

| Width / Thickness | 0.1 mm | 0.15 mm | 0.3 mm | 0.4 mm |
|-------------------|--------|-----------|-----------|----------|
| 1 cm | 0 | 0.14738 J | 0.92472 J | 1.556 J |
| 2 cm | 0 | 0.29476 J | 1.8494 J | 3.112 J |
| 3 cm | 0 | 0.44214 J | 2.7742 J | 4.6681 J |
| 4 cm | 0 | 0.58951 J | 3.6989 J | 6.2241 J |
| 5 cm | 0 | 0.73689 J | 4.6236 J | 7.7801 J |