

Ph. 01781-238149

**LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE**  
SARASWATI NAGAR-171206  
DISTT. SHIMLA H.P.

A NAAC ACCREDITED 'B+' COLLEGE



**Activities Conducted by Various  
Units/Departments**

**During the Session**

**2016-17**

*[Handwritten signature]*  
Principal  
L.B.S. Govt. Degree College  
Saraswati Nagar Distt. Shimla  
DDG Code No. 214

Ph. 01781-238149

## LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206

DISTT. SHIMLA H.P.

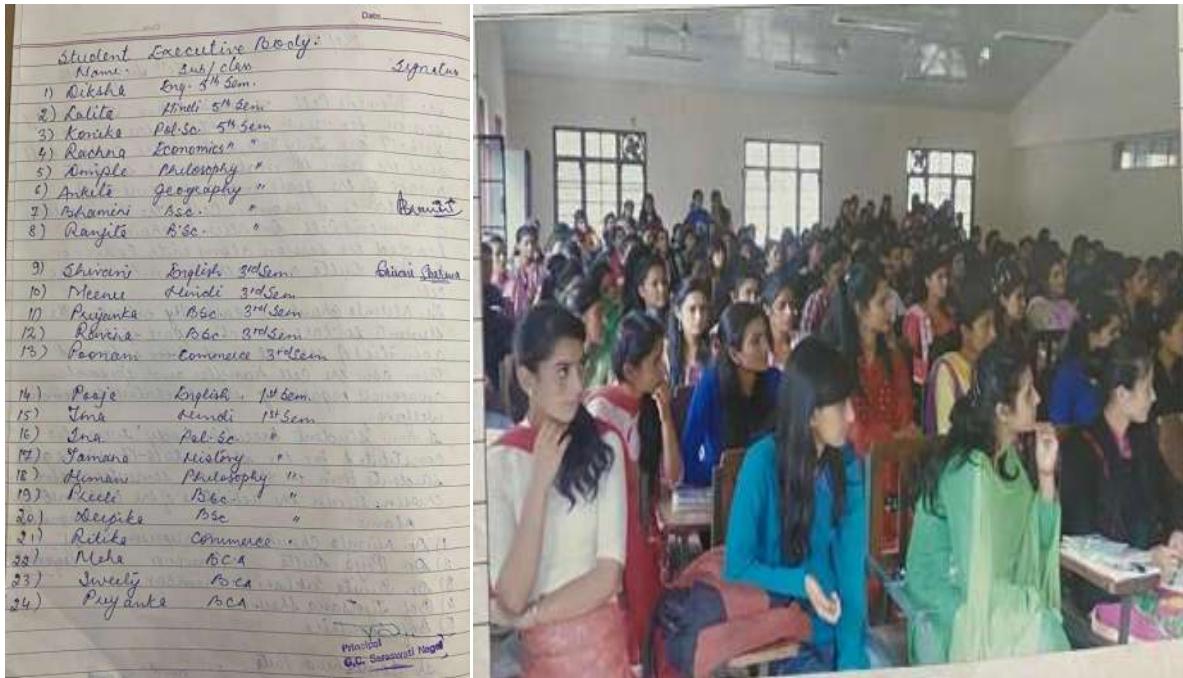
## INDEX

S.No.	Name of The Activity	Conducted By	Date
1.	Introductory Program	Women Cell	30.07.2016
2.	Tree Plantation	NCC	09.08.2016
3.	Lecture on Sexual Harassment	Women Cell	11.08.2016
4.	Plantation Campaign	Eco Club	12.08. 2016
5.	Swachhta Abhiyan	Rovers & Rangers	12.08. 2016
6.	Tree Plantation	Rovers & Rangers	12.08. 2016
7.	Independence Day Celebration	Rovers & Rangers	15.08. 2016
8.	Rovers and Rangers Park Construction	Rovers & Rangers	15.09. 2016
9.	Traffic Control	NCC	November, 2016
10.	Run for Fun Rally	NCC	November, 2016
11.	Lecture on Threat of Internet and Safety Measures	Women Cell	21.12.2016
12.	Republic Day Celebration	Rovers & Rangers	19th to 27th January 2017
13.	Lecture cum Workshop on Basics of Computer Skills	Women Cell	02.03.17
14.	National Science Day	Eco Club	03 & 04 March 2017
15.	International Women's Day	Women Cell	08.03.2017)
16.	Cleanliness Campaign	Rovers & Rangers	11.03.17
17.	Guest Lecture on Self Defense (29.03.2017)	Women Cell	29.03.2017
18.	NSS Reports	NSS	Session 2016-17

*H. R. Varma*  
Principal  
L. B. S. Govt. Degree College  
Saraswati Nagar, Shimla  
Distt. Shimla, H.P.  
DDO Code No. 204

## **INTRODUCTORY PROGRAM (30.07.2016)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college organized an **introductory program** with the girls on 30<sup>th</sup> July 2016 in the college hall at 1:00 pm with the aim of making new students aware of the goals, achievements and importance of Women Cell. Around 85 girls were present during this program. The Chairperson Dr Nirmala Chauhan headed the session along with the Convener, Dr Pooja Dulta and other members of the cell. Dr Nimala Chauhan exhorted the students to take an active part in the activities of the women cell and informed them how the cell handles and spreads awareness regarding issues related to women’s welfare. A new ‘Student Executive Body’ was also constituted for the session 2016-17 where girls from 1<sup>st</sup>, 2<sup>nd</sup> Year and 2nd Sem were chosen to run the activities of the cell smoothly.



## **TREE PLANTATION (09.08.2016)**

TREE PLANTATION activity conducted at HATKOTI KENCHI Area on 09/08/2016 by the NCC unit of LBS GOVT.PG COLLEGE SARASWATI NAGAR in the presence of Honorable Health Minister, Sh. Kaul Singh Thakur, Honorable MLA, Rohit Kumar .45 Cadets has been participated along with the one staff member of the college.



### **GUEST LECTURE ON SEXUAL HARASSMENT (11.08.2016)**

A guest lecture was organized on “Sexual Harassment” on 11<sup>th</sup> August, 2016. Dr. Divya Rawat from Primary Health Center Saraswatinagar was the key speaker for the session. The purpose of such kind of lecture was to aware our girls about various kinds of harassments which may occur in the college/homes/or any other places. Dr Divya Rawat discussed about various classes of harasses, legal aid in case of harassment and various amendments that have been made in the law from time to time. She also talked about the cyber stalking, laws to prevent it and punishment for the same. It was an interactive session where students actively asked questions and cleared their doubts. About 72 girls were present during the lecture. Chairperson Dr Nirmala Chauhan presided over the event and all the members of the women cell were also present.

### **PLANTATION CAMPAIGN (12.08. 2016)**

On August 12, 2016, Eco Club of Lal Bahadur Shastri Govt Degree College Saraswati Nagar celebrated the International Youth Day by organizing a tree plantation and Bhang Ukhado/Cleanliness campaign. Programme started with plantation of tree by senior Professor P.P

Chauhan, Prof. Poonam Mehta and Eco Club In charge Dr Sunita Saklani around area of girl's hostel. On this occasion 50 Cedrus Deodar tree was planted. After that Eco Club members uprooted the Bhang and clean the college campus. Students were also made aware about Environment and drug abuse. At last refreshment was distributed among staff and Eco Club members.

### **SWACHHTA ABHIYAN (12TH AUGUST, 2016)**

Swachhta Abhiyan was organized by the Rovers and Rangers unit of the college on 12th August, 2016 in collaboration with NCC, NSS and Eco Club of the college. It was organized in college campus. College Campus and hostel campus were cleaned by the volunteers. Bushes and unwanted plants were uprooted and disposed off. The volunteers of Rovers and Rangers unit enthusiastically participated in the event. Adult Leaders of the unit were present during the cleanliness task.



### **TREE PLANTATION (12TH AUGUST, 2016)**

Tree plantation camp was organized by the R&R unit in collaboration with NCC, NSS wings of the college on 12th August, 2016. All the volunteers of the unit participated in the camp enthusiastically. Thirty plants were planted by the unit in college campus.



### **INDEPENDENCE DAY CELEBRATION (15TH AUGUST 2016)**

Independence Day was celebrated at Tehsil level at Jubbal, Distt Shimla on 15th August 2016. Volunteers of Rovers and Rangers unit of the college took part in the event. Six (06) Rovers and six (06) Rangers of the unit participated in the Marchpast, Tug of war and cultural activities organized by the SDM office, Jubbal.



## **ROVERS AND RANGERS PARK CONSTRUCTION (15 SEP 2016)**

On 15 Sept., 2016 the construction work of Rovers and Rangers Park was started. All the volunteers of Rovers and Rangers worked enthusiastically. On 22nd Sept., 2016 the construction work was completed. The Park was beautifully made with three park benches, four flower pots and a plantation of a tree at the centre of the park.



## **TRAFFIC CONTROL (NOVEMBER, 2016)**

In the month of November, 2016 the Cadets of NCC unit Saraswati Nagar helped the Police department in traffic control at Sawra Kainchi .During the execution of Anti-Drugs play at Sawra Kainchi, there was a big problem of traffic jam at the market which was causing a problem for the police department as well as for common people. 25 Cadets helped the police department in the traffic control with the guidance of one teacher. It was a great effort of the Cadets in social welfare.



## **RUN FOR FUN RALLY (NOVEMBER, 2016)**

“RUN FOR FUN” rally was organised to celebrate the NCC Day on last Sunday of November, 2016 from Hatkoti to Patsari .About 24 NCC cadets of LBS GOVT. PG COLLEGE SARASWATI NAGAR in this run for fun rally. During this week every students participated in essay writing and declamation contests. A cycle rally was also organised at our college in the leadership of MAJOR BALWANT SINGH CHAUHAN. He said it would go long way in shaping the youth power in national building.



## **LECTURE ON THREAT OF INTERNET AND SAFETY MEASURES (21.12.2016)**

A lecture on threat and use and misuses of Internet and Safety Measures was conducted in the college by women cell in the college hall. In this program 51 girls and 29 boys were present. The aim of the lecture was to aware the students about the pros and cons of internet. Students must know it's all the aspects. Internet has a lot to give us but it can be harmful as well if we have do not use it properly. The lecture was delivered by the Chairperson, Dr Nirmala Chauhan and it was followed by question and answer session where student's queries were answered and their doubts were dispelled.



### **REPUBLIC DAY CELEBRATION (19TH TO 27TH JANUARY 2017)**

Five (05) rangers and two (02) Rovers from the unit participated in the Republic Day celebration Camp held at Govt. College Sanjauli, Shimla from 19th to 27th January 2017.



## **LECTURE CUM WORKSHOP ON BASICS OF COMPUTER SKILLS (02.03.17)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ organized a lecture cum workshop on basics of computer skills in the college for the students. Mrs Meenu Verma from Alma Computer Centre, Saraswati Nagar was invited to instruct the students about basic computer skills and basic computer diploma courses offered by the computer center. Around 15 girls and 20 boys were benefitted from this workshop. Since computer skills are very important for everyone, so keeping this in mind members of women cell tried to give opportunity to the students who are unable to access this, to learn such skills at their institution. The Chairperson, Dr Nirmala Chauhan, Dr Pooja Dulta (convener) and other members of women cell were also present to witness this event.



## **NATIONAL SCIENCE DAY (03 & 04 MARCH 2017)**

On 3<sup>rd</sup> and 4<sup>th</sup> March 2017, National Science Day was celebrated by Eco- Club unit of L.B.S. Govt Degree College Saraswatinagar. It was extended for 3<sup>rd</sup> and 4<sup>th</sup> March because of the NSS Camp. The first day was started with the welcome speech by Dr. Lok Raj Sharma. After that lightening ceremony was held by Chief Guest Principal Prof. Balwant Chauhan. On 3<sup>rd</sup> March 2017 Competition like Power point presentations, Declamation, Quiz, Poster making, rangoli competition were held successively at seminar room at 11:00 am onward. These all activities were judged by Dr. Sunita Saklani, Prof Goverdhan Chauhan and Prof. Jyotsna Sharma. On 2<sup>nd</sup> day the winner students were awarded with the prizes for their achievements in different competition. Refreshment was also distributed among the students on both the days. Cultural activities also performed by the students. There after Principal gave the motivated speech for the students. The programmed ended with vote of thanks by Prof. P. P. Chauhan and National Anthem by the students.



### INTERNATIONAL WOMEN'S DAY (08.03.2017)

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college celebrated ‘**International Women’s Day**’ on 08.03.2017 from 11.00 am in the college. The 2017 theme for International Women’s Day, 8 March, focuses on “**Women in the Changing World of Work: Planet 50-50 by 2030**”. Various activities such as declamation on women centric issues, cultural program by the students, quiz and a panel discussion were organized to mark the occasion. 55 girls and 20 boys were present during this event.



## **CLEANLINESS CAMPAIGN (11<sup>TH</sup> MARCH 2017)**

On 11<sup>th</sup> March 2017, all the members of Eco-Club participated in cleanliness campaign organized by Eco-Club unit of Lal Bahadur Shastri Govt degree college Saraswati Nagar. In total 55 students were participated. All the members gathered in college campus at 11:00 am. It was started with picking up the wrappers, papers, waste materials from around girl's hostel, staff residences and from commerce block. All the wastes dumped at one place and burnt there. The biodegradable waste matter put in the garden of college campus for decomposition. After that students were made aware about environmental related issues and how to make the environment clean and green. At last refreshment was distributed among the students involved in campaign.



## **GUEST LECTURE ON SELF DEFENSE (29.03.2017)**

A guest lecture was organized by women cell on ' Self Defense ' for the girls on 29th March, 2017 in the college Hall. SHO Jubbal and his team members, Sub-inspector Sunder Singh and Lady constable Sushma from Police Station, Saraswatinagar discussed various strategies of self defense and interacted with the students. 75 girls were present during this event.

## NSS REPORTS (SESSION 2016-17)

### PROFORMA (C)

#### CONSOLIDATED REPORT OF THE NSS REGULAR ACTIVITIES & SPECIAL CAMPING FOR THE YEAR 2016-17

- I Name of the College: LBS Govt Degree College Saswad Nagar  
 II NSS Volunteers allocated: Unit I & Unit II  
 III Actual Enrolment: Male 46 Female 151 Total 197

Bifurcation of reserved categories

SC Male	SC/ Female	ST/ Male+Female	ST/ Female (G) 4	OBC/NIL Male (G)	OBC/NIL Female
<u>11</u>	<u>17</u>	<u>48</u>	<u>104</u>	<u>25</u>	<u>—</u>

#### NSS SPECIAL CAMPS

Camps held at: LBS Govt College Saswad Nagar Dates 16 Feb to 22 Feb 2016.  
 Participation: Male 23 Female 61 Total 84

SC Male	SC/ Female	ST Male	ST/ Female	OBC Male	OBC Female
<u>8</u>	<u>21</u>	<u>—</u>	<u>—</u>	<u>—</u>	<u>—</u>

- XIV. Brief Report of the special camp be attached: \_\_\_\_\_  
 XV. Name of the adopted villages/Slums: Hatkeoti village  
 XVI. No. of Blood Donation Camps Held: \_\_\_\_\_  
 No. of Units blood donated: \_\_\_\_\_  
 XVII. Total saplings planted 750/  
 XVIII. Total No. of Health awareness rallies/lectures/debates/other programmes held 4 at LBS Govt degree College Saswad Nagar  
 XIX. No. of Beneficiaries: 2100  
 XX. Pulse Polio Programme Organized \_\_\_\_\_  
 XXI. No. of Beneficiaries \_\_\_\_\_  
 XXII. HIV AIDS Programme Organized Rally organised from college to Saswad bazar.  
 XXIII. Brief report of regular activities undertaken during the year (attached a separate sheet)  
 IVX Another extraordinary achievements/success stories for publication in National Level souvenirs/magazines (attached separate sheet).  
 XV Any other activities programme organized by the college during the year.

National Service Scheme  
(NSS)

LBS Degree College Surawati Nagar  
Session 2016-17

(1)

NSS Programme Officer of Unit  
- I : Post Prof. Anil Chauhan

N.S.S. Programme officer of Unit-II  
Dr. Sunita Saklani

Total No. of Enrollment for the  
session 2016-17 = 197

Female = 151

Male = 46

General Category = 139.

SC(M) = 11

SC(F) = 47

Total S/C Category = 58.

N.S.S. Regular Activities →

NSS regular activities were started  
with the orientation of the  
volunteers in the month of  
July after Enrollment of the  
volunteers.

→ During the session cleanliness  
drive were carried out in  
the college and surroundings.

(2)

- NSS day was celebrated on 24th September.
- Saplings of tree were planted in the College and nearby forest with the local Forest department
- Volunteers organised rally on Savastha and environmental awareness campaign.
- Volunteers Activity participated and help the college authorities in organising of Inter-college Boxing championship held on 4th Oct 2016 to 8th October 2016 in the college campus.

NSS Special Camp → NSS special camp was organised in the college campus under the Theme "Go Green Help Clean" w.e.f 16 Feb to 22 Feb 2016.

Total No of volunteers participated in the camp = 84.

Male = 23

Female = 61

Non volunteers = 10.

Project Undertaken → volunteers

undertake the project to beautify campus, cutting of bushes, cleanliness drive, tree plantation in the college campus and nearby

(3)

area during their seven days camp in the college.

During the seven days special day camp following objectives were carried out

(1) Educational Programme in the nearby villages of Hattabri and Sanara village.

(2) Environmental Awareness Campaign.

(3) Interaction of youth with the local people

(4) Sensitisation of volunteers on various social and environmental issues

(5) Community interaction among youths of various cast and religion.

(6) Participation of volunteers in the cultural programmes.

(7) Cooking and distribution of meals. They fixed the menu and purchased everything of their choice.

#### N.S.S. Volunteers Participated in National / State Camp

Following students participated in State Mega camp held at Govt degree College Amritsar w.e.f. 26/9/2016 to 2/10/2016

(1) Rihan class B.Com II Semester

(2) Dikshit class B.Sc - I Semester

(4)

(3) Varsha Chauhan of B.A. VII semester  
(4) Rajni Sharma B.Sc V semester

(5) Dikshit of B.Sc. Vth semester  
attended Pre R.D. camp at  
Raison Kullu on dated 4/10/2016.

T.S.  
Principal 27/10/12  
L.B.S. Govt. Degree College  
Sarnawati Nagar Distt. Shimla H.P.  
D.D.O-214

A.Kantur  
Varsha Chauhan.  
NSS Programme  
Officer

Ph. 01781-238149

**LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE**  
SARASWATI NAGAR-171206  
DISTT. SHIMLA H.P.

A NAAC ACCREDITED 'B+' COLLEGE



**Activities Conducted by Various  
Units/Departments**

**During the Session**

**2017-18**

*[Handwritten signature]*  
Principal  
L.B.S. Govt. Degree College  
Saraswati Nagar, Distt. Shimla  
Regd. Under M.G.O. No. 2144  
Regd. Under M.G.O. No. 2144

Ph. 01781-238149

# LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206

DISTT. SHIMLA H.P.

## INDEX

S.No.	Name Of The Activity	Conducted By	Date
1.	Clean India Healthy India	NSS	05.07. 2017
2.	Swachhta Abhiyan	Rovers & Rangers	05.07. 2017
3.	Tree Plantation	NCC	July, 2017
4.	'Voting our Right' Program	NSS	22.07. 2017
5.	Shanti March	NCC	26.07.2017
6.	Traffic Control	NCC	August, 2017
7.	State Level Nipun Testing Camp	Rovers & Rangers	1st - 5th August, 2017
8.	Independence Day Parade Camp	Rovers & Rangers	9th - 16th August, 2017
9.	Van Mahotsav	NSS	12 <sup>th</sup> August, 2017
10.	International Youth Day Celebration and Tree Plantation Campaign	Eco Club	12.08. 2017
11.	Awareness Program on Plastic Ban in the College	Eco Club	14.08.2017
12.	Independence Day	NSS	15.08.2017
13.	Tree Plantation	Rovers & Rangers	17.08.2017
14.	Van Mahotsav / Forestation Campaign	NCC	30.08.2017
15.	Cleanliness Drive	Eco Club	01.09. 2017
16.	Darshan Samagam	Dept of Philosophy	09.09.2017
17.	Hindi Diwas	Dept of Hindi	14.09.2017
18.	International Ozone Day Celebration	Eco Club	16.09. 2017
19.	Jan Jagrukta Abhiyan	NSS	06.10. 2017
20.	World AIDS Day	NSS & Red Ribbon Club	01.12.2017
21.	NSS 7 Days Special Camp	NSS	19 <sup>th</sup> Feb to 25 <sup>th</sup> Feb 2018
22.	Blood Donation Camp	Rovers & Rangers, NSS, NCC	23.02. 2018
23.	National Science Day	Eco Club	28.02. 2018
24.	Workshop on Handicraft & Beauty Products	Women Cell	01 <sup>st</sup> - 10 <sup>th</sup> March 2018
25.	International Women's Day	Women Cell	08.03.2018
26.	Trekking Camp	Rovers & Rangers	13th -14th March, 2018

P. Principal  
L.T.S. Govt. Degree College  
Saraswati Nagar, Shimla, Himachal Pradesh,  
DDO Code No. 204

## **CLEAN INDIA HEALTHY INDIA ( 5<sup>TH</sup> JULY, 2017)**

This was the time of new session and welcome time for the new comers of the college in NSS family. President of the college welcome the new NSS Volunteers followed by programme officer and that very first day of beginning of the new college session all Volunteers of the NSS S/Nagar unit called for the one day regular activity on dated 05-07-2017 in college campus. NSS presidents of the college NSS unit line up the Volunteers and their respective group leaders for attendance, Morning Prayer followed by the announcement of activity schedule. Total 143 Volunteers participated in this regular activity under the theme ‘CLEAN INDIA HEALTHY INDIA’. All the group leaders have given the individual responsibility of cleanliness campaign in and outside the college campus. According to the schedule prepared by NSS president the day consists two different session sessions:- In Morning session Volunteers assemble in the college campus and programmed officer Dr. Lok Raj Sharma announce the important instructions that what about the whole day of the activity. After that the Volunteers spread different field unit wise in and outside the college campus with their spirit of cleanliness of educational institution among 7 groups 4 groups involve in outdoor and 3 group indoor cleanliness activity to make institution ready for new session. After the campus cleanliness all Volunteers gathered for lunch (1:00-2:00PM). After lunch all Volunteers called in college hall for introductory /ice break session especially to the fresh Volunteers of the session conducted by president of NSS. After ice break session academic session of NSS start (2:30-3:30PM) with the innovative speech of programme officer and further by the respected principal of the college. Finally the day was ended with cleanliness rally with the slogan ‘CLEAN INDIA HEALTHY INDIA’ was conducted outside the campus from ‘College campus to Hatkoti’ to awake the society about benefits of cleanliness and create disease free environment around you. Finally Volunteers geather and ended the magnificent one day special activity programme from the campus at 5:00PM after the attendance and finally national anthem and disperse for home.

## **SWACHHTA ABHIYAN (5TH JULY, 2017)**

On 5th July, 2017 Swachhta Abhiyan was organized by the Rovers and Rangers unit of college to clean the college campus and the boundary of the college. Girls hostel Campus was also cleaned and unwanted plants were uprooted there. All the volunteers of the unit actively participated in this Abhiyan. It was organized. It was organized in collaboration with NCC and NSS units of the college.



## **TREE PLANTATION (JULY, 2017)**

TREE PLANTATION activity conducted at college campus of LBS GOVT .PG COLLEGE SARASWATI NAGAR on July 2017 by the NCC unit of LBS GOVT.PG COLLEGE SARASWATI NAGAR in the leadership of ANO Dr.Rohit Mokta .67 Cadets has been participated along with the some staff members of the college.



