

Ph. 01781-238149

**LAL BAHADUR SHASTRI GOVERNMENT DEGREE COLLEGE**  
SARASWATI NAGAR-171206  
DISTT. SHIMLA H.P.

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**REPORTS  
OF**

**ACTIVITIES CONDUCTED**

**BY**

**Dept of Political Science,  
Red Ribbon Club, Eco Club, Anti-Ragging Committee, Anti-Drugs  
Cell, Women Grievance/Sexual Harassment & Redressal Cell,  
NSS, NCC, Rovers & Rangers, IQAC**

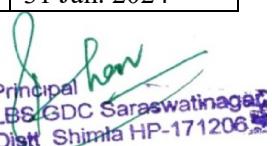
**DURING THE SESSION 2023-2024**

**SUBMITTED BY**

**LAL BAHDUR SHASTRI GOVT DEGREE COLLEGE, SARASWATI  
NAGAR, SAWRA  
TEHSIL JUBBAL, DISTRICT SHIMLA, H.P.**

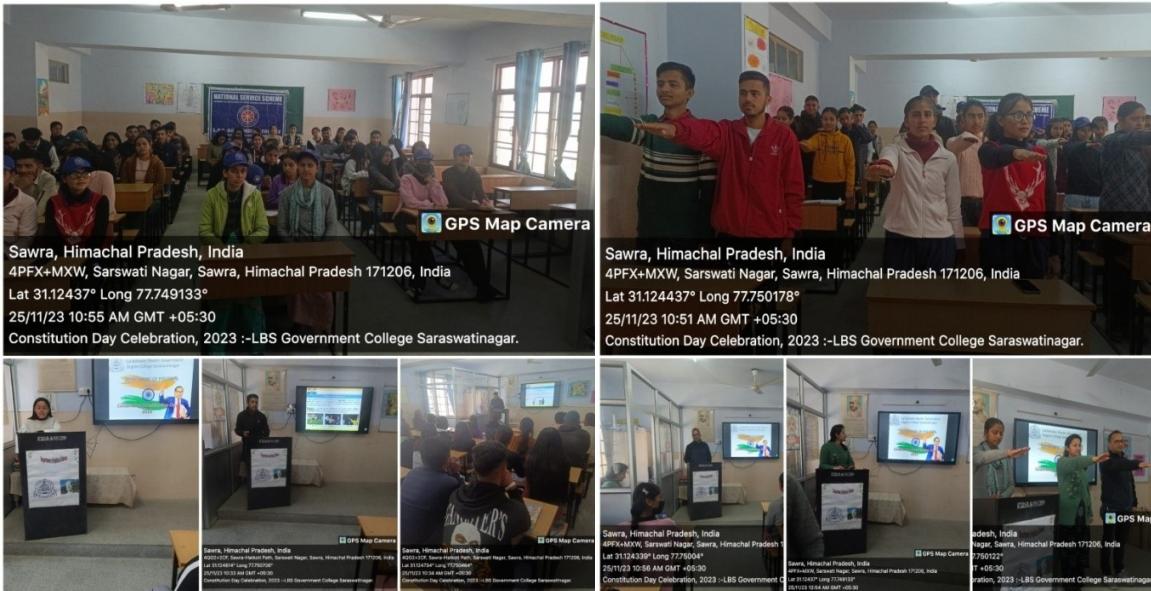
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6.	Green Diwali Campaign	NSS, NCC, Rovers& Rangers, Eco Club, and Red Ribbon Club	09 – 10 Nov. 2023
7.	World AIDS Day	Red Ribbon Club, NSS, NCC and Rovers and Rangers	01.12.2023
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 Principal  
 LBS GDC Saraswatinagar  
 Distt Shimla HP-171206

## CONSTITUTION DAY (25.11.2023)

The Department of Political Science of LBS Govt. College Saraswati Nagar celebrated the Constitution Day on 25<sup>th</sup> November 2023 to commemorate the adoption of the Constitution of India. Various activities were organized to aware students regarding the significance of Constitution of India such as quiz competition, Debate. A lecture on the importance of Constitution of India was presented by Asst.Prof Preeti Chhatti and Asst.Prof Sanjeev Kumar from the deptt of Political Science. The oath was administered by Miss Himani Sharma, student of B.A final year followed by other students. The auspicious day concluded with the singing of National Anthem. The programme culminated with a sense of patriotism and an awareness to abide by the constitution of our country. Approximately 80 students were present in this session.

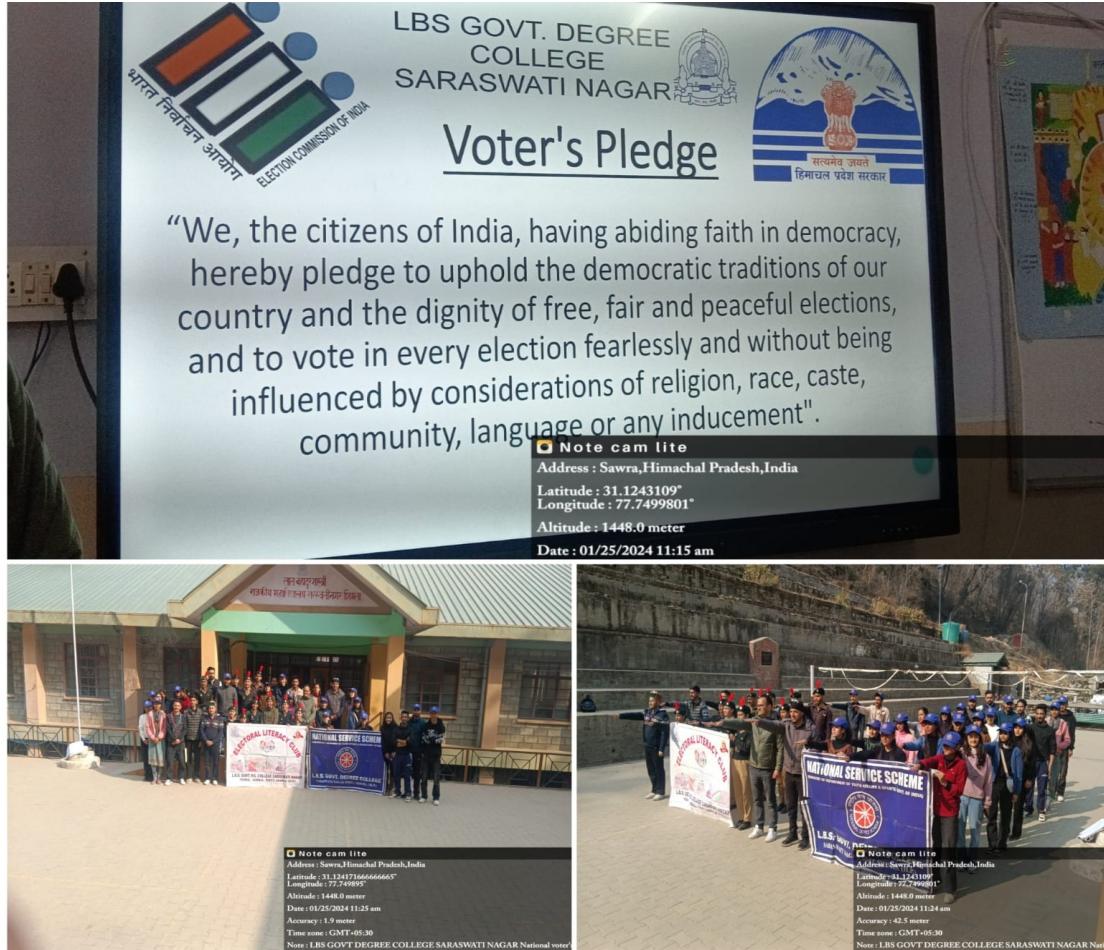


## NATIONAL VOTERS DAY (25.01.2024)

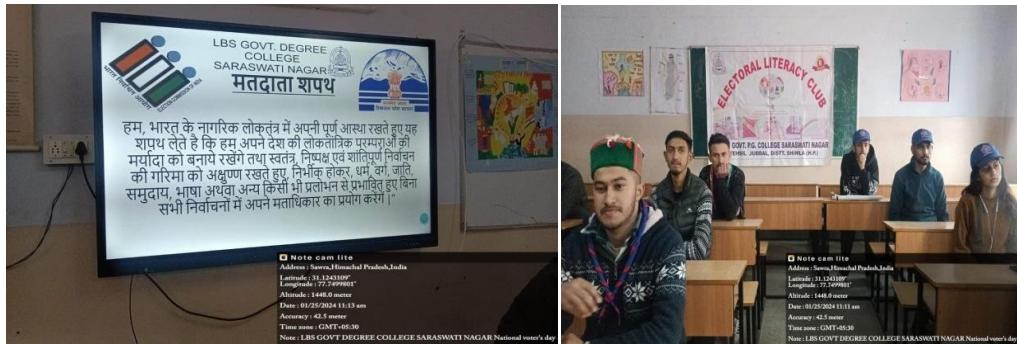
The Department of Political Science of LBS Govt. College Saraswati Nagar celebrated the National Voters Day on 25<sup>th</sup> January 2024 under the guidance of Asst.Prof Sanjeev Kumar (Dept.Political Science) and Asst.Prof Pawan Kumar (Dept. History). Approximately 60 students were present in this celebration. The main objective behind the celebration is to encourage and maximize enrolment, especially for new voters. It not only encourages the youth to participate in the electoral process but also focuses on the Right to vote as the basic right. The voter's oath was administered by Asst.Prof Sanjeev Kumar followed by all the students.



The NSS Unit of LBS Govt. College Saraswatinagar celebrated the National Voters Day on 25<sup>th</sup> January 2024 under the guidance of Asst.Prof Sanjeev Kumar (Dept.Political Science) and Asst.Prof Pawan Kumar (Program Officer). Approximately 60 students were present in this celebration. The main objective behind the celebration is to encourage and maximize enrolment, especially for new voters. It not only encourages the youth to participate in the electoral process but also focuses on the Right to vote as the basic right. oath was administered by Asst.Prof Sanjeev Kumar followed by all the students.The NSS Unit of LBS Govt. College Saraswatinagar throughout the year involved in various SVEEP/Voter's awareness activities in collaboration with the deptt of Political Science Department for the upcoming Lok Sabha Elections.



National Voters Day was celebrated on 25th January, 2024 to encourage the youth to participate in vote in the electoral process in the institution. It focused on the fact the right to vote is a basic right. All the volunteers along with the adult leaders participated in this workshop.



## SVEEP PROGRAMME (19.03.2024)

Under the SVEEP awareness programme department of Political Science of LBS Government College Saraswati Nagar, organized a Voter awareness programme in which SDM Jubbal Mr.Rajeev Sankhayaan ,Naib Nahilsdar Jubbal Mr.Sanjeev Sharma,SVEEP Nodal Officer 65 Jubbal Kotkhai Assembly Constituency,Mr Ashok Jhodta were present as the resource person. All the dignitaries talked about the whole election process from registration of new voters to the declaration of results. The Department of music of LBS Government College Saraswati Nagar preformed an Electoral Literacy song,as the lyrics are **Jago Re Jago Re Bharat ke Matdata**.This song was prepared under the supervision of Capt.Dr. Rohit Mokta.The Principal of institution Dr.P.P. Chauhan and all the faculty members of college were present in this event.Approximately 150 students attended this session. The programme was successfully completed under the guidance and supervision of Asst.Prof Preeti Chhatti and Asst.Prof Sanjeev Kumar from the Department of Political Science.



