# Python For Loops

A for loop is used for iterating over a sequence (that is either a list, a tuple, a dictionary, a set, or a string).

This is less like the for keyword in other programming languages, and works more like an iterator method as found in other object-orientated programming languages.

With the for loop we can execute a set of statements, once for each item in a list, tuple, set etc.

The for loop does not require an indexing variable to set beforehand.

**Example** Print each fruit in a fruit list:

```
fruits = ["apple", "banana", "cherry"]
for x in fruits:
   print(x)
```

#### **Explanation**

```
fruits = ["apple", "banana", "cherry"]
# Create a list called fruits and assign it three values: "apple", "banana", and "cherry"
# A list is a type of data that can store multiple items in a specific order, separated by commas
for x in fruits:
# Start a loop that will iterate over each item in the fruits list
# The word `for` means that we are going to loop for each element in the collection
# The variable `x` is used to store the current element in each iteration
# The word `in` means that we are looping over the elements in the fruits list
# The : sign means that we are ending the loop header and starting the block of statements that w
# A block of statements is a group of instructions that are indented under the same level, using
# The indentation tells the computer which statements belong to the loop and which ones do not
  print(x)
  # Print the value of x on the screen
  # The word print is a function, which is a special kind of instruction that can do something fo
  # A function has a name, followed by parentheses, and sometimes has some arguments inside the p
  # An argument is a piece of data that we give to the function to use
```

# In this case, the argument is x, which means that we are giving the value of x to the print f

```
# End the loop and the program
# When the loop has gone through all the elements in the fruits list, it stops and the program mo
# In this case, there is no next statement, so the program ends
```

#### Try it yourself below in the code block

```
1 fruits = ["apple", "banana", "cherry"]
2 for x in fruits:
3    if x == "apple":
4         continue
5    print(x)

Description

D
```

## Looping Through a String

Even strings are iterable objects, they contain a sequence of characters:

## Example

Loop through the letters in the word "banana":

```
for x in "banana":
   print(x)
```

### The break Statement

With the break statement we can stop the loop before it has looped through all the items:

## Example 1 of break

Exit the loop when x is "banana":

```
fruits = ["apple", "banana", "cherry"]
for x in fruits:
  print(x)
  if x == "banana":
    break
```

#### Try it Yourself below »

```
1 #positioning of break creates different outputs
2 fruits = ["apple", "banana", "cherry"]
3 for x in fruits:
4  print(x)
5  if x == "banana":
6  break

→ apple
banana
```

## → Example 2 of break

Exit the loop when x is "banana", but this time the break comes before the print:

```
fruits = ["apple", "banana", "cherry"]
for x in fruits:
   if x == "banana":
      break
   print(x)
```

```
1 fruits = ["apple", "banana", "cherry"]
2 for x in fruits:
3   if x == "banana":
4     break
5   print(x)

→ apple
```

### The continue Statement

With the continue statement we can stop the current iteration of the loop, and continue with the next:

### Example

Do not print banana: A continue statement is a way to skip the rest of the current iteration of a loop and move on to the next one.

```
fruits = ["apple", "banana", "cherry"]
for x in fruits:
   if x == "banana":
      continue
   print(x)
```

#### Try it Yourself below »

```
1 fruits = ["apple", "banana", "cherry"]
 2 for x in fruits:
    if x == "banana":
       continue
 5 print(x)
→ apple
    cherry
 1 #here the positioning of continue doesnt print, since the continue condition happens
 2 fruits = ["apple", "banana", "cherry"]
 3 for x in fruits:
 4 print(x)
    if x == "banana":
       continue
→ apple
    banana
    cherry
```

# The range() Function

To loop through a set of code a specified number of times, we can use the range() function,

The **range()** function returns a sequence of numbers, starting from 0 by default, and increments by 1 (by default), and ends at a specified number.

```
for x in range(6):
```

```
print(x)
```

Note that range(6) is not the values of 0 to 6, but the values 0 to 5.

range() function takes the following three parameters.

```
range(start, end, steps)
```

```
1 for x in range(1,101):
       if x%3 == 0:
 3
            print("fizz")
            continue
 4
 5
       elif x%5 == 0:
            print("buzz")
 6
 7
            continue
       elif x%3 == 0 and x%5 == 0:
 8
 9
            print("fizzbuzz")
10
            continue
11
       print(x)
→ 1
    fizz
    4
    buzz
    fizz
    7
    fizz
    buzz
    11
    fizz
    13
    14
    fizz
    16
    17
    fizz
    19
    buzz
    fizz
    22
    23
    fizz
    buzz
    26
    fizz
    28
    29
    fizz
    31
    32
    fizz
    34
```

buzz fizz 37 38 fizz buzz 41 fizz 43 44 fizz 46 47 fizz 49 buzz fizz 52 53 fizz buzz 56 fizz

The range() function defaults to 0 as a starting value, however it is possible to specify the starting value by adding a parameter: range(2, 6), which means values from 2 to 6 (but not including 6):

```
# Using the start parameter
for x in range(2, 6):
   print(x)
```

#### Try it Yourself below »

```
1 for x in range(2, 6):
2  print(x)

2
3
4
5
```

The range() function defaults to increment the sequence by 1, however it is possible to specify the increment value by adding a third parameter: range(2, 30, 3):