## **'VOTING OUR RIGHT' PROGRAM BY NSS (22<sup>ND</sup> JULY, 2017)**

On the day 12<sup>th</sup> August, 2017 all the Volunteers of the college NSS UNIT started the programme with morning prayer and NSS song followed by the announcement of the day schedule by programme officer. This day was organized as regular activity of NSS under the Theme 'Clean India-Green India'. 140 NSS Volunteers participated in this programme 'Vanmahotsav' -2017. All Volunteers divided in seven different groups with the special team of forest department and specified with deforested area of govt. land. Volunteers were encouraged by the Sh. Ajay Pal Thakur Civil judge Jubbal who shows their active participation in this programme. Forest department Jubbal arrange the refreshment to the Volunteers after taking refreshment Volunteers headed by programme officer to college campus and geathered in the college hall. Hon'ble judge from Jubbal was the chief guest on that day. NSS programme officer welcome him and after welcome speech of programme officer. Hon'ble civil judge address the Volunteers with their golden words he emphasis the



One day usual activity camp has been organized on dated 22-07-2017 in which 160 NSS Volunteers participated under the theme ‘voting the right of every people’ campaign to awake the society people for compulsory voting headed by SDM Rohru. Session started with Morning Prayer and NSS programme officer Prof. Anil Chauhan spread the agenda of the day among the students. The session proceed further by Mr. Manjeet Singh president NSS and few students participated in the poetry, debate and declamation contest on the topic ‘Voting –our right’ and many students of the college write about the value of vote. All Volunteers participated with great enthusiasm and spirit. After that the topic was elaborated by prof. P.D. Jagitha ‘How to encourage youth active participation in voting’ among the students. After the end of student programme chief guest of the day SDM Rohru arrived among the students and address the Volunteers with their valuable words about the topic of the day. He said that it is our collective responsibility to awake the society about to caste vote and encourage and educate the people regarding voting right. He further said that students like you are the creative majority of the society; hence it is the sole responsibility of you people to encourage the society by various methods i.e. slogan writing, student rally, nuked natak, education campaign and any other social friendly method. He further said that some special active student units like NSS should have to play the active role and should serve the society. After the valuable words of the chief guest Principal paid the vote of thanks to them and followed by programme officer. After the end of forenoon session all the students are informed by programme officer to conduct the rally in outdoor afternoon session which was organized by NSS programme officer from College campus to s/Nagar and then students actively participated in the SDM Rohru office in the programme on the same topic. Students reached to college at 5PM for attendance and ended the fabulous regular NSS activity programme of the day.

### **SHANTI MARCH (26.07.2017)**

NCC unit of LBS GOVT. PG COLLEGE SARASWATI NAGAR organised a Shanti march inaugurated by NCC caretaker Dr.ROHIT Mokta to seek justice for Gudiya Rape case. All the cadets with banners in their hands went through the main market shouting slogans for justice for gudiya .It was a very good initiative by the cadets .Seeing efforts the other students of the college also joined them .They went through the mainmarket and the villagers motivating people to respect women and girls and to take a very strict action against the culprits of Gudiya.



## **TRAFFIC CONTROL (AUGUST, 2017)**

NCC cadets of LBS GOVT DEGREE COLLEGE SARASWATI NAGAR helped the police department of Saraswatinagar in controlling the traffic. These days because of the apple season there is a big problem of traffic jam. The loaded vehicles of apple had covered all the roads, and because of it there is a big problem of traffic jam .It is a big hectic for the police department to control this traffic and because of it, common people have to suffer many problems. Seeing all this, NCC cadets of LBS GOVT PG COLLEGE of Saraswatinagar had decided to help the police department in controlling the traffic. They controlled the traffic on sawrakainchi in the guidance of NCC caretaker Dr. Rohit Mokta and police department Saraswatinagar. It was great initiative by the cadets to help the police department.



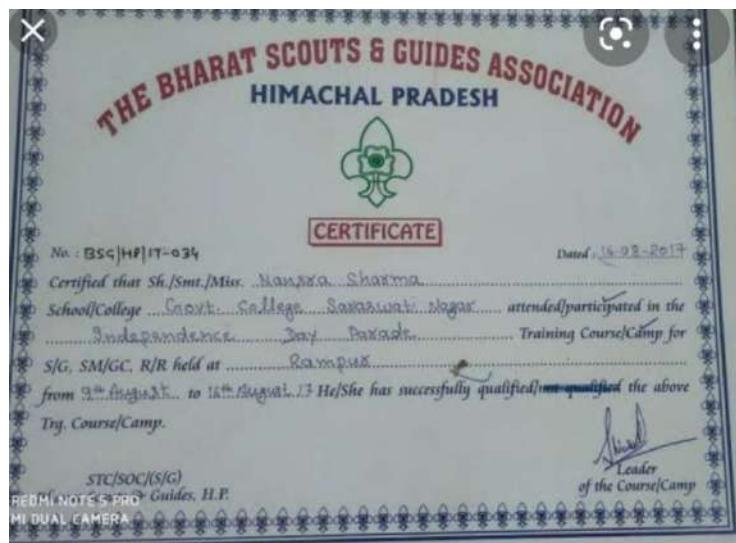
## **STATE LEVEL NIPUN TESTING CAMP (1ST TO 5TH AUGUST, 2017)**

State Level Nipun Camp for rangers was held at The Bharat scouts and Guides Training Centre Punjab Haryana (Tara Devi) w.e.f. 1st to 5th August, 2017. It was organized by the Bharat scouts and Guides HP. Rangers of different colleges of the state participated in this camp. Volunteers were made aware of the spirit of social service, diverse culture, strengthening of the moral foundations and improvement of physical and mental strength. Twelve Rangers of the unit participated in the Camp.



## **INDEPENDENCE DAY PARADE CAMP (9TH TO 16TH AUGUST, 2017)**

Independence Day Parade Camp was held at GSSS Rampur w.e.f. 9th to 16th August, 2017. It was organized by State Headquarter Bharat Scouts and Guides HP to celebrate 15th August. Six (06) Rangers and four (4) Rovers from Rovers and Rangers unit took part in this camp.



## **VAN MAHOTSAV (12<sup>TH</sup> AUGUST, 2017)**

On the day 12<sup>th</sup> August, 2017 all the Volenteers of the college NSS UNIT started the programme with morning prayer and NSS song followed by the announcement of the day schedule by programme officer. This day was organized as regular activity of NSS under the Theme ‘Clean India-Green India’. 140 NSS Volunteers participated in this programme ‘Vanmahotsav’ -2017. All Volenteers divided in seven different groups with the special team of forest department and specified with deforested area of govt. land. Volenteers were encouraged by the Sh. Ajay Pal Thakur Civil judge Jubbal who shows their active participation in this programme. Forest department Jubbal arrange the refreshment to the Volenteers after taking refreshment Volenteers headed by programme officer to college campus and geathered in the college hall. Hon’ble judge from Jubbal was the chief guest on that day. NSS programme officer welcome him and after welcome speech of programme officer. Hon’ble civil judge address the Volenteers with their golden words he emphasis the value of trees and plants in our life. He elaborated that it is impossible to sustain the life without trees. After the valuable words of the chief guest Volenteers spread in college campus to make it clean beautiful and green by tree plantation and cleanliness move. The day was ended with the ‘Nuked natak’ on ‘value of trees and plants’ in college campus by Volenteers and followed by attendance of the Volenteers. This day was ended with national enthum and all Volenteers dispersed for their homes at 5PM.



## **INTERNATIONAL YOUTH DAY CELEBRATION AND TREE**

### **PLANTATION CAMPAIGN (AUGUST 12, 2017)**

With reference to HPCSTE office letter no. SCSTE/NGC- 1647 dated 4/8/2017, in connection with celebration of International Youth Day on August 12, 2017, Eco Club unit of Lal Bahadur Shastri Govt. Degree College Saraswati Nagar celebrated the International Youth day On August 29, 2017, because office letter was received after due date. International Youth day and Van Mahotsava was celebrated by organising a tree plantation. Program started with plantation of tree by college Principal, Prof. Balwant Singh Chauhan, senior Professors, Prof. P.P. Chauhan, Dr. Poonam Mehta and Eco club incharge Prof. Jitender Kumar. On this occasion 50 tree saplings was planted in and around college campus by Eco Club members. Students

were also made aware about environmental issues and sustainable utilisation of resources. At last refreshment was distributed among staff and Eco Club members.



### **AWARENESS PROGRAM ON PLASTIC BAN IN THE COLLEGE (14<sup>TH</sup> AUGUST, 2017)**

Eco club of the college organized an awareness program for all the students with the aim to spread awareness among them about the harms and negative impacts of the use of plastic on 14<sup>th</sup> August, 2017. Students assembled in the college hall at 11:00 am. All the science faculties talked about the consequences of single use plastic and students were also told them to avoid the use of plastics in their lives. The use of single use plastic was strictly banned on the campus of the institution and students were motivated to use bags made up of jutes and clothes.



### **INDEPENDENCE DAY (15<sup>TH</sup> AUGUST, 2017)**

NSS unit Saraswatinagar College celebrated the Independence Day in college and remembered the sacrifice and gratitude of freedom fighters. 147 Volunteers of NSS show their active participation in this programme. The programme was hosted by principal of the college prof. Balwant Singh Chauhan with hosting the national flag in college campus and college campus highlighted with slogan of nationalism and all the students pronounce the slogan of independent India ‘Bharat mata ki Jai’ ‘Jai Hind’ etc. After the flag hosting ceremony all the Volunteers gather in college hall for further programme and it started with lighting of lamp in front of Maa Saraswati and followed with the welcome speech of programme officer. After that programme started with poetry and national song competition and 7 NSS Volunteers participated in this competition. After that programme consist patriotic speech/declamation contest, Skit play and drama on freedom struggle. Dance on national song also done by the Volunteers . Maximum Volunteers were participated in these activities. Cultural programme was followed by the patriotic speech of programme officer prof. Anil Chauhan. He threw light on the struggle of freedom fighter for the freedom India. After the valuable speech of programme officer chief guest of the day Prof. Balwant Singh Chauhan urged from today's generation to save the culture of freedom with in limit and request from all Volunteers to take pledge that we will need to secure our motherland that means people lives with dignity and honour, that is real freedom for us that we will need to achieve. The programme concluded with national song and followed with national anthem. At the end of programme at 3:30PM refreshment was served among the Volunteers . All the Volunteers after refreshment unruffled in the hall for attendance and all Volunteers feel happy on this precious occasion on nationalism.

### **TREE PLANTATION (17TH AUGUST, 2017)**

Tree plantation camp was organized by the unit in collaboration with the Forest Department of Saraswatinagar on 17th August, 2017. All the volunteers of the Rover & Rangers unit participated in this camp. Volunteers of NCC and NSS units of the college also took part in this camp. The site for the camp was Bathaah Forest above Hatkoti Kenchi. This camp was organized in collaboration with forest department of Saraswatinagar. Sixty plants were planted by the unit in this forest. At the end of the camp refreshment was given to the volunteers by the forest department.



### **VAN MAHOTSAV / FORESTATION CAMPAIGN (30.08.2017)**

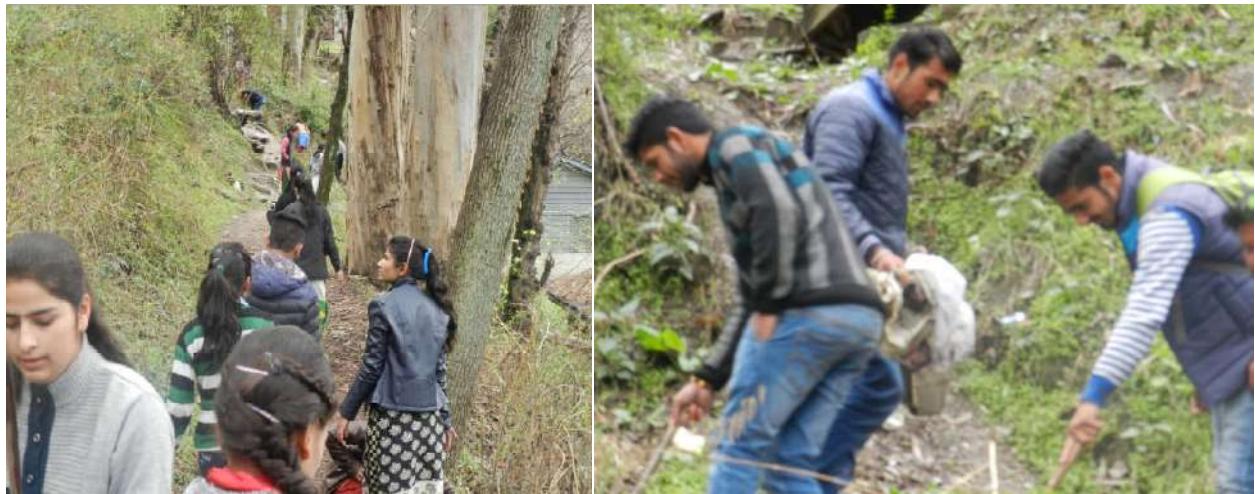
NCC cadets of LBS GOVT. DEGREE COLLEGE SARASWATI NAGAR organised a VAN MAHOTSAV / FORESTATION CAMPAIGN on 30-08-2017. In the guidance of NCC incharge, Dr Rohit Mokta. All the cadets planted 200 deodar trees in the Hatkoti forest Beet. The campaign was inaugurated by Civil Judge Jubbal, Mr. Ajay Kumar .He visited the site and also planted some trees with the students. On this occasion honourable Principal of the college Prof. Balwant Singh Chauhan told the students about the importance of forestation. Forest department was also present there and helped the students in plantation of trees. It was a great effort of the cadets to motivate people for the Importance of forestation and to protect own environment.



### **CLEANLINESS DRIVE (1<sup>ST</sup> SEPTEMBER, 2017)**

ECO Club unit of L.B.S. Govt Degree College undertook a cleanliness drive with a spate of activities on 1<sup>st</sup> September, 2017 as in accordance to the nation-wide 'Swachh

Bharat Cleanliness Campaign'. The students took a pledge to make their college, homes, public places and surroundings neat and clean. Even teachers were the essential part of this drive. As a part of this Cleanliness Drive, we had to clean the whole college campus and surroundings. College Principal, Vice Principal P.P. Chauhan, along with staff and eco club students were actively involved in the cleanliness drive. They enthusiastically took up brooms and garbage bags to clean up every nook and corner of the college, corridors, college grounds, parking lot and nearby areas. After doing this job for four to five hours, we all assembled in the college hall. Thereafter eco club in charge delivered the speech telling about the importance of sanitation. The main purpose of this programme was to create awareness among the students and public regarding Cleanliness and its benefits. The refreshment was given to students. In the end we all took oath of keeping our home, locality and city clean. It was a unique experience for all of us. The whole drive was quite inspiring and motivating for the staff and students.



## DARSHAN SAMAGAM (09.09.2017)

### REPORT

'Darshan Samagam' held on Sept 9, 2017

A Philosophical fiesta

'Darshan Samagam' was organised by Department of Philosophy on Sept 9<sup>th</sup>, 2017. It presented a wide variety of intellectual items like:

1. Group Discussion on Value Distinctions in Astik and Naatik schools
2. Documentary on 'Save Girl Child'
3. Power Point Presentations on Vedas, Upanishads, Empiricism and Rationalism.
4. Motivational Speeches on 'अपना के पांच रुपए', 'How to be a good leader'
5. Classical Dance

6. Presentation of Paper titled  
'The Spiritual Self' by Dr. Poonam  
Mehta.

All the students of the college  
enjoyed and were enriched by  
the Philosophical fiesta presented  
by the Department of Philosophy.

Dr Mehta  
14/9/17

Dr Mehta  
Principal

(Dr. Poonam Mehta)  
Associate Professor  
Dept. of Philosophy



## HINDI DIWAS (14.09.2017)

14 सितंबर २०१७ को मनाया गया लाल बहादुर शास्त्री  
राजनीति महाविद्यालय में हिन्दी दिवस - रिपोर्ट

14 सितंबर २०१७ को लाल बहादुर शास्त्री महाविद्यालय में हिन्दी दिवस मनाया गया। इस वर्ष हिन्दी दिवस की ८५वीं वर्षगांठ मनायी गई। इस कार्यक्रम में का प्रांभ खातः १२ बजे से हुआ। कार्यक्रम के मुख्यातिथि रहे महाविद्यालय के उचार्य जी। कार्यक्रम का शुभारंभ प्रयार्थ द्वारा दीप एंड जंबले से किया गया। इस अवसर पर हिन्दी विभाग जी छात्राओं द्वारा सरस्वती वर्णना गयी तथा सुन्दर नृत्य भी प्रस्तुत किया गया। इसके पश्चात् हिन्दी विभाग की सुझापिला 'डॉ निमला चौहान' द्वारा सभी छिक्कु वर्गी तथा और छिक्कु वर्गी का कार्यक्रम जो उपलिखित होने के लिए आधिवादन किया है। तथा उन्हे कार्यक्रम का हिस्सा मनाया गया। उसके पश्चात् हिन्दी विभाग के छात्र-छात्राओं द्वारा विभिन्न प्रस्तुतियां व कार्यक्रम प्रस्तुत किए गए। कार्यक्रम में सबसे पहले साहित्यक गोष्ठी की गई जिसमें छात्र-छात्राओं जो स्वरचित लिपिता व कृष्णनिंदा का पाठ किया गया। डॉ निमला चौहान जी प्रस्तुतियां भी दर्शनी से पूछी गयी। निमला जी दर्शनी द्वारा बहुत जानक लिया।

उसके बाद छात्र सभं छात्राओं द्वारा नाटक प्रस्तुत किया गया जो की दैववहि हीत जै डूर 'गुड़िया काँड़' पर आधारित था। नाटक जो दैववहि सब दैविक वहुत ही शाव-विशेष ही था। नाटक का भुख्य उद्घाटन महिला डौष्टि की उजागर जांरना था। कार्यक्रम में आगे आनेक प्रस्तुतियां ही गई जिसमें आषण, पहली नृत्य तथा राम लीला की गई। लक्ष्मी कार्यक्रम बहुत ही उत्तम था। लक्ष्मी कार्यक्रम बहुत ही उत्तम था। लक्ष्मी जी राजनीति दर्शनी से बहुत तालियां बताए गयी। लक्ष्मी जी खूब जाननक हुए।

Date.....

छप - छात्राओं द्वारा मुख जातियों की प्रस्तुत की गई।  
जो लिंग शिक्षा के संबंध में प्रस्तुत किया गया था।  
कार्यक्रम के अंत में महाविद्यालय के प्रचार्य जी  
ने अपने आषण द्वारा हिन्दी विभाग को लायकीय  
को सफल बनाने के लिए बधाई दी गई।

Principal  
L.B.S. Govt. Degree College  
Shrawasti Nagar Disha, Shrawasti U.P.  
P.B.O-214

( श्री रामेश्वर मुख्य  
उद्योग - हिन्दी विभाग )



## **INTERNATIONAL OZONE DAY CELEBRATION (SEPTEMBER 16, 2017)**

Eco Club unit of Lal Bahadur Shastri Govt. Degree College Saraswati Nagar celebrated the International Ozone Day on September 16, 2017. Programme started with a lecture on the importance and protection of ozone layer. Students were made aware about the importance of ozone layer and how to protect it from depletion. After that an awareness rally was flagged off by college Principal, Prof. Balwant Singh Chauhan from college campus in order to create optimal awareness and action on this occasion. Eco club member made posters related to harmful impact of ozone depletion on earth and slogan writing was done regarding protection of ozone layer and environment. The public awareness was raised on the importance of ozone layer with the help of poster, and slogan chanting. The local people in the vicinity were also made aware about ozone depleting substances. At last refreshment was distributed among staff and Eco Club members.



## **JAN JAGRUKTA ABHIYAN ( 06<sup>TH</sup> OCTOBER, 2017)**

One day regular activity camp has been organize on dated 06<sup>th</sup> October, 2017 in which 142 Volunteers of NSS unit provide their services under the theme Jan jagrukta Abhiyan ‘Clean India – Healthy India. On that very beginning of the day at 9:30 AM all NSS Volunteers assembled in college campus and NSS president took their attendance and followed with work schedule of the day by Dr. Lok Raj Sharma programme officer NSS unit s/Nagar. Dr. Lok Raj Sharma Spread the agenda about ‘Jan Jagrukta Abhiyan’ among the surrounding of the campus among the people of the nearby villages. He further elaborate the benefits of cleanliness to the

Students and how they aware the social circle about the same. After the instruction given by programme officer all Volunteers divided in to 7 different groups among them 2 groups are deputed for indoor activity of the campus and mess management and other 5 groups including president are deputed for the outdoor activity to educate the people of adjoining area of the college. After three or four hour’s workout in field, Volunteers assemble in the college campus at 2:30PM. After that all the garbage in the college campus was destroyed and there was the lunch for Volunteers in the college .After lunch all Volunteers assembled in college hall to watch the screenplay on ‘Swachh Bharat Abhiyan’ and debated on the theme of the day till 4:30PM. The day ended with national anthem and NSS song followed with volunteer attendance.



## **NSS & RED RIBBON CLUB ACTIVITY ON WORLD AIDS DAY (DATED: 01<sup>ST</sup> DECEMBER, 2017)**

The standard activity on much important issue was celebrated by NSS Volunteers of NSS unit and Red Ribbon Club of GC Saraswatinagar on 1<sup>st</sup> December 2017 in the college campus and also conduct the rally to aware the people about AIDS (HIV), Voluntary Blood donation, Quit Drugs and anti drug abuse etc. 140 NSS Volunteers actively participated in this programme which started with as usual morning schedule of NSS. After that NSS programme officer Dr. Lok Raj Sharma with President of NSS gave instruction to all the Volunteers about the schedule of the day. Programme officer literally explain the cause and effect of AIDS and also provide the light on preventive measures of the disease. He also encourage the volunteer on the theme donate ‘blood and save life’ and ‘quit drugs and save future’.



The programme officer's speech ended with warm clapping of the house for such inspirational words. All Volunteers in front of college students play the skit on 'Living with AIDS' and spread the message 'Hate AIDS not Life'. After this programme all Volunteers grouped into 7 different groups with their group leaders and were participated in different activities i.e. Declamation, Rangoli, poster making, play skit and power point presentation on 1. 'About AIDS cause, effect and preventive measure' 2. 'Why people encouraged for blood donation' 3. Smoke and Drugs an evil of life. All groups participated in the programme with great enthusiasm. The Indoor programme ended at 1PM and Volunteers dispersed for lunch. After lunch Volunteers with programme officer conduct a mega rally on the above mentioned issue from college campus to Sawra bazaar and sawra bazaar to hatkoti and vice versa. All Volunteers were with slogans, posters and banners among the people to aware the people about all. After the successful rally of the programme Volunteers assemble in the college campus for principal's speech and Principal Prof. P.P. Chauhan emphasize that the new generation need to aware about the AIDS and also form drug abuse and to enjoy the disciplined life of responsible citizen of the country. He emotionally elaborated and felt the students about their responsibility toward their family, society and nation because today's students are tomorrow's nation builder and leaders. After such a inspirational speech regular activity day ended with pledge and national anthem.

## **NSS 7 DAYS SPECIAL CAMP (19<sup>TH</sup> FEB TO 25<sup>TH</sup> FEB 2018)**

### **FIRST DAY (19<sup>TH</sup> FEB, 2018)**

NSS 7 days camp was organized in the college from 19<sup>th</sup> Feb to 25<sup>th</sup> Feb 2018 under the leadership of Prof. Anil Chauhan and Dr. Lok Raj Sharma (Programme officers). Programme started with stage conduct by Mr. Manjeet Singh President of NSS LBS Govt. College Unit. All NSS Programme officer and student volunteers welcome



the chief guest and inaugural session started with the auspicious speech of programme officer Dr. Lok Raj Sharma who presented the whole work schedule and also explain what and how about NSS. Programme officer further present the service schedule of upcoming next 7 days. At 12:00 Noon all the students were dispersed for lunch break. After lunch All volunteers of the camp was gathered in college hall for the first Academic session of the NSS camp. This session was headed by invited speaker Prof. P.D. Jagitha and started his speech with spiritual word “OM” and explains on the topic “Development of Mental setup in NSS Camp”. According to him Dedication and responsibility are the two major tools in the hands of NSS volunteers.