## TREE PLANTATION DRIVE (09.08.2023)

Tree Plantation was organized in the college by Red Ribbon Club, Eco Club, NSS, NCC & Rovers & Rangers units of the college on 09<sup>th</sup> August, 2023. The site for the tree plantation which was selected a forest above the Himfed office in Sawra Kainchi. All the units along with their unit in charges moved to the location at 12:30 pm from the college. Principal of the college, Dr P.P. Chauhan and senior faculty members of the college, Dr Lalita Rawat and Dr Poonam Mehta actively took part in the tree plantation drive. Ms Kiran, Forest Guard, Sawra Range also accompanied us during the plantation drive. Students were very excited and moved with slogan recitation related to trees and its usages and flagged the banners of their units during the procession. After reaching the site of tree plantation, all the units chose their areas of tree plantation and started digging for the saplings to plant. Principal Sir and the teachers also planted saplings with the students of various units and motivated the students with their active presence. Ms Kiran kept guiding and telling students about the plantation processes, and maintenance of the saplings and their need for the human. Principal Sir also put light on the need of this tree plantation drive with his valuable words. It took about three hours to complete this task. After this all the students and teachers came back to the college and gathered in the college hall for the refreshment. A total of 75 saplings of Deodar tree were planted by all the units of the college. Students were excited and enthusiastically participated in this event. There were nearly 150 students and out of which 30 students of Red Ribbon Club were present during this event and made it a great success.



NSS unit of LBS Govt. PG. College Saraswati Nagar organized a Mega tree Plantation Drive on the theme of “Meri Mati Mera Desh”. “Mati ko Naman”, “Veron ka Vadan”

This programme was organized under the supervision of Program officers Asstt.Prof. Pawan Kumar Little and Asstt. Prof. Preeti Panta Chhatti. The volunteers took out a journey from the college campus to Hatkoti (Galu) for tree plantation. Dr. PP Chauhan, Principal of the institution also participated with the volunteers for this programme & also congratulated the volunteers for their great work and inspired the volunteers to maintain

unity among themselves and asked them to work together in future also. In this programme, NSS unit and other units of college also participated i.e. NCC, Ranger Rover and Eco club of college. All units and all staff members enthusiastically joined hands and planted approximately 75 saplings. All volunteers and Program officers & staff members take great participation in this drive and together made this programme success. In the end refreshment was also provided to all volunteers.



**Meri Mati Mera Desh** Tree plantation activity was conducted in the college in the month of 9 August 2023 under the guidance of ANO CPT.Dr. Rohit Mokta and SUO Varsha. All the student of our college planted 75 trees in the forest area in hatkoti. In the end food item were distributed.





The tree plantation camp was organized by the Rovers & Rangers unit college on 10th August, 2023 in collaboration with NSS and NCC units of the college. The site for the plantation was the college campus. Twenty Five (25) plants were planted by unit. All the volunteers along with adult leaders of the unit participated in this camp.



## INTERNATIONAL YOUTH DAY: HIV/AIDS AWARENESS PROGRAM (31.08.2023)

Red Ribbon Club of the college organized an awareness program on HIV/AIDS on 31<sup>st</sup> August, 2023 to celebrate International Youth Day which was on 12<sup>th</sup> August. The theme for International Youth Day 2023 is "Green Skills for Youth: Towards a Sustainable World." The theme of green skills highlights the importance of equipping young people with the skills they need to contribute to a sustainable future. The program started at 12:30 PM with the introductory speech of Dr. Punam Chauhan, Nodal Officer, RRC, on HIV/AIDS. She briefed the students about the topic and talked about the importance of such programs for our youth. Then it was continued with the PPTs of two students, Mr Sahil and Ms Kashish Dulta of B.Sc. 2<sup>nd</sup> Year on HIV/AIDS for the members of Red Ribbon Club of our college. Students were keenly listening to the presentations and they also asked various question to clear their doubts on HIV/AIDS. Six students prepared short reels of about one

minute on this topic which was sent to District AIDS Program Officer (DAPO), Shimla. The reels were asked to prepare by the Department of Health and Family Welfare, Shimla for ‘Reel Competition’ between various colleges of District Shimla.



## GREEN DIWALI CAMPAIGN (10.11. 2023)

All the units NSS, NCC, Rovers& Rangers, Eco Club, and Red Ribbon Club of LBS Govt. Degree College Saraswati Nagar organised a campaign to adopt Ayurveda and Green Diwali. This campaign included Nukkad Natak based on Ayurveda in which the students of the various units participated and conveyed a message about the benefits of Ayurveda which India is known for centuries. Dr P. P. Chauhan, Principal of the institution along with all the students and staff members witnessed it. After this all the unit/club’s students with teachers went for the rally on Green Diwali from the college campus to Sawra Market. Students tried to motivate and spread a message to the society through their slogans to celebrate pollution free and cracker free Diwali.



On 9<sup>th</sup> November 2023, all the units NSS, NCC, Rovers& Rangers, Eco Club, and Red Ribbon Club of LBS Govt. Degree College Saraswati Nagar organized a campaign to adopt Ayurveda in their lifestyle and a campaign for adopting Green Diwali. This campaign included Nukkad Natak based on Ayurveda in which the students of the various units participated and conveyed a message about the benefits of Ayurveda which India is known for since centuries. Dr P. P. Chauhan, Principal of the institution along with all the students and staff members witnessed this Nukkad Natak.

After this NSS unit of LBS Govt. Degree College Saraswati Nagar organized a Rally with other units/club’s students and teachers. The rally on theme, Green Diwali started from the college campus to Sawra Market.

Students tried to motivate and spread a message to the society through their slogans to celebrate pollution free and cracker free Diwali.



On 9<sup>th</sup> November GREEN DIWALI rally was taken out by the NCC Cadets . The cadets informed the public not to burn crackers.



## WORLD AIDS DAY (01.12.2023)

On 1<sup>st</sup> December 2023, World AIDS Day awareness program was organized in the LBS Govt Degree College, Saraswati Nagar, by Red Ribbon Club in association with NSS, NCC and Rovers and Rangers.

World AIDS Day is observed annually on December 1. This is a chance for people all over the world to come together in the battle against HIV, to support those who are living with HIV, and to remember those who have passed away from an AIDS-related illness. Even while HIV continues to be a serious public health concern that affects millions of individuals globally, the global HIV response is at risk. Numerous lives are at stake as a result of the recent stagnation in HIV objective progress and resource depletion. HIV became and continues to be a global health epidemic due to a number of shortcomings, including division, inequality, and contempt for human rights.

World AIDS Day 2023 is being marked under the theme '**Let Communities Lead**' means the world can end AIDS, with *communities leading* the way. The purpose of celebrating this significant occasion of World AIDS Day is to raise awareness and combat the HIV/AIDS pandemic with collective efforts and unite in the global fight against this devastating disease and to strive for a world free from the stigma and impact of HIV/AIDS. Together, we can make a lasting impact on the lives of individuals and communities affected by HIV/AIDS.

All the science students were present. Dr Punam Chauhan, Nodal Officer, Red Ribbon Club conducted various competitions during the event like Power Point Presentation, Slogan Writing, Poster Making and Rangoli Making competitions. A total of 36 students participated in this event. There were other students also present during this event to watch the program. Chief Guest for this event was Dr P.P. Chauhan Principal of the college. Prof Goverdhan Chauhan, Prof Preeti Panta Program Officer, NSS Unit II, Prof Vijay Laxmi, Incharge Rovers And Rangers and Captain Dr Rohit Mokta, NCC Incharge were also present during this. Judges were Prof Monika Raina, Dr Lokraj Sharma and Dr Shallu Dogra. The result was announced on the same day after the competition and the winners were honored with cash prizes. Refreshment was also distributed to the students. After this various units of the college with red ribbon club went for the rally to spread the awareness regarding HIV/AIDS among the public. The procession for the rally started from the campus of the college upto the Sawra Market. The students were chanting slogans on the way and tried to spread the message about HIV / AIDS to the people.

#### **NAMES OF WINNERS:**

##### **Power Point Presentation**

- 1st: Kashish (BSc 1st Year)
- 2nd: Sahil (BSc 1st Year)
- 3rd: Janvi & Aanchal (BSc 1st Year)

##### **Poster Making**

- 1st: Nikhilesh (BSc 1st Year)
- 2nd: Nitish (BSc 1st Year) & Shruti (BSc III)
- 3rd: Piyush (BSc 1st Year)

##### **Slogan Writing**

- 1st: Hemant (PGDCA)
- 2nd: Ankita (BA 3rd Year)
- 3rd: Aryan (BSc 2<sup>nd</sup> Year)

##### **Rangoli Making**

- 1st: Tiya Chankrola (BA 3rd Year)
- 2nd: Snehal (BSc 1st Year)
- 3rd: Payal (BA 2nd Year)





[NSS] On 1<sup>st</sup> December 2023, the NSS unit of LBS Government degree College Saraswati Nagar conducted awareness campaign on World AIDS day.



On 1<sup>st</sup> December every year world commemorates World AIDS day. People around the world show unity support for the people living with them and affected by HIV and to remember those who lost their lives due to AIDS. On the occasion of this day a rally and a set of competitions with theme ‘Let Communities Lead’ was organized by the Incharge of Eco club Dr. Poonam Chauhan.

The NSS unit, NCC and the other units of LBS Government College participated in the rally. The rally started from the college campus to Sawra market. Students tried to spread the awareness to the society through this rally. Due to guidance of teachers and active participation of students the rally was completed.

On the occasion of AIDS Day, an awareness rally was taken out on dated 1st December, 2023 by the volunteers of the Rovers & Rangers unit in collaboration with NSS and NCC units. All the volunteers of the unit participated in this awareness rally.



## WORLD ENVIRONMENT DAY (05.06.2023)

On the 5<sup>th</sup> June 2023, Eco Club celebrated ‘World Environment Day’. The aim of the event was to increase awareness among students about the importance of the environment and need to protect it. This year the theme of the ‘World Environment Day’ was ‘Solutions to Plastic Pollution’ so, Eco Club decided to clean the college premises and Hatkoti Temple area. Also an online quiz was conducted to spread awareness about the environment. Since, colleges were closed due to summer vacation only few students could gather to celebrate it. Cleanliness started from the college campus and then students moved to Hatkoti Temple. Students picked up all the trash and plastics from these said areas and put them in the dustbins. Everyone was performing his duties diligently and enthusiastically. Meanwhile the link of the online quiz was shared with the all the class groups and time limit of 20 minutes was given to complete it. A total of 66 students participated in the quiz. The questions of the quiz were based on environment and its related topics. The purpose of this small activity was to inculcate the sense of responsibility in our students towards the nature and well being of the ecosystem. With this the event came to an end on a positive note.

The collage consists of several images. At the top left is a screenshot of a Google Form titled 'World Environment Day, 5th June, 2023'. The form has a question about environmental issues and a green Earth icon. To its right is another screenshot of the same form, showing a histogram of responses. Below these are two more screenshots of the form, one showing a list of responses and another showing a map pin indicating the location. To the right of the forms is a group photo of approximately 15 people standing in front of a stone archway, holding a large white banner that reads 'Eco Club Green India Clean India Lal Bahadur Shastri Government Degree College Saraswati Nagar Dist. Shimla, H.P.'. Below this is a 'GPS Map Camera' overlay with coordinates: Lat 31.131134°, Long 77.745453°, dated 05/06/23 12:32 PM GMT +05:30. At the bottom is a photo of two men standing next to blue and green recycling bins in a park-like setting.

The NSS unit of LBS Govt. College Saraswati Nagar celebrated Environment Day on 5<sup>th</sup> June 2023. It was organized under the supervision of Program officer Asstt. Prof. Pawan Kumar Little and Asstt. Prof. Preeti Panta. In this programme 20 volunteers participated and they cleaned the surrounding of Hatkoti Temple. By promoting awareness and encouraging collective action, World Environment Day strives to empower individuals to become environmental stewards and make a positive impact on the planet. It emphasizes the importance of sustainable development, responsible consumption and the conservation of natural resources for the wellbeing of current and future generations. All volunteers & programme officers take great participation in Environment Day & together made this programme successful.



## BIODIVERSITY EXPLORATION TOUR (16.09.2023)

A Biodiversity Exploration Tour was organized by Science Dept./Eco Club of the college on 16<sup>th</sup> September 2023. The site for this was chosen Giri Ganga. Giri Ganga is a very beautiful and mesmerizing place hidden near Kharapathar in Tehsil Jubbal. It is 30 Km away from Sawra and it is very less crowded and full of nature. There is an ancient temple, a holy lake around the temple and there are no concrete buildings nearby. The temple is situated in the middle of a dense but beautiful jungle. From the Giriganga temple, there is a trekking trail that goes all the way to the Kuppar peak. So it is the best place for biodiversity exploration.

