

# NSS Annual Activity Report 2023-2024

## Participation of Three NSS Volunteers

In Engaging Youth & Adolescents in Disaster Risk Management & Climatic Change Adoption  
At Fairlawns (HIPA), Dhali, Shimla

[23rd April to 28th April 2023]



This year the NSS unit of LBS Govt. College Saraswati Nagar Sawra got a wonderful opportunity to represent our NSS unit in National Institute of Disaster management (Ministry of Home Affairs Government of India). In this programme the theme was “Engaging youth and Adolescents in disaster risk management & climate change adoption” in which our three volunteers Mr.Saksham Mokta, Mr.Sujal Dutta and Mr.Aryan Sharma participated. This programme was organized from 23<sup>rd</sup> April to 28<sup>th</sup> April 2023 at Fairlawns (HIPA), Dhali, Shimla in which around 46 persons from different streams participated. In it Dr. Kumar Raka (Senior Program officer) of NIDM (National Institute of Disaster Management) gave a lecture on topic, Youth & Adolescent, Dr. Shahoen Ansari (Education Specialist) gave their lecture on the topic climate change adoption to the participants. On 26<sup>th</sup> April the volunteers also got the opportunity for field visit to Govt. Senior. Sec. School. Kufri where they get special session for Disaster management. At the end of the programme all the participants were given certificates by Miss Jyoti Rana (Additional Director HIPA & HAS)

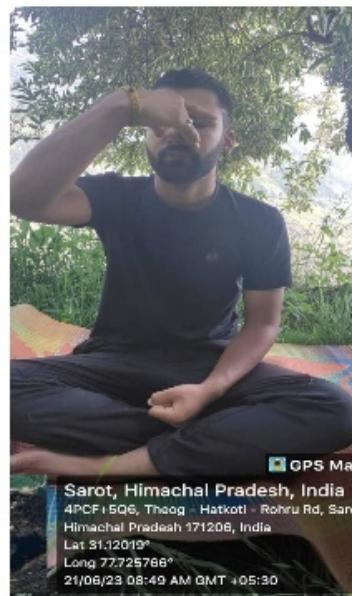
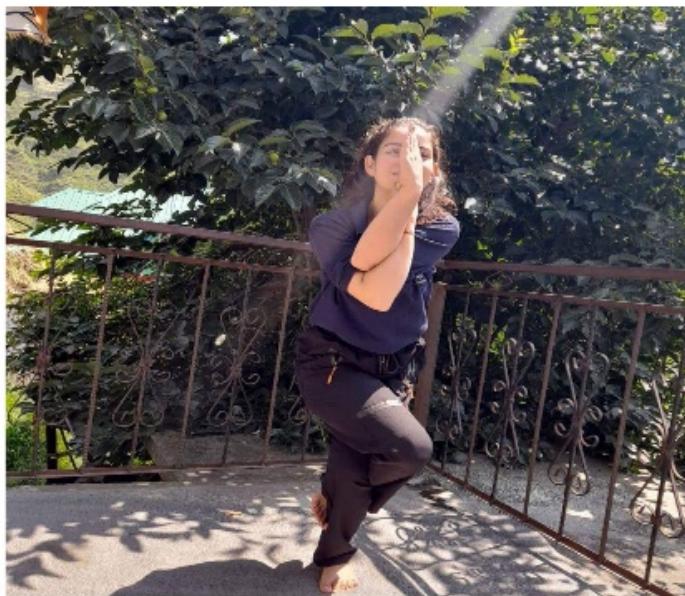
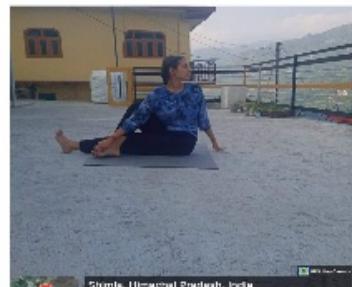
### Celebration of World Environment Day(05 – 06 -2023)

The NSS unit of LBS Govt. College Saraswati Nagar celebrated Environment Day on 5<sup>th</sup> June 2023. It was organized under the supervision of Program officer Asstt.Prof. Pawan Kumar Little and Asstt.Prof. Preeti Panta In this programme 20 volunteers participated and they cleaned the surrounding of Hatkoti Temple. By promoting awareness and encouraging collective action, World Environment Day strives to empower individuals to become environmental stewards and make a positive impact on the planet .It emphasizing the importance of sustainable development, responsible consumption and the conservation of natural resources for the wellbeing of current and future generations. All volunteers & programme officers take great participation in Environment Day & together made this programme success.



## Celebration of International Yoga Day(21-06-2023)

NSS unit of LBS. Govt. PG. College Saraswati Nagar celebrated International Yoga Day on 21-06-2023 through online made at home. In this programme all volunteers and NSS program officers take their participation.



Yoga is an ancient practice that originated in India and has been practiced for thousands of years. It encompasses physical (Pranayama), meditation, and ethical principles to promote physical, mental and spiritual wellbeing. Yoga is known to improve flexibility, strength, balance and posture. It also promotes relaxation, stress reduction, mental clarity and overmindfulness.

