



# DAILY YOU

Presented By:  
Sayali Sunil Tandel  
Vidisha Vijay Sawant  
Shubham Pravin Sawant  
Femina Baldha



# Team



**Sayali Tandel**



**Vidisha Sawant**



**Shubham Sawant**



**Femina Baldha**

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# References



## IEEE References

- 1: Yunli Wang and Zhenkai Liu, "A Workflow Based Self-care Management System," 2005 IEEE Engineering in Medicine and Biology 27th Annual Conference, 2005, pp. 558-561, doi: 10.1109/IEMBS.2005.1616472.
- 2: M. A. Kuhail and N. S. S. Gurram, "TaskDo: A Daily Task Recommender System," 2019 International Conference on Computational Intelligence in Data Science (ICCIDS), 2019, pp. 1-5, doi: 10.1109/ICCIDS.2019.8862073.
- 3: S. Sriram, J. Manikandan, P. Hemalatha and G. Leema Roselin, "A Chatbot Mobile Quarantine App for Stress Relief," 2021 International Conference on System, Computation, Automation and Networking (ICSCAN), 2021, pp. 1-5, doi: 10.1109/ICSCAN53069.2021.9526399.

# Problem Statement



Social media and other online distractions make it hard for us to stay focused on our daily tasks and made it difficult for us to do our work efficiently.

Constantly switching between tasks and apps may give us the false feeling that we are being productive when we are, in fact, not. In between this, we might end up missing some of the tasks. It's more important for us to prioritize tasks and work on those that are most important, rather than focusing on deleting small items from our to-do list. We always need a push to do tasks and start our day.

The major problem we face is we store multiple applications for multiple tasks and eventually forget them if not used daily. We get to know about these icons only when our phone storage gets full and there is a need to delete some files or apps. Also, multiple apps store huge memory on the phone. So to focus on YOU on DAILY basis, what if all these daily task apps combine in one!?

# Introduction



With day-to-day assignments, meetings, studies, work having a to-do list and clock is very important. A person uses many applications to remember such things and like to listen some music with a user-friendly app. After using Youtube music/ spotify app in background while studying and using Google keep notes, Microsoft to-do, Samsung notes to take notes and currently seeing Windows 11 clock we got the idea of designing and developing an application which would have everything at a single place and be a great help for every person.

# Instead Of

- 1: Clock by Windows 11
- 2: To- do by Microsoft
- 3: Samsung Notes by Samsung
- 4: Reminder by Apple



