

LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE
SARASWATI NAGAR-171206
DISTT. SHIMLA H.P.

REPORTS

OF

ACTIVITIES CONDUCTED

BY

Red Ribbon Club, Eco Club, Anti-Ragging Committee, Anti-Drugs Cell, Women Grievance/ Sexual Harassment & Redressal Cell, NSS, NCC, Rovers & Rangers

DURING THE SESSION 2022-2023

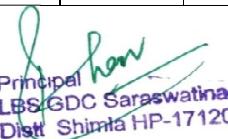
SUBMITTED BY

**LAL BAHUDUR SHASTRI GOVT DEGREE COLLEGE, SARASWATINAGAR, SAWRA
TEHSIL JUBBAL, DISTRICT SHIMLA, H.P.**

INDEX

Sr. No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
1	Spreading and promotion of voter literacy	Dept. of Political Science/NSS	SWEEP Program	2022	130
2	Debate, Declamation and Quiz Competition	Dept. of Political Science/NSS	Constitution Day	2022	150
3	Quiz and Poster making	Dept. Of Geography	World Ozone Day	2022	35
4	Awareness about HIV/AIDS	Red Ribbon Club	International Youth Day	2022	147
5	Blood Donation Camp	NSS/R&R/Red Ribbon Club/Eco Club/ Women's grievance redressal cell	Blood Donation Camp	2022	27
6	Webinar	Red Ribbon Club	WHO World antimicrobial awareness week	2022	83
7	Awareness Rally and Power point presentations	Red Ribbon Club and NSS	World AIDS Day	2022	52

8	Quiz Competition, Cleanliness drive	Eco Club/NSS/Rovers and Rangers	World Environment Day	2022	109
9	Tree Plantation	Eco Club/ NSS/ NCC/ Rovers and Rangers	Tree Plantation Drive	2022	20
10	Cleanliness Campaign	Eco Club/ NSS/ NCC/ Rovers and Rangers	Swachh Bharat Cleanliness Campaign	2022	96
11	Awareness Rally	Eco Club and NSS	Green Diwali Campaign	2022	115
12	Debate, Power Point Presentations	All Science Departments	National Science Day	2023	39
13	Anti drugs rally	NSS/ NCC/ Rovers and Rangers	Anti drugs campaign	2023	30
14	Awareness Lecture	Women grievance/ sexual arrasment and redressal cell	Awareness to students regarding health and hygiene	2022	130
15	Interactive session on health and hygiene	Women's grievance redressal cell	Healthe and Hygiene interactive session	2022	60
16	Awareness lecture and training session	Women's grievance redressal cell	International women's day	2023	94
17	Yoga session	NSS/ NCC/ Rangers and Rovers	International yoga day	2022	60
18	Online quiz, Prabhat feri, Debate, Poster making, Rangoli making, Rally, Selfie with Tiranga	NSS/NCC/Rovers and Rangers	Independance day celebrations (Azadi ka amrit mahotsav)	2022	250
19	Cultural activities	NSS	NSS Foundation Day	2022	100
20	Cleanliness drive	NSS	Cleanliness drive on Gandhi Jayanti	2022	40
21	Cleanliness drive	NSS	Clean India 2.0	2022	50
22	Cleanliness drive	NSS	Cleanliness drive	2022	60
23	Cleanliness drive	NSS	Mega Cleanliness drive	2022	80
24	Rally	NSS	National Unity Day Celebrations	2022	40
25	Safety Measures Demonstration	NDRF	Special Session	2022	300
26	Culturaql events, Cleanliness drives, awareness lectures, Interactive sessions, Student Presentations	NSS	NSS 7 Days special camp	2022	100
27	Traffic Control Assistance	NCC	Traffic Control	2022	5
28	Blood Donation Camp	NCC	Blood Donation Camp	2022	6
29	Flag unfolding ceremony	Rovers and Rangers	Foundation/Flag day	2022	20
30	Lecture	SDM Jubbal	Election awareness campaign	2022	200


 Principal
 LBS GDC Saraswatinagar
 Dist. Shimla HP-171206

SWEEP PROGRAM (15.10.2022)

Dept of Political Science organized a Systematic Voter's Education and Electoral Participation Programme better known as SVEEP with NSS on 15th Oct 2022 in the college. It is the flagship program of the Election Commission of Himachal Pradesh for voter education, spreading and promoting voter Literacy in Himachal Pradesh. Prof Rajesh from the dept told about this program to the students in his speech. In it most of the students and teaching and non-teaching staff members including Principal of the institution Dr. P. P. Chauhan, together made a map of Himachal Pradesh for making awareness of voting right to citizens. All the students and teaching staff of the college together made this Program a success.



Constitution Day 2022 (26.11.2022)

The Department of Political Science of LBS Govt. College Saraswatinagar celebrated Constitution day on 26 November, 2022. Approximately 150 students attended the program. Various activities were organized to highlight the importance of Constitution day such as debate, declamation and quiz Competition. Asstt. Prof Rajesh Kumar and Asstt. Prof Preeti Chhatti also highlighted a brief introduction and importance of Indian Constitution. Thereafter, all the students and faculty members took an Oath/Pledge to abide by the rules of constitution.



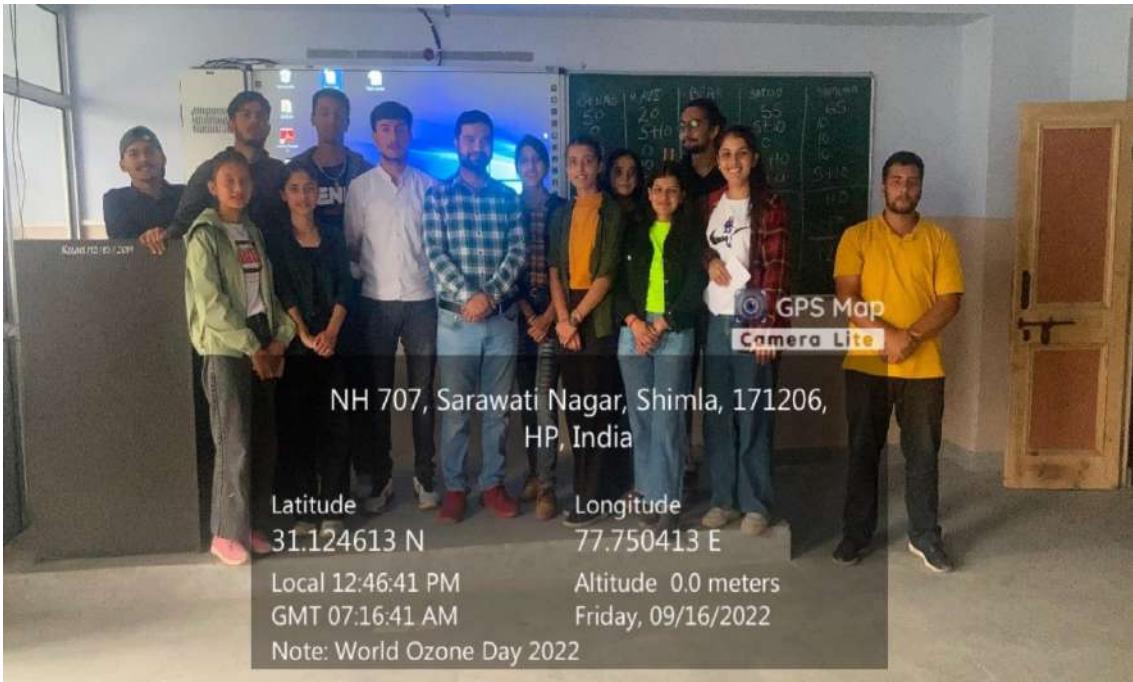
World Ozone Day 2022 (16.09.2022)

A Quiz and poster-making competition were organized. Many students took part in both competitions. There were formulated five teams for the quiz competition named after five rivers which are flowing in the state viz. Chenab, Ravi, Beas, Satluj and Yamuna. Each team was formed with three members. There were five rounds, each round Team Yamuna was consistently in top position at the end Team Yamuna was entitled to the winner's first position.

Simultaneously poster Making Competition was conducted. In this competition, Shruti BA Geography Major student stood the first position. At the end of the competition 1st 2nd and 3rd positions were awarded a cash prize of 500/-, 300/- and 200/- in both competitions by Kailash Chauhan Assistant Professor of Geography.



Students are preparing poster during the completion of World ozone day celebration 2023



NH 707, Sarawati Nagar, Shimla, 171206,
HP, India

Latitude
31.124613 N

Longitude
77.750413 E

Local 12:46:41 PM
GMT 07:16:41 AM

Altitude 0.0 meters
Friday, 09/16/2022

Note: World Ozone Day 2022

Winners of quiz competition



NH 707, Sarawati Nagar, Shimla, 171206,
HP, India

Latitude
31.124613 N

Longitude
77.750413 E

Local 01:05:41 PM
GMT 07:35:41 AM

Altitude 0.0 meters
Friday, 09/16/2022

Note: World Ozone Day 2022

Winners of poster making competition

International Youth Day (18.08.2022)

International Youth Day was celebrated by Red Ribbon Club in the College on 18.08.2022. The theme of International Youth Day 2022 was "**Intergenerational Solidarity: Creating a World for All Ages**" and campaign slogan was '**HIV ke Samne-Hum Jhukenge Nahi'**. The focus of the event was to spread awareness about HIV/AIDS. It was conducted by Nodal Officer, Dr Punam Chauhan. Chief Guest, Dr P. P. Chauhan, Principal of the college motivated and appreciated the efforts of the students. Judges for event were Dr Poonam Mehta, Prof Vijay Laxmi and Dr Shallu Dogra. All the science students and students from other streams participated in this program. Students of various streams actively took part in the event. A Short Film on HIV/AIDS was shot by the students of Arts and Science stream.

Total number of students participated in the Online Quiz: 147

Total number of students participated in the Poster making/Slogan writing: 33

Total number of students participated in the Power Point Presentation: 08

Total number of students participated in making the short film: 09

Following events were conducted:

1. Online Quiz
2. Poster Making
3. Slogan Writing
4. Power Point Presentation
5. Human Chain
6. Short film on HIV/AIDS

Names of the Winners are:

1. Online Quiz

First: Aditya Veer Kalta (BSc II)

Second: Pushpit (BA I)

Third: Shalini Thakur (BA II)

2. Power Point Presentation

First: Yogeshwari (BSc III)

Second: Tejasvini (BSc III)

Third: Aastha (BSc III)

3. Poster Making

First: Priyanshi (BSc III)

Second: Mridul Steta & Upasana (BSc III)

Third: Hemant & Muskan (BSc III)

4. Slogan Writing

First: Varsha Shamet (BA II)

Second: Himanshu Sharma (BSc III)

Third: Divesh Rilta (BSc III)

5. Human Chain

All the members of Red Ribbon Club with the nodal officer made human chain on the campus.

5. Students involved in the film:

Team: The INFINITY

Script By: Aryan Chanjta (BA III)

Editing By: Atul Jalta (BA III)

Film By: Atul Jalta & Aryan Chanjta

Roles Played By:

Priyanshi Shaktate (BSc III)

Pushpit Zinta (BA I)

Moksh Shakta (BA I)

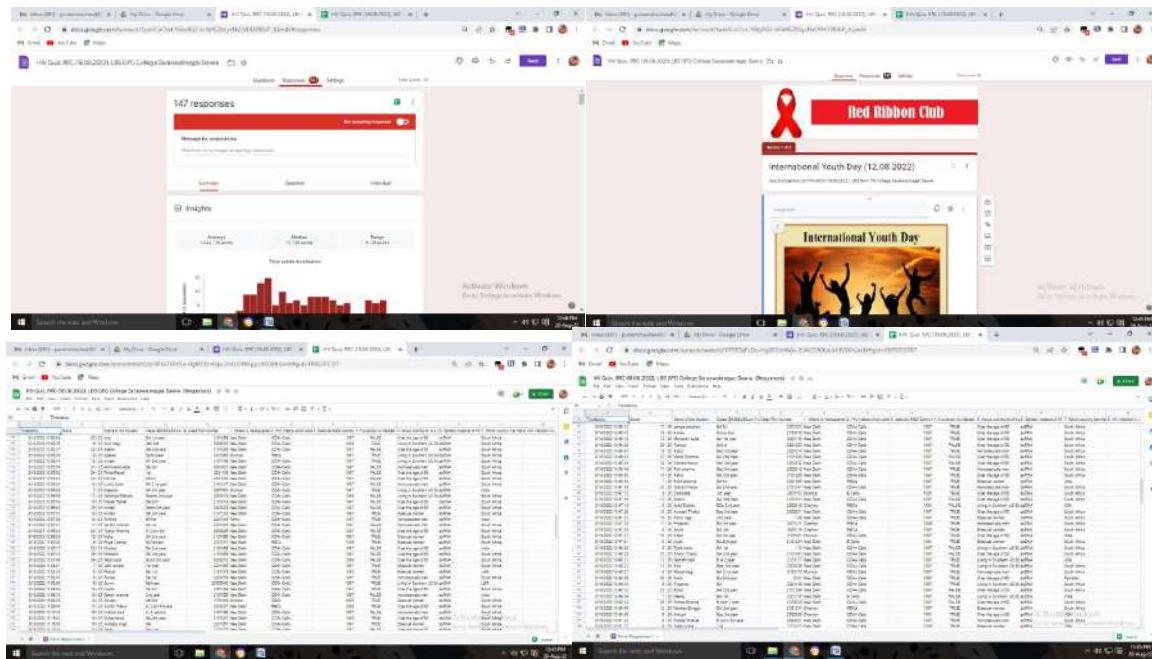
Muskan Barota (BSc III)