### **[NSS ACTIVITY SECOND DAY ON 20<sup>TH</sup> FEBRUARY 2018]**

The second day of N.S.S. seven days special camp was started in the college ground with morning walk and yoga at 7:00 AM. This activity continued till 8:15 AM. Breakfast was served to the volunteers, teachers and others by the “Sunshine” group after fifteen minutes of break. The forenoon session of the day began with the prayer “Achutam Kashavam” by the volunteers of “Green Army”. Then Miss Divya joyti Sharma of “Green Army” group presented the previous day report. After that group leaders allotted areas to their respective volunteers for their field work in the surveillance of program officers Dr. Lok Raj Sharma and prof. Anil Chauhan. The area of college gate was given to the volunteers of “Kaushal Group”. The front area was hand down to the volunteers of “Victory volunteers”. The back side of the campus was beautified by the volunteers of “Rising Stars” and “Green Army”. The volunteers of “The Warrior” group decorously cleaned the old block of the college. The volunteers of “Sunshine” group were busy in enhancing the beauty of left area of the college. The mess was hive with the volunteers of group “The Earth”. At 1:00 PM there was lunch break.

Everyone enjoyed the meal prepared by the volunteers of “The Earth” group. At 2:00 PM all volunteers gathered in college hall for academic session. The topic of academic session was “Breaking the eyes” and the purpose of this session was interaction among volunteers. In this session volunteers not only interacted with each other but also reduced stage fear. The group leaders also summed up their work and shared their experience of the first day in field work. After that program officer Dr. Lok Raj Sharma emphasized the role of N.S.S. in the social services and personality development. He unveiled his effective thoughts in



journey of life. He explained how our body mass and energy are dependent on each other. He also introduces the role of internal discipline in the journey of life. After the closing of academic session all volunteers assembled in college ground for sports activities. At 6:00 PM there was a tea break. After tea break volunteers enjoyed cultural activities in girl hostel's compound. At 8:00 PM the volunteers of "The Earth" group served dinner. After dinner next day plan was discussed among N.S.S. presidents and group leaders. At the end of the day all volunteers went to their rooms and their attendance was marked by their respective volunteers.

### **[NSS ACTIVITY THIRD DAY ON 21<sup>ST</sup> FEBRUARY 2018]**

It was the 3<sup>rd</sup> day of seven days special N.S.S. camp. First of all, volunteers assembled in hostel compound at 6:50 AM. After some interaction with each other volunteers did their routine exercise and yoga till 8:00 AM. After exercise, volunteers pile up for their breakfast. And breakfast was served by the volunteers of "The Earth" group. After breakfast all volunteers gathered in college hall for attendance. Then Miss Yashika from "Rising Stars" shared thought of the day. Then prayer "Aey Malik tere bande hum" was sung by the volunteers of "Rising Stars". Then Miss Aradhana Dheeraj presented the previous day report. After that Dr. Lokraj Sharma allotted work to respective groups. All volunteers left for work after singing N.S.S. song. At 1:00 PM lunch was served to all campers by "Victory Volunteers". After lunch all volunteers assembled once again in hall for academic session. Eight N.S.S. volunteers from Govt. P.G. College Seema interacted with the volunteers of NSS unit of L. B. S. G. D. C. Saraswati Nagar. Then all group leaders with their respective volunteers expressed their views about choosing their group names with the help of mime. Then about 3:45 interaction session closed. After academic session technical session of the day was started. Mr. Kushal Mehta from Horticulture Department was resource person of the session. He was welcomed with token of honor by program officer Dr. Lok Raj Sharma. Then Horticulture expert Mr. Kushal Mehta made volunteers aware about high density plantation. And he beautifully explained the significance of it. During this session volunteers interacted with Mr. Mehta to clear



their queries. Technical session ended with singing of national anthem. At 5:30 PM all volunteers assembled in hostel compound. After that volunteers enjoyed their sports activities by playing Cricket and Ashok chakra. As whistle rang, all volunteers gathered in hostel compound at 7:30 PM. Then all the volunteers enjoyed camp fire and interacted with each other. All group leaders directed

their respective volunteers for next day activities. After that all volunteers gathered at 8:00 PM for dinner which was prepared by “Victory Volunteers”. Then college’s former Principal Prof. Balwant Singh Chauhan reached at hostel campus. He interacted with all volunteers and gave a motivational speech. Later on all campers went to their respective rooms and their attendance was marked there.

### [NSS ACTIVITY FOURTH DAY ON 22<sup>ND</sup> FEBRUARY 2018]

On the 4<sup>th</sup> day of N.S.S seven day special camp Thursday 22-02-2018 organized by L. B.S. G. D. C. Saraswati Nagar under the guidance of program officer Dr. Lok Raj Sharma. The day started with morning exercise and yoga. Then all groups had breakfast served by “Victory Volunteers”. At 9:15 AM all groups gathered in hall for the day schedule and a special committee is formed by program officer Dr. Lokraj Sharma to govern academic work of N.S.S. Miss Shabnam Khatri was elected as chairperson of this committee and Miss Anjna Sharma, Miss Madhu bala and Miss Raveena were elected as co workers in this committee. Then a motivational speech was given by Dr. Lok Raj Sharma in which he said we should work for the upliftment of college and a special award is awarded to Mr. Sumit for his honesty for returning 200 rupees which he found in the college campus. Beautiful thought and prayer was given by “The Warrior” group and previous day activities were highlighted by Manish Lakta on behalf of “The Warrior” group. At 10:20 AM president Mr.

Manjeet took attendance. Then all groups went towards “Hatkoti temple” for SAWACH ABHIYAN. Group also cleared road and picked all rappers and started field work in their allotted areas. Groups cleared “Hatkoti temple” campus and returned back to college for lunch. At 1:15 PM everyone gathered in girl hostel for lunch. After lunch volunteers gathered in hall for further program, where talent hunt was conducted by prof. P.D. Jagitha in which students participated heartedly and enjoyed a lot. After that N.S.S. volunteers and two



N.S.S. coordinators prof. Gopal Dutt Sharma and prof. Umesh Narta of G.P.G.C. SEEMA visited our campus and shared their experience in N.S.S. It was really grateful that 143 volunteers of N.S.S. and 20 scouts and guides welcomed them. Prof. Digvijay Ronnie introduced and welcomed them with high regards. Then Dr. Lokraj Sharma shared his memorable experience with Gopal Dutt Sharma and Umesh Narta. After this we had beautiful words by Umesh Narta. He motivated students and explained goal and motto of N.S.S. Then a beautiful clip on sawachta was played by N.S.S.

volunteers. After this Gopal Dutt Sharma served students with his pearls of wisdom and became a big source of motivation for N.S.S. volunteers. Then prof. P.P. Chauhan principal of L.B.S.G.D.C. Saraswati Nagar thanked them for their visit and also appreciated volunteers for Patience and their time devotion. Then a surprise visit of prof. Sunil Negi in hall surprised volunteers. Program ended beautifully with national anthem and lastly Dr. Lokraj Sharma visited all guests for dinner. After dinner everyone enjoyed “Pahari Natti” with guests and a beautiful environment was created in hostel campus and presence of guests made the day more glorious. After this everyone dispersed to their allotted rooms for rest.

### **[NSS ACTIVITY FIFTH DAY ON 23<sup>RD</sup> FEBRUARY 2018]**

23<sup>rd</sup> February 2018 the fifth day of special seven day N.S.S. camp was started at 6:00 AM with morning exercise and yoga. At 8:00 AM volunteers had their breakfast prepared by the volunteers of “Kaushal” group. Up to 9:00 AM it was a usual day for campers but after 9:00 AM it turned into a special day as a six membered team of doctors in the surveillance of Dr. Subhash from INDIRA GANDHI MEDICAL COLLEGE SHIMLA arrive in college campus to conduct a blood donation camp. All N.S.S. volunteers got engaged with preparation for blood donation camp. The camp was inaugurated with the motivational words of Dr. Subhash. He emphasized the importance of blood donation in our life. He stressed on the growing need of blood in the hilly areas and commended the young volunteers for their noble act. He also shared some basic information about blood donation. After that prof. P.P. Chauhan principal of college thanked all the revered guests for their valuable time. After hearing Dr. Subhash words volunteers became passionate within as a result of which 86 volunteers came forward to donate blood which includes N.S.S. volunteers, N.C.C. cadets, rangers and rovers and teaching and non teaching staff. After blood donation bananas and juice were provided to blood donors in order to reenergize themselves. The I.G.M.C. team was provided with lunch and the camp concluded at around 2:00 PM. 86 units of blood was sent to I.G.M.C. Shimla. At 2:00 PM volunteers had their lunch prepared and served by the volunteers of “The Warrior” group. At 3:00 PM,



technical session of the day started. For this session we had two eminent personalities – Mr. Vikrant and Mr. Kuldeep. Mr. Vikrant an artist first interacted with the volunteers. Mr. Vikrant shared his experience with the volunteers and gave some basic tips about acting to campers. After this interaction Mr. Kuldeep adventurer instructor also interacted with volunteers. Mr. Kuldeep had some interesting games for volunteers to check their mental ability. He divided volunteers into two teams namely – team Snow leopard and team Dabang. The team Snow leopard was headed by prof. Sandhira whereas the team Dabang was headed by prof. Kritika. The team Dabang headed by prof. Kritika won the game. After games Mr. Kuldeep shared some basic and important information about adventure sport. Prof. Rippon also shared some interesting information about this sport with volunteers. After prof. Rippon's valuable words volunteer Mr. Bhopinder Chajjta of "Victory Volunteers" group presented the previous day report. After the closing of technical session, at 6:00 PM, all volunteers left for girl hostel. There in front of camp fire volunteers and teachers had a chat session on "Science and Spirituality" which includes the existence and non existence of GOD and GHOST. At 8:00 PM, volunteers of "The Warrior" group served dinner and after 9:00 PM campers enjoyed "Pahari Natti" in hostel compound. At 10:30 PM, all volunteers went to their respective rooms where their attendance was marked by their respective group leaders.

### **[NSS ACTIVITY SIXTH DAY ON 24<sup>TH</sup> FEBRUARY 2018]**

24<sup>th</sup> February the sixth day of NSS seven day special camp started with 'Yoga Class/practice' at 5:30AM headed by president of NSS and followed with morning walk and exercise. After morning walk all Volunteers disperse for bath followed with their breakfast in the camping site. After breakfast at 7:30AM all Volunteers called by the programme officer to assemble in college hall sharp at 8:00AM. Programme started with report presentation by 'Lokeshwar Poshta' on 25<sup>th</sup> of Feb. 2018 on the behalf of 'Kaushal Group'. According to the report of the yesterday (24<sup>th</sup> Feb. 2018) the programme started with Morning Prayer followed by report presentation by Shabnam Khatri on behalf of 'Earth Group' after the report programme Officer Dr. Lok Raj Sharma tabled the work schedule of the day and activity started with NSS song presentation by Kaushal Group. After the NSS song all Volunteers assembled in college compound for their work distribution according to their individual group. The forenoon of the day was devoted to aware and awakes the all shopkeepers and other peoples of S/ Nagar to 'How they help to make their town clean, healthy and live friendly'. Some groups went to Sawra and other went to hatkoti with banner and slogan of the



same. After the 4 hours of discussion and debate with the nearby society people, the positive response seen on their faces to carry out the directions given to them by the NSS Volunteers . Some fruitful result seen by the Volunteers in hatkoti that some shopkeeper buys two different dustbins for biodegradable and non biodegradable garbage immediate after the discussion. All people took pledge to make his/her town neat and clean but, also show their curiosity about already polluted areas and says ‘what about it’ How it cleaned. All NSS Volunteers convey the message that we all help in incoming year to make our town 70-90% garbage free. After the very usefull work all Volunteers report in college to programme officer Dr. Lok Raj Sharma who took the feedback of the conduct experiment. At 2:00 PM ‘rising star group’ called the Volunteers for lunch. After lunch Volunteers assembled in college hall for afternoon session and interact with one another for a while. Afternoon session was started with the arrival of chief guest Former Principal Prof. Balwant Singh Chauhan with present Principal Prof. P.P. Chauhan at 3:15PM. Programme officer welcome the chief guest with massive NSS applause. After the moment Programme officer Dr. Lok Raj Sharma formerly welcome the Chief Guest and Principal is present in the session. Prof. Balwant Singh Chauhan then encourages the student Volunteers to pay their 100% in the activity to learn more and more. He further said that ‘Hard work is another name of god’ whatever may be the profession or work. Prof. Balwant Singh Chauhan announces the sum of ₹5000/- to the NSS and said it is just the reward of beginning the new responsible young era of NSS in the college. Students welcome the reward with huge NSS clap in standing ovation and assure him that they work maximum for society and remains as the part of NSS in life. After the valuable words of Prof. Balwant Singh Chauhan Prof. P. P. Chauhan principal of the college paid the heartiest thanks to him and said that sir, in your guidance our students give fruitful result in every field. After this session all junior Volunteers (II and IV Sem.) conduct a beautiful and memorable farewell with cake to their senior Volunteers in which a mixture of programme conducted marvelously by all the Volunteers . After that cultural programme started and Volunteers from the Music subject beautifully presents the different items in this programme. In cultural activity all the seven Groups participated actively and The Principal prof. P. P. Chauhan with all the professors of the college are remains in the college till late night at 8:00PM. After cultural function all Volunteers disperse for dinner with programme officer. Dinner was served by ‘Kaushal group’ and all Volunteers with programme officer take his/her dinner and assemble in camp for attendance and one beautiful day ending take place with dispersal for their respective sleeping sites.

#### **[NSS ACTIVITY SEVENTH DAY ON 25<sup>TH</sup> FEBRUARY 2018]**

Last Day 25<sup>th</sup> feb., 2018 of NSS special camp start early morning at 6:00AM with morning whistle of NSS president who awake the Volunteers from their bed and ordered to assemble in the common room for attendance. President clear the day schedule to leaders of the different groups and all the groups run toward the ground for morning yoga and scheduled exercise. After exercise and yoga practice all Volunteers take bath and assemble for breakfast which was served by green army group. After the breakfast all Volunteers assemble in college hall for Morning Prayer and NSS song. After the routine activity Programme officer take the session and make clear about the day schedule of the Volunteers . Programme officer Dr. Lok Raj Sharma appreciate the disciplined schedule of the Volunteers from last 7 days. He further said that the punctuality shown by their participant is matter of proud for the institution and also for him. The schedule of that day was before lunch all Volunteers bind up and clean their camping site and college campus and all participants had to return their instrument, Kitchen Appliances, NSS caps, Badges, Banners, camera and other college material before valedictory function at 1:00 PM. NSS President UNIT-I and Unit II Bind up the things with all Volunteers and Kaushal group had given the responsibility of stage decoration for valedictory function. After the cleanliness move in the campus all Volunteers assemble in college campus for the valedictory function of the NSS. The function start with arrival of chief guest of the

day Dr. Punam Mehta all Volunteers welcome the chief guest in standing ovation with NSS applause. Programme start with Deep prajwalan in front of 'Maa Saraswati' by chief guest and programme officer and Saraswati bandana presented by the NSS Volunteers . Programme officer Dr. Sharma called on the stage for formal welcome of Chief Guest. Dr. Sharma presents the total report of 7 days and also appreciates the Volunteers for hard work they had done from last 7days. He further said that 'you are the creative majority of society' if you determine to do anything you may achieve that. Dr. Sharma appealed from the Volunteers that kindly help the society some big rooted monster like Drug Addiction and also help the society every time during any disaster. ALL the Volunteers make Blossom NSS Applause to programme officer for their constructive words. Now it was the time to listen the chief guest on the occasion of NSS 7 day special camp. Dr. Mehta is grateful for the Volunteers and programme officer for so successful NSS camp. She said that the Services you had provided for the society and college throughout year and especially in special NSS camp was very appreciable and at last she said 'Keep it up' and we never forget this year for NSS activity. She remembered the volunteers that the services provided by all the students equally but some are prize winner due to their sincerity and hard work so each group had to take lesson from those Volunteers who did well in this scheme and don't worry next number will be your's and as NSS slogan told us 'NOT ME BUT YOU'.....All the Volunteers cheers with warm clapping for the innovative speech of chief guest.

Some prize winners awarded with memento the prizes are as follows:-

Sr. No.	Name of Prize	Name of Group/ (Prize winners)
1	Best Physical and social work	Sunshine group
2	All over Best Group	The earth group
3	Best Mess management	Warrior Volunteers
4	Best cultural activity presentation	Victory Volunteers
5	Best Disciplined group	Sunshine group
6	Best stage conduct	Green army
7	Best camp report presentation	Kaushal group
8	Best outdoor activity	Warrior Volunteers
9	Best indoor activity	The Kaushal Group
10	Most compliant camper	Mr. Mukesh (B.Sc.) and Rohit (BCA)
11	Responsible camper	Mr. Saurav Mantan
12	Presidents of the group	

After the end of prize distribution function at 4:00PM all Volunteers return their NSS Signs and after final attendance all Volunteers dispersed toward their home with pleasure after the 7 day narration in the college campus. NSS camp ended with the wonderful cheer of success on the faces of campers during their dispersal. At last programme officer acknowledged the heartiest thanks to Principal Prof. P. P. Chauhan and all staff members especially Prof. Digvijay Chauhan, Prof. Pawan Kumar, Prof. Surrender Kulla, Prof. Joginder and Prof. Jitender Thakur for their moral and physical support for NSS units of LBS Govt. College Saraswati Nagar.



## **BLOOD DONATION CAMP (23 FEB., 2018)**

Blood Donation Camp was held at college on 23 Feb., 2018. It was organised by Rovers & Rangers in collaboration with NSS, NCC units of the college. Five (05) Rovers and Two (02) Rangers along with Rover leader Prof Ripon Kumar donated blood in this camp.



## **NATIONAL SCIENCE DAY CELEBRATIONS (28<sup>TH</sup> FEBRUARY 2018)**

In order to commemorate the discovery of the Raman Effect in India by the Indian physicist, Sir Chandrasekhara Venkata Raman in the year 1930, the day is celebrated as National Science Day. For his great success in the field of science in India, Chandrasekhara Venkata Raman had been awarded and honoured with the Nobel Prize in the Physics in the year 1930. To honour this event, 28th of February is observed as a National Science Day in India. A particular theme is selected for every year National Science Day Celebration. The theme of this year was “Science and Technology for Sustainable Future”. Eco Club unit and Science society of Lal Bahadur Shastri Govt. Degree College Saraswati Nagar also celebrated the National Science Day on February 28, 2018. Programme started with lighting of lamps by Chief Guest Prof. P.P. Chauhan, Principal, Govt. College Saraswatinagar and Dr. Lok Raj Sharma, Head, Department of Chemistry. Shabnam Khatri, student of B. Sc. 6<sup>th</sup> semester and Bhopinder, student of B. Sc. 2<sup>nd</sup> semester, in their welcome address briefed the gathering about the objectives of celebrating National Science Day. Prof. Jitender Kumar during his keynote address laid emphasis on the use of science and technology for sustainable future. In his address he threw light on today's acute economic, social and environmental challenges and how creating knowledge and understanding through science can equips us to find solutions to these challenges to achieve sustainable development. Furthermore, he strongly recommended the students to remain curious and become good observers of daily natural and scientific phenomenon. Session was then open for scientific activities after high tea. Various events includes oral presentation, poster presentation, Declamation, quiz, and model were presented by the students from various departments of Sciences. Chief Guest of the day Prof. P.P. Chauhan distributed the prizes to all the winners of competitions and delivered a motivational and inspirational talk and explained that if determination and enthusiasm is strong then nothing can stop us from achieving success in life. He also discussed how the contribution of Science and Technology has revolutionized our day-to-day activities and made our life much easier. In his presidential remarks appreciated the faculty members and students of various departments for organizing National Science Day.

## **WORKSHOP ON HANDICRAFT & BEAUTY PRODUCTS (01.03.2018 TO 10.03.2018)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college organized a ten days ‘**Handicraft & Beautician Workshop**’ under the theme ‘**Equity Initiative**’ in the college w.e.f. **01.03.2018 to 10.03.2018**. Mrs Geeta Devi, Mrs Usha Rathna and Ms Simranjeet were invited to conduct this workshop in the campus. Mrs Geeta Devi trained our girls in handicraft. She taught our girls to make wall decorative pieces, stuffed toys and stitching. And these handloom items prepared by the girls were put on display on 8<sup>th</sup> March, 2018. Mrs Usha Rathna and Ms Simranjeet who were skilled in beautician course gave tips about beauty products and their uses. She also trained our girls in hair cut, makeup, mehandi and other beauty skills. Girls enthusiastically learned these skills. This type of workshops helps the girls to learn skills to make them independent socially and economically. It helps to build the confidence in the girls.





## INTERNATIONAL WOMEN'S DAY (08.03.2018)

The women cell also celebrated ‘International Women’s Day’ on 8th March. Theme of IWD this year was “**Time is Now: Rural and urban activists transforming women's lives**”. Various activities such as declamation on women centric issues, one act play on Women Empowerment and a panel discussion were organized to mark the occasion. A guest lecture was delivered on “Legal Rights” for the girls students on 8th March, 2018 in the college Hall by Mr. Ajay Thakur, Civil Judge Jubbal. Various activities such as declamation on women centric issues, one act play on Women Empowerment and a panel discussion were organized to mark the occasion. A workshop on Art and Craft workshop was also organized by the cell for girls students and the handloom items prepared by the girls students were put on display on this day.





## TREKKING CAMP (13TH -14TH MARCH, 2018)

Trekking camp was held at Ravne trek situated at Sawra near college on 13th -14th March, 2018. Five (05) Rovers of the unit participated in this Camp.



Ph. 01781-238149

## LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206  
DISTT. SHIMLA H.P.

A NAAC ACCREDITED 'B+' COLLEGE



## Activities Conducted by Various Units/Departments

During the Session

**2018-19**

E. Sow  
Principal  
L.B.S. Govt. Degree College  
Saraswati Nagar, Distt. Shimla,  
H.P.  
DDO Code No. 204

Ph. 01781-238149

# LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206

DISTT. SHIMLA H.P.

## INDEX

S.No.	Name Of The Activity	Conducted By	Date
1.	Workshop On 'Beautician As Career Option'	Women Cell	16.07.18 to 04.08.18
2.	Workshop On Handicraft	Women Cell	21.07.18 to 21.08.18
3.	Tree Plantation Campaign	Eco Club	18.07.2018
4.	Celebration Of Van Mahotsava: A Tree Plantation Drive	NSS	18.07.2018
5.	Campus Cleanliness Drive	Rovers & Rangers	18.07.2018
6.	Tree Plantation	Rovers & Rangers	28.07.2018
7.	Mehandi Competition	Women Cell	08.08.2018
8.	Independence Day Celebration	Rovers & Rangers	15.08.2018
9.	NSS One Day Camp	NSS	15.08.2018
10.	Cleanliness Drive And Campus Beautification	Eco Club	01.09.2018
11.	Swachhta Abhiyan	Rovers & Rangers	01.09.2018
12.	Traffic Control Workshop With Police	NCC	September 2018
13.	Guest Lecture On Health & Hygiene	Women Cell	07.09.18
14.	Hindi Diwas	Dept of Hindi	14.09.2018
15.	International Ozone Day	Eco Club	15.09.2018
16.	Darshan Samagam	Dept of Philosophy	18.09.2018
17.	Workshop On Self Defense	Women Cell	01.10.18 to 08.10.18
18.	The Celebration Of Gandhi Jayanti	NSS	03.10.2018
19.	Swachh Bharat Mission	Rovers & Rangers	03.10.2018
20.	NSS 7 Days Special Camp	NSS	25 <sup>th</sup> Nov. to 1 <sup>st</sup> Dec. 2018
21.	Awareness Rally On AIDS Day	NCC & NSS	01.12.2018
22.	8th State Rally Of Bharat Scouts And Guides Hp	Rovers & Rangers	21 <sup>st</sup> Dec. to 30 <sup>th</sup> Dec., 2018
23.	National Science Day	Eco Club	27.02.2019
24.	Awareness Program on AIDS, Blood Donation And Drug Abuses	Red Ribbon Club	28th Feb & 01st March 2019
25.	International Women's Day	Women Cell	08.03.2019
26.	World Water Day	Eco Club	20.03.2019
27.	Participation in Blood Donation Camp	NSS	07.04.2019

P. incipal  
L. B. S. Govt. Degree College  
Saraswati Nagar, Distt. Shimla  
DDO Code No. 214

## **WORKSHOP ON ‘BEAUTICIAN AS CAREER OPTION’**

**(16.07.18 TO 04.08.18)**

Workshop on ‘Beautician as career option’ was organized by the Women Cell for the girl students from 16.07.2018 to 04.08.2018 in the institution. NSIC trained Mrs. Usha Rathta conducted the workshop. A total of 26 girls took advantage of this workshop. Such workshop enables the girls to become self dependent, skillful and confident.



