

Ph. 01781-238149

LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206

DISTT. SHIMLA H.P.

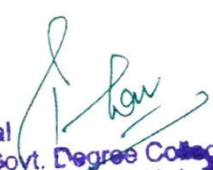
A NAAC ACCREDITED 'B+' COLLEGE



Activities Conducted by Various Units/Departments

During the Session

2016-17


Principal
L.B.S. Govt. Degree College
Saraswati Nagar, Distt. Shimla
DDO Code No. 214

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INDEX

S.No.	Name of The Activity	Conducted By	Date
1.	Introductory Program	Women Cell	30.07.2016
2.	Tree Plantation	NCC	09.08.2016
3.	Lecture on Sexual Harassment	Women Cell	11.08.2016
4.	Plantation Campaign	Eco Club	12.08.2016
5.	Swachhta Abhiyan	Rovers & Rangers	12.08.2016
6.	Tree Plantation	Rovers & Rangers	12.08.2016
7.	Independence Day Celebration	Rovers & Rangers	15.08.2016
8.	Rovers and Rangers Park Construction	Rovers & Rangers	15.09.2016
9.	Traffic Control	NCC	November, 2016
10.	Run for Fun Rally	NCC	November, 2016
11.	Lecture on Threat of Internet and Safety Measures	Women Cell	21.12.2016
12.	Republic Day Celebration	Rovers & Rangers	19th to 27th January 2017
13.	Lecture cum Workshop on Basics of Computer Skills	Women Cell	02.03.17
14.	National Science Day	Eco Club	03 & 04 March 2017
15.	International Women's Day	Women Cell	08.03.2017)
16.	Cleanliness Campaign	Rovers & Rangers	11.03.17
17.	Guest Lecture on Self Defense (29.03.2017)	Women Cell	29.03.2017
18.	NSS Reports	NSS	Session 2016-17


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INTRODUCTORY PROGRAM (30.07.2016)

'Women Grievance/ Sexual Harassment & Redressal Cell' of the college organized an **introductory program** with the girls on 30th July 2016 in the college hall at 1:00 pm with the aim of making new students aware of the goals, achievements and importance of Women Cell. Around 85 girls were present during this program. The Chairperson Dr Nirmala Chauhan headed the session along with the Convener, Dr Pooja Dulta and other members of the cell. Dr Nirmala Chauhan exhorted the students to take an active part in the activities of the women cell and informed them how the cell handles and spreads awareness regarding issues related to women's welfare. A new 'Student Executive Body' was also constituted for the session 2016-17 where girls from 1st, 2nd Year and 2nd Sem were chosen to run the activities of the cell smoothly.

Student Name	Executive Body	Signature
1) Nikshita	Eng. 5 th Sem.	
2) Lalita	Hindi 5 th Sem.	
3) Kavita	Pol. Sc. 5 th Sem.	
4) Rachna	Economics "	
5) Anshika	Philosophy "	
6) Ankita	Geography "	
7) Ashwini	B.Sc.	
8) Rangita	B.Sc.	
9) Shivani	English 3 rd Sem.	
10) Meenu	Hindi 3 rd Sem.	
11) Poojanka	B.Sc. 3 rd Sem.	
12) Roshni	B.Sc. 3 rd Sem.	
13) Poojanka	Commerce 3 rd Sem.	
14) Pooja	English 1 st Sem.	
15) Jona	Hindi 1 st Sem.	
16) Jona	Pol. Sc. "	
17) Samana	History "	
18) Homana	Philosophy "	
19) Preeti	B.Sc. "	
20) Anshika	B.Sc. "	
21) Ritika	Commerce "	
22) Meha	B.C.A.	
23) Sweety	B.C.A.	
24) Poojanka	B.C.A.	



TREE PLANTATION (09.08.2016)

TREE PLANTATION activity conducted at HATKOTI KENCHI Area on 09/08/2016 by the NCC unit of LBS GOVT.PG COLLEGE SARASWATI NAGAR in the presence of Honorable Health Minister, Sh. Kaul Singh Thakur, Honorable MLA, Rohit Kumar .45 Cadets has been participated along with the one staff member of the college.



