

# “The Flirting Playbook™”

*The World's First Step-By-Step System On Engaging Women In Fun, Natural And Sexy  
Conversations...And Get Them Fall In Love With You!*

By **Derek Rake**

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## The Art of *Seductive* Flirting: What The Master Seducers Know That Other Men Don't Have A Clue About...

**W**hat do you know about flirting? This question might seem easy since we've all at least tried to get it done properly a couple of times.

Dressing up to impress the opposite sex, complimenting them, and sending cheesy pickup lines their way are all various techniques created to attract women, but do you really know what flirting entails?

In a nutshell, flirting refers to a sort of mating ritual that isn't exclusive to human beings alone.

Take animals, for example. Do you ever wonder if the songs that birds sing have any meaning to them? Do you think it's only a coincidence that peacock feathers are so colorful and stylish? Have you ever wondered why apes beat their chests like that?

Well, there is a simple answer to all of that: **they are a small part of these animals' mating rituals.**

Although flirting tactics tend to be one-of-a-kind for every species out there, their goals aren't. Human beings need to use nonverbal and verbal cues to attract potential mates.

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Men, for one, need to take certain actions in order to impress their choice of women: humor, intelligence, money, confidence and social status are all a part of this.

Just like male apes beating their chests, these are merely several signals that we emit to show how worthy and desirable we can be to women. This is why flirting is considered as a mating ritual.

Moreover, flirting is actually done unconsciously, just like with the animals. Do animal mating rituals look preplanned to you? Well, they aren't.

The truth is: these rituals all come from nature and are done to keep the life cycle going. Each creature on this planet was bred for this particular purpose, after all - human beings included.

And, as with animals, human beings do not think before they flirt; they simply flirt. As a matter of fact, we only become aware of flirting when it ends up backfiring.

Each guy on earth has come across a situation where some girl flirted with him and ended up acting annoyed after he flirted back.

She may have said something like, "*Sorry, you simply aren't my type.*" or "You're a great friend." This will confuse the guy as guys often misinterpret the friendly signals of girls as sexual attraction. They are not.

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## The Right Way To Flirt – The “Deadly Seduction” Way

Before I start talking about how to flirt and succeed, you have to take one essential fact into consideration: *women hate cocky assholes*.

Bragging about your new car, talking about how right you are, or flaunting about how your workplace would fall apart without you might appear to be a great way to catch a woman's attention, but it really isn't.

**Bragging actually only shows weakness and will harm you more than anything else.**

Now that I've gotten that out of the way, let's get into the real subject at hand: how to flirt.

Essentially flirting refers to a **subtle** and fun way to let a girl know you like her. (Notice on the emphasis on the word “subtle”).

Imagine you're talking to some girl for the first time. She's attractive, she's listening to you and, best of all, she seems to be looking at you in "that" way.

Truthfully, **this kind of sexual tension is a part of the mating ritual of humans**. Through it, we can find out if the overall attraction is actually mutual and whether we should move ahead or not.

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While flirting, try to use all of the masculine qualities that women like (more tips later in this book). But for this particular discussion, you should know that women respond to confident and emotional men, in general.

**The purpose of flirting is to give you the opportunity to show her that you have the main character traits that women like in guys.**

However, the most important factor of flirting would be the use of nonverbal cues, otherwise known as **body language**.

Were you aware that most communication isn't actually verbal? It's true. Instead, the majority of communication is shown through personal actions. But having said that, you shouldn't think that talking to girls - and nothing more - will spark their interest in you.

Consider this scenario. Two guys might say the exact same thing, but send off different messages. This is why you have to find out how you can put your voice, gestures and body language to use to get a more penetrating message out of it.

Another essential and effective factor of flirting is knowing the **difference** between platonic and romantic interest.

Women can flirt instinctively, whether they really like a guy or not and because of this gray area, a lot of men get confused. This is why you need to understand how flirting really works.

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You need to find out when flirting is merely for fun and when it's serious and you can do this by deciphering these two kinds of flirting, which I am going to describe next.

### **Intentional vs Unintentional Flirting**

In general, flirting can be broken down into two different categories: unintentional flirting and intentional flirting.

Obviously, the first kind is more playful and is aimed at mere friendly encounters with women. The latter, on the other hand, is more direct and singles out a single female with hopes of seducing her.

Let's look at both of these methods more closely now.

### **Unintentional Flirting**

Everybody knows that guy. Women flock to his side and everything he says seems to make women giggle and blush. This guy playfully banters with everybody he sees.

He shows off a fun and positive energy when around women and this is what draws them to him.

The flirts who succeed the most out there are the ones who do it unintentionally. This is

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because they always seem confident when they do it.

Fun flirting happens to show people that you aren't scared of what they think, and it also lets them pick up your energetic vibe that makes you look more approachable. It also happens to be a good way to expand your social circle overall.

Guys with this kind of attitude have quite a few female friends because they simply give them the attention that they want.

Now, you're probably reading this thinking you need more friends who are girls.