## **WORKSHOP ON HANDICRAFT (21.07.18 TO 21.08.18)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college organized a one month days ‘**Art & Craft Workshop**’ in the college w.e.f. 21.07.2018 to 21.08.2018. Mrs Geeta Devi was invited to conduct this workshop in the campus. Around 31 girls showed their participation in this workshop. Mrs Geeta Devi trained our girls to make stuffed toys. Girls enthusiastically learned different ways to prepare various types of stuffed toys. This type of workshops helps the girls to learn skills to make them independent socially and economically. It helps to build the confidence in the girls.



## **TREE PLANTATION CAMPAIGN (18<sup>TH</sup> JULY, 2018)**

Tree plantation was conducted by Eco Club in the college. All the science students enthusiastically took part in it. Several saplings of deodar were planted by the students under the leadership of Prof. Jitender, convener of Eco Club and other science faculty. Saplings were planted near the girls hostel and surrounding area of the college.



## **CELEBRATION OF VAN MAHOTSAVA: A TREE PLANTATION DRIVE ON 18<sup>TH</sup> JULY 2018**

It was a great day that NSS units of Lal Bahadur Shastri Govt. Degree College Saraswatinagar,Sawra organised one day camp under the supervision of Dr. Lok Raj Sharma and Asst. Professor Sandhira ,programme officers of NSS, celebrate the Eve of “van Mahotsava” by organizing a tree plantation drive on 18 July,2018. 75 volunteers from both the units along with program officers were the part of this camp. It was a tree plantation drive in which 200 plants of cedrus tree were implanted in the college campus. All the volunteers gathered at 9:00 am in the college campus.The camp was started with the morning prayer followed with the NSS song .After that attendance was taken by the presidents ( Saurav Mantan )and (Sweety Nepta) of both the units. After that days schedule was described by Dr. Lok raj Sharma and also the sites was allotted to the volunteers for tree plantation. All the volunteers are divided in 5 groups and their leaders were decided and the plants were distributed equally among them. First plant was implanted by the principal of the college. All the staff along with the volunteers were the part of this drive. The drive was started from the parking area of the college .All the trees were implanted on the boundary line of the college .The camp was ended at 3:00 pm, after that refreshment was served for all the volunteers . The day's report was read by the Aditya a volunteer of unit I, after that evening attendance was taken and camp came into an end at 4:00 pm.

## **CAMPUS CLEANLINESS DRIVE (18<sup>th</sup> July, 2018)**

On 18<sup>th</sup> July, 2018 Campus cleanliness drive was organized by the Rovers & Rangers unit in collaboration with NSS and NCC units of the college. In this drive College campus was cleaned along with the boundaries of the college. All the students of the unit participated in the drive. The entire hostel premises was also cleaned. All the volunteers of the unit enthusiastically participated in this drive. Adult Leaders of the unit also took part in this cleanliness drive.



## **TREE PLANTATION (28TH JULY, 2018)**

Tree plantation camp was organized by the Rovers & Rangers unit in collaboration with NCC and NSS units of the college on 28th July, 2018. The site for the plantation was Pabbar river bank near girls hostel of the college. Twenty plants were planted by the unit there. All the volunteers along with adult leaders of the unit participated in this camp.



## **MEHANDI COMPETITION (08.08.2018)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college organized a **Mehandi Competition** in the hall on 08<sup>th</sup> August 2018. Dr Nirmala Chauhan, Convener of the Cell motivated all the girls to take active part in this event. Such kind of activities not only enhances the creativity but also the social behavior and aesthetic values in the students. Around 30 girls participated in this event.



## **INDEPENDENCE DAY CELEBRATION (15<sup>TH</sup> AUGUST 2018)**

Independence Day was celebrated by the R&R unit in collaboration with NSS and NCC units of the college on 15th August 2018 in college hall. The venue for the celebration was open air theatre and college hall of the college. Twelve volunteers from Rovers and Rangers gave their stage performances. All the volunteers and adult leaders were present during the event.



## **NSS ONE DAY CAMP: 15/08/2018**

NSS Units of the college organized its 2<sup>nd</sup> one day camp on 15 Aug. 2018 in the college campus. Volunteers of both units, Unit I and e divided in 10 groups. Unit II participated in this camp along with their program officers and whole staff of the college. All volunteers were divided in 10 groups. The work assigned to each group was to clean the whole campus. One group is working in the entrance area of the college, one group in old block, another one group in upper side of the college , one group in the way of Girls Hostel, and other groups were assigned to the main campus and the area behind the new building of the college .

There was lunch in the after noon for all the volunteers and all the staff members of the college. Lunch was also made by the volunteers. The cleaning work was done from 10:00 am to 1:00pm. After the lunch there were various cultural activities presented by the each group of the volunteers such as: Dance, group songs, after that each group leaders read their short report about their work of the day. At the end program officer Dr. Lok Raj Sharma sum up the day by his motivational and Wisdom words. The camp was closed at 4:00 P.m.



## **CLEANLINESS DRIVE AND CAMPUS BEAUTIFICATION (1<sup>ST</sup> SEPTEMBER 2018)**

ECO Club unit of L.B.S. Govt Degree College undertook a cleanliness drive with a spate of activities on 1<sup>st</sup> September 2018 as in accordance to the nation-wide ‘Swachh Bharat Cleanliness Campaign’ and “**Beat Plastic Pollution**” theme of Environment day. The students took a pledge to make their college, homes, public places and surroundings plastic free. Students were given handy tips to keep their surroundings and college clean and free of plastic waste. Under the theme of ‘**Beat Plastic Pollution**’, students were encouraged to make real efforts to break their dependency on disposable plastic. Under this programme, NSS unit of our college also participated. Even teachers were the essential part of this drive. As a part of this cleanliness drive and campus beautification, we had to clean and beautify the whole college campus and surroundings. College Principal along with staff and eco club students were actively involved in the cleanliness drive. They enthusiastically took up brooms and garbage bags to clean up every nook and corner of the college, corridors, college grounds, parking lot and nearby areas. We collected near about 100 kg of plastic waste. After collecting them we threw them in to the dustbins. After doing this job for four to five hours, we all assembled in the college hall. Thereafter eco club in-charge delivered the speech telling about the harmful impact of plastic waste and importance of sanitation. The main purpose of this programme was to create awareness among the students and public regarding cleanliness and its benefits. Students were also made aware about the harmful impact of plastic on our ecosystem. The refreshment was given to students. In the end we all took oath of keeping our home, locality and city clean. It was a unique experience for all of us. We were curious to be the part of this great drive that could have transformed the face of our country for ever. The whole drive was quite inspiring and motivating for the staff and students.



## SWACHHTA ABHIYAN (1<sup>ST</sup> SEPT. 2018)

On 1<sup>st</sup> Sept., 2018 Swachhta Abhiyan was organized by the Rovers and Rangers unit of the college in collaboration with NCC and NSS unit to clean college campus. In this camp college campus and hostel premises were cleaned. Bushes grown outside the hostel were cut and disposed of by the volunteers. All the volunteers of the unit actively participated in this Abhiyan. Adult leaders of the unit were also present in this camp.



### **TRAFFIC CONTROL WORKSHOP WITH POLICE (SEPTEMBER 2018)**

NCC cadets of LBS GOVT PG COLLEGE SARASWATI NAGAR helped the police department of saraswatinagar in controlling the traffic under the leadership of SUO VIKRANT SARJETA and 34 cadets atthatkotikainchi during the apple season from September 2018. Due to apple season there was a big problem of traffic jam. It was a big hectic for the police department to this traffic and because of it common people have to suffer from many problems. In these photographs NCC Cadets LBS GOVT. PG COLLEGESaraswatinagar decided to help the police department in controlling the traffic. It was a great initiative of NCC cadets to help the police department.



### **GUEST LECTURE ON HEALTH & HYGIENE (07.09.18)**

A guest lecture was organized on 'Health and Hygiene' for the girls' students. Dr. Daud from Primary Health Center was the resource person. The program started with the welcome speech by

Prof Nirmala Chauhan, convener of women cell. Dr Daud talked about various issues related to health and hygiene. Main focus was on menstruation, balanced diet, and nutrition. About 60 girls witnessed this program. Girls proactively participated in this event and asked several questions related to their personal problems and sanitation.



## HINDI DIWAS (14.09.2018)

14 सितम्बर 2018 को ला० व० शा० रा० महाविद्यालय में  
दिन्ही दिवस मनाया गया।

Date.....

### प्रतिवेदन

14 सितम्बर 2018 को ला० व० शा० रा० महाविद्यालय में हिन्दी दिवस की 65वीं वर्षगांठ मनाई गई। इस कार्यक्रम का प्रारंभ प्रातः 10:40 बजे से हुआ। इस कार्यक्रम में महाविद्यालय के प्राचार्य श्रीमती ईंदिरा धर्मेन्द्र ने बतौर मुख्य अतिथि के रूप में शिरकत की तथा उनके साथ महाविद्यालय के सभी प्राद्यापक जी उपस्थित रहे। कार्यक्रम में सर्वध्यम मुख्य अतिथि जहोदय का स्वागत व अभिवादन हिन्दी विभाग की प्रधापिका 'डॉ जिर्मला चौधान' ने किया। कार्यक्रम का शुभारंभ ज्ञान की दीवी मां सरस्वती के आगे दीप पूजजबलन ने हुआ। तथा हिन्दी विभाग की छात्राओं द्वारा 'हे शारदे माँ' पर एक सुन्दर चूल्य मां सरस्वती की अर्पित किया गया। इसके पश्चात कार्यक्रम की सुचारू रूप से चलने के लिए विभिन्न कार्यक्रम प्रस्तुत किए गए।

जिसमें सर्वध्यम हिन्दी भाषा के महत्व की वर्ताया गया जिसका माध्यम भाषण था। खालितक गीष्ठी भी प्रस्तुत की गई जिसमें लीसरे तथा पांचवें सत्र के छात्र-छात्राओं ने हमारी पहाड़ी संस्कृति की झलक प्रस्तुत की गई। उसके पश्चात अनेक कार्यक्रम जैसे कविता, राखलीला, कवीर के दीहे आदि किए गए। सभी द्वितीय ने कार्यक्रम का आनंद लिया।

आगे कार्यक्रम में जधु भाषिका प्रस्तुत की गई जो 'हिन्दी भाषा के महत्व' तथा 'शिष्टा के महत्व' पर जालार्ति थी।

जिसका एक बुझ जनों ने विशेष आनंद उठाया।

इसके बाद कार्यक्रम भी मुख्य अतिथि ईंदिरा धर्मेन्द्र द्वारा गच्छी के उपस्थित तथा कार्यक्रम की अन्तीं तरह से जिआनी के लिए डॉ जिर्मला चौधान तथा ईंदिरा वाणी की वद्याई दी गई तथा लहा कि हिन्दी-विभाग

Date \_\_\_\_\_

अधिष्ठान में अभी रहीसे कार्यक्रम चलाता रहते। इसके के  
साथ कार्यक्रम का जातं हुआ।

(डॉ. नितिलाल दत्तेश्वर)  
अद्यम - विविधाग

**Principal**  
L.B.N. Govt. Degree College  
Suratgarh Nagar, Dholka, Shahada, M.P.  
D.D. G-214



## INTERNATIONAL OZONE DAY (SEPTEMBER 15, 2018)



Eco Club unit of Lal Bahadur Shastri Govt. Degree College Saraswati Nagar celebrated the International Ozone Day on September 15, 2018 because it was Sunday on 16<sup>th</sup> of September. Programme started with a lecture on the importance and protection of ozone layer. Students were made aware about the importance of ozone layer and how to protect it from depletion. After that an awareness rally was flagged off by Eco club convenor, Jitender Kumar from college campus to surrounding public places in order to create optimal awareness and action on this occasion. Eco club member made posters related to harmful impact of ozone depletion on earth and slogan writing was done regarding protection of ozone layer and environment. The public awareness was raised on the importance of ozone layer with the help of poster, and slogan chanting. The local people in the vicinity were also made aware about ozone depleting substances. At last refreshment was distributed among staff and Eco Club members.

## DARSHAN SAMAGAM (18.09.2018)

### REPORT

18<sup>th</sup> Sept. 2018

'DARSHAN SAMAGAM held on 18<sup>th</sup> Sept. 2018'

A Philosophical fiesta 'Darshan Samagam' was organised by Department of Philosophy on Sept. 18<sup>th</sup>, 2018. It presented a wide variety of intellectual and entertainment items. The itinerary of the Programme is as follows:

### Programme

1. Saraswati Vandana
2. Formal Welcome
3. Play - Buddha
4. Dance (3<sup>rd</sup> Sem.)
5. Documentary (Nansra) - The virtue of Kindness
6. Solo Western Song
7. Mahabharat (Play)
8. Documentary (Anchal) - Drug Menace
9. Sitar Vadan
10. Power Point Presentation (Nansra) - <sup>The</sup> Cardinal Virtues (Plato)
11. Beti Bachao Beti Padhao (Musical Play)
12. Natti
13. Principal's Address
14. Vote of Thanks
15. National Anthem







## **WORKSHOP ON SELF DEFENSE (01.10.18 TO 08.10.18)**

One week workshop on self defense for the girls was organized by the Women Cell in the college. Mr Dinesh Manta and Mr Sanjay Kumar were invited as resource persons to train our girls in the field of self defense. A total of 100 girls got benefitted with this workshop. During this workshop, various techniques of self defense were taught to the girls. Such activities help in building confidence.



## **THE CELEBRATION OF GANDHI JAYANTI (3<sup>RD</sup> OCTOBER 2018) (NSS UNIT OF LAL BAHADUR)**

Shastri Govt. Degree College has organised one day special camp on the eve of "Gandhi jayanti " on 3<sup>rd</sup> October 2018 in the college campus . 140 volunteers participated in this camp.



This was a cleanliness camp organised in the college campus.

The camp was started with the morning prayer from 9:00 am .All the volunteers were gathered in the campus for morning prayer followed by NSS song. Morning attendance was taken by the presidents of both the units. After that a speech was delivered by the programme officers about great contribution of the Gandhi ji towards the freedom of nation .They also briefed about “Swachh Bharat Mission” which was the dream of Gandhi ji to make India clean. After that days schedule were explained by the president of NSS . All the volunteers were divided in 10 groups and the area were also allotted to them . Two groups were working in the entrance area of the college , 2 groups were working In the girls hostel way , two groups were working in the old block of the college ,one group was working in the Back side of the new block , one group was working in the area of principal residence , one group was working in the main area of the campus ,and one group was engaged for lunch preparation . All the teaching staff along with the principal of the institution was participated in this camp. All unnecessary shrubs and grass were eradicated from the campus and all the plastic items were collected and were disposed off simultaneously. At 2:00 pm there was lunch for all the volunteers which was made by the one group of the volunteers. After lunch all the remaining areas were cleaned by the volunteers. At 4:00 pm evening attendance was taken and the camp was ended with the wisdom full words of the program officer Dr. Lol Raj Sharma and Asst. Professor Sandhira and by the National Anthem. The camp ended at 5:00 pm

## **SWACHH BHARAT MISSION (3<sup>RD</sup> OCTOBER, 2018)**

On the occasion of Gandhi Jayanti on 2<sup>nd</sup> October, 2018 under the theme of Swachh Bharat Mission a cleanliness camp was organized on 3rd Oct., 2018 to clean the college campus by R&R unit. All the bushes and unwanted plants were cut and uprooted. It was made compulsory for the volunteers to be present during the cleanliness work. All the volunteers of the unit actively participated in the camp.



## **NSS 7 DAYS SPECIAL CAMP FROM 25<sup>TH</sup> NOV. TO 1<sup>ST</sup> DEC. 2018**

### **NSS ACTIVITY DAY IST – 25<sup>TH</sup> NOV. 2018**

NSS units of LBS GDC Saraswatinagar organized a 7 Days special camp in the college from 25<sup>th</sup> November to 1<sup>st</sup> December 2018. The camp was organized by the programme officer NSS unit –I Dr . Lokraj Sharma and programme officer NSS unit –II Asst.prof.Sandhira with the help of college administration .

The camp is integral part of NSS . It has special importance to the youth as it provides group living opportunity to them, builds team sprit, group dynamism and interaction with community .It helps in shaping the personality of the students. LBSGDC started a new concept in this special camp that is youth exchange program. Many government Senior secondary Schools and GPGC Seema participated in this camp.150 campers attended the camp out of which 4 students were from GPGC Seema,6 were from GSSS/Saraswatinagar, 4 from GSSS boys Rohru, 2 from GSSS pandranu, 2 from GSSS/Jubbal, 2 from GSSS /Mandhol. Thus 20 students attended the camp under youth exchange program from different institution.

NSS Regular Activity DayOne-25<sup>th</sup> November 2018

NSS Regular Activity DayOne-25<sup>th</sup> November 2018

The journey of the camp started on 25<sup>th</sup> November.2018 , the day was sunday in the college campus.

150 Students along with NSS Programme officers Dr. Lokraj Sharma and Miss Sandhira were the part of the camp. All the volunteers reached in the campus at 10: am on 25<sup>th</sup> Nov. 2018. The day was started with morning prayer and with NSS song presented by the "Green Dragon group". After that a formal speech were delivered by the programme officers Dr. Lok Raj Sharma and Miss. Sandhira and by the presidents of both the units Mr. SauravMantan and by Miss. SweetyNepta ,for uplifting the enthusiasm of the volunteers. After that the days schedule were explained by the programme officer Dr. Lok Raj Sharma among the volunteers. various committees were formed and the students were divided in 7 groups and the responsibilities were assigned to them. First of all the area were cleaned up by the volunteers for stay . At 1:30 pm there were lunch for all the volunteers and the lunch was made by the " wonder group". After lunch some woods were collected After dinner a meeting was conducting by the programme officers to discuss the days happening and planning for the next



### **NSS ACTIVITY DAY IIIND – 26<sup>TH</sup> NOV. 2018**

The day was started with the yoga session by Prof B.S Pirta from 6:00 am to 7:00 am .After that Morning Assembly was conducted by the " Blue Planet" group

followed with the NSS song. and the yesterdays report were presented by the Anjali the leader of the " Blue Planet Group" . Near by 9:00Am formal inauguration of the camp was done by the chief guest Prof. Indira Dharouch principal of the college .Programme officers and all the campers welcome the chief guest with NSS Claps, and a motivational speech were delivered by the chief guest. After that Dr. Lok Raj Sharma discuss the days schedule among the volunteers.



After that 4 groups of the campers were dispersed for cleaning of the Hatkoti Temple with the motive of preserving our heritage and historical monuments and rest of the group were working in the main campus of the institution . Lunch was served by the “Red Ribbon” group. After lunch there was an academic session for the campers on the theme “legal literacy and real education” by the civil judge Jubbal Mr. Ajay Thakur. He briefed us about the legal rights , various Acts and about women empowerment. His lecture was so inspirational and knowledgeable , in between the session many questions were asked by the campers regarding traffic rules, sections of Indian penal code and about the provisions of women rights . Maximum campers were benefited from his lecture.

After lunch all the campers clean the common way to Hatkoti. At evening there was cultural program for the campers and the cultural program was presented by “the Green Army group”

Dinner of the day was made by the ” Worrier’s group ”. After the dinner there was a meeting between programme officers and the group leaders regarding next day’s schedule .

### **NSS ACTIVITY DAY IIIRD – 27<sup>TH</sup> NOV. 2018**

Like the previous days morning session was started with the yoga by Professor B.S Pirta . After that morning prayer and the NSS song was presented by the “Ocean group” and report of previous day was also presented by the Ocean group. Meal for the whole day was made by the ” Green Dragon group “.



After breakfast two groups of the campers went for cleaning the way to girls hostel and its surrounding . All the waste and unnecessary grass were eradicated from the way and all the plastic material and other garbage were collected and disposed off.

Few campers were engaged in collection of wood logs for camp fire.

After lunch there was an awareness lecture on " Drug – Abusement" given by D.S.P Rohru Mr.Anil Sharma and members of antidrug force Rohru and association of anti drug federation chirgaon .

At evening cultural programme was presented by "the wonder group. "A localfolk , two presentation and a playwas presented and in between the cultural session campers from GSSS Pandranu shared their experience about the camp.

After Dinner a meeting was organized to discuss days happeningand planning for the next Day between the programmeofficers, the group leaders and the presidents of both the units.

#### **NSS ACTIVITY DAY IVTH – ON 28<sup>TH</sup> NOV. 2018**

The day was Friday and the morning session started with a physical drill conducted by "Mr. prameetRolta a NCC cadet and morning assembly was conductedby "Red - Ribbon" group and the report of previous day was read by the member of Red Ribbon Group.

After breakfast all the campers were dispersed to clean the surroundings of new block . All the classrooms of science department and of arts department were cleaned.



After that there was a motivational lecture of “S.D.M Rohru Mr. B.R Sharma on ““How to prepare for civil services” . He briefed all the essential facts ,eligibility criteria , syllabus of the HAS and UPSC .It was a great session all the campers attended it with curiosity. Meal of the day was made by the “Green Army Group”

After lunch few campers cleaned the old block area, Commerce department of the college. In the evening cultural programme was presented by the “Ocean Group “. There was also an interactive session for the volunteers who came under youth exchange programme.

After Dinner a meeting was organized to discuss days happening and schedule for the next Day among the programme officers and the group leaders.

#### **NSS ACTIVITY DAY VTH – 29<sup>TH</sup> NOV. 2018**

The day was started with yoga session by Professor B.S Pirta and morning prayer was presented by the Blue Planet group and previous days report was presented by the camper of Blue Planet Group.



The meal of the whole day was made by the Red – Ribbon group. After breakfast few campers cleaned the entrance of the college . All the litter and all polyethen material was collected from the entrance area of the college and was disposed off . Few campers were engaged in the building of the permanent assets for the college in the form of park . The park was made in the old block ,all the shrubs and useless grass ,litter , and garbage was collected and disposed off.

After lunch there was a lecture on “value system” delivered by Tehsildar jubbal Mr. Chander Mohan Sharma . He briefed in detail the importance of values and of the moral education in the life.

At evening cultural activity were presented by the“Red - Ribbon group”. A solo dance , a presentation on women empowerment and a folk dance was presented by the group. Many staff members of the college were the part of this cultural event. At 8:00 am dinner was served by the “ Ocean Group”

After Dinner a meeting was organized to discuss days happening and schedule for the next day among the programme officers and the leaders of the groups .

#### **NSS ACTIVITY DAY VITH – 30<sup>TH</sup> NOVEMBER 2018**

The day was started with physical drill by the NCC cadet DivyaRana and morning prayer and NSS song by the worriers group and yesterday’s report was read by the member of the worriers group. Meal of the whole day was made by the “ Blue Planet Group”.



After Breakfast few campers were engaged in constructing the Park. The boundary of the park was made with the bricks. Some campers were dispersed for cutting the useless grass and shrubs from the college ground and from the sides of college road.

Before lunch there was a guest lecture of “ Mr. Jangveer Singh Dulta , D.F.O Sawragave a lecture on “ High density plantation of apples “. He described in detail all the possibility and benefits of high density plantation . He also gave various solutions to the problem which was faced by the apple growers in the production of the apple. He also gave stress on How to make carrier in Apple industry.

At evening all the campers went to the old block for finishing the park construction work , due to the hardwork college got a very beautiful park . In between of the park NSS logo was made by the Ankush ,Saurav and Aditya and by the hardwork of all the campers our college got a very beautiful park.

