

It is hard to know what to do at every step of your journey from premed to MD

Let us help you navigate through this journey

Gain the skills and strategies to master the MCAT, CASPer, and Med applications.

# **Longitudinal MCAT**

Dates: Oct 12, 2024 to Apr 12, 2025 Venue: Virtual program, zoom

Time: 10 to 1 pm EST on Saturdays and Sundays

### **Covered:**

- Comprehensive review of content based on the AAMC Official Syllabus
- Focus on high yield resources for practice

## **Special features:**

- 200+ hours of comprehensive virtual lessons
- Provision of 50+ self paced videos to enhance learning

## **Understanding of High Yield Concepts**

- Review of 5000+ practice passages
- Take-up of 4+ MCAT mock tests
- Self-paced organic chemistry crash-course with explanation of high yield concepts and practice
- Recordings will be provided of all live lectures
- Provision of high yield resources such as study notes and cheat sheets

# What makes this program unique

- Weekend classes do not affect the students who are enrolled in undergrad or in the workforce
- Small class sizes, customizable study schedule and personalized learning experience with repetition of difficult concepts
- Experienced instructors who are medical students
- Buddy system: paired up with other students to facilitate studying
- Mentor system: paired with medical student who will meet with you help guide and navigate MCAT studying while troubleshooting any concerns
- During monthly mentorship meetings, we will ask for feedback and arrange any number of lectures for difficult concepts on demand—you say it, and we do it
- Daily support service to ensure timely communication and trouble-shooting of any tech or other concerns
- Detailed performance analytics to analyze performance

Taught by: exceptional medical students who have achieved 130+ scores and who have taught for our company for more than 2+ years.

#### **Bio/Biochem Content**

Amino Acids & Proteins, Enzymatic Function Nucleotides, Carbohydrates, Lipids, Metabolic Reactions Circulation & Respiration, Reproduction & Cell Growth Skin & Immune System, DNA & Gene Expression Genetic & Evolution, Prokaryotes & Viruses Musculoskeletal System, Hormones & Endocrinology Digestion & Excretion And more...

#### Psych/Soc Content

Sensation & Perception
Consciousness
Learning
Memory & Cognition
Emotion & Motivation
Attitudes & Personality
Identity
And more...

## Chem/Phys/Orgo Content

Atoms & Molecules, Bonding & Reactions Thermochemistry, Kinetics & Gas Laws Solutions & Electrochemistry Mechanics & Energy Electrostatics, Circuits & Thermodynamics Fluids & Gases, Light & Sound Organic Chem And more...



# **CARS Program**

**Dates:** Jan 12, 2024 to Apr 12, 2025 **Venue:** Virtual program, zoom

Time: 6 to 9 pm EST on Sundays

## **Objectives:**

- Gain confidence in actively reading and understanding passages
- Understand the main idea of the passage
- Learn about effective strategies in answering questions
- Discuss the reasoning behind eliminating incorrect choices and choosing the correct answer for each question
- Practice with ten tests to improve accuracy and timing
- Participate in a safe environment conducive to optimal learning

#### **Covered:**

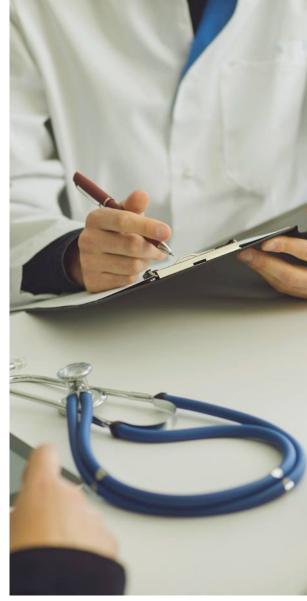
- Comprehensive review of CARS strategies
- Focus on high yield resources for practice
- Take up of 1 test every weekend to ensure optimal practice

## Taught by:

• Expert tutors who have achieved 130+ score in CARS section

## **Special features:**

- Customizable study schedule
- Small class sizes
- Interactive sessions



#### **CARS Strategies: PRACTICE**

- Practice daily.
- Work on accuracy first, and then timing.
- Ideally, you should be writing a CARS test every fourth day for 8 weeks.
- Incorporate CARS as the second thing you do during your day. This corresponds to the real day, during which you'll be writing chem/phys section first and then the CARS section.
- Reviewing is KEY when practicing. Do not review CONTENT; review strategies and reasoning.