On the other hand, everybody knows that girls tend to travel in hordes, so you will never actually know who you might meet by expanding your social network.

### Intentional Flirting

Intentional flirting targets *one* girl in particular. The truth is: this is the start of the mating ritual that involves playful banter between men and their targets.

Through intentional flirting, you can send out certain attraction signals, as well as pick up on women's feedback.

This kind of flirting comes with more risk compared to the other, though. After all, intentional

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flirting puts you in a position that is a little more vulnerable since the woman can choose not to react to your advances. You need to keep in mind, though, that you won't know until you try. She might be receptive in the end!

As a man, you should also flirt with anybody you want to. Don't mistakenly fail to pursue a woman just because she is ultra hot. Again, you'll never know which woman will respond to your advances, so do not move on until she shows complete disinterest.

Ensure that you don't use unintentional flirting on a girl you really like, either.

One guaranteed way to send her mixed signals would be to flirt with every single woman around you. If you want to really get to know someone, this is what you have to do.

Keep watching your real target though, or you might appear insincere to her.

Now, before I go deeper into the flirting basics, let's take a minute to find out what women really want out of you.

### **Five Shocking Myths About Women You Must Know**

Now, before I talk about specific flirting techniques, it would be important to dispel several common myths that guys believe about women.

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### One: The Compatibility Myth

Everybody knows that compatibility is needed in long term relationships. However, you might be shocked to know that a lot of people out there lie to themselves and tell themselves that their partners are perfect for them when they are not and vice versa.

These people mistakenly see their time investments, emotional investments and money investments into the relationship as real compatibility, but the truth is, they should have listened to their instincts and just moved on.

Maybe you have mistakenly stayed in an unsatisfying relationship, hoping things would get better. The truth is, though, that you just weren't compatible for one another.

People tend to stay with one another for two specific reasons:

- 1) They are deeply attracted to each other.
- 2) They are already comfortable with one another (or they don't get annoyed to the point of breaking up).

Although people say that opposite attract, it would still be important to share similarities with a partner to keep a growing and healthy relationship going.

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I am often asked, *“Derek, what is the NUMBER ONE rule when it comes to dating and relationships?”*

My answer: **know exactly what you are looking for in a partner and only look for women who actually fit your needs.** Now if you’re already following my newsletters and downloading my courses then you should be in the position to CHOOSE whoever you want to be with.

A lot of guys mistakenly fail to be selective when running after a woman. All they look at is the woman's looks and don't ask about her interest, goals, and morals. This is wrong. It would be vital to know exactly what you want.

If you put more thought and care into women that you run after, you may need more discipline. However, you will be saved from dating somebody who doesn't actually match up with you. This, in turn, will stop you from getting into a bad relationship in the end.

The idea of knowing what you want in women in advance will contradict the whole "soul mate" idea. Although you might be far too manly for Hallmark commercials or Disney movies, they will still impact your psyche and make you think that only one girl out there is perfect for you.

You might recognize this girl as "The One", but you should get rid of any thoughts about her actual existence.

People get attracted to one another for different reasons, so instead of looking for that soul mate of yours, you should simply know exact what you want and not settle for anything less.

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Your objective should be to find great matches and only date those women. Take the mating ritual into consideration here and see it as a screening process for possible mates.

This really isn't a complicated idea. By flirting, you can get to know more women and evaluate them based on your criteria.

The women who match your needs should be the ones you learn more about. If they don't match your needs, let them go.

### **Two: The “Nice Guy” Myth**

It is true that nice guys finish last, but why do a lot of women get attracted to jerks? Well, jerks happen to be confident.

Jerks prioritize their own needs first and aren't scared of letting annoying women go. They also don't care much about how other people see them. Women constantly complain about these guys, mainly because they get frustrated that they cannot control them.

In a nutshell, jerks present themselves as real challenges, and everybody knows that women love challenges.

The one problem that comes with jerks is their need to go to extremes. Fortunately, a middle ground does exist here. For one, there is the untamed "jerk" challenge and for two, there is the

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"nice guy" doormat.

The doormat does everything everybody tells him to, does everything he can to please women, and changes his traits so that he doesn't offend other people.

Nice guys and jerks are ultimately undesirable in the eyes of women, but if you combine their elements, they will become irresistible.

Although no single guideline or rule exists for each female situation, there are several common elements or themes to take into consideration. Therefore, it would be essential to develop a particular system that can work the **majority** of the time.

Understand the root of what is going on and learn to use it in your particular situation.

### Three: The Logic Myth

Let me clear things up right away: female attraction is **always** illogical. No exceptions.

It's similar to shopping: the majority of female purchases are emotional and only get backed up with logic afterwards.

When flirting with women, they won't see your attributes and logically choose you as their perfect partner. Instead, they will see your behaviors and suddenly find you wildly attractive.

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A ton of men seem to think that without good looks or money, they won't be able to attract the women that they want. However, this is wrong. As good looks are vital to guys, women generally find guys' emotions attractive.

