting things to look for because you're still focusing on the 'where, how, when' instead of 'I have it.'

SO HOW DO I DEAL WITH ALL THIS? WHAT DO I DO?

First of all, take a breath.

In, out... good.

1. Quantity AND Quality.

Allow yourself to experiment, to try things out, to really understand things. Allow yourself the forgiveness of the situation you created or you're in, and understand that anything that happened you can fix it.

Give yourself the time to learn, understand, implement, experience, try things out, and tweak shit. Understand that just counting affirmations for the sake of counting doesn't mean shit. People are different. Your manifestations can depend on so many things, beliefs about yourself, the world, the desire..

Just because you counted 10k affirmations doesn't mean you're gonna get shit right away if you still have a shit ton of opposing thoughts, or you are looking for it right after hitting that counter, because...you're back at square one, again.

Focus on the quality. Focus on really watching what you tell yourself day in and day out. Be honest and start tackling your doubts and persisting and repeating until they go, instead of giving up and running back to question more shit that you already know.

2. Take responsibility and be DISCIPLINED.

I came across a post that I saw where someone asked why people deleted their success stories. One person replied that she got too many questions about 'how long it took' and asking her about the circumstances, and despite her stating literally that asking her how long it took triggered her (after talking a bit about the story) and was the reason she removed it - the next comment was 'wow! how long did it take you??'

Another example is the amount of DM's people sent me saying 'so I want to manifest X, what do I do?' even though the whole post answered that exact question 20 times in 20 different ways.

Another person asked me questions, I answered them, and they said 'Got it! I will do it' and then the next day I see them asking the same or similar question in a different thread. Sigh.

You guys have to get guts and just DO THE WORK. Asking questions and learning is fine, but it won't get you anywhere until you actually start implementing what you learned and have been told. It makes me feel like people just look for a magic quick fix or dopamine rush from someone telling them 'I DID IT IN 2 MINUTES KEK' so they can get some endorphins - but that's not how it works. People are different, experiences are different, and they manifest differently. Just like I can't know what goes on in your head you can't know what goes in others,

so asking them what they did and how they did and how long isn't going to change anything for you until YOU start doing the work yourself.

It gives the impression that people read posts, or listen to Neville or coaches and then just ignore everything they heard or read because they need someone to spell shit out specifically for them for whatever reason. Stop. Grow up.

Someone literally asked me to hold them accountable?? NO??

Watching stuff for motivation, reading success to see different pov's and get hope is okay, bless, watch videos all day if you want - but it can't REPLACE the work you still have to do the rest of the time for yourself.

No one can do the work for you. No one can manifest FOR YOU. It's YOUR reality. Stop being lazy. Stop making excuses. Stop looking and looking and asking and start actually doing it yourself because that's the only way you get what you want.

You already have ALL the answers, techniques, explanations, motivation you could POSSIBLY need and more, you have no reason to ask. Instead, start looking inside, and answering yourself. Become your own guide. You don't have a reason not to.

****DISCIPLINE YOURSELF. BE PERSISTENT. DO THE WORK.****

Unless you prefer to just whine and cry about your situation or life all the time instead, the choice is yours only.

3. Test the law, give yourself time to learn and stop stressing about the when.

Manifestations are still manifestations, no matter if people label them 'big' or 'small'. In reality, there's no such thing as big or small. Give yourself time to experiment, to try manifest shit, gain confidence in the law, in yourself, see that shit work for yourself, it will make it so much easier for you.

Do the work. Persist.

If you think you had no success before I hope this shed some light on where you might be caught, and you are ready to start a new, fresh, and get your head in the game all the way until you see your shit come to fruition.

Manifesting an SP (and recreating them) – The ultimate and only guide you will ever need.

Let me start by saying it - **YES, it is possible, and even 'easy'** (in terms of 'complexity' and what you need to do) to manifest - ANYONE.

And yes, it is absolutely possible to recreate them too - aka change to be exactly the person you want them to be. You can change literally anything - their behavior, ideals and ideas, personality, religion, likes, dislikes, habits - hell you can change how their farts smell.

Yes, ANYONE! That girl, that guy, that person, that celebrity, that YouTuber, that sugar daddy, Bakugo, that boss, your mom your dad your sister your nan your best friend (it doesn't always have to be someone romantic). Hell, you can manifest someone that you never met! you can literally create a person in your mind and manifest someone to fit your criteria to come into your life (but I'll touch on that later)

We start with something I keep having to remind you guys, because you keep crying to me about your story.