Amisha Chauhan (BA III)

Daman Mehta (BA I)

Kalpana Mashta (BA III)

ONLINE QUIZ





Attendance of students participated in the Poster making/Slogan writing: 33

Attendance International You'll Day - Red Ribbon Club				Date	S.No.	Name of the Student	Class	Signature
S.N.	Name of Student	Class	Signature		20.	Riya	6-6 3 rd year	
1.	Shreya	B.6 3 rd year	Shreya		21.	Divya	- do -	
2.	Gulati	- do -			22.	Varsha	B. A 3 rd year	Varsha
3.	Mital	- do -			23.	Sushant	B. C 3 rd year	Sushant
4.	Ayushi	- do -	Ayushi		24.	Ryan	- do -	AYUSHI.
5.	Mayank	- do -			25.	Vatsal	- do -	Vatsal
6.	Aditya	- do -	Aditya		26.	Element	- do -	Element
7.	Mrunal	- do -	Mrunal		27.	Yogeshwaran	- do -	Yogeshwaran
8.	Shrey	- do -	Shrey		28.	Jaffarini	- do -	Jaffarini
9.	Mukta	B.6 3 rd year	Mukta		29.	Sattra	- do -	Sattra
10.	Brijnathi	- do -	Brijnathi		30.	Shrey	- do -	Shrey
11.	Sushil	- do -	Sushil		31.	Minal	- do -	Minal
12.	Lakshmi	- do -	Lakshmi		32.	Umanisha	- do -	Umanisha
13.	Kiran	- do -	Kiran		33.	Deekit	- do -	Deekit
14.	Shalini	- do -	Shalini					
15.	Shiv Negi	- do -	Shiv Negi					
16.	Shikha	- do -	Shikha					
17.	Ritik	- do -	Ritik					
18.	Cinthu	- do -	Cinthu					

POWER POINT PRESENTATION



POSTER MAKING/SLOGAN WRITING





JUDGES



CHIEF GUEST (PRINCIPAL OF THE INSTITUTION)



HUMAN CHAIN



Blood Donation Camp (24.09.2022)

Blood Donation Camp was organized by NSS in collaboration with Eco Club, NCC, Rovers & Rangers, Women Cell and Red Ribbon Club of the college on the occasion of NSS Day on 24th September, 2022 in the college premises. Three doctors along with their four medical workers from Civil Hospital Rohru conducted this camp successfully. Firstly, one of the doctors delivered a lecture on blood donation. He familiarized the students about its significance, and talked about this noble work and how every one of us can contribute and help the needy people whose life can be saved by our donated blood. He also told that blood is recovered within 24 hrs after donation so cleared the minds of every person from the myths about the blood donation. Around 27 students and 08 staff members took part in this blood donation camp. It ended up with a feeling of contentment of serving the society.





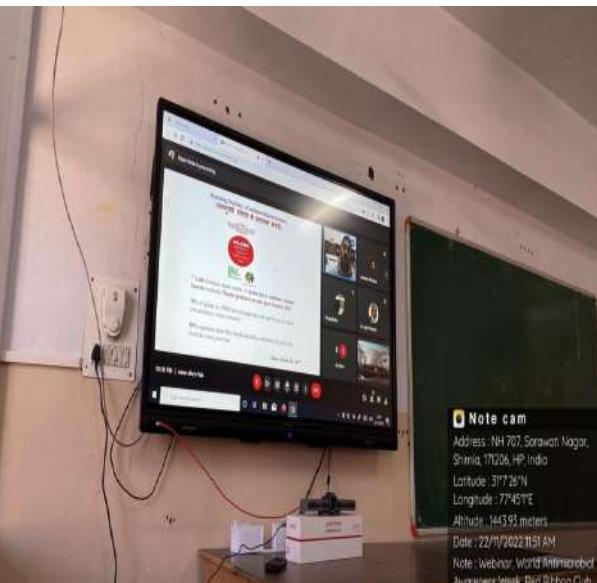
District Level Quiz Competition on HIV/AIDS (18.10.2022)

Department of Health & Family Welfare, HPSACS, Shimla organized a District Level Quiz Competition for all the Educational Institutions to spread awareness on HIV/AIDS, blood transfusion, STI, Covid 19, TB, drug abuses, health, youth issues, diet and nutrition. It was conducted in RKMV College, Shimla on 18th October, 2022 at 10:00 am. Two students from each college participated in this competition. Mr Hemant and Ms Yogeshwari of B.Sc. 3rd Year participated from our institution in this Quiz Competition. A total of 22 colleges participated in the quiz competition. The quiz competition started with screening test of all the participants from which only four top teams were selected. Our students could not get through this screening test. Then the quiz was conducted among the four winning teams. The winner team was from Govt Degree College Kotshera which was selected for State Level Quiz Competition to be held in near future.



WEBINAR, WHO World Antimicrobial Awareness Week 18-24 Nov, 2022 (WAAW) (22.11.2022)

Red Ribbon Club of our institution organized a WEBINAR on 22nd Nov. 2022 with Dept of Pharmacology PGIMER, Chandigarh on the occasion of 'WHO World Antimicrobial Awareness Week, WAAW' which celebrated from 18th to 24th November every year. World Antimicrobial Awareness Week (WAAW) is a global campaign that is celebrated annually to improve awareness and understanding of AMR and encourage best practices among the public, One Health stakeholders and policymakers, who all play a critical role in reducing the further emergence and spread of antimicrobial resistance (AMR). Antimicrobial resistance occurs when bacteria, viruses, fungi and parasites change over time and no longer respond to medicines, making infections harder to treat and increasing the risk of disease spread, severe illness and death. As a result of drug resistance, antibiotics and other antimicrobial medicines become ineffective and infections become increasingly difficult or impossible to treat. This year the theme of the WAAW is '**Preventing Antimicrobial Resistance Together**' which focuses on to spread awareness about the prudent use of antimicrobial medicines such as antibiotics. The slogan of World Antimicrobial Awareness Week remains '**Antimicrobials: Handle with Care**'. Prof Bikash Bedi, Professor Pharmacology PGIMER Chandigarh, who is founder of Experimental Pharmacology lab and Co-ordinator of Pharmacovigilance Center, North India and Regional Coordinator for NADA talked about antibiotic resistance and its usage and other biological impacts which a person can suffer due to their ignorance. Mr Rajan Rolta, member of the team presented his power point presentation on '**Preventing Antimicrobial Resistance Together**' in which he elaborated about the various types of microbial infections and the treatment for them and emphasized on how the ignorance and incomplete course of medicines can result into the antibiotic resistant microbes which later becomes havoc for the person as it cannot be cured by the antibiotics. So he also spread awareness regarding the steps which a person can take to prevent this resistance. Later Dr Ajay Prakash also put some light on the topic. Students were found very keen during the webinar and actively participated in the interaction session with their queries. The Webinar started at 11:30 am and 83 students from Science, Commerce and Humanities were present during the session. Dr Punam, Nodal Officer, Red Ribbon Club and Prof Pooja, Dept of Commerce were also present during the session. It ended at 12:20 pm with a very positive note.





No	Name	Class	Roll No.	Signature
1	HIMANTH NATH	BSC III	2002019	
2	Minal Shete	B.Sc III	2002024	
3	Pinki Sharma	B.A 1 st year	2001091	
4	Ramika	B.Com 1 st year	2001014	
5	Tanisha	B.Com 1 st year	2003003	
6	Ritika	B.Com 1 st year	2003002	
7	Sneha	B.Com 1 st year	2003004	
8	Priyush	B.Com 1 st year	2003011	
9	Gurjeet	B.Com 1 st year	2001070	
10	Hipkot	B.Com 2 nd year	2103023	
11	Snehal	B.Sc 3 rd year	2002036	
12	Ritu	B.Sc 3 rd year	2002022	
13	Swathi	B.A. III	2001011	
14	Poonam Shete	B.A. III	2001010	
15	Smriti	B.A. 3rd	2001011	
16	Anchal	B.A. 3rd	2001058	
17	Manta Kaler	B.Sc 2 nd	2102011	
18	Jadeja Kalia	B.Sc 2 nd	2102013	
19	Fernanda	B.Com 3rd	2003025	
20	Tanya Ahluwalia	B.Com 3rd	2003032	
21	Gurjan Kaur	B.A 3 rd	2003018	
22	Sunita Trinkar	B.Com 3rd	2003024	
23	Leisure	B.Com 3rd	2003024	

No	Name	Class	Roll No.	Signature
1	TEJASWINI SINGH	BSC III rd	2002015	
2	KIRAN LATA	BSC III rd	2002008	
3	PRAVIN SHARMA	BSC III rd	2002002	
4	DISHANT THAKUR	BSC II nd	2002032	
5	Ritu Sharma	B.Sc 3 rd	2002012	
6	Aruni Thakur	B.Sc 3 rd	2002031	
7	Ramki	BSC III rd	2002014	
8	SHALU	BSC III rd	2002015	
9	AARTI	B.Com 3 rd	2003001	
10	Deeksha	B.Sc 3 rd	2001018	
11	Prabat	B.Sc 3 rd	2001019	
12	Vedas Sharma	BSC III rd	2002003	
13	Abhay Dharka	B.Sc III rd	2002018	
14	Harshita Sharma	B.Sc. III rd	2002028	
15	Uma Mahta	B.Sc 3 rd	2002021	
16	Shatha Bhawna	B.Sc 3 rd	2002004	

Total Roll No. Present : 83

Dr. Renu Chander
 Head Officer
 Red Ribbon Club

No	Name	Class	Roll No.	Signature
1	Gaurav Jall Patla	BAT 3 rd year	2201101	
2	Neel Jetha	BAT 3 rd year	2201032	
3	Nikita Khatri	BAT 3 rd year	2201022	
4	Markan Kaur	BAT 3 rd year	2201053	
5	Rishabh Sethi	BAT 3 rd year	2103013	
6	Sushil Kumar	B.Sc III rd	2002035	
7	Shubhi Thakur	B.A 3 rd year	2201047	
8	Aishwarya	B.Sc 3 rd	2201080	
9	Swarnjit Nomina	B.Sc 3 rd	2002009	
10	Mohit Kumar	BSC I st year	2102010	
11	Pankish Khatia	BSC I st year	2202004	
12	Alisha Chacko	B.Com 3 rd	2202003	
13	Agushi Sharma	B.Com 3 rd	2103002	
14	Sonika Sharma	B.Com 3 rd	2103018	
15	Prince Ghoshal	B.Com 3 rd	2103024	
16	Abhik Saha	B.Com 3 rd	2103012	
17	Janya Kaur	B.Com 3 rd	2103017	
18	Arpani Totay	B.Com 3 rd	2103004	
19	Sakshi Mehta	B.Com 3 rd	2103012	
20	Adithi	B.A 3 rd year	2101018	

World AIDS Day (01.12.2022)

World AIDS Day is observed annually on December 1. This is a chance for people all over the world to come together in the battle against HIV, to support those who are living with HIV, and to remember those who have passed away from an AIDS-related illness. Even while HIV continues to be a serious public health concern that affects millions of individuals globally, the global HIV response is at risk. Numerous lives are at stake as a result of the recent stagnation in HIV objective progress and resource depletion. HIV became and continues to be a global health epidemic due to a number of shortcomings, including division, inequality, and contempt for human rights.

This year World AIDS Day is urging each of us to address the inequalities which are holding back progress in ending AIDS. World AIDS Day 2022 is being marked under the theme '**Equalize**' which emphasizes to ensure that everyone is well-served, increase the availability, quality, and acceptability of services for HIV treatment, testing, and prevention.