GUEST LECTURE ON SEXUAL HARASSMENT (11.08.2016)

A guest lecture was organized on “Sexual Harassment” on 11th August, 2016. Dr. Divya Rawat from Primary Health Center Saraswatinagar was the key speaker for the session. The purpose of such kind of lecture was to aware our girls about various kinds of harassments which may occur in the college/homes/or any other places. Dr Divya Rawat discussed about various classes of harasses, legal aid in case of harassment and various amendments that have been made in the law from time to time. She also talked about the cyber stalking, laws to prevent it and punishment for the same. It was an interactive session where students actively asked questions and cleared their doubts. About 72 girls were present during the lecture. Chairperson Dr Nirmala Chauhan presided over the event and all the members of the women cell were also present.

PLANTATION CAMPAIGN (12.08. 2016)

On August 12, 2016, Eco Club of Lal Bahadur Shastri Govt Degree College Saraswati Nagar celebrated the International Youth Day by organizing a tree plantation and Bhang Ukhado/Cleanliness campaign. Programme started with plantation of tree by senior Professor P.P

Chauhan, Prof. Poonam Mehta and Eco Club In charge Dr Sunita Saklani around area of girl's hostel. On this occasion 50 Cedrus Deodar tree was planted. After that Eco Club members uprooted the Bhang and clean the college campus. Students were also made aware about Environment and drug abuse. At last refreshment was distributed among staff and Eco Club members.

SWACHHTA ABHIYAN (12TH AUGUST, 2016)

Swachhta Abhiyan was organized by the Rovers and Rangers unit of the college on 12th August, 2016 in collaboration with NCC, NSS and Eco Club of the college. It was organized in college campus. College Campus and hostel campus were cleaned by the volunteers. Bushes and unwanted plants were uprooted and disposed off. The volunteers of Rovers and Rangers unit enthusiastically participated in the event. Adult Leaders of the unit were present during the cleanliness task.



TREE PLANTATION (12TH AUGUST, 2016)

Tree plantation camp was organized by the R&R unit in collaboration with NCC, NSS wings of the college on 12th August, 2016. All the volunteers of the unit participated in the camp enthusiastically. Thirty plants were planted by the unit in college campus.



INDEPENDENCE DAY CELEBRATION (15TH AUGUST 2016)

Independence Day was celebrated at Tehsil level at Jubbal, Distt Shimla on 15th August 2016. Volunteers of Rovers and Rangers unit of the college took part in the event. Six (06) Rovers and six (06) Rangers of the unit participated in the Marchpast, Tug of war and cultural activities organized by the SDM office, Jubbal.



ROVERS AND RANGERS PARK CONSTRUCTION (15 SEP 2016)

On 15 Sept., 2016 the construction work of Rovers and Rangers Park was started. All the volunteers of Rovers and Rangers worked enthusiastically. On 22nd Sept., 2016 the construction work was completed. The Park was beautifully made with three park benches, four flower pots and a plantation of a tree at the centre of the park.



TRAFFIC CONTROL (NOVEMBER, 2016)

In the month of November, 2016 the Cadets of NCC unit Saraswati Nagar helped the Police department in traffic control at Sawra Kainchi .During the execution of Anti-Drugs play at Sawra Kainchi, there was a big problem of traffic jam at the market which was causing a problem for the police department as well as for common people. 25 Cadets helped the police department in the traffic control with the guidance of one teacher. It was a great effort of the Cadets in social welfare.



RUN FOR FUN RALLY (NOVEMBER, 2016)

“RUN FOR FUN” rally was organised to celebrate the NCC Day on last Sunday of November, 2016 from Hatkoti to Patsari .About 24 NCC cadets of LBS GOVT. PG COLLEGE SARASWATI NAGAR in this run for fun rally. During this week every students participated in essay writing and declamation contests. A cycle rally was also organised at our college in the leadership of MAJOR BALWANT SINGH CHAUHAN. He said it would go long way in shaping the youth power in national building.