# You have



# Key Features



**Notes**



**To do List**



**Reminder**



**Music**



**Alarm Clock**



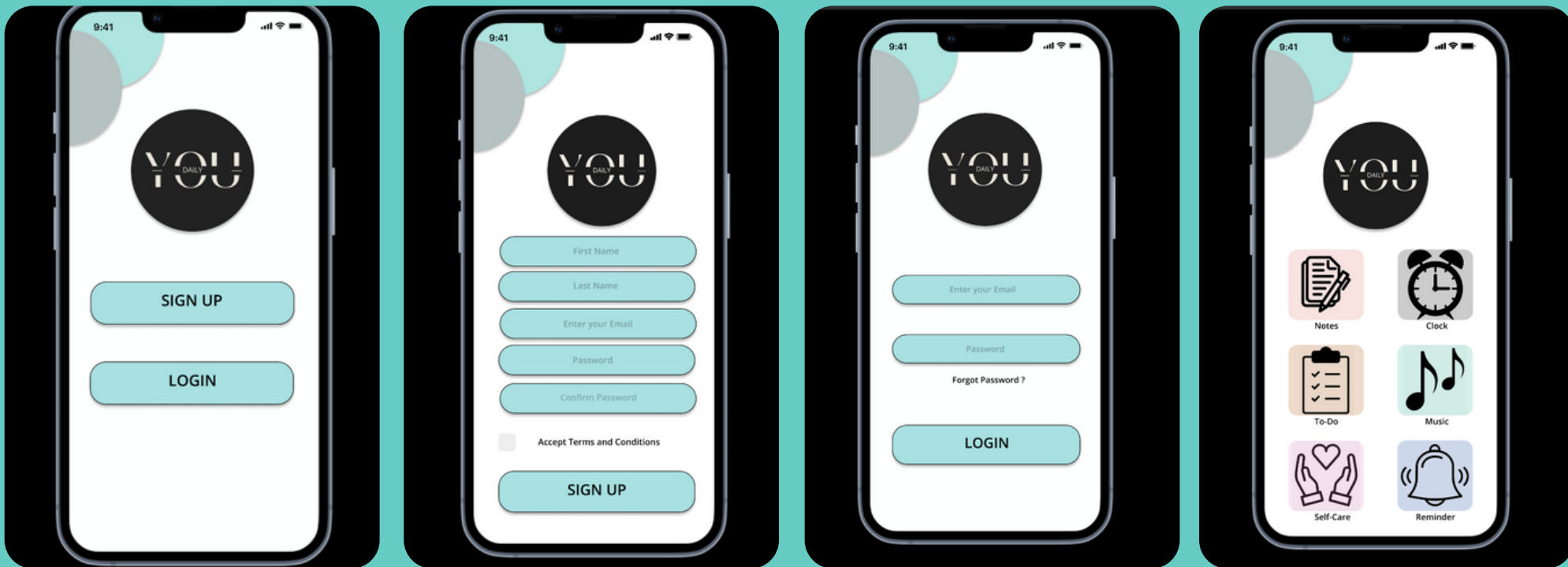
**Self-care**



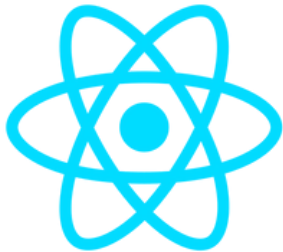
# Key Features

- The application consists of a clock with an inner page with a Stopwatch. The Stopwatch consist of two-button which allow the user to reset and start the stopwatch
- It would also have an to do list for the users to note down and schedule tasks to perform and get reminders for that as well.
- It consists of music player , which helps the user to listen to good music of their choice, relax and have some fun.
- It consists of a reminder, to help the user from missing important tasks.
- It consists a self-care module , which would help the user in taking care of themselves out of their busy schedule. It would have reminders for drinking water, exercising, reading books and eating healthy food.
- Lastly , it would have notes section to allow users to write their thoughts and key points to remember.

# Wireframe Design



# What we used?



## React Native

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- Write Once Use Anywhere.
- UI Focused.
- Programming Language.
- Strong Community.