## Meri Mati MeraDesh Nationwide Campaign(9th to 30th August, 2023)

Meri Mati Mera Desh is an initiative of Ministry of Youth Affairs to celebrate mega event nationwide and people led “Jan Bhagidari” initiative to commemorate 75 years of India’s Independence. It is the finale of Azadi ka Amrit Mahotsav to culminate the Azadi ka Amrit Mahotsav programme. “Meri Mati Mera Desh” celebrates the many achievements of the nation. It involves paying tribute to the Veers who protect our nation.

## 1. Mega tree plantation (9<sup>th</sup> August 2023)



NSS unit of LBS Govt. PG.

College Saraswati Nagar organized a Mega tree Plantation Drive on the theme of “Meri Mati Mera Desh”.  
“Mati ko Naman”, “Veron ka Vadan”

This programme was organized under the supervision of Program officers Asstt.Prof. Pawan Kumar Little and Asstt. Prof. Preeti Panta Chhatti. The volunteers took out a journey from the college campus to Hatkoti (Galu) for tree plantation. Dr. PP Chauhan, Principal of the institution also participated with the volunteers for this programme & also congratulated the volunteers for their great work and inspired the volunteers to maintain unity among themselves and asked them to work together in future also. In this programme, NSS unit and other units of college also participated i.e. NCC, Ranger Rover and Eco club of college. All units and all staff members enthusiastically joined hands and planted approximately 75 saplings. All volunteers and Program officers & staff members take great participation in this drive and together made this programme success. In the end refreshment was also provided to all volunteers.

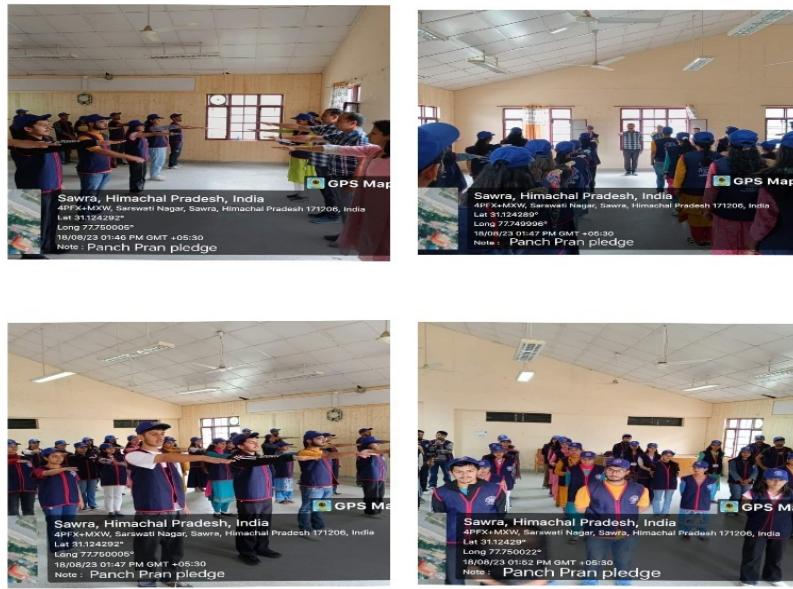
## 2. Independence Day Celebration

NSS unit of LBS. Govt. PG. College Saraswati Nagar celebrated Independence Day on 15<sup>th</sup>August 2023 through online mode at home because of natural disaster. In this programme all NSS volunteers and program



officers hoisted a National flag at  home. On the occasion of Independence Day all the volunteers click their photos with national flag and upload on the site of 'Meri Mati Mera Desh'WEBSITE. Program officers Pro.Pawan Kumar Little and Prof. Preeti Panta has shown their participation with volunteers to make this programme successful.