After that cultural program was presented by the Worriers Group. A Folk dance was presented by the campers who came under the Youth exchange Program , a Punjabi dance and a play on Drug Addiction was presented by the group.

NSS programme officer of G.P.G.C Seema Dr. Gopal Dutt Sharma and Prof.B.S.Pirta also attended the programme.

After Dinner a meeting was organized to discuss days happening and schedule for the next Day.

## **NSS ACTIVITY DAY VIITH – 1<sup>ST</sup> DECEMBER 2018**

This was the last day of the camp. The day was started with the morning exercise by the Mr. Vijay a camper from GPGC Seema and morning prayer was conducted by the Red – Ribbon group and the

yesterday's report was presented by the same group. Meal of the whole day was made by the Worriers group. The day was started in same manner like other days.

After breakfast a rally was organized on ADISDAY from college campus to market and back to college. All the campers participated in this rally. Many charts and banners were made by the campers on which many slogans and sayings were written about the Aids. Chief Guest of the camp was Dr.H.L Sharma ,NSS Lisen officer of the state .



First of all the welcome ceremony was done by the programme officers by pinning up the rosette to the day's guest after that seven days report was read by P.O Dr. Lokraj Sharma.

After that a motivational speech was given by the chief guest that boosted the morale of the campers. Lisen officer of NSS also apprised us for introducing Youth Exchange Program and for wonderful team work done by the campers in those seven days camp.

After that prizes were distributed to the best groups and the best volunteers .Saurav Mantan ,Ankush,,aditya ,Kritika , and Tammana got best volunteer prize. Green army group got the best mess prize, the worriers got best cultural prize , the Green dragon and the Blue planet shared the best field work prize, the Red ribbon got the best Discipline prize and the Ocean group got the best poster making prize. After that a vote of thanks was extended by the programme officer Sandhira to the chief guest.

The camp got closed with the National Anthem and the campers dispersed to their respective homes.

### **AWARENESS RALLY ON AIDS DAY 2018 (1<sup>ST</sup> DEC, 2018)**

An awareness rally was conducted by the college's NCC and NSS unit on 1<sup>st</sup> Dec 2018 – world AIDS day .The cadets marched from the college through the main market of Saraswatinagar as well as sawrakainchi and awarded the people towards the threat of HIV AIDS and told them that how they can protect themselves from this disease .The cadets shouted slogans and with banners holding in their hands they went through the market and made people aware towards HIV Aids. This was a great initiative by the cadets in social welfare.



### **8TH STATE RALLY OF BHARAT SCOUTS AND GUIDES HP (21<sup>ST</sup> DEC. TO 30<sup>TH</sup> DEC., 2018)**

8<sup>th</sup> State Rally of Bharat Scouts and Guides Hp was held at State Training Centre, Rewalsar, Distt. Mandi, H.P.w.e.f 21<sup>st</sup> Dec. to 30<sup>th</sup> Dec., 2018. The theme of the rally was Say No To Drugs. Two (02) Rovers Nikhil Rolta Bcom III and Nishant Sharma BCom III of the unit participated in this rally.



### **NATIONAL SCIENCE DAY (FEBRUARY 28, 2019)**

In order to commemorate the discovery of the Raman Effect in India by the Indian physicist, Sir Chandrasekhara Venkata Raman in the year 1930, the day is celebrated as National Science Day. For his great success in the field of science in India, Chandrasekhara Venkata Raman had been awarded and honoured with the Nobel Prize in the Physics in the year 1930. To honour this event, 28th of February is observed as a National Science Day in India. A theme is selected for every year National Science Day Celebration. The theme of this year was “Science for people and people for science”. Science society of Lal Bahadur Shastri Govt. Degree College Saraswati Nagar also celebrated the National Science Day on February 28, 2019. Programme started with lighting of lamps by Chief Guest Prof. Indira Dharoch, Principal, Govt. College Saraswatinagar and Dr.P.P. Chauhan, Vice Principal and Head, Department of Botany. Bhopinder, student of B. Sc. 2<sup>nd</sup> semester, in their welcome address briefed the gathering about the objectives of celebrating National Science Day and how science is helpful in protecting our environment. Session was then open for scientific activities after high tea. Various events include oral presentation, poster presentation, declamation, quiz, and model were presented by the Eco Club students. Chief Guest of the day Prof. Indira Dharoch and Dr. P.P. Chauhan distributed the prizes to all the winners of competitions and delivered a motivational and inspirational talk and explained that if determination and enthusiasm is strong then nothing can stop us from achieving success in life. He also discussed how the contribution of Science and Technology has revolutionized our day-to-day activities and made our life much easier. In his presidential remarks appreciated the Eco club Unit of our college for organizing National Science Day.





## **AWARENESS PROGRAM ON AIDS, BLOOD DONATION AND DRUG ABUSES (28TH FEB & 01ST MARCH 2019)**

‘Red Ribbon Club’ of LBS Govt. Degree College Sarawatinagar, Sawra organized multivarious event in the college on 28th Feb. and 01st March 2019, in which all the faculty and students of Science Department participated and made the event successful. The event was focused on the very sensitive issues like AIDS, blood donation and drug abuses.

On 28th Feb, the event was organized by Science students in the college hall where all the students and staff of the college were gathered to witness the event. Science students spread awareness among all through their power point presentations and speeches on AIDS, blood donation and drug abuses. Poster making competition was held on these sensitive issues in which most of the students participated with enthusiasm. Red Ribbon Club also conducted quiz competition on general science to satisfy student’s inquisitiveness. Some of the students also came up with their working models based on the drug abuses and side-effects of the smoking. Meanwhile, the refreshment was also distributed among the students. The day ended up with the motivated speech of the Principal of the College, Prof. Indira Daroch.

On 01st March, Red Ribbon Club organized a Mega Rally on AIDS, blood donation and drug abuses in which maximum of the students took part. It started from the college campus to Dippo, then Hatkoti and finally back to the college, covering almost whole town to spread the awareness among the localities. Students performed nukkad natak and various slogans on all these issues. The event was thus successfully conducted with the vigour and excitement.



## INTERNATIONAL WOMEN'S DAY (08.03.2019)

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college celebrated ‘**International Women’s Day**’ on 08.03.2019 from 11.00 am to 01.00 pm in the college. The theme of the day was “**Think equal, build smart, and innovate for change**”. Several activities were conducted including cultural program like dance, play, poem recitation etc. People from Primary Health center were also invited to perform Hb tests of girls. About 49 girls were checked for their Hb. The appropriate range of Hb for girls should be 12.0 to 15.5 gm. The Hb test gives us an idea about nutrition and health status of the girls in our college. Thereafter, girls were counseled for proper nutritive diet plans. They were told to eat healthy and nutritive food especially green vegetables and fruits.





## WORLD WATER DAY (MARCH 20, 2019)

Eco club Unit of L B S Govt. Degree College, Saraswatinagar observed World Water Day on March 20, 2019 by organizing various programmes for general public and students. The various events organized during the day were power point presentation and speech on Water crisis and pollution, awareness rally and documentaries on Water crisis and save water. UN-Water was the convener for World Water Day and selects a theme for each year in consultation with UN organizations. The theme for 2019 was "Leaving no one behind" because marginalized groups are often overlooked and discriminated against when they try to access safe water. After a short welcoming address from the

Eco club President, students delivered a presentation and speech about the importance of water in our daily life, universal



access to clean water, water pollution, sanitation and hygiene in line with the targets of Sustainable Development Goal. Chief Guest of the day Dr. P.P. Chauhan, Vice Principal and Head, Department of Botany, delivered an informative and inspirational talk and made students aware about the importance of clean water and to focus on sustainable aquatic habitats and utilization of water. In his presidential remarks he appreciated the faculty members and students of Eco Club for organizing World Water day. The programme came to an end with vote of thanks by Eco club convenor Jitender Kumar. At last refreshment was distributed among staff and Eco Club members.

## **PARTICIPATION IN BLOOD DONATION CAMP (07 APRIL 2019)**

(61)

No-EDN-SN-61/2015-16/ 2326(A)

Office of Principal,  
LBS Govt. Degree College Saraswatinagar,  
Distt-Shimla H.P. 171206  
Dated: 06-04-19

To

The Principal  
LBS Govt. Degree College Saraswatinagar,  
Distt-Shimla H.P. 171206

Sub: Permission of attending NSS Blood Donation camp held on 07-04-2019 at Govt. Sec. School  
Madhole.

Respected Mam/ Sir,

With reference of above mentioned subject we are NSS LBS Govt. Degree College Saraswatinagar NSS Unit-I & Unit-II are here by depute Programme Officer Prof. Sandhira Devi along with following 10Volunteers to Participate in Blood donation Camp on the basis of your Telephone intimation on 02-04-2019 and the message of State Lieson Officer dated 03-04-2019 to the programme officer NSS.

We here by deputed following students along with programme officer.

Sr. No.	Name Of Students	Class	Date of deputation
1	Saurav Manta	6 <sup>th</sup> sem	07-04-2019
2	Promeet	6 <sup>th</sup> sem	07-04-2019
3	Nikhil	6 <sup>th</sup> sem	07-04-2019
4	Amit	6 <sup>th</sup> sem	07-04-2019
5	Anshu	6 <sup>th</sup> sem	07-04-2019
6	Happy	4 <sup>th</sup> sem	07-04-2019
7	Pankaj	4 <sup>th</sup> sem	07-04-2019
8	Ritik	4 <sup>th</sup> sem	07-04-2019
9	Rohit	4 <sup>th</sup> sem	07-04-2019
10	Nikhil	4 <sup>th</sup> sem	07-04-2019
11	Lokinder	2 <sup>nd</sup> sem (BCA)	07-04-2019

Yours Sincerely

*[Signature]*  
NSS Programme Officer

Copy To: Programme Officer GOVT. SSS Madhole Distt. Shimla H. P.

NSS Programme Officer

Ph. 01781-238149

# LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206  
DISTT. SHIMLA H.P.

A NAAC ACCREDITED 'B+' COLLEGE



## Activities Conducted by Various Units/Departments

During the Session

**2019-20**

J. Dau  
Principal  
L.B.S. Govt. Degree College  
Saraswati Nagar, Shimla - 171206  
DDC Code No. 294

Ph. 01781-238149

# LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206

DISTT. SHIMLA H.P.

## INDEX

S.No.	Name Of The Activity	Conducted By	Date
1	International Yoga Day	NCC	21.06.2019
2	Tree Plantation Drive	Eco Club	24.07.19
3	Tree Plantation	Rovers & Rangers	25.07.2019
4	Development Of Herbal Garden	Eco Club	27.07.2019 03.08.2019 02.11.2019
5	Introductory Program & Information On Sanitation	Women Cell	30.07.2019
6	Mehandi Competition	Women Cell	03.08.2019
7	Traffic Control	NCC	Aug. 2019
8	Independence Day	NSS	15.08.2019
9	State Level Youth Forum	Rovers & Rangers	24 <sup>th</sup> -27 <sup>th</sup> August 2019
10	Awareness Rally About HIV/Aids	NSS & Red Ribbon Club	30.08. 2019
11	SwatchtaAbhiyan	NSS	06.09.2019
12	Hindi Diwas	Dept of Hindi	14.09.2019
13	Swachh Bharat Mission Rally	Rovers & Rangers	16.09.2019
14	Rally Against Garbage	NSS	20.09.2019
15	Haemoglobin Test	Women Cell	20.09.2019
16	State Level Moot Camp	Rovers & Rangers	21 <sup>st</sup> - 30th Sept, 2019
17	Gender Sensitization	Women Cell	23.09.2019
18	NSS Day Celebration	NSS	24.09. 2019
19	Tree Plantation	NCC	Oct.2019
20	Adventure Camp	Rovers & Rangers	22 <sup>nd</sup> -28 <sup>th</sup> Nov 2019
21	Constitutional Day	Dept of Political Science	26.11.2019
22	One Day Camp On Fight Against Plastic	NSS	29.11.2019
23	Cleanliness Drive In The Campus	Eco Club	04.12.2019
24	NSS 7 Days Special Camp	NSS	18 <sup>th</sup> - 24 <sup>th</sup> December 2019
25	Darshan Samagam	Dept of Philosophy	27.02.2020
26	Art & Craft Workshop	Women Cell	25 <sup>th</sup> - 06 <sup>th</sup> March 2020
27	National Science Day	Eco Club	28.02.2020
28	International Women's Day	Women Cell	07.03.2020
29	NCC Yogdan During Covid-19	NCC	1 <sup>st</sup> April - 14th May 2020
30	Voice Of Youth	NSS	26.04.2020
31	Scouts Fight Against Covid-19 Campaign	Rovers & Rangers	April, 2020
32	State Level Waggs Initiative Virtual Programme	Rovers & Rangers	23 <sup>rd</sup> -29 <sup>th</sup> May 2020

Principal  
L.B.S. Govt. Degree College  
Shimla  
DDO Code No. 244

## **INTERNATIONAL YOGA DAY 2019 (21.06.2019)**

On the order of 3HP(1) COY NCC Rampur Busheher. The NCC unit of LBS GOVT. PG College Saraswati Nagar organised a one day yoga camp on the occasion of International Yoga Day. In the able leadership of Dr. Rohit Mokta all the staff members and student of LBS GOVT. PG College Saraswati Nagar with great enthusiasm in the yoga camp. At the end there was an arrangement of refreshment for all the participants.



## **TREE PLANTATION DRIVE (24.07.19)**

Eco Club Unit of the Lal Bahadur Shastri Govt. PG College, Saraswatinagar, organized a tree plantation drive in the college premises on 24<sup>th</sup> July 2019. This event started with the plantation of tree saplings by Dr Poonam Mehta (Associate Professor), Dr Lok Raj Sharma (NSS Program Officer) and Convener (Dr Punam Chauhan) and Members (Prof Jitender Kumar and Dr Shallu Dogra) of Eco Club Unit of the college around the girl's hostel. Around 60 saplings were planted in and around the college campus. Students of Eco Club were excited and showed their vigor in tree plantation. After planting the trees the students were assigned with the duties to look after the plants. They were also sensitized about the various environmental issues, sustainable uses of resources and ecological balance. Then refreshment was distributed among the students and teachers. The drive was quiet motivating and ended successfully.



### **TREE PLANTATION (25<sup>TH</sup> JULY, 2019)**

On 25<sup>th</sup> July, 2019 Tree Plantation Camp was organised by the R&R unit in collaboration with the NCC and NSS units of the College. Trees were planted in college campus. Fifteen plants were planted by the unit during the camp. All the volunteers of the unit actively participated in this camp. Adult leaders of the unit and Principal of the college were also present at the plantation site.



## **DEVELOPMENT OF HERBAL GARDEN**

**DATE: 27.07.19**

Eco Club organized a drive to develop a Herbal Garden in the College Premises with reference to HIMCOSTE Letter Number STL(F7)10/12 Plan Project E-E-026. To develop herbal garden a site near Principal's Residence was chosen. Dr P.P. Chauhan, Principal of the college came to the site and told students about the importance of herbal garden as he belongs to the Botany Dept. He also encouraged students to develop this garden and motivated them by telling the uses of various medicinal plants. The site which was selected for this purpose was unused and covered with bushes and stones. On 27.07.19 students and teachers of Eco Club Unit, cleared the site by cutting the bushes and throwing the pebbles and stones. It was very tedious for the students to clear the site in one day. After clearing the half of site for about two hours, refreshment was distributed among the students. Students seemed to be delighted and motivated.



**DATE: 03.08.19**

In continuation of development of a Herbal Garden in the College Premises with reference to HIMCOSTE Letter Number STL(F7)10/12 Plan Project E-E-026 students of Eco Club were gathered on 03.08.19. As the site was not cleared completely earlier, so the students along with the teachers of Eco Club Unit started cleaning the site again. Students were curious in doing their task. All the students were excitedly pulling the bushes, throwing the stones and clearing the site. At last they were successful in doing their assigned duty well. After the completion of the task the refreshment was distributed among the students.

A laborer was hired then to level the site as it was difficult for the students to level the site without proper tools and implements.



**DATE: 02.11.19**

To continue with the previous task of developing the Herbal Garden in the College Premises with reference to HIMCOSTE Letter Number STL(F7)10/12 Plan Project E-E-026 again the students and teachers of the Eco Club Unit were gathered at the site. Students and teachers were asked to bring some medicinal plants/ ornamental plants one day before, so on 02.11.19 these plants were planted by the students. Students were grouped in various groups. Each plant was allotted to a particular group to plant and look after that plant in future. Refreshment was also distributed among the students.



## **INTRODUCTORY PROGRAM & INFORMATION ON SANITATION (30.07.19)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college organized an **introductory program** with the girls on **30<sup>th</sup> July 2019** in the hall at 1:00 pm. The Convener of the Women Cell, Dr Nirmala Chauhan welcomed all the girls in the new session and introduced all the girls with the members of the Women Cell. Dr Nirmala Chauhan put light on various important aspects regarding women’s health, hygiene, sanitation, sexual harassment and other abuses. All the members of the Women Cell talked on one or other issues making the things clear to the girls. Girls were told to create healthy and hygienic environment around them. For the supervision of the girls some leaders were selected. Discussion round was also kept after the talks of the teachers. Girls actively participated and asked various questions regarding their health and sanitation. For making them more aware about the sanitation a team of social workers was invited from the local areas. It was headed by Ms. Tanu Raj. Ms Tanu Raj talked on menstruation and personal problems of women.

She gave an impeccable lecture on all the related issues of women. Girls also shared and asked about their personal issues. The session went on a very good note.



### **MEHANDI COMPETITION (03.08.19)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college organized a **Mehandi Competition** in the hall on 3<sup>rd</sup> August 2019 (Saturday). Dr Nirmala Chauhan, Convener of the Cell motivated all the girls to take active part in this event. Such kind of activities not only enhances the creativity but also the social behavior and aesthetic values in the students. It started at 12:30 pm and around 80 girls took part in the competition. There was shown excitement and enthusiasm by the girls. Dr P.P. Chauhan, Principal of the college was the Chief Guest of the event. Dr Poonam Mehta, Dr Pooja Dulta and Prof Vijaylakshmi were the judges. At 2:00 pm the judges gave their judgment. They appreciated the work and efforts of the girls. The result was announced by Dr Poonam Mehta. Ms Ritu of BA Vth Sem stood first, Ms Madhuri of BA IIInd Year got second place and Ms Suman of BA Ist Year was on third position. Our Principal, Dr P.P. Chauhan congratulated all the girls especially the winners and encouraged all of them to actively participate in all the co-curricular activities of the college. He also talked on the women empowerment and motivated all the girls to be self dependent. The event ended beautifully and all the girls were contented with the result and their participation.



## **TRAFFIC CONTROL (AUG. 2019)**

NCC cadets of LBS GOVT PG COLLEGE SARASWATI NAGAR helped the police department of saraswatinagar in controlling the traffic under the leadership of S.U.O Amitdulta and S.U.O Diksha Zinta at Hatkoti kainchi during the apple season from August to September 2019. Due to apple season there was a big problem of traffic jam. It was a big hectic for the police department to this traffic and because of it common people have to suffer from many problems. The NCC Cadets LBS Govt. PG College Saraswatinagar decided to help the police department in controlling the traffic. It was a great initiative of NCC cadets to help the police department.



## **INDEPENDENCE DAY (15<sup>TH</sup> AUGUST 2019)**

On Thursday 15<sup>th</sup> August 2019 volunteers of NSS unit of Lal Bahadur Shastri Government Post Degree College Saraswatinagar celebrated Independence Day. All the preparations was done by NSS volunteers. The stage was decorated by stage committee. tri colour badge were made by each group for teachers, guests and all the students of the college. They also made some paintings for decorations. The chief guests and all the students of college. They also made some paintings for decorations. The chief guest for the day was the principal of the institution Dr. P.P. Chauhan and ASI Mr. Bhagat Singh. The function started at 10:45 am with the flag ceremony. The flag was waved by the chief guest . after that the parade was performed by the students of college and then all the teachers and NSS volunteers went to present tribute to all the freedom fighters on the stage. After that everybody moved into the activity hall for the cultural programme. The cultural function started with the lamp lightning and the pearls of wisdom by our worthy chief guest. Then tricolour resets were pinned to the chief guest and all the teachers of our college. The first programme was given by Vipul Sharma and Amit Dulta which was a very beautiful poem. After that a speech about Independence Day & our freedom fighters was given by Anjali Thulta. Then a poem wa presented by Anjali Thulta. Then a poem was presented by Kriti, Archana and one more Poem by Amit Dulta in English. After that two song performances were given by Kunal Chajta and Divyani, then a patriotic dance performances was given by the girls of NS cultural committee. After that dance and skit were performed by the daughter of Dr. Lok Raj Sharma and also by the daughter of Dr. Poonam Mehta. Under youth exchange programme a volunteer from DAV school was also present in the function and presented a very beautiful song and the last performance was a nati by the volunteers of NSS cultural committee. After all the performances were done the program officer of NSS Dr Lok Raj Sharma presented a vote of thanks to the Chief guests, teachers and all the volunteers of NSS whose presence made the function a great success.



## **STATE LEVEL YOUTH FORUM FOR RANGERS AND ROVERS (24<sup>TH</sup>-27<sup>TH</sup> AUGUST 2019)**

State Level Youth Forum for Rangers and Rovers was held at state Training Centre, Rewalsar, Distt. Mandi HP w.e.f. 24<sup>th</sup>-27<sup>th</sup> August 2019.Rovers and Rangers of all the college of the state participated in this event. Four students (02 Rovers and 02 Rangers), PreetiNagta BAIII, Sadhna BCom II, Rahul BAII and MittulBAI of Rovers and Rangers unit of the college participated.



## **AWARENESS RALLY ABOUT HIV/AIDS (30<sup>TH</sup> AUGUST 2019)**

On Friday 30<sup>th</sup> August 2019 our college organised an awareness rally regarding AIDS. All the volunteers of NSS unit and members of Red Ribbon Club took part in the rally. The rally was all about alerting students of our college and the people of our society about the prevention of AIDS and to achieve an AIDS free generation. All the groups made some posters and paintings for rally. First of all the group leaders with their group gathered in the college campus at 10:45 am. After that our respected principal filled us with some information about AIDS and encouraged all the volunteers about the Rally.

The rally started exactly at 11 O'clock from our college. Prof. Sandhira our program officer and Dr. Punam Chauhan also accompanied the volunteers in the rally. The route for the rally from the college to dipu and then back to college. All the volunteers were very energetic and shouted slogans that lightened up the prevention of AIDS. After rally all the volunteers gathered in the college hall and watched a short film regarding AIDS. After that watching that short film Dr. Punam Chauhan mentioned some important information about AIDS. The day ended with great experience and lots of information & awareness.





## **SWATCHTA ABHIYAN (6<sup>TH</sup> SEPTEMBER 2019)**

On Friday, 6<sup>th</sup> September NSS Unit of Lal Bhadur Shastri Govt. PG College Saraswatinagar became the part of Swatch Abhiyan rally organised by the Divya Himachal Rohru. The motive of the rally was to aware the public about the value of Sanitation and cleanliness. The Chief guest of the day was SDA Rohru along with NSS Unit Saraswatinagar, Ranger & Rover Unit Saraswati Nagar, NSS Unit Seema, Women organisation Samoli & Rohru was also there for rally . Students of some schools like G.G.S.S.S Rohru, A.P.S Rohru and H.I.P.S also participated in the rally. Program officer Miss Sandhira was there in Rally with NSS Unit Saraswati Nagar. Before the Rally NSS volunteer Miss Anjali Thulta shared her views about Swachta and how can we make a change in our society. The rally started at 12:00 PM. The route for the rally was from Ramleela ground to A.C.C. Park Rohru. During the rally everyone collected plastic waste in a packet to dispose them. The rally was full of energetic slogans that lighten up the value of Sanitation & cleanliness. At the end of the rally everybody gathered in A.C.C. park Rohru refreshment and everyone was interacting with each other and shared their views on sanitation, then NSS Unit Saraswati Nagar moved to Rohru Bus Stand for the cleanliness drive and to aware the public about Swatchta, meanwhile General Secratory of NSS Unit Saraswatinagar Ritik Nargeta shared his views about the benefit Swatchta. Every volunteer of NSS Unit Saraswatinagar was cleaning up the bus stand & explaining the public about the benefit of Swatchta. At 2:30 PM cleanliness drive ended with great experience.



