****

**Franziska Birke**

**Qualified Personal & Professional Co-active Coach**

***Coaching and Inspiration for Women***

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**Feedback form**

Dear amazing client,

Our last session is an opportunity for us to “lock it all in” – to look back on our journey and to line up what is next for you. As a coach, I continue to learn with and from my clients and strive to develop my coaching practice. Therefore, it goes without saying that I appreciate your authentic and honest feedback. A big thank you for taking the time to fill in this form.

**Questions:**

1. **When you look back on the time we were working together, what stands out most for you?**

1. **How has your life changed as a direct result of coaching?**

1. **Have you achieved the outcome you wanted? If not, what was in the way?**

1. **Which coaching tools did you find most helpful? Please score (1= least useful – 10 most useful)**

|  |  |
| --- | --- |
| **Coaching tools** | **Score** |
| Values exercises |  |
| Goal setting |  |
| Visualisation exercises |  |
| Exploring emotional issues |  |
| Saboteur work |  |
| Perspectives |  |
| Inquiries |  |
| Homework |  |
| Challenges |  |
| Brainstorming |  |
| Other (please describe) |  |
|  |  |

1. **What did you think of the administrational side of the coaching and the forms provided?**

1. **What personal feedback would you give me as your coach?**

1. **Would you hire me or another coach again? If so, is there anything you would design differently at the beginning** **of the coaching relationship?**

1. **If you could summarise your coaching experience in a few sentences, how would you describe it?**

1. **Other comments?**

1. **Who of the people you know do you think could benefit from coaching? May I ask you for a referral/ introduction?**

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May I use your comments as testimonials and for marketing purposes? (Everything published will be sent to you in advance to countercheck)

Yes  Yes, with initials only  No

If yes, how would you want me to quote your personal details (name, title, company, place of living)?

Would you be willing to give a personal reference to potential clients if asked for? (I will always consult you in advance)

Yes, via telephone

Yes, via email only

No, prefer not to