

HOSPITAL INFORMATION MANUAL

MediCare Global Hospital & Research Center

Healing with Excellence, Caring with Compassion

| | |
|---------------------|---|
| Address: | 42 Medical Complex Road, Sector 62, Gurugram, Haryana, India - 122018 |
| Phone: | +91-124-4567890 |
| Emergency: | +91-124-4567999 |
| Email: | info@medicareglobala.com |
| Website: | https://www.medicareglobal.com |
| Established: | 1995 |
| Bed Capacity: | 850 |
| OPD Timings: | Monday to Saturday, 7:00 AM - 9:00 PM |
| Emergency Services: | 24/7 available |

Accreditations & Certifications

NABH, JCI, ISO 9001:2015, Green OT Certification

Languages Supported

Hindi, English, Marathi, Gujarati, Tamil, Telugu

DEPARTMENTS & SERVICES

Medical Departments

Our hospital provides comprehensive medical care through the following specialized departments:

| | | |
|---------------------------|------------------------|----------------------|
| General Medicine | Cardiology | Neurology |
| Orthopedics | Gastroenterology | Dermatology |
| Pediatrics | Psychiatry | Oncology |
| Gynecology and Obstetrics | Nephrology | Radiology |
| Dentistry | ENT | Ophthalmology |
| Pulmonology | Endocrinology | Rheumatology |
| Urology | Anesthesiology | Emergency Medicine |
| Pathology | Microbiology | Plastic Surgery |
| Neurosurgery | Cardiothoracic Surgery | Vascular Surgery |
| Pediatric Surgery | General Surgery | Laparoscopic Surgery |
| Physiotherapy | Critical Care Medicine | Pain Management |
| Palliative Care | Reproductive Medicine | Nuclear Medicine |
| Interventional Radiology | Medical Genetics | Infectious Diseases |
| Geriatric Medicine | Sports Medicine | |

Medical Services & Facilities

We offer state-of-the-art medical services and diagnostic facilities:

- MRI Scan (1.5T & 3T)
- CT Scan (128-slice)
- PET-CT Scan
- X-Ray (Digital)
- Ultrasound (4D)
- Mammography
- Bone Densitometry
- Dialysis (Hemodialysis & Peritoneal)
- Emergency Room (Level 1 Trauma)
- Blood Bank & Component Separation
- ICU (Adult, Pediatric, Neonatal, Cardiac)
- Ambulance Services (Ground & Air)
- Pharmacy (24/7)
- Physiotherapy
- Vaccination Center

- Health Check-up Packages
 - Teleconsultation
 - Surgery (General, Laparoscopic, Robotic)
 - Catheterization Lab
 - Electrophysiology Lab
- ...and many more specialized services

HOSPITAL CAPACITY & INFRASTRUCTURE

| Facility | Capacity |
|--------------------|----------|
| Total Beds | 850 |
| General Ward Beds | 400 |
| Private Rooms | 200 |
| Deluxe Rooms | 80 |
| Suite Rooms | 20 |
| ICU Beds | 80 |
| NICU Beds | 30 |
| CCU Beds | 25 |
| Operation Theaters | 12 |
| Dialysis Stations | 20 |
| Ventilators | 50 |
| Ambulances | 8 |
| Air Ambulance | 1 |
| Parking Spaces | 500 |

MEDICAL STAFF DIRECTORY

General Medicine Department

Dr. Rajesh Kumar Gupta

| | |
|-------------------|--|
| Qualifications: | MBBS, MD (Internal Medicine) |
| Experience: | 18 years |
| Specializations: | Diabetes Management, Hypertension, Infectious Diseases |
| Availability: | Mon, Wed, Fri – 9:00 AM to 1:00 PM |
| Consultation Fee: | ■800 |
| Languages: | Hindi, English |

Dr. Priya Sharma

| | |
|-------------------|--|
| Qualifications: | MBBS, MD (Internal Medicine), DNB |
| Experience: | 15 years |
| Specializations: | Geriatric Medicine, Preventive Healthcare, Thyroid Disorders |
| Availability: | Tue, Thu, Sat – 10:00 AM to 2:00 PM |
| Consultation Fee: | ■750 |
| Languages: | Hindi, English, Marathi |