Async. I/O



## Async Data

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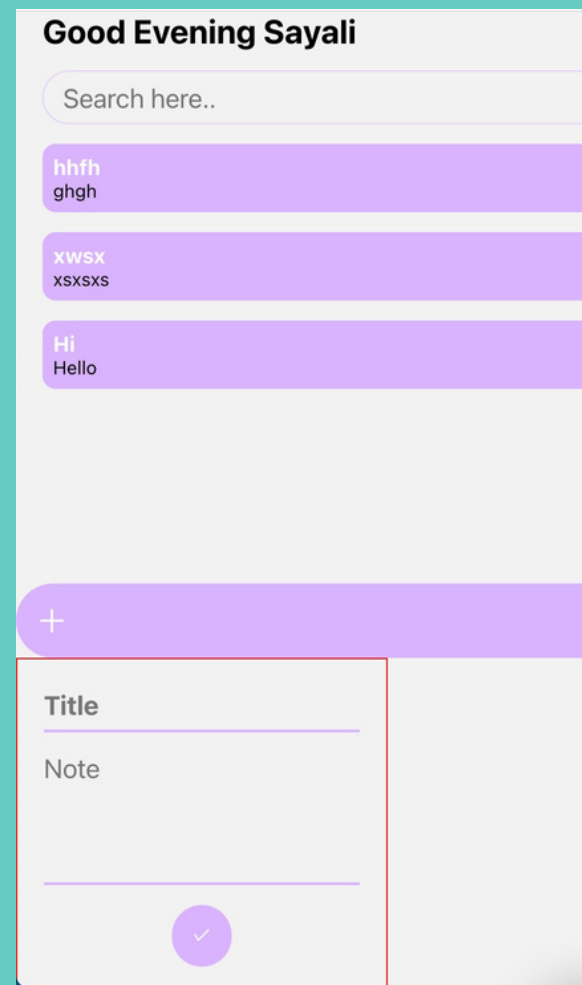
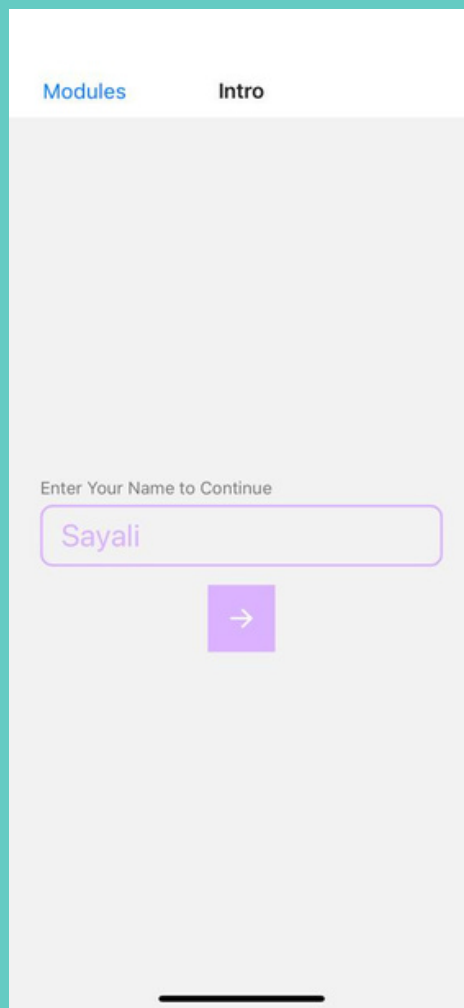
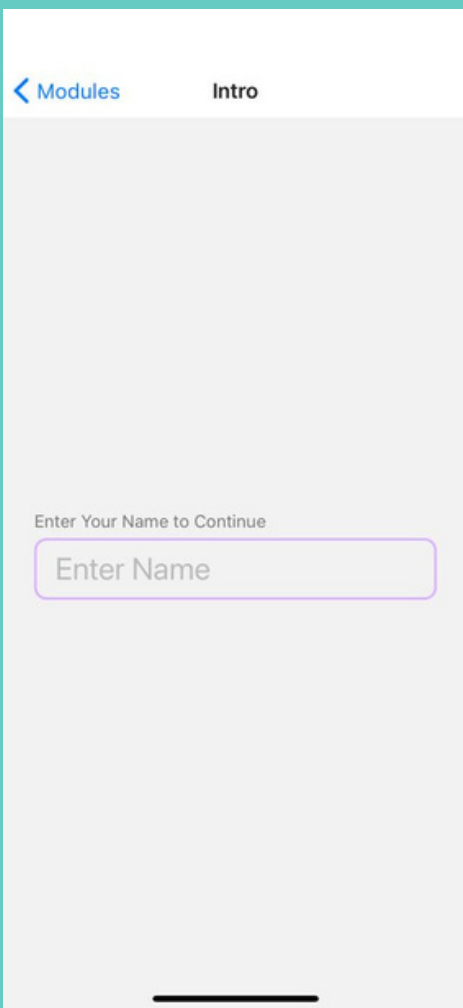
- Cloud storage
- Free plans for beginners.
- Ease of integration
- Growing Community.



