

HOSTEL J 2ND & 4TH WEEK

4.3.2019 to 10.3.2019, 18.3.2019 to 24.3.2019

Days	Breakfast	Lunch	Dinner
Monday	Alo onion prantha, Daliya, sprout	karhi pakora, Rice pullao aaloo zera	Dal makhni, Aloo gobhi,, kesar laddoo
Tuesday	Gobhi prantha, sweet corn,/ choco/ poha	Aloo puri, petha, curd	Aloo GajarMatar, Sabut moong Dal, Cake
Wednesday	Mix veg prantha, corn flakes/, , Daliya	Tandori Roti, Dal Makhani, Aloo onion, curd	paneer do pyza, channa dal, milk cake
Thursday	Plain prantha, Aloo zeera, Sandwich, sprout/choco	Rajmah, patta , curd	Aaloo gobhi, Dal, chocolate
Friday	Paneer pratha , Daliya, sprout	Pav Bhajji, Dal Rice, curd	channa masala, Plain prantha. Mah channa dal, semiyan
Saturday	Aaloo prantha, Bread pakora, Corn flakes	Black channa, petha Rice	Mix veg., Sabut moong Dal,
Sunday	Cutlets, Dal Prantha, Daliya,	Plain Naan, , chholey,/ , Boondi Raita, / Green chutney	Karhi paneer, moong msar dal. Ras malai
	<u>NOTE :- REGULAR ITEMS</u>		
	BREKFAST :-	(BOURNVITA/HORLICKS), TEA, BROWN BREAD , WHITE BREAD, BOILED EGGS, EGG BHURJI, OMLETE, POHA/SPROUTS/SALTED VERMSILI ,	
	LUNCH :-	CURD, SALAD, PICKLE, RICE, CHAPATE	
	DINNER :-	SWEET DISH, PICKLE , SALD, RICE, CHAPATE,	

Note* TIMINGS ON EVERY HOLIDAY BREAKFAST WILL BE 08.30 A.M. TO 10.00 A.M

Signed by

MESS SECY.

VICE MESS SECY.

MESS MEMBERS

11.3.2019 to 17.3.2019, 25.3.2019 to 31.3.2019

HOSTEL J 1ST & 3RD WEEK

Days	Breakfast	Lunch	Dinner
Monday	Aaloo Prantha, corn flakes, sprout/ choco	Rajmah, Rice, Aloo Zeera	Mix veg, Moong Dal, Cake
Tuesday	Mix veg prantha, Daliya, Namkeen semiyon	Channa Bhatura, Boondi Raita, Green chatni	Aaloo Gobhi, Dal Makhani, Chocolate
Wednesday	Gobhi Prantha, Sweet corn, POHA/ choco	Mah channa Dal, petha, Rice	Paneer Bhurji, moong sabut Dal, Gulab Jamun
Thursday	Plain prantha, aloo sabzi, sandwich, corn flakes	Black chana, Rice, curd	Mix veg, Navrattan Dal, milk cake
Friday	Paneer prantha, / choco/ poha	Pav Bhajji, Dal Rice	channa masala, Plain prantha Dal, Khoya ladoo
Saturday	Mix pakora, / plain prantha, , poha	Dal makhni Aloo zeera/ Tandoori roti curd	Shahi Paneer, Arhar Dal.
Sunday	Alloo onion prantha, , Cutlets, omlete, choco	Tandoori Naan, chholey, Boondi Rati, Green chatni	Mix veg, Ghiya kofta., Ras Malai
<u>NOTE :- REGULAR ITEMS</u>			
	BREKFAST :-	CURD, BUTTER, PICKLE, , HOT MILK (BOURNVITA/HORLICKS), TEA, BROWN BREAD, WHITE BREAD, BOILED EGGS, EGG BHURJI, OMLETE, POHA/SPROUTS/SALTED VERMSILI / alternate	
	LUNCH :-	CURD, SALAD, PICKLE, RICE, CHAPATE	
	DINNER :-	SWEET DISH, PICKLE, SALD, RICE, CHAPATE,	

TIMINGS ON EVERY HOLIDAY; B/FAST. 8.30 A.M. TO 10.00 A.M.

SIGNED BY:-

MESS SECY

VICE MESS. SECY.

MESS MEMBERS