Red Ribbon Club organised an event on the occasion of World AIDS Day with NSS Unit on 1st Dec 2022 in the college. In which Dr Punam Chauhan, Nodal Officer RRC, Prof Preeti Panta, Program Officer NSS Unit 2 and Prof Rajesh Kumar, Dept of Political Science and 52 students from various streams (BSc, BCom, BA) were present. Ms Aastha, Ms Yogeshwari and Ms Tejasvini of BSc Final Year, presented Power Point Presentation on HIV/ AIDS. They talked about the cause, symptoms and prevention of HIV. Their PPT also included ART (Anti Retroviral Therapy) which is the only treatment of AIDS. The data on HIV/AIDS people on worldwide basis and in India and H.P. was also discussed among the students. Then a short movie shot by college students Mr Atul Jalta and Mr Aryan Chanjta on HIV/AIDS was shown to the students. Dr Punam Chauhan, Nodal Officer, Red Ribbon Club also briefed about HIV/AIDS. Then Dr Lalita Rawat, Principal of the college flagged off the rally of the students to the Sawra Market. Students went to the market under the supervision of teachers to spread awareness about HIV/AIDS among the common people. Students kept on chanting the slogans on HIV/AIDS throughout their rally. The program ended with a contentment of social service of spreading awareness among the youth and society.

सरस्वती नगर कॉलेज में रेड रिबन कलब ने विश्व एड्स दिवस मनाया

शिमला, (आपका फैसला)। चर्चा की, जो एड्स का एक मात्र जुब्बल के सरस्वती नगर महाविद्यालय में रेड रिबन कलब द्वारा एनएसएस इकाई के साथ एक कार्यक्रम का आयोजन किया गया। इस कार्यक्रम में इको कलब प्रभारी डॉ. पूनम चौहान, एनएसएस कार्यक्रम अधिकारी प्रो. प्रीति पांटा, प्रोफेसर राजेश कुमार और विभिन्न संकायों वीएससी, बीकॉम, बीए के लगभग 52 छात्र उपस्थित थे। बीएससी अंतिम वर्ष की छात्राओं कुमारी आस्था, कुमारी योगेश्वरी और कुमारी तेजस्विनी ने एचआईवी एड्स पर पावर-प्वाइंट प्रस्तुति दी। उन्होंने एचआईवी के कारण, लक्षण और बचाव के बारे में बताया और विभिन्न संकायों पर भी अतुल जालटा और आर्यन चांजटा द्वारा एचआईवी एड्स पर बनाई गई एक लघु फिल्म विद्यार्थियों को दिखाई गई। रेड रिबन कलब की नोडल अधिकारी डॉ. पूनम चौहान ने भी विद्यार्थियों को एचआईवी एड्स के बारे में महत्वपूर्ण जानकारी दी। इसके बाद शिक्षकों की देखरेख और निर्देशन में विद्यार्थियों ने माध्यम से आम लोगों को एचआईवी एड्स के बारे में जागरूक करने का प्रयास किया। महाविद्यालय की प्राचार्या डॉ. ललिता रावत ने बताया कि एचआईवी एड्स पर आधारित आज का कार्यक्रम शिक्षकों के निर्देशन और विद्यार्थियों की सक्रिय भागीदारी के कारण सुनियोजित तरीके से संपन्न हुआ।



REDDING NOTEBOOK BY MOHIT KUMAR



Punam

**DR PUNAM CHAUHAN
NODAL OFFICER
RED RIBBON CLUB**

World Environment Day (05.06.2022)

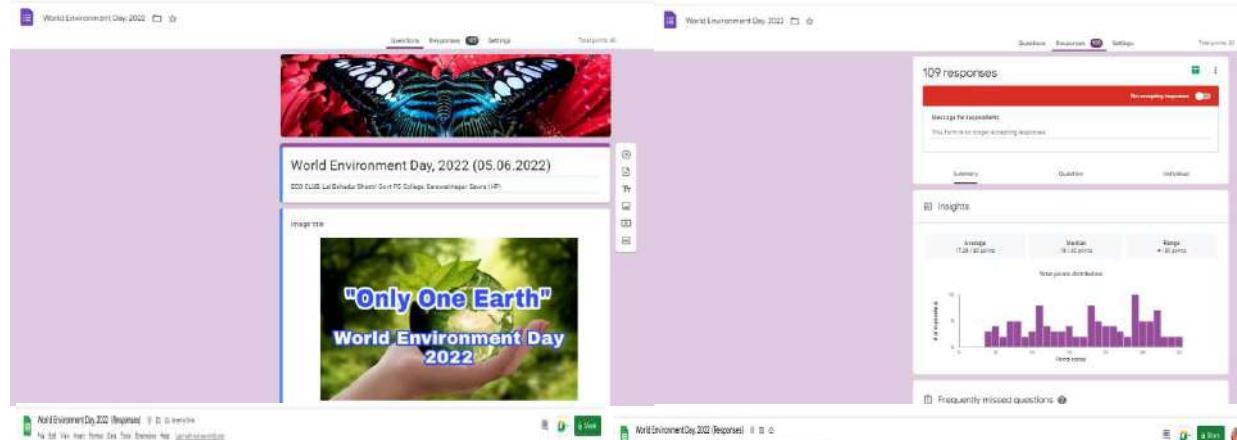
'Eco Club' of the college organized a quiz competition on the occasion of 'World Environment Day' through the online mode on 05th June, 2022 due end term examinations during this month. Theme of 'World Environment Day, 2022' was 'Only One Earth', highlighting the need to live sustainably in harmony with nature by bringing transformative changes through policies and our choices towards cleaner, greener lifestyles. The aim of this competition was to aware students about our environment and mother earth and to inculcate the values and sense of responsibilities towards our nature. Quiz was conducted via Google Quiz. In the quiz competition, 109 students from various streams participated.

Winners were:

1st Position: Ms Reeta Thakur (BA 1st Year, Roll No. 2101010)

2nd Position: Mr Suryansh Manta (BA 1st Year, Roll No. 2101075)

3rd Position: Mr Rahul Resta (BA 2nd Year, Roll No. 2001007)



Rank	Name	Score	Details
1	Reeta Thakur	20	Only One Earth
2	Suryansh Manta	19	Only One Earth
3	Rahul Resta	18	Only One Earth
4	Shivam Singh	17	Only One Earth
5	Yashika	17	Only One Earth
6	Pranav Patel	17	Only One Earth
7	Yashika	16	Only One Earth
8	Yashika	16	Only One Earth
9	Yashika	16	Only One Earth
10	Yashika	16	Only One Earth
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1	Reeta Thakur	20	Only One Earth
2	Suryansh Manta	19	Only One Earth
3	Rahul Resta	18	Only One Earth
4	Shivam Singh	17	Only One Earth
5	Yashika	17	Only One Earth
6	Pranav Patel	17	Only One Earth
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The NSS unit of LBS Govt. PG College Saraswati Nagar celebrated Environment Day on 5th June 2022. It was organized under the supervision of Programme officers Asstt. Prof Pawan Kumar and Asstt Prof Preeti Panta Chhatti. Other faculty members of college were also present in the event including Dr.Poonam Mehta, Dr.Poonam Chauhan, Prof. Ravi Prakash, Prof.Kailash, Prof. Vijay Laxmi,Prof. Radha Raman and Prof.Om Sharma. Approximately 50 volunteers participated in various environment cleanliness activities in the college campus. On the eve of Environment Day all the areas of College campus including old block, new block and entrance of college was cleaned. Volunteers also make people aware regarding various Environment issues such as pollution, Deforestation, Global warming and Ozone layer Depletion etc. through NSS Facebook account.



On 4th June 2022 Environment Day was celebrated by the Rovers and Rangers unit of the college in college campus. The volunteers of the unit made posters on environmental awareness. Plants were planted in college campus. 20 Volunteers of the unit participated in this programme. A Quiz Contest was also conducted on Environment Awareness. Winners of the Quiz Contest were: Tushar Sharma (B.Com II) 1st position, Ishan Sharma (BA I) 1st position and Harshal (BA I) 2nd position.



Tree Plantation (15.08.2022)

Tree Plantation was organized on the college campus by Eco Club, NSS, NCC & Rovers & Rangers units of the college on the occasion of Independence Day (15th August, 2022) after the flag hoisting and culture event. All the members of Eco Club along with the teachers went to the site of tree plantation which was decided on the roadside of the campus. Principal of the college, Dr P.P. Chauhan, actively took part in the tree plantation drive. He also planted saplings with the students of various units and motivated them by his valuable words and presence. A total of 25 saplings of Deodar tree were planted by all the units of the college. Students were excited and enthusiastically participated in this event. Total 65 students and all the science teachers, Eco Club, NSS, NCC & Rovers & Rangers incharges were present and made this event successful.

Attendance			
Tree Plantation (Eco Club)			15.08.2022
S.No.	Name of Student	Class	Signature
1.	Shruti	B.Sc. 2nd year	Shruti
2.	Pallavi	B.Sc. 2nd year	Pallavi
3.	Anjali	- do -	Anjali
4.	Aditya	- do -	Aditya
5.	Mamta	- do -	Mamta
6.	Shreya	- do -	Shreya
7.	Aanchal	- do -	Aanchal
8.	Muskan	B.Sc. 3rd year	Muskan
9.	Priyanshi	- do -	Priyanshi
10.	Sushil	- do -	Sushil
11.	Dishant	- do -	Dishant
12.	Kiran	- do -	Kiran
13.	Shalu	- do -	Shalu
14.	Ritik	- do -	Ritik
15.	Rahul	- do -	Rahul
16.	Upeena	- do -	Upeena
17.	Divrah	- do -	Divrah
18.	Sushant	- do -	Sushant

S.No.	Name of the student	Class	Signature
19.	Yogeshwari	B.Sc. 3 rd year	Yogeshwari
20.	Dasra	- do -	- Dasra -

Principals
LBS Govt. College
Saraswati Nagar
Pawan Chauhan
15/08/2022

Eco Club
LBS Govt. College
Saraswati Nagar



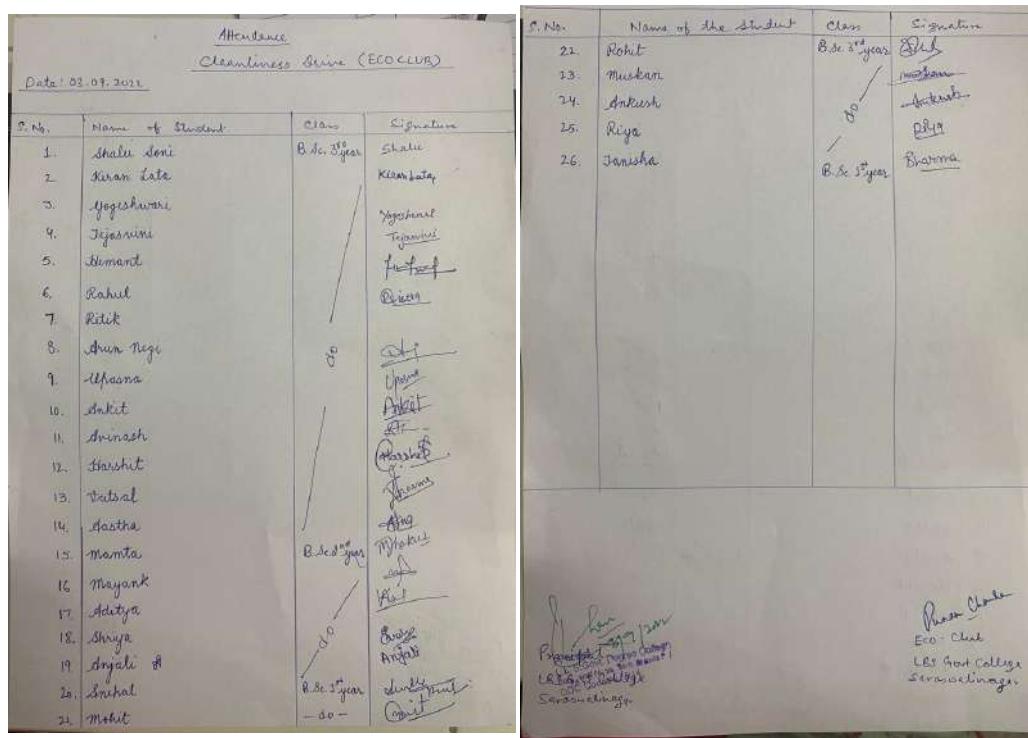


Cleanliness Drive (03.09.2022)

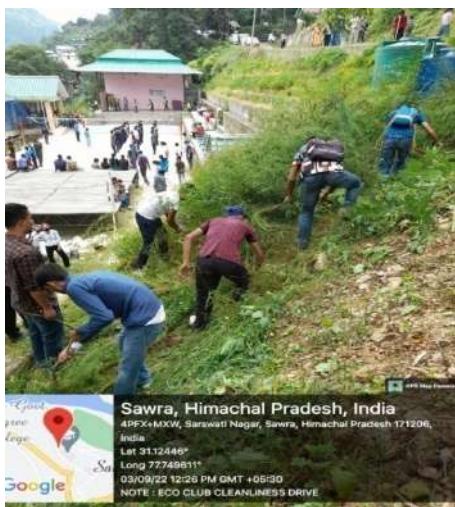
Cleanliness Drive was organized on the college campus by Eco Club, NSS, NCC & Rovers & Rangers units of the college on 03.09.2022 (Saturday) in accordance to the nation-wide 'Swachh Bharat Cleanliness Campaign'. All the students gathered on the campus at 11:30 am along with the teachers. Even teachers were the essential part of this drive. College Principal along with staff actively participated in this cleanliness drive along with the eco club students (26 students). Students enthusiastically took up brooms and garbage bags to clean up every nook and corner of the college, corridors, college grounds, parking lot and nearby areas. After doing this job for three to four hours, we all assembled in the college hall. Students were told to keep their surroundings and college clean and free of plastic waste. They were motivated to minimize the use of plastics and the ill effects of the plastics were also discussed. The main purpose of this programme was to create awareness among the students and public regarding cleanliness and its benefits. Students were also made aware about the harmful impact of plastic on our ecosystem. In the end we all took oath of keeping our home, locality and city clean. We were curious to be the part of this great drive that could have transformed the face of our country for ever. The whole drive was quite inspiring and motivating for the staff and students.