### 3. Panch Pran Pledge

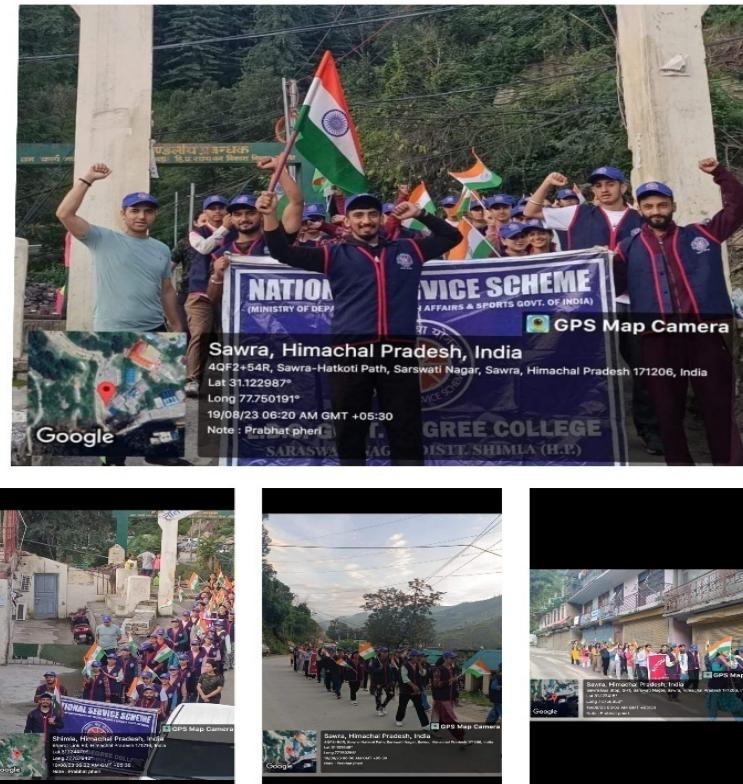


On 18<sup>th</sup> August 2023, NSS Unit of LBS. Govt.College Saraswati Nagar organized “Panch Pran Pledge. All volunteers took “Panch Pran Pledge”following the lead of Prime Minister Sh.Narendra Modi. The Pledge signifies a dedication to India’s development, unity, heritage celebration and fostering a sense of duty among citizens. The Principal Dr. P.P Chauhan with the Program officers Mr. Pawan Kumar Little and Mrs. Preeti Panta Chhatti joined the volunteers and took the pledge, leading and guiding the new generation in path of duty and service with flame in their hearts.

### 4. Rally

On 19<sup>th</sup> August 2023, NSS unit of LBS.Govt College Saraswati Nagar organized a rally for the awareness and importance of “Fitness and Health” and promoting the cultural values of ancient civilization regarding better Heath and livelihood. Volunteers of NSS, NCC and Rangers and Rovers also took participation in the rally

following the lead and direction of Program officers Mr. Pawan Kumar and Mrs. Preeti Panta with their guidance and encouragement, the rally was a success.



During the Prabhat Pheri, students sang patriotic songs and raised slogans on nationalism and social cause. They also showcased their service and oath towards the betterment of society.

The Prabhat Pheri was based on following themes:

- 1) Vasudevktumbhkam
- 2) Swachh Bharat Samridh Bharat
- 3) Aajka Bharat, Aatamnirbhar Bharat
- 4) Shikshit Bharat Vikshit Bharat
- 5) Ek Bharat Shresth Bharat
- 6) Hamare Sanskriti Hamara Abhiman
- 7) Meri Mati Mesh Desh

## 5. General House Meeting

On 21<sup>st</sup> August 2023, NSS Unit of LBS. Govt. College Saraswati Nagar conducted a general House Meeting.



“Empowering hearts and minds” NSS volunteers gathered for a dynamic General House meeting, where passionate speeches from the NSS team illuminated the value and objectives that drove our collective mission of service and positive change. The NSS Program officers Mr. Pawan Kumar and Mrs. Preeti Panta was present with the NSS student heads, Himani and Saksham and other group leaders. The spokespersons shared their experience and value to the old as well as newcomer volunteers and inspired them with their fiery speech. Clearing the doubts and stating the values to the volunteers; made this event a success and bound their hearts in service of others and this nation.

## 6. Kalash Yatra (26<sup>th</sup> August 2023)



On 26<sup>th</sup> August 2023, NSS Unit of LBS. Govt. College Saraswati Nagar organized “Kalash Yatra” programme under Meri Mati Mera Desh.

In it NSS volunteers has participated with our Program officers Mr. Pawan Kumar and Mrs. Preeti Panta and with our honorable Principal Dr. PP Chauhan. NSS volunteers brought soil from their fields and gathered it in a Kalash. Thereafter this Kalash had been dispatched to New Delhi for the Nirman of Amrit Vatika .It had been dispatched through Nehru Yuva Mandal Sangathan Jubbal. After this our kalash Yatra was completed.

### **National Sports Day (29<sup>th</sup> August 2023)**



On 29th August 2023, NSS Unit of LBS. Govt. College Saraswati Nagar celebrated National Sports day by organizing sports meet at the college campus.

On this day many sports competitions were held in the college like Kabaddi, Badminton and Volleyball to celebrate National Sports Day.

The National Sports Day in India is celebrated to commemorate the birth anniversary of hockey legend Major Dhyan Chand named as the Greatest Indian hockey Player.

### **General House Meeting (15<sup>th</sup> September 2023)**

On 15<sup>th</sup> September 2023, NSS Unit of LBS. Govt. College Saraswati Nagar conducted a general house meeting.

It was a gathering for a meaningful house meeting to discuss and plan our upcoming celebration of NSS Foundation Day. Let's unite in the spirit of service and make this day a memorable. On this day program also officers interact with volunteers.

Program officers Mr. Pawan Kumar and Mrs. Preeti Panta told volunteers regarding the different tasks and the way to work for the NSS Foundation Day.

Volunteers have discussed their ideas and views to the Program officers. The discussion had done between the volunteers, NSS main body and the Program officers. Program officers also informed volunteers about the rule and regulations of NSS.



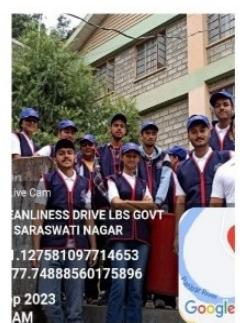
### Cleanliness Drive (16<sup>th</sup> September 2023)



The NSS Unit of LBS. Govt. College Saraswati Nagar celebrated the World Cleanup Day on 16<sup>th</sup> September 2023. Embracing the spirit of unity and service, on World Cleanup Day volunteers of NSS came together for the Swachhta Hi Seva Campaign by the Ministry of Youth Affairs. With brooms in hand and hearts full of determination, they join forces with our dedicated program officer Mrs. Preeti Panta and esteemed members of the NSS main body.