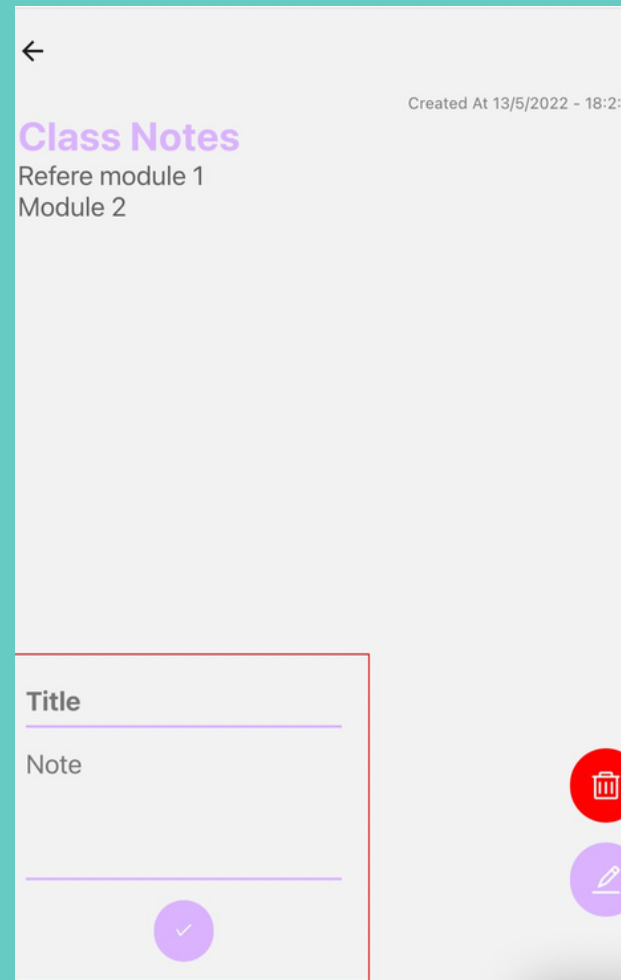
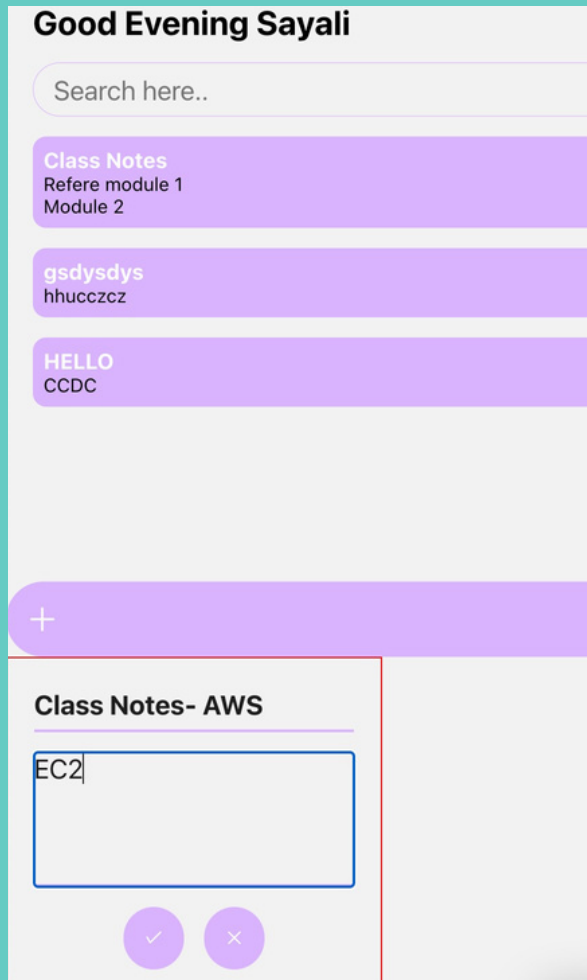
## React Native Components

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- Interact with external software components
- Eg. Spotify API



Our Notes consist of Add, Delete, and Save features using Async Data.

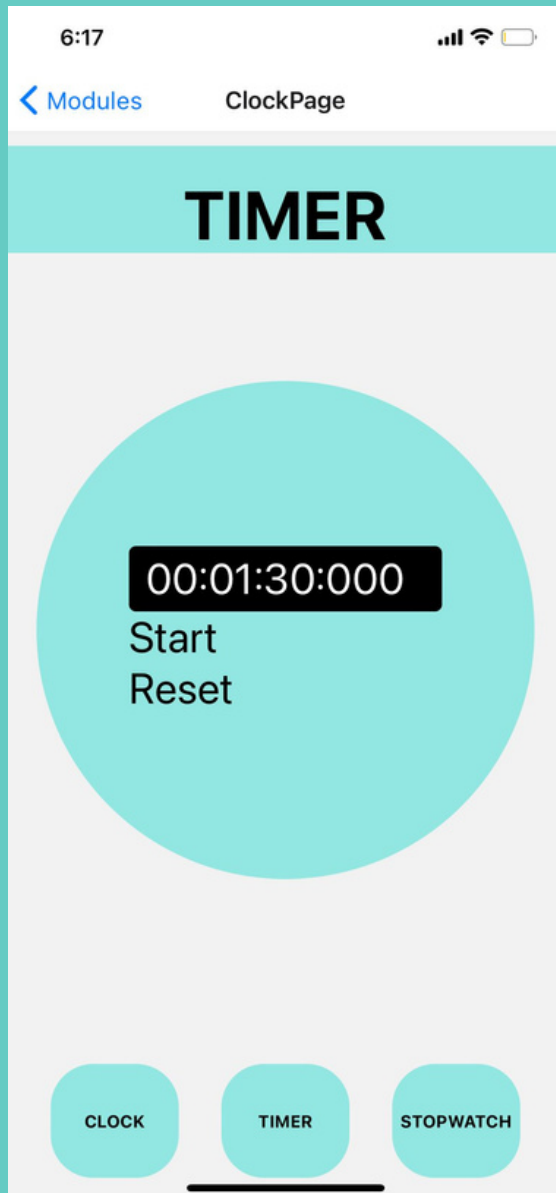


Further screens of the Notes module.