Attendance Cleanliness Drive (ECO CLUB)				
S. No.	Name of Student	Class	Signature	
1.	Shalee Soni	B.Sc 3 rd year	Shalee	
2.	Kiran Late		Kiranbhaiya	
3.	JyotiShree		JyotiShree	
4.	Tejashini		Tejashini	
5.	Harvard		Harvard	
6.	Rahul		Rahul	
7.	Ritik		Ritik	
8.	Anur Niggi		Anur Niggi	
9.	Alpaona		Alpaona	
10.	Ankit		Ankit	
11.	Avinash		Avinash	
12.	Harshit		Harshit	
13.	Vatsal		Vatsal	
14.	Disha		Disha	
15.	Mamta	B.Sc 3 rd year	Mamta	
16.	Mayank		Mayank	
17.	Aditya		Aditya	
18.	Shriya		Shriya	
19.	Angali #		Angali #	
20.	Sritali	B.Sc 3 rd year	Sritali	
21.	Mohit	- 30 -	Mohit	

S. No.	Name of the Student	Class	Signature
22.	Rishit	B.Sc 3 rd year	Rishit
23.	Muskan		Muskan
24.	Antesh		Antesh
25.	Riya		Riya
26.	Janisha	B.Sc 3 rd year	Janisha



 Printed Name: Projected Region Officer
 Date: 03/09/2022
 Location: Sarawati Nagar, Sawra, Himachal Pradesh
 Signature:
 Date: 03/09/2022
 Printed Name: Principal
 Date: 03/09/2022
 Location: L.B.I. Govt. College, Sarawati Nagar
 Signature:
 Date: 03/09/2022
 Printed Name: Eco-Club
 Date: 03/09/2022
 Location: L.B.I. Govt. College, Sarawati Nagar
 Signature:





One day cleanliness camp was organized by the Rovers and Rangers Unit of the College on 3rd Sept. 2022. All the volunteers of the unit participated in this camp. It was organised in collaboration with NCC and NSS units of the college. The old block of the college was cleaned by the volunteers.

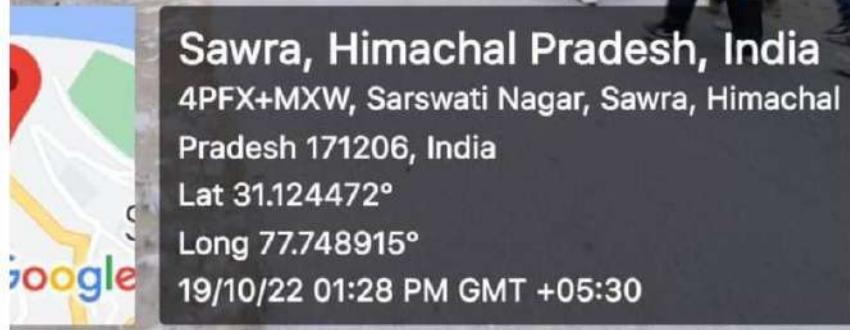


The NSS unit of LBS Govt. PG College Saraswati Nagar Sawra celebrated the one day cleanliness drive on 3rd September 2022. It was organized under the supervision of Programme officers Asstt.Prof.Pawan Kumar and Asstt.Prof Preeti Panta Chhatti. Other faculty members were also present in the event including Principal of the institution Dr.PP Chauhan, Dr.Poonam Mehta,Prof. Ravi Prakash, Prof.Vijay Laxmi and Prof.Rohit Mokta. Approximately 50 Volunteers participated in this cleanliness drive. On the eve of cleanliness day all the areas of college campus including old block, new block & entrance was cleaned. Volunteers also make people aware regarding various cleanliness issues such as pollution, garbage etc. through social media Facebook account. All the teachers & students of the institution together made this programme a success.

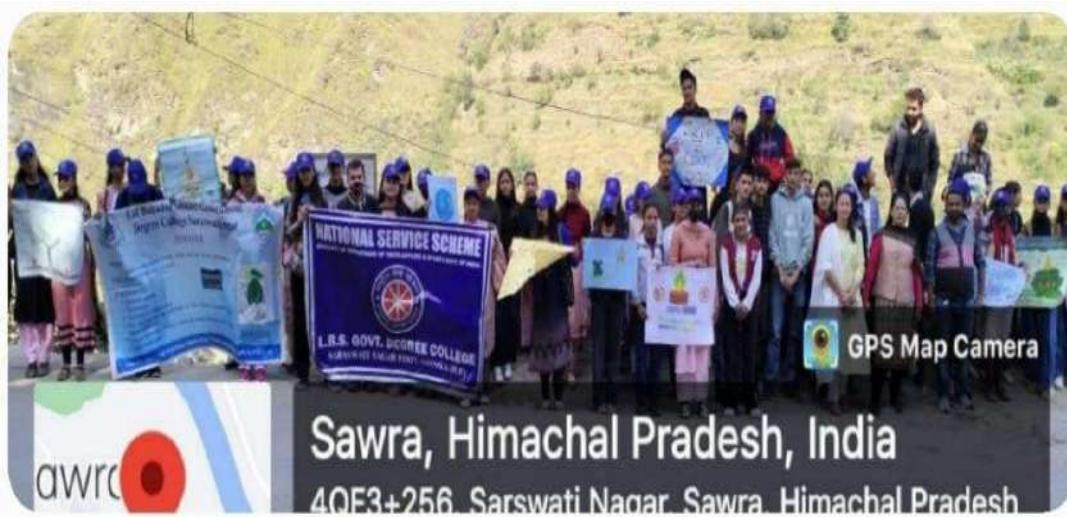


Green Diwali Campaign (19.10.2022)

Eco Club of the institution along with NSS Units organized 'Green Diwali' campaign on 19th October, 2022 on the campus under the supervision of the teachers. All the students of Eco Club and NSS took active part in this campaign. Principal of the institution, Dr P.P. Chauhan, addressed the students and motivated them to spread this campaign of Green Diwali at their homes, neighborhood and surrounding areas. Thereafter, a mass rally was undertaken from college campus to the local market area of Sawra town with banners and charts to spread awareness among the people to celebrate pollution free Diwali. Students went on the procession with enthusiasm and kept on chanting the slogans on the harmful impacts of crackers. On their way, they also kept picking all the garbage and cleaned the surrounding. The aim of this rally was to spread awareness among the mass about the harmful impacts of crackers on our environment including human health. After the rally students gathered on the campus and started cleaning the campus. Around 35 students of Eco Club took part in this mega rally with the students of NSS.



The NSS unit of LBS Govt.PG College Saraswati Nagar Sawra in association with Eco club of Saraswati Nagar College organized a awareness rally on Green Diwali. In which approximately 80 Volunteers participated. This rally was started from College campus to Sawra Depo. In it volunteers motivated people for celebrating a pollution free Diwali. Volunteers also appeal people for opting diyas, candles and limit usage of firecrackers that emit enormous smoke and sound. Volunteers also try to make people aware regarding various bad practices that causes the pollution and messages for awaring people are also transmitted to citizens through social media like FB account. All the members of Eco club, NSS volunteers and programme officers take great participation in this rally and together made this event a success. In the end refreshment was also provided to all the members of Eco cluband to all the volunteers.



National Science Day (28.02.2023)

India celebrates National Science Day on 28th February every year to commemorate the discovery of the ‘Raman Effect’. Sir CV Raman discovered the effect in 1928 and was awarded the Nobel Prize in Physics in 1930. National Science Day is celebrated across schools and other educational institutes to spread the message of the importance of science in daily life. On this day, light is shed on efforts and achievements in the field of science and dialogue is held on implementing new technologies. In 1986, the National Council for Science & Technology Communication (NCSTC) asked the government of India to mark February 28 as National Science Day. National Science Day was first celebrated on February 28, 1987. The NCSTC also founded the National Science Popularization awards to recognize the outstanding efforts in the area of science. For 2022, Science and Technology Minister Dr. Jitendra Singh released the *theme* ‘Global Science for Global Wellbeing’. The theme has been chosen for the purpose of raising public appreciation of scientific issues in a global context which is having a bearing on global Well-being.

The event started with the welcome speech by the Ms Tejasvini of B.Sc. Final Year at 11:00 am. Chief guest Dr P.P. Chauhan, Principal, Govt. Degree College Saraswatinagar and other faculty members Dr Lalita Rawat, Vice Principa, Dr Poonam Mehta and Prof Chander Sen, senior faculty member were also present to encourage our students. The event continued with the rosette ceremony of the distinguished guests. All the science faculty members, lab assistants and students (39) were invited to witness the program. Judges for the competitions were Prof. Goverdhan, Asstt Prof. Maths, Dr Radha Raman Gautam, Asstt Prof. Physics and Dr Shallu Dogra, Asstt Prof Chemistry. Various competitions were conducted during this event like Quiz, Power Point Presentations, Debate, Model and Posters. The program proceeded with the Quiz conducted by Dr Punam Chauhan, Asstt Prof. Zoology and Dr Shallu Dogra, Asstt. Prof. Chemistry. There were four teams in quiz competition each with four participants. Quiz was based on science related topics. After the quiz, Power Point Presentations were conducted by Ms Tejasvini and Mr Hemant. Ten students took part in it and they gave wonderful and brain storming presentations on various topics like ‘Is Gravity an Illusion’, ‘Digestive System & Disease’, ‘Green Chemistry’, ‘Hot tea consumption & oesophageal cancer’, ‘Chloroplast’, ‘Scalar & Vector Products’ ‘Xenotransplantation’, ‘Chemical Bonding’, ‘Medicinal Plants’ and ‘Quantum Physics’ covering all streams of sciences. After this, two groups of the students each with three participants presented their debate on a burning issue ‘Should Human be Multiplanetarian’. Team A (Upasana, Muskan & Aastha) expressed their views for the statement and Team B (Sushil, Aaditya & Hemant) talked against it. Later the event continued with the Model Presentation, in which three teams participated. Team A (Aastha & Kiran) presented working model of ‘Human Heart’ and explained its working, Team B (Upasana, Mridul, Himanshu & Abhay) presented working model on ‘Wireless Electricity’ and explained its principle and mechanism and Team C (Tejasvini & Yogeshwari) presented their experiment based on Chemistry including ‘Electrolysis’, ‘Distillation’, ‘Dancing Flame Experiment’ & ‘Secret Message Activity’. All the activities were wonderfully executed by the students. Then, the judges moved on to see the posters displayed by the students. At last a musical performance was given by Ms Aastha, Ms Kiran Lata and Mr Hemant.

The chief guest then delivered a motivational and inspirational speech to our students. He explained how science and technology is useful in day to day life and how it is making life easier. In his presidential remark he appreciated the efforts of the Eco Club students for making this event a grand success. He emphasized that hard work is the only key to achieve success in the life. Dr Lalita Rawat and Dr Poonam Mehta also motivated our students with their words of appreciation. Meanwhile judges compiled the result and Dr Shallu Dogra, judge of the event, announced the result and prizes and certificates were distributed to the winners by our chief guest. The refreshment was also distributed to the students and the teachers. The program ended with vote of thanks by Dr Lokraj Sharma.

