

# Mrs.M. Malathi

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2nd Main Road, Part A  
Bala Kumaran Nagar  
Kolathur, Chennai 99  
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## OBJECTIVE:

To establish in profession as a psychologist and be able to contribute to the fullest for the society in addressing psychological needs of the people through my knowledge gained from learning, experience and training

## PROFESSIONAL EXPERIENCE:

- 2015- current Member of the **District Inspection team**, for all the **child care institution** constituted by the Collector, under the rules of JJ Act 2015.
- 2013-20 Full-time Psychologist at **Balavihar**
- 2012-13 Consultant psychologist for **Sugam Psychological Centre**
- 2011-12 Consultant Psychologist, **Resource Centre, (CHES) Government Children Home for boys**
- 2011-12 Part-time Psychologist, **Mary Clubwala Jadhav Career Guidance Cell**, Madras School of Social Work
- 2010-12 Consultant Psychologist in **THARU Centre** for the mentally challenged and people with mental illness.
- 2003-10 Full time Psychologist with **Juvenile Guidance Bureau (grant in aid under the Department of Social Defense)**
- 2002-03 Psychologist with **Bala Vihar**, Special School for the Mentally Retarded
- 2001-03 Consultant Psychologist for '**Relief Foundation**'

## SKILL HIGHLIGHTS

### 1. Psychological assessment

Children, students and adults in

- Cognitive functions
- Aptitude
- Personality

### 2. Training provided in:-

- Study Skills
- Life skills (communication, personality development, self-confidence and self-esteem building, anger management, problem solving decision making etc)
- Stress Management
- Parental workshops in child rearing techniques and developmental issues

### 3. Counselling offered for

- Adolescent/Student concerns
- Family counseling of people with intellectual disability
- Pre-marital and marital problems
- Parental Counselling
- General issues
- Employee counselling

## **Training programs actively organized:**

1. St Paul Higher Sec School, Chennai
2. Bains Higher Sec School, Chennai
3. Balar Kalvi Nilayam, Chennai
4. Govt Girls School, Kellys Chennai DSD
5. Govt Boys School, Royapuram, DSD
6. Government Observation Home Kellys DSD
7. Community College, Mylapore, Chennai
8. Youths from the village in Kaverapettai
9. With 'Bodhi' in Government School in Singaperumalkoil

## **Counseling offered**

- Children and parents of children in conflict with law at Government Observation Home Kellys, Chennai
- Children and parents of children in need of care and protection at Government Girls and Boys School Kellys and Royapuram

- Parents of mentally challenged people and persons with mental illness in Bala Vihar and Tharu
- Parents and students referred through other NGOs and schools and pvt such as  
Seva Samajam Girls School, Cheshire Home, Foundling Home and units of Guild of Service  
Saraswathi Kendra, St George's School, Vellammal Matriculation School, Maharishi Vidya Mandir, Chinmaya Vidyalaya Jai Gopal Garodia School etc

**Individual projects of psychological evaluation:**

- at Bala Vihar
- at Maruthi Seva Periyar Nagar, Chennai
- at Shriram Matriculation School, Pallavaram, Chennai
- at St Mary's School, Thiruniravur
- Little Flocks Orphanage, Singaperumalkoil
- New Leed Trust, Chennai
- Individuals – need based

**EDUCATION QUALIFICATION:**

Qualification	YEAR OF PASSING
<b>B.Sc. Maths</b> at Anna Adarsh	1988
<b>M.A. Applied Psychology and psychological services with specialization in Guidance and Counselling</b> at University of Madras	1992

**Technical Qualification:**

- Typing - English Higher 1985
- PG diploma in Computer Science at NIIT 1992
- B. Ed Special Education (Intellectual disability) at TNOU, 2016

PERSONAL INFORMATION:

Name	:	Mrs. M Malathi
Husband Name	:	T Mani vannan
Father's Name	:	A Gajendra Varadan
Mother's Name	:	G Kasthuri
Date of Birth	:	31 <sup>st</sup> December 1967
Nationality	:	Indian
Languages Known	:	English, Tamil, and Hindi (speaking)
Marital Status	:	Married
Children	:	One daughter, working as Speech language Pathologist
Hobbies	:	Reading Books, Listening to Music.
Place	:	Chennai
Date:		

(Mrs.M Malathi)

Signature