



Copy of My Workouts

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Share

E11

268.06

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Date	Time	Exercise	Duration	Calories								
2	21/07/2020	15:00:00	Running	22	130								
3	03/02/2024	08:50:17	Running	31.08	446.72								
4	03/02/2024	08:52:28	Swimming	30	264								
5	03/02/2024	08:55:52	Calisthenics	60	334.4								
6	03/02/2024	09:51:35	Running	31.08	446.72								
7	03/02/2024	09:52:36	Rock Climbing	30	330								
8	03/02/2024	09:55:05	Running	31.08	446.72								
9	03/02/2024	09:57:28	Swimming	30	264								
10	03/02/2024	10:00:28	Swimming	27.34	240.59								
11	03/02/2024	10:02:07	Running	18.65	268.06								
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workouts