1. CIRCUMSTANCES DON'T MATTER (The 3D ain't shit).

And I mean it - they don't matter, one bit. And when I mean NONE of it , I MEAN, NONE. OF. IT.

Not what was, not what happened, it doesn't matter what your history (or lack of it is). It doesn't matter WHO or WHAT your sp's are - it doesn't matter AT ALL what they say, what they said, how they act or what they do, how they used to be, it doesn't matter where they are, how far they are.

If your sp is your neighbor or lives on another fucking planet - IT DOESN'T MATTER.
So the first thing you need to do is STOP. GIVING. A SHIT. ABOUT. WHAT. HAPPENED.

I literally can not stress it enough!

NONE OF WHAT HAPPENED OR WAS SAID INDICATES ON WHAT WILL HAPPEN OR WILL BE SAID IN YOUR FUTURE. YOUR PAST DOES NOT DICTATE YOUR FUTURE (trust me, I learned it on my own skin).

The common dominator is that everyone comes to me and feels the need to tell me their whole life story with their sp, the whole autobiography of them and why things are like this or like that.

STOP.

If you know circumstances don't matter, then why?

I know from experience that for some reason, no matter how many success stories people read with the old story explained, how many comments they go through, they will always find a reason to justify why THEIR circumstances are worse / impossible or why OP's story was bound to happen anyway, rather than a good, hard work that came to fruition.

This 'everyone but me' mindset HAS to go. Stop fucking yourself over by trying to find ways to justify why it can work for others but not you just because you're still stuck with your old story playing in your head like a broken ass record.

I know, that when I was manifesting my sp, despite my 'circumstances' being not as bad as some people, to ME, it felt worse, to ME my place still felt... impossible, in comparison. At least when I was first starting out and couldn't grasp that my circumstances don't matter. Now, when it's all behind me and my sp got through exactly how I wanted him to, I look back and see how much they really didn't matter. None of what he said, matters now. None of it.

And that's what you all need to realize; Crying and complaining to anyone who would listen about what they said or are saying now, doesn't help you and doesn't get you anywhere. I can guarantee you that no matter how many stories I've heard and read, my reply to all of you stayed the same. No matter what's the story you spilled, I always said the exact same thing.

You need to realize your old story has no place anymore in your new reality. Idc how you want to think about it, as something that's in the past, as something that never happened - but you need to seriously DROP IT. It's DEAD, it's irrelevant.

NO MATTER WHAT YOUR CIRCUMSTANCES ARE - THEY ARE IRRELEVANT.

You know why? because your desire is meant for you by LAW. Whatever needs to move, whoever needs to move, whatever needs to happen even if it's a fucking miracle or a fucking Madara meteor to fall on their head - it will happen to bring forth your manifestation. It really doesn't matter, whatever, and I mean WHATEVER, needs to happen - will.

When I manifested my sp - he came through after the WORST argument.

Like ngl, for a second I almost tripped and thought 'what the fuck, did I fail? what's going on?'. Like the 3D threw so much shit, literally the opposite of what I wanted - but I didn't let myself fall into the trap, I affirmed through the tears and the worry and I just fucking persisted - and then out of nowhere - boom. It happened, Complete 180. Everything I affirmed for, everything I wanted, just like that - just a moment after the worst 3D shit.

So when I tell you it ain't shit - **I MEAN. IT AIN'T. SHIT.**

2. Everyone Is You Pushed Out (EIYPO) and Free Will

Here's the spicy thing and where you all need to really pay attention.

So if you have dived even a little into Neville you probably heard of a little term called **EIYPO**. "The world is a reflection of your inner world. People are just mirrors of you". What does that **ACTUALLY** mean?

People aren't actually a reflection of who YOU are as an individual, but they ARE a manifestation. Aka, they are a reflection of your bundles of assumptions about them as individual, specific people, about them as a gender / race / type of personality, you assumptions about people in general, you assumptions about the world as a whole - and your assumptions about **YOURSELF** (for examples your assumption about how people treat you, see you, how attractive you are to people, how lucky or unlucky you are with relationships, etc.).

You need to realize that your sp's - their words, their action, opinions, and decisions are all YOUR manifestation. They are all your previous assumptions they played out because you just suddenly decided or dwelled in doubts of being unwanted, unloved, what not. And yeah, sometimes we might know exactly where we fucked up - and sometimes, we don't, because we don't know all the different assumptions we have, but the thing is, no matter if we know or don't why things turned out the way they did - again, they don't matter one bit. And whatever situation we created - is GREAT news! because that means that we can create a NEW, favourable situation for us going forward.

