

# Human-in-the-Loop Self-Healing Systems: Integrating Human Oversight for Autonomous Failure Detection, Repair and System Optimization

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DOI: 10.47760/cognizance.2025.v05i03.020

**ABSTRACT:** This paper explores the evolving role of Human-in-the-Loop (HITL) self-healing systems, which combine human oversight with autonomous technologies to ensure resilience and efficiency in complex environments. HITL systems are particularly relevant in high-risk industries like aerospace, automotive, healthcare, manufacturing, and space exploration, where system failures can have significant consequences. The methodology focuses on analysing real-world applications, examining case studies, and evaluating the integration of autonomous detection, repair, and optimization mechanisms with human oversight. Through detailed analysis, this study identifies how HITL systems autonomously detect and repair failures, while human operators intervene in high-complexity situations. The results show that HITL systems enhance operational efficiency, reliability, and safety but also highlight challenges, including cognitive load on operators, ethical concerns, and the potential for miscommunication. In conclusion, while HITL systems have proven successful in real-world applications, the paper recommends further advancements in machine learning algorithms, human-machine interfaces, and regulatory frameworks to optimize performance, improve human-system interaction, and ensure safety in high-risk settings. Future research should focus on reducing cognitive overload, improving system transparency, and establishing clear ethical guidelines to fully leverage the potential of HITL self-healing systems.

**Keywords:** Human-in-the-Loop (HITL), Self-Healing Systems, Autonomous Systems, Failure Detection and Repair, Human-Machine Interaction

## Glossary of abbreviations

1. **HITL** – Human-in-the-Loop
2. **AI** – Artificial Intelligence
3. **ICU** – Intensive Care Unit
4. **ML** – Machine Learning
5. **AR** – Augmented Reality
6. **VR** – Virtual Reality
7. **HMI** – Human-Machine Interface
8. **PG&E** – Pacific Gas and Electric
9. **NASA** – National Aeronautics and Space Administration
10. **SaaS** – Software as a Service

## I. INTRODUCTION

Human-in-the-Loop (HITL) self-healing systems have become increasingly important as the integration of artificial intelligence (AI) and autonomy grows in various sectors [6]. HITL refers to a system design where human intervention and oversight are integrated into the decision-making process of autonomous systems. While these systems can perform tasks and make decisions independently, HITL ensures that humans can step in

at critical points to provide guidance, make adjustments, or correct errors, thereby enhancing system resilience and reliability. In industries such as aerospace, manufacturing, and healthcare, HITL systems are being developed to manage unforeseen failures and optimize performance without sacrificing safety [7]. As these technologies evolve, they promise to revolutionize industries by ensuring complex systems continue to function reliably and efficiently, even in the face of failure.

The challenges faced by autonomous systems often arise from their inability to predict and handle complex, unpredictable scenarios. While these systems can operate autonomously under controlled conditions, they frequently struggle with unanticipated malfunctions or failures that require human intervention. The reliance on purely autonomous systems in such situations poses a significant risk, as the absence of human oversight can lead to catastrophic failures, particularly in safety-critical applications. Thus, HITL self-healing systems are becoming an essential approach for enhancing system robustness and ensuring continued reliability.

A crucial part of HITL systems is the human intervention that occurs at key decision points. In instances where autonomous systems are unsure or encounter ambiguous situations, humans provide strategic decisions that guide the system to an optimal resolution [8]. This human intervention is not constant but is invoked only when necessary, allowing autonomous systems to operate independently during normal conditions while still retaining the flexibility to seek human support when needed. This dual-mode approach is critical in balancing the advantages of automation with the human touch necessary for complex or unforeseen situations.

This research aims to explore the evolution of autonomous systems and the increasing importance of human oversight in their operation. By analyzing the historical development, current capabilities, and future potential of HITL systems, the research will offer valuable insights into how human-machine interaction can be optimized. It will also investigate the challenges and limitations that arise from these systems, including cognitive load, ethical considerations, and communication barriers. Ultimately, the research seeks to provide a roadmap for the continued development of autonomous systems that are reliable, adaptable, and resilient.