In this relentless pursuit of cleanliness and hygiene, we stand as a powerful force for change, symbolizing the unwavering commitment of our youth to a cleaner and greener India. Through our collective efforts, we not only sweep away litter but also the barriers that divide us. We are the change makers, the torchbearers of hope, and together, we pledge to dedicate ourselves for the service of Nation.

## Celebration of 54 years of NSS Foundation Day(24<sup>th</sup> September 2023)



On 24<sup>th</sup> September, NSS Unit of LBS. Govt. College Saraswati Nagar celebrated the 54<sup>th</sup> years of NSS Foundation Day. The day began with a remarkable initiative – Swachhata Hi Seva cleanliness drive led by our dedicated NSS volunteers. Sweeping away clutter and embracing cleanliness they set the tone for a day of unity and purpose.

As the sun climbed higher in the sky, our volunteers assembled for a parade that was nothing short of spectacular. With pride in their heart, they hoisted the NSS Flag in the college premises and thereafter the Chief Guest was welcomed in the college hall. Principal Dr. PP. Chauhan graced the occasion as the Chief Guest.

Symbolizing the beginning of a new journey for our dedicated NSS volunteers a badge ceremony was organised for new NSS office bearers. Their commitment and hard work were truly commendable. After that a documentary was shown to the audience reflecting the NSS activities throughout the year.

The function unfolded with a burst of talent and enthusiasm. Our NSS volunteers showcased their diverse talents with captivating stage acts, including one act plays, mime performance based on save water, yoga demonstrations, energetic dance, and the graceful Pahari Nati, which left the audience spellbound.

Amidst this artistic showcase, Chief Guest Dr. PP. Chauhan delivered an empowering speech, urging everyone to carry the spirit of service forward beyond this celebration. His words resonated deeply with all in attendance. Programme officer Mr. Pawan Kumar also took the stage, expressing heartfelt thanks to every teaching staff, non-teaching staff and volunteers who contributed to the success of this event.



## One Day Cleanliness Drive on the occasion of Gandhi Jayanti (1<sup>st</sup> October 2023)

On the occasion of 154<sup>th</sup> birth anniversary of Mahatma Gandhi, NSS Unit of LBS. Govt. College Saraswati Nagar organised a cleanliness campaign under the programme “Swachhata Hi Seva Abhiyan”



Volunteers have contributed 1-hour Shram - dan for Swachhata on 1<sup>st</sup> October, on the occasion of Gandhi Jayanti as on 2<sup>nd</sup> October it was a holiday.

This programme had started from 15<sup>th</sup> September to 2<sup>nd</sup> October 2023, aimed to keep the entire country clean. On this occasion, Program officers Mr. Pawan Kumar and Mrs. Preeti Panta were also present along with the NSS volunteers.

Approximately 50 volunteers participated in this cleanliness drive. The volunteers also took an oath to keep their area and state clean and after that they cleaned the college premises. They also cleaned Sawra Bazar, Civil Hospital Sawra, Bavdi (traditional water bodies), the river bank and finally cleaned the courtyard of Mata Hateshwari Temple up towards cleaning the environment.

This made this programme success.



### Kalash Yatra (11<sup>th</sup> October 2023)

On 11<sup>th</sup> October 2023, NSS unit of LBS Govt . College Saraswati Nagar organized a “Kalash Yatra” programme under Meri Mati Mera Desh Abhiyan.

Meri Mati Mera Desh – Kalash Yatra: Soil collected from different corners of the country combined with rice collected in one Kalash. This unique effort was undertaken by the youth of NSS Saraswati Nagar under the guidance of Mr. Pawan Kumar program officer .The Principal Dr. PP Chauhan poured the first handful of soil and rice into the Amrit kalash marking the beginning of the entire event. Other teachers were also present and contributed. After this volunteers also did the same and finally took the Panch Paran Pledge.

After this a rally was organized through Sawra market and volunteers kept going chanting slogans. This Kalash Yatra symbolizes our dedication towards our motherland and pledge to serve our community.

### Anti-Drug Campaign (14<sup>th</sup> October 2023)

On 14<sup>th</sup> October 2023, Anti-Drug Cell, NSS Unit and other units of LBS Govt . College Saraswati Nagar took the initiative to educate students about drug addiction. Asstt.Prof Man Mohan Verma member of Anti-Drug Cell discussed about the perils of drugs. Two short films were also shown to the students. Together we stand against drugs.



### Organize a Road safety rally and cleanliness drive on Anti-Pollution (4<sup>th</sup> November 2023)

On 4<sup>th</sup> November 2023, NSS Unit of LBS Govt. College has organized a road safety rally and a cleanliness drive on Anti-Pollution. On this day NSS volunteers also attended a National webinar themed “From Pollution to Solution: Confronting the Plastic Menace”. This webinar was organized by the department of Chemistry. The resource person of webinar was Dr. Sanjiv Arora (Prof. Chemistry Kurukshetra University). In the Webinar, Dr. Sanjiv Arora explained about the harm caused by plastic. Apart from this, he also explained that plastic is harmful for the earth.