LECTURE ON THREAT OF INTERNET AND SAFETY MEASURES (21.12.2016)

A lecture on threat and use and misuses of Internet and Safety Measures was conducted in the college by women cell in the college hall. In this program 51 girls and 29 boys were present. The aim of the lecture was to aware the students about the pros and cons of internet. Students must know it's all the aspects. Internet has a lot to give us but it can be harmful as well if we have do not use it properly. The lecture was delivered by the Chairperson, Dr Nirmala Chauhan and it was followed by question and answer session where student's queries were answered and their doubts were dispelled.



REPUBLIC DAY CELEBRATION (19TH TO 27TH JANUARY 2017)

Five (05) rangers and two (02) Rovers from the unit participated in the Republic Day celebration Camp held at Govt. College Sanjauli, Shimla from 19th to 27th January 2017.



LECTURE CUM WORKSHOP ON BASICS OF COMPUTER SKILLS **(02.03.17)**

'Women Grievance/ Sexual Harassment & Redressal Cell' organized a lecture cum workshop on basics of computer skills in the college for the students. Mrs Meenu Verma from Alma Computer Centre, Saraswati Nagar was invited to instruct the students about basic computer skills and basic computer diploma courses offered by the computer center. Around 15 girls and 20 boys were benefitted from this workshop. Since computer skills are very important for everyone, so keeping this in mind members of women cell tried to give opportunity to the students who are unable to access this, to learn such skills at their institution. The Chairperson, Dr Nirmala Chauhan, Dr Pooja Dulta (convener) and other members of women cell were also present to witness this event.



NATIONAL SCIENCE DAY (03 & 04 MARCH 2017)

On 3rd and 4th March 2017, National Science Day was celebrated by Eco- Club unit of L.B.S. Govt Degree College Saraswatinagar. It was extended for 3rd and 4th March because of the NSS Camp. The first day was started with the welcome speech by Dr. Lok Raj Sharma. After that lightening ceremony was held by Chief Guest Principal Prof. Balwant Chauhan. On 3rd March 2017 Competition like Power point presentations, Declamation, Quiz, Poster making, rangoli competition were held successively at seminar room at 11:00 am onward. These all activities were judged by Dr. Sunita Saklani, Prof Goverdhan Chauhan and Prof. Jyotsna Sharma. On 2nd day the winner students were awarded with the prizes for their achievements in different competition. Refreshment was also distributed among the students on both the days. Cultural activities also performed by the students. There after Principal gave the motivated speech for the students. The programmed ended with vote of thanks by Prof. P. P. Chauhan and National Anthem by the students.



INTERNATIONAL WOMEN'S DAY (08.03.2017)

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college celebrated **‘International Women’s Day’** on 08.03.2017 from 11.00 am in the college. The 2017 theme for International Women's Day, 8 March, focuses on **“Women in the Changing World of Work: Planet 50-50 by 2030”**. Various activities such as declamation on women centric issues, cultural program by the students, quiz and a panel discussion were organized to mark the occasion. 55 girls and 20 boys were present during this event.



CLEANLINESS CAMPAIGN (11TH MARCH 2017)

On 11th March 2017, all the members of Eco-Club participated in cleanliness campaign organized by Eco-Club unit of Lal Bahadur Shastri Govt degree college Saraswati Nagar. In total 55 students were participated. All the members gathered in college campus at 11:00 am. It was started with picking up the wrappers, papers, waste materials from around girl's hostel, staff residences and from commerce block. All the wastes dumped at one place and burnt there. The biodegradable waste matter put in the garden of college campus for decomposition. After that students were made aware about environmental related issues and how to make the environment clean and green. At last refreshment was distributed among the students involved in campaign.



GUEST LECTURE ON SELF DEFENSE (29.03.2017)

A guest lecture was organized by women cell on ' Self Defense ' for the girls on 29th March, 2017 in the college Hall. SHO Jubbal and his team members, Sub-inspector Sunder Singh and Lady constable Sushma from Police Station, Saraswatinagar discussed various strategies of self defense and interacted with the students. 75 girls were present during this event.