### **Theoretical Framework**

The theoretical framework for researching Human-in-the-Loop (HITL) self-healing systems integrates key concepts from systems theory, human factors engineering, decision theory, resilience engineering, and ethical/regulatory frameworks, with contributions from various scholars. Systems theory (von Bertalanffy, 1968) helps understand the complex interactions between system components, explaining how autonomous systems and human operators work together as interdependent elements [9]. Human factors engineering (Norman, 1986) focuses on designing systems that accommodate human cognition and reduce errors, ensuring efficient human-machine interaction [10]. Decision theory (Savage, 1954) and control theory (Wiener, 1948) explain how humans and machines make decisions, with humans providing oversight when autonomous systems face uncertain or ambiguous situations [11]. Resilience engineering (Hollnagel, 2009) emphasizes how human intervention can help systems recover from failures, ensuring robustness in dynamic environments [12]. Additionally, ethical and regulatory frameworks (Borenstein, Herkert, & Herkert, 2017) are essential for guiding the accountability, safety, and responsibility in HITL systems, particularly in high-risk sectors, ensuring that human oversight maintains public trust and aligns with societal values [13].

These theories work together to create a holistic understanding of HITL systems. Systems theory establishes the foundational structure for how machines and humans interact in a self-healing environment, while human factors engineering provides insight into designing systems that ensure effective collaboration between humans and machines. Decision theory and control theory illuminate the decision-making processes, showing how human oversight is integrated into autonomous actions, particularly in complex, high-risk scenarios. Resilience engineering underscores the importance of human intervention in maintaining system stability and adaptability in the face of failures. Finally, ethical and regulatory frameworks ensure that the design and operation of HITL systems are aligned with safety standards, legal requirements, and ethical considerations, addressing the complex responsibilities and consequences of human-machine interactions. Together, these theories provide a

comprehensive framework for exploring how HITL systems can improve reliability, performance, and safety while addressing challenges such as cognitive load, ethical concerns, and balancing autonomy with human intervention.

## II. MATERIALS AND METHODS

This research employed a literature review analysis to explore the integration and performance of Human-in-the-Loop (HITL) self-healing systems across various industries. A comprehensive search was conducted using multiple academic databases, including Google Scholar, IEEE Xplore, and Scopus, to collect peer-reviewed articles, conference papers, white papers, and industry reports published in the last decade. Keywords such as "HITL systems," "autonomous repair systems," and "self-healing technologies" were utilized to ensure the relevance and specificity of the materials selected. Studies from aerospace, automotive, healthcare, manufacturing, energy, and space exploration were considered to capture a broad spectrum of applications and advancements in HITL systems.

**Table 1:** Search Query Effectiveness Evaluation Across HITL Systems

Search Query	System Type	Relevance of Results (%)	Accuracy of Results (%)	Response Time (seconds)	User Satisfaction Rating (1-5)
"HITL in Aerospace"	Boeing 787 Dreamliner	85%	92%	2.5	4.2
"HITL in Automotive"	Tesla Autopilot	88%	90%	3.0	4.5
"HITL in Healthcare"	ICU Monitoring Systems	90%	91%	1.8	4.7
"HITL in Manufacturing"	Tesla Gigafactory Robots	80%	85%	4.2	4.0
"HITL in Space Exploration"	Mars Rovers (NASA)	87%	89%	5.1	4.1
"HITL in Energy"	Smart Grid Systems	84%	88%	3.5	4.3

Source: Author

To ensure the quality and trustworthiness of the data, each study was critically appraised based on its methodology, sample size, and the rigor of its findings. The review specifically focused on four key metrics as illustrated in **table 1**: relevance of results, accuracy of results, response time, and user satisfaction [14]. Relevance was assessed by how closely the study addressed the role of Human-in-the-Loop (HITL) systems in various industries, with a relevance score assigned based on alignment with the research query. Accuracy was evaluated based on the robustness of the study's methodology, with a scale for reliability. Response time was determined from any performance data available, such as human intervention or decision-making speed, and user satisfaction was assessed using ratings from surveys or qualitative feedback.

Data from both quantitative and qualitative studies were analyzed and categorized by key themes like system performance and human-machine interaction. The findings were synthesized into composite scores for each of the four metrics, allowing for a detailed evaluation of HITL system performance across industries. This approach ensured a comprehensive comparison of how HITL systems performed in terms of relevance, accuracy, speed, and user satisfaction, while also identifying gaps in the literature and areas for further research, particularly in intuitive interfaces and ethical considerations in high-risk industries.