Winners of the various competitions were:

Quiz:

- 1st Position: Team D (Aastha, Mridul, Aaditya, Aryan)
- 2nd Position: Team C (Tejasvini, Rahul, Abhay, Mamta)

Power Point Presentations:

1st Position: Ms Priyanshi

2nd Position: Ms Kiran Lata

Debate:

1st Position: Team A (Upasana, Muskan & Aastha)

2nd Position: Team B (Sushil, Aaditya & Hemant)

Models:

1st Position: Team B (Upasana, Mridul, Himanshu & Abhay)

2nd Position: Team C (Tejasvini & Yogeshwari)

Posters:

1st Position: Ms Shalu

2nd Position: Mr Mridul

प्रश्नावाची THU, 02 MARCH 2023
EDITION: SHIMLA KESARI, PAGE NO. 2

आरथा, मृदुल, आदित्य व आर्यन की टीम पहले स्थान पर रही

सरस्वती नगर कालेज में
मनाया गया विज्ञान दिवस

गोदूँ : १ बार्च (वर्षानं) : लाल कल्डु
शास्त्री विज्ञान एवं विज्ञान दिवस मनाया गया। इस अवसर पर प्रत्येकीय, पाठ्य वार्ट प्रैक्टिक, वाद-विवाद, प्रोलल और प्रारंभिक जीवी प्रतिविधियों का आधार किया गया।

कालेज की शुरुआत और एसीए अवधि की छात्रों द्वारा विज्ञान के खण्ड से हुई। फिर तां

पुनर चौथा और तीसरा शाल द्वारा द्वाग प्रत्येकीय

आधारित की गई।

इस दौरान विभिन्न प्रतिविधियों का आधार किया गया। तथा, प्रत्येकीय ने कहा कि प्रत्येकीय में पहला स्थान आरथा, मृदुल, आदित्य व आर्यन की टीम ने और दूसरा स्थान द्वितीयों, गहुल, अमन व मनमोहन की टीम ने ज्ञान किया। पाठ्य वार्ट विजेताओं में पहला स्थान विजेता ने और दूसरा स्थान किया। लाल किया। वार्ट विजेता ने प्रत्येकीय सरस्वती नगर कालेज, मृदुल, आदित्य व हमत की टीम ने ग्राम किया।

गोदूँ विज्ञान दिवस का उमसन, मृदुल, आदित्य व आर्यन की टीम ने और दूसरा स्थान मृदुल, आदित्य व हमत की टीम ने ग्राम किया।

गोदूँ विज्ञान दिवस का उमसन, मृदुल,

आदित्य व आर्यन की टीम ने और दूसरा स्थान



गोदूँ : लाल कल्डुर शास्त्री विज्ञान दिवस का अवसर पर यह प्रतिविधियों को सम्मानित करने हुए मुख्यतात्पर। विजेताओं की शोभी शोभी की टीम ने ग्राम किया। गैरुड मृदुल विज्ञान के प्राप्ति गुण, और प्रक्रिया विधि में पहला स्थान कुमारी शाल ने चौथा ने प्रतिविधिक भाग दिया। और दूसरा स्थान मृदुल ने ज्ञान किया। उन्होंने बताया कि कैसे विजय और ग्रंथन ने विजय संस्कृत कक्ष का प्रश्नने प्रतिविधिक दैनिक जीवन में उपयोगी हैं। प्रत्येकीय नियमों प्रतिविधियों में कूपानी अस्या और कैसे यह जीवन को कैसे बदलता है। कालेज का समापन हो लोकराज शमा का प्रदर्शन किया गया। कालेज में विजेताओं पर धन्यवाद से हुआ।

NATIONAL SCIENCE DAY (28.02.2023)

Sr.No.	Roll No.	Name	Class	Signature
1	21022010	Shriya Sharma	1 st Year	Shriya
2	21022019	Tanisha Sharma	1 st Year	Tanisha
3	21020009	Anjali	2 nd Year	Anjali
4	21022001	Madurika	2 nd Year	Madurika
5	21022004	Shivani	2 nd Year	Shivani
6	22020003	Priyankit	1 st Year	Priyankit
7	22020004	Mohit	1 st Year	Mohit
8	22020006	Chanchal	1 st Year	Chanchal
9	22020008	Ritu	1 st Year	Ritu
10	21020111	Monika Thakur	2 nd Year	Monika
11	21020113	Aaditya Ralte	2 nd Year	Aaditya
12	21020114	Harsh Pratap	2 nd Year	Harsh
13	20020128	Himanshu Sharma	3 rd Year	Himanshu
14	20022531	Avinash Thakur	3 rd Year	Avinash
15	20020114	Rahul	3 rd Year	Rahul
16	20020112	Altik Sharma	3 rd Year	Altik
17	20020003	Vatsal Sharma	3 rd Year	Vatsal
18	20020119	Ankit	3 rd Year	Ankit
19	20022020	Diksha	3 rd Year	Diksha
20	20020120	Neelam	3 rd Year	Neelam
21	20020003	Rishabh	2 nd Year	Rishabh
22	20020020	Esha	2 nd Year	Esha
23	20020115	Tarun Singh	2 nd Year	Tarun
24	20020123	Sejal	2 nd Year	Sejal
25	20020118	Abhishek	2 nd Year	Abhishek
26	20020119	Umesh Maiti	3 rd Year	Umesh
27	20020008	Kritika	3 rd Year	Kritika
28	20020104	Divya Srivastava	3 rd Year	Divya
29	20020116	Yashika Verma	3 rd Year	Yashika
30	20020117	Himani	1 st Year	Himani
31	20020124	Minal Patel	1 st Year	Minal
32	20020125	ANITA JASRAT	1 st Year	ANITA
33	20020125	ANITA JASRAT	1 st Year	ANITA
34	20020123	Alka Bhandarkar	2 nd Year	Alka
35	20020135	Kshitij Thakur	2 nd Year	Kshitij
36	20020107	Edwinton	2 nd Year	Edwinton
37	20020008	Priyamshi	2 nd Year	Priyamshi
38	20020115	Divya	2 nd Year	Divya
39	20020007	Brijesh Kumar	2 nd Year	Brijesh
40	20020007	Brijesh Kumar	2 nd Year	Brijesh
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*Shriya
28.02.2023
L.S.C.M. Pugree College
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Shimla, 171206, HP, India
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Accuracy: 2.83 meter
Note: National Science Day*

*Rakesh
23/02/2023*

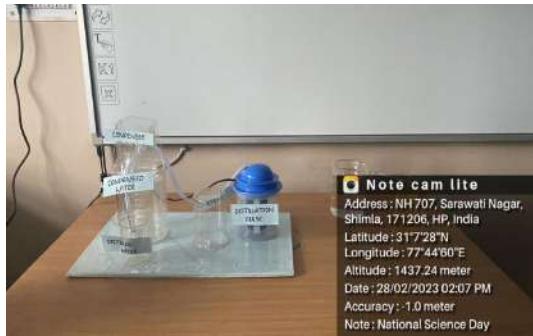
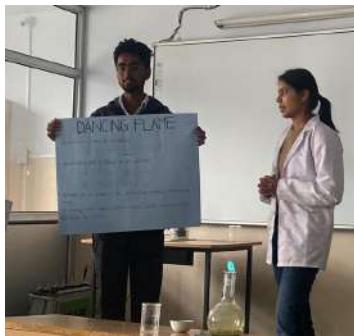


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Note: National Science Day



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Note: National Science Day





CONVENER/MEMBER
DR PUNAM CHAUHAN
ECO CLUB

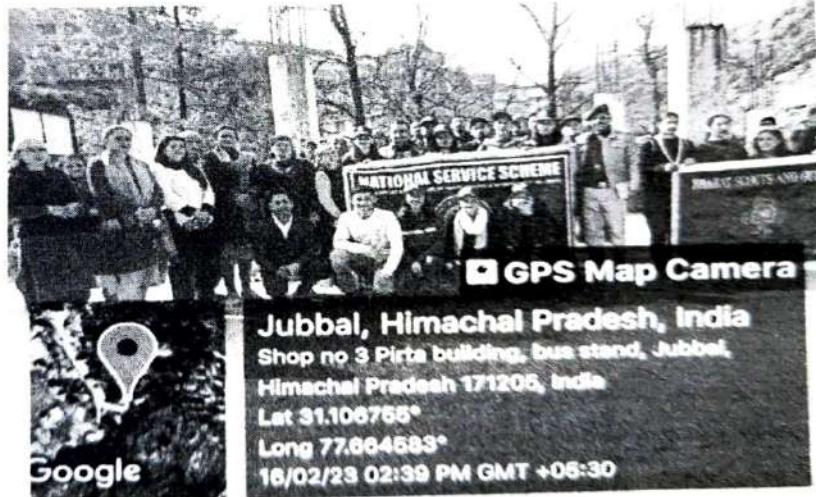
The students of Prahari club hailing from NSS, NCC & Rovers & Rangers units participated in 'Anti Drugs Campaign' held at Govt. Boys Sr. Secondary School, Jubbal on 16th Feb 2023. The campaign was presided by SDM Jubbal Sh. Rajeev Sankhayan. The state co-ordinator 'Anti Drugs Committee' – Ms Sangeeta Khurana delivered a lecture on 'Adverse Effects of Drugs'. Thereafter a Rally was held at Jubbal market to spread awareness against drugs.



Anti Drug Campaign held at Govt. Boys Sen. Sec. School Jubbal



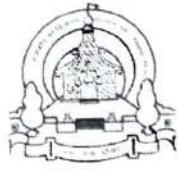
आज राजकीय उत्कृष्ट वरिष्ठ माध्यमिक पाठशाला जुब्बल में मनाया गया नशा निवारण अभियान जिसमें एसडीएम जुब्बल श्री राजीव सांख्यान बतौर मुख्यातिथि मौजूद रहे यह कार्यक्रम एस एच ओ जुब्बल श्री चंदन चौहान की अध्यक्षता में हुआ इस अवसर पर विशेष रूप से एटी ड्रग कमिटी की स्टेट कोऑर्डिनेटर कुमारी संगीता खुराना भी मौजूद रही जिन्होंने नशे से होने वाले प्रभाव के बारे में जानकारी दी इस कार्यक्रम में लाल बहादुर शास्त्री राजकीय स्नातकोत्तर महाविद्यालय सरस्वती नगर से आये एन एस की कार्यक्रम अधिकारी प्रोफेसर प्रीति पांता वह रोवर्स एंड रेजर्स के कार्यक्रम अधिकारी प्रोफेसर संदीप ठाकुर विशेष रूप से मौजूद रहे इस कार्यक्रम में जुब्बल थाना से साइबरक्राइम



पर बात करने के लिए श्री मुकेश कुमार जी उपस्थित रहे जिन्होंने ऑनलाइन ठांगी के बारे में वहाँ मौजूद जनता को बताया और किस प्रकार हमें इन सब से बच सकते हैं इस बारे में भी जानकारी दी गई इस अवसर पर एक रेली का आयोजन किया गया जिसका खास उद्देश्य जुब्बल बाजार में लोगों को नशे के प्रति जागरूक करना था यह रेली जुब्बल स्कूल से प्रारंभ होकर शिव मंदिर जुब्बल से होते हुए जुब्बल बाजार पर संपन्न हुई जिसमें लाल बहादुर शास्त्री राजकीय स्नातकोत्तर महाविद्यालय सरस्वती नगर सावडा से एन एस स्वयंसेवी एनसीसी कैडेट्स और महाविद्यालय के रोवर्स एंड रेजर्स ने तथा जुब्बल आईटीआई वह स्थानीय स्कूल के बच्चों तथा जुब्बल उपमंडल की विभिन्न पंचायतों से आये पंचायत प्रतिनिधियों तथा युवक मंडलों ने बढ़कर भाग लिया

Principal

Co-ordinator(Anti Drugs Cell)

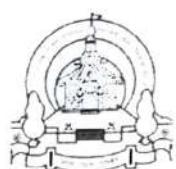


Anti Drug Campaign held at

Govt. Boys Sen. Sec. School Jubbal



✓
V.H.



Anti Drug Campaign held at Govt. Boys Sen. Sec. School Jubbal



AWARENESS TO STUDENTS REGARDING HEALTH AND HYGIENE. (27.08.2022)

A Health and Hygiene awareness programme was organised by Women Grievance and Redressal Cell of LBS Govt. College Saraswati Nagar on 27 August 2022. Round 112 students participated in this programme. All the members of this committee were present in the program including senior most faculty member Dr. Poonam Mehta, Associate Professor Philosophy, Dr.Punam Chauhan, Asstt.Prof Zoology, Ms.Vijaya Laxmi, Asstt.Prof English, Ms.Preeti Panta Chhatti, Asstt.Prof Political Science and Dr.Shalu Dogra Sharma,Asstt.Prof of Chemistry.

Dr.Poonam Mehta,(Associate Professor Philosophy) who was invited as Resource Person of the day highlights the importance of this cell for female students. She added women grievance cell is watchful all the time to prevent any kind of abuse towards the students.This cell has been constituted for redressel of grievances to ensure safety and security of the female students, staff and faculty members in the college campus. Asstt.Prof Vijaya Laxmi(warden of Girls Hostel)was another Resource person of the programme. She delivered her lecture on the importance of health and hygiene in our life. Other Resource person of the event including Ms.Preeti Panta Chhatti(Assistant Professor Political Science)and Dr.Shalu Dogra Sharma(Assistant Professor Chemistry) who have an interactive session with students to get an insight into women-specific problems which need to be addressed on priority basis for emancipation of women.