All the teaching faculty of Science Department i.e. Dr Lokraj Sharma from Chemistry Dept. , Prof Goverdhan Chauhan from Maths Dept., Dr Punam Chauhan from Zoology Dept. and Dr Radha Raman Gautam from Physics Dept. with 28 Science Students started their journey from the college at 10:00 am and reached to the site around 12:00 o'clock. First of all, we visited to the temple and some students took holy bath in the lake. Afterwards we headed to the forest. While trekking in the forest lane, students kept watching the vegetation and the landscape. This is a small alpine valley with pine and deodar forests. After trekking for about two hours we came back to parking area and then move to Khada Pathar for the lunch. Then we came back to college around 3:30 pm. Students were very excited and happy during the trip.



मंगाव  
केसरी

MON, 18 SEPTEMBER 2023

EDITION: SHIMLA KESARI, PAGE NO. 3



रोहड़ : गिरिंगना में जैव विविधता अन्वेषण यात्रा के दौरान कालेज के छात्र एवं छात्राएं व संबंधित विशेषज्ञ संयुक्त चित्र में।

(बरानगढ़)



**गिरिंगना वन क्षेत्र में विद्यार्थियों को दी जैविक घटकों की जानकारी**

रोहड़, 17 सितम्बर (बरानगढ़) : लाल बंहादुर राजस्वी राजकीय महाविद्यालय सरकारी नगर में विज्ञान विभाग व इंको कालेज ने एक विद्यार्थीय जैव विविधता अन्वेषण यात्रा का आयोजन किया।

यात्रा में मौजूद रसायन विभाग

विभाग से डा. लोकेश शर्मा, गणित

विभाग डा. पूनम चौहान ने कहा कि इस यात्रा का मुख्य उद्देश्य विज्ञान संस्कृत के छात्र-छात्राओं को अपने आसपास के पर्यावरण एवं जैव विविधता के प्रति जागरूक एवं संवेदनशील बनाने तथा पर्यावरण गतिविधियों एवं प्रोजेक्टों पर कार्य करने के लिए क्षमता प्रदान करना है।

सहायक प्रोफेसर प्राणी शास्त्र



**एलबीएस गवर्नमेंट डिग्री कॉलेज के विज्ञान विभाग/इको क्लब ने आज 'जैव विविधता अन्वेषण यात्रा' का आयोजन किया।**

151168319 - VINIT CHAUHAN



हिमाचल प्रदेश शिमला। आप को बता दे कि एलबीएस गवर्नमेंट डिग्री कॉलेज के विज्ञान विभाग/इको क्लब ने आज 'जैव विविधता अन्वेषण यात्रा' का आयोजन किया।

गांगा इको क्लब पांच मुख्य पहुलुओं पर काम करते हैं, जिनमें वायु, जल, अपाशिष्ठ प्रबल्धन, ऊर्जा प्रबल्धन और जैव

विविधता संरक्षण शामिल हैं।

एलबीएस गवर्नमेंट डिग्री कॉलेज के विज्ञान विभाग के सभी शिक्षण संकाय यानी रसायन विज्ञान विभाग से डॉ.

लोकराज शर्मा, गणित विभाग से प्रोफेसर गोरुर्धन चौहान, प्राणीशास्त्र विभाग से डा. पूनम चौहान और भौतिकी विभाग से डा. राधा सन गोतम वा 28 छात्रों के साथ

गिरिंगना और आसपास के तन क्षेत्र में यात्रा पर गए।

BIODIVERSITY TOUR				
DATE: 16/09/2023				
ATTENDANCE SHEET				
Event:				
S.No.	Roll No.	Name	Morning	Evening
1.	23020003	B.Sc 1 <sup>st</sup> Year Rishabh Chahal	P	P
2.	23020006	Piyush	P	P
3.	23020007	Rishi Singh	P	P
4.	23020014	Jannu Thakur	P	P
5.	23020006	Tanisha Khanna	P	P
6.	23020007	Tanya	P	P
7.	23020007	Nishanth Khetan	P	P
8.	23020018	Niklesh Sethi	P	P
9.	23020018	Nitin	P	P
10.	23020013	Shivani Bishari	P	P
11.	23020013	Sakshi Sowani	P	P
12.	23020013	Arman Koul	P	P
13.	23020013	Anmol	P	P
14.	23020013	Sahil	P	P
		B.Sc 2 <sup>nd</sup> Year		
15.	21020019	Tanishu	P	P
16.	21020045	Aman	P	P
17.	21020069	Angali	P	P
18.	21020067	Mayank	P	P
19.	21020067	Dhruv	P	P
20.	21020016	Sheetal	P	P
21.	21020014	Sujal	P	P
22.	21020014	Manish Kumar	P	P
23.	22020003	Priyakrit	P	P
24.	22020002	Ritu	P	P
25.	22020002	Sarabjit	P	P
26.	22020006	Sudhal	P	P
27.	21020010	Aditi	P	P
		B.Sc 3 <sup>rd</sup> Year		
28.	21020013	Aashu	P	P
29.	21020011	Manta	P	P
30.	21020011	Soham	P	P

Total Students Present: 28/29

PRINCIPAL  
LBSGBC  
SARASWATI NAGAR, SAWRA

Raman Chauhan  
ECO CLUB

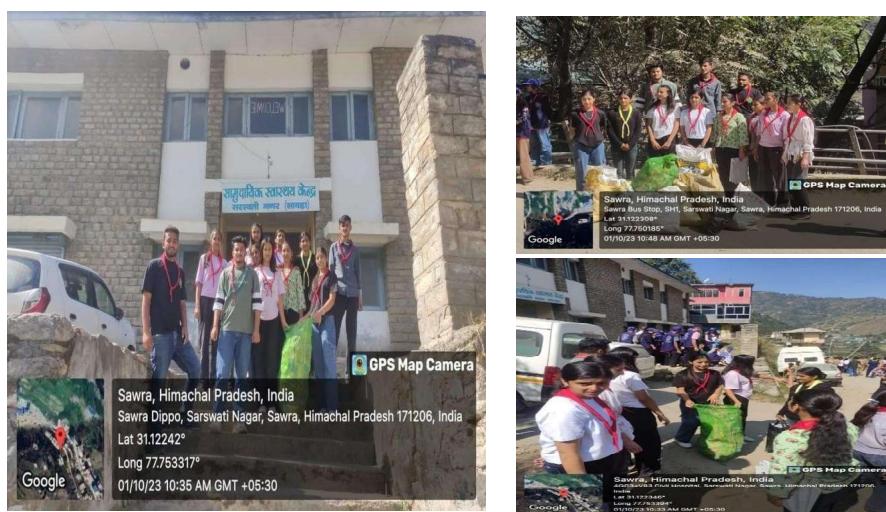
## CLEANLINESS DRIVE: EK TAREEKH EK GHANTA EK SAATH (01.10. 2023)

[NSS] On the occasion of 154<sup>th</sup> birth anniversary of Mahatma Gandhi, NSS Unit of LBS. Govt. College Saraswati Nagar organised a cleanliness campaign under the programme "Swachhata Hi Seva Abhiyan". Volunteers have contributed 1-hour Shram - dan for Swachhata on 1<sup>st</sup> October, on the occasion of Gandhi Jayanti as on 2<sup>nd</sup> October it was a holiday. This programme had started from 15<sup>th</sup> September to 2<sup>nd</sup> October 2023, aimed to keep the entire country clean. On this occasion, Program officers Mr. Pawan Kumar and Mrs. Preeti Panta were also present along with the NSS volunteers. Approximately 50 volunteers participated in this cleanliness drive. The volunteers also took an oath to keep their area and state clean and after

that they cleaned the college premises. They also cleaned Sawra Bazar, Civil Hospital Sawra, Bavdi (traditional water bodies), the river bank and finally cleaned the courtyard of Mata Hateshwari Temple up towards cleaning the environment.



[Rovers and Rangers] One day cleanliness camp was organized by the Rovers & Rangers unit of the college on 1st October, 2023. All the volunteers of the unit participated in the cleanliness drive. It was organized in collaboration with NSS and NCC units of the college. The site for the drive was local market area including primary Health Center of Saraswati Nagar. All the gutters of the main market road and hospital surrounding were cleaned by the unit members. It was lasted for two hours. After the completion of the camp refreshment was given to the students.



On 2nd Oct., 2023, floral tribute was given to Gandhi Ji and Lal Bahadur Shastri Ji by the volunteers of the unit in college campus. Prof. Vijay Laxmi adult ranger leader of the unit also accompanied the volunteers on this occasion.



Gandhi Jayanti, celebrated on October 2nd every year, is a day of profound significance in India and around the world. It marks the birth anniversary of Mahatma Gandhi, Bapu or the Father of the Nation.

Theme of Gandhi Jayanti 2023 “Ek Tareekh Ek Ghanta Ek Saath” was the theme for 2 October Gandhi Jayanti, A national call to action for 1 Hour of citizen-led shramdaan for swachhata on 1st Oct, 2023 at 10 am.

[Eco Club] On Sunday, 1st Oct 2023, various Units like NSS/NCC/Rovers & Rangers/Eco Club/Red Ribbon Club of LBS Govt Degree College organised Swachhata Abhiyan based on the theme of Gandhi Jayanti this year. Students of these units along with their Program Officers Prof Pawan Kumar, Prof Preeti Panta and Prof Vijay Laxmi assembled on the college campus and contributed their services. The day started with the pledge and then students with the teachers moved to places chosen for cleanliness. These were Girls Hostel, Sawra Hospital, Main Market Sawra and Hatkoti Temple. Everyone indulged in the cleaning the sites and collecting the plastics and other wastes. Students were very excited and performed their duties diligently. Students who couldn't come to college contributed their Shramdaan in their own villages and cleaned their surrounding areas by sweeping, collecting and disposing off the litter.



# NATIONAL WILDLIFE WEEK (02<sup>ND</sup> OCT -08<sup>TH</sup> OCT, 2023)

The National Wildlife Week is celebrated from the 2nd to the 8th of October every year in India. This week aims at protecting and preserving India's flora and fauna. Wildlife Week was conceptualized in 1952 with a long-term goal to safeguard the lives of the endangered and threatened species of animals. Keeping this in mind, Eco Club organized a quiz competition on 5<sup>th</sup> Oct, 2023 in the Room No. 6, in which all the science students (23) took part. Students were divided into four teams and Dr Punam Chauhan and Dr Shallu Dogra conducted the quiz. Quiz was based on wildlife and related articles. The aim of conducting this quiz was to aware students about the wildlife and other burning issues related to it. Quiz was divided into four rounds and each round has four questions for each team. It was prepared in the form of PPT. Students were excited and eager to be part of this. For every correct answer toffees and chocolates were distributed as a reward. Winning teams were given chocolates as a gesture of appreciation.

## Winners of the Quiz Competition were:

First Position: Team B (Snehal, Aditi, Mamta, Ritu, Prikshit & Mohit)

Second Position: Team C (Aditya, Mayank, Janvi, Aanchal, Tanisha)



## AWARENESS RALLY ON POLLUTION MENACE AND ROAD SAFETY RULES (04.11.2023)

On 4<sup>th</sup> November, 2023 Eco Club and other units like NSS, NCC, R& R and Road Safely Club of the college organized an awareness talk of Mr Chetan Chauhan, SHO Jubbal on Road Safety Rules. Mr Chetan briefly talked on various rules and regulations to be followed while driving. He also described Road Safety Guidelines and motivated the students to spread this awareness among the mass.

Students also attended a National Webinar on ‘From Pollution to Solutions: Confronting the Plastic Menace’ organized by the Department of Chemistry of our college. The resource person of the webinar was Dr. Sanjiv Arora (Professor of Chemistry KU, Kurukshetra). In the webinar, Dr. Sanjiv Arora explained about the harmful effects caused by plastic and suggested some of the preventive measures and solutions to minimise its use.

After this all the units and clubs of the college participated in an awareness rally on Road Safety and Plastic Pollution Menace. Road Safety Club along with NSS, NCC, Rover & Rangers and ECO club participated in this rally which started from LBS Government Degree College Saraswati Nagar to Sawra Depo Bazar. Principal of the institution, Dr. PP Chauhan flagged off the rally. SHO Jubbal, Mr Chetan Chauhan and his team and college teachers also joined the rally. Approximately 300 students participated in this rally.