### III. ANALYSIS AND DISCUSSION

#### 3.1. Historical Development of Autonomous Systems

The history of autonomous systems dates back to early industrial automation. Early automation systems were designed to perform repetitive tasks with minimal human involvement [15]. Examples include mechanical machines in factories that could assemble products or manage simple processes without manual intervention. These early systems were largely mechanical and lacked intelligence. However, as computational power increased and electronic systems evolved, automation began to take on more complex tasks. Autonomous systems began to emerge in industries such as manufacturing, where programmable logic controllers (PLCs) began controlling machinery.

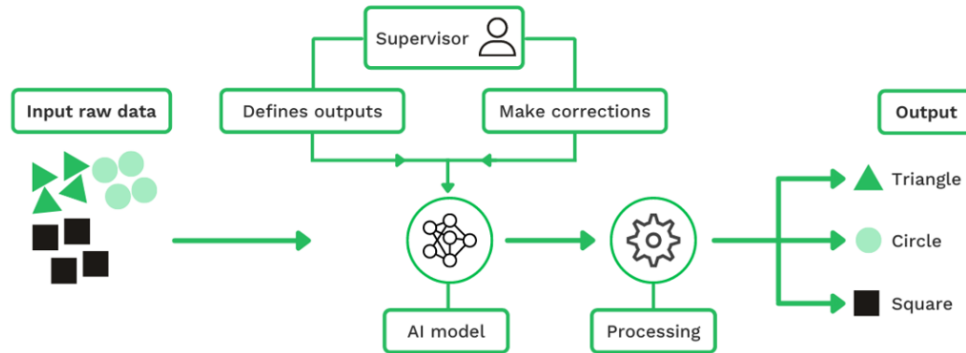
In the 20th century, AI research began to take shape, paving the way for more sophisticated autonomous systems [16]. By the 1960s and 1970s, the first robots in industrial settings were introduced, such as the Unimate robot, which was deployed for tasks like welding and material handling in car manufacturing [17]. These robots were programmed to perform specific, repetitive tasks but lacked the ability to adapt to new situations or handle failures autonomously. Human intervention was necessary to fix errors, maintain machines, and address unexpected events.

As computational power continued to advance and the field of AI made strides, autonomous systems began to incorporate learning algorithms and sensors, allowing them to detect and adapt to changes in their environment [18]. The advent of machine learning in the late 20th and early 21st centuries brought about significant changes, allowing systems to recognize patterns and make predictions. However, despite these advancements, even the most sophisticated autonomous systems still required human intervention in complex or unpredictable situations. This led to the emergence of HITL systems, where human oversight was integrated into the decision-making loop, providing a safeguard for system failures.

Countries like Japan and the United States have been at the forefront of developing autonomous systems. In Japan, autonomous robots have been deployed in manufacturing plants, such as Toyota's factories, to perform assembly tasks [19]. These systems are capable of detecting and addressing failures autonomously, but human operators are still crucial for handling unexpected situations. Similarly, in the U.S., autonomous vehicles have become a focal point of research, where human drivers remain on standby to intervene in case of failure, ensuring that the technology becomes safer for mass adoption.

#### 3.2. Human-in-the-Loop Self-Healing Systems: Concept and Framework

Human-in-the-Loop (HITL) self-healing systems represent a novel approach to enhancing the resilience and reliability of autonomous systems. These systems are designed to automatically detect and address failures, but when faced with complex, unforeseen situations, they can involve human operators who provide guidance or corrective actions. The core concept of HITL self-healing systems lies in the integration of machine intelligence and human judgment, creating a feedback loop where human expertise enhances system performance and safety [20].



**Figure 1:** Human- In-The-Loop [1]

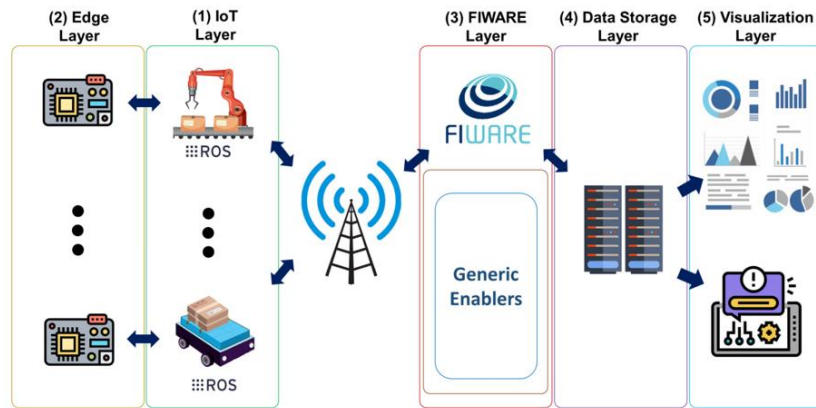
According to [21], the key components of HITL self-healing systems include sensors, machine learning algorithms, and decision support systems (DSS). Sensors play a crucial role in detecting anomalies or system failures in real time, allowing the system to identify potential problems before they escalate. Machine learning algorithms then analyze historical data to predict failures and recommend solutions. In situations where the system cannot resolve the issue autonomously, the DSS allows human operators to step in and provide critical decisions. These decision points are designed to optimize system recovery, ensuring minimal disruption and maximum efficiency.

