What have we heard them say? What can we imagine them saying? Thinks

What are their wants, needs, hopes, and dreams? What other thoughts might influence their behavior?



what kind of virtual backround

do they prefer,if any? solid colors,

Understand the user's emotions and goals

during a zoom call.Are they seeking

natural landscapes, abstract designs?



Persona's name

Short summary of the persona a professional or relaxed atmosphere?

Are they actively customizing

their zoom background Consider how the

background can influence

or do theystick to defaults?

their mood and focus

#### Does

What behavior have we observed? What can we imagine them doing? Feels

What are their fears, frustrations, and anxieties? What other feelings might influence their behavior?



# Brainstorm

### & idea prioritization

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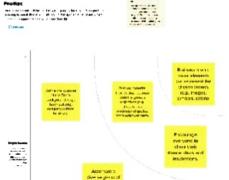
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> Remember that the key to a successful virtual Zoom background is aligning it with your purpose and audience while maintaining visual quality and engagement



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per the Centre













































## **Graphic Designing with Canva**



Graphic Designing with Canva



### All lessons have been completed.

You can review the materials at any point.



### UNIT - 2

6 / 6 complete



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### UNIT -3

7 / 7 complete

Photo editing options Review Branding Review End of Logo Review templating Review Ebook Review ebook example Review Media Kit Review

### UNIT - 4

7 / 7 complete

Intro Poster Review Charts Review Infographic Review Floursih Review Floursih 2 with examples Review Poster Review Working with print templates Review

^

9 / 9 complete

Websites Review mockup Review prototype Review Resizing Review animation Review movement Review portfolio Review Showcasing Designs Review feedback

Review

# **HEALTHY FOOD**

### **VEGETABLE**

A diet rich in vegetables and fruits can lower blood pressure, reduce the risk of heart disease and stroke.







### **FRUIT**

Fruits are a good source of vitamins and minerals, recognized for their role in preventing vitamin c and vitamin A deficiencies.









MEAT Rich in protein 20% Calories

20% Calories POTATO
Cholesterol free





10% Calories

15% Calories CHEESE Vitamin A,D,K



# Foods to avoid

Foods high in salt ,such as some canned foods, processed meats and frozen dinners should be avoided.