### NSS Organizes a Road safety rally and cleanliness drive on Anti-Pollution(4<sup>th</sup> November 2023)

On 4<sup>th</sup> November 2023, NSS Unit of LBS Govt. College has organized a road safety rally and a cleanliness drive on Anti Pollution. On this day NSS volunteers also attended a National webinar themed “From Pollution to Solution: Confronting the Plastic Menace”. This webinar was organized by the department of Chemistry. The resource person of webinar was Dr. Sanjiv Arora (Prof. Chemistry Kurukshetra University). In the Webinar, Dr. Sanjiv Arora explained about the harm caused by plastic. Apart from this, he also explained that plastic is harmful for the earth. Apart from this NSS Unit of LBS. Govt. College has also attended a session on road safety which was organized by the Road Safety Club under the guidance of Nodal officer Captain Dr. Rohit Mokta. SHO Jubbal Chetan Chauhan was the Resource person of this session. SHO Jubbal made us aware about road safety guidelines and encourage to drive safely. After this NSS Unit, NCC Unit Ranger and Rover and ECO

Club participated in a rally which started from College to Sawara Depo Bazar. The Principal of institution Dr. PP. Chauhan flagged the rally. The Program officer of NSS Unit Prof. Pawan Kumar and Prof. Preeti Panta along with other staff members of college participated in this rally. SHO Jubbal joined it with his entire team in this rally. Approximately 300 students participated in this rally. NSS Unit of LBS. Govt. College Saraswati Nagar has also organized a cleanliness drive on the same day. This programme ran from 2:00pm till 3:00pm. The main body members of the NSS Unit as well the volunteers of the NSS Unit participated in the drive. Under this cleanliness drive, the NSS unit cleaned the college campus and also collected all the plastic waste from the campus. In this drive all the volunteers have also been given refreshment.



On the November 4<sup>th</sup> .A rally was taken out by the NCC cadets of LBS PG DC Saraswati Nagar for road safety .ON that day the NCC Cadets informed the public about road safety rules.



A National Webinar themed “**FROM POLLUTION TO SOLUTION: CONFRONTING THE PLASTIC MENACE**” was organised by Dr. Shallu, Assistant Professor, Department of Chemistry, LBS Govt. Degree College, in collaboration with the IQAC, NCC, NSS, R&R and ECO Club of the college. Dr. Sanjiv Arora, Professor (Former Chairperson), Department of Chemistry, Kurukshetra University, Kurukshetra, India, was invited to deliver a popular lecture entitled, ‘**Know Your Plastic: Be Plastic Prudent**’ on 4th Nov’23 (Saturday), 11:00 am onwards. The Webinar witnessed an overwhelming response from more than 150 participants both via offline as well as online mode from different states of our country including Punjab, Haryana, U.P., Mumbai, Chandigarh etc. Dr. Sanjiv Arora being a personality of International Repute with an experience of more than 32 years & over 85 international research publications, had also been a member of NAAC peer team and the convenor of many other dignified research associations. Dr. Sanjiv Arora has recently started an awareness programme against plastic pollution by giving lectures to school and college students. His talk on this burning topic definitely proved to be a brilliant way for sensitizing our students as well as the staff members as everyone got aware about the types of plastics, their harms and the efficient methods to deal with them. Our students started to work on his idea just after the lecture and accumulated a lot of single use plastic materials in bottles for their recycling. The webinar was followed by an awareness rally to strengthen this drive against plastic pollution by sensitising the local people and thus our society. So, overall it was a great effort and a much needed step forward in dealing with the Plastic Menace and saving our environment as well as Mother Earth.



**GPS Map Camera**

Hatkoti, Himachal Pradesh, India  
4PMV+94V, HPCL Housing Colony, Hatkoti, Himachal Pradesh 171206, India  
Lat 31.13545° Long 77.742883°  
04/11/23 11:05 AM GMT +05:30  
NATIONAL WEBINAR-PLASTIC POLLUTION CHEMISTRY DEPARTMENT



**GPS Map Camera**

Hatkoti, Himachal Pradesh, India  
4PMV+94V, HPCL Housing Colony, Hatkoti, Himachal Pradesh 171206, India  
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4PMV+94V, HPCL Housing Colony, Hatkoti, Himachal Pradesh 171206, India  
Lat 31.13545° Long 77.742883°  
04/11/23 11:08 AM GMT +05:30  
NATIONAL WEBINAR-PLASTIC POLLUTION CHEMISTRY DEPARTMENT

**पंजाब के सरकारी**

MON, 06 NOVEMBER 2023  
EDITION: SHIMLA KESARI, PAGE NO. 2

### प्लास्टिक के दुष्प्रभाव से छात्र-छात्राओं को कराया अवगत

रोहदू, ५ नवम्बर (खबरदार): पांचवें वर्ष में जलवाया विभाग विभाग के साथ संस्कारण के लिए आयोजित हुए छात्र-छात्राओं की आवाहन से विभाग के दृष्टिभौतिक एवं शास्त्रीय कार्यालय का आयोजन निकालने का नियम विभाग कर्मचारी विभागिताएँ से डॉ. संजीव अंगेज द्वारा वार्ता के रूप में घोषित किया गया। इसमें पूर्ण अवधारणा सम्पर्क निवारण विभाग कर्मचारी विभागिताएँ से डॉ. संजीव अंगेज द्वारा वार्ता के रूप में घोषित किया गया। उद्देश्ये छात्र-छात्राओं को प्लास्टिक के प्रदार, इसके नुस्खान और इससे निपटने के बारे में जागरूक किया।

डॉ. संजीव द्वारा वार्ता की विवरण के बाद छात्र-छात्राओं ने और स्थानीय लोगों को जागरूक करने के लिए रेस्टोरेंटों में बहुत सारी प्रत्येक वालों को बचाने की दिलचस्पी में वाह आधारित प्रश्नों का उत्तर दिया। उन्होंने और स्थानीय लोगों को जागरूक करने के लिए रेस्टोरेंटों में बहुत सारी प्रत्येक वालों को बचाने के लिए संपर्क किया। उन्होंने और स्थानीय लोगों को जागरूक करने के लिए रेस्टोरेंटों में बहुत सारी प्रत्येक वालों को बचाने के लिए संपर्क किया।

रोहदू : रोहदू निकालने से पहले मारविद्यालय परिसर में मौजूद एल.सी.एस. कालेज जलस्वरी नगरी की छात्र-छात्राओं व शिक्षक संग्रहीत चित्र।

संदर्भ आपके साथ  
पंजाब के सरकारी



## NATIONAL SCIENCE DAY (28.02.2024)

India celebrates National Science Day on 28<sup>th</sup> February every year to commemorate the discovery of the ‘Raman Effect’. Sir CV Raman discovered the effect in 1928 and was awarded the Nobel Prize in Physics in 1930. National Science Day is celebrated across schools and other educational institutes to spread the message of the importance of science in daily life. On this day, light is shed on efforts and achievements in the field of science and dialogue is held on implementing new technologies. In 1986, the National Council for Science & Technology Communication (NCSTC) asked the government of India to mark February 28 as National Science Day. National Science Day was first celebrated on February 28, 1987. The NCSTC also founded the National Science Popularization awards to recognize the outstanding efforts in the area of science. Theme of The theme has been chosen for the purpose of raising public appreciation of scientific issues in a global context which is having a bearing on global Well-being.

On 28 February 2024, the Science and BCA/PGDCA Departments celebrated National Science Day. This year the theme of National Science Day was '**Indigenous technology for Viksit Bharat**'. Dr. P.P. Chauhan, Principal of LBS Govt Degree College was the Chief Guest. The event started with the welcome speech by the Mr Aditya of B.Sc. Final Year at 11:00 am. Chief guest Dr P.P. Chauhan, Principal, Govt. Degree College Saraswati Nagar and other faculty members Prof Monika Raina, senior faculty member and Dr Lokraj Sharma,

HOD, Chemistry were present to encourage our students. The event continued with the rosette ceremony of the distinguished guests. All the Science and BCA faculty members, lab assistants and Science Students (26) and BCA Students (50) were invited to witness the program. The judges of the competition were Dr Monika Raina, Dr Lokraj Sharma and Prof. Chander Mohan.

Various competitions were conducted during this event like Power Point Presentations, Declamation, Activity, Slogan Writing and Poster Making. The chief guest then delivered a motivational and inspirational speech to our students. He explained how science and technology is useful in day to day life and how it is making life easier. In his presidential remark he appreciated the efforts of the students for making this event a grand success. He emphasized that hard work is the only key to achieve success in the life. Prof Monika Raina and Dr Lokraj Sharma also motivated our students with their words of appreciation. Meanwhile judges compiled the result and Dr Punam Chauhan, announced the result and prizes were distributed to the winners by our chief guest. The refreshment was also distributed to the students and the teachers. The program ended with vote of thanks by Dr Punam Chauhan.

**Winners of the event were:**

**1) Power Point Presentation:**

1st: Mr Sanjay (BCA)

2nd: Mr Aryan Panta (BSc 2nd)

**2) Declamation:**

1st l: Ms Kashish Dulta (BSc 1st)

2nd: Mr Sahil (BSc 1st)

**3) Activity:**

1st: Ms Tamanna and Ms Shivani (BSc 1st)

2nd: Mr Armaan and Mr Piyush (BSc 1st)

**4) Slogan Writing:**

1st: Mr Parikshit Nazta (BSc 2nd)

2nd: Mr Rajat (BCA)

**5) Poster Making:**

1st: Ms Mamta (BCA)

2nd: Ms Janvi Thakur (BSc 1st)



और प्रतिभावी व (वार्ता) एस.जी.एस. डिग्री कालेज सरस्वती नगर में राष्ट्रीय विज्ञान दिवस के अवसर पर आयोजित प्रतियोगिताओं में अवल रुद्धि विद्यार्थी (नेत्र/कामना)

इस कार्यक्रम में छात्राओं ने माइक्रो प्रस्तुत किए जिनमें सौ उत्तमों की अंकित प्रोत्साहन देने पर बहु दिया गया। इसमें महिला ने प्रथम, मरम्मात ने द्वितीय, जिवानी ने तृतीय स्थान प्राप्त किया। पावर व्याप्र में राधिका ने प्रथम, सनम ने द्वितीय और जया ने तृतीय स्थान प्राप्त किया। अन्तर भवित्वालय अनन्दालय पोस्टर प्रतियोगिता में संजीवी महाविद्यालय की निष्ठा ने प्रथम स्थान, कुरुक्षेत्र के गहुल ने द्वितीय स्थान और आषा ने तृतीय स्थान प्राप्त किया। इस अवसर पर एक नाटक का मंचन भी छात्राओं द्वारा किया गया।

## नारा लेखन में परीक्षण पहले व रजत द्वितीय स्थान पर

रोडबुक (ब्रशनाट): एल.जी.एस. गवर्नरमेट डिग्री कालेज सरस्वती नगर में राष्ट्रीय विज्ञान दिवस के अवसर पर विजेता कालेज आयोजित किया गया। कालेज प्रधानाचार्य डा. पी.पी. जीहान के द्वितीय निदेशन में आयोजित इस कार्यक्रम का विषय 'विकल्प भारत के लिए स्वदेशी तकनीक' रहा।

इस दीर्घ आयोजित पावर व्याप्र ऐवेंटिलेन, डैक्टोफोन, सालैस बैंड एटीटीवीली, स्लैटिंग गाइटिंग और पोस्टर मैक्रोग्राफीयोगिताओं में निष्ठा ने द्वितीय स्थान और आषा ने तृतीय स्थान प्राप्त किया। इस अवसर पर एक नाटक का मंचन भी छात्राओं द्वारा किया गया।

महाविद्यालय की शिक्षिका डा. पूरम चौहान ने कठा कि पावर व्याप्र ऐवेंटिलेन प्रतियोगिता में जी.सी.सी.ए. के छात्र संघर्ष ने पहले वर्ष द्वितीय आवंटन पाठा ने दूसरा स्थान प्राप्त किया। भाषण प्रतियोगिता में प्रथम कविता उदासी वाचा द्वितीय स्थान पर साहित्य रहा। मार्ग सेल्फ एक्सीटिवी में तमाना व जिवानी ने फैला और असरान और पीयूष ने दूसरा स्थान हासिल किया।