Dr. Anil Mehta

| | |
|-------------------|--|
| Qualifications: | MBBS, MD (Internal Medicine), FICP |
| Experience: | 22 years |
| Specializations: | Obesity Management, Women's Health, Anemia |
| Availability: | Mon to Fri – 2:00 PM to 6:00 PM |
| Consultation Fee: | ■900 |
| Languages: | Hindi, English, Gujarati |

Dr. Kavita Singh

| | |
|-------------------|---|
| Qualifications: | MBBS, MD (Internal Medicine), MRCP |
| Experience: | 12 years |
| Specializations: | Nutritional Disorders, Lifestyle Diseases, Young Adult Medicine |
| Availability: | Mon, Wed, Fri – 3:00 PM to 7:00 PM |
| Consultation Fee: | ■700 |
| Languages: | Hindi, English, Tamil |

Dr. Suresh Reddy

| | |
|-------------------|---|
| Qualifications: | MBBS, MD (Internal Medicine), FCGP |
| Experience: | 20 years |
| Specializations: | Executive Health, Travel Medicine, Immunization |
| Availability: | Tue, Thu, Sat – 8:00 AM to 12:00 PM |
| Consultation Fee: | ■850 |
| Languages: | Hindi, English, Telugu |

Cardiology Department

Dr. Amit Malhotra

| | |
|-------------------|--|
| Qualifications: | MBBS, MD (Medicine), DM (Cardiology) |
| Experience: | 16 years |
| Specializations: | Interventional Cardiology, Coronary Angioplasty, Heart Failure |
| Availability: | Mon, Wed, Fri – 10:00 AM to 2:00 PM |
| Consultation Fee: | ■1200 |
| Languages: | Hindi, English |

Dr. Sunita Agarwal

| | |
|-------------------|---|
| Qualifications: | MBBS, MD, DM (Cardiology), FACC |
| Experience: | 19 years |
| Specializations: | Pacemaker Implantation, Echocardiography, Preventive Cardiology |
| Availability: | Tue, Thu, Sat – 11:00 AM to 3:00 PM |
| Consultation Fee: | ■1300 |
| Languages: | Hindi, English, Marathi |

Dr. Vikram Shah

| | |
|-------------------|--|
| Qualifications: | MBBS, MD, DM (Cardiology), FESC |
| Experience: | 14 years |
| Specializations: | Cardiac Electrophysiology, Arrhythmia Management, Device Therapy |
| Availability: | Mon to Fri – 4:00 PM to 7:00 PM |
| Consultation Fee: | ■1100 |
| Languages: | Hindi, English, Gujarati |

Neurology Department

Dr. Ravi Joshi

| | |
|-------------------|--------------------------------------|
| Qualifications: | MBBS, MD (Medicine), DM (Neurology) |
| Experience: | 17 years |
| Specializations: | Stroke, Epilepsy, Movement Disorders |
| Availability: | Mon, Wed, Fri – 9:00 AM to 1:00 PM |
| Consultation Fee: | ■1100 |
| Languages: | Hindi, English |

Dr. Neha Kapoor

| | |
|-------------------|--|
| Qualifications: | MBBS, MD, DM (Neurology), FIAN |
| Experience: | 13 years |
| Specializations: | Headache, Multiple Sclerosis, Neuropathy |
| Availability: | Tue, Thu, Sat – 2:00 PM to 6:00 PM |
| Consultation Fee: | ■1000 |
| Languages: | Hindi, English, Tamil |

Dr. Ashok Verma

| | |
|-------------------|---|
| Qualifications: | MBBS, MD, DM (Neurology), MRCP |
| Experience: | 21 years |
| Specializations: | Pediatric Neurology, Neuro-Muscular Disorders, Dementia |
| Availability: | Mon, Wed, Fri – 3:00 PM to 7:00 PM |
| Consultation Fee: | ■1250 |
| Languages: | Hindi, English, Telugu |