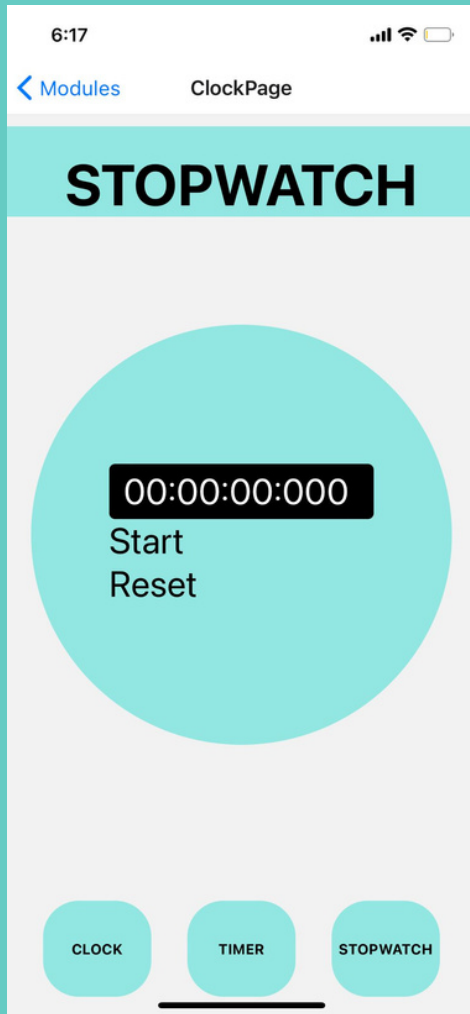
# Clock

The clock consist of inner page with Stopwatch ,clock and a timer The Stopwatch consist of two button which allows user to reset and start the stopwatch

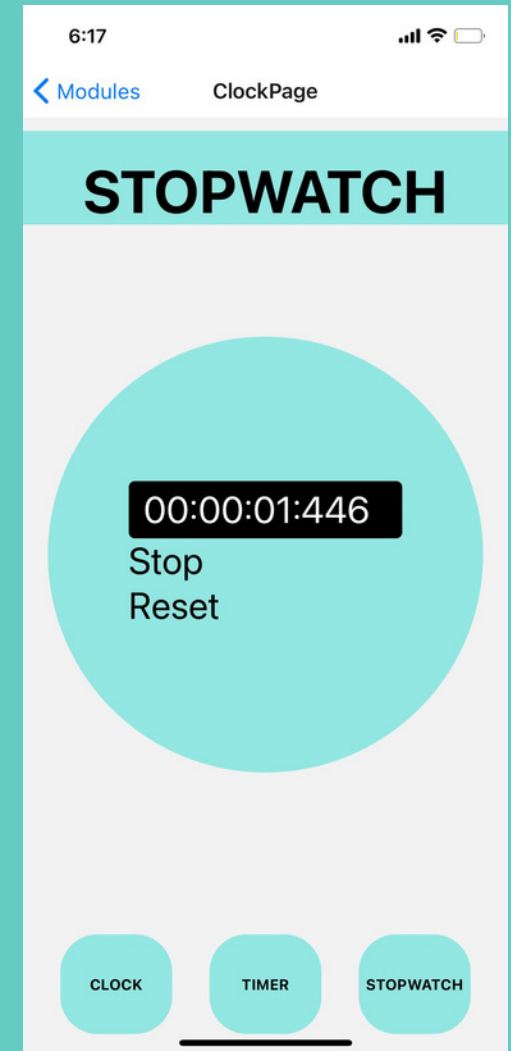


# Timer

We have given a default timer limit of 1 hour 30 minutes. Once, we click on start the timer will start , with reset we get back to the original time again.

