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LAL BAHADUR SHASTRI GOVERNMENT BEGREE COLLEGE

SARASWATI NAGAR-171206 DISTT. SHIMLA H.P.

A NAAC ACCREDITED 'B', COLLEGE



Activities Conducted by Various Units/Departments

During the Session 2020-21

Principal
L.S. Gove Degree Code
DDO Code Ak, 214

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LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206 DISTT. SHIMLA H.P.

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5.	Traffic Control	NCC	September 2020	
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INTERNATIONAL ENVIRONMENT DAY (5TH JUNE 2020)

On 5th June2020 Environment Day was celebrated through online mode by Rovers & Rangers unit. The volunteers of the unit were asked to make poster to spread awareness about the protection of environment and to plant trees to protect the Environment. Volunteers of the unit planted trees at their own places and shared poster online.



INDEPENDENCE DAY (15TH AUGUST, 2020)

On 15th August, 2020 NSS unit Saraswati Nagar (Sawra) celebrated Independence Day in college campus. This occasion was celebrated in the presence of Police Officials and programme officer Dr. Lokraj Sharma and the flag was hosted by the principal Dr. P.P. Chauhan. This was followed by the National Anthem. In the evening, NSS volunteers lowered the flag.



INTERNATIONAL YOUTH DAY, 2020 (25TH AUGUST 2020)

The intercollege competition at the District level was organized by Department of Health & Family Welfare, HPSACS, Shimla to spread awareness among the youth to celebrate 'International Youth Day, 2020' which is observed on 12th August every year. This HIV/AIDS Prevention and

Awareness Campaign was carried out w.e.f. 18th to 31st August, 2020 to celebrate International Youth Day. The theme of International Youth Day, 2020 was 'Youth engagement for Global Action'. In this competition various colleges took part.

'Red Ribbon Club' of LBS Govt. Degree College Sarawatinagar, Sawra also participated in this intercollege competition at District Level and conducted various online activities like slogan writing, painting, poster making, rangoli, videos of awareness on HIV/AIDS Prevention and Awareness Campaign. Due to the Covid-19 pandemic, the event was organized virtually. Around 50 students participated in this competition. Students sent their activities via 'whats app' and the pictures of the activities were sent to Department of Health & Family Welfare, HPSACS.

The result of this competition was declared on 08th October 2020 by Dr Ashok Chauhan, District AIDS Program Officer, Shimla. Shavik Sharma bagged 3rd position in slogan writing and Aditi (BSc 2nd Year) bagged consolation prize in slogan writing form our college. They both got prize money for their achievement by HPSACS, Shimla.

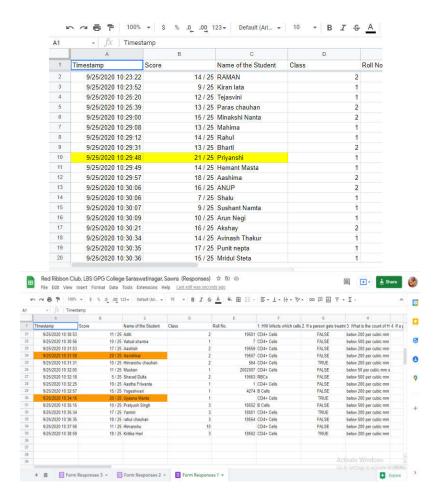




QUIZ COMPETITION AT DISTRICT/STATE/REGIONAL LEVEL ON HIV/AIDS (25.09.2020)

Department of Health & Family Welfare, HPSACS, Shimla has to organize a Quiz Competition at District/State/Regional level in all the Educational Institutions to spread awareness on HIV/AIDS, promotion of Voluntary Blood Donation etc [letter no. HPSACS (IEC)(Coll)06/Vol-III]. For the same Red Ribbon Club of our college conducted an Online Quiz Competition on 25th September 2020 on HIV/AIDS which started at 10:15 am and only total 25 questions were asked via google form for which only 20 minutes were allotted to the students. Only 34 students participated in the competition. In this competition Priyanshi (BSc 1st Year) stood first and Aavishkar (BSc 2nd Yr) and Upasana (Bsc 1st Year) bagged second place. As there was tie for the second place so rapid fire round was conducted virtually with these two students in which Aavishkar won. The names of 1st and 2nd winner of our college were then given to DAPO, Shimla for the District level quiz competition to be held on 28th October 2020.