नारा लेखन में परीक्षण पहले और रजत द्वितीय स्थान पर रहा। पोस्टर मैक्रोग्राफी में जी.सी.सी.ए. की छात्र मरम्मा ने फैला, द्वितीय स्थान जानवी ठाकुर ने प्रथम किया। चाह कर भाग लिया के प्रधानाचार्य पी.पी. जीहान सहित पूरे शिक्षक स्टाफ ने प्रतिभावी विद्यार्थी को पुरस्कृत कर द्वय प्रसंगा की।

## Names of the winners of National Science Day, 2024 held on 28.02.2024:

Winners of the event were:

1) Power Point Presentation:  
1st: Mr Sanjay (BCA) *Sanjay*  
2nd: Mr Aryan Panta (BSc 2nd) *Aryan*

2) Declamation:

1st: Ms Kashish Datta (BSc 1st) *Kashish*  
2nd: Mr Sahil (BSc 1st) *Sahil*

3) Activity:

1st: Ms Tamanna and Ms Shivani (BSc 1st) *Tamanna* *Shivani*  
2nd: Mr Armaan and Mr Piyush (BSc 1st) *Armaan* *Piyush*

4) Slogan Writing:

1st: Mr Parikshit Nauta (BSc 2nd) *Parikshit*  
2nd: Mr Rajat (BCA) *Rajat*

5) Poster Making:

1st: Ms Manisha (BCA) *Manisha*  
2nd: Ms Janvi Thakur (BSc 1st) *Janvi*

## Attendance Sheet for BCA & PGDCA

Event: - National Science Day (28/02/2024)

BCA 2 <sup>nd</sup> Semester		
Roll No.	Name	Signature
2304001	Prince Mohan	<i>Prince</i>
2304002	Sumit Negi	<i>Sumit</i>
2304003	Ujjwal	<i>Ujjwal</i>
2304004	Harshita Yari	<i>Harshita</i>
2304005	Sushant Kaurvi	<i>Sushant</i>
2304006	Rishabh Preet	<i>Rishabh</i>
2304007	Deepika	<i>Deepika</i>
2304008	Vannika Senata	<i>Vannika</i>
2304009	Ishika	<i>Ishika</i>
2304010	Akshay Bhagta	<i>Akshay</i>

BCA 3 <sup>rd</sup> Semester		
Roll No.	Name	Signature
2304001	PRADEEP KUMAR	<i>Praadeep</i>
2304002	PIYUSHI	<i>Piyushi</i>
2304003	KUMARI NITIKA	<i>Nitika</i>
2304004	ANSHIKA	<i>Anshika</i>
2304005	IANUJA	<i>Iantuja</i>
2304008	MANOJ NEGI	<i>Manoj</i>
2304009	KASHISH	<i>Kashish</i>
230410	MAYA	<i>Maya</i>
230411	Ayush	<i>Ayush</i>
230412	Riteshwar Singh	<i>Riteshwar</i>
230414	Rajat Negi	<i>Rajat</i>
230415	ARYAN PRATAP SINGH	<i>Aryan</i>
230416	Gaurav	<i>Gaurav</i>
230419	Rohan	<i>Rohan</i>
230420	Abhishek Mallan	<i>Abhishek</i>

BCA 6 <sup>th</sup> Semester		
Roll No.	Name	Signature
2304001	Shreya	<i>Shreya</i>
2304002	Simran	<i>Simran</i>
2304004	Sakshi	<i>Sakshi</i>
2304005	Shahru	<i>Shahru</i>
2304006	Nishant Poshta	<i>Nishant</i>
2304007	Anjali	<i>Anjali</i>
2304008	Paras Birta	<i>Paras</i>
2304009	Nidhi	<i>Nidhi</i>
2304010	Hemant Masta	<i>Hemant</i>
2304011	Vatsal Sharma	<i>Vatsal</i>
2304012	Rink Sharma	<i>Rink</i>
2304013	Divya	<i>Divya</i>
2304014	Cheyan Sharma	<i>Cheyan</i>

Roll No.	Name	Signature
2304001	Tarishi Sood	<i>Tarishi Sood</i>
2304003	MEGHNA	<i>Megha</i>
2304004	KUMARI MANISHA	<i>Manishya</i>
2304005	DIYVANSHI	<i>Diyanshi</i>
2304006	HARSH	<i>Harsh</i>
2304009	Mahip	<i>Mahip</i>
230411	Rajkumari	<i>Rajkumari</i>
230412	Sangjay Kumar	<i>Sangjay</i>
230413	Ravi	<i>Ravi</i>

Total - 50 students

Principals *J. C. S.*  
L.S.S.C. Govt. Degree College  
1,335, Govt. Degree College, Shimla - 171001  
S.O. No. 14

## ATTENDANCE SHEET OF B.Sc STUDENTS (Session 2023-24)

EVENT: National Science Day, 2024 (28.02.2024)

S.N.O.	Roll No.	Name	B.Sc 1 <sup>st</sup> Year	Signature
1.	2302001	Kashish Datta	<i>Kashish</i>	
2.	2302002	Piyush	<i>Piyush</i>	
3.	2302003	Sakshi Bhatt	<i>Sakshi</i>	
4.	2302004	Jyoti Thakur	<i>Jyoti</i>	
5.	2302005	Salil	<i>Salil</i>	
6.	2302006	Tabu Khetan	<i>Tabu</i>	
7.	2302007	Tanu	<i>Tanu</i>	
8.	2302008	Nikklesh Sethi	<i>Nikklesh</i>	
9.	2302009	Nihal	<i>Nihal</i>	
10.	2302011	Aman Roulia	<i>Aman</i>	
11.	2302012	Sakshi Sonthiya	<i>Sakshi</i>	
12.	2302013	Chirag Bhatnagar	<i>Chirag</i>	
13.	2302014	Aanchal	<i>Aanchal</i>	
14.	2302006	Shreya	<i>Shreya</i>	
15.	2302007	Aditi	<i>Aditi</i>	
16.	2302005	Aanchal	<i>Aanchal</i>	
17.	2302017	Pallavi	<i>Pallavi</i>	

B.Sc 2<sup>nd</sup> Year

S.N.O.	Roll No.	Name	B.Sc 2 <sup>nd</sup> Year	Signature
18.	2302002	Ritu	<i>Ritu</i>	
19.	2302003	Priyanka Nauta	<i>Priyanka</i>	
20.	2302004	Ekta Kumar	<i>Ekta</i>	
21.	2302007	Mayank	<i>Mayank</i>	
22.	2302009	Ajali	<i>Ajali</i>	
23.	2302010	Shreya	<i>Shreya</i>	
24.	2302020	Aditi	<i>Aditi</i>	
25.	2302021	Aryan Panta	<i>Aryan</i>	

B.Sc 3<sup>rd</sup> Year

S.N.O.	Roll No.	Name	B.Sc 3 <sup>rd</sup> Year	Signature
26.	2102001	Shreya	<i>Shreya</i>	
27.	2102011	Manisha	<i>Manisha</i>	
28.	2102012	Shreya	<i>Shreya</i>	

Total - 26 Boys And - 02 Girls

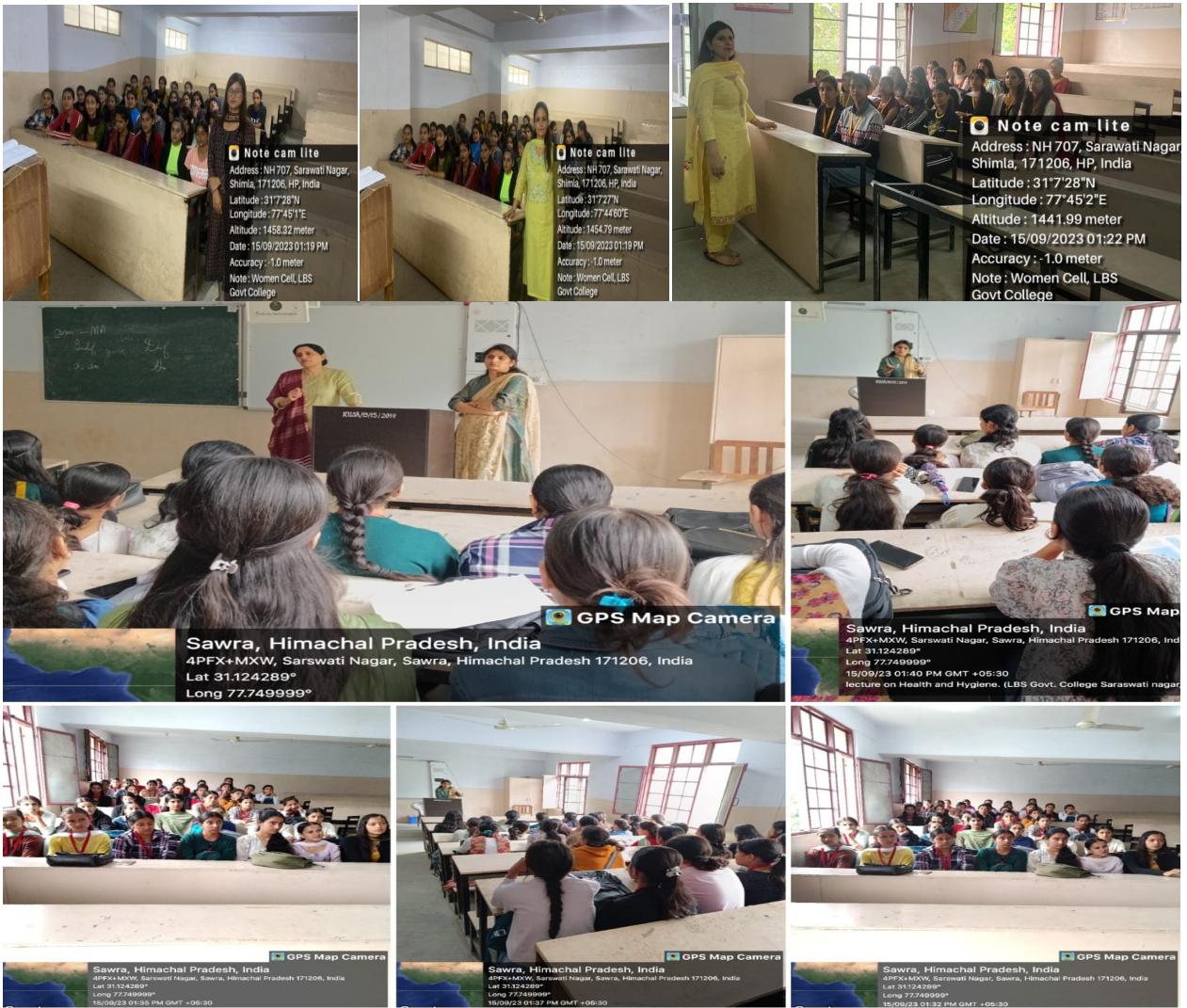
PRINCIPAL  
P.T.P.S.G.D.C.  
SARASWATI NAGAR, SHIMLA,  
H.P. 171001  
O.D. #2-214

Dr. Ranvir Chawla  
28/01/2024  
ECO CLUB / RRC



## HEALTH AND HYGIENE DRIVE (15.09.2023)

Women Cell of LBS Govt. College Saraswati Nagar organised a Health and Hygiene Drive on 15<sup>th</sup> September 2023. Dr Poonam Mehta was the overall Incharge of this Health and Hygiene drive. Under this drive three groups of female teachers were assigned the task of delivering a lecture to students regarding the importance of health and hygiene in our life. Asstt. Prof Vijay Laxmi and Asstt. Prof Preeti Chhatti delivered their lecture to girls of first year, Dr. Punam Chauhan and Asstt. Prof Priyanka delivered their lecture to girls of second year, Dr. Yogita Bandta and Asstt. Prof Diksha Kumari delivered their lecture to girls of final year. All of them concluded that we all should adopt personal hygiene practices and making them a part of our daily routine. By adopting such types of measures we not only protect ourselves from illness but also demonstrate responsibility towards others health and well-being. Approximately 150 girls benefitted from this drive.