Health and Hygiene (19-11-2022)

The Women's Grievance and Redressal cell of L.B.S Govt College Saraswatinagar Sawra organised an interactive session on the topic **Health and Hygiene**, in the college hall at 1 pm on 19-11-2023. The resource person of this event were Ms. Salochna Thakur and Ms. Reema Bhagta, member of TIENS India, Global organisation, Rohru Circle. Approximately 60 girls of college participated in this event. The members of women cell Dr. Poonam Mehta (Associate Professor Philosophy), Asstt. Prof Preeti Panta Chhatti (Assistant Professor Political Science), Dr. Punam Chauhan (Asstt. Professor Zoology), Mrs Roshani (Office Superintendent), Nirdosh Pathania (College Librarian) were present in the event. Mrs Salochna thakur delivered a very well organised lecture on the said topic. She said that women represent the cornerstone of a family overall health, ensuring they have access to quality care also lead to improved health for children and families. The health of families and communities are no doubt, tied to the health of women. So it is very important for them to practice good hygiene. She further added that good hygiene is critical for preventing the spread of infectious diseases and helping children lead long, healthy lives. Overall it was a very interactive and effective session. Asstt. Professor Preeti Panta Chhatti thanked the resource person for amazing efforts.



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171206, India

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Celebration of International Women's Day (6-3-2023)

The Women's Grievance and Redressal cell of L.B.S Govt College Saraswatinagar Sawra celebrated International Women's Day on 6th March 2023 as there was holiday on 8th March 2023. Bunch of events were organised to celebrate this day. Dr Nirmala Chauhan, retired Professor of Hindi was invited as the Chief Guest of this event. The program begin at 11am with the lightening of lamp to Goddess Saraswati by the Chief Guest of the day accompanied by the Convenor of Women's Grievance and Redressal Cell Dr.Lalita Rawat,Associate Professor of English and senior faculty member Dr.Poonam Mehta, Associate Professor of Philosophy. Mrs.Preeti Panta Chhatti,Assistant Professor PoliticalScience, Dr.Shallu Dogra Sharma, Assistant Professor Chemistry, Dr.Poonam Chauhan Assistant Professor Zoology and Mrs.Roshani Office Superendient were also present among other faculty members of college. There were around 94 girls present in the event. Thereafter a training session to all the girls on the topic,Women's Empowerment through Financial Wellness Literacy had been done by Mr.Manu Bhardwaj from Excellence Global Skills. He shared his opinion that how small savings can be turned into huge amount. Thereafter experience sharing session begins, where girl achiever of our college shared their success stories to other girls of college. Four girls shared their experience i.e Miss Ankita,a NCC cadet who participated in 26th January Parade at Rajpath in 2023 at Delhi, Miss Simran Kheuta ,NSS volunteer who participated in National Youth Festival at Dharmawadi Karnataka, and two girls from Rover Ranger wing of college who participated in Republic Day Parade at Ridge Shimla in 2023.

Thereafter Dr.Punam Chauhan ,Asstt.Professor Zoology who was invited as Resource Person in the event and she delivered her lecture on topic, **Health and Nutrition**" to the girls students. She said that eating a variety of foods and consuming less salt,sugars and saturated and industrially –produced trans-fats, are essential for healthy diet. After that Dr Shalu Dogra Sharma,Asstt.Professor Chemistry who was also invited as resource person in the event delivered her lecture on topic, **Financial Stability of Women From Equity to Equality**. She said that Literacy is the first step that would make a woman powerful in terms of their prosperity and happy life. Thereafter a debate on the topic whether Financial Literacy is sufficient for Women Empowerment was conducted between two teams. In the end Dr.Lalita Rawat ,Convenor of Women's Grievance and Redressal cell of L.B.S Govt College Saraswatinagar express her vote of thanks to all the dignitaries present in the event and to all the participants. After that refreshment served to all the girls students present in this event.





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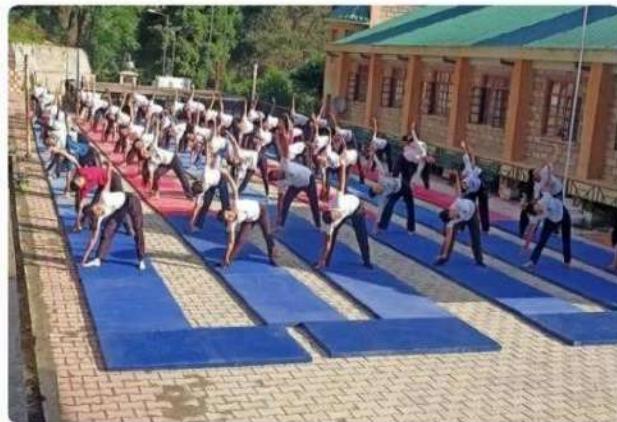
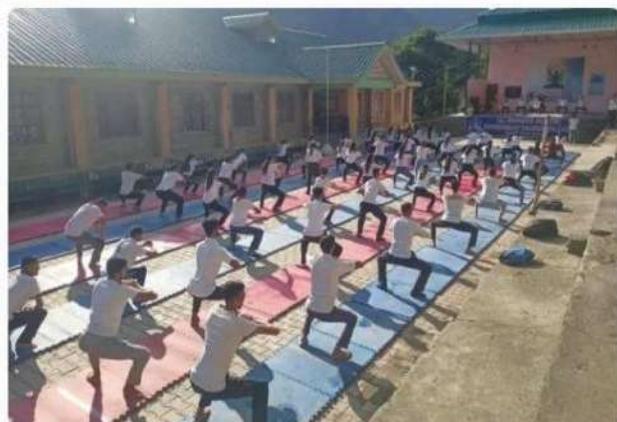
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Celebration of International Yoga Day (21-06-2022)

NSS unit of LBS Govt. College celebrated International Yoga Day on 21-06-2022 in joint collaboration with other units of college i.e NCC and Ranger Rover. The yoga session was started at 06:30 am with the address to all the volunteers by Programme officer Preeti Panta Chhatti. Programme officer welcomed the Yoga instructor of the day Prof. BS Pirta sir, Principle of the institution Dr. PP Chauhan Sir, Lt. Rohit Mokta sir, Programme officer of NSS unit 1 Prof. Pawan Kumar officer, Office Superintendent Mrs. Roshani and a very special invitee Asstt. Prof. Digvijay Chauhan (Dept of Physical education Seema college). Approximately 60 students of our institution and 20 students from Seema College participated in this session of Yoga. Thereafter **Principal** of institution Dr. P.P Chauhan sir welcomes the Yoga instructor Professor BS Pirta with a flower bouquet. After that yoga session started. Various Asanas were practiced as Sukhasans, Tadasana, Balasana, Vrikshasana, Shavasana, Marjaryasana, Gomukhasan, Trikonasana, Salabhasana, Setubandasana etc. It was really a very refreshing sessions. All the volunteers enjoyed it a lot. Prof. B.S Pirta also shared his thoughts to volunteers regarding the benefits of practising Yoga Asanas daily in our life and how yoga helps us to make healthier life choices. The session ended with the vote of thanks by Programme officer Preeti Panta Chhatti.



CELEBRATION OF 75 YEARS OF INDEPENDENCE DAY (AZADI KA AMRIT MAHOTSAV)

NSS Activities Report from 8th August to 15th August 2022

Azadi ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of Independence and glorious history of India's people, culture and achievements. NSS unit of LBS Govt College has taken following initiative to invoke the feeling of Patriotism in the hearts of people.

1. Online quiz (8th August 2022)

NSS unit of Saraswati Nagar on 8th august organised an online quiz competition at college level on the theme of HarGhar Tiranga in which approximately 80 students take participation.

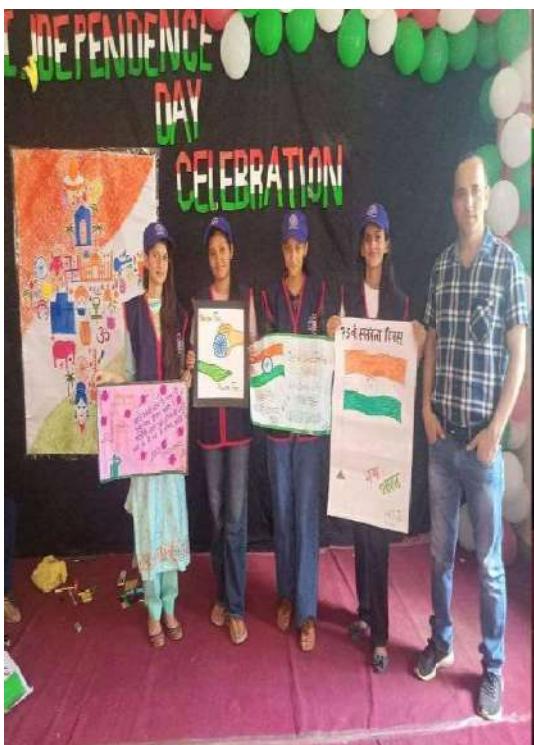
2. Prabhat Pheri (10th August 2022)

NSS unit of Saraswati Nagar on 10th august organised Prabhat Pheri in which 50 volunteers take participation alongwith programme officers and other faculty members. The Prabhat Pheri starts at 5am from college campus to Sawra Dipu market and ends at 6:30 am. The volunteers sung various patriotic songs so that to express their devotion and vigorous support towards their country.



3. Debate,Poster Making and Rangoli (10th August 2022)

On 10th august NSS unit of Saraswati Nagar organised various activities such as Debate,Poster making and Rangoli.The theme of debate was Role of Freedom Fighters in Indian Independence. Rangoli and Poster makingcompetitions were also organised .Theme of all these events was patriotic.



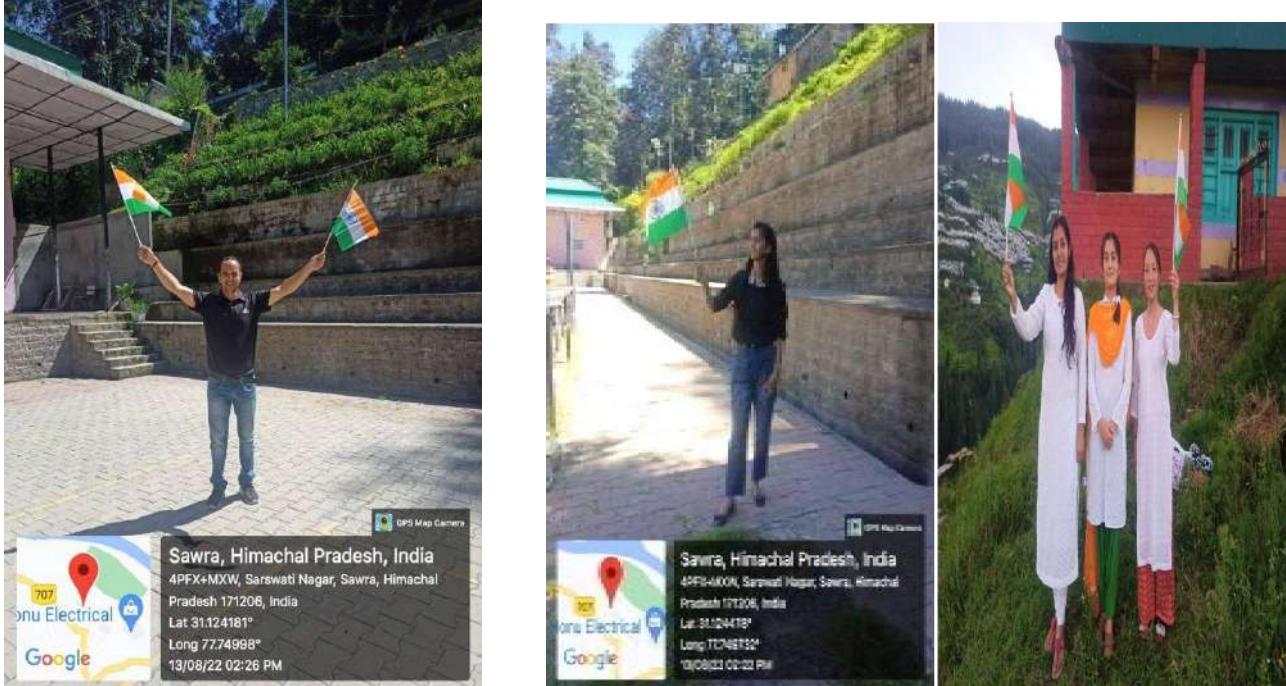
4. Rally (12th August 2022)

On 12th august NSS unit organised a massive rally in which approximately 100 volunteers took participation along with Programme officers Mr.Pawan Kumar and Preeti Panta. In this rally other college units such as NCC, Ranger Rover along with all faculty members also took participation. The Principal of college Dr P.P Chauhan flagged off the rally at 11am. The rally marched from college campus to Sawra Dippu market. The main idea behind is to invoke the feeling of patriotism in the hearts of the people and promote awareness about tricolour. The rally initiated as part of Azadi ka Amrit Mahotsav,to commemorate India 75th anniversary of Independence. The volunteers use various patriotic slogans during this rally' Vande Matram','Bharat Mata Ke Jai.