TRAFFIC CONTROL (SEPTEMBER 2020)

NCC cadets of LBS GOVT PG COLLEGE SARASWATI NAGAR helped the police department of saraswatinagar in controlling the traffic under the leadership of S.U.O Rajatnegi and U.O Awantikarolta at hatkoti kainchi during the apple season from august to September 2020. Due to apple season there was a big problem of traffic jam. It was a big hectic for the police department to this traffic and because of it common people have to suffer from many problems. The NCC Cadets LBS GOVT. PG COLLEGE Saraswatinagar decided to help the police department in controlling the traffic. It was a great initiative of NCC cadets to help the police department.



DISTRICT LEVEL QUIZ COMPETITION ON HIV/AIDS (28.10.2020)

In continuation with the quiz competition which was conducted at college level by Red Ribbon Club of our College on 25.09.2020, the first two winners participated in District Level Quiz Competition on 28.10.2020. In this competition Priyanshi (BSc 1st Year) and Aavishkar (BSc 2nd Yr) were called to the college taking all the precautionary measures for COVID-19, for the online quiz competition conducted by HPSACS, Shimla. Under the supervision of the convener of Red Ribbon Club of our college the quiz was conducted. The quiz started at 11:00 am and time limit was only 30 minutes. Total 50 questions were asked.

FIT INDIA (1ST DECEMBER, 2020)

On 1st December, 2020 initiative started by Indian government "FIT INDIA". The NSS volunteers of Saraswati Nagar (Sawra) actively join the initiative by organizing "Prabhat Pheri". Under this all the volunteers are divided into 6 groups according to their areas and all the volunteers participate in these activities by morning walk sections with their nearest volunteers. This activity is continued for 6 days. All the volunteers wake up at 6:00 AM in the morning and go for the morning walk with their friends and family members. Indian govt. starts this initiative to keep all citizen fit in pandemic situation. NSS volunteers motivated all the people living in there surrounding. This series of activities started continued for next 6 days. Every day different group's volunteers participated in these activities.



PADHO AUR PADHAO ABHIYAN (18TH DEC, 2020)

On 18th Dec, 2020 new campaign way started by NSS volunteers of LBS PG College Saraswati Nagar (Sawra). This was started under the name of "Padho or Padhao". In this campaign volunteers spread their knowledge in their surrounding by teaching the children as the school were close by due to the Covid-19. This helped the children to study that they are lacking due to lock down. All the volunteer participated in this campaign has gained the good experience for life. These campaigns ran for a week.







NSS ONE DAY CAMPS

ONE DAY CAMP OF NSS (10TH FEBRUARY 2021)

On 10TH February 2021 one day camp was organized in L.B.S.G.P.G. College. This camp was organized to provide knowledge about SOP's and other Covid-19 guidelines to all the college students. At 10:00 a.m. all the volunteers gathered in college campus and attendance of all the volunteers were recorded by their respective group leaders. There were total 6 groups and each group has given particular task like distributing masks, measuring the temperature of college students providing information about Covid-19 guidelines. In the end refreshments were given to all the volunteers.



ONE DAY CAMP OF NSS (26TH FEBRUARY 2021)

On, 26th February 2021 a beautification camp was organized by NSS Unit in college. On this day all the volunteers are gather in the college campus and planted flowers and plants along with the principle of the institution Dr. P. P. Chauhan, program officers Miss Sandhira & Mr. Pawan Kumar. This spread the message in the society "save plants save environment". This provides the healthy and fresh environment in college. At 12:30p.m. all the volunteers went for lunch which was prepared by volunteers of main body.