#### **Strategies: ACTIVE READING**

- Visualize
- Highlight
- Write down main idea of the passage
- Don't skip lines
- Things to keep in mind: topic of passage, tone, shift in direction, extreme views, different point of views, noun drops, conclusions
- Have fun while reading convince your brain that it's a FUN and exciting passage

#### **STRATEGIES: TIMING**

- Reading the passage: 4 min 30 seconds
- Attempting questions: 45 seconds
- Total time: 9 min 45 seconds for seven question passage
- Click to next passage: 5 seconds
- Break: 10 seconds
- Time checks: after reading the passage, after finishing answering questions

# **CASPer Program**

Two live sessions in August, September or October (you can pick which program based on when you will write your exam)

- Video recordings of both live sessions
- Four PDF tests with suggested answers
- Six pre-recorded videos (see the picture)

Taught by: medical student who has received 4th quartile on CASPer and has taught successful sessions

#### Six Videos

**VIDEO ONE: General Strategies** 

**VIDEO THREE: Policy Scenarios** 

**VIDEO FIVE: Oral Responses** 

**VIDEO TWO: Ethical Scenarios** 

**VIDEO FOUR: Personal Questions** 

**VIDEO SIX: Final Words** 

## **Written Component Tips**



Practice Timed Responses. Familiarize yourself with the 5-minute time limit by practicing writing responses to sample scenarios.



Consider Different Perspectives: Show your ability to consider multiple viewpoints and potential consequences



Stay Ethical and Professional: Ensure your responses reflect high ethical standards and professionalism.



Structure Your Answers: Use a clear structure in your responses with an introduction, main points, and conclusion.



Be Concise and Focused: Stick to the main points and avoid unnecessary details to ensure clarity and to save time.



Stay Focused on the Question: Ensure your response addresses the question or scenario presented.

## **Oral Component Tips**



Think Before You Speak-Organize your thoughts before speaking to provide a coherent response.



Stay Calm and Composed: Maintain a calm and composed demeanor even in challenging scenarios.



Use Examples from Experience: Relate your responses to relevant personal or professional experiences.



Practice Speaking Clearly and Confidently. Work on speaking clearly and confidently in front of a camera.



Be Empathetic: Show empathy by acknowledging the feelings and perspectives of others.



Stay Focused on the Question: Ensure your response addresses the question or scenario presented.

# **Med Apps Program**

You can pick any 3 of below to be include in the package (you can customize to add more as well for extra charge):

### **ONTARIO:**

OMSAS ABS (150 characteristics each entry)
UofT essays (2 essays of 250 words and 1 essay of 500 words)
Western essays (4 essays of 2400 characters each)

### **WESTERN CANADA:**

UAlberta Personal Highlights (up to 5000 characters total)

UAlberta Personal Activities (up to 3900 characters total)

UBC Activities (350 characters each)

UCalgary Top 10 activities (10 activities of 1000 characters each + 250 characters for the description of each activity)

### **EASTERN CANADA:**

Dalhousie Essays (5 essays of 1700 characters each)
USask (personal statement)

# **FEATURES:**

- 3 edits by medical students
- Meetings after edits
- Mentorship-based approach
- One-on-one edit experience



# **Success Rate and Testimonials**

**96% of students (24/25)** with our package have received medical school interviews last year.

"The step-by-step approach for MCAT and detailed feedback on my CASPer responses made all the difference. This program truly understands what medical schools are looking for."

— Joshua

"Thanks to the expert advice, I felt fully prepared and performed beyond my expectations on the MCAT (received a 520 score) and CASPer (received 4th quartile). I highly recommend Med Games to any premed student."

— Sathya

### **Book Your Free Consultation**

#### **Brief 15 minute consultation**

Email us at med.games.org@gmail.com to book a consultation with us.

We will assess your suitability given your GPA and extra-curriculars, and answer any of your questions.

If selected for our Ultimate Package, the cost of package is \$3,999 CAD.