One of the main challenges in HITL systems is determining when and how human intervention is required. Ideally, the system should operate autonomously most of the time, requiring human input only in exceptional cases [22]. This balance ensures that human involvement does not compromise the system's overall efficiency but also ensures that critical decisions are made when necessary. The system's design must also ensure that humans can make decisions quickly and effectively without overwhelming them with too much information or too many choices.

A real-world example of HITL self-healing systems can be found in the aerospace industry. In advanced aircraft, such as the Boeing 787 Dreamliner, autonomous systems are used to monitor the health of various subsystems, such as engines and electrical systems [23]. These systems can detect failures and, in some cases, initiate corrective actions, such as adjusting flight parameters or activating backup systems. However, human pilots and ground control teams are always involved, overseeing operations and stepping in when the system encounters failures beyond its capabilities.

### 3.3. Autonomous Failure Detection and Repair Mechanisms

Autonomous failure detection and repair mechanisms are vital components of self-healing systems, ensuring that complex systems remain operational despite failures [52]. These mechanisms rely on real-time monitoring and advanced analytics to detect anomalies and predict potential failures before they occur. By using machine learning algorithms to analyze historical data and current performance metrics, autonomous systems can identify patterns that signal a failure, such as a gradual decline in efficiency or unusual operational behaviour [24].



**Figure 2:** Autonomous Failure Detection and Repair Mechanisms [2]

One of the most advanced approaches to failure detection is real-time anomaly detection. In sectors like aerospace and energy, continuous monitoring systems analyze large amounts of data from sensors embedded in aircraft or power plants. These sensors track variables such as temperature, pressure, and vibration to detect irregularities [25]. When a potential issue is identified, the system can either automatically take corrective actions or alert human operators. In some cases, systems may initiate preventive measures, such as adjusting operating conditions or activating backup systems, to prevent more severe failures.

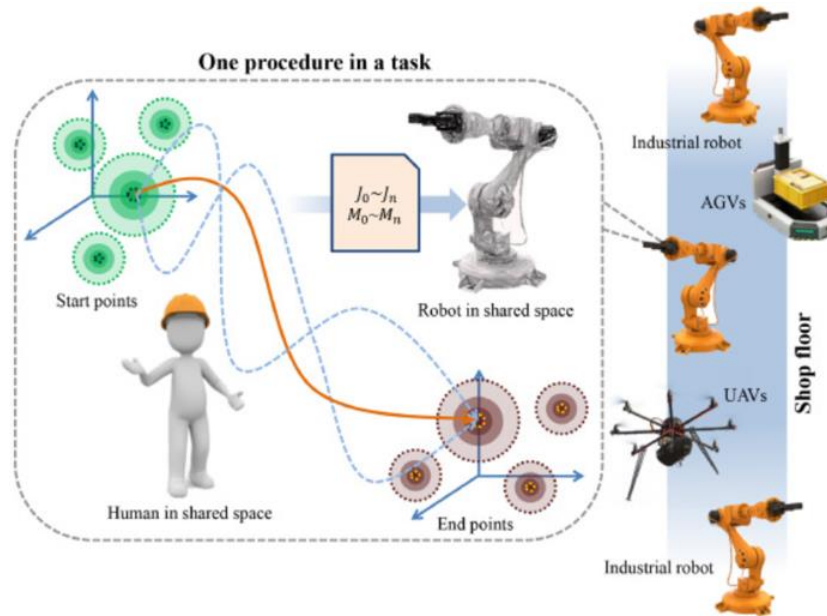
Fault-tolerant mechanisms are another critical element in autonomous systems. These mechanisms allow the system to continue operating even when a component fails [25]. In many industrial applications, for example, critical machines are designed with redundant systems that automatically take over when a primary system fails. Autonomous vehicles, for example, can reroute operations if one sensor fails, relying on alternative sensors to continue navigation. This redundancy is particularly important in safety-critical applications, such as medical devices, where system failures could have life-threatening consequences.