So, why is it possible to manifest literally anyone? And what about free will? are we 'manipulating' people, are we controlling them? Don't they have their own thoughts and desires and shit?

Well, yes - but actually - no.

What do I mean?

People in your reality have NO free will. none. nada. zero. error 404. Everyone - EVERYONE, in the world, in YOUR world, is playing out your assumptions. From specific people because you assume that Joe always goes to drink coffee at 8 am in your local Starbucks, to the existence of serial killers because we have collective assumptions as humans that some people are just fucked up and do fucked up shit and whatnot.

Your sp is no exception. Whatever they are and do and say, are all just manifestations of YOUR dominant thoughts and assumptions.

When you're manifesting your sp you have to really sit down with yourself and try to think; What do I think about my sp?

What kind of person do you think they are? What do you assume they are thinking? feeling? So many times I've seen you guys fall into the trap. You tell me all about what they did or you did or circumstances and then *"But I don't know if he/she likes me, they hate me, they don't want to be with me, they aren't ready to commit"*.

????????????????????

Why are you listening to them? Why are you even ALLOWING them to have their own thoughts and feelings?

All those things are just shit YOU assume, so why assume the worst instead of assuming they are absolutely in love, in awe with you?'But he said -'I DON'T CARE what they said who GIVES a fuck about what they said or did? We KNOW the 3D means FUCKALL, we KNOW we don't look at it because it's just a manifestation of our previous thoughts, so STOP.

Stop letting whatever the fuck they said affect your thoughts. From now on, I don't give a shit what you see, hear, read, now or in the past. From this point onward, you will ONLY and I mean ONLY - assume and affirm only what benefits YOU and what you desire. 'But how what about free will are we manipulating - " NO. First of all, shut up. Second of all - you ain't manipulating shit. How the fuck are you 'manipulating' when all you're doing is just changing what you think??

The reason free will doesn't exist (and frankly doesn't matter even) is because of two reasons.

The first, is that we are gods of our reality. That's why everything in general is possible for us. I have my own 'bubble', my own reality, where I decide what I want and how I want it. If I want someone, but that someone wants something else - it doesn't matter! because they have their own reality, where they decide what they want, and I have mine, and it isn't the same reality. Simple as.

The second is that with that being said when you manifest an SP - or a specific version of them, you're not like physically changing them. You're not taking them and physically remolding them, deconstructing their atoms and wiring or anything .. you are choosing and moving to a different reality where they are ALREADY the way you want them to be, they ALREADY want you or are with you.

That's all. That's why anything and any version of your SP is achievable - because they are infinite realities and infinite possibilities and everything you could ever want and imagine already exists in one of them, you're just navigating yourself to that reality with your thoughts (aka affirmations).

3. Self Concept (Do I have to work on it???)

Here's the thing. Despite what most people think, self-concept isn't self-love or confidence, although most people confuse the two. Having a high self-concept doesn't always mean you think you're a bad bitch it girl cunty momma (although it can be that too).

Self-concept is just a term for the general variety of assumptions and beliefs you hold about yourself. And not only physically or in regards to relationship or attractiveness or being 'the it girl / boy', but everything. How life treats you, being lucky or unlucky, your abilities and strengths or weaknesses (including, btw, your abilities to manifest, and how well or fast you can do it), how you are treated, what kind of situations you find yourself in - everything. From being immune to anything harmful like cigarettes and alcohol to what your average day looks like.

Everything that has to do about you still goes under self-concept.

There are people who have shitty beliefs about their looks (they don't think they are all that, or that hot, etc) but still believe that they have unreal luck with relationships and dating. And some are the opposite.

So when you ask if you should work on your self-concept - depends, but not in regards to your confidence and shit necessarily, but in regards to how you view yourself when it comes to manifesting. Do you think you deserve your sp, or that you're 'worthy' of their love? affection? Are they worthy of yours? what about your luck with relationships in general? What about your belief in the law? in manifesting? in your abilities to manifest?

Sometimes your manifestation will take care of those beliefs along anyway, sometimes you'll have to work on it, it all depends on where you and your beliefs stand.

4. Time, Patience, searching and techniques.

This one I repeated in every post, but it needs a reminder.

If you're gonna come and cry about ALL the shit, and then come back to me a week later saying 'I've been affirming a week but nothing happened! why is nothing happening! Why no movement!' I'm just gonna clown emoji you. Like this baffles me.