NSS REPORTS (SESSION 2016-17)

PROFORMA (C)

CONSOLIDATED REPORT OF THE NSS REGULAR ACTIVITIES & SPECIAL CAMPING FOR THE YEAR 2016-17

- I Name of the College: LBS Govt Degree College Saranwali Nagar
 II NSS Volunteers allocated: Unit I & Unit II
 III Actual Enrolment: Male 46 Female 151 Total 197

Bifurcation of reserved categories

SC		ST		OBC	
Male	Female	Male	Female	Male	Female
11	217	48	104	35	—

NSS SPECIAL CAMPS

Camps held at: LBS Govt College Saranwali Nagar Dates 16 Feb to 22 Feb 2016
 Participation: Male 23 Female 61 Total 84

SC		ST		OBC	
Male	Female	Male	Female	Male	Female
8	21	—	—	—	—

XIV. Brief Report of the special camp be attached: —

XV. Name of the adopted villages/Slums: Hatkoti village

XVI. No. of Blood Donation Camps Held: —

No. of Units blood donated: —

XVII. Total saplings planted 750

XVIII. Total No. of Health awareness rallies/lectures/debates/other programmes

held 4 at LBS Govt Degree College Saranwali Nagar

XIX. No. of Beneficiaries: 400

XX. Pulse Polio Programme Organized —

XXI. No. of Beneficiaries —

XXII. HIV AIDS Programme Organized Rally organised from college to Saranwali Nagar
 XXIII. Brief report of regular activities undertaken during the year (attached a separate sheet)

IVX Another extraordinary achievements/success stories for publication in National Level souvenirs/magazines (attached separate sheet).

XV Any other activities programme organized by the college during the year.

(1)

National Service Scheme
(NSS)

LBS Degree College Saraswati Nagar
Session 2016-17

NSS Programme Officer of Unit
- I : Asst Prof. Anil Chauran

N.S.S Programme officer of Unit-II
Dr. Sunita Saklani

Total No. of Enrollment for the
session 2016-17 = 197

Female = 151

Male = 46

General Category = 139.

SC(M) = 11

SC(F) = 47

Total S/C Category = 58.

N.S.S. Regular Activities →

NSS regular activities were started with the orientation of the volunteers in the month of July after Enrollment of the volunteers.

→ During the session cleanliness drive were carried out in the college and surroundings.

- NSS Day was celebrated on 24th September.
- Saplings of tree were planted in the college and nearby forest with the local Forest department.
- Volunteers organised rally on Sarastha and environmental awareness campaign.
- Volunteers Activity participated and help the college authorities in organising of Inter-College Boxing championship held on 4th Oct 2016 to 8th October 2016 in the college campus.

NSS Special Camp :- NSS special camp was organised in the college campus under the Theme "Go Green Help Clean" w.e.f. 16 Feb. to 22 Feb 2016.

Total No of volunteers participated in the camp = 84.

Male = 23

Female = 61

Non Volunteers = 10.

Project Undertaken :- Volunteers undertake the project to beautify campus, cutting of bushes, cleanliness drive, tree plantation in the college campus and nearby

area during their seven days camp in the college.

During the seven days special day camp following objectives were carried out.

- (1) Educational Programme in the nearby villages of Hatkoti and Sanara village.
- (2) Environmental Awareness Campaign.
- (3) Interaction of youth with the local people.
- (4) Sensitisation of volunteers on various social and environmental issues.
- (5) Community interaction among youths of various cast and religion.
- (6) Participation of volunteers in the cultural programmes.
- (7) Cooking and distribution of meals. They fixed the menu and purchased everything of their choice.

N.S.S. Volunteers Participated in National / State Camp.

Following students participated in State Mega camp held at Govt Degree College Amri
w.e.f. 28/9/2016 to 2/10/2016

- (1) Rihan class B.Com V Semester
- (2) Dikshit class B.Sc - V Semester