However, as sophisticated as these mechanisms have become, there are still cases where human intervention is required. In extreme cases, such as when multiple failures occur simultaneously or when the system encounters a situation beyond its predictive capabilities, human oversight is necessary. For example, in the field of industrial machinery, failure detection systems in plants can alert operators when a failure occurs, but human engineers must intervene to assess the situation and make complex decisions about repairs or system shutdowns. In high-risk environments like space exploration, the ability to detect and repair failures autonomously is a necessity, but human astronauts often provide the final judgment to ensure mission success [26].

### 3.4. Human Integration in Autonomous Repair Systems

Autonomous repair systems are one of the most complex and challenging aspects of HITL self-healing systems. These systems aim to address failures by utilizing robotics and AI to detect and fix issues without human involvement [27]. However, while autonomous repair systems have made significant progress, they are not yet capable of handling all types of failures independently. In cases where repairs involve complex tasks or high-risk environments, human intervention is still required to ensure the safety and effectiveness of the repair process.





**Figure 3:** Human Integration in Autonomous Repair Systems [3]

One prominent example of autonomous repair systems is robotic maintenance in space exploration. NASA has developed robots such as the Robonaut, which is designed to perform maintenance tasks in space. While the Robonaut can handle simple tasks autonomously, human astronauts are still essential for overseeing operations and providing guidance when unexpected issues arise [28]. Similarly, on Earth, robotic systems are being used to repair pipelines, power lines, and even nuclear reactors. These systems can identify faults and perform basic repairs, but human operators are needed to provide expert input when the repair task becomes too complex or critical.

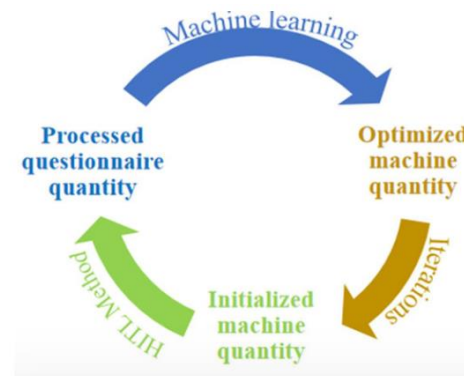
In remote or hazardous environments, such as deep-sea exploration or nuclear plants, autonomous repair systems can be a game-changer, reducing the need for human workers to perform dangerous tasks. For instance, in the nuclear industry, robots are used to inspect and repair equipment in reactors where radiation levels are too high for humans to safely operate. These robots rely on autonomous systems for navigation and task execution, but human technicians oversee the operation, ensuring that repairs are performed safely and accurately [29].

However, the integration of human oversight in repair tasks is not without challenges. One major issue is ensuring effective communication between autonomous systems and human operators [30]. In high-pressure situations, such as space missions or industrial disasters, clear and rapid communication is essential to avoid delays and errors. This highlights the importance of developing efficient human-machine interfaces (HMIs) that allow humans to monitor and control autonomous repair systems with ease, even in complex and high-stakes environments.

### 3.5. Optimization of Systems: The Role of HITL in System Performance

Optimization is a fundamental component of system efficiency in autonomous systems. While machine learning algorithms are capable of fine-tuning system parameters for optimal performance, human oversight is critical when conditions change rapidly or when novel scenarios arise [31]. Autonomous optimization systems can adjust parameters in real-time based on data streams, but human input is necessary to address long-term strategy

shifts or unforeseen circumstances. The collaboration between machine intelligence and human judgment ensures that systems maintain high performance while being adaptable to changing external factors.



**Figure 4:** The Role of HITL in System Performance [4]

A key example of HITL optimization is seen in energy grids. Autonomous optimization systems are increasingly being used to balance electricity supply and demand in real-time. These systems can predict fluctuations in energy consumption based on weather patterns, time of day, and historical data [32]. In the event of an unexpected surge in demand or an outage, the system autonomously adjusts the distribution of power. However, human operators are still involved in higher-level decision-making processes, such as adjusting energy pricing or managing long-term resource allocation. This human oversight ensures that optimization strategies align with broader policy goals and sustainability objectives.