ONE DAY CAMP OF NSS (4TH MARCH, 2021)

On 4th March, 2021 NSS one day camp was organized in L.B.S.G.P.G. College Saraswati nagar (sawra). In morning 9:30 AM all the volunteers are divided into 6 groups the group's name was: Immunity, New Normal, Sanitizer, Masked fighter, Corona Warriors, Quarantine. Group leaders were as Ishan, Neha, Anchal, Yamani, Kartik, and Palvee. After dividing the group main body allots them a duty to work in field. The time limit given to volunteer to done field work was 2 hour's from 10:00AM to 12:00PM. After 12:00PM all the volunteers of each group gather in the hall for a cultural program. The timing for the cultural program was 12:00 pm to 2:00 pm. The chief guest of the cultural program of NSS one day camp is the Principal of College Sh. Prem Prakash Chauhan. The program started with candle lightning ceremony. Program was hosted by president of the NSS Unit Mr. Nikhil Sharma. Then all the teachers and the chief guest of the day were honored with the badge. Then the first event was the kathak dance by Rachna Dulta then this was followed by song sung by Deepa. After that a speech was delivered by the chief guest. This was followed by a pahari dance by cultural group of NSS unit. In the end program officer Prof. Sandhira presented a vote of thanks. After that all the volunteers went for lunch which was prepared by volunteers of main body.







CLEANLINESS DRIVE IN THE CAMPUS (26.02.2021)

Eco Club unit of the college takes this initiative of cleanliness every year to spread awareness among the students and teachers even the surrounding people to think, initiate and implement this. It should be our duty to take one step ahead against the Swachhta Abhiyan and make our region, our state, our country a disease free, pollution free and completely developed country. With this campaign, this year also the members of Eco Club took a pledge to clean our college campus and surrounding areas. We started at 10:30 am with the teachers and students from NSS & NCC. We took brooms and garbage bags in our hands to clean and pick up the plastics found in the campus and surrounding areas. We cleaned every nook and corner of the college including corridors, ground, parking area, canteen area etc. After doing the same for about four hours, we all gathered in the college hall. The refreshment was distributed among the students and the teachers. Eco Club members and some of the students volunteered to give speech on cleanliness campaign and harmful effects of plastics.

Everyone was felt so contented in beautifying their own campus. We all took oath not to use plastics, disposables, and to keep our surroundings clean and also motivate others to do the same. The purpose of this campaign was found fruitful.









NATIONAL SCIENCE DAY (28.02.2021)

India celebrates National Science Day on February 28 every year to commemorate the discovery of the Raman Effect. Sir CV Raman discovered the effect in 1928 and was awarded the Nobel Prize in Physics in 1930. National Science Day is celebrated across schools and other educational institutes to spread the message of the importance of science in daily life. On this day, light is shed on efforts and achievements in the field of science and dialogue is held on implementing new technologies. In 1986, the National Council for Science & Technology Communication (NCSTC) asked the government of India to mark February 28 as National Science Day. National Science Day was first celebrated on February 28, 1987. The NCSTC also founded the National Science Popularization awards to recognize the outstanding efforts in the area of science. For 2021, the theme is 'Future of STI: Impacts on Education, Skills and Work'. The National Science Day 2021 aims to motivate the students to gain hands-on experience in the field of science.

Science society of our college celebrated 'National Science Day' on 01st March 2021 due to Sunday on 28th Feb. The event started with the lamp lightening by the chief guest, Dr P.P. Chauhan, Principal, Govt. P.G. College Saraswatinagar. All the science faculty members and students were invited to witness the program. This time rest of students and staff members were not invited due to Covid-19 pandemic. Keeping in the mind about all the protocols of preventive measures of covid-19, the program started at 11:00 am. Then the students were briefed with the objectives and purposes of the celebrating National Science Day. Session continued with the various science activities by the students of all the three classes. Students presented posters, models based on science, power point presentations, speech etc. Students were very excited and worked very hard throughout the event. They presented themselves very well and confidently. As the presentations of the students were over, prizes were distributed to the winners by the chief guest. The chief guest then delivered a motivational and inspirational speech to our students. He emphasized that hard work is the only key to achieve success in the life. He explained how science and technology is useful in day to day life and how it is making life easier. In his presidential remark he appreciated the efforts of the Eco Club students for making this event a grand success. In the meanwhile, refreshment was also distributed to the students and the teachers. The program ended with contentment with the vote of thanks.