Can you manifest things super quick? in a day? three? hours?
yeah.

Will it happen if you all you care about and all you do is affirm > look for it > affirm > look for it? no. Because you spend most of your time wondering where it is, how long it's going to take, and just being an (for lack of better words) impatient little bitch (respectfully). Stop treating manifestation like some wishful thinking that you think just because you read a post of said your affirmation a few times that's it and you can go and bitch and look for it. It took a while to get you to your shitty position, it might (MIGHT) take a moment to fix it. Not to mention that first your affirmations need to become your **DOMINANT** thoughts, and even then - sometimes things just take some time to unfold, and there's still a small delay. You don't know what the fuck is happening behind the scenes, but when you decide that just because you don't physically SEE movement - you fuck yourself over and put yourself back in the reality of no movement.

The irony is the less you try to focus on the time and searching, the less you focus on how many times you affirmed or how long it's been - and just focus on affirming no matter what (aka being in the state of having it) - the faster your manifestation will come through.

Lastly, stop treating affirmations like a 'technique'. "I'm bored, I'm tired of affirming" Then I guess you just want a quick fix with no effort, if that's the case - The Law isn't your answer hun.

The Law is natural, simple, easy, but you still gotta do the fucking work. Affirmations are NOT a technique, affirmations **ARE YOUR THOUGHTS**. Your thoughts

dictate which state you will enter, which 'reality' you enter, which will in turn determine what you will experience in the 3D.

But you HAVE to be **FUCKING PATIENT**. There's no other way to say it. You can manifest being good at manifesting, you can manifest having shit show up real fast in the 3D but you still have to be fucking patient until it does.

Stop looking at the time.

Stop looking at success stories and asking people how long it took! stop taking their time frame as the end all be all, and stop fucking acting like impatient little kids. Even if it takes you 6 months instead of 3 weeks to manifest your person, would you still bitch about how long it is and be upset? or would you just be happy that you get to be with the person of your dreams for the rest of your life?

So, HOW do you manifest your SP?

Think about your person.

How do you want them to be? act? talk? what do you want them to think and feel? about the world? in general? I don't care what they are now. I don't care about anything you have to say about them, what they said or done. What. DO. YOU. WANT.

Now, imagine having that! Imagine, see them, visualize them, and affirm them to be exactly what you want them to be. It doesn't matter what you experienced or heard so far, it doesn't matter what the 3D shows you.

1. THINK AS IF THEY ARE WHO YOU WANT THEM TO BE.

See them in your mind, and affirm them to be what you want.

You want constant texts? calls? gifts? simping? "he/she is constantly texting / calling me, they are obsessed with they can't get enough." "They treat me like a princess / king / god / diamond / 18 karat gold ring / succubus / god". What are they? your bf / gf ? partner? wife / husband / whatever? then think as if they already are!

It's ALL you gotta do.

2. IGNORE CIRCUMSTANCES, IGNORE THE 3D AND DON'T REACT [MENTALLY].

Self explanatory, really;

You can feel ANYTHING you want - physically. You can experience physical emotions of missing them, wanting them, obsession, lust, anger, sadness, happiness, excitement - whatever it is you need to feel for whatever reason, anxiety fear - it's FINE. It's all OKAY.

BUT - and it's a very important but - you can feel them physically, **BUT NOT MENTALLY**. AKA, no matter what physical sensation you are going through, no matter what your senses tell you, in your head? you are immovable. In your head they are in love with you, treat you in the best way possible, are in a beautiful happy committed loyal relationship with you, simp you, spoil you, sugar daddy/mommy you.

You get an angry text? you get blocked? You look at your phone, PC, whatever - and the only thing that goes through your head is "omg they are just so in love with me, lucky me! they treat me so good, they are so obsessed with me, they just told me again how much they miss me and love me ugh love it".

No excuses. No 'but's or 'if's. I don't care what happens, I don't care how many times or days you have to see something and imagine or affirm the opposite - **DO IT**.

3. DROP THE OLD STORY

Just stop complaining about your history, stop repeating it - to yourself or others. I don't need your background or history, it's irrelevant. Stop thinking that just because you haven't read a success story with the EXACT story and EXACT circumstances then your

situation is somehow 'worse' or 'impossible'. Don't be scared to be the first to write one with your situation. Let it ENCOURAGE you.