5. Selfie with Tiranga Campaign \ Flag Making (13th august 2022)

On 13th august NSS unit of LBS Govt College organised selfie with Tiranga Campaign in which all the teaching and non teaching staff members of the college took participation. All the NSS volunteers including other college students took participation in selfie with Tiranga Campaign after volunteers take the initiative of cleaning the campus.



6. Independence Day celebration. (15th of August 2022)

On 15th of August a Cultural programme, on the patriotic theme was organized in LBS govt. PG college Saraswati nagar by the students of NSS, NCC, and Bharat Scouts and Guides. The programme started at 10:45 am with the arrival of the chief guest Dr P.P Chauhan,Principal of the Institution.The Chief Guest was honored by pinning the rosette. Deep Prajwalan Ceremony was done by the Chief Guest along with the other dignitaries. A Saraswati

Vandana dance performance was given by NSS volunteers. A report on all the activities of Amrit Mahotsav Festival was given by NCC cadet. Then a patriotic song performance was given by NCC cadet, following which a group dance performance was given by NCC cadets. A speech was given by a student of Bharat Scouts and Guide. After that group dance performance was given by the NSS Volunteers. A few solo dance performances were consequently given by NSS, NCC, and Bharat Scouts and Guides students. After all the performances honourable Chief Guest of the day Dr. P.P Chauhan sir addressed the students and encouraged as well as congratulated the students for successful organisation of the events. Thereafter, prizes were awarded to the position holders of all the competitions which were organised throughout the week. At the end of the programme a vote of thanks was given by Bharat Scouts and Guides students. In the end tree plantation event was organised in which all the students along with the honorable Chief Guest of the day and other dignitaries planted numerous trees in the college surroundings.





➤ **PRABHAT FERI :**

On August 10, various units of college NCC, NSS and R&R jointly took out a morning procession at Saraswati Nagar market at 5a.m.



➤ **TIRANGA RALLY:**

On 12 august 2022 students of saraswati nagar college took out rally from the college to Prakash Lala Market with the flag in hands.



➤ **SAFAI ABHIYAN :**

A cleanliness drive was organized on 13th august by the NCC unit of Saraswatinagar College ANO Lt. Dr. Rohit Mokta along with 45 cadets participated in this campaign.



➤ **INDEPENDENCE DAY :**

Independence day celebration with great enthusiasm on 15th august 2022 at LBS Govt Degree College Saraswati Nagar under the AAZADI KA AMRIT MAHOTSAV.



HAR GHAR TIRANGA CAMPAIGN (08-15.08.2022)

Celebrating 75 years of India's Independence, Rovers and Rangers unit of LBS Govt. Degree College Saraswatinagar organized a weeklong festival of 'Har Ghar Tiranga' in which following activities were conducted:

- I) **Quiz Competition:** On 8th August, 2022 an online Quiz Competition was conducted on the theme of Har Ghar Tiranga. 169 students of the college participated in this contest.

Winners:

1st position: Miss Pallavi Dharijta BA III Roll No. 2001063

2nd Position: Mr Yuv Raj BA II Roll No. 2101057

3rd Position: Mr Vansh Sharma BA II Roll No. 2101048



- II) **Prabhat Pheri:** On 10th August, 2022 at 04:40am Prabhat Pheri was taken out by the students of NSS, NCC and Rovers and Rangers of the college on the occasion of Azadi Ka Amrit Mahotsav. The Pheri started at 4:40 am from college campus and passed through main market of Saraswati Nagar. Seventy students of the three units of the participated in this Prabhat Pheri.



III) **Declamation:** On 10th August, 2022 Declamation Contest was conducted by the unit.10 students of the college participated in this contest.

Winners:

1st Position: Miss Pallavi BA II

2nd Position: Miss Palak Dilta BCOM III

3rd Postion: Miss Yogeshwari BSc BA II



IV) **Poster Making and Rangoli:** On 11th August, 2022 Declamation Contest was conducted on the theme of Har Ghar Tiranga. Eleven students of the college participated in this contest.

Winners of Poster Making

1st Position: Miss Priyanshi BSc III

2nd Position: Miss Muskan BSc III

3rd Postion: Miss Monika BA II

Winners of Rangoli

1st Position

Miss Jyoti BA II



V) **Rally on Azadi ka Amrit Mahotsav:** On 12th August 2022 Rally on the occasion of 'Azadi Ka Amrit Mahotsav' was taken out by the students and teachers of the unit at 10:45 AM. The Principal of the college flagged off the rally from college campus. The rally was organized by the unit in collaboration with NSS, NCC units of the college. The rally started from the college campus and was carried out through the local market of Saraswati Nagar. More than 300 students enthusiastically participated in this rally.



VI) **Flag Making and Selfie taking with Tiranga:** On 13 August 2022 Flags were made by the students at college and selfies were taken by the students with their flags.



VII) **Independence Day celebration:** On 15th August, 2022 Independence Day was celebrated by the NSS, NCC and R&R units of the college. The event started at 10:20 am in the morning. First of all, at 10:30 AM National Flag was hoisted by the Principal of the College. Hoisting of Flag was followed by the Salutation

ceremony. Flag hoisting ceremony ended with the singing of National Anthem. At 10:45 am cultural Programme was organized in College Hall. Students of the NSS, NCC and Rovers and Rangers unit of the college enthusiastically participated in this cultural event. Winners of the various activities conducted during the Azadi Ka Mahotsav Festival were given prizes by the Principal of the college.



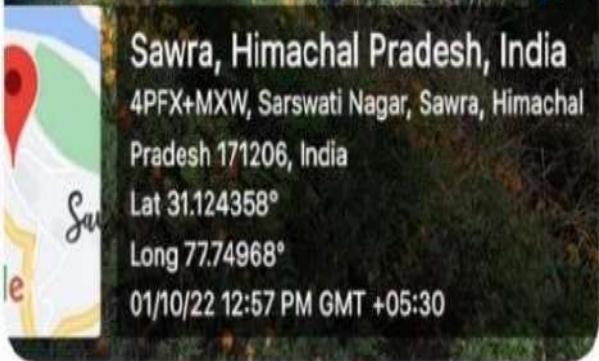
CELEBRATION OF 53 YEARS OF NSS FOUNDATION DAY (24 September 2022)

On 24 September, volunteers of LBS Govt. PG College Saraswati Nagar Sawra celebrated the 53 years of NSS foundation day. Acting Principal Dr. Lalita Rawat graced the occasion as the chief guest. Firstly the flag hosting was done in the college premises and then the Chief Guest was welcomed in the college hall. After lighting the lamp to Goddess Saraswati the function started at 11am. This was followed by standup Comedy, Skit and folk dance and various cultural activities by NSS volunteers. The programme ended with Chief Guest's address and vote of thanks by the Programme officer Preeti Panta Chhatti. Thereafter, the team of medical workers, along with doctors from Rohru hospital organised a blood donation camp in the college which have been invited by the NSS Unit of College. The students from different units of the college along with faculty members of college participated and donated their blood for a noble cause of saving some ones life. This blood donation camp was jointly organized by NSS, NCC, R & R, Eco club and women's cell of the college. In the end, food was also provided to all the volunteers, medical workers and to all faculty members. The programme was well organized by the programme officers with the cooperation of teaching, Non-teaching faculty members, volunteers and by students.



ONE DAY CLEANLINESS DRIVE ON THE OCCASION OF GANDHI JAYANTI (01 OCTOBER 2022)

The NSS unit of LBS Govt. PG College Saraswati Nagar Sawra organized one day cleanliness drive on the occasion of Gandhi Jayanti on 1st October 2022. It was organized under the supervision of programme officers Asstt. Prof. Pawan Kumar and Asstt. Prof. Preeti Panta Chhatti. Approximately 40 volunteers took participation in this cleanliness drive in the college campus. On the eve of cleanliness day all the areas of college campus including old block, new block and entrance of the college was cleaned. Girls hostel premises of college was also cleaned. Volunteers also make people aware regarding various cleanliness issues through social media like Facebook account. All volunteers and programme officers take great participation in this cleanliness drive and together made this programme a success.



ONE DAY PLASTIC MANAGEMENT CAMP TO PROMOTE “CLEAN INDIA2.0” CAMPAIGN LAUNCHED BY ANURAG THAKUR (08 OCTOBER 2022)

The NSS unit of LBS Govt. PG College Saraswati Nagar Sawra celebrated the Swachhta week from 1stOctober to 8thOctober 2022.In which one day plastic management camp was organized by the Programme officers Asstt.Prof. Pawan Kumar and Asstt. Prof Preeti Panta Chhatti and volunteers of the NSS unit to promote“Clean India 2.0 Campaign launched by Anurag Thakur (Union Minister of sports and youth affairs). Approximately 50 volunteers take their participation in this plastic management camp in the college campus. In it all the volunteers including Principal of the institution Dr. P.P Chauhan together cleaned the inside and outside of the college. Volunteers also make people aware regarding various cleanliness issues through through social media Facebook account. All volunteers and Programme officers take great participation in this one day plastic management camp andtogether made this programme a success. In the end refreshment was was also provided to all the volunteers, programme officers and the teachers who worked and helped in this campaign.



ONE DAY CLEANLINESS DRIVE (15.10.2022)

The NSS unit of LBS Govt. PG College Saraswati Nagar Sawra organized a one day cleanliness drive on 15th October 2022. It was organised under the supervision of programme officers Asstt.Prof.Pawan Kumar and Asstt. Prof.Preeti Panta Chhatti. Approximately 60 volunteers took their participation in this cleanliness drive in the college campus. In which all the volunteers including Principal of the institution Dr. P.P Chauhan together cleaned the inside and outside of the college campus and surrounding areas of college. Volunteers also make people aware regarding various cleanliness issues through social media like facebook and twitter account. All the volunteers and programme officers take great participation in this one day cleanliness drive and together made this programme a success. In the end refreshment was also provided to all the volunteers, programme officers and the teaching and nonteaching staff members who were working in this campaign.



CELEBRATION OF MEGA CLEANLINESS DRIVE ON 19TH OCTOBER 2022

LBS Govt.PG College Saraswati Nagar Sawra celebrated a "A National level special campaign Clean India 2.0. Programme officer's Asstt. Prof. Pawan Kumar, Asstt. Prof. Preeti Panta Chhatti along with the Pradhan of Sawra Panchayat Mrs. Deepna Rajta also participated with the volunteers to clean the garbage from the streets. For this Mega cleanliness drive approximately 80 volunteers took their participation. In this cleanliness drive volunteers cleaned the Hatkoti Kainchi area and aware the people to maintain the cleanliness of their surroundings.The Pradhan of the sawra Panchayat promised to the volunteers to take necessary actions to those who will be found guilty for throwing garbage here and there. She also promised to maintain the cleanliness in this area and to provide dustbins for the proper disposal of garbage. All the volunteers and programme officers together made this a success. In the end refreshment was also provided to all the volunteers and programme officers working in this event.



CELEBRATION OF NATIONAL UNITY DAY ON THE OCCASION OF BIRTH ANNIVERSARY OF SARDAR VALLABH BHAI PATEL (31 OCTOBER 2022)

The NSS unit of LBS Govt. PG College Saraswati Nagar Sawra celebrated the National Unity Day on the Occasion Birth Anniversary of Sardar Vallabh Bhai Patel who had a major role in the Political integration of India. This occasion was organised under the supervision of Asstt. Prof. Pawan Kumar and Asstt. Prof. Preeti Panta Chhatti. For this Occasion a motivational rally was organized from college to Hatkoti (Galu). In this rally approximately 40 Volunteers had their participation. The Principal of the institution Dr. P.P Chauhan also participated with the volunteers for this motivational rally. All the volunteers and programme officers take great participation in this rally and together made this even a success.



CELEBRATION OF CONSTITUTION DAY (26 NOVEMBER 2022)

The NSS unit of LBS Govt. PG college Saraswati Nagar Sawra in association with Political Science department celebrated the Constitution Day on 26th November 2022. The day aims to mark the significance of the constitutional values among the citizens of India and also brings awareness of importance of the Indian Constitution and its architect Dr. BR Ambedkar. The Constitution of India was drafted by the constituent assembly of India. It was on 26 November 1949 that India's constituent assembly adopted its Constitution and on 26 January 1950 (Republic day), it came into effect. The Constitution of India is longest-written Constitution of any sovereign country in the world. Additionally, it emphasizes the importance of assuring its citizen's Justice, equality and liberty and promoting fraternity. The Constitution of India declares India a Socialist, Secular Democratic, Republic. This programme was organized under the supervision of Professors of Political Science department Asstt. Prof. Rajesh Kumar, Asstt. Prof. Preeti Panta Chhatti and NSS programme officer Asstt. Prof. Pawan Kumar. For this occasion various activities like debate, pledge, online quiz and national anthem were done by the NSS volunteers to commemorate the adoption of the constitution of India. All the volunteers and programme officer's take great participation in this occasion and together made this programme a success.