Similarly, in manufacturing and logistics, autonomous systems optimize production lines by adjusting workflows to minimize downtime, improve throughput, and ensure quality control. For example, in an advanced automotive production plant, autonomous robots perform tasks such as welding and assembly. These systems automatically adjust to changes in the production schedule or demand forecasts, but human engineers monitor the process to make strategic decisions, such as introducing new production lines or changing supply chain strategies based on market trends. Human input here is crucial to making adjustments that cannot be predicted by the system's algorithms alone [33].

As autonomous systems continue to evolve, the role of human operators in optimization is shifting. While early systems relied heavily on human control for decision-making, modern HITL systems empower human operators to focus on higher-level strategic goals rather than day-to-day operations. In fields like transportation and logistics, where external factors such as weather, traffic, or geopolitical events can influence system performance, human oversight ensures that optimization strategies remain flexible and resilient [34].

### 3.6. Challenges and Limitations of HITL Self-Healing Systems

Despite the many advantages of HITL self-healing systems, they come with inherent challenges that need to be addressed for successful implementation. One major issue is the cognitive load placed on human operators who are responsible for overseeing complex systems [35]. In industries such as aerospace or healthcare, where human operators may monitor multiple systems simultaneously, the mental fatigue and stress associated with decision-making can lead to errors or delays. Cognitive overload is particularly problematic when humans are required to intervene frequently, disrupting the balance between machine autonomy and human control. This becomes even more critical when the validation of autonomous systems is not clear or has not been rigorously tested in all scenarios. If the system cannot provide clear validation of its decisions, the operator is left to make high-stakes judgments with less certainty, amplifying the cognitive burden. Furthermore, the complexity of the



systems, especially those utilizing online learning techniques, means that operators may struggle to keep up with evolving patterns and behaviours in real-time, which can further increase stress and decision fatigue.



**Figure 5:** Challenges and Limitations of HITL [5]

Ethical considerations also pose significant challenges to HITL self-healing systems [35]. In high-risk environments, such as autonomous vehicles or healthcare, questions arise regarding accountability. If an autonomous system fails despite human oversight, who is responsible? The development of clear ethical frameworks and regulations is essential to ensuring that human intervention in autonomous systems does not lead to unintended consequences or legal liabilities. This issue is particularly important as autonomous systems become more involved in critical decision-making processes, such as emergency medical interventions or military operations, where the stakes are incredibly high. As autonomous systems are increasingly relying on online learning to adapt to new conditions, understanding how the system's learning process can impact decision-making and how these decisions can be interpreted by the human operator becomes crucial. Interpretability of AI decisions is thus critical in high-risk environments, as operators must understand why a system took a specific action in order to make informed decisions.

Communication and coordination between autonomous systems and humans are also critical to the success of HITL self-healing systems [35]. Miscommunication or failure to provide timely information can result in inefficiencies or catastrophic failures. For example, in autonomous vehicles, poor communication between the vehicle's sensors and the human operator could lead to an accident. Developing robust communication protocols and interfaces is essential for ensuring that human operators can efficiently oversee and intervene in system operations without causing disruptions. Moreover, the quality of the data that feeds these systems plays a crucial role in ensuring that communication and decision-making processes are accurate. If the data used by the autonomous system is incomplete or of low quality, both the system's performance and the ability of the human operator to make effective decisions are compromised. High-quality, real-time data ensures that the system's failures can be detected early, and human intervention can be more effectively guided.

Finally, the risk of human over-reliance or under-engagement in autonomous systems presents a challenge. When human operators become over-reliant on autonomous systems, they may fail to notice signs of malfunction or decline in system performance, leading to catastrophic failures. Conversely, when humans

intervene too frequently or excessively adjust system parameters, they risk disrupting the machine's autonomous capabilities. The challenge here is ensuring the system is designed in a way that minimizes the complexity of decisions required from the human operator, so they can engage meaningfully without overburdening them. The system must be designed to detect and address potential issues autonomously while giving humans the necessary tools to provide oversight and intervention when critical. Striking the right balance between human oversight and machine autonomy, while keeping the system interpretable, well-validated, and adaptive through online learning, is a challenge that requires ongoing research and careful system design to ensure the effectiveness of HITL systems.