## HEALTH AND HYGIENE DRIVE (06.12.2023)

Women Cell of LBS Govt. College Saraswati Nagar organized a Health and Hygiene Drive on 6<sup>th</sup> December 2023. Asstt Prof Vijay Laxmi put light on various important aspects regarding women's health, hygiene, sanitation, sexual harassment and other abuses. All the members of the Women Cell talked on one or other issues making the things clear to the girls. Girls were told to create healthy and hygienic environment around them. Discussion round was also kept after the talks of the teachers. Girls actively participated and asked various questions regarding their health and sanitation.



## INTERNATIONAL WOMEN'S DAY CELEBRATION (05.03.2024)

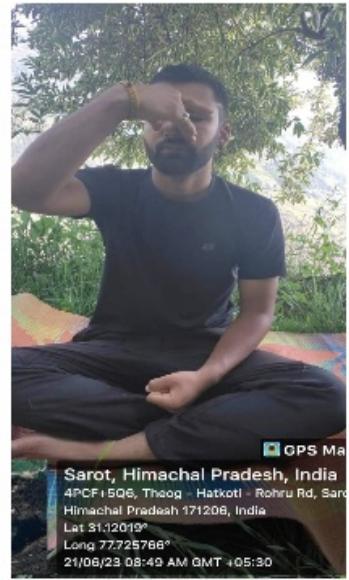
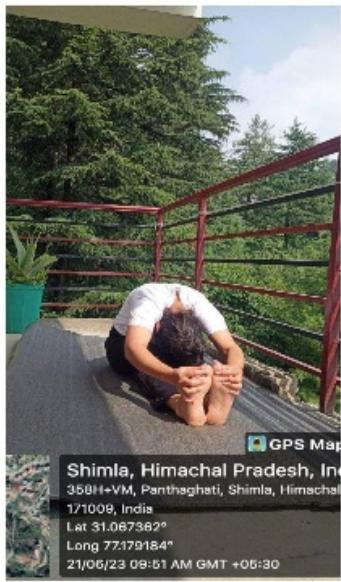
With the Theme: “Inspire Inclusion” International Women’s Day was celebrated on 5<sup>th</sup> March 2024 as on 8<sup>th</sup> March there was a gazetted holiday . As a part of International Women’s Day Celebration 2024, Women Cell/ Sexual Harassment Redressal Cell/ICC joined together to celebrate the event by conducting a lecture at college premises. The circular/ notice was circulated among all faculty members and students for their information and approval was sought almost ten days in advance. Ms. Neeraj Jangta (Advocate) was the resource person. The event started at 10:30 AM at Multipurpose Hall. The initiation of the Event was undertaken by Dr. Monika Raina, Convener, Women Cell and other members of the committee. The event was inaugurated by worthy Principal, Dr. P P Chauhan, followed by all the Staffs, Students, different volunteers from NSS, R&R and Non teaching staff. The hall was adorned with colourful banners, lights and thematic charts and props, creating a visually appealing ambiance. The activities were aimed to motivate and increase the awareness levels of students and faculty members. Dr. Monika Raina, Convener welcomed the gathering by highlighting the importance of Women’s Day Celebration where women are empowered to pursue their dreams and aspirations. She introduced the theme to encourage everyone to recognise and acknowledge the unique perspectives and contributions of women from all walks of life, including those from marginalised communities. Invest in women: Accelerate Progress was the benchmark of introduction with special focus on education and awareness as they play vital roles in fostering inclusion and empowering women. The Chief Guest, of the day Dr. P P Chauhan delivered an inspiring and motivating speech drawing his experiences, and imparted invaluable insights and lessons to the audience. His speech covered gender sensitization and empowerment of women. Among the highlights of this special day was a captivating lecturer titled “Consequences of Sexual Harassment at Work Place,” designed to inspire and aware all women and men in our college regarding consequences of Sexual Harassment at work place. She disseminated knowledge about rights and laws related to women. This lecture shed light on the ill effects of sexual harassment and the laws and act which are there to help women. Through this lecture, we delved into the Prevention, Prohibition and Redressal Act, 2013 thereof. The objective of the event was to create awareness against sexual harassment and of gender equality along with gender sensitization for a healthy society. Also the milestone to be reached was the basic

awareness. Following this a session of experience sharing was conducted in which members of the staff shared their experiences. They all were from different faculties of college and shared their views on the importance of women in their lives. After this a PPT Presentation was shown highlighting the famous women achievers of Himachal Pradesh from different fields. To encourage women there were cultural competitions with themes on women related topics and in addition to this there was a Quiz competition followed by recitation of poems, singing and playing of instruments, and dance. These competitions were open to students of all the streams of college. Last but not the least there was a powerful PPT presentation on women and gender by Dr. Shalu Dogra. Both faculty members and students participated enthusiastically and the chief Guest distributed the prizes to the winners of various competitions and to the girl students who had excelled in various activities of the college. In the end vote of thanks was proposed by Dr. Yogita Bandta. The event concluded with National Anthem.



## CELEBRATION OF INTERNATIONAL YOGA DAY (21-06-2023)

NSS unit of LBS. Govt. PG. College Saraswati Nagar celebrated International Yoga Day on 21-06-2023 through online mode at home. In this programme all volunteers and NSS program officers take their participation.



Yoga is an ancient practice that is originated in India and has been practiced for thousands of years. It encompassed physical (Pranayama), meditation, and ethical principles to promote physical, mental and spiritual wellbeing. Yoga is known to improve flexibility strength, balance and posture. It also promotes relaxation, stress reduction, mental clarity and over mindfulness.

## Meri Mati MeraDesh Nationwide Campaign

**(9th to 30th August, 2023)**

Meri Mati Mera Desh is an initiative of Ministry of Youth Affairs to celebrate mega event nationwide and people led “Jan Bhagidari” initiative to commemorate 75years of India’s Independence. It is the finale of Azadi ka Amrit Mahotsav to culminate the Azadi ka Amrit Mahotsav programme. “Meri Mati Mera Desh” celebrates the many achievements of the nation. It involves paying tribute to the Veers who protect our nation.

**15 AUGUST INDEPENDENCE DAY CELEBRATION-2023** - Independence day celebrated with great enthusiasm on 15 August 2023 at our college. Under the ‘Aazadi ka Amrit Mahotsav’

under the “Har Ghar Tiranga” campaign, many activities and competitions were also being organized in the college for the last few days in which the students participated enthusiastically.

On 15<sup>th</sup> August Principal Dr. Prem Prakash hoisted the flag in the college. Apart from members of NCC, NSS, Rovers & Rangers and Eco club, other students were also present on the occasion. After the flag hoisting the students presented cultural programs. After this, prizes were given to the winners of various competitions.

Principal Dr. Prem Prakash Chauhan in this address explained the importance of Independence to the students and inspired them to perform their duties. He thanked the students and teachers for organizing such a wonderful event.



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← NCC LBS Govt. PG college saras... 🔍  
You, DrRohitMokta and 10 others

8 2

NCC LBS Govt. PG college saraswati nagar 15-Aug-2023

HAR GHAR TIRANGA

NCC UNIT LBS GOVT. P.G. COLLEGE SARASWATI NAGAR, SAWRA

CERTIFICATE OF APPRECIATION PROUDLY PRESENTED TO Dr. Rohit mokta FOR SUCCESSFULLY UPLOADING A SELFIE INITIATIVE BY THE MINISTRY OF CULTURE HAR GHAAR TIRANGA

CERTIFICATE OF APPRECIATION PROUDLY PRESENTED TO Dhiraj FOR SUCCESSFULLY UPLOADING A SELFIE INITIATIVE BY THE MINISTRY OF CULTURE HAR GHAAR TIRANGA

CERTIFICATE OF APPRECIATION PROUDLY PRESENTED TO Ankita FOR SUCCESSFULLY UPLOADING A SELFIE INITIATIVE BY THE MINISTRY OF CULTURE HAR GHAAR TIRANGA

CERTIFICATE OF APPRECIATION PROUDLY PRESENTED TO Varsha FOR SUCCESSFULLY UPLOADING A SELFIE INITIATIVE BY THE MINISTRY OF CULTURE HAR GHAAR TIRANGA

CERTIFICATE OF APPRECIATION PROUDLY PRESENTED TO +26hal FOR SUCCESSFULLY UPLOADING A SELFIE INITIATIVE BY THE MINISTRY OF CULTURE HAR GHAAR TIRANGA

You, DrRohit Mokta and 10 others

12 1 2

NSS unit of LBS. Govt. PG. College Saraswati Nagar celebrated Independence Day on 15<sup>th</sup> August 2023 through online mode at home because of natural disaster. In this programme all NSS volunteers and program



officers hoisted a National flag at home. On the occasion of Independence Day all the volunteers click their photos with national flag and upload on the site of ‘Meri Mati Mera Desh’WEBSITE. Program officers Pro.Pawan Kumar Little and Prof. Preeti Panta has shown their participation with volunteers to make this programme successful.

## PANCH PRAN PLEDGE



ON 18<sup>th</sup> August 2023, NSS Unit of LBS. Govt.College Saraswati Nagar organized “Panch Pran Pledge. All volunteers took “Panch Pran Pledge”following the lead of Prime Minister Sh.Narendra Modi. The Pledge signifies a dedication to India’s development, unity, heritage celebration and fostering a sense of duty among citizens. The Principal Dr. P.P Chauhan with the Program officers Mr. Pawan Kumar Little and Mrs. Preeti Panta Chhatti joined the volunteers and took the pledge, leading and guiding the new generation in path of duty and service with flame in their hearts.

## AWARENESS RALLY ON IMPORTANCE OF “FITNESS AND HEALTH”

On 19<sup>th</sup> August 2023, NSS unit of LBS.Govt College Saraswati Nagar organized a rally for the awareness and importance of “Fitness and Health” and promoting the cultural values of ancient civilization regarding better Heath and livelihood. Volunteers of NSS, NCC and Rangers and Rovers also took participation in the rally

following the lead and direction of Program officers Mr. Pawan Kumar and Mrs. Preeti Panta with their guidance and encouragement, the rally was a success.



During the Prabhat Pheri, students sang patriotic songs and raised slogans on nationalism and social cause. They also showcased their service and oath towards the betterment of society.

The Prabhat Pheri was based on following themes:

- 1) Vasudev kutumbhkam
- 2) Swachh Bharat Samridh Bharat
- 3) Aajka Bharat, Aatamnirbhar Bharat
- 4) Shikshit Bharat Vikshit Bharat
- 5) Ek Bharat Shresth Bharat
- 6) Hamare Sanskriti Hamara Abhiman
- 7) Meri Mati Mesh Desh

## CLEANLINESS DRIVE(16<sup>TH</sup> SEPTEMBER 2023)

The NSS Unit of LBS. Govt. College Saraswati Nagar celebrated the World Cleanup Day on 16<sup>th</sup> September 2023. Embracing the spirit of unity and service, on World Cleanup Day volunteers of NSS came together for the Swachhta Hi Seva Campaign by the Ministry of Youth Affairs. With brooms in hand and hearts full of determination, they join forces with our dedicated program officer Mrs. Preeti Panta and esteemed members of the NSS main body. In this relentless pursuit of cleanliness and hygiene, we stand as a powerful force for change, symbolizing the unwavering commitment of our youth to a cleaner and greener India. Through our

collective efforts, use not only sweep away litter but also the barriers that divide us. We are the change makers, the torchbearers of hope, and together, we Pledge to decide ourselves for the service of Nation.



Swachhta Abhiyan was organized in the College on 16<sup>th</sup> September, 2023. In which our 20 SD and 20 SW NCC cadets cleans the surrounding area of college campus, hospital area, surrounding river bank.