4. BE PATIENT AND PERSIST

Listen, it took you guys a hot minute to get in this shit, and it might take a hot minute to get out. The only way you can 'fail' is only if you give up. But it's all fun and games to affirm or do SATS when there's nothing triggering you, it's a different scene where shit hits the fan, but those will be the exact moments where your abilities are tested. This is where most people 'fail' and trip, because they see shit going down and they instantly revert back to their old story, they give up, they cry, they decide it's doomed. On the contrary, that's the exact moment you should show your money's worth; those will be the point to make or break you. How diligent can you be? How much can you persist even if shit seems to just go down the worst path? **CAN YOU CONTROL YOURSELF?**

Do you want your fucking sp or not? if the answer is yes then you learn to be your own motivator and fucking persist. You learn to not shit yourself mentally every time you see or hear something that you don't like. You learn to be patient and ignore the time it takes with visible movement or not. Ignore time altogether.

5. PUT THE LAW TO THE TEST AND BUILD BELIEF (recommended, not necessary).

I think the common theme is that people find the Law out of desperation because of their sp situation, therefor their first thing is trying to manifest them, without previous experiences manifesting. All the belief is built on hope and success stories from subs, but those are all flimsy and fragile, especially compared to personal experience.

It's completely fine to watch videos and read stuff for motivation and learning, but trust me when I tell you nothing will hit you right quite as much as actually putting things to the test and manifesting stuff for yourself. Even if it's 'small' (there's no really such thing as big or small), it will still build your belief both in the law and your own personal abilities. It's not a 'must', but it's definitely something you should do and it will make manifesting sp's a lot easier.

It doesn't mean you have to put your sp's on hold or that you can't manifest them as your first conscious thing (it just makes the process a lot easier, as you have more belief so you can chill

and ignore shit easier) you can manifest sp and small stuff. After all, manifestation isn't a wishing well, you don't drop a coin every time you want something else - it's truly a LIFESTYLE, and you manifest every step of the way, every experience, every person, every thing and everything. So fucking go for that free coffee or pink car or ladder or seeing a naked gojo it doesn't matter - you can do that as well as your sp, there is no 'limit' to how much or what you can manifest.

THAT'S IT.

At the end of the day all you have to worry about is what you think all day long (or at least every time you think of sp or shit related to them). You only have to watch yourself and what you think, keep it at thinking as already having it and that's all. Everything else - and I mean, EVERYTHING - will take care of itself.

All the circumstances, all the 'but's and 'if's. Don't worry how, don't worry about when, don't worry, Just do the work and they will have no choice but to change. It doesn't matter who they are, who they were, what they said or did, celebrity, long distance, a fucking alien from mars;

Your 3D will have no choice but to match your thoughts.

BONUS - MANIFESTING UNKNOWN SP ?

You can also manifest people that you never met - like your dream partner or friend or boss etc.

It's just as easy (if not easier as you don't have any history). And quite frankly it's the same - Imagine your ideal partner (btw, when you affirm 'ideal / perfect / dream' you don't need to go into details even, your higher self / subconscious already knows exactly what that implies and means to you.) You can make a list, a vision board, affirm for their looks and personality. You can manifest a book / show character and then happen to meet someone who looks and behaves like them.

Literally just imagine or affirm you met your ideal SP! have fun with it. Make it exciting like those wet day dreams you had, you lil nasty ones. Enjoy it.

It all really is that simple.

Lastly, I understand that some people just need guidance or a little hand holding, but at the end of the day, it all comes down to YOU. Your diligence, your persistence, your control. If you still decide to come to me with your old story, or feel the need to cry about what happened to anyone who would listen, ask if it's possible - then you don't grasp what the law is yet. Get a grip, read the posts, UNDERSTAND that, and get your shit together and get your mans/girl. I believe in you.

FAQ – Frequently asked questions

[Multiple people manifesting the same thing / person ?]

In any variation of this question, the answer is - it doesn't matter. The way manifesting works is based on the multiverse theory - there is a reality for each possibility that could exist. Each of us navigates those realities, we each choose our next path in every moment with every decision / desire / assumption. YOU, are the one and only god in YOUR own reality. It's literally YOUR reality, like this bubble that you live in, where no one else has more power (unless you decide to give it to them, like deciding other people can manifest your desire or whatever). They might be with that person, but it will be in THEIR bubble / reality, which exists separately from yours.

[I read what you wrote, but my situation is this and that, what do I do?]

Man I wrote the answer to that so many times even chatgpt repeated it. I know it seems like OUR situation is always different, that one detail makes it impossible compared to others who succeeded, what not. I feel your pain, truly, I've been there, looked for the stories that were as bad or worse than mine so I have the glimmer of hope, binged watched everything possible, cried, msg'd people, what not.