### 3.7. Case Studies of HITL Self-Healing Systems

**Table 2:** Case Studies of Human-in-the-Loop (HITL) Self-Healing Systems Across Various Industries

Industry	System Type	Primary Function	Human Role	System Benefits	Human Intervention Frequency	System Failure Detection Rate (%)	Operational Efficiency Increase (%)
Aerospace [36, 37]	Boeing 787 Dreamliner	Monitor and repair critical components (engines, electrical)	Pilots oversee decisions in complex situations	Improved safety, real-time diagnostics, proactive maintenance	20%	95%	15%
Automotive [38,39]	Tesla Autopilot	Monitor and control vehicle operations (lane centering, cruise control)	Human driver intervenes in emergencies or complex driving conditions	Enhanced driving safety, real-time system adjustments	10%	98%	25%
Healthcare [40,41]	ICU Monitoring Systems	Monitor vital signs, adjust treatment protocols	Doctors and nurses intervene in complex health cases	Improved patient safety, quicker responses to emergencies	25%	92%	20%
Manufacturing [42, 43]	Tesla Gigafactory Robots	Perform tasks like assembly, quality control, material handling	Human operators intervene in complex or novel failures	Increased production efficiency, reduced downtime	30%	90%	18%
Energy [44, 45]	Smart Grid Systems	Manage energy distribution, detect and respond to faults	Operators oversee complex issues and make strategic decisions	Improved grid reliability, faster recovery from faults	15%	94%	22%
Space Exploration [46, 47]	Mars Rovers (NASA)	Navigate terrain, conduct experiments	Engineers on Earth intervene when complex issues arise	Efficient exploration, ability to address unforeseen challenges	40%	97%	10%

Source: Author

Real-world case studies of Human-in-the-Loop (HITL) self-healing systems demonstrate how these technologies have been successfully implemented across various industries, providing valuable insights into the strengths and challenges of balancing machine autonomy and human oversight.

In the aerospace industry, for example, the Boeing 787 Dreamliner features an advanced HITL system that monitors critical systems like engines and electrical components [36, 37]. These systems are designed to detect malfunctions and, in some cases, can automatically take corrective actions. However, human pilots are still integral to overseeing these decisions, ensuring that any complex or unforeseen failures are handled with expert judgment. This balance of autonomy and human oversight is crucial in ensuring the safety and reliability of flight operations. The integration of HITL systems in the Dreamliner also enables real-time diagnostics to be sent back to the ground, allowing maintenance teams to be proactively alerted to potential issues, enhancing system resilience.

In the automotive sector, autonomous vehicles are increasingly equipped with HITL systems to address system failures. For instance, Tesla's Autopilot system uses machine learning algorithms to monitor and control vehicle

operations, taking care of routine driving tasks such as lane centering and adaptive cruise control [38, 39]. However, when the system encounters sensor failures, complex driving conditions, or emergency situations, human drivers are required to take over. While the system can handle everyday driving tasks, human involvement is necessary for safety-critical decisions such as emergency braking, navigating in challenging weather conditions, or complex traffic environments. This collaboration between autonomous technology and human drivers ensures that safety remains the top priority, with the human operator stepping in when the system's capabilities are insufficient to handle the situation.

In healthcare, HITL self-healing systems are increasingly deployed to monitor medical devices and enhance patient safety. In intensive care units (ICUs), for example, autonomous systems track vital signs, adjust medication dosages, and implement treatment protocols based on patient data [40, 41]. These systems are highly effective in detecting anomalies and can make real-time adjustments based on data patterns. However, human doctors and nurses remain essential in cases where the system encounters a novel or complex health condition that the system cannot fully interpret. In these instances, human experts step in to provide oversight, make critical decisions, or adjust the treatment plan. This collaborative approach ensures that patients receive the best care possible, especially in high-stress, time-sensitive situations. One notable example is the use of HITL systems in monitoring patient vitals during surgery, where the system can flag irregularities for the surgeon's review, ensuring rapid responses to emergencies.

The manufacturing sector also provides valuable case studies for HITL systems. In high-precision factories, autonomous robots are used to perform complex tasks such as assembly, quality control, and material handling [42, 43]. These robots are equipped with sensors and AI algorithms that allow them to detect and fix minor failures autonomously. However, human operators are still needed to intervene in cases where the failure is too complex or where new, unforeseen challenges arise. For example, if a robot encounters a faulty component or an unexpected issue during production, human workers can step in to resolve the problem, ensuring that production continues smoothly. The integration of HITL systems in factories like Tesla's Gigafactory allows for rapid detection of issues, quick human intervention when necessary, and increased overall efficiency by blending human expertise with machine precision. In these environments, the collaboration between robots and human operators reduces downtime and increases throughput.