## HINDI DIWAS (14.09.2019)

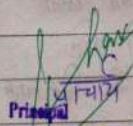
प्रसितमंवर् २०१९ की मनाची हिन्दी दिवस की  
दिनांकी वक्तव्यांक।  
प्रतिवेदन

प्रसितमंवर् २०१९ को लाल बहादुर शास्त्री राजनीय महाविद्यालय में हिन्दी दिवस की दिवं वर्षगांठ मनाई गई। इस कार्यक्रम का प्रारंभ घातः १०:३० बजे हुआ। इस कार्यक्रम में महाविद्यालय के प्रचार्य डॉ. पीर्ही न्यौलन ने बताए मुख्य उत्तराधि के रूप में हिन्दी विभाग की प्राध्यापिक डॉ. बिरला न्यौलन ने मुख्य उत्तराधि को बैंज पहनाकर इस कार्यक्रम का हिस्या बनाया तथा उन्य सभी प्रध्यापक वर्ग और छात्र शिक्षक का भी स्वागत किया।

उसके उपरांत कार्यक्रम की शुरूआत की शुरूआत सरस्वती बद्ना के साथ की गई। तथा स्कूल स्कूलभूषण चृत्य गां सरस्वती को उत्तित किया गया। उसके बाद डॉ. निर्मला न्यौलन द्वा मुख्य उत्तराधि तथा उन्य महानो के स्वागत में चंद्र शुष्ट लाई गयी। इस कार्यक्रम का नाम "जैक संस्कृति के रंग" के माध्यार पर रखा गया था जिसका मुख्य उद्देश्य अपनी संस्कृति साथात हिन्दी भाषा की दर्शाओ था। उसके बाद कार्यक्रम की चुन्वास रूप से जरी रखा गया जिसमे हिन्दी भाषा का महत्व बताते हुए ज्ञाषण तथा ज्ञाहित्यक गीष्ठी प्रस्तुत की गई जिसका उद्देश्य सभी को हिन्दी का महत्व बताने का था।

उसके बाद लोक संस्कृत से भारपूर मनोक कार्यक्रम प्रस्तुत किए गए जिसमे वर्षबा का लैक्चर चृत्य "कुंजु - चैत्यली", लैजसारी चृत्य, कालडी लैक्चर चृत्य तथा पहाड़ी चृत्य हिन्दी विभाग के विद्यार्थी द्वारा प्रस्तुत किए गए। यह बहु दी अवधि और उत्साह से द्वारा कार्यक्रम इक जिससे द्वारा की रवृत्ति आनंद पाप हुआ। बैत - बैती समान तथा 'हिन्दी भाषा का महत्व' जी विभा पर द्वारा छात्र छात्राओ द्वारा लक्ष नाहिकर जी

प्रस्तुत की गई। इन जातकी जै दर्जाल रवृत्ति वैरित हुए। उसके बाद हिन्दी विभाग के द्वारा - द्वारा जी द्वारा 'हिन्दी भाषा' तथा 'हिन्दी भाषा की पहाड़ी गीत' जी प्रस्तुत किए गए। तथा उन्न मे किन्नोरी लैक्चरल के साथ डल कार्यक्रम का उत्तम किया गया। पूरा कार्यक्रम हिन्दी भाषा संस्कृत से जीत-पौत था। उसके बाद कार्यक्रम के मुख्य उत्साह तथा कार्यक्रम को अच्छी द्वारा बन्नो के उत्साह तथा कार्यक्रम को अच्छी तरह से निशाने के द्वारा डॉ. निर्मला न्यौलन तथा छल गण के बधाई दी तथा अपने शास्त्रो मे कद के अविद्यमे जी जी हिन्दी विभाग ऐसे कार्यक्रम करता रहेगा।

  
Principal

L.B.S. Govt. Degree College  
Suraswati Nagar Distt. Shimla H.P.  
D.D.O-214

(डॉ. निर्मला न्यौलन)  
उत्साह - हिन्दी विभाग

## **SWACHH BHARAT MISSION RALLY BY R&R (16TH SEP 2019)**

On 16th Sept., 2019 Swachh Bharat Mission rally was organized by the Divya Himachal Newspaper Wing of Rohru. The purpose of the rally was to clean the market of the Rohru. The rally was taken out from the Ram Leela Ground of Rohru and passed through out the main bazaar of Rohru. The drains of the college market were cleaned and plastic packets were picked up and disposed of. Ten Rovers and Rangers of the unit participated in this rally.



## **RALLY AGAINST GARBAGE (20.09.19)**

On The occasion of Gandhi Jayanti NSS Unit of L.B.S. Govt P.G College organised an awareness rally against Garbage mainly Plastic. It was lead by N.S.S president Bhupinder Chauhan. All the volunteers gathered in collage at about 10:30am. After the inspiring speech by Dr. Poonam Mehta rally began at about 11:00am. The route covered all the areas between collage campus and Hatkoti. Awareness was spread through slogans prepared by NSS volunteers moreover they also cleared the garbage in their path mainly including plastic bottles, plastic bags and polythene. After reaching Hatkoti temple at about 12:00pm All the volunteers thoroughly cleared the place and spread awareness by individually talking to people .The rally ended by a speech given by the NSS president.



## HAEMOGLOBIN TEST (20.09.19)

'Women Grievance/ Sexual Harassment & Redressal Cell' of the college organized 'Haemoglobin Test' of girls of the college on 20.09.2019 in the Hindi Dept. at 12:30 pm. As September 2019 is considered as a month of nutrition by Prime Minister Narendra Modi. The announcement was made in his Mann Ki Baat program in which he laid emphasis on creating awareness to fight malnutrition among children, particularly girl child. So, this month of September is celebrated as 'Poshan Abhiyan' across India. Keeping this in mind, Dr Nirmala Chauhan, Convener of the Cell organised this program with the help of a team from the Civil Hospital, Saraswatinagar, Supervisor, Mrs Sunita Surajta from ICDS (Integrated Child Development Service Scheme) Jubbal and Aanganwadi worker, Sawra to check the Hb status of the girls of our college. About 71 girls came forward to check their Hb. Out of 71, 54 girls were found with Hb ranging between 10.0 – 11.0 gm, 17 girls between 11.0 – 12.0 gm and no one was having Hb above 12.0 gm. The appropriate range of Hb for girls should be 12.0 to 15.5 gm. This result gave us an idea about improper nutrition and poor health status of the girls in our college. Thereafter, girls were counseled for proper nutritive diet plans. They were told to eat healthy and nutritive food especially green vegetables and fruits. Our Principal, Dr P.P. Chauhan advised girls to take proper care of their health and encouraged them not to eat junk food and make a diet chart with the help of their teachers and parents.



Serial	Name	Age	Sex	Weight	Hb	Comments	Date	Time	Wt
1	Minal	18	F	50kg	9.5		20/09/19	12.30	
2	Srishti	18	F	55kg	10.5		20/09/19	12.30	
3	Srishti	18	F	55kg	10.5		20/09/19	12.30	
4	Ritika	17	F	55kg	11.5		20/09/19	12.30	
5	Ritika	17	F	55kg	11.5		20/09/19	12.30	
6	Ritika	17	F	55kg	11.5		20/09/19	12.30	
7	Srishti	18	F	55kg	11.5		20/09/19	12.30	
8	Ritika	17	F	55kg	11.5		20/09/19	12.30	
9	Anjali	17	F	55kg	11.5		20/09/19	12.30	
10	Gauri	17	F	55kg	11.5		20/09/19	12.30	
11	Anjali	17	F	55kg	11.5		20/09/19	12.30	
12	Srishti	18	F	55kg	11.5		20/09/19	12.30	
13	Srishti	18	F	55kg	11.5		20/09/19	12.30	
14	Kirti	18	F	55kg	11.5		20/09/19	12.30	
15	Ritika	17	F	55kg	11.5		20/09/19	12.30	
16	Srishti	18	F	55kg	11.5		20/09/19	12.30	
17	Gauri	17	F	55kg	11.5		20/09/19	12.30	
18	Srishti	18	F	55kg	11.5		20/09/19	12.30	
19	Srishti	18	F	55kg	11.5		20/09/19	12.30	
20	Srishti	18	F	55kg	11.5		20/09/19	12.30	
21	Ritika	17	F	55kg	11.5		20/09/19	12.30	
22	Ritika	17	F	55kg	11.5		20/09/19	12.30	
23	Ritika	17	F	55kg	11.5		20/09/19	12.30	
24	Minal	18	F	55kg	11.5		20/09/19	12.30	
25	Priti	18	F	55kg	11.5		20/09/19	12.30	
26	Priti	18	F	55kg	11.5		20/09/19	12.30	
27	Priti	18	F	55kg	11.5		20/09/19	12.30	
28	Priti	18	F	55kg	11.5		20/09/19	12.30	
29	Priti	18	F	55kg	11.5		20/09/19	12.30	
30	Priti	18	F	55kg	11.5		20/09/19	12.30	
31	Srishti	18	F	55kg	11.5		20/09/19	12.30	
32	Vishal	18	F	55kg	11.5		20/09/19	12.30	

Dr. Nirmala Chauhan	12.30pm
Supervisor, ICDS	12.30pm
Convener, WGR	12.30pm
College Convener	12.30pm
On Duty Doctor	12.30pm
Att. for Security	12.30pm
Att. for Infra	12.30pm
Convener, WGR	12.30pm

## **STATE LEVEL MOOT CAMP (21ST SEP TO 30TH SEP 2019)**

State Level Moot Camp was held at State Training Centre, Rewalsar, Distt. Mandi, H.P. w.e.f. 21st Sept. to 30th Sept, 2019. It was organized by the Headquarter Bharat Scouts and Guides HP. Rangers and Rovers of all the college of the state participated in this camp. Volunteers of the unit participated in various activities during the camp. These activities constituted Cultural Programmes, Food Plaza, Quiz Contest, Declamation and field works. Fourteen students (06 rovers and 08 Rangers) of the Rovers and Rangers unit of the college (06 Rovers and 08 Rangers) participated in this State Level Moot Camp.



## **GENDER SENSITIZATION (23.09.19)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college organized an awareness program on ‘Gender Sensitization’ on 23.09.2019 in the college hall. In order continue with the ‘Poshan Abhiyan’ Dr Nirmala Chauhan, Convener of the Cell organised this program with the help of a team of DCPO Shimla, Mr Manoj, CDPO Jubbal, Mr Ashish Chauhan, Protection Officer Ms Pratibha, Supervisor, ICDS Jubbal, Health Supervisors Civil Hospital Saraswatinagar, Panchayat Pradhans, Secretaries, Ward Members, Aangawadi Workers and Asha Workers from Tehsil Jubbal. All the students of the college with staff members were assembled in the college hall at 11:00 am. Our Principal Dr. P.P. Chauhan was the chief guest. The session stared with an informative speech of CDPO, Jubbal. Mr Ashish (CDPO) put light on various issues like diet planning, personal hygiene, anaemia, open defaecation free environment, sex ratio etc. He said that sex ratio of Jubbal-Kotkhai block is 937 which is very less in comparison to other areas. This is the area in which we have to think and work to enhance it by educating people about the girl child. Session was continued with the talk of Mr Manoj, DCPO Shimla. He enlightened all the gatherers with various Plans and Acts which government has provided to us. He talked about Child Act (1960), Juvenile Act (2015), Child Labour Act (1986), Child Trafficking, Drug Abuse, POCSO Act (2012) etc. He emphasized our students to stay away from drugs and to seek counseling from time to time from their parents, teachers and siblings regarding their career, career options etc. instead of peer group. He said that children in their tender age should not rely on their friends and other peer group as this is the time when most of the students go on wrong path. Later, Ms Pratibha,

Protection officer informed about various schemes for children and important helplines like Child Abuse Helpline No- 1098, Girls Helpline No – 1515 etc. The team also distributed pamphlets on various helpline numbers and foster care program. The session was very informative and interactive. Students were very excited and willing to get awareness on such very sensitive and important issues. The day ended with contentment and eagerness.



### **NSS DAY CELEBRATION (24<sup>TH</sup> SEPTEMBER 2019)**

NSS Unut of L.B.S. Govt. PG College Saraswatinagar celebrated NSS day on 24<sup>th</sup> of September 2019. The function started at 12:00pm with the arrival of the Chief Guest. The Guest of honour for the day was Mrs. Nirmala Chauhan former NSS Program Officer. First of all Guest of honour with Principal and all the teachers went to the stage for flag hosting. It was followed by the March past. Afterward everyone oved to activity hall for the Cultural Program. It was initiated by Lamp Lightning ceremony by Guest of honour and the Principal. A number of speeches were presented by the NSS Volunteers about what NSS has done in the past, what it is doing in the present and what they should do in the future. Skit was performed by the NSS volunteers. Pahari dance was performed by the Cultural group of NSS unit. After that a Rajasthani and Gujrati folk dance was performed by the NSS Volunteers.

Guest of honour gave a speech sharing her own experience as a NSS Program Officer and the self less service which they provide. She gifted 5000 Rupees as a token of love for NSS unit.

Dr. Lok Raj Sharma Program Officer gave vote of thanks to guest of honour, teachers, principal and all students. The function ended with National Anthem at about 2:00 pm in the afternoon.



### **TREE PLANTATION (OCT.2019)**

TREE PLANTATION activity conducted at college campus of LBS GOVT .PG COLLEGE SARASWATI NAGAR on October 2019 by the NCC unit of LBS GOVT.PG COLLEGE

SARASWATI NAGAR in the leadership of ANO Dr. Rohit Mokta. 54 Cadets has been participated along with the some staff members of the college.



### **ADVENTURE CAMP (22<sup>ND</sup>-28<sup>TH</sup> NOV 2019)**

Adventure Camp was organized by the Rovers and Rangers unit of the college at college w.e.f. 22<sup>nd</sup>-28<sup>th</sup> Nov., 2019. In this camp Volunteers are made aware of rock climbing, River Crossing, outdoor camping and night camping. Ten volunteers (05 Rovers and 05 Rangers) of the unit also participated in One Day Night Camp.



### **CONSTITUTIONAL DAY (26<sup>TH</sup> NOVEMBER 2019)**

Constitutional Day, also known as 'National law day' is celebrated in India on 26<sup>th</sup> November every year to commemorate the adoption of the constitution of India. On 26<sup>th</sup> November 1949, the constituent assembly of India adopted the constitution of India, and came into effect on 26<sup>th</sup> January 1950.

Department of Political Science LBS Government College Saraswati Nagar (Sawra) celebrated Constitutional Day on 26<sup>th</sup> November 2019, all the students of department of political science takes part in the program. The Chief Guest of program was Dr P.P. Chauhan worthy Principal of this college and other senior faculty member. The program was started 11.00 pm with lighting the lamps maa Saraswati. The welcome speech by Prof. Rajesh Kumar HOD department of political science. The students of B.A. 1<sup>ST</sup> year Monika, Himani and Savita gave a speech on the importance and chrematistics Indian constitution.

The Speech on enlighten 'The constitution' by Dr. PP Chauhan. Vote of thanks by CR Hitesh Mehta B.A. 2<sup>ND</sup> Year. The program was closed with National Anthem.



## **ONE DAY CAMP ON FIGHT AGAINST PLASTIC (29<sup>TH</sup> NOVEMBER 2019)**

On Friday 29<sup>th</sup> of November 2019 NSS Unit of L.B.S.G.P.G. College Saraswatinagar organised one day camp was to eliminate pollutants from our surroundings by fighting against plastic.

At 10 O'clock in the morning all the NSS volunteers gathered in college campus. NSS program officer enlightened the volunteers about the schedule of the one day activity. The volunteers were divided into four groups. One group was given the duty for preparing lunch for all the volunteers and the rest three groups were allotted three different locations for plastic collection rally. The location were Anti, lower Dochi and Patsari. At 10:30 am the three groups went to their allotted locations after attendance for plastic collection. They collected all the plastic waste on their way. After the plastic collection the three groups were assembled at three different spots and volunteer from each delivered a speech to aware the society about the ill effects of using plastic and how plastic is harmful to the environment. NSS volunteers collected 72 bags of plastic wastes and these bags of plastic were given to Panchayat at the cost of 75 rupee per kg. After the speech all the volunteers

move towards the college campus for lunch. At the end of the one day camp NSS program officers Dr. Lok Raj Sharma and Prof. Sandhira appreciated all the volunteers for their efforts and incredible work



### **CLEANLINESS DRIVE IN THE CAMPUS (04.12.2019)**

It was a need of hour and yes that's why the Eco Club unit of the college takes this initiative of cleanliness every year to spread awareness among the students and teachers even the surrounding people to think, initiate and implement this. It should be our duty to take one step ahead against the Swachhta Abhiyan and make our region, our state, our country a disease free, pollution free and completely developed country. With this campaign, this year also the members of Eco Club took a pledge to clean our college campus and surrounding areas. We started at 10:30 am with the teachers and students from NCC. We took brooms and garbage bags in our hands to clean and pick up the plastics found in the campus and surrounding areas. We cleaned every nook and corner of the college including corridors, ground, parking area, canteen area etc. After doing the same for about

four hours, we all gathered in the college hall. There refreshment was distributed among the students and the teachers. Eco Club members and some of the students volunteered to give speech on cleanliness campaign and harmful effects of plastics. Everyone was felt so contented in beautifying their own campus. We all took oath not to use plastics, disposables, and to keep our surroundings clean and also motivate others to do the same. The purpose of this campaign was found fruitful.



#### **NSS 7 DAYS SPECIAL CAMP (18<sup>TH</sup> DECEMBER 2019 TO 24<sup>TH</sup> DECEMBER 2019)**

**18<sup>th</sup> December 2019** was the first day of NSS 7 days special camp of L.B.S.G PG. College Saraswatinagar and it was the first preparatory day for upcoming six days. At 10' O clock in the morning all the NSS volunteers reached the college with their luggage. The first task of the preparatory day is to collect woods for the camp fire. Some volunteers were giving final touch up to the stage. The theme for the day was "Best Out Of Waste". The NSS main body made sleeping arrangements for the volunteers. Girls were sent to the boys hostel and boys were stayed in the college. At 12 O' Clock Doctor's team from the Primary health centre S/Nagar arrived for the volunteers medical Checkup. Dr. Amit told us about health and nutrition . at about 2 pm the Doctors left the college. In the evening, attendance and group division were done by main body and program officers. Under the youth exchange program Voulnteers of Rangers and Rovers ,NCC and two members of CSCA also become the part of NSS 7 days Special camp. The program officer Dr. Lok Raj Shrama conducted an ice breaking session for the volunteers, this was followed by the distribution of NSS track suits to the volunteers. After that all the volunteers went to the dining hall for the dinner. The dinner was prepared by the main body. After the dinner all the volunteers enjoyed the camp fire. At 10 pm volunteers went to their beds.

**19<sup>th</sup> December 2019 was the second day** of NSS 7 Days special camp. theme for the day was “Youth For Rural Reconstruction” The day started with the “Prabhat Feri” towards Hateshwari Mata Temple at 5 O’clock. At about 6:30 am volunteers reached back to the college. Then exercise was done by volunteers for one hour. This was followed by morning assembly which was conducted by Miss. Ritika volunteer of mount Kailash group. After morning assembly all the volunteers had breakfast . then their was a break for half n hour, after that all the volunteers lined up for parade practice. At around 10’Oclock inogration for 7 day special camp was done . it was followed by parade and flag hosting for the day was NSS coordinator H.P.U. Dr. B.R. Thakur. The guest of honour were Prof. Devinder Sharma Dept. Of Commerce. H.P.U former co-coordinator of NSS & Dr. Anup Sharma.

After the parade everybody went to hall for the cultural program. The cultural program begin with the lamp lightning. General secretary and Joint Secretary pin up the NSS badges to the guests.



**20<sup>th</sup> December 2019 was the third day** of NSS 7 days special camp. The theme for the day was “Youth for Mass Literacy”. The day started by “Prabhat Feri” at 5:30 am from college campus to Sawra market and the volunteers reached back to college at about 6:30am. Even after reaching the college volunteers keep on singing Bhajans and prayers. This was followed by Prof. Sandhira our program officer. After exercise all the volunteers gathered for attendance and volunteers of NCC, sports, Rangers & Rovers and G.P.G. Colege Seema were divided into the groups. This was followed by upcoming assemblyand that assembly was conducted by Miss. Kavita Group of Mt. Everest Group. After the morning assembly all the volunteers started parade practice except for the volunteers of Mount Kailash Group whose duty was in the mess for prepairing food for the day. At about 9 O’clock everybody went to the dining hall for the breakfast. After the breakfast there was a break for 20 minutes and then program officer Dr. Lok Raj Sharma gave instructions for the field work. The volcanic Group and Kings peak group was given the task to haul the sand. Girl volunteers of other groups haul the bricks and boy volunteers dug the foundation for the wall for building permanent asset.

The field work was done for one hour and at 12 O’clock interactive session started. The chief guest for the session was C.D.P.O Jubbal Mr. Ashish Chauhan and T.W.O Mr. Tanmay Kanwar. Mr. Ashish Chauhan delivered the speech on the topic Working scopes of a Volunteer and Mr. Tanmay Kanwar delivered the speech on the ways How to dispose off the plastic waste. The session last for at least one & half hour and then all the volunteers went to dinning hall for the lunch. After lunch there was a break and from 3:30 pm to 4:30 pm volunteers got back to their field work. Then the cultural function started which was conducted by Kara Koram Group and presentation were presented by Kings Peak Group & Volcanic group. The Chief Guest for the Cultural function were Dr. Nirmala Chauhan and Prof. Digvijay and Miss Kritika Chauhan. Cultural function included NSS song , Pahari dance, pahari group dance & presentations. Cultural function ended at about 9 O’clock and after that all the volunteers went for the dinner. After dinner everybody enjoyed camp fire & dispersed for their bed.



**21<sup>st</sup> December 2019 was the fourth day** of NSS 7 days special Camp. The theme for the day was “Social Harmony and National Integration” our day started with the “Prabhat feri” at 5:30 am from college campus to Hateshwari Mata temple and then back to the college. After reaching college everybody gathered for exercise session which was conducted by volunteer Ashish Chauhan. This is followed by Morning assembly. Morning assembly was conducted by Mt. Everest group and report reading was done by Savita Gupta volunteer of Kings Peak Group after that everybody went to the dining hall for breakfast which was prepared by the volunteers of Karakoram group. After breakfast all the volunteers got back to their field work. After that about 12 O'clock debate and discussion session started on the topic Citizen Amendment Act. All the volunteers actively participated in the debate. This session was followed by interactive session in which chief guest was B.D.O. Jubbal Miss.Kalyani Gupta. She talked about Panchayati Raj Schemes of Panchayati Raj and how NSS volunteers can work with them for the betterment of our society. After interactive session all the volunteers went for lunch. Thus everybody indulged in field work. At around 6 pm cultural eve started. Cultural eve was conducted by Mt. Kailash Group. The chief guest for the eve was former Principal of the institution Prof.Balwant Chauhan. Cultural eve included performances like Solo Song by Rachna, Pahari Nati, Solo dance by Shreya Sharma. After that the chief guest interacted with the volunteers shared his life experiences and motivated other volunteers to do better in their life. After his speech a performance was presented by Amit's Band “The beginner's band” and a Nati by cultural Dept. Of NSS. After the cultural eve everyone went to the dinning hall for having the dinner. Then all the volunteers enjoyed the campfire and around 10 pm they went to their beds.





**22<sup>nd</sup> December 2019 was the fifth day** of NSS 7 days special camp. The theme for the day was “Youth for Dirt and Diseases”. At 6 O’clock all the volunteers gathered in college campus for Yoga session which was conducted by Prof. B.R. Pirta Dept, of commerce seema college.