Apart from this NSS Unit of LBS. Govt. College has also attended a session on road safety which was organized by the Road Safety Club under the guidance of Nodal officer Captain Dr. Rohit Mokta. SHO Jubbal Chetan Chauhan was the Resource person of this session. SHO Jubbal made us aware about road safety guidelines and encourage to drive safely.

After this NSS Unit, NCC Unit Ranger and Rover and ECO Club participated in a rally which started from College to Sawara Depo Bazar. The Principal of institution Dr. PP. Chauhan flagged the rally. The Program officer of NSS Unit Prof. Pawan Kumar and Prof. Preeti Panta along with other staff members of college participated in this rally. SHO Jubbal joined it with his entire team in this rally. Approximately 300 students participated in this rally.

NSS Unit of LBS. Govt. College Saraswati Nagar has also organized a cleanliness drive on the same day. This programme ran from 2:00pm till 3:00pm. The main body members of the NSS Unit as well the volunteers of the NSS Unit participated in the drive. Under this cleanliness drive, the NSS unit cleaned the college campus and

also collected all the plastic waste from the campus. In this drive all the volunteers have also been given refreshment.



### Campaign to adopt Ayurveda and Green Diwali (9<sup>th</sup> November 2023)

On 9<sup>th</sup> November 2023, all the units NSS, NCC, Rovers& Rangers, Eco Club, and Red Ribbon Club of LBS Govt. Degree College Saraswati Nagar organized a campaign to adopt Ayurveda in their lifestyle and a campaign for adopting Green Diwali. This campaign included Nukkad Natak based on Ayurveda in which the students of the various units participated and conveyed a message about the benefits of Ayurveda which India is known for since centuries. Dr P. P. Chauhan, Principal of the institution along with all the students and staff members witnessed this Nukkad Natak.

After this NSS unit of LBS Govt. Degree College Saraswati Nagar organized a Rally with other units/club's students and teachers. The rally on theme, Green Diwali started from the college campus to Sawra Market. Students tried to motivate and spread a message to the society through their slogans to celebrate pollution free and cracker free Diwali.



## One Day cleanliness drive

**(18<sup>th</sup> November 2023)**

On 18<sup>th</sup> November 2023, the NSS unit of LBS Govt. Degree College has organized a cleanliness drive. This programme ran from 01:00 pm till 02:00 pm. The main body members of the NSS unit as well as all the volunteers of the NSS unit participated in this drive. Under this cleanliness drive, all volunteers cleaned the college campus and also collected all the plastic waste from the campus. In this drive all the volunteers have given their support. After the cleanliness drive, refreshment was also provided to the volunteers.



## Celebration of Communal Harmony Campaign week (24<sup>th</sup> November 2023)

On 24<sup>th</sup> November 2023, the NSS unit of LBS Govt. College Saraswati Nagar celebrated the Communal Harmony Campaign week. This campaign had started from 19<sup>th</sup> November and will continue till 25<sup>th</sup> November 2023. The purpose of this celebration is to spread the message of peace, Harmony and national integration. Communal harmony stickers were given to all students and faculty members.



## Celebration of Constitution Day on the occasion of adoption of Constitution of India

**(25<sup>th</sup> November 2023)**

On 25<sup>th</sup> November 2023, NSS unit of LBS Government College Saraswati Nagar celebrated the Constitution Day with the department of Political science of college as it was holiday on 26<sup>th</sup> November 2023.

The day aims to mark the significance of the constitutional values among the citizens of India and also brings awareness of the importance of Indian constitution and its architect Dr. BR Ambedkar. On 26<sup>th</sup> November 1949 the Indian Constituent Assembly adopted its Constitution. On January 26<sup>th</sup>, 1950 it came into effect. It is the largest written constitution of any sovereign country. It also emphasizes the importance of constitutional fundamental duties assuring its citizens justice, equality and liberty and promoting fraternity. The Constitution of India declares India a socialist, secular, democratic, republic. This celebration was organised under the supervision of Professor of political science department Asst. Prof Preeti Panta Chhatti and Asst. Prof Sanjeev Barshekta. NSS volunteer Mr. Nikhil Panchta student of BA first year and Miss. Pallavi student of BA third year presented their PPT on framing and formation of Indian constitution. The teachers had also an interactive session with students and NSS volunteers. Thereafter all the volunteers read the preamble of Indian constitution and take a path to follow the ideals and principles of the Indian constitution.

## Celebration of World AIDS Day (1<sup>st</sup> December 2023)

On 1<sup>st</sup> December 2023, the NSS unit of LBS Government degree College Saraswati Nagar celebrated the World AIDS day.



On 1<sup>st</sup> December every year world commemorates World AIDS day. People around the world show unity support for the people living with them and affected by HIV and to remember those who lost their lives due to AIDS.

On the occasion of this day a rally and a set of competitions with theme ‘Let Communities Lead’ was organized by the Incharge of Eco club Dr. Poonam Chauhan.