Orthopedics Department

Dr. Manoj Tiwari

| | |
|-------------------|--|
| Qualifications: | MBBS, MS (Orthopedics), MCh |
| Experience: | 18 years |
| Specializations: | Joint Replacement, Trauma Surgery, Spine Surgery |
| Availability: | Mon, Wed, Fri – 10:00 AM to 2:00 PM |
| Consultation Fee: | ■1000 |
| Languages: | Hindi, English |

Dr. Rashika Patel

| | |
|-----------------|--|
| Qualifications: | MBBS, MS (Orthopedics), Fellowship Sports Medicine |
|-----------------|--|

| | |
|-------------------|---|
| Experience: | 12 years |
| Specializations: | Sports Injuries, Arthroscopy, Pediatric Orthopedics |
| Availability: | Tue, Thu, Sat – 11:00 AM to 3:00 PM |
| Consultation Fee: | ■900 |
| Languages: | Hindi, English, Gujarati |

Dr. Sanjay Kulkarni

| | |
|-------------------|--|
| Qualifications: | MBBS, MS (Orthopedics), DNB |
| Experience: | 16 years |
| Specializations: | Deformity Correction, Hand Surgery, Foot & Ankle Surgery |
| Availability: | Mon to Fri – 4:00 PM to 7:00 PM |
| Consultation Fee: | ■950 |
| Languages: | Hindi, English, Marathi |

Pediatrics Department

Dr. Kavita Sharma

| | |
|-------------------|--|
| Qualifications: | MBBS, MD (Pediatrics) |
| Experience: | 14 years |
| Specializations: | General Pediatrics, Child Development, Vaccination |
| Availability: | Mon to Sat – 9:00 AM to 1:00 PM |
| Consultation Fee: | ■800 |
| Languages: | Hindi, English |

Dr. Rahul Bansal

| | |
|-------------------|--|
| Qualifications: | MBBS, MD (Pediatrics), IAP Fellowship |
| Experience: | 11 years |
| Specializations: | Neonatology, Pediatric Cardiology, Infectious Diseases |
| Availability: | Tue, Thu, Sat – 2:00 PM to 6:00 PM |
| Consultation Fee: | ■750 |
| Languages: | Hindi, English, Tamil |

Dr. Meera Iyer

| | |
|-----------------|--|
| Qualifications: | MBBS, MD (Pediatrics), Fellowship PICU |
| Experience: | 16 years |

| | |
|-------------------|--|
| Specializations: | Pediatric Intensive Care, Respiratory Disorders, Nutrition |
| Availability: | Mon, Wed, Fri – 3:00 PM to 7:00 PM |
| Consultation Fee: | ■850 |
| Languages: | Hindi, English, Tamil, Telugu |

Gynecology and Obstetrics Department

Dr. Sushma Reddy

| | |
|-------------------|--|
| Qualifications: | MBBS, MS (Obstetrics & Gynecology) |
| Experience: | 17 years |
| Specializations: | High Risk Pregnancy, Laparoscopic Surgery, Infertility |
| Availability: | Mon, Wed, Fri – 10:00 AM to 2:00 PM |
| Consultation Fee: | ■900 |
| Languages: | Hindi, English, Telugu |

Dr. Pooja Gupta

| | |
|-------------------|--|
| Qualifications: | MBBS, MS (ObGyn), Fellowship Reproductive Medicine |
| Experience: | 13 years |
| Specializations: | IVF, Endoscopy, Menopause Management |
| Availability: | Tue, Thu, Sat – 11:00 AM to 3:00 PM |
| Consultation Fee: | ■950 |
| Languages: | Hindi, English |

Dr. Anita Singh

| | |
|-------------------|--|
| Qualifications: | MBBS, MS (ObGyn), FRCOG |
| Experience: | 19 years |
| Specializations: | Maternal Medicine, Gynecologic Oncology, Adolescent Gynecology |
| Availability: | Mon to Fri – 4:00 PM to 7:00 PM |
| Consultation Fee: | ■1000 |
| Languages: | Hindi, English, Marathi |

Gastroenterology Department

Dr. Deepak Chawla

| | |
|-----------------|--|
| Qualifications: | MBBS, MD (Medicine), DM (Gastroenterology) |
| Experience: | 15 years |

| | |
|-------------------|------------------------------------|
| Specializations: | Endoscopy, Liver Diseases, IBD |
| Availability: | Mon, Wed, Fri – 9:00 AM to 1:00 PM |
| Consultation Fee: | ■1100 |
| Languages: | Hindi, English |