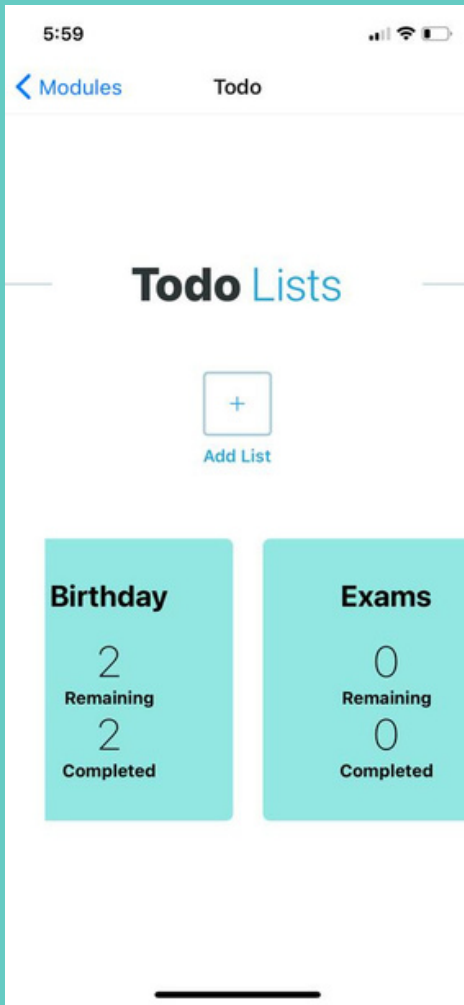


# Stopwatch

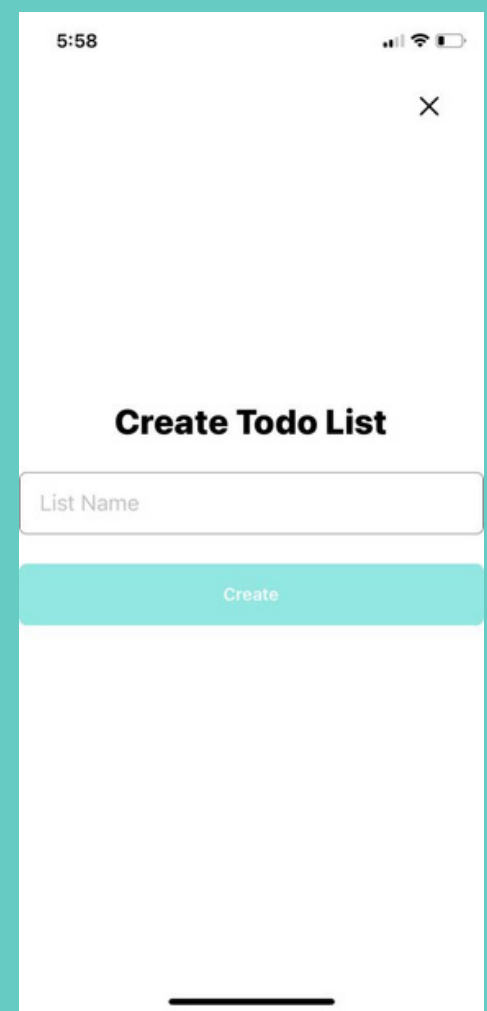


The clock consist of inner page with Stopwatch. The Stopwatch consist of two button which allows user to reset and start the stopwatch



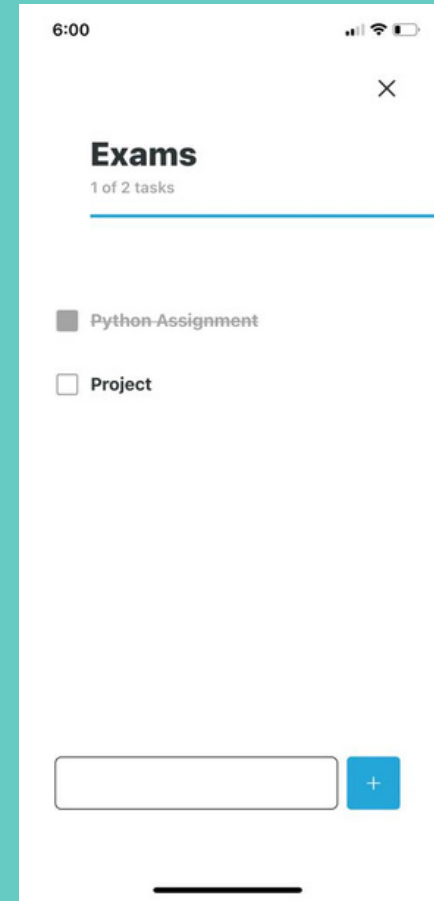
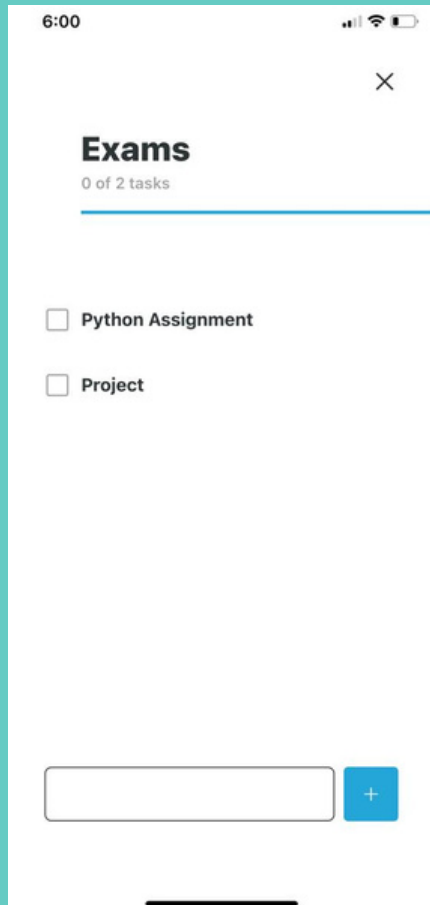