NSS 7 DAY SPECIAL CAMP REPORT (22ND TO 28TH MARCH, 2021)

DAY-1

On 22nd March, 2021 Monday. Inauguration ceremony of NSS 7day special camp was done. Chief Guest of the day was Pr Balwant Chauhan guest of honour was principle of institution Dr. P.P Chauhan and Ex-pradhan Ravi panchait Mr. Subash Panta and resource person of the day was Dr. Nirmal Chauhan they were welcomed by program officers and volunteers of main body with buckeye of flowers and NSS clap. After that candle lightning ceremony was done and program officer presented the token of love. This day was covered by JVN TV. The program was hosted by the president of NSS ms Nikhil Nasta and program officer of unit-2 Pr. Sandhira gave the welcome speech. The program was started with Saraswati Vandhna performed by Rachna and Priyanka. There after Beginners Band give their performance. Then bollywood dance was performed by Tanisha and Rachna. After that principle of institution Dr P.P Chauhan share their knowledgeable words. Then President Nikhil Nasta showed the Documentary on NSS saraswati Nagar and after that Manjul performed Rap and Palvee Sharma sung a song. At the end chief guest Prof. Balwant Chauhan shared his experiences in NSS. At 2:30 PM interactive session with Dr. Nirmal Chauhan

started on the topic "women empowerment". At 3:00 PM all the volunteers along with chief guest and guest of honour were sent for lunch.



DAY-2

On 23rd march, 2021 all volunteers assemble for morning assembly at 9:30 a.m. which was the 2nd day of camp. The report of the previous day was presented by Rishav Mehta of Quarantine group. Then the instructions regarding field activities and discipline were provided by program officer Miss. Sandhira and all the tools were distributed among the 6 groups. Field work was completed at 12:00 Pm and all volunteers gather in hall for interactive session. Resource person of the day was Dr. Pooja Dulta. She was honored by program officer Miss. Sandhira by token of love. The welcome speech was given by Miss. Sandhira. Dr. Pooja Dulta told the volunteers about "Concept of Personality Development." At the end of the interactive session Joint secretary Mr. Aayush Sharma thanks the resource person on the behalf of NSS Unit. At 2:00PM all the volunteers went for the lunch. Lunch duty was done by group Corona Warriors. At 3:00 PM cultural program of Immunity group starts with the performance of Shriya's bollywood dance and host of the day was Group leader Ishan Sharma, after that Haryanvi dance was performed by Deepa and then the presentation was shown by Aarti Rawat on "National Education Policy 2020". Then Miss. Deepa sang a song and the last performance was Pahari group dance by Immunity group.





DAY-3

On 24th March, 2021 at 9:30 AM morning assembly was conducted by Sanitizer Group. The previous day report was presented by Himani Lalta of sanitizer group and thought of the day was "Negative mind will never give you a positive life." Mess was conducted by new Normal Group. At 10:00 AM all the 6 groups were sent for field activities. At 12:00 PM field activities were completed and all the volunteers were gathered for interactive session. Resource person of the day was Dr P.D Jagithta and program officer of unit one Pr. Pawan Kumar honored him by badge and token of love. Then program officer of unit-1 Pr. Pawan Kumar gave the welcome speech and introduce them to all the volunteers. After that resource person of the day Dr. P.D Jagithta told student about "power of youth and Education" and "Importance of NSS in student's life." Later on program officer Miss. Sandhira gave the vote of thanks. Then questioning session starts for volunteers. There after all the volunteers and resource person went for lunch. At 3:00PM cultural program of Quarantine group was started, the program was hosted by Yamini and Himash. 1st performance was bollywood dance performed by members of quarantine group and then poetry on "Shahid Bhagat Singh" was presented by Himani Ghunta. After that Rachna and Priyanka performed Gujarati dance and Priya Soni and Priya Negta performed Punjabi Dance. Then Rachna performed Solo Dance. Later on Presentation on "Tuberculosis (TB)" was presented by Yamini Bhardwaj. Then solo song was sung by Priya Negta. The last performance of the culture program was pahari dance by Quarantine Group. After that all the members of group gave their introduction.