# Example

Increment the sequence with 3 (default is 1):

```
for x in range(2, 30, 3):
    print(x)
```

#### Try it Yourself below »

```
1 for x in range(2, 30, 3):
2  print(x)

2
5
8
11
14
17
20
23
26
29
```

## Else in For Loop

The else keyword in a for loop specifies a block of code to be executed when the loop is finished:

### Example

Print all numbers from 0 to 5, and print a message when the loop has ended:

```
for x in range(6):
  print(x)
else:
  print("Finally finished!")
```

**Note:** The else block will NOT be executed if the loop is stopped by a break statement.

#### **Example**

Break the loop when x is 3, and see what happens with the else block:

```
for x in range(6):
   if x == 3: break
   print(x)
else:
   print("Finally finished!")
```

#### Try it Yourself below »

## Nested Loops

A nested loop is a loop inside a loop.

The "inner loop" will be executed one time for each iteration of the "outer loop":

## Example

```
Print each adjective for every fruit:

adj = ["red", "big", "tasty"]
fruits = ["apple", "banana", "cherry"]

for x in adj:
  for y in fruits:
    print(x, y)
```

```
1 #Print each adjective for every fruit:
2 adj = ["red", "big", "tasty"]
3 fruits = ["apple", "banana", "cherry"]
```

```
5 for x in adj:
6 for y in fruits:
7 print(x, y)

→ red apple
red banana
red cherry
big apple
big banana
big cherry
tasty apple
tasty banana
tasty cherry
```

## The pass Statement

for loops cannot be empty, but if you for some reason have a for loop with no content, put in the pass statement to avoid getting an error.

# Practice the following Exercises

```
1. Exercise 1
```

- 2. Exercise 2
- 3. Exercise 3
- 4. Exercise 4

## Challenge Activity for for loop

Watch the accompanying video if you have to and complete the activity below.

#### For

Unlike a while loop, which is a conditional loop, a for loop is set to run a specific number of times. For example, you may want code to run to represent each month of a year. For that, you would want to create a loop that runs 12 times. The amount of times a loop will run is specified within a range.

The one caveat with a for loop within Python is that the last number in the range does not run. Thus, if you want a loop to run 12 times, 13 needs to be the last number in the range.

#### Purpose:

Upon completing this project, you will be able to create a for loop that will create a monthly increase sales goal to display.

#### **Instructions for Completion:**

- 1. Below the variables, replace the comment, # add for loop and logic, with a for loop that does the following: a. Uses a variable named monthlyGoal and set the range to be large enough for all 12 months. b. Within the loop, a variable named monthlySalesGoal is defined and set to the initialSalesGoal plus the total of the monthlyGoal multiplied by the multiplier. c. Within the loop, a message with the text **Your sales goal for month** and the monthly goal plus the word is and the monthlySalesGoal is displayed.
- 2. Run the code. You should see the following:

Your sales goal for month 1 is 20100

Your sales goal for month 2 is 20200

Your sales goal for month 3 is 20300

Your sales goal for month 4 is 20400

Your sales goal for month 5 is 20500

Your sales goal for month 6 is 20600

Your sales goal for month 7 is 20700

Your sales goal for month 8 is 20800

Your sales goal for month 9 is 20900

Your sales goal for month 10 is 21000

Your sales goal for month 11 is 21100

Your sales goal for month 12 is 21200

#### Good luck with your goals.

3. Close the output window.

```
1 initialSalesGoal = 20000
2 multiplier = 100
3
4 # add for loop and logic
5
```

#### **Answer**

# Follow Along exercises

## ✓ for loop

```
1 initialSalesGoal = 20000
2 multiplier = 100
3
4 # add for loop and logic
5
```

### \_ \_22c\_Break\_student

```
1 capitalGuess = input("What is the capital of Latvia? ")
2 numberOfGuesses = 1
3
4 while capitalGuess != "Riga":
5    numberOfGuesses = numberOfGuesses + 1
6    if numberOfGuesses > 3:
7        print("You guessed incorrectly three times. Game over.")
8    capitalGuess = input("Guess again. ")
9
10
11 print("You guessed it. Riga is the capital of Latvia. It took you " + str(numberOfGue)
```

## 22d\_Continue

```
9
10 print("Your sales goal for month " + str(monthlyGoal) + " is " + str(monthlySale
11
12 print("Good luck with vour goals.")
```

## 22e-pass

```
1 annualSales = 200000
2 if annualSales >= 500000:
3    print("Gold Customer")
4 elif annualSales >= 300000:
5    print("Silver Customer")
6 elif annualSales >= 100000:
7    print("Bronze Customer")
8 print("Thank you for your business")
```

## \_22f\_Nested\_and\_Conditional\_loops\_student

```
1 initialSalesGoal = 20000
2 multiplier = 100
3 offMonth = True
4
5 for monthlyGoal in range(1,13):
6    if monthlyGoal == 6:
7        print("No goal for month 6")
8        continue
9    monthlySalesGoal = initialSalesGoal + (monthlyGoal * multiplier)
10
11    print("Your sales goal for month " + str(monthlyGoal) + " is " + str(monthlySales 12)
13 print("Good luck with your goals.")
```