Dr. Vandana Jain

| | |
|-------------------|--|
| Qualifications: | MBBS, MD, DM (Gastroenterology), MRCP |
| Experience: | 12 years |
| Specializations: | ERCP, Pancreatic Disorders, Hepatology |
| Availability: | Tue, Thu, Sat – 2:00 PM to 6:00 PM |
| Consultation Fee: | ■1050 |
| Languages: | Hindi, English, Gujarati |

Dermatology Department

Dr. Shilpa Khurana

| | |
|-------------------|--|
| Qualifications: | MBBS, MD (Dermatology), DDVL |
| Experience: | 10 years |
| Specializations: | Cosmetic Dermatology, Acne Treatment, Hair Disorders |
| Availability: | Mon, Wed, Fri – 11:00 AM to 3:00 PM |
| Consultation Fee: | ■700 |
| Languages: | Hindi, English |

Dr. Vikash Gupta

| | |
|-------------------|---|
| Qualifications: | MBBS, MD (Dermatology), Fellowship Dermatosurgery |
| Experience: | 14 years |
| Specializations: | Psoriasis, Skin Cancer, Laser Therapy |
| Availability: | Tue, Thu, Sat – 10:00 AM to 2:00 PM |
| Consultation Fee: | ■750 |
| Languages: | Hindi, English, Tamil |

ENT Department

Dr. Rajiv Saxena

| | |
|-----------------|----------------|
| Qualifications: | MBBS, MS (ENT) |
| Experience: | 16 years |

| | |
|-------------------|--|
| Specializations: | Sinus Surgery, Hearing Loss, Voice Disorders |
| Availability: | Mon, Wed, Fri – 10:00 AM to 2:00 PM |
| Consultation Fee: | ■800 |
| Languages: | Hindi, English |

Dr. Sonia Malhotra

| | |
|-------------------|---|
| Qualifications: | MBBS, MS (ENT), Fellowship Head & Neck Surgery |
| Experience: | 13 years |
| Specializations: | Thyroid Surgery, Cochlear Implants, Sleep Apnea |
| Availability: | Tue, Thu, Sat – 2:00 PM to 6:00 PM |
| Consultation Fee: | ■850 |
| Languages: | Hindi, English, Marathi |

Ophthalmology Department

Dr. Ashish Kumar

| | |
|-------------------|---|
| Qualifications: | MBBS, MS (Ophthalmology) |
| Experience: | 12 years |
| Specializations: | Cataract Surgery, Retinal Disorders, Glaucoma |
| Availability: | Mon, Wed, Fri – 9:00 AM to 1:00 PM |
| Consultation Fee: | ■750 |
| Languages: | Hindi, English |

Dr. Ritu Sharma

| | |
|-------------------|--|
| Qualifications: | MBBS, MS (Ophthalmology), Fellowship Cornea |
| Experience: | 15 years |
| Specializations: | Corneal Transplant, LASIK Surgery, Pediatric Ophthalmology |
| Availability: | Tue, Thu, Sat – 11:00 AM to 3:00 PM |
| Consultation Fee: | ■800 |
| Languages: | Hindi, English, Telugu |

HOSPITAL POLICIES & PROCEDURES

Admission Policy

General Admission Process:

Admission is granted via OPD referral, emergency, or advance booking. Valid photo ID, insurance documents, and advance payment required.

Required Documents:

- Valid Government Photo ID
- Insurance Card/Policy
- Previous Medical Records
- Address Proof

Advance Payment Requirements:

General Ward: █5,000 | Private Room: █15,000 | Deluxe Room: █25,000 | Suite: █50,000

Admission Process Steps:

1. Registration at Admission Counter
2. Document Verification
3. Insurance Pre-authorization (if applicable)
4. Advance Payment
5. Room Assignment
6. Patient Admission