**23<sup>rd</sup> December 2019 was the sixth day** of NSS & days special camp. The theme for the day was “youth for Sustainable Development. At 6:30 am there was a yoga session by Prof. B.R. Pirta Dept. Of Commerce Seema College. After yoga session volunteer gathered for morning assembly. Morning assembly was conducted by Mt. Kailash Group & report was read by Himalaya Group. After the morning assembly everybody went for breakfast. Breakfast was prepared by Kings Peak Group. At 10 O’clock the interactive session was started with Prof. Abhishek Negi Dept of Law H.P.U. Shimla. He motivated volunteers with his motivating speech. For the field work volunteers directed to haul the sand for building permanent asset. Volunteers of karakoram group and Himalaya Group were directed to clean the area around the location of permanent asset. Volunteers of Mt. Everest Group were working on another asset in college campus. At about 6:30 pm cultural program started which was conducted by two groups Volcanic group and Mt. Everest group . the chief guest for the eve was Dr. P.P. Chauhan , principal of the institution retired Proff. Gopal Dutt Sharma, Retired Proff. P.D. Jagitha and Dr. Poonam Mehta Dept. Of Philosophy. The Guest of honour were PTA President Mr. Narvir Mehta, Prof. Sandeep Thakur Dept of Commerce , Prof Punishver Purta and former President of NSS Mr. Saurav Mantan. First of all the program officer Dr. Lok Raj Sharma pin up badges to the Chief Guest and the NSS president pin up the badges to the Guest of Honour. Cultural Programme Started with the Performances Prof. Punishwar Purta delivered his speech.

After that Mt Everest group presented three performances and then Prof. P.D. Jagitha motivated the volunteers with their experiences. This was followed by a pahari Nati by boys volunteers. Then Dr. Poonam Mehta inspired all the volunteers for the betterment of their future. after that a Pahari nati was presented by Cultural Dept. At the end a speech was delivered by Prof. PP Chauhan. Then Program officers honoured guest of honour with token of love. After cultural eve. All the volunteers went for the dinner. After dinner there was camp fire And then everybody went to their beds



**24<sup>th</sup> December 2019 was the last day** of NSS 7 days special camp. The theme for the day was “Social Development with Innovation”. At about 6:30 am all the volunteers gathered in college campus for the exercise session which was conducted by Ashish Chauhan volunteer of Mt. Kailash Group. At 8’O Clock everybody assembled for the morning prayer session which was conducted by Volcanic group 4 report reading was done by Kara Koram Group. After morning prayer everybody went for breakfast. After breakfast all the volunteers gathered in college campus and program officers Dr. Lok Raj Sharma gave information about the rallies that was going to be conducted at different places by the volunteers TWO Groups : Volcanic Group & Kara Koram Group were directed to went toward Hateshwari Mata Temple for “Swatchta Rally”. There volunteers cleaned the Mandir and collected almost 20 bags of plastic waste. & gave those bags to Panchayat. Four groups : Himalaya Group , Mt. Kailash Group , Mt Everest Group & Kings Peak Group wee directed to proceed towards Jubbal for Rally. The volunteers of NSS had a discussion about waste management plant with tehsildar Mr.Chander Mohan and asked the President of Vyapar Mandal to aware shopkeepers putting dustbin in front of every shop. After reaching the college all the volunteers had their lunch. This was followed by closing ceremony . the chief guest for the evening was the Principal of the Institution Prof. PP Chauhan and National awarded Former Proff. From Dept. Of Commerce Mr. Gopal Dutt Sharma . the guest of honour was National awarded NSS volunteer Neeraj Kumar ,first of volunteer made some preparation for the closing ceremony & Cultutal function at about 6:30 pm volunteers gathered for parade & Mr. Gopal Dutt Sharma take off the flag . Then everybody went for the cultural function in the activity hall. The host for the evening was the NSS President Unit I Mr. Bhupinder Chajta. The function started with a saraswati vandana by a volunteer Anjali Thulta. Then a documentary was presented by a volunteer Mr.Amit Negi about all the work done by NSS Unit of our college. Then there was a speech by Mr. Neeraj Kumar. This was followed by the prize distribution between the prize distributions there was a dance performance by the NSS cultural dept. When all the prizes were distributed then there was a speech by Mr. Gopal Dutt Sharma.the speech was followed by another speech by Program officer. After that a pahari nati was presented by the boys. This was followed by the principal of our college Dr. P.P. Chauhan then Bhopinder Chajta President Unit I presented a token of love to Neeraj Kumar Program officer Prof. Sandhira presented token of love to Mr. Gopal Dutt Sharma & Program officer Dr. Lok Raj Sharma presented token of love to the Principal of college Dr. P.P. Chauhan. After that Dr. Lok Raj Sharma presented awards to Presidents Unit I And Unit II and to the General Secratoty and with that program officer he declared the closing of & days NSS Special Camp After that everybody went for dinner and then everybody enjoyed the last campfire of the 7 days special camp. After that everybody went to their beds.



## DARSHAN SAMAGAM (27.02.2020)

REPORT                    27<sup>th</sup> Feb. 2020

DARSHAN SAMAGAM HELD ON 26<sup>th</sup> Feb. 2020

The Annual Philosophical fiesta 'Darshan Samagam' for the year 2019-20 was organised by Department of Philosophy on 26<sup>th</sup> Feb 2020.

In the Samagam, a large number of students participated and made brain storming presentations on various themes such as:-

Mental Health, Brahmacharya from the perspective of a students' life, Cyber Crime, Social Media, Education, Nishkama Karma Yoga, Women- the pillars of society etc.

Documentaries and video clips were also shown on some of the themes mentioned above.

The function was presided over by Dr. P.P. Chauhan - Principal, L.B.S. Govt. Degree College Saraswati Nagar

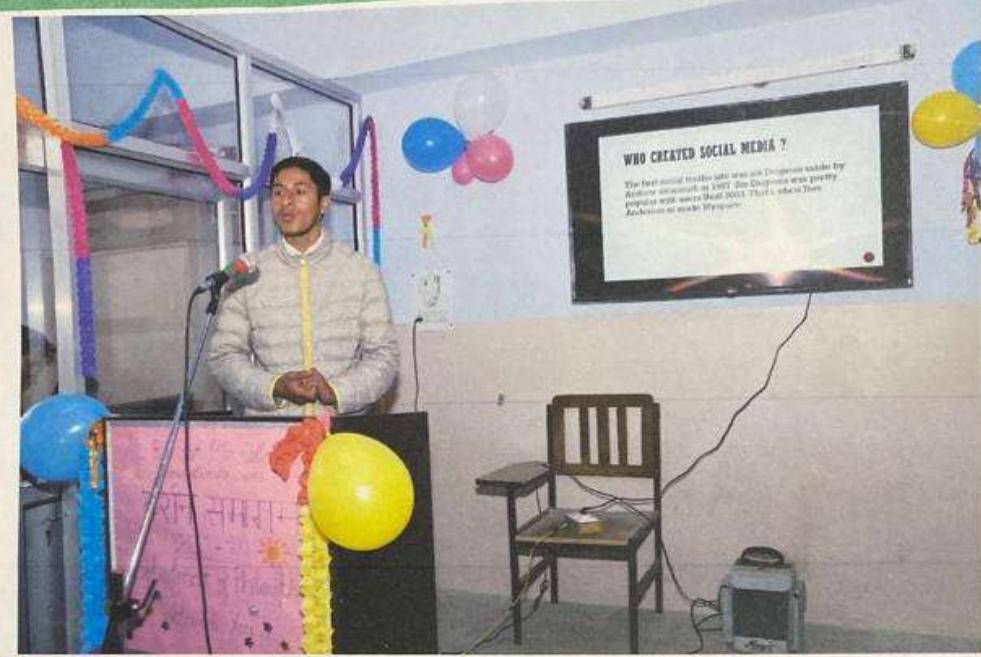
-the chief guest of the day.

Dr. Poonam Mehta presented the paper  
titled "Swachchta of Body, Mind and Speech-  
a Philosophical Dimension". In the end,  
students of the Department presented an  
enthralling Natti depicting the <sup>rich</sup> cultural heritage  
~~richness~~ of the state. The Programme ended  
with pearls of wisdom from the Principal  
and vote of Thanks from the vice President  
of the Philosophical Society.



I am  
Principal  
(Dr. Poonam Mehta)

Speaker  
(Dr. Poonam Mehta)



Principal

Coordinator



## **ART & CRAFT WORKSHOP (25<sup>TH</sup> FEB. TO 06<sup>TH</sup> MARCH 2020)**

‘Women Grievance/ Sexual Harassment & Redressal Cell’ of the college organized a ten days ‘Art & Craft Workshop’ in the college w.e.f. 25.02.2020 to 06.03.2020 from 10.00 am to 01.00 pm. Mrs Geeta Devi was invited to conduct this workshop in the campus. Around 35 girls showed their participation in this workshop. Mrs Geeta Devi trained our girls to make stuffed toys. Girls enthusiastically learned different ways to prepare various types of stuffed toys. This type of workshops helps the girls to learn skills to make them independent socially and economically. It helps to build the confidence in the girls. Girls were excited and enjoyed this ten days workshop. They were able to prepare different types of stuffed toys by the end of workshop. The workshop ended successfully and the stuffed toys made by girls were exhibited during International Women’s Day to all the other students to motivate them for learning such skills.



## **NATIONAL SCIENCE DAY (28.02.2020)**

India celebrates National Science Day on February 28 every year to commemorate the discovery of the Raman Effect. Sir CV Raman discovered the effect in 1928 and was awarded the Nobel Prize in Physics in 1930. National Science Day is celebrated across schools and other educational institutes to spread the message of the importance of science in daily life. On this day, light is shed on efforts and achievements in the field of science and dialogue is held on implementing new technologies. In 1986, the National Council for Science & Technology Communication (NCSTC) asked the government of India to mark February 28 as National Science Day. National Science Day was first celebrated on February 28, 1987. The NCSTC also founded the National Science Popularization awards to recognize the outstanding efforts in the area of science. For 2020, the theme is ‘Women In Science’, putting a special focus on contributions and efforts by women scientists.

Science society of our college celebrated ‘National Science Day’ on 28th Feb 2020. The event started with the lamp lightening by the chief guest, Dr P.P. Chauhan, Principal, Govt. P.G. College Saraswatinagar. All the staff members were also invited to witness the program. Then the gathering was briefed with the objectives and purposes of the celebrating National Science Day. Session continued with the various science activities by the students of all the three classes. Students presented posters, models based on science, power point presentations, declamation etc. Students were very excited and worked very hard throughout the event. They presented themselves very well and confidently. As the presentations of the students were over, prizes were distributed to the winners by the chief guest. The chief guest then delivered a motivational and inspirational speech to our students. He emphasized that hard work is the only key to achieve success in the life. He explained how science and technology is useful in day to day life and how it is making life easier. In his presidential remark he appreciated the efforts of the Eco Club students for making this event a grand success. In the meanwhile, refreshment was also distributed to the students and the teachers. The program ended with contentment with the vote of thanks.





## INTERNATIONAL WOMEN'S DAY (07.03.2020)

'Women Grievance/ Sexual Harassment & Redressal Cell' of the college celebrated 'International Women's Day' on 07.03.2020 from 11.00 am to 01.00 pm in the college. The theme of the day was 'I am Generation Equality: Realizing Women's Rights' and the campaign theme was 'Each for Equal'. Dr Nirmala Chauhan, Retd. Associate Professor was invited as a chief guest. All the teaching and non teaching female staff members of the college were invited to the function. All the girls and some of the boys of the college also witnessed the function. The program started at 11:00 am with the welcome of Chief Guest with bouquet and rosette.





Documentary on women's day was shown to the students. Thereafter, the program continued with the various types of performances performed by the students like speeches, songs, presentations etc. based on the theme of the day. Students were also informed and sensitized about Corona Virus and COVID-19 through power point presentation because this has become a global issue today. Dr Poonam Mehta, Senior Faculty member of the college also presented her speech, which was quiet motivated and meaningful to our students.

Lastly, Chief Guest Dr Nirmala Chauhan, spoke on various issues related to women and how a woman/girl can lead the society. She told that women are far superior to any creature on the earth as she gives birth to the whole society. The speech was very effective and inspirational.

During the program, the refreshment was distributed among the teachers and the students. The program was ended with the 'vote of thanks' by Dr Punam Chauhan, a member of Women Cell.

### **APPRECIATION CERTIFICATE FOR NCC YOGDAN COVID-19 (1<sup>ST</sup> APRIL 2020 TO14TH MAY 2020)**

NCC Cadets have joined India's fight against the corona virus pandemic ,with civil and police administration of various districts seeking their service in the combat , officials in Rohru at the time of Pandemic (covid) from LBS GOVT. PG COLLEGE Sarawati Nagar. Appriciation certificate given with 24 cadets of our institution from 1<sup>st</sup> April 2020 to14 May 2020 (EX NCC YOGDAN COVID-19).



## VOICE OF YOUTH (26TH APRIL, 2020)

On 26th April, 2020 NSS Unit Saraswati Nagar (Sawra) started the initiative of spreading the awareness on COVID-19 pandemic. This initiative was named as “Voice of Youth”. This initiative helped the volunteers to come out with their intellectual ideas to spread awareness about Covid-19. This initiative of NSS unit helped the society to understand the seriousness of the situation. The Covid-19 awareness was spread with the help of NSS Saraswati Nagar Facebook page by uploading videos. The objective of weekly campaign’s first video was “Is social distancing fruitful” by Bhopinder Chauhan. The second video was about the “Fire Disaster” by Nikhil Nasta on 27th April, 2020. The next video was on 28th April, 2020 by Aanchal Subreta the subject of the video was “Pre-management steps to control crowd in market”. On 29th April, 2020 NSS volunteer Kartik Mehta spread the awareness on the topic “Misuse of passes” (the passes was made in the Covid-19 period to travel in lockdown). On 30th April, 2020 NSS volunteer Banit Ranta made the video on the subject “Real help”. The last video of this campaign was made by Ishan Lasta on the subject of “Real health” and concluded the campaign to express the motto of “Voice of Youth”. This initiative of NSS volunteers helped the society to safe guard themselves and their families from this pandemic situation.



Kartik Mehta  
NSS Volunteer Saraswatinagar

Misuse Of Passes

NSS Saraswati Nagar  
NSS Unit Saraswatinagar awareness Campaign #voiceofYouth topic: Misuse of Passes today at 6 pm. NSS Volunteer Mr.Kartik Mehta will be live for the 4th time...don't forget to tune in.



Banit Ranta  
NSS Volunteer Saraswatinagar

Real Help

NSS Saraswati Nagar  
NSS Unit Saraswatinagar awareness Campaign #voiceofYouth topic: Real Help today at 6 pm. NSS Volunteer Mr.Banit Ranta will be live for the 5th time...don't forget to tune in..



Ishan Sharma  
NSS Volunteer Saraswatinagar

Real Health

NSS Saraswati Nagar  
NSS Unit Saraswatinagar awareness Campaign #voiceofYouth topic: Real Health today at 6 pm. NSS Volunteer Mr.Ishan Sharma will be live for the 6th time...don't forget to tune in..



## SCOUTS FIGHT AGAINST COVID-19 CAMPAIGN (APRIL, 2020)



Ever since the lockdown was imposed due to the outbreak of covid 19 rovers and rangers of the unit actively served the nation with their heartily dedication. Ten volunteers of the unit actively participated in this campaign. They gave duties at their villages and local markets of their villages during the lockdown. This campaign started in the Month of April, 2020.

## STATE LEVEL WAGGGS INITIATIVE VIRTUAL PROGRAMME (23<sup>RD</sup>-29<sup>TH</sup> MAY 2020)

State Level WAGGGS Initiative Programme was organised by the Bharat Scouts and guides HP from 23<sup>rd</sup>-29<sup>th</sup> May 2020. Two volunteers Mr. Rahul and Mr. Harit from BA III year of the unit participated in this programme. The main objective of the programme was to make the volunteers aware of pandemic and measures to stop the spread of corona virus among people.

No.-BSGHP-VWI-083



Dated :- 29-05-2020

**THE BHARAT SCOUTS AND GUIDES HIMACHAL PRADESH**

**CERTIFICATE OF  
ACHIEVEMENT**

**THIS CERTIFICATE IS AWARDED TO**

**Harit Kumar**

**of Government College Saraswati Nagar**

**for volunteering time and efforts in the  
STATE LEVEL VIRTUAL WAGGGS INITIATIVE PROGRAMME  
from 23rd to 29th May 2020.**

*[Signature]*  
**STATE SECRETARY**  
**The Bharat Scouts and Guides**  
**Himachal Pradesh**



Ph. 01781-238149

**LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE**  
SARASWATI NAGAR-171206  
DISTT. SHIMLA H.P.

A NAAC ACCREDITED 'B+' COLLEGE



**Activities Conducted by Various  
Units/Departments**

**During the Session**

**2020-21**

Principal  
L.B.S. Govt. Degree College  
Saraswati Nagar Distt. Shimla H.P.  
DDO Code Ak. 214

Ph. 01781-238149

# LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE

SARASWATI NAGAR-171206  
DISTT. SHIMLA H.P.

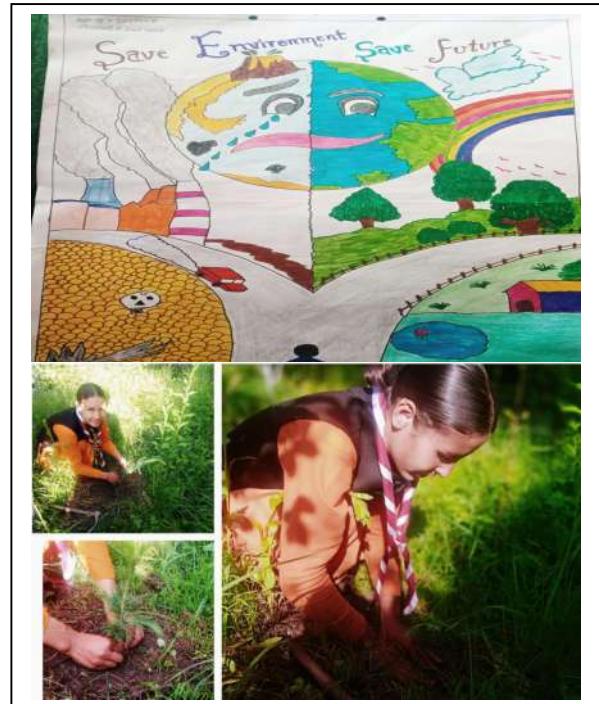
## INDEX

S.No.	Name Of The Activity	Conducted By	Date
1.	International Environment Day	Rovers & Rangers	05.06.2020
2.	Independence Day	NSS	15.08. 2020
3.	International Youth Day	Red Ribbon Club	25.08. 2020
4.	Quiz Competition at District/State/Regional Level on HIV/AIDS	Red Ribbon Club	25.09.2020
5.	Traffic Control	NCC	September 2020
6.	District Level Quiz Competition on HIV/AIDS	Red Ribbon Club	28.10.2020
7.	Fit India Campaign	NSS	01.12. 2020
8.	Padho aur Padhao Abhiyan	NSS	18.12.2020
9.	One Day Camp of NSS	NSS	10.02.2021 26.02.2021 04.03.2021
10.	Cleanliness Drive in the Campus	Eco Club	26.02.2021
11.	National Science Day	Eco Club	28.02.2021
12.	NSS 7 Day Special Camp Report	NSS	22 <sup>nd</sup> - 28 <sup>th</sup> March 2021
13.	Awareness Campaign Fighting Against Covid-19	Rovers & Rangers	April, 2021
14.	Scouts Fight Against Corona 2.0	Rovers & Rangers	25.05.2021
15.	Vaccine Distribution Duty	NCC	03.06. 2021
16.	Mask Making and Distribution	NSS	2021
17.	Tree Plantation	Rovers & Rangers	August 2021

*[Signature]*  
Principal  
L.B.S. Govt. Degree College  
Sarawati Nagar, Shimla - 171206  
Regd. No. 214  
N.C. Code No. 214

## **INTERNATIONAL ENVIRONMENT DAY (5TH JUNE2020)**

On 5th June2020 Environment Day was celebrated through online mode by Rovers & Rangers unit. The volunteers of the unit were asked to make poster to spread awareness about the protection of environment and to plant trees to protect the Environment. Volunteers of the unit planted trees at their own places and shared poster online.



## **INDEPENDENCE DAY (15<sup>TH</sup> AUGUST, 2020)**

On 15<sup>th</sup> August, 2020 NSS unit Saraswati Nagar (Sawra) celebrated Independence Day in college campus. This occasion was celebrated in the presence of Police Officials and programme officer Dr. Lokraj Sharma and the flag was hosted by the principal Dr. P.P. Chauhan. This was followed by the National Anthem. In the evening, NSS volunteers lowered the flag.



## **INTERNATIONAL YOUTH DAY, 2020 (25TH AUGUST 2020)**

The intercollege competition at the District level was organized by Department of Health & Family Welfare, HPSACS, Shimla to spread awareness among the youth to celebrate 'International Youth Day, 2020' which is observed on 12th August every year. This HIV/AIDS Prevention and

Awareness Campaign was carried out w.e.f. 18th to 31st August, 2020 to celebrate International Youth Day. The theme of International Youth Day, 2020 was 'Youth engagement for Global Action'. In this competition various colleges took part.

'Red Ribbon Club' of LBS Govt. Degree College Sarawatinagar, Sawra also participated in this intercollege competition at District Level and conducted various online activities like slogan writing, painting, poster making, rangoli, videos of awareness on HIV/AIDS Prevention and Awareness Campaign. Due to the Covid-19 pandemic, the event was organized virtually. Around 50 students participated in this competition. Students sent their activities via 'whats app' and the pictures of the activities were sent to Department of Health & Family Welfare, HPSACS.

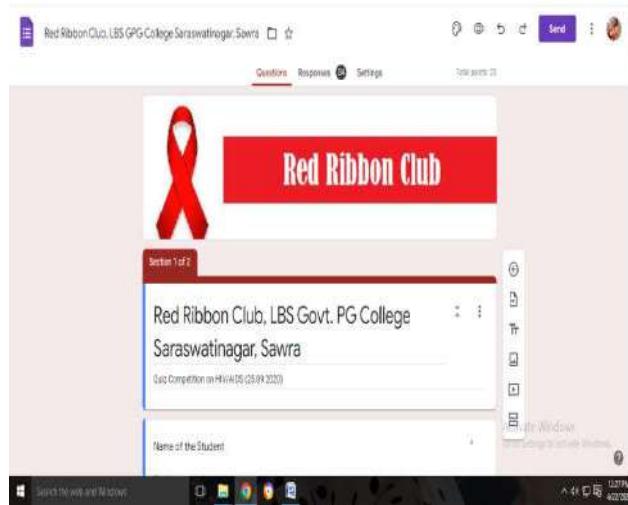
The result of this competition was declared on 08th October 2020 by Dr Ashok Chauhan, District AIDS Program Officer, Shimla. Shavik Sharma bagged 3rd position in slogan writing and Aditi (BSc 2nd Year) bagged consolation prize in slogan writing from our college. They both got prize money for their achievement by HPSACS, Shimla.





## QUIZ COMPETITION AT DISTRICT/STATE/REGIONAL LEVEL ON HIV/AIDS (25.09.2020)

Department of Health & Family Welfare, HPSACS, Shimla has to organize a Quiz Competition at District/State/Regional level in all the Educational Institutions to spread awareness on HIV/AIDS, promotion of Voluntary Blood Donation etc [letter no. HPSACS (IEC)(Coll)06/Vol-III]. For the same Red Ribbon Club of our college conducted an Online Quiz Competition on 25<sup>th</sup> September 2020 on HIV/AIDS which started at 10:15 am and only total 25 questions were asked via google form for which only 20 minutes were allotted to the students. Only 34 students participated in the competition. In this competition Priyanshi (BSc 1<sup>st</sup> Year) stood first and Aavishkar (BSc 2<sup>nd</sup> Yr) and Upasana (Bsc 1<sup>st</sup> Year) bagged second place. As there was tie for the second place so rapid fire round was conducted virtually with these two students in which Aavishkar won. The names of 1<sup>st</sup> and 2<sup>nd</sup> winner of our college were then given to DAPO, Shimla for the District level quiz competition to be held on 28<sup>th</sup> October 2020.



