Sierra Vista Expeditions

Cordillera Blanca Climbing Equipment Checklist

Basic Ice Axe With Adze	Gaiters (optional)		
Crampons	Mid to Heavyweight Socks (4)		
Climbing Specific Helmet	Lightweight Gloves		
Alpine Climbing Harness	MidWeight Gloves		
Rappel/Belay Device	Heavyweight Gloves		
Locking Carabiners (2)	Duffle Bag 150 Liter		
Non Locking Carabiner (2)	Duffle Bag 40-50 Liter		
Trekking Poles	0 Degree Sleeping Bag		
Prussik Cord (40ft)	Sleeping Pad		
Fleece Hat or Beanie	Backpack 40-50 Liter		
Balaclava	Hydration System		
Baseball Cap or Sun Hat	Thermos (1 Liter) (optional)		
Buff (neck gaiter)	Water Bottle (2) (1 liter bottles)		
Headlamp	Pee Bottler (1 Liter)		
Glacier Glasses	Pee Funnel (women)		
Ski Goggles	Travel Clothes		
Lightweight Baselayer Tops and	PASSPORT		
Bottoms (2) Each	Non-cotton Underwear (4)		
Heavyweight Baselayer Bottom (1)	Sunscreen (2)		
Synthetic Short Sleeve Shirts (2)	Lip Balm (2)		
Soft Shell Trekking Pants (2)	Contractor Bags (2)		
Soft Shell Climbing Pant	Bic Lighters (2)		
Insulated Synthetic Pant, Full Side Zips	Hand Warmers (3-6)		
Synthetic Soft Shell Jacket	First Aid Kit		
Mid Layer Top	Knife		
Insulated Synthetic Jacket	Ear Plugs		
Hard Shell Jacket with Hood	Toiletry Kit		
Hard Shell Pant, Full side Zips	Camera		
Down Parka with Hood	Extra Batteries/ SD Cards		
Light Trekking Boots or Shoes	Binoculars		
Down Booties (optional)	Energy Snacks		
Double Climbing Boots	Fit and Able Body!		