Discharge Policy

| | |
|---------------------|--|
| Process: | Discharge happens post-doctor clearance, final bill settlement, and medicine collection. Discharge |
| Billing Settlement: | All dues must be cleared before discharge. Excess advance refunded within 24 hours. |
| Discharge Summary: | Comprehensive medical summary including diagnosis, treatment given, medications, and follow- |
| Follow-up: | Next appointment scheduled as per doctor's recommendation. Emergency contact numbers prov |

Visiting Hours Policy

| | |
|----------------------|---|
| General Ward: | Daily 4:00 PM to 6:00 PM. Maximum 2 visitors per patient. |
| Private Rooms: | Daily 10:00 AM to 8:00 PM. Maximum 3 visitors. One attendant allowed overnight. |
| ICU Visits: | Twice daily - 11:00 AM to 11:15 AM and 4:00 PM to 4:15 PM. Only 1 visitor for 15 minutes. |
| Pediatric Ward: | Daily 2:00 PM to 7:00 PM. Parents/guardians allowed 24/7. |
| COVID Ward: | No visitors allowed. Video calls facilitated twice daily. |
| Special Permissions: | Special visiting permissions for critical patients available on case-by-case basis. |

Insurance & Billing Policies

Accepted Insurance Providers:

Star Health Insurance | HDFC Ergo | ICICI Lombard

Niva Bupa | Care Health Insurance | Bajaj Allianz

New India Assurance | United India Insurance | Oriental Insurance

National Insurance | Max Bupa | Religare Health Insurance

Future Generali | Cholamandalam MS | Tata AIG

SBI General Insurance

Government Schemes:

Ayushman Bharat (PM-JAY), CGHS, ECHS, ESI, Railway Medical, State Government Health Schemes, Delhi Govt. Health Scheme, Haryana Health Scheme, Punjab Health Scheme

Corporate Tie-ups:

TCS, Infosys, Wipro, HCL, Tech Mahindra, Cognizant, IBM, Accenture, Capgemini, DXC Technology... and many more

Cashless Facility: Available for all empaneled insurance companies. Pre-authorization required for planned admissions.

Claim Process: Dedicated insurance desk assists with documentation and claim processing.

FREQUENTLY ASKED QUESTIONS (FAQs)

Q1. How to book an appointment?

A1. Visit our website www.medicareglobal.com, call +91-124-4567890, or use our mobile app. Walk-ins accepted till 7:00 PM.

Q2. Do you have emergency services?

A2. Yes, we operate 24/7 emergency with Level 1 Trauma Center, ambulance, air ambulance, and specialized ICU support.

Q3. Which insurance companies do you accept?

A3. We accept 15+ major insurance providers including Star Health, HDFC Ergo, ICICI Lombard, Niva Bupa, and all government schemes.

Q4. What are the visiting hours?

A4. General Ward: 4-6 PM (2 visitors) | Private Rooms: 10 AM-8 PM (3 visitors) | ICU: 11-11:15 AM & 4-4:15 PM (1 visitor, 15 min).

Q5. How to get medical records?

A5. Fill request form at Medical Records Department (Ground Floor) or email medicalrecords@medicareglobal.com with ID proof.

Q6. Can I get online consultation?

A6. Yes, teleconsultation available via hospital website and mobile app for all departments.

Q7. Where is the pharmacy?

A7. 24/7 pharmacy located on Ground Floor near main entrance. Online medicine delivery also available.

Q8. Do you have ambulance services?

A8. Yes, 8 ground ambulances and 1 air ambulance. Call +91-124-4567999 for emergency ambulance booking.

Q9. Do you have a blood bank?

A9. Yes, NABH-accredited blood bank with component separation facility operational 24/7.

Q10. Do you offer health check-up packages?

A10. Yes, 8 comprehensive packages from Basic (■999) to Platinum Executive (■7,999) available.

Q11. Is parking available?

A11. Yes, 500-vehicle capacity parking with valet service. Parking fee: ■20/hour, ■100/day.

Q12. Do you provide food for patients?

A12. Yes, 24/7 cafeteria with multi-cuisine options. Special diet as per doctor's prescription.

Q13. How to register a complaint?

A13. Visit Patient Relations Office (1st Floor), call complaint helpline +91-124-4567800, or email complaints@medicareglobal.com.

Q14. Do you have wheelchair facility?