Timestamp

A1	A	B	C	D	
	Timestamp	Score	Name of the Student	Class	Roll No
1	9/25/2020 10:23:22	14 / 25	RAMAN	2	
2	9/25/2020 10:23:52	9 / 25	Kiran Ista	1	
3	9/25/2020 10:25:20	12 / 25	Tejasvini	1	
5	9/25/2020 10:25:39	13 / 25	Paras chauhan	2	
6	9/25/2020 10:29:00	16 / 25	Minakshi Nanta	2	
7	9/25/2020 10:29:08	13 / 25	Mahima	1	
8	9/25/2020 10:29:12	14 / 25	Rahul	1	
9	9/25/2020 10:29:31	13 / 25	Bharti	2	
10	9/25/2020 10:29:48	21 / 25	Priyanshi	1	
11	9/25/2020 10:29:49	14 / 25	Hemant Masta	1	
12	9/25/2020 10:29:57	18 / 25	Aashima	2	
13	9/25/2020 10:30:06	16 / 25	ANUP	2	
14	9/25/2020 10:30:06	7 / 25	Shalu	1	
15	9/25/2020 10:30:07	9 / 25	Sushant Namta	1	
16	9/25/2020 10:30:09	10 / 25	Arun Negi	1	
17	9/25/2020 10:30:21	16 / 25	Akhay	2	
18	9/25/2020 10:30:34	14 / 25	Avinash Thakur	1	
19	9/25/2020 10:30:35	17 / 25	Punit nepta	1	
20	9/25/2020 10:30:36	16 / 25	Mridul Steta	1	

Red Ribbon Club, LBS GPO College Saraswatinagar, Sewra (Responses) Share

File Edit View Insert Format Data Tools Extensions Help Last updated yesterday

Timestamp

A1	A	B	C	D	E	F	G	H
	Timestamp	Score	Name of the Student	Class	Roll No	1. HIV infects which cells 2. If a person gets treated 3. What is the count of H 4. If a		
21	9/25/2020 16:31:53	11 / 25	Aditi	2	19501 CD4+ Cells	FALSE	below 200 per cubic mm	
22	9/25/2020 16:31:56	18 / 25	Vansh sharma	1	T CD4+ Cells	FALSE	below 500 per cubic mm	
23	9/25/2020 16:31:53	17 / 25	Aavishka	3	19559 CD4+ Cells	FALSE	below 200 per cubic mm	
24	9/25/2020 16:31:59	20 / 25	Aarav Patel	2	19557 CD4+ Cells	FALSE	below 200 per cubic mm	
25	9/25/2020 16:31:31	18 / 25	Vansh chauhan	2	594 CD4+ Cells	TRUE	below 200 per cubic mm	
26	9/25/2020 16:32:00	11 / 25	Nuskin	1	2020207 CD4+ Cells	FALSE	below 10 per cubic mm	
27	9/25/2020 16:32:25	5 / 25	Shradh Delta	2	19593 RBCs	FALSE	below 500 per cubic mm	
28	9/25/2020 16:32:25	19 / 25	Aastha Prinzena	1	1 CD4+ Cells	FALSE	below 200 per cubic mm	
29	9/25/2020 16:32:57	16 / 25	Yogeshwar	1	4274 B Cells	FALSE	below 200 per cubic mm	
30	9/25/2020 16:34:16	28 / 25	Upanna Varpa	1	CD4+ Cells	TRUE	below 200 per cubic mm	
31	9/25/2020 16:35:15	18 / 25	Pravush Singh	3	19552 B Cells	FALSE	below 500 per cubic mm	
32	9/25/2020 16:35:34	17 / 25	Yashil	3	19501 CD4+ Cells	TRUE	below 200 per cubic mm	
33	9/25/2020 16:36:35	18 / 25	Rahul chauhan	3	19554 CD4+ Cells	FALSE	below 500 per cubic mm	
34	9/25/2020 16:37:58	11 / 25	Himanshu	10	CD4+ Cells	FALSE	below 200 per cubic mm	
35	9/25/2020 16:38:59	18 / 25	Kritika Hall	3	19532 CD4+ Cells	TRUE	below 200 per cubic mm	

## TRAFFIC CONTROL (SEPTEMBER 2020)

NCC cadets of LBS GOVT PG COLLEGE SARASWATI NAGAR helped the police department of saraswatinagar in controlling the traffic under the leadership of S.U.O Rajatnegi and U.O Awantikarolta at hatkoti kainchi during the apple season from august to September 2020. Due to apple season there was a big problem of traffic jam. It was a big hectic for the police department to this traffic and because of it common people have to suffer from many problems. The NCC Cadets LBS GOVT. PG COLLEGE Saraswatinagar decided to help the police department in controlling the traffic. It was a great initiative of NCC cadets to help the police department.



## **DISTRICT LEVEL QUIZ COMPETITION ON HIV/AIDS (28.10.2020)**

In continuation with the quiz competition which was conducted at college level by Red Ribbon Club of our College on 25.09.2020, the first two winners participated in District Level Quiz Competition on 28.10.2020. In this competition Priyanshi (BSc 1<sup>st</sup> Year) and Aavishkar (BSc 2<sup>nd</sup> Yr) were called to the college taking all the precautionary measures for COVID-19, for the online quiz competition conducted by HPSACS, Shimla. Under the supervision of the convener of Red Ribbon Club of our college the quiz was conducted. The quiz started at 11:00 am and time limit was only 30 minutes. Total 50 questions were asked.

## **FIT INDIA (1<sup>ST</sup> DECEMBER, 2020)**

On 1<sup>st</sup> December, 2020 initiative started by Indian government “FIT INDIA”. The NSS volunteers of Saraswati Nagar (Sawra) actively join the initiative by organizing “Prabhat Pheri”. Under this all the volunteers are divided into 6 groups according to their areas and all the volunteers participate in these activities by morning walk sections with their nearest volunteers. This activity is continued for 6 days. All the volunteers wake up at 6:00 AM in the morning and go for the morning walk with their friends and family members. Indian govt. starts this initiative to keep all citizen fit in pandemic situation. NSS volunteers motivated all the people living in there surrounding. This series of activities started continued for next 6 days. Every day different group’s volunteers participated in these activities.



## **PADHO AUR PADHAO ABHIYAN (18<sup>TH</sup> DEC, 2020)**

On 18<sup>th</sup> Dec, 2020 new campaign way started by NSS volunteers of LBS PG College Saraswati Nagar (Sawra). This was started under the name of “Padho or Padhao”. In this campaign volunteers spread their knowledge in their surrounding by teaching the children as the school were close by due to the Covid-19. This helped the children to study that they are lacking due to lock down. All the volunteer participated in this campaign has gained the good experience for life. These campaigns ran for a week.



## **NSS ONE DAY CAMPS**

### **ONE DAY CAMP OF NSS (10<sup>TH</sup> FEBRUARY 2021)**

On 10<sup>TH</sup> February 2021 one day camp was organized in L.B.S.G.P.G. College. This camp was organized to provide knowledge about SOP's and other Covid-19 guidelines to all the college students. At 10:00 a.m. all the volunteers gathered in college campus and attendance of all the volunteers were recorded by their respective group leaders. There were total 6 groups and each group has given particular task like distributing masks, measuring the temperature of college students providing information about Covid-19 guidelines. In the end refreshments were given to all the volunteers.



### **ONE DAY CAMP OF NSS (26<sup>TH</sup> FEBRUARY 2021)**

On, 26<sup>th</sup> February 2021 a beautification camp was organized by NSS Unit in college. On this day all the volunteers are gather in the college campus and planted flowers and plants along with the principle of the institution Dr. P. P. Chauhan, program officers Miss Sandhira & Mr. Pawan Kumar. This spread the message in the society “save plants save environment”. This provides the healthy and fresh environment in college. At 12:30p.m. all the volunteers went for lunch which was prepared by volunteers of main body.



### **ONE DAY CAMP OF NSS (4<sup>TH</sup> MARCH, 2021)**

On 4<sup>th</sup> March, 2021 NSS one day camp was organized in L.B.S.G.P.G. College Saraswati nagar (sawra). In morning 9:30 AM all the volunteers are divided into 6 groups the group's name was: Immunity, New Normal, Sanitizer, Masked fighter, Corona Warriors, Quarantine. Group leaders were as Ishan, Neha, Anchal, Yamani, Kartik, and Palvee. After dividing the group main body allots them a duty to work in field. The time limit given to volunteer to done field work was 2 hour's from 10:00AM to 12:00PM. After 12:00PM all the volunteers of each group gather in the hall for a cultural program. The timing for the cultural program was 12:00 pm to 2:00 pm. The chief guest of the cultural program of NSS one day camp is the Principal of College Sh. Prem Prakash Chauhan. The program started with candle lightning ceremony. Program was hosted by president of the NSS Unit Mr. Nikhil Sharma. Then all the teachers and the chief guest of the day were honored with the badge. Then the first event was the kathak dance by Rachna Dulta then this was followed by song sung by Deepa. After that a speech was delivered by the chief guest. This was followed by a pahari dance by cultural group of NSS unit. In the end program officer Prof. Sandhira presented a vote of thanks. After that all the volunteers went for lunch which was prepared by volunteers of main body.



### **CLEANLINESS DRIVE IN THE CAMPUS (26.02.2021)**

Eco Club unit of the college takes this initiative of cleanliness every year to spread awareness among the students and teachers even the surrounding people to think, initiate and implement this. It should be our duty to take one step ahead against the Swachhta Abhiyan and make our region, our state, our country a disease free, pollution free and completely developed country. With this campaign, this year also the members of Eco Club took a pledge to clean our college campus and surrounding areas. We started at 10:30 am with the teachers and students from NSS & NCC. We took brooms and garbage bags in our hands to clean and pick up the plastics found in the campus and surrounding areas. We cleaned every nook and corner of the college including corridors, ground, parking area, canteen area etc. After doing the same for about four hours, we all gathered in the college hall. The refreshment was distributed among the students and the teachers. Eco Club members and some of the students volunteered to give speech on cleanliness campaign and harmful effects of plastics.

Everyone was felt so contented in beautifying their own campus. We all took oath not to use plastics, disposables, and to keep our surroundings clean and also motivate others to do the same. The purpose of this campaign was found fruitful.



## **NATIONAL SCIENCE DAY (28.02.2021)**

India celebrates National Science Day on February 28 every year to commemorate the discovery of the Raman Effect. Sir CV Raman discovered the effect in 1928 and was awarded the Nobel Prize in Physics in 1930. National Science Day is celebrated across schools and other educational institutes to spread the message of the importance of science in daily life. On this day, light is shed on efforts and achievements in the field of science and dialogue is held on implementing new technologies. In 1986, the National Council for Science & Technology Communication (NCSTC) asked the government of India to mark February 28 as National Science Day. National Science Day was first celebrated on February 28, 1987. The NCSTC also founded the National Science Popularization awards to recognize the outstanding efforts in the area of science. For 2021, the theme is 'Future of STI: Impacts on Education, Skills and Work'. The National Science Day 2021 aims to motivate the students to gain hands-on experience in the field of science.

Science society of our college celebrated 'National Science Day' on 01st March 2021 due to Sunday on 28th Feb. The event started with the lamp lightening by the chief guest, Dr P.P. Chauhan, Principal, Govt. P.G. College Saraswatinagar. All the science faculty members and students were invited to witness the program. This time rest of students and staff members were not invited due to Covid-19 pandemic. Keeping in the mind about all the protocols of preventive measures of covid-19, the program started at 11:00 am. Then the students were briefed with the objectives and purposes of the celebrating National Science Day. Session continued with the various science activities by the students of all the three classes. Students presented posters, models based on science, power point presentations, speech etc. Students were very excited and worked very hard throughout the event. They presented themselves very well and confidently. As the presentations of the students were over, prizes were distributed to the winners by the chief guest. The chief guest then delivered a motivational and inspirational speech to our students. He emphasized that hard work is the only key to achieve success in the life. He explained how science and technology is useful in day to day life and how it is making life easier. In his presidential remark he appreciated the efforts of the Eco Club students for making this event a grand success. In the meanwhile, refreshment was also distributed to the students and the teachers. The program ended with contentment with the vote of thanks.



## NSS 7 DAY SPECIAL CAMP REPORT (22<sup>ND</sup> TO 28<sup>TH</sup> MARCH, 2021)

### DAY-1

On 22<sup>nd</sup> March, 2021 Monday. Inauguration ceremony of NSS 7day special camp was done. Chief Guest of the day was Pr Balwant Chauhan guest of honour was principle of institution Dr. P.P Chauhan and Ex-pradhan Ravi panchait Mr. Subash Panta and resource person of the day was Dr. Nirmal Chauhan they were welcomed by program officers and volunteers of main body with buckeye of flowers and NSS clap. After that candle lightning ceremony was done and program officer presented the token of love. This day was covered by JVN TV. The program was hosted by the president of NSS ms Nikhil Nasta and program officer of unit-2 Pr. Sandhira gave the welcome speech. The program was started with Saraswati Vandhra performed by Rachna and Priyanka. There after Beginners Band give their performance. Then bollywood dance was performed by Tanisha and Rachna. After that principle of institution Dr P.P Chauhan share their knowledgeable words. Then President Nikhil Nasta showed the Documentary on NSS saraswati Nagar and after that Manjul performed Rap and Palvee Sharma sung a song. At the end chief guest Prof. Balwant Chauhan shared his experiences in NSS. At 2:30 PM interactive session with Dr. Nirmal Chauhan

started on the topic “women empowerment”. At 3:00 PM all the volunteers along with chief guest and guest of honour were sent for lunch.



## DAY-2

On 23<sup>rd</sup> march, 2021 all volunteers assemble for morning assembly at 9:30 a.m. which was the 2<sup>nd</sup> day of camp. The report of the previous day was presented by Rishav Mehta of Quarantine group. Then the instructions regarding field activities and discipline were provided by program officer Miss. Sandhira and all the tools were distributed among the 6 groups. Field work was completed at 12:00 Pm and all volunteers gather in hall for interactive session. Resource person of the day was Dr. Pooja Dulta. She was honored by program officer Miss. Sandhira by token of love. The welcome speech was given by Miss. Sandhira. Dr. Pooja Dulta told the volunteers about “Concept of Personality Development.” At the end of the interactive session Joint secretary Mr. Aayush Sharma thanks the resource person on the behalf of NSS Unit. At 2:00PM all the volunteers went for the lunch. Lunch duty was done by group Corona Warriors. At 3:00 PM cultural program of Immunity group starts with the performance of Shriya’s bollywood dance and host of the day was Group leader Ishan Sharma, after that Haryanvi dance was performed by Deepa and then the presentation was shown by Aarti Rawat on “National Education Policy 2020”.Then Miss. Deepa sang a song and the last performance was Pahari group dance by Immunity group.





## DAY-3

On 24<sup>th</sup> March, 2021 at 9:30 AM morning assembly was conducted by Sanitizer Group. The previous day report was presented by Himani Lalta of sanitizer group and thought of the day was “Negative mind will never give you a positive life.” Mess was conducted by new Normal Group. At 10:00 AM all the 6 groups were sent for field activities. At 12:00 PM field activities were completed and all the volunteers were gathered for interactive session. Resource person of the day was Dr P.D Jagiththa and program officer of unit one Pr. Pawan Kumar honored him by badge and token of love. Then program officer of unit-1 Pr. Pawan Kumar gave the welcome speech and introduce them to all the volunteers. After that resource person of the day Dr. P.D Jagiththa told student about “power of youth and Education” and “Importance of NSS in student’s life.” Later on program officer Miss. Sandhira gave the vote of thanks. Then questioning session starts for volunteers. There after all the volunteers and resource person went for lunch. At 3:00PM cultural program of Quarantine group was started, the program was hosted by Yamini and Himash. 1<sup>st</sup> performance was bollywood dance performed by members of quarantine group and then poetry on “Shahid Bhagat Singh” was presented by Himani Ghunta. After that Rachna and Priyanka performed Gujarati dance and Priya Soni and Priya Negta performed Punjabi Dance. Then Rachna performed Solo Dance. Later on Presentation on “Tuberculosis (TB)”was presented by Yamini Bhardwaj. Then solo song was sung by Priya Negta. The last performance of the culture program was pahari dance by Quarantine Group. After that all the members of group gave their introduction.



## DAY-4

On 25<sup>th</sup> March, 2021 at 9:30 AM morning assembly was conducted by Masked Fighter Group, report of the day was presented by Preeti Rana and thought was given by Preeti Bholta. Mess was conducted by sanitizer group.

At 10:00 AM all 6 group were sent for field activities. They worked on permanent asset. At 12:30 PM interactive session with resource person of the day Mr. Chander Mohan Rangta pradhan of Mandhol panchayat and retired economic professor. Then program Officer Pr. Pawan Kumar honored the resource person with NSS badge and token of love was presented by Pr. Sandhira. After

that resource person told about the “Economic Slowdown”. Then president of unit-1 Nikhil Nasta thanks on the behalf of NSS unit. There after all the volunteers and resource person went for lunch. At 3:00 PM cultural program of corona warrior group was started with the introduction group members. Host of the program was Aaina Zinta. First performance was “Lakshya Geet” by the corona warrior group. Bollywood dance was performed by Ritu Thakur. Then pahari song was sung by Piya negi and Punjabi dance by Simran. Dance performance of Anushka Sharma Represent Nepali culture. Next performance was a solo pahari dance by Priya Negi. After that Jitesh Sharma sang a song then Rajan Steta and Simran performed a kinauri dance and solo song was sang by Palvee Sharma. Later on Ritu Thakur performed yoga. Next performance was one act play by corona warrior group. After that Jitesh Sharma performs standup comedy. Then presentation on “National Service Scheme” was presented by Sejal Nanda. Last performance was a pahari dance by corona warrior group.



## DAY-5

On 26<sup>th</sup> March, 2021 at 9:30 AM morning assembly was conducted by New Normal group and report of the day was presented by Himash thought was given by Sahil. Mess was conducted by masked fighter. At 10:00 AM all the groups were sent for the field activities. Field activities of the day were painting the dustbins and beautifying the flower beds in college. At 12:00PM all the volunteers were sent for interactive session with Mr. Dimple Panjta. Topic of the interactive session was related to horticulture. In the beginning Prof. Pawan Kumar gave the welcome speech. Then the session started. At 1:00PM all the volunteers went for lunch after the session ended. There after all the volunteers went for cultural program, it was organized by New Normal group. The host of the program was sanchit. First performance was a pahari dance by Deepa it was followed by Punjabi dance performed by Divyani Sharma. Then presentation was given by Preeti Dulta on Peer Pressure last performance was a group pahari dance by New Normal group members.



## DAY-6

On 26<sup>th</sup> March, 2021 at 9:30 AM morning assembly was conducted by Quarantine group and report of the day was presented by Himani Ghunta thought was given by Rishav Mehta. Mess was conducted by Quarantine Group. At 10:00 AM all the groups were sent for the field activities. Field activity of the day was repair the path for hostel of the college. At 12:00PM all the volunteers were

sent for interactive session with Mr. Jang Veer Singh Dulta. Topic of the interactive session was Importance of Forrest. In the beginning Prof. Pawan Kumar gave the welcome speech. Then the session started. At 1:00PM all the volunteers went for lunch after the session ended. There after all the volunteers went for cultural program, it was organized by Sanitizer group. The host of the program was Mohit. First performance was a pahari dance by Mohit Dilta and Himani Lalta it was followed by Gujrati dance performed by Nisha, Sakshi and Kritika. Then presentation was given by Priya Negta on Substance Abuse. Then Manjul Pnatu performed his rap. Last performance was a group pahari dance by Sanitizer group members.



## DAY-7

28<sup>th</sup> March, 2021 was the last day of NSS 7 day camp, at 9:00AM all the volunteers gathered for the morning assemble which was conducted by Immunity Group and mess duty was done by volunteers of main body. At 10:30AM culture program of Masked Fighters Group was started, which was hosted by Shruti Brakta. First performance was group bollywood dance by Priti Rana, Ankita and Rachna. It was followed by poetry by Sarita Bholta. After that Sachin Pekta sung a solo song and Anchal Thakur presented her presentation on Political Issues. At the end Masked Fighters presented their group pahari dance. At 12:00 p.m. all the volunteers were sent for lunch. At 1:00 p.m. all the volunteers gathered in hall for the closing ceremony. Chief Guest for the ceremony was Mr. Jang Veer Singh Dulta, guest of honour was principal of the institution Dr. P.P.Chauhan, former program officer Dr. Lok Raj Sharma and former President of unit 1 Mr. Bhopinder Chajta. The program was hosted by President of unit 2 Kritika Hari. The program started with lamp lightening by the chief guest. After that Program Officer Prof. Sandhira presented a welcoming speech. First of all both the program officers pinned the NSS badges to all the dignitaries and after that a saraswati vandana was performed by volunteer Rachna and Priyanka. It was followed by report reading of 7days by the general secretary Ritik Nargeta. After that a Rajasthani dance was performed by the volunteers of cultural group. Then a documentary of the whole work done by both the units in the session 2020-21 was presented by President of unit 2 Nikhil Nasta. This was followed by a pahari dance by the volunteers of cultural group. After that the prize distribution started and the prizes were distributed as follows:

- Best Morning Assembly – New normal group
- Best Report - Masked fighters group
- Best Discipline – Corona Worriers
- Best Cultural – Quarantine group
- Best Mess- Sanitizer group
- Best field work – Immunity group
- Best Group – Immunity group
- President of unit 2 – Kritika Hari
- President unit 1 - Nikhil Nasta

After the prize distribution, principal of the institution Dr. P.P.Chauhan gave a speech. After that a singing performance was given by beginners' band. This was followed by speech of the chief guest. After that program office Prof. Pawan Kumar presented a vote of thanks to all the dignitaries. The program ended with National Anthem.



#### **AWARENESS CAMPAIGN FIGHTING AGAINST COVID-19 (APRIL, 2021)**

Volunteers of the College unit of Rovers and Rangers participated in Digital Campaign against COVID 19 which started in the month of April, 2021. The campaign was carried out by the volunteers throughout the year to make people aware of corona virus, social distancing, using sanitizers and wearing masks.



## **SCOUTS FIGHT AGAINST CORONA 2.0 (25<sup>TH</sup> MAY, 2021)**

Scout Fight Against Corona2.0 started on 25<sup>th</sup> May, 2021. It was a digital campaign. Volunteers of the Rovers & Rangers unit registered themselves with the digital campaign on 25<sup>th</sup> May, 2021. The volunteers made the people aware of covid-19 and vaccination through digital platform. They made posters, wrote slogans and attended virtual meetings. Six (06) Volunteers of the unit are registered with online Scouts Fight Against Corona 2.0.



## **VACCINE DISTRIBUTION DUTY (3<sup>RD</sup> JUNE 2021)**

National cadet corps has been incremental in working shoulder to shoulder with civil defence and police department against corona virus pandemic 24 cadets of LBS GOVT. PG COLLEGE SARAWATI NAGAR participated in distribution for covid vaccines on 3<sup>rd</sup> of June in the college .They distributed 511 vaccine among the students and local people of Jubbal Tehsil.



## **MASK MAKING AND DISTRIBUTION**

As the Covid-19 pandemic was spreading, the need of mask was also increased. To meet the increasing demands of mask NSS Unit Saraswati Nagar Sawra started the initiative of making masks so it can be distributed. NSS Volunteers did this work for two weeks. The total of 257 masks were made by the volunteers and distributed in their neighborhood. This helped the people at the time of need.

SR.NO.	ACTIVITIES DONE	
1	MASK MADE AND DISTRIBUTED	257 masks
2	AROGYA SETU APP DOWNLOADED	522
3	P.M. CARE FUND	109 volunteers 2Program officers



## **TREE PLANTATION (AUGUST 2021)**

TREE PLANTATION activity conducted at college campus of LBS GOVT .PG COLLEGE SARASWATI NAGAR on August 2021 by the NCC unit of LBS GOVT.PG COLLEGE SARASWATI NAGAR in the leadership of ANO Dr. Rohit Mokta .45 Cadets has been participated along with the some staff members of the college.