NCC Unit LBS GOVT PG College Saraswati Nagar  
1 d · 2 likes

Cleanliness drive by the cadets of LBS GOVT PG College Saraswati nagar on the occasion of world cleanliness day

Sahil Negi and 14 others

Like Comment Share

LBS Govt. PG College Saraswati Nagar  
1 d · 2 likes

NCC cadets of LBS Govt Degree College Saraswatianagar organised cleanliness drive on the occasion of World Cleanliness Day (16.0... See more

You, Piyush Verma and 34 others

Like Comment Share

12:08 82%

NCC cadets of LBS Govt Degree College Saraswatianagar organised cleanliness drive on the occasion of World Cleanliness Day (16.0... See more

2 You and 1 other

Like Comment Share

## CELEBRATION OF 54 YEARS OF NSS FOUNDATION DAY(24<sup>TH</sup> SEPTEMBER 2023)

On 24<sup>th</sup> September, NSS Unit of LBS. Govt. College Saraswati Nagar celebrated the 54<sup>th</sup> years of NSS Foundation Day. The day began with a remarkable initiative – Swachhata Hi Seva cleanliness drive led by our dedicated NSS volunteers. Sweeping away clutter and embracing cleanliness they set the tone for a day of unity and purpose. As the sun climbed higher in the sky, our volunteers assembled for a parade that was nothing short of spectacular. With pride in their heart, they hoisted the NSS Flag in the college premises and thereafter the

Chief Guest was welcomed in the college hall. Principal Dr. PP. Chauhan graced the occasion as the Chief Guest. Symbolizing the beginning of a new journey for our dedicated NSS volunteers a badge ceremony was organised for new NSS office bearers. Their commitment and hard work were truly commendable. After that a documentary was shown to the audience reflecting the NSS activities throughout the year. The function unfolded with a burst of talent and enthusiasm. Our NSS volunteers showcased their diverse talents with captivating stage acts, including one act plays, mime performance based on save water, yoga demonstrations, energetic dance, and the graceful Pahari Nati, which left the audience spellbound. Amidst this artistic showcase, Chief Guest Dr. PP. Chauhan delivered an empowering speech, urging everyone to carry the spirit of service forward beyond this celebration. His words resonated deeply with all in attendance. Programme officer Mr. Pawan Kumar also took the stage, expressing heartfelt thanks to every teaching staff, non-teaching staff and volunteers who contributed to the success of this event.



## KALASH YATRA (11<sup>TH</sup> OCTOBER 2023)

On 11<sup>th</sup> October 2023, NSS unit of LBS Govt . College Saraswati Nagar organized a “Kalash Yatra” programme under Meri Mati Mera Desh Abhiyan.

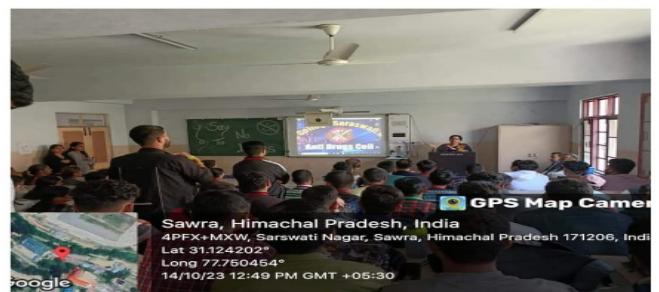
**Meri Mati Mera Desh – Kalash Yatra:** Soil collected from different corners of the country combined with rice collected in one Kalash. This unique effort was undertaken by the youth of NSS Saraswati Nagar under the

guidance of Mr. Pawan Kumar program officer .The Principal Dr. PP Chauhan poured the first handful of soil and rice into the Amrit kalash marking the beginning of the entire event. Other teachers were also present and contributed. After this volunteers also did the same and finally took the Panch Paran Pledge.

After this a rally was organized through Sawra market and volunteers kept going chanting slogans. This Kalash Yatra symbolizes our dedication towards our motherland and pledge to serve our community.

## **Anti-Drug Campaign(14<sup>th</sup> October 2023)**

On 14<sup>th</sup> October 2023, Anti-Drug Cell, NSS Unit and other units of LBS Govt . College Saraswati Nagar took the initiative to educate students about drug addiction. Asstt.Prof Man Mohan Verma member of Anti-Drug Cell discussed about the perils of drugs.



Two short films were also shown to the students. Together we stand against drugs.

## **ONE DAY CLEANLINESS DRIVE (18<sup>TH</sup> NOVEMBER 2023)**

On 18<sup>th</sup> November 2023, the NSS unit of LBS Govt. Degree College has organized a cleanliness drive. This programme ran from 01:00 pm till 02:00 pm. The main body members of the NSS unit as well as all the volunteers of the NSS unit participated in this drive. Under this cleanliness drive, all volunteers cleaned the college campus and also collected all the plastic waste from the campus. In this drive all the volunteers have given their support. After the cleanliness drive, refreshment was also provided to the volunteers.

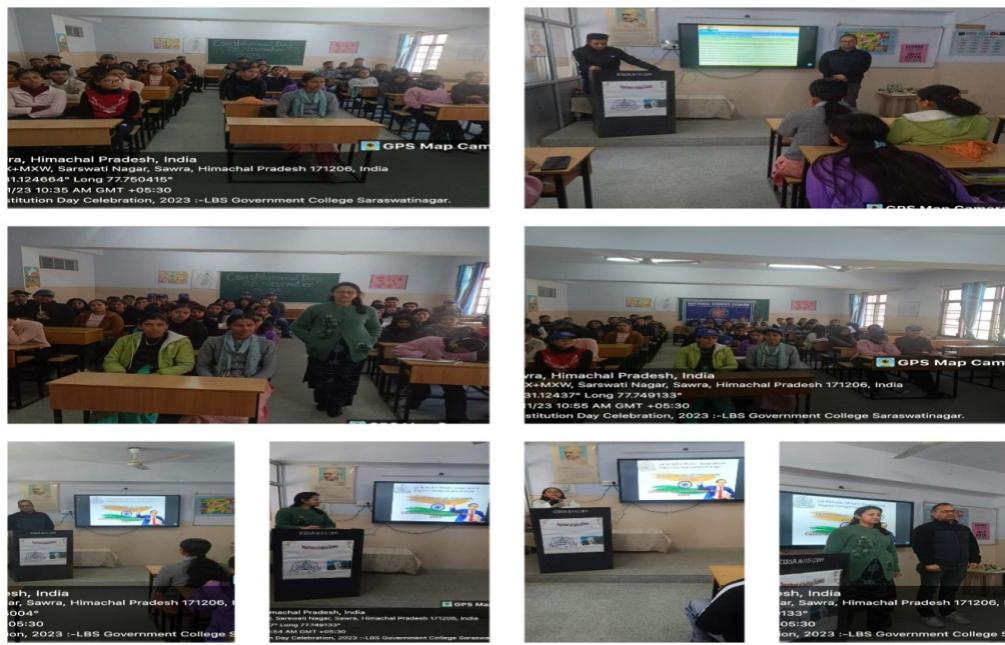


## CELEBRATION OF COMMUNAL HARMONY CAMPAIGN WEEK (24<sup>TH</sup> NOVEMBER 2023)

On 24<sup>th</sup> November 2023, the NSS unit of LBS Govt. College Saraswati Nagar celebrated the Communal Harmony Campaign week.



This campaign had started from 19<sup>th</sup> November and will continue till 25<sup>th</sup> November 2023. The purpose of this celebration is to spread the message of peace, Harmony and national integration. Communal harmony stickers were given to all students and faculty members.



## NSS SEVEN DAYS SPECIAL CAMPS (NOT ME BUT YOU)(20<sup>th</sup> December 2023)



NSS Seven days special camps for the session 2023 to 2024 started from 20<sup>th</sup> December 2023. This year the theme of the camp was, Self-Reliant India. The programme was started at 11:30 am. Dr. PP Chauhan Principal of the college graced the occasion as a Chief Guest. The event started with the hosting of NSS Flag. After that the Chief Guest was welcomed in the college hall. For this occasion, NSS Volunteers performed various activities like Yoga, Punjabi dance, semi classical dance, Mime, Documentary and Pahari dance. For this camp approximately 85 to 90 volunteers were enrolled. The programme ended with Chief Guest's address and vote of thanks by Unit-1 President Mr. Saksham Mokta.

Thereafter all went for lunch. After this, at around 3:30 p.m the general house meeting was held. In it volunteers were informed about the rule and regulations of NSS Camp by Program officers and other main body members. Thereafter cultural activities started around 6:00 p.m by the Aryan Sharma group. For the cultural night Asst. Prof Sandeep Thakur, Asst. Prof Manmohan and Mr. Chander Mohan were present as the Guest of Honor. Various cultural activities were performed by volunteers. After cultural activity the volunteers assemble in the old block for dinner. Thereafter attendance of the volunteers were taken by the Unit-2 President Himani Sharma. After that, girls went to the hostel for sleep and lights were off at 10pm.

### **NSS Camp Day 2(21<sup>st</sup> December 2023)**

The second day of NSS Camp begins at 6am. After that the volunteers went for the Prabhat Pheri and also used to sing devotional songs like Shiv Kailashokewasi etc. As soon as Prabhat Pheri ended all NSS volunteers quickly assembled for the morning assembly which was done by Rishabh Nepta's group. After the prayer a warm-up session was started around 7:15 to 7:45 am. Thereafter volunteers gathered for the morning breakfast at 8:00 am. After breakfast the volunteers assembled for drill practice at 9:30 to 10:30 am. At 11:00 am the field work was started. After this the educational session was started at 12:00 pm where Election Kanungo Rohru, Mr. Praneet Badwan was present as the resource person.



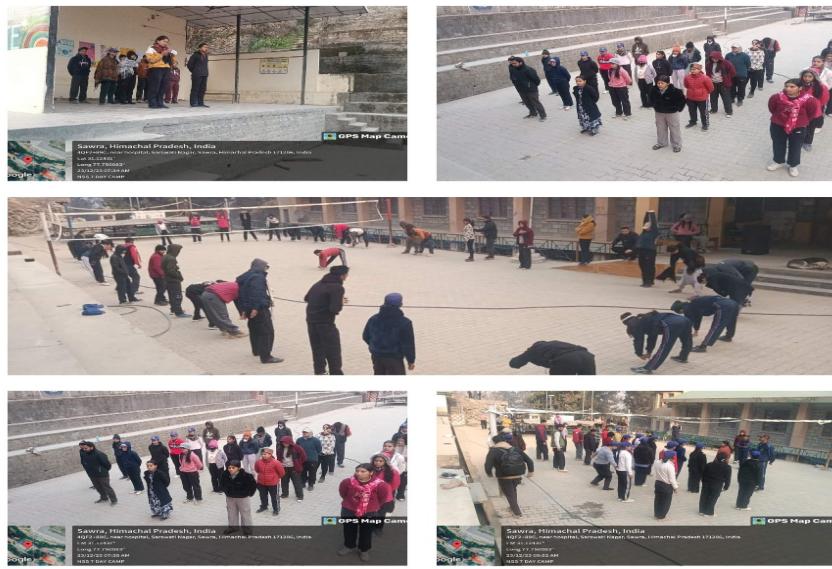
He delivered his lecture on Systematic Voters Education and Electoral participation(SVEEP), for spreading Voters Awareness and promoting voter literacy in India .Thereafter all went for lunch. After the lunch again field work was performed. In the evening at 5:50 pm the cultural event was presented by, The Helping Hand group where volunteers presented different performances such as Skits, Choreography etc. Mr. Anshul Chatranta, alumani of our institution(presently posted as Constable at Rohru) was present as the Guest of Honour for the cultural event.After this the volunteers assembled in the old block for dinner and lights were off 10pm.

### NSS CAMP DAY-3(22<sup>nd</sup> December 2023)



The third day of the camp started with as usual routine of the day. After the field work was completed all the volunteers moved further for the education session. The Resource person for the educational session were Dr. Divya Vishmabra Jantail from the department of Horticulture and Agriculture, Advocate Trilok Mehta (Health and wellness coach) and Mr. Punit K. Jhamta chief executive officer of Ved Mata Gayatri Jan Kalyan Samiti and Mr. Rakesh Sharma the general secretary of Ved Mata gayatri Jan Kalyan Samiti.They delivered their lecture on Environment,health and devise a futuristic model that can be used to understand and address these issues. After lunch all volunteers moved for field work. For the evening culture session, the Chief Guest were Associate Professor. Chander Sen ,Dr. PP. Chauhan,Principal of the institution ,Professor Balwant Singh Chauhan retd Principal from College and Dr. Nirmala Chauhan retd Associate Professor of Hindi. A farewell party was organized for Professor Chander Sen who will be going to retire in the month of December by the NSS unit. Cultural event was hosted after that all the teachers and volunteers went to have dinner and lights were off at 10pm.