DAY-4

On 25th March, 2021 at 9:30 AM morning assembly was conducted by Masked Fighter Group, report of the day was presented by Preeti Rana and thought was given by Preeti Bholta. Mess was conducted by sanitizer group.

At 10:00 AM all 6 group were sent for field activities. They worked on permanent asset. At 12:30 PM interactive session with resource person of the day Mr. Chander Mohan Rangta pradhan of Mandhol panchayat and retired economic professor. Then program Officer Pr. Pawan Kumar honored the resource person with NSS badge and token of love was presented by Pr. Sandhira. After

that resource person told about the "Economic Slowdown". Then president of unit-1 Nikhil Nasta thanks on the behalf of NSS unit. There after all the volunteers and resource person went for lunch. At 3:00 PM cultural program of corona warrior group was started with the introduction group members. Host of the program was Aaina Zinta. First performance was "Lakshya Geet" by the corona warrior group. Bollywood dance was performed by Ritu Thakur. Then pahari song was sung by Piya negi and Punjabi dance by Simran. Dance performance of Anushka Sharma Represent Nepali culture. Next performance was a solo pahari dance by Priya Negi. After that Jitesh Sharma sang a song then Rajan Steta and Simran performed a kinauri dance and solo song was sang by Palvee Sharma. Later on Ritu Thakur performed yoga. Next performance was one act play by corona warrior group. After that Jitesh Sharma performs standup comedy. Then presentation on "National Service Scheme" was presented by Sejal Nanda. Last performance was a pahari dance by corona warrior group.

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DAY-5

On 26th March, 2021 at 9:30 AM morning assembly was conducted by New Normal group and report of the day was presented by Himash thought was given by Sahil. Mess was conducted by masked fighter. At 10:00 AM all the groups were sent for the field activities. Field activities of the day were painting the dustbins and beautifying the flower beds in college. At 12:00PM all the volunteers were sent for interactive session with Mr. Dimple Panjta. Topic of the interactive session was related to horticulture. In the beginning Prof. Pawan Kumar gave the welcome speech. Then the session started. At 1:00PM all the volunteers went for lunch after the session ended. There after all the volunteers went for cultural program, it was organized by New Normal group. The host of the program was sanchit. First performance was a pahari dance by Deepa it was followed by Punjabi dance performed by Divyani Sharma. Then presentation was given by Preeti Dulta on Peer Pressure last performance was a group pahari dance by New Normal group members.





DAY-6

On 26th March, 2021 at 9:30 AM morning assembly was conducted by Quarantine group and report of the day was presented by Himani Ghunta thought was given by Rishav Mehta. Mess was conducted by Quarantine Group. At 10:00 AM all the groups were sent for the field activities. Field activity of the day was repair the path for hostel of the college. At 12:00PM all the volunteers were

sent for interactive session with Mr. Jang Veer Singh Dulta. Topic of the interactive session was Importance of Forrest. In the beginning Prof. Pawan Kumar gave the welcome speech. Then the session started. At 1:00PM all the volunteers went for lunch after the session ended. There after all the volunteers went for cultural program, it was organized by Sanitizer group. The host of the program was Mohit. First performance was a pahari dance by Mohit Dilta and Himani Lalta it was followed by Gujrati dance performed by Nisha, Sakshi and Kritika. Then presentation was given by Priya Negta on Substance Abuse. Then Manjul Pnatu performed his rap. Last performance was a group pahari dance by Sanitizer group members.



