

```
(venv) (base) vijaykhot@MacBook-Air-2 workout-tracking % python main.py
```

Tell me which exercises you did: I walked 5k

Nutritionix API call:

```
{'exercises': [{ 'tag_id': 100, 'user_input': 'walked', 'duration_min': 62.14, 'met': 3.5, 'nf_calories': 318.9
9, 'photo': {'highres': 'https://d2xdmhkmbkbyw75.cloudfront.net/exercise/100\_highres.jpg', 'thumb': 'https://d2xdmhkmbkbyw75.cloudfront.net/exercise/100\_thumb.jpg', 'is_user_uploaded': False}, 'compendium_code': 17190, 'name
': 'walking', 'description': None, 'benefits': None}]}
```

```
{
  "workout": {
    "date": "03/02/2024",
    "time": "10:12:02",
    "exercise": "Walking",
    "duration": 62.14,
    "calories": 318.99,
    "id": 12
  }
}
```

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```