Having said that, it is possible to program women into liking you with nothing but your words.

This is quite obvious. Everybody knows that women have deeper emotions. For example, guys can silently watch chick flicks while girls have huge tears coming out of their eyes as they do.

Now, this doesn't mean that men are emotionless. It merely means that society has made us control how we feel and stay in control of our expressions. Unlike guys, most girls aren't scared of crying when they are sad. And, whenever they see close friends, they squeal and run to give her a huge hug.

The largest difference between men and women can be seen through situation; interpretations. If you have ever been in a fight with a woman, you should already know what I mean. Men tend to use figures and facts when describing events and rarely talk about emotions.

Conversely, women mainly communicate through emotional event interpretations. They hardly care about facts at all.

For example, I am currently writing this at a coffee joint in the neighborhood around the corner. There is a group of women two tables away taking about their intimate and personal details. One woman in particular is talking about a nasty fight she had with her husband recently.

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However, she hasn't mentioned anything about what he has actually done wrong within the last few minutes. She has been concentrating on how unloved she feels because of his inattention instead.

This observation can teach you many things.

When dealing with women, it would be better to talk emotionally. Do not describe what your life is like through figures and facts. Talk about your feelings during events. Use action words to talk about your life. Talk about exciting things that you love doing.

Remember: when trying to connect to a girl on an emotional level, you can get into her mindset - the one that controls real attraction.

### Four: The Asexuality Myth

**Women are sex crazy.** Yup, you read it right. Forget every notion of nice girls that you've ever had. Women like sex - even more than guys!

The mere difference would lie in how every gender sees sexual intercourse. The majority of guys tend to be on the prowl all the time. We are taught that real men should bang a lot of women.

As a matter of fact, guys usually gain high social status levels if they have harems of women to run to whenever they want. Women, on the other hand, are the opposite.

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While girls enjoy sex like guys do, society teaches them to avoid promiscuity. If girls have a lot of sexual partners, they are called "whores" or "sluts". And after getting that reputation, their social statuses will instantly diminish.

This is why you won't find a lot of girls who brag about their "number" of guys. They know that negative consequences may come about by having a lot of sexual partners. Simply put, they learn that high quality girls don't go around sleeping with a lot of guys.

Again: women love sex!

Guys think women hate sex because they don't talk about it all the time. However, if you listen to girls talking to their friends, you will realize that this subject is actually discussed quite often. Just look at Cosmopolitan magazine covers and you'll see how important sex is to women.

Face it: one difference between men and women comes down to how able they are to control their urges. While men appear to want sex every day of the week, **women are able to control their sexual urges.**

The myth about women not enjoying sex stems from how they speak to guys. Average girls know that they shouldn't encourage men that they don't find attractive.

By showing cold body language, these girls know that the guy will give up and leave. This is why many women appear to be uninterested in sex.

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In actuality, however, they only have sexual urges with guys who excite them.

Now, if that same girl finds herself near a guy with high status, you will see a completely different part of her personality. Provided the chemistry seems right, she will suddenly get extremely sexual.

She will flirt and laugh and do everything she can to attract the guy.

You need to understand something regarding this final principle: women love sex just like guys do. However, **you** need to know how to spark this personality trait of theirs. They aren't going to showcase it until you learn how to bond with their primal urges, so stop trying to attract women through logic. Instead, find ways on how to bring about sexual tension.

### Five: The “Good Looks” Myth

Although taking good care of your looks is definitely important, there is no need to look like you came straight from a GQ magazine just to attract the opposite sex.

If you don't believe me, keep reading and you may see things differently.

Let's talk about an example again. There is this guy who isn't really successful and really isn't

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attractive, either. However, he still seems to have a lot of luck with women - more than you. So how can he succeed with women so much, then?

Chances are that he probably has several of the attributes that women find attractive: means, fame, power, exclusivity, looks or personality.

The majority of these attributes ***cannot*** be controlled. While traits like exclusivity and looks can be controlled to an extent, very few guys have fame or power.

Once the day is over, however, personality is what truly matters (and this is usually the thing that brings most guys success when it comes to women).

Having said that, you need to learn how your personality can become of top quality. If you do this, you can get over any other defect that you may have, plus more.

Here is a general list of things that women like in male personalities. Although these qualities might differ depending on a woman's preferences, this list still runs the gamut of general things that women want to find in men.

Read it and evaluate the traits that you lack and the ones that you clearly have.

**“So Derek, What Do Women Really, Really Want From Men?”**

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Confidence should be the first on the list since it is paramount when it comes to attractiveness overall. Keep in mind that confidence and cockiness are not the same thing, though. You just have to respect yourself and know your overall value. Then, show this through your personal actions.

Independence should come second. This means that you need to let her have fun with her friends while you have fun with yours. Keeping a tight hold on your girl will not just show that you aren't confident, but it will also guarantee losing her at the end of everything.