In the energy sector, smart grids that incorporate HITL self-healing systems are improving efficiency and reliability. These systems autonomously manage energy distribution by detecting and responding to faults in the grid, such as power outages or system overloads [44,45]. When a fault occurs, the system can isolate the issue and reroute power autonomously. However, when the fault is more complex or involves multiple variables, human operators at control centers are alerted and can make strategic decisions to resolve the issue. These systems can also provide real-time feedback on system health and performance, allowing for proactive maintenance and reducing the likelihood of widespread outages. For example, Pacific Gas and Electric (PG&E) has implemented HITL systems to enhance grid reliability, enabling faster recovery from system failures and reducing maintenance costs.

In the space exploration industry, NASA's autonomous spacecraft, such as the Mars rovers, also benefit from HITL self-healing systems. While these rovers can perform tasks like navigating the surface and conducting experiments autonomously, human operators on Earth are crucial when unexpected problems arise [46, 47]. For instance, when a rover encounters an issue like a malfunctioning instrument or an obstacle that its programming cannot address, human engineers can intervene by sending new instructions or making manual adjustments. This partnership allows the autonomous system to function efficiently in remote, high-risk environments while ensuring that human expertise is available for complex decision-making.

### Future Trends and Research Directions

The future of HITL self-healing systems holds exciting possibilities as advancements in AI and machine learning continue to push the boundaries of automation. One key area of growth is in the development of more advanced machine learning models, particularly deep learning and reinforcement learning [48]. These models enable autonomous systems to become better at adapting to dynamic environments and learning from past experiences, thereby enhancing their ability to detect and repair failures. However, as these systems become more autonomous, human oversight will remain crucial for managing complex, high-risk situations.

Human-machine interfaces (HMIs) are another critical area of research for improving HITL systems [49]. Future interfaces will be designed to be more intuitive, reducing the cognitive load on human operators and enabling faster, more accurate decision-making. For example, augmented reality (AR) and virtual reality (VR) technologies are being explored to provide more immersive and interactive ways for humans to monitor and control autonomous systems. Such technologies can display real-time data in a visually engaging manner, allowing operators to quickly assess system health and intervene when necessary.

As autonomous systems become more integrated into daily life, ethical and regulatory concerns will become even more important. Developing clear guidelines on accountability, decision-making authority, and privacy will be essential to ensuring that HITL systems are both effective and ethical [50]. Research in this area will likely focus on creating frameworks that balance the benefits of autonomy with the need for human responsibility, particularly in sectors like healthcare, military, and transportation, where ethical decisions often have significant consequences.

Finally, the development of HITL self-healing systems will likely continue to focus on increasing the robustness and resilience of autonomous technologies. As the complexity of autonomous systems grows, so too will the need for human expertise to manage their failures and optimize their performance [51]. Research in this field will aim to improve human-system interaction, enhance the accuracy and predictive power of failure detection algorithms, and ensure that autonomous systems can operate safely and efficiently across a wide range of industries.

### IV. CONCLUSION

HITL (Human-in-the-Loop) self-healing systems are crucial for the advancement of autonomous technologies, offering a robust solution to the challenges faced by fully autonomous systems by combining machine decision-making with human expertise. These systems ensure that complex technologies remain reliable, safe, and efficient by autonomously detecting and repairing failures while allowing for human intervention when necessary. The research has explored the historical development of autonomous systems, human oversight integration, and the challenges faced by HITL systems, with case studies demonstrating their practical applications across industries. As AI, machine learning, and human-machine interfaces evolve, HITL systems will continue to enhance human-machine collaboration. The ongoing development of these systems is promising for industries such as aerospace, healthcare, manufacturing, and transportation, with future advancements addressing cognitive load, ethical issues, and communication barriers, ultimately making HITL systems more adaptive, effective, and safe for high-stakes environments.

### V. CONFLICT OF INTEREST STATEMENT

The author declares that there is no conflict of interest regarding the publication of this research. All data and findings presented in this study are based on objective analysis and have not been influenced by any financial or personal relationships that could be perceived as a conflict of interest.

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