A14. Yes, complimentary wheelchairs available at reception. Advance booking for powered wheelchairs.

Q15. Is WiFi available?

A15. Free high-speed WiFi throughout hospital. Password available at reception.

Q16. Do you accept international patients?

A16. Yes, dedicated International Patient Services with visa assistance, interpreter services, and special packages.

Q17. What COVID safety measures are in place?

A17. Mandatory masks, temperature screening, hand sanitization, UV sterilization, HEPA filtration, and separate COVID areas.

Q18. Do you provide home healthcare?

A18. Yes, home nursing, physiotherapy, diagnostic services, and telemedicine available through our home healthcare division.

Q19. Can I pay bills online?

A19. Yes, online payment available on website and mobile app. UPI, cards, and net banking accepted.

Q20. Do you have dialysis facility?

A20. Yes, 20-station dialysis unit with hemodialysis and peritoneal dialysis. Pre-booking required.

Q21. Is there a pharmacy delivery service?

A21. Yes, medicine home delivery within 10 km radius. Order through website or call pharmacy directly.

Q22. Do you provide medical certificates?

A22. Yes, medical certificates issued by attending doctors. Fees: Fitness Certificate ■200, Medical Leave ■150.

Q23. What are your OPD timings?

A23. Monday to Saturday: 7:00 AM to 9:00 PM. Sunday: Emergency services only.

Q24. Do you have a dental clinic?

A24. Yes, comprehensive dental services including implants, orthodontics, oral surgery. Separate dental OPD timings.

Q25. Is there a laboratory?

A25. 24/7 NABL-accredited laboratory with home sample collection service. Reports available online.

Q26. Do you provide second opinion services?

A26. Yes, second opinion consultations available. Can be arranged online or in-person.

Q27. What about medicine availability?

A27. Hospital pharmacy stocks 95% of commonly prescribed medicines. Special medicines procured within 24 hours.

Q28. Do you have physiotherapy services?

A28. Yes, comprehensive rehabilitation department with latest equipment and certified physiotherapists.

EMERGENCY CONDITIONS

Please seek immediate medical attention for any of the following conditions:

Cardiovascular Emergencies

- Severe chest pain
- Heart attack (Myocardial Infarction)
- Cardiac arrest
- Irregular heartbeat (Arrhythmia)
- Heart failure
- Sudden cardiac death

Respiratory Emergencies

- Shortness of breath
- Severe asthma attack
- Choking
- Respiratory failure
- Pneumothorax (collapsed lung)
- Pulmonary embolism

Neurological Emergencies

- Stroke symptoms (face drooping, arm weakness, speech difficulty)
- Seizures
- Sudden severe headache
- Unconsciousness
- Sudden vision loss
- Sudden hearing loss
- Paralysis
- Severe dizziness

Trauma and Injury

- Heavy bleeding
- Fractures
- Head injury
- Spinal injury
- Burns (2nd and 3rd degree)
- Electric shock
- Drowning
- Motor vehicle accidents
- Fall from height

Pediatric Emergencies

- High fever in infants
- Difficulty breathing in children
- Severe dehydration in children
- Febrile seizures
- Severe allergic reactions in children
- Accidental poisoning

Other Critical Conditions

- Severe allergic reactions (Anaphylaxis)
- Drug overdose
- Chemical poisoning
- Severe infection (Sepsis)
- Diabetic ketoacidosis
- Snake bite

Emergency Contact: +91-124-4567999 (24/7 Emergency Ambulance)

HEALTH CHECK-UP PACKAGES

Comprehensive health screening packages designed for different age groups and health needs:

Basic Health Check-up - ■999

| | |
|-------------------|--|
| Target Age: | 18-40 years |
| Duration: | 2 hours |
| Fasting Required: | 12 hours |
| Includes: | Doctor consultation, reports within 24 hours |

Tests Included:

CBC, Fasting Blood Sugar, Lipid Profile, Urine Routine, Chest X-Ray

Comprehensive Health Check-up - ■1999

| | |
|-------------------|---|
| Target Age: | 25-50 years |
| Duration: | 3 hours |
| Fasting Required: | 12 hours |
| Includes: | Physician consultation, nutritionist consultation, same-day reports |