**What about being territorial?** Well, although it would be essential to respect one another's independence, women still like to feel like they are important. On that note, although you shouldn't be possessive, you shouldn't let other guys hit on her, either. Also, tell her that she's beautiful every now and then.

A sense of humor is also important. Do her jokes make you laugh? Can you laugh at yourself? Can you show humor yet still maintain a personality of high status?

As for intelligence, there is no need to become a rocket scientist. However, common sense and an education can go far with women.

**Intelligence goes hand-in-hand with expertise.** Now, you wouldn't have to have your own major corporation in order to show this trait off, but you should have a passion - other than women - and, in turn, hone skills with that passion.

By being passionate about other things in life, you can also be a challenge and women like having to work hard to earn a man's affections.

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**Have some creativity, too.** Find things that interest you and communicate how those things inspire you.

You should also put down those beers once in a while and show some culture and class by picking up a brandy every now and then. Buy some art for your place and go to a museum every now and then, too.

Believe me when I say that dominance is also a good thing. Women love feeling subordinate, so do not be scared to choose where to go for dinner. Just don't act like a jerk when you do.

Now would also be a great time to use a personal organizer since thoughtfulness is also important. With an organizer, you can remember small details like her birthday to show how thoughtful you actually are.

**Aggressiveness is vital**, although this shouldn't be confused with dominance. Aggressiveness just means that you should go after the things that you want, like a job promotion or a date.

Make sure you have great body language, too. Are you a sloucher? Well, start standing up straight! When addressing people, look them in the eyes and hold your head up when you walk. Keep in mind that most communication tends to be nonverbal, so work on what you do not say more.

As mentioned before, women enjoy sex, so good sex is key and this means that you need to know about the right and wrong ways of turning women on. Do not neglect foreplay, find out

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where her hot spots are and be polite by ensuring that she finishes before you.

Chivalry is a trait that will separate jerks from other guys. Open her doors, pay for her, and be polite of her feelings and needs while still being challenging at the same time.

See, women need many things from men. Confusion only stems from female double talk - when they say something but actually mean something else.

Female emotions say that they should look for nice guys but they aren't challenging enough on the flip side. So, what women truly want is somebody to trust and who won't act like a total pushover.

Now that I have dispelled several common female myths, we can move on to the main subject of this book: flirting.

### **The Master Flirt's Way: Know These Techniques And You'll Flirt Like A Pro**

If you've already devoured the [Deadly Seduction](#) system, you know that women and men communicate in different ways. Women can generally talk for hours, while men prefer to solve their problems and find solutions to them.

Men are also more tactical during interactions. They see conversations as ways to prove how

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intelligent they are and these feed their visions of the world. However, women see this kind of behavior as the "know-it-all" kind.

Women, on the other hand, are emotional communicators, while men converse in any other language but that. This is why they tend to argue.

When women open up during conversations, they merely want men to tap into how they feel about the subject. Women only talk for communication - that is it.

The majority of men tend to overlook this and start to give out advice. This results in them seeming insensitive when all they really needed to do was open their ears and listen.

So, how can you communicate with the opposite sex effectively, then?

It would be much more effective for you to ask several questions or make several statements as opposed to offering up solutions. Do not tell her what she should do.

Female communication should **never** include advice or bragging. This might seem unnatural to you at first, but just keep talking.

### Building Sexual Chemistry and Sexual Tension

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This book primarily concentrates on helping you build up sexual tension through flirting. Although other life "tensions" aren't usually appreciated, I need to assure you that this isn't true when it comes to women.

Sexual tension happens to be flirting's backbone as it is referred to the give-and-take of every female interaction.

The truth is: **sexual tension precedes sexual chemistry**. You have probably heard about this at some point. For many guys, this particular phrase is the holy grail of every female interaction.

If you can bring about sexual chemistry, you can virtually lock her into getting into bed with you. So, how can this sexual chemistry be brought about?

Well, sexual chemistry comes with one basic truth. Female desire begins **way** before you actually meet. During their younger years, women start developing tastes for things that they want in guys.

So, if she finds tall and dark guys attractive, you will not be able to bring about sexual tension from the beginning if you are a short albino.

Each girl has a unique preference when it comes to guys. This cannot be controlled and there is no way you can know what a particular girl likes before you actually approach her.

Because of this, it would be vital to fix everything that you can to show off a personal

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appearance of top quality.

Then, after making sure you look great, you can start looking for **real** ways of bringing about sexual chemistry. Everything begins with a total understanding of how to make sexual tension work for you.

Pretty women are accustomed to nice guys who try to kiss their asses. So, to trigger some switches of attraction, you need to understand that women want challenging guys. And this is what sexual tension can do.

Your conversations should include subtle tactics of pushing women away, only to pull them in again **afterwards**.

After touching her and making her pleased, push her away and tease her right away.

The vital thing that you need to keep in mind is that flirting **needs** tension. If you give her mixed signals regarding your attraction, you will **not** offer up a way on how to resolve the built-up tension.

Now, it is important to create this tension. You will eventually need to show her that there is only **one** way to get rid of it: by escalating things physically.

