

# **Sierra Vista Expeditions**

## **Cordillera Blanca Trekking Gear Checklist**

- ☐ Trekking Poles
- ☐ Fleece Hat or Beanie
- ☐ Baseball Cap or Sun Hat
- ☐ Buff (neck gaiter)
- ☐ Headlamp
- ☐ Sunglasses
- ☐ Lightweight Baselayer Tops and Bottoms (1-2) Each
- ☐ Heavyweight Baselayer Bottom (1)
- ☐ Synthetic Short Sleeve Shirts (1-2)
- ☐ Soft Shell Trekking Pants (1-2)
- ☐ Trekking Shorts (1)
- ☐ Insulated Synthetic Pant, Full Side Zips
- ☐ Mid Layer Top
- ☐ Insulated Down or Synthetic Jacket
- ☐ Hard Shell Jacket with Hood
- ☐ Hard Shell Pant, Full side Zips
- ☐ Light Trekking Boots or Shoes
- ☐ Down Booties (optional)
- ☐ Mid to Heavyweight Socks (4)
- ☐ Midweight Gloves
- ☐ Duffle Bag 40-50 Liter
- ☐ 0 Degree Sleeping Bag
- ☐ Sleeping Pad
- ☐ Backpack 30-40 Liter
- ☐ Hydration System
- ☐ Thermos (1 Liter) (optional)
- ☐ Water Bottle (2) (1 liter bottles)
- ☐ Pee Bottler (1 Liter)
- ☐ Pee Funnel (women)
- ☐ PASSPORT
- ☐ Travel Clothes
- ☐ Non-cotton Underwear (4)
- ☐ Sunscreen (2)
- ☐ Lip Balm (2)
- ☐ Contractor Bags (2)
- ☐ Bic Lighters (2)
- ☐ Hand Warmers (3-6)
- ☐ First Aid Kit
- ☐ Knife
- ☐ Ear Plugs
- ☐ Toiletry Kit
- ☐ Camera
- ☐ Extra Batteries/ SD Cards
- ☐ Binoculars
- ☐ Energy Snacks
- ☐ Fit and Able Body!