The NSS unit, NCC and the other units of LBS Government College participated in the rally. The rally started from the college campus to Sawra market. Students tried to spread the awareness to the society through this rally. Due to guidance of teachers and active participation of students the rally was completed.

## Donation for Ankush Sharma for Treatment (3<sup>rd</sup> December 2023)

The NSS unit of Lal Bahadur Shastri Government College Saraswati Nagar, with the help of the entire college, helped Ankush Sharma, resident of Kotkhai on 03 December 2023. Both the kidneys of Ankush Sharma have failed. Ankush Sharma was suffering from diabetes since he was 10 years old and this year it was found that both his kidneys had failed. He has to undergo diagnosis twice a week, Ankush Sharma’s mother wants to donate her kidney to him. He needs around rupees 10 lakh for the operation. When we receive this information through news, we started collecting funds to help him. To help Ankush Sharma, all the students and teachers of the college contributed approximately Rs15000 (Fifteen thousand).



## **Participation of NSS Volunteer in North Zone NSS Pre-Republic Day Parade Camp (25<sup>th</sup> October to 3<sup>rd</sup> November)**

NSS volunteer of LBS Govt. College Saraswatinagar, Tiya student of B.A final year has successfully participated in North Zone NSS Pre-Republic Day Parade Camp held at Manohar Memorial College, Fatehabad, Haryana from 25<sup>th</sup> October to 3<sup>rd</sup> November, 2023. There she performed in various activities such as yoga, Parade, cultural activities etc. Prior to this she had very well performed at District level Selection held at Govt. College Sanjauli and State level Selection held at Govt. College Bilaspur.



## Celebration OF NSS SEVEN DAYS SPECIAL CAMPS (NOT ME BUT YOU)

(20<sup>th</sup> December 2023)



NSS Seven days special camps for the session 2023 to 2024 started from 20<sup>th</sup> December 2023. This year the theme of the camp was, Self-Reliant India. The programme was started at 11:30 am. Dr. PP Chauhan Principal of the college graced the occasion as a Chief Guest. The event started with the hosting of NSS Flag. After that the Chief Guest was welcomed in the college hall. For this occasion, NSS Volunteers performed various activities like Yoga, Punjabi dance, semi classical dance, Mime, Documentary and Pahari dance. For this camp approximately 85 to 90 volunteers were enrolled. The programme ended with Chief Guest's address and vote of thanks by Unit-1 President Mr. Saksham Mokta.



Thereafter all went for lunch. After this, at around 3:30 p.m the general house meeting was held. In it volunteers were informed about the rule and regulations of NSS Camp by Program officers and other main body members. Thereafter cultural activities started around 6:00 p.m by the Aryan Sharma group. For the cultural night Asst. Prof Sandeep Thakur, Asst. Prof Manmohan and Mr. Chander Mohan were present as the Guest of Honor. Various cultural activities were performed by volunteers. After cultural activity the volunteers assemble in the old block for dinner. Thereafter attendance of the volunteers were taken by the Unit-2 President Himani Sharma. After that, girls went to the hostel for sleep and lights were off at 10pm.

### NSS Camp Day 2 (21<sup>st</sup> December 2023)



The second day of NSS Camp begins at 6am. After that the volunteers went for the Prabhat Pheri and also used to sing devotional songs like Shiv Kailashokewasi etc. As soon as Prabhat Pheri ended all NSS volunteers quickly assembled for the morning assembly which was done by Rishabh Nepta's group. After the prayer a warm-up session was started around 7:15 to 7:45 am. Thereafter volunteers gathered for the morning breakfast at 8:00 am. After breakfast the volunteers assembled for drill practice at 9:30 to 10:30 am. At 11:00 am the field work was started. After this the educational session was started at 12:00 pm where Election Kanungo Rohru, Mr. Praneet Badwan was present as the resource person.



He delivered his lecture on Systematic Voters Education and Electoral participation(SVEEP), for spreading Voters Awareness and promoting voter literacy in India .Thereafter all went for lunch. After the lunch again field work was performed. In the evening at 5:50 pm the cultural event was presented by, The Helping Hand group where volunteers presented different performances such as Skits, Choreography etc. Mr. Anshul Chatranta, alumani of our institution(presently posted as Constable at Rohru) was present as the Guest of Honour for the cultural event.After this the volunteers assembled in the old block for dinner and lights were off 10pm.