Basically, women feel excited and have conflicting feelings when there is sexual tension. They will think that you find them attractive, but won't be sure about it. And, they will only get to

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resolve this built-up tension by escalating things with you on a physical level.

Keep in mind that sexual chemistry is vital when it comes to conversation. So, every time you meet a woman, you have to concentrate on creating a lot of tension, so that she will find you all the more attractive.

Afterwards, you can sit back and just watch as she vies for your attention.

### How To Generate Sexual Tension When You Flirt With A Woman

How does sexual tension work and what is it, anyway?

Here is a list of a lot of factors that you can change to build sexual tension and sexual chemistry with girls:

**Use your body language.** Give a girl all of your attention with your gestures, voice tone and eyes. Then, take it all away.

**Maintain various personality while you're at it.** You shouldn't switch personalities like Jekyll and Hyde, though. Just make her wonder about what's in your head. Choose which jokes you should laugh at when she pulls them, but always remain friendly.

**When you tease her, don't overdo it.** Just tease her enough so that she feels special and will

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want more in the end.

**Amp up the attraction by looking great.** Personality may be vital, but looks are, too. Plus, this will boost your self-esteem, as well.

**Try to stay as challenging as possible, too.** This means that you shouldn't pick up every single time she calls and you should make your own decisions when you guys go out. Try telling her that you already have "other plans" sometimes, too.

**The key to sexual tension would be to create anticipation.** This refers to the emotion that women feel when waiting for the buildup's release.

While doing that and while creating an ambience filled with sexual tension, you will seem mysterious and challenging and this will drive her crazy! Practice with all of the factors mentioned above and you will see amazing results in no time.

### Why Sexual Tension Doesn't Make Any Sense

To make all of this information work well, you need to get rid of every rule you have learned so far. (And if you've already digested the [Deadly Seduction](#) system from end to end, you should already know this.)

The majority of us grew up with parents who tried to raise us as "good boys" by treating other

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people well (which is still great advice). However, if you want to attract a certain girl, you need to be a bit mean sometimes - believe it.

Here's a technique directly taken out of the Derek Rake playbook: **You need to push the girl away and pull her in only whenever you feel like in.**

Basically, you have to make the girl run after you. Only then will you be in a great position.

If all the men out there knew about this trick of seduction, "nice guys" would no longer exist.: get rid of every rule you have learned so far.

### **Are Friendship and Sexual Tension Related?**

No. Women can like you without being attracted to you. Many top quality women exist out there with guy friends that never go any further.

If you want to cross the line and get rid of that friendship barrier, you will need to create some sexual tension.

That is the only time where you will even get a chance for her to see you sexually.

### **How to Build Anticipation**

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If you succeed at creating some sexual tension, she will start feeling like she has waited so long for you. You will be able to build up her passion and excitement by putting yourself up on a pedestal. Every opportunity that you present her will get taken away and will pose a challenge overall.

Human nature says that people should want what they cannot have and she cannot have you just yet.

### **Great Body Language**

As already mentioned, most effective communication comes about without any words and with nothing but body language.

Keeping a physical presence that is strong happens to be vital while flirting since a lot of communication gets done through one's demeanor and actions.

In a nutshell, everything you do and everything you say are completely different concepts.

Here, you will learn how you can use non-verbal cues successfully when dealing with women.

Everything from the way your eyes look to how your posture is will be improved to make sure that you give off a great impression. To begin, let us talk about the body language basics.

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### Eye Contact

You can find out a lot about people just by how they look at you because eyes happen to be the most vital part of body language. After all, eyes don't lie.

One standard needs to be taken into consideration when putting eyes to use when flirting. When first making eye contact with a woman, hold your gaze for around three seconds.

Looking at her for a shorter amount of time will make you look unconfident, but looking at her for a longer amount of time will portray you as creepy (so do not do this!) By keeping her gaze for three seconds, you can show her how dominant you are.

This might be a bit difficult in the beginning, most of all if you are shy, but several exercises can be done so you can get more comfortable doing it.

Try keeping eye contact with anyone, no matter how attractive or unattractive they may be. Or try looking at her eyebrows or nose bridge instead of her eyes; she won't see the difference anyway.

### Areas to Avoid

I know this girl who always complains about a guy she works with. Apparently, he always stares at her chest when they talk and doesn't even try to hide it. The majority of girls get swarmed by men checking out their breasts and asses, along with various other areas.

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Keep in mind that your goal is to seem different than other men.

Having said that, take heed and do not concentrate on anything else but her eyes when you interact.

As a rule, keep your gaze anywhere on her face; anything under that is off-limits, in general (at least unless she gives you the go signal, anyway). Her hair, her eyes and her smile are just several things that you can concentrate on.

Another area to avoid while trying to hit on a girl is other girls. After all, would you want her to focus on other guys if she was talking to you? Wouldn't this confuse you a little bit?

If you want to get her phone number, you need to control your concentration, no matter what.