But you gotta understand that, first of all - I said quite literally everything there is to say in the post because, there's no more and no less to it. Your situation literally doesn't matter - and I say it in a good way - whatever it is, no matter how the person is, what they say, do, type - none of it matters one fucking bit. They can be your neighbor, any member of BTS , got7, stray kids, black pink, orange yellow, my little pony, they can have a lonely single life or a harem of anime waifus, they can live next door or on fucking planet mars - It makes

Z E R O

difference. Anything you want to have, see, experience, fuck, motorboat, tier 3 sub to whatever it is - is possible, just as easy, just as fast by doing the only thing I stress: Think . as. if. you have it. Don't think against. Don't feel anything or feel everything all at once like you're stuck in Gojo's domain expansion, doesn't matter. You - in your head - are stuck like a 98' Windows on reboot with just that one single vision or thought that implies you have what you want and

don't allow anything else to come through, unless it's beneficial. That is all. I'm not gonna say anything different, I promise. There's no secret information to gatekeep (if anything there's just too much information), there's no secret sauce. It's just that. Literally just ignore anything you see (mentally, I mean), anything they type say, whatever they do or don't do - in your head, they said what you wanted them to say, they act how you want them to act, it is what you want it to be.

AND YES GOD I DID IT I PROMISE IT'S REAL IT WORKS JUST REPEAT THE THOUGHT OR VISION IT WILL MANIFEST LIKE ON G I PROMISE. So, just relax, have fun with it, you know? be excited! (or don't be anything at all, really). If you persist, it has to manifest. It's LAW. (I know it was kinda SP specific but the same principle applies to literally any subject / object / experience just the same).

[What do you mean by not feeling it or not believe it? I thought -]

Yeah we all thought, but we evolve, we learn, we improve. No, you really don't have to believe what you're saying, you don't have to get a feeling. I mean you most likely will anyway - and hopefully it's a good one! then yay great - but if you don't or if you feel you can't - don't stress it because it doesn't matter. Really, it doesn't. 'Not believing' means that your logical brain is aware that what you're saying isn't currently what you're experiencing, but (!) your subconscious knows FUCKALL. seriously, that bitch? blind as hell. Which is good because we make our subc OUR BITCH. It only knows what we TELL it - so even if we are consciously aware that whatever we are saying ain't there just yet (aka don't fully believe in our thoughts because it's not like, physically here)- in our head, it's the truth, only truth and nothing but the truth, and our subc has no choice but to be like 'oh shit damn guess I gotta get us that experience cuz I seem to be a bit behind the schedule damn' and you will get it in your world.

Yes, mindless repetition (despite what Neville said) does work, I tried it, many others did, works just as great. Just keep your mind in check.

['One slip up and back to square one' - 'Resistance' and our own rules]

Maybe that analogy was taken too literally. For me it was just a good 'visual' to show you why you might not see your manifestation (aka reaching your end goal of the board). You might be stuck in the same step, not going back to square one, it all depends on how disciplined you are, your assumptions, and other shit.

Now relax, no, having some doubts here and there won't stop your manifestation, might delay it a bit and might not. If you have a breakdown sometime, if you need to vent out because it helps you get back on your game it's fine.

And yes, you CAN create your own rules. You can literally DECIDE that doubts won't make a difference - but that's still an assumption you need to create/manifest on it's own, which means the same work still applies to it (unless you can just instantly believe it fully and shit, in which case - hella good for you).

Not every bad thought will manifest, not every doubt will interfere with getting your shit, and it's okay to have them.

Aka one slip-up won't matter, but if you keep having 'one slip-up' over and over, every day or other day, that's a different story.

['No one to do the work for you' - Manifesting for others]

Now, yes, it IS possible to manifest for others. You can manifest better shit for your friends, family, [good] shit happening for others around you, but how would you manifest something for others if you can't manifest it for yourself?

But I stand by it that no one can do it for you because me manifesting for someone will apply in MY reality - but won't necessarily be true to you in YOURS.

You can't just live your life relying on others doing it for you your whole life, for every desire (unless you can manifest others manifesting for you but that's also a manifestation that you need to do the work for ;))

I stand by it, you want something - you do the fucking work. Simple as.

You ain't a baby, you don't need a babysitter, hold yourself accountable (or your desire is just not important enough for you I guess? idk). Not to mention how the fuck am I supposed to know what you think all day? every day..?

If you don't agree then okay but that working or not is on you, so..