## NSS Camp Day-4(23<sup>rd</sup> December 2023)



The fourth day of camp was a very vibrant day as it started with morning mediation at 7am followed by some fun games played by volunteers.

Thereafter the day followed with the as usual schedule. In the educational session, on the behalf of Election Commission, a team from district administration visited our college and gave demonstration/training on EVM/VVPAT to the volunteers. The team for this purpose comprise of Mr. Ashish Chauhan (CDPO Jubbal), Mr. Saurav Ghezta (JE IPH Jubbal),and Mr. Vinod (from Police Department). Thereafter under the theme of Vocal and Local, Mr. Ramesh Khimta (a Progressive Apple grower of Jubbal Tehsil) interacted with the volunteers and imparted them the steps modern Apple farming. After that under the supervision of Dr. Rajeev Sharma,a team of medical deptt.from PSC(Primary Health Centre)Sawra organized a Medical Health checkup for volunteers.

A cultural program was organized in the evening session by the,Protector of Peace Group .Chief Guests for cultural event were Ravi Prakash (Asst.Prof. Seema College), Digvijay Roni (Asst.Prof. Physical education Seema College), Dr. Harsh Bhardwaj (Asst.Prof English Saraswati Nagar), Dr.Nagendra Dutt



Bhardwaj (Asst.Prof. Hindi Saraswatinagar). Everyone participated enthusiastically in the evening session. This day camp concluded well and all the volunteers gave their full contribution in making this camp a successful.

### **NSS Camp Day-5(24<sup>th</sup> December 2023)**

On another vibrant day the team made itself ready for the series meditation to relax their minds. This is the fifth day of NSS special camp. This day started with Prabhat Pheri at 6:30 Am followed by the as usual morning routine. On this day all the volunteers visited to the Hatkoti temple and took darshan of Maa Hateshwari and cleaned the surrounding of the temple. After that all the volunteers returned to the college campus at 3pm. Thereafter they cleaned the surroundings of college campus. A cultural program was also organized in the evening session by the, Youth Work Force Group .Chief Guest of the cultural programme were Banit Ranta (RDC 2022) and former NSS volunteers of our institution. Everyone participated enthusiastically. So, with this the day fifth of camp ended.



### **NSS Camp Day-6(25<sup>th</sup> December 2023)**



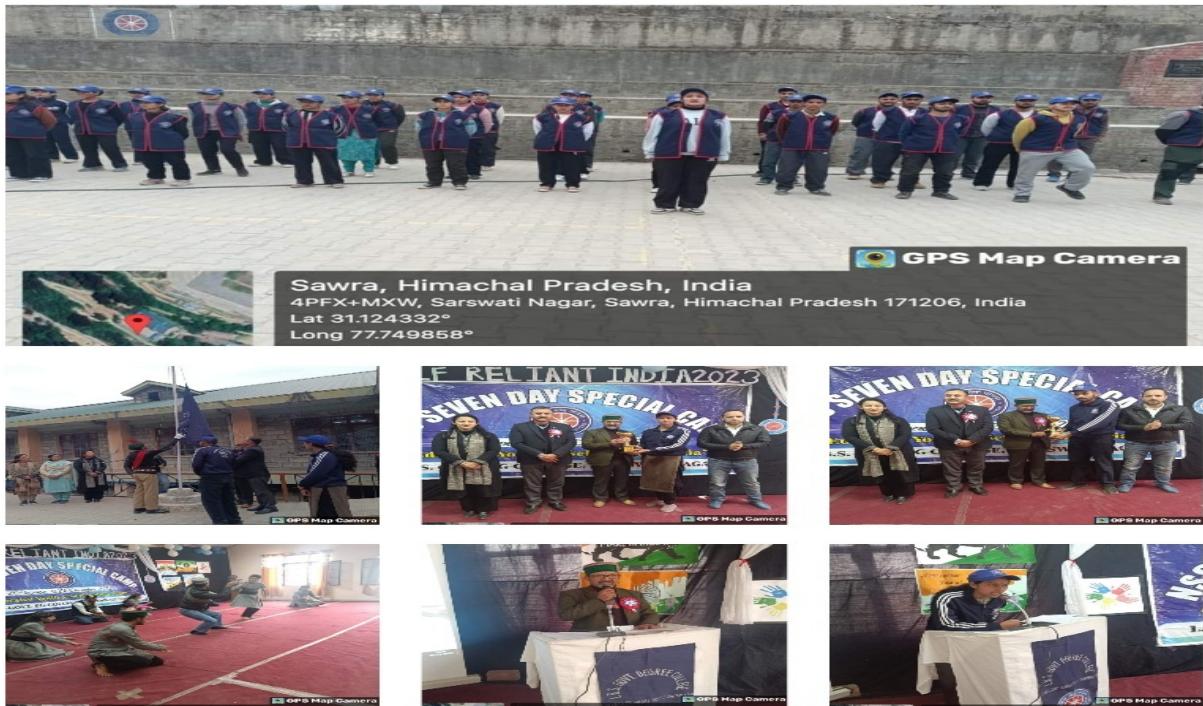
The 6<sup>th</sup> day of camp started with as usual routine of the day. The main highlights of the day 6<sup>th</sup> were the lecture delivered by Mr. Vijay Chauhan (Director of Chanakyam academy Rohru) and Mr. Nizam Gularia from Chanakyam coaching center rohru. Both the resource person guided the volunteer regarding how to prepare for different competitive exam conducted by state and center government. A cultural program was organized in the evening whose Chief guest was Dr Sanjeev Barsheka( Asst.Prof Political science. In the evening our 1<sup>st</sup> and 2<sup>nd</sup> year volunteer also organized a farewell party for outgoing volunteers.

### **NSS Camps Day-7(26<sup>th</sup> December 2023)**

The closing ceremony of NSS Seven Days Special camp was held on 26<sup>th</sup> December 2024 in college hall at 11:30am. The Chief Guest of the closing ceremony was Dr. Chandra Singh Pangta (Retired Associate Professor Seema College) and Dr. PP Chauhan Principal Govt. College Saraswatinagar .



Despite it all the teaching and non-teaching staff members of the college were also invited. Asst.Prof Preeti Panta (NSS Program officer) presented the report of seven-day camp. After that Dr. PP Chauhan congratulated the NSS Unit for the successful completion of this camp. Thereafter the Chief Guest Dr. Chandra Singh Pangta shared his valuable words for the volunteers. In this speech he encouraged the volunteers and congratulated them for successfully completing the 7-day camp. Various cultural activities were also performed as Pahari dance ,yoga ,drama etc. After that all the volunteers gathered in the ground and the NSS flag was lowered by the chief guest. After that the National Anthem was sung by all the Volunteers. All the volunteers gave their full contribution for completion of this seven day special camp.



## TRAFFIC MANAGEMENT BY NCC CADETS

Traffic Management was organized by our institution on 16<sup>th</sup> September, 2023 at Hatkoti Kainchi to hospital road Saraswati Nagar during apple seasons. NCC Cadets of the institution volunteered in this activity.



Kāvitā Gūdiyā and 1 other

Like

Comment

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## NCERT INVESTIGATORS DUTY 2023 BY NCC CADETS

On November 3<sup>rd</sup> the duty of NCC cadets from the college was assigned in every school of the block on the basis of NCERT investigators.



## FOUNDATION/FLAG DAY (07.11.2023)

Foundation/Flag Day of Bharat Scouts and Guides was celebrated on 7th November, 2023 by the Rovers and Rangers unit of the college. The event started with the Flag unfolding ceremony which started at 10:30 a.m in the morning. Principal Dr. Prem Prakash Chauhan who was the chief guest on this occasion unfolded the flag and took the salute. Flag hoisting ceremony was followed by a cultural programme in which volunteers of the unit showcased their annual activities through PowerPoint presentation. They also presented culture programmes on

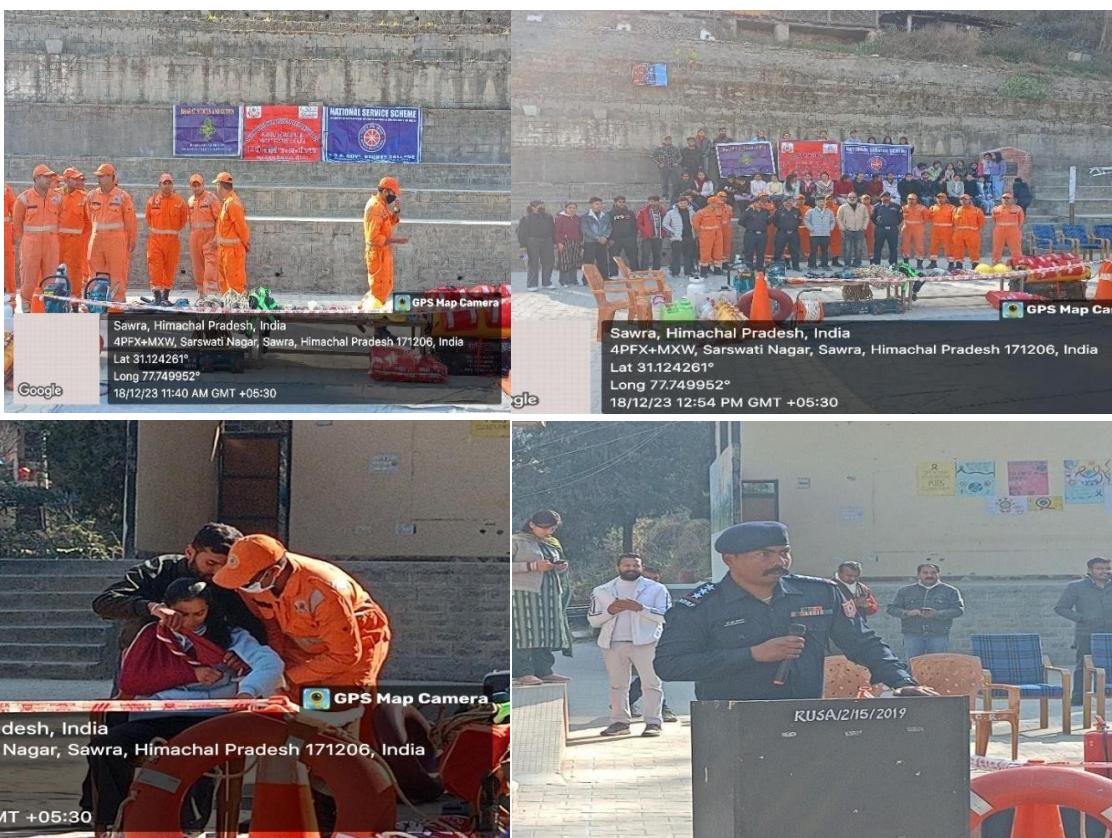


this occasion.



## WORKSHOP ON NATIONAL DISASTER MANAGEMENT (18.12.2023)

A workshop on National Disaster Management was organized on 18th December, 2023 in college campus. A team of 14 Battalion National Disaster Response Force (NDRF), Jassur, Nurpur, Distt. Kangra HPwas invited by the college to conduct the workshop. The workshop was organized by the unit in collaboration with NSS and NCC units of the college. All the volunteers along with the Principal and teachers of the institution participated in this workshop. The workshop covered a wide range of topics, including different types of disasters [natural and manmade], emergency response procedures, evacuation protocols, first aid techniques and communication strategies during a crisis. Mock drill was also conducted to provide hands-on experience in disaster management scenarios



## PROJECT NISHCHAYA ACTIVITIES: BEYOND ADDICTIONS: A DRUG FREE VISION (15<sup>th</sup> OCT 2023- 31<sup>st</sup> JAN, 2024)

Project Nishchaya: A Drug Free Vision was launched by the Bharat Scouts & Guides Himachal Pradesh to create a drug free society and to empower the youth to become agents of positive change in their communities. The project began on 15th Oct, 2023 and closed on 31st January, 2024. This project comprised of seven activities. 18 volunteers (09 Rovers and 09 Rangers) of the unit participated in this project and successfully completed the all activities of in the month of December 2023.