### Smile

People say that smiles can be interpreted anywhere in the world and it is true. Smiles can show how sincere people are, while lack therefore can turn some people off.

Basically, if you want to succeed in flirting, you have to smile.

Practice smiling in front of a mirror until it looks absolutely real. Professionals of body language

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have different ways of telling whether a smile is real or not.

First of all, smiles need to come with teeth. This is mind-boggling, sure, but a huge beaming grin and a closed-mouth smile are completely different.

Another professional trick would be to watch the eyes of the smiler (eyes really are important). Most of the time, people who smile without a crinkling in their eye corners are fakers. So make those eye corners crinkle!

### **Posture**

Women like looking for hints about what you are really like. As with your eyes, your posture can say a lot about your feelings about yourself.

Try thinking about your childhood - especially about Popeye's sidekick Pantat. If you don't know who Pantat is, he is one gloomy SOB. Even without saying how sad he is, you will be able to tell that he is because he is always slouching.

Alright, Pantat aside, what kind of woman would like somebody like that? No woman, that's who. Life is already difficult, so why would you want to spend time with an unconfident and depressed person while living it?

You can put your body to use and attract women with it just by standing with both of your feet apart.

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Everybody knows that people with crossed arms are extremely guarded, so make sure you leave your hands on your sides and out of your pockets. If this is hard for you to do, try hooking your thumbs into the hoops of your belt instead and point your fingers to your crotch.

When in a group, take up more space by keeping a wide stance. Inferior guys let other people push them around, so you have to stand your ground by keeping your space intact.

Your posture also says a lot about your personal feelings, so walk tall with your shoulders back and your head up high.

Keep any other physical movements slow and add pauses in-between sentences as you speak.

While sitting, lounge back and sling your arm around the chair to expose your crotch. Doing this will show how comfortable you are in the situation.

### **Walking**

Posture and walking are partners, but the way you move around a room needs its very own section here.

If you walk too quickly, you might seem anxious and stressed out. On the other hand, walking lifelessly will make you seem sad.

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What you have to do is find a happy middle ground between these extremes.

Walk purposefully but a bit briskly.

Command attention with your walk. A non-sluggish and slower walk will show confidence, so try moving with fluid and relaxed strides.

Your movements also have to make girls feel comfortable around you.

### Touching

Your objective when approaching women for the first time should be to gain their trust and get past their barriers to men.

You should also want them to run after you.

However, if you have already gone past the meeting stage and are on a date, the stop light for touching will turn yellow. This means that you have to proceed with caution.

Your objective should now be to show that you are interested in her, though not sexually. Do not touch anything that will make you seem too forward. Several great things for you to touch would be her forearm whenever you think of something, or her back whenever you open the door for

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her.

By doing these things, you will convey interest in something more than a friend, yet not a pervert who is eager to get up her skirt.

### **Speaking**

Take heed when it comes to your voice as you flirt or talk to anybody near her. Talk deliberately and slowly - not as if you are on crack. Relax and show a rich voice texture by firmly believing in everything that you say.

A side note: know when to stop talking. Only somebody who is really unconfident will need to speak over everybody else.

Plus, people generally get turned off by arrogance.

Your parents were actually right here: interrupting is always rude.

### **Last Thoughts on Body Language**

There is no need to be an attractive male model when it comes to women. On that note, there is no need to be popular or rich or popular and rich, either.

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As long as you show off proper body language, you will have the right tools in order to succeed in love and life.

With strong body language, you can show off a confident and masculine demeanor.

You can show your interest in a girl without appearing to be of low status.

Match that with nice hair, clothes and other physical features, and you can show off a sexual aura to any woman you want.

### **How to Read Female Body Language**

A lot of guys wonder if girls are actually flirting with them or not. Funnily enough, it isn't difficult to read female minds - just pay close attention to how a girl acts.

When you first see an attractive girl, search for signals of whether she wants to be approached or not. She might smile or wave you over, but either way, you need to recognize those green lights.

Here are several basics: she fixes her clothes; she puts her hands on her hips; she pushes her body or feet towards you; she touches or fixes her hair; she looks at you more often; she keeps eye contact with you; she watches your entire body; she blushes; she tosses her hair; she exposes her wrists or palms towards you; she slightly opens her legs; she sways her hips as she walks past; she puts her hands near her breasts or crotch; she glances at you from the side; or she wets her lips and keeps them slightly open.

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So, what if you find a girl who seems to show some of these qualities towards you?

**”So Derek, what should I do next?”** Approach her, that's what! Once you start talking, you should focus on listening to what she says next.

People say that actions are more important than words and that talk is cheap. Keeping these things in mind, change things a little bit by paying close attention to her actions instead of her words. By doing this, you will be able to sense if there are real feelings behind what she says.

To succeed better, go someplace where you can watch people (coffee shops are usually good spots for this). Watch various people interact and take notes on what they do with their heads, arms, and hips and how their facial expressions, emotions, eyes and overall attitude look.