DAY-7

28th March, 2021 was the last day of NSS 7 day camp, at 9:00AM all the volunteers gathered for the morning assemble which was conducted by Immunity Group and mess duty was done by volunteers of main body. At 10:30AM culture program of Masked Fighters Group was started, which was hosted by Shruti Brakta. First performance was group bollywood dance by Priti Rana, Ankita and Rachna. It was followed by poetry by Sarita Bholta. After that Sachin Pekta sung a solo song and Anchal Thakur presented her presentation on Political Issues. At the end Masked Fighters presented their group pahari dance. At 12:00 p.m. all the volunteers were sent for lunch. At 1:00 p.m. all the volunteers gathered in hall for the closing ceremony. Chief Guest for the ceremony was Mr. Jang Veer Singh Dulta, guest of honour was principal of the institution Dr. P.P.Chauhan, former program officer Dr. Lok Raj Sharma and former President of unit 1 Mr. Bhopinder Chajta. The program was hosted by President of unit 2 Kritika Hari. The program started with lamp lightening by the chief guest. After that Program Officer Prof. Sandhira presented a welcoming speech. First of all both the program officers pinned the NSS badges to all the dignitaries and after that a saraswati vandana was performed by volunteer Rachna and Priyanka. It was followed by report reading of 7days by the general secretary Ritik Nargeta. After that a Rajasthani dance was performed by the volunteers of cultural group. Then a documentary of the whole work done by both the units in the session 2020-21 was presented by President of unit 2 Nikhil Nasta. This was followed by a pahari dance by the volunteers of cultural group. After that the prize distribution started and the prizes were distributed as follows:

Best Morning Assembly – New normal group
Best Report - Masked fighters group
Best Discipline – Corona Worriers
Best Cultural – Quarantine group
Best Mess- Sanitizer group
Best field work – Immunity group
Best Group – Immunity group
President of unit 2 – Kritika Hari
President unit 1 - Nikhil Nasta

After the prize distribution, principal of the institution Dr. P.P.Chauhan gave a speech. After that a singing performance was given by beginners' band. This was followed by speech of the chief guest. After that program office Prof. Pawan Kumar presented a vote of thanks to all the dignitaries. The program ended with National Anthem.



AWARENESS CAMPAIGN FIGHTING AGAINST COVID-19 (APRIL, 2021)

Volunteers of the College unit of Rovers and Rangers participated in Digital Campaign against COVID 19which started in the month of April, 2021. The campaign was carried out by the volunteers throughout the year to make people aware of corona virus, social distancing, using sanitizers and wearing masks.



SCOUTS FIGHT AGAINST CORONA 2.0 (25TH MAY, 2021)

Scout Fight Against Corona2.0 started on 25th May, 2021. It was a digital campaign. Volunteers of the Rovers & Rangers unit registered themselves with the digital campaign on 25th May, 2021. The volunteers made the people aware of covid-19 and vaccination through digital platform. They made posters, wrote slogans and attended virtual meetings. Six (06) Volunteers of the unit are registered with online Scouts Fight Against Corona 2.0.



VACCINE DISTRIBUTION DUTY (3RD JUNE 2021)

National cadet corps has been incremental in working shoulder to shoulder with civil defence and police department against corona virus pandemic 24 cadets of LBS GOVT. PG COLLEGE SARAWATI NAGAR participated in distribution for covid vaccines on 3rd of June in the college .They distributed 511 vaccine among the students and local people of Jubbal Tehsil.





MASK MAKING AND DISTRIBUTION

As the Covid-19 pandemic was spreading, the need of mask was also increased. To meet the increasing demands of mask NSS Unit Saraswati Nagar Sawra started the initiative of making masks so it can be distributed. NSS Volunteers did this work for two weeks. The total of 257 masks were made by the volunteers and distributed in their neighborhood. This helped the people at the time of need.

SR.NO.	ACTIVITIES DONE		
1	MASK MADE AT	ND	257 masks
	DISTRIBUTED		
2	AROGYA SETU A	PP	522
	DOWNLOADED		
3	P.M. CARE FUND		109 volunteers 2Program officers



TREE PLANTATION (AUGUST 2021)

TREE PLANTATION activity conducted at college campus of LBS GOVT .PG COLLEGE SARASWATI NAGAR on August 2021 by the NCC unit of LBS GOVT.PG COLLEGE SARASWATI NAGAR in the leadership of ANO Dr. Rohit Mokta .45 Cadets has been participated along with the some staff members of the college.





