

= ChatGPT



```
import time
from datetime import datetime as dt

# Path to the hosts file
hosts_path = "/etc/hosts" # Mac/Linux
# hosts_path = r"C:\Windows\System32\drivers\etc\hosts" # Windows (uncomment for Windows)

redirect_ip = "127.0.0.1"
blocked_websites = ["www.facebook.com",
"facebook.com", "www.youtube.com",
"youtube.com"]

# Set working hours (24-hour format)
start_hour = 9
end_hour = 17

while True:
    now = dt.now()
    if start_hour <= now.hour < end_hour:
        print("Working hours... blocking websites")
        with open(hosts_path, "r+") as file:
            content = file.read()
            for website in blocked_websites:
                if website not in content:
                    file.write(f"{redirect_ip} {website}\n")
    else:
        print("Non-working hours... unblocking websites")
        with open(hosts_path, "r+") as file:
            content = file.readlines()
            file.seek(0)
            for line in content:
                if not any(website in line for website in blocked_websites):
                    file.write(line)
            file.truncate()
        time.sleep(300) # Sleep every 5 minutes
```



Ask anything