# Todo



Todo Consist of features such as Add, update the list items and its categories with various other functionalities.

# Todo List



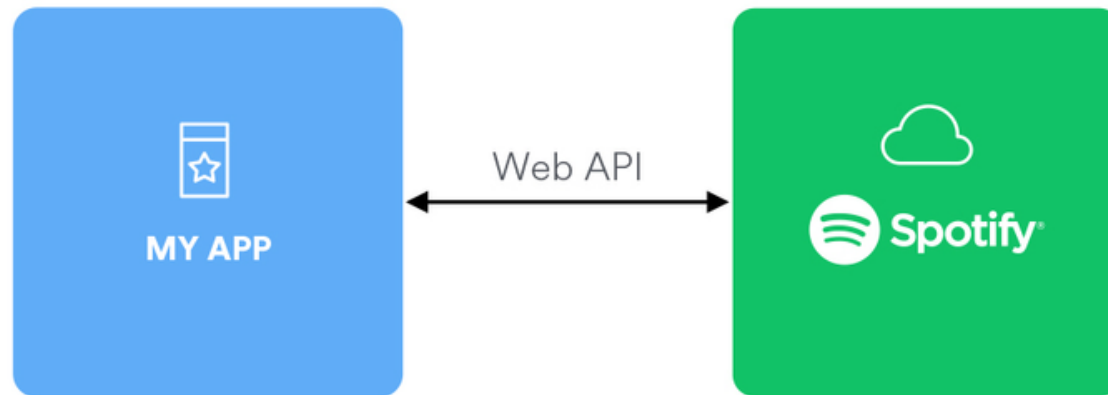
The Todo list everything that you have to do, with the most important tasks at the top of the list, and the least important tasks at the bottom. By keeping such a list, you make sure that your tasks are written down all in one place so you don't forget anything important

# Reminder

The application also includes the reminder. The reminder helps to save your events and remind you at the time intervals been saved in your reminders application.

Reminder consist of the Text elements to preview the Label of the reminder

# Music



The app also consist of Music module which on buttonclick diverts you to the Spotify Application in your mobile device.

The Music module will need the Spotify Application in your device which is logged in with your spotify Id.

# Self Care

Engaging in a self-care routine has been clinically proven to reduce or eliminate anxiety and depression, reduce stress, improve concentration, minimize frustration and anger, increase happiness, improve energy, and more.

The Self Care module includes basic tips for the daily tasks you need to perform depending upon your health, tasks, stress levels, anxiety, and many more.

It is a self prepared task, where the user notes several health care tasks such as eating habits, diet plans, stress releasing exercises, etc.

# Future Scope

The future scope of Daily You is to make it more advanced and reliable.

Daily You application will be provided as freemium and premium in the future.

Implement more complex and helpful features such as Alarm, Music, and Self-care.

We have an alarm, self care and integrating music in the future scope.

# Conclusion

- The app provides you with multiple applications within itself.
- One can now ignore social media over oneself.
- It's your own master app.
- It helps to focus, remain healthy, meet the deadlines and enjoy music.



**Either you run the day or  
the day will run you!**





**Thank  
You!**