Tests Included:

CBC, FBS, HbA1c, Lipid Profile, LFT, KFT, Thyroid Profile, Urine Routine, ECG, Chest X-Ray

Executive Health Check-up - ■3499

| | |
|-------------------|--|
| Target Age: | 35-60 years |
| Duration: | 4 hours |
| Fasting Required: | 12 hours |
| Includes: | Specialist consultations, dietician consultation, physiotherapy assessment |

Tests Included:

CBC, FBS, HbA1c, Lipid Profile, LFT, KFT, Thyroid Profile, PSA/CA-125, ECG, Chest X-Ray, USG Abdomen, TMT

Cardiac Health Package - ■3999

| | |
|-------------------|---|
| Target Age: | 30+ years with risk factors |
| Duration: | 3 hours |
| Fasting Required: | 12 hours |
| Includes: | Cardiologist consultation, lifestyle counseling, diet chart |

Tests Included:

CBC, Lipid Profile, HbA1c, hs-CRP, Homocysteine, ECG, Echo, TMT, Chest X-Ray

Diabetes Monitoring Package - ■2299

| | |
|-------------------|---|
| Target Age: | Diabetic patients |
| Duration: | 2.5 hours |
| Fasting Required: | 12 hours |
| Includes: | Endocrinologist consultation, diabetic educator session |

Tests Included:

FBS, PPBS, HbA1c, Lipid Profile, Kidney Function, Urine Microalbumin, Fundus Examination, ECG

Women's Health Package - ■3499

| | |
|-------------------|--|
| Target Age: | 25-60 years women |
| Duration: | 3 hours |
| Fasting Required: | Not required |
| Includes: | Gynecologist consultation, nutritionist guidance |

Tests Included:

CBC, Thyroid Profile, Calcium, Vitamin D, Iron Studies, Pap Smear, Mammography, Pelvic USG, Bone Density

Senior Citizen Package - ■4599

| | |
|-------------------|--|
| Target Age: | 60+ years |
| Duration: | 4 hours |
| Fasting Required: | 12 hours |
| Includes: | Geriatrician consultation, physiotherapy assessment, cognitive screening |

Tests Included:

CBC, Comprehensive Metabolic Panel, Thyroid, PSA/CA-125, Vitamin B12, Vitamin D, ECG, Echo, Chest X-Ray, USG, Bone Density

Platinum Executive Package - ■7999

| | |
|-------------------|---|
| Target Age: | 40+ years executives |
| Duration: | Full day (6 hours) |
| Fasting Required: | 12 hours |
| Includes: | Multiple specialist consultations, detailed health report, personalized health plan, 1-year follow-up |

Tests Included:

Complete Blood Count, Comprehensive Metabolic Panel, Lipid Profile, HbA1c, Thyroid Function, Tumor Markers, Vitamin Profile, ECG, Echo, TMT, Chest X-Ray, USG Whole Abdomen, CT Coronary Angiography, PFT, Bone Density

CONTACT INFORMATION & IMPORTANT DETAILS

| | |
|---------------------|---|
| Hospital Name: | MediCare Global Hospital & Research Center |
| Address: | 42 Medical Complex Road, Sector 62, Gurugram, Haryana, India - 122018 |
| Main Contact: | +91-124-4567890 |
| Emergency Contact: | +91-124-4567999 |
| Email: | info@medicareglobal.com |
| Website: | https://www.medicareglobal.com |
| OPD Timings: | Monday to Saturday, 7:00 AM - 9:00 PM |
| Emergency Services: | 24/7 available |
| Parking: | 500 vehicle capacity with valet service |
| WiFi: | Free high-speed WiFi throughout hospital |

IMPORTANT NOTES

- This manual contains comprehensive information about our hospital services and policies.
- All information is current as of the publication date. Please check our website for latest updates.
- For any medical emergency, please call our 24/7 emergency number: +91-124-4567999
- Patient feedback and suggestions are always welcome. Contact our Patient Relations Office.
- We are committed to providing quality healthcare with compassion and excellence.
- All policies are subject to change. Updated versions will be available on our website.

*This manual was generated on: May 2025
For latest updates, visit: <https://www.medicareglobal.com>*