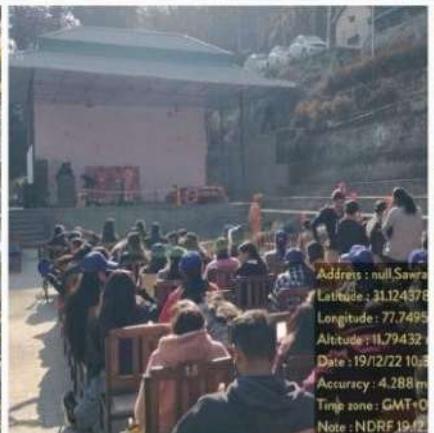
CELEBRATION OF WORLD'S HIV AIDS DAY (1ST DECEMBER 2022)

The NSS unit of LBS Govt.PG College Saraswati Nagar Sawra in association with Red Ribbon club celebrated the worlds AIDS day on 1st December. Every year, on 1st December, the world Commemorates world AIDS day, people around the world unite to show support for people living with the and affected by HIV and to remember those who lost their lifes to AIDS. The inequalities which perpetuate the AIDS Pandemic are not inevitable; but we can deal with them. On the occasion of this day, a programme was organized by the NSS unit along with the Red Ribbon club at Saraswati Nagar college. This Programme was organized by the help of programme officers Asstt. Prof.Pawan Kumar, Asstt. Prof. Preeti Panta Chhatti and Eco club incharge Dr.Punam Chauhan and Prof.Rajesh Kumar. Approximately 58 students of various faculties of B.A, B.Sc, B.Com were present in this program. Miss Aastha, Miss Yogeshwari and Miss Tejaswani, final year students of B.Sc, made a power point presentation on HIV/AIDS. They explained about causes, symptoms and prevention of HIV and also discussed Anti retroviral therapy which is the only cure for AIDS. Along with this, a short film on HIV AIDS made by Atul Jalta and Aryan Chanjta was shown to the students. Nodal officer of Red Ribbon club, Dr. Poonam Chauhan also gave important information about HIV AIDS to the students. After this, under the supervision and direction of the teachers, the students took out a rally in Sawramarket and tried to create awareness about HIVAIDS to the common people through slogans and posters. College acting Principal Dr. Lalita Rawat said that today's programme based on HIV AIDS was completed in a planned manner due to the guidance of teachers and active participation of students.



A SPECIAL SESSION WAS ORGANIZED BY NATIONAL DISASTER RESPONSE FORCE (19 DECEMBER2022)

A Special session was organized by NDRF (National Disaster Response Force) at LBS Govt.PG College Saraswati Nagar Sawra on 19 December 2022. In which Mr. Danny Atwal and his assistant Jawans demonstrated the activities/ safety measures to be taken at the time of disaster and motivated students to adopt these measures during disaster. The National Response Force is an Indian specialized force constituted for the purpose of special response to the threatening disaster situation under the Disaster Management Act,2005. It was organized under the supervision of programme officers Asstt. Prof. Pawan Kumar, Asstt. Prof. Preeti Panta Chhatti and other faculty members of the college. All the staff members were also present in the event including Principal of the institution Dr. P.P Chauhan, Prof. Ravi Prakash, Prof. Rajesh Kumar, Dr. Lalita Rawat, Prof. Chander Sen Chauhan ,Prof. Praveen Sharma. Volunteers also made people aware regarding various Disaster Management issues through social media like Facebook account. All the volunteers and programme officers take great participation in this occasion together made this programme success.



REPORT OF NSS 7 DAYS SPECIAL CAMP, 21ST -27TH DECEMBER 2022

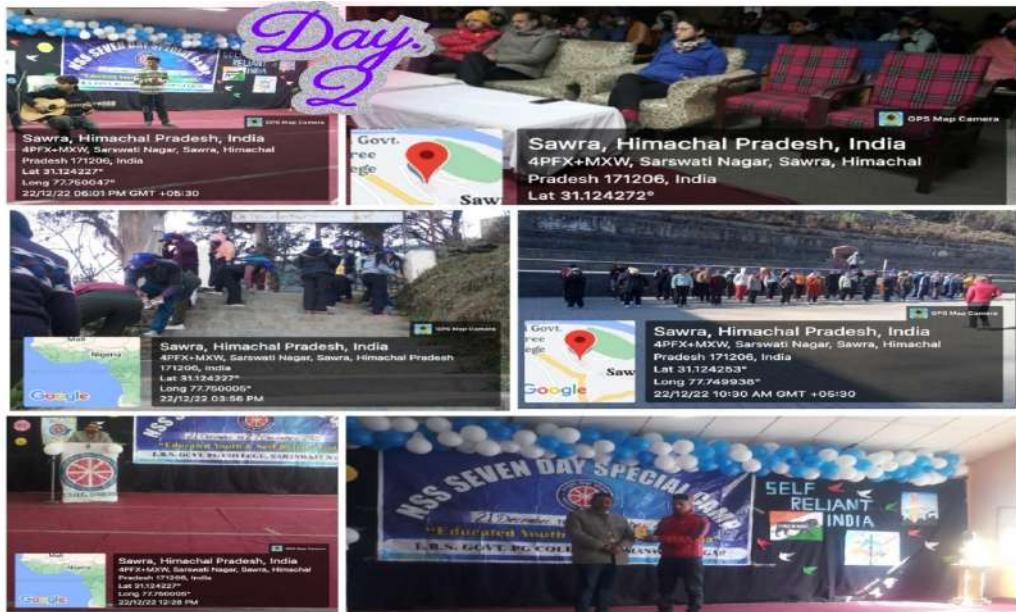
• NSS Activity Day 1 (21st December2022)

NSS Seven Day Special Camp for session 2022 to 2023 begins from 21st December 2022 .In it 76 volunteers participated. The opening ceremony of programme begins at 11am on 21st December, where Dr. P.P Chauhan, Principal of the institution graced the occasion as the chief Guest .The function was started with the flag hosting by the chief Guest, Dr.P.P Chauhan, Programme officers Asstt. Prof Pawan Kumar, Asstt. Prof Preeti Panta and other faculty members of college .Thereafter various cultural performances were presented by the volunteers. The chief guest Dr.P.P Chauhan honoured the occasion with his inspirational words and gave blessing to volunteers for their next seven day camp. In the evening cultural performances were done by Achievers Group. For the cultural night Guests were Asstt.Prof Rajesh Kumar and Dr.Radha Raman Gautam, faculty members of the college. Thereafter dinner was held at 8pm and lights were off at 9pm.



- **NSS Activity Day 2nd (22December 2022)**

The 2nd day of the camp begin with prabhat pheri at 6 am from college campus to Dipu Sawra. There after various activities were performed as morning assembly, warm up exercises, drill and field work. After that educational session was started in which Mr. Lokinder Bisht (President of PGA) was invited as Resource person .He shared his valuable knowledge and experience required for commercial apple farming to volunteers. In the evening at 6pm culture event was hosted by Social Squad Group. Thereafter all went for dinner and lights were off at 9:00 pm .



- **NSS Camp Day 3rd (23 December 2022)**

The third day of the camp begins with as usual routine work by the volunteers. Mr. Ankur Sharma, (Bank Manager of SBI Sawra)and Mr. Robin Chauhan was the resource person of 3rd day education session .Both of them shared their views regarding the various saving scheme of SBI and how common man can take benefit from these schemes. In the evening at 6pm culture event was hosted by on Action Squad group .Thereafter all went for dinner and lights were off at 9pm.



- **NSS Camp Day 4th (24 December 2022)**

The 4th Day of the camp started with as usual routine of the day. After that at 12:30 pm educational session was started where Mr.Lekh Raj Kashyap,(Tehsildar Jubbal) was the Resourse person .He delivered lecture on Good governance and its importance in administration. After this session the day continues with activities like field work and cultural event was hosted by Skilled at Solution Group. Prof.Praveen Sharma Deptt.of Sanskrit and Prof.Ravi Prakash Deptt.OfHindi were present in the cultural event as the guests.



- **NSS Camp Day 5TH -25TH December 2022**

The 5th day was a vibrant day started with meditation session followed by drill and breakfast .Then the volunteers visited Hatkoti Mata Temple where,they interacted with the bhandari of the temple, who related the history of the temple in a very interesting manner. After this the NSS unit ,did the cleaning of temple premises and back to college campus.In the evening the cultural event was hosted by The Social United Group.



- **NSS Camp Day 6th (26th December 2022)**

The 6th day of the camp started with the as usual routine of the day. On this day NSS, NCC and Rover and Ranger club of college organised a rally on road safety from college campus to Rapti market Saraswatinagar Sawra and a lecture was also delivered by Head Constable Ashwani Kumar on road Safety. Thereafter educational session was started, in which Mr. Yashpal Sharma, President OSA{Old Student Association} was invited as the Resource person. In the evening cultural event was hosted by The Helping Hand Group. Prof Sandhira Devi, Prof Digvijay Chauhan, Dr. Surinder Kulla of Seema College were present in the the cultural event as guests .



- **NSS Camp Day 7th (27th December 2022)**

The closing ceremony of NSS Seven Day Camp was held on 27th December 2022. The retired Associate Professor of Political Science P.D. Jagitha was invited as the Chief Guest of the closing ceremony of NSS seven day camp along with Principal of the institution ,Dr P.P Chauhan and other faculty members of the college. The function started at 11:am and the volunteer performed various cultural activities in the front of the chief guest . Addressing the volunteers the chief guest said that this college has been playing a very prominent role in imparting value education to the students belonging to rural background. The Principal of the institution, Dr. PP Chauhan also congratulated the Programme Officers for the successful completion of this seven days special camp. At the conclusion of the camp a Prize distribution function was conducted in which volunteers were honoured for their exceptional work during the camp. The function ended with the march pass and recitation of NSS song by the volunteers.



TRAFFIC CONTROL{Aug 2022} :

NCC cadets of college helped the police department of Saraswati Nagar in controlling the traffic during the month of August as it is busiest month for the traffic due to the apple season because of which people have to face a big problem of traffic jam. So the NCC cadets play a vital role in controlling the traffic jams and give their services to the society.



➤ BLOOD DONATION CAMP

A blood donation camp was organized for NCC cadets at Pharmacy College Rohru on 27th November . To make the completion 75 glorious years of NCC . Blood donation camps was organized by the NCC units at various places in the country .In this camp6 cadets of LBS GOVT PG COLLEGE SARASWATI NAGAR ,Piyush Verma , Mehul Sharma ,Dhiraj ,Sumit Kumar , Ujjwal Kotvi ,Sahil Negi donated blood.



FOUNDATION/FLAG DAY (07.11.2022)

Foundation/Flag day of ROVERS AND RANGERS was celebrated on 7th Nov. Flag unfolding ceremony was done at 10:30 AM. Dr. PP Chauhan was chief guest and he unfolded the flag.



REPORT ON ELECTION AWARENESS CAMPAIGN

An Election Awareness Campaign was held at LBS Govt. Degree College, Saraswati Nagar, Jubbal - 171206, Shimla (H.P.) on **27.08.2022**. The Resource Person for the event was Mr. Rajiv Sankhyaan (SDM, Jubbal). He was accompanied by Mr. Ashok Ghamta. Mr. Rajiv Sankhyaan reached the venue at 12:15 P.M., and soon after that the session was started with a formal welcome of our guest, extended by Assist. Prof. Ravi Prakash, on the behalf of the entire LBSGDC staff. The event was successfully conducted with over 200 participants from 1st Year and 2nd Year. The main focus of the event were the students who have recently turned 18 years of their age or above, especially the first time voters. They were motivated to get their registration done with the Election Commission and be a part of this biggest democratic festival by exercising their right to vote judiciously without any biases. Mr. Sankhyaan briefed the process in a very interesting manner for the students. He elaborated that how the new online process of the Election Commission has made it easier for first time users to register themselves by filling up of Form 6 and to link Voter ID with ADHAAR, Form 6B is there. He also mentioned about the online portal www.voterportal.eci.gov.in and the Voter Helpline App where one can check his/her name in the Electoral Roll. He also sensitized students not only about their rights but also about their responsibilities towards the nation and the nation building processes. The session was highly informative and the students were well-equipped with all the relevant information required for the new voters. Dr. Poonam Mehta, the co-ordinator of the program sensitized the students about their crucial role in the shaping of political scenario of the nation and motivated them to discharge their constitutional duties with a responsible attitude. The session was concluded by Dr. Poonam Mehta with a vote of thanks to our worthy Resource Person, Mr. Rajiv Sankhyaan for taking out his precious time to enlighten our students with such important information about the Electoral Process and making them aware about their rights and duties as a citizen.



Co-ordinator
Election Awareness Campaign Program