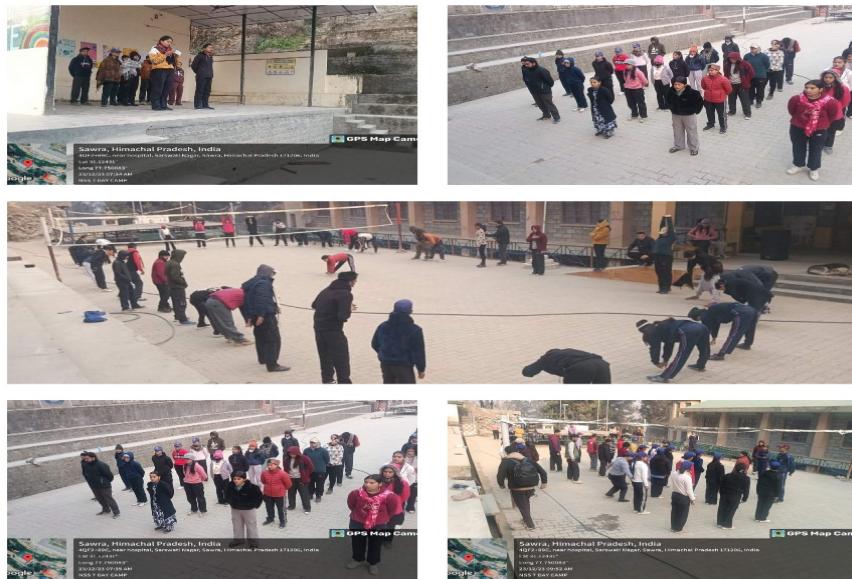
### **NSS CAMP DAY-3 (22<sup>nd</sup> December 2023)**



The third day of the camp started with as usual routine of the day. After the field work was completed all the volunteers moved further for the education session. The Resource person for the educational session were Dr. Divya Vishmabra Jantail from the department of Horticulture and Agriculture, Advocate Trilok Mehta (Health and wellness coach) and Mr. Punit K. Jhamta chief executive officer of Ved Mata Gayatri Jan Kalyan Samiti and Mr. Rakesh Sharma the general secretary of Ved Mata gayatri Jan Kalyan Samiti. They delivered their lecture on Environment, health and devise a futuristic model that can be used to understand and address these issues. After lunch all volunteers moved for field work. For the evening culture session, the Chief Guest were Associate Professor. Chander Sen ,Dr. PP. Chauhan,Principal of the institution ,Professor Balwant Singh Chauhan retd Principal from College and Dr. Nirmala Chauhan retd Associate Professor of Hindi. A farewell party was organized for Professor Chander Sen who will be going to retire in the month of December by the NSS unit. Cultural event was hosted after that all the teachers and volunteers went to have dinner and lights were off at 10pm.

#### **NSS Camp Day-4 (23<sup>rd</sup> December 2023)**

The fourth day of camp was a very vibrant day as it started with morning mediation at 7am followed by some fun games played by volunteers. The fourth day of camp was a very vibrant day as it started with morning mediation at 7am followed by some fun games played by volunteers.



Thereafter the day followed with the as usual schedule. In the educational session, on the behalf of Election Commission, a team from district administration visited our college and gave demonstration/training on EVM/VVPAT to the volunteers. The team for this purpose comprise of Mr. Ashish Chauhan (CDPO Jubbal), Mr. Saurav Ghezta (JE IPH Jubbal),and Mr. Vinod (from Police Department). Thereafter under the theme of Vocal and Local, Mr. Ramesh Khimta (a Progressive Apple grower of Jubbal Tehsil) interacted with the volunteers and imparted them the steps modern Apple farming. After that under the supervision of Dr. Rajeev Sharma,a team of medical deptt.from PSC(Primary Health Centre)Sawra organized a Medical Health checkup for volunteers.

A cultural program was organized in the evening session by the,Protector of Peace Group .Chief Guests for cultural event were Ravi Prakash (Asst.Prof. Seema College), Digvijay Roni (Asst.Prof. Physical education Seema College), Dr. Harsh Bhardwaj (Asst.Prof English Saraswati Nagar), Dr.Nagendra Dutt Bhardwaj (Asst.Prof. Hindi Saraswatinagar). Everyone participated enthusiastically in the evening session. This day camp concluded well and all the volunteers gave their full contribution in making this camp a successful.



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### **NSS Camp Day-5 (24<sup>th</sup> December 2023)**

On another vibrant day the team made itself ready for the series meditation to relax their minds. This is the fifth day of NSS special camp. This day started with Prabhat Pheri at 6:30 Am followed by the as usual morning routine.

On this day all the volunteers visited to the Hatkoti temple and took darshan of Maa Hateshwari and cleaned the surrounding of the temple. After that all the volunteers returned to the college campus at 3pm. Thereafter they cleaned the surroundings of college campus. A cultural program was also organized in the evening session by the, Youth Work Force Group .Chief Guest of the cultural programme were Banit Ranta (RDC 2022) and former NSS volunteers of our institution. Everyone participated enthusiastically. So, with this the day fifth of camp ended.

### **NSS Camp Day-6 (25<sup>th</sup> December 2023)**

The 6<sup>th</sup> day of camp started with as usual routine of the day. The main highlights of the day 6<sup>th</sup> were the lecture delivered by Mr. Vijay Chauhan (Director of Chanakyam academy Rohru) and Mr. Nizam Gularia from Chanakyam coaching center rohru. Both the resource person guided the volunteer regarding how to prepare for different competitive exam conducted by state and center government. A cultural program was organized in the evening whose Chief guest was Dr Sanjeev Barshekta( Asst.Prof Political science. In the evening our 1<sup>st</sup> and 2<sup>nd</sup> year volunteer also organized a farewell party for outgoing volunteers.



### **NSS Camps Day-7 (26<sup>th</sup> December 2023)**

The closing ceremony of NSS Seven Days Special camp was held on 26<sup>th</sup> December 2024 in college hall at 11:30am. The Chief Guest of the closing ceremony was Dr. Chandra Singh Pangta (Retired Associate Professor Seema College) and Dr. PP Chauhan Principal Govt. College Saraswatinagar .



