

# Stress Detection from Message

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Welcome to the Stress Detection from Message project! This application aims to detect stress from messages or texts. Here's a quick overview of the key files and functionalities:

## Project Overview

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**Objective:** Detect stress in messages or texts.

**Files:**

- `app.py`: Main Python file for the web application.
- `model.py`: Python script containing the stress detection model.
- `requirements.txt`: List of project dependencies.

## Getting Started

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1. Clone the repository:

```
bash git clone https://github.com/vijaytakbhate2002/stess-detection-from-message.git
```

1. Install dependencies:

```
bash pip install -r requirements.txt
```

1. Run the application:

```
bash python app.py
```

Open the application in your browser at <http://localhost:5000>.

Input a message or text, and the application will detect stress.

## Contributing

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We welcome contributions! If you have suggestions or improvements, feel free to open an issue or submit a pull request.

## License

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This project is licensed under the [MIT License](#).