If you aren't sure how to do this, take this example into consideration. I am currently at a coffee shop, actually, and there is a couple across the room who seem to be on a date. Well, she is all over him in, any case.

She is watching his every move. She is throwing her hair back and laughing at his jokes. She's touching his bicep now and leaning into him.

This guy will definitely get lucky tonight.

As more time goes by, you will get used to reading people's body language.

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Also listen to their voice inflections. Concentrate on how women say things instead of what they say. I don't know what the couple here is talking about but there sure is a ton of attraction involved - that's for sure.

Watching other people shouldn't be **optional**. In order to succeed at revealing and reading body language, you need to practice and you can learn tons of things by watching other people's actions.

### The Multi-Angled Attack: Touching While Flirting

Touching happens to be a good way to create seduction and build attraction. Your objective by touching would be to build up attraction and let her know about the physical commonality you two have.

Touching would also be a great way to find out whether she likes you, too.

To start things off playfully, try thumb-wrestling with her (cheat at it and she'll laugh!)

The secret lies in not directing attention to the touches. They have to appear natural.

If you are hesitant and jerky at it, you will end up hurting instead of helping your success

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chances.

Touching needs to warm her up emotionally somehow. Keep in mind that touching isn't defined by single moments, but expresses your mutual desires without words.

Guys tend to mistakenly hesitate when it comes to touching. However, I have found out that it is actually much better to start doing it **a lot** instead of **not enough**. As more time goes by, you will learn more about subtle touching and how to use it socially.

If you need help, here is a good model that breaks down how to advance with touching women for you:

### Touching Technique #1: The Social

First and foremost, you need to talk to people that you know normally. As a matter of fact, it would be advisable to do this with everybody you meet. After all, if you do it more, it will become more natural to you.

Some examples of social touching would include shaking hands, using other people's hands for things like personality tests, touching arms to prove your point, giving high fives or fist taps, and brushing arms.

### Touching Technique #2: The Accident

This is a step above social touching. This means that you shouldn't do it with people you hardly

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know.

If you want to accidentally touch someone, you shouldn't be obvious about it. When it does happen with a woman, though, she will wonder whether you did it on purpose or by accident.

Additionally, several actions can involve a pretense to touching. While you're hitting on her, this tactic will go beyond the casual touching of a stranger.

Here are several ways to accidentally touch a woman: sit next to her with your bodies touching, stand close to her with your bodies touching, brush something off of her face (you can pretend that there's something there even though there isn't), touch her stomach or sides while telling a playful story, touch an accessory that she's wearing, touch her back as you tell her a story, tease her by using physical contact.

### Touching Technique #3: The Obvious

After you get comfortable about touching, you can move ahead to more overt and obvious signs of your intentions. By using these signs, you can show her that a physical bond exists between you and that several signs of actual sexual attraction exist.

Having said that, obvious touching shouldn't be established before passing the stage of qualification or before comfort is built.

Obvious touching would include: holding hands, walking arm-in-arm, putting your arm around

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her, and having her sit on you.

#### **Touching Technique #4: Tickle Her Senses**

The last level of touching comes along after you kiss a woman or when you are about to, at least. With sensual touching, you can show her that you want to get more intimate. This is why it would be vital for you to know about her intentions first and make sure that they are the same as your own.

This kind of touching needs to be matched with direct and strong eye contact. In general, it works best in comfortable environments. Some forms of sensual touching include: smelling her hair, stroking her face, nuzzling her shoulders and neck, pulling her close, and caressing or holding her face.

This progression model of touching should be able to give you a good example on how to get intimate with girls that you meet faster. By using this with every single girl that you meet, you can turn your encounters into incredible ones in no time.

#### **More about Touching**

No standard exists on how to touch a girl. Everything will depend on other factors, as well, like your environment, your personalities and your comfort level.

Having said that, you need to remain flexible in any situation.

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This is vital because several people cringe when thinking about being touched. Background and ethnicity would really make a big difference in how people see touching.

Americans and Asians, for instance, generally need a buffer of two feet between themselves in order to feel comfort. Italians and the Japanese, however, invade this space because they are more used to being close.

Getting into somebody else's personal space would be a part of touching. The thing is: men tend to touch women **far** too soon. We grope and lack self-control that might be needed for physical contact to become effective.

What you need to do is make a woman desire your touch, not worry about it.

The difference between what is appropriate and what isn't truly is subjective, so begin by touching her back or hand lightly as you pass by, or offer up your arm to cross the street.

While touching her, build up the anticipation. Tease her mind a little bit and make her wonder what it would be like if you touched her elsewhere.

Aside from the previous example of thumb-wrestling, another great excuse to touch her in the beginning would be palm reading. The majority of people aren't actually aware that palms are also erogenous zones that can turn them on.

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Not only will this tactic give you the opportunity to touch her sensually, but it will also give you the chance to show off your fun side.

(The “anticipation” technique is also especially effective in “sexualizing” an interaction and fire up her erotic buttons... more details in [How To Seduce Out Of Your League](#)).