Despite it all the teaching and non-teaching staff members of the college were also invited. Asst.Prof Preeti Panta (NSS Program officer) presented the report of seven-day camp. After that Dr. PP Chauhan congratulated the NSS Unit for the successful completion of this camp. Thereafter the Chief Guest Dr. Chandra Singh Pangta shared his valuable words for the volunteers. In this speech he encouraged the volunteers and congratulated them for successfully completing the 7-day camp. Various cultural activities were also performed as Pahari dance ,yoga ,drama etc. After that all the volunteers gathered in the ground and the NSS flag was lowered by the chief guest. After that the National Anthem was sung by all the Volunteers. All the volunteers gave their full

contribution for completion of this seven day special camp-.



## Participation of NSS Volunteers in State Level NSS Mega Camp

(18<sup>th</sup> to 22<sup>nd</sup> December 2023)

Four NSS volunteers Miss Ankita BA 3<sup>rd</sup>, Mr.Yuvraj BA 3<sup>rd</sup>, Mr.Pradeep BCA 2<sup>nd</sup> and Miss.Tanuja BCA 2<sup>nd</sup> participated in State Level NSS Mega Camp held at Govt. College Banjar, Kullu from 18<sup>th</sup> to 22<sup>nd</sup> December 2023. There they involved in the various activities such as yoga, Parade ,different types of cultural activities.



## Participation of NSS Volunteer in National Youth Festival

(12<sup>th</sup> to 16<sup>th</sup> January 2024)

NSS volunteer of LBS Govt. College Saraswatinagar ,Mr.Pradeep Kumar student of BCA 2<sup>nd</sup> year represented Himachal Pradesh at 27<sup>th</sup> National Youth Festival held in Nasik, Maharashtra from 12<sup>th</sup> to 16<sup>th</sup> January 2024.Earlier he had participated in State Level NSS Mega Camp held at Govt. College Banjar,Kullu from 18<sup>th</sup> to 22<sup>nd</sup> December 2023.In this camp he got selected for 27<sup>th</sup> National Youth Festival held in Nasik, Maharashtra.



## **Participation of NSS Volunteer in Adventure Camp at ABVIMAS Hatkoti**

**(19<sup>th</sup> January to 18<sup>th</sup> January 2024)**

Two NSS Volunteers of LBS Govt. College Saraswatinagar, Mr. Ritik Sharma student of B.A 1<sup>st</sup> year and Miss Tiya student of B.A final year participated in Adventure Camp at ABVIMAS Hatkoti from 19<sup>th</sup> January to 18<sup>th</sup> January 2024. There they performed a lot of activities such as Rock Climbing, Camping, ropes courses etc. They also performed a lot of cultural activities and inbuilt in themselves self confidence, independence and social skills.



## **Celebration of National Voter's Day 25<sup>th</sup> January 2024**

The NSS Unit of LBS Govt. College Saraswatinagar celebrated the National Voters Day on 25<sup>th</sup> January 2024 under the guidance of Asst. Prof Sanjeev Kumar (Dept. Political Science) and Asst. Prof Pawan Kumar (Program Officer). Approximately 60 students were present in this celebration. The main objective behind the celebration is to encourage and maximize enrolment, especially for new voters. It not only encourages the youth to participate in the electoral process but also focuses on the Right to vote as the basic right. An oath was administered by Asst. Prof Sanjeev Kumar followed by all the students. The NSS Unit of LBS Govt. College Saraswatinagar throughout the year involved in various SVEEP/Voter's awareness activities in collaboration with the deptt of Political Science Department for the upcoming Lok Sabha Elections.

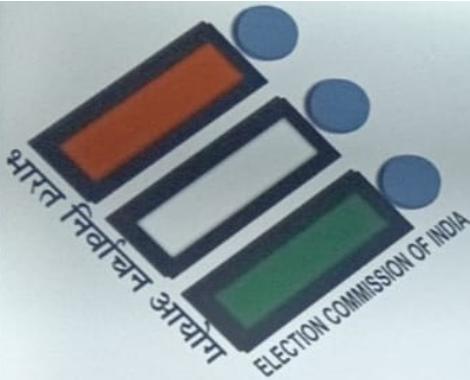


LBS GOVT. DEGREE COLLEGE SARASWATI NAGAR



## Voter's Pledge

“We, the citizens of India, having abiding faith in our Constitution which secures to all its citizens justice, equality and freedom, hereby pledge to uphold the democratic tradition of our country and the dignity of free, fair and peaceful elections, and to vote in every election fearlessly and without being swayed by considerations of religion, caste, community, language or any induced bias.



**Note cam lite**  
Address : Sawra, Himachal Pradesh  
Latitude : 31.1243109°  
Longitude : 77.7499801°  
Altitude : 1448.0 meter  
Date : 01/25/2024 11:15 am



Program Officer

Asstt.Prof Pawan Kumar Little

Asstt.Prof Preeti Panta Chhatti

Principal

LBS Govt. College Saraswatinagar