Another erogenous zone that is often overlooked is hair. This happens to be a great place to touch a woman since each gentle stroke will make her shiver.

Slowly put your hand on her head and check whether she is open to touching or not. If you see her flinch, she probably isn't ready for physical action just yet. But at least you tried.

Women happen to be extremely sensitive to touch, so they never see it as a neutral thing. It will either impact her in a negative or positive manner. What you need to do is make her beg for more.

Once you have both established a level of comfort, you can slowly increase your touch's intensity. Do not touch her as much as she wants, but slightly less. Stroke her cheek or hair, watch her eyes glimmer, and move your hand away so she hopes for more.

Do not touch any intimate areas until you get a go signal from her, though. Whenever possible, do not touch her sexually until you are 100% sure you will get laid. This will require a ton of self-control, but by doing so, you will set yourself apart from the rest and she will be yours in no time.

And, even though this should be a given, do not touch her painfully. Women first worry about how safe you are, so know this and restrain yourself, please.

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## **How to Use Humor To Flirt Like A Champ**

It is very true that you can get women into bed just by making them laugh. In fact, studies show that a direct connection exists between sexual attraction and humor.

So, essentially, women can be seduced with humor.

As you should already know, women are extremely emotional. So, if you wish to get into her psyche's positive side, you have to find out what makes her laugh. Just by doing that, you are already a step above the rest of the guys out there.

When it comes to women, laughter truly is the greatest medicine. If you can get a woman to giggle, you can make great feelings flow inside of her and towards you.

Humor can be extremely powerful. Even if you do not have the looks of a male model, you can still build fast attraction with it.

So, how can you become humorous, then?

Not everyone has a funny bone, but fortunately, you don't need to be Adam Sandler to make a woman laugh. As a matter of fact, all you have to do to benefit from humor is to build up your character within a woman's eyes.

Jokes are overrated, after all.

## **How To Tease Your Way To Her Heart**

You have already learned that you have to go into female interactions while keeping the mindset of her wanting you intact, so why not vocalize it in a funny manner? Do not be arrogant, though; simply tease her and steal several lines that women traditionally use.

"You're only interested in my body" will definitely make her laugh. Match that with some hard-to-get and she will melt in your arms in no time.

One huge problem exists with teasing, though: most men suck at being funny!

Although a lot of guys are aware that laughter can win a woman over, they have no idea how to use humor to begin with.

Here are several rules to follow on how to build attraction through teasing and humor. Read them and live by them!

### **Rule One: "Self-Insult" Is A No-No**

Did you ever meet a girl who always talked about how ugly or fat she was, just to get someone to

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disagree or just to get some attention?

If guys are like that, women will find them annoying.

Making fun of your shortcomings will make your status go down since you are showing off your low self-esteem (which shouldn't be low).

You're supposed to use humor to build up your status, not decrease it.

### **Rule Two: Roll With It**

Let your humor go to the girl. You may not be accustomed to insulting women, but if you do it in a good-natured manner, you can earn real brownie points for it.

Let me explain something to you: a lot of the time, guys kiss women's butts. Usually, other men even compliment women with no end in order to bed them. Unfortunately, women get sick of these techniques.

So, to stand out, you have to tease women with humor.

Although you shouldn't be a jerk about it, you can still build up attraction by joking about her imperfections and mistakes in a playful manner. This will not just show your sense of humor, but also your interest.

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Do not point out her huge zit or anything else that could be seen as insulting, for that matter. As a general rule, don't comment on physical features - period.

Instead, say things like "Damn, girl! I'm blinded by your bling!" and then laugh.

Trust me: you can get women to laugh hysterically if you embrace this tactic properly.

Keep in mind that you have to stay warm and playful, and avoid being mean. Try practicing with your friends first.

### **Rule Three: Be Congruent**

Lastly, know when to stop being funny. When talking to a woman, you can be funny sometimes, but you also have to be serious any other time.

If you put humor to use in an effective manner, she will open up to you eventually. Having said that, if she begins talking about her dead grandmother, do not ask whether she bit the dust on her Harley.

As a matter of fact, you should change from a humorous look to a serious one.

You probably already know that women like guys who aren't just about slapstick comedy. To

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become seductive in her eyes, you need to show off various aspects to your personality, too.

How you deliver your comments happens to be just as vital as your actual comments. Your goal should be to avoid stand-up comedy altogether.

Instead, add small things every now and then that will throw women off track.

For example, if she talks about something that you do not agree with, say "Okay, I'm done with you." If she says something nice after that, say "Okay, fine. We're back on. But I'm putting you on probation. No more slips or it's over."

Putting humor to use would be vital when it comes to seduction and dating. Once you learn how to use humor properly and make women truly laugh, you will be able to build up attention in no time at all.

## **How To Have Seductive Conversations – The Essentials**

You need to build some kind of connection, as well as learn more about her.

Ask her questions about herself and relate to the things that she answers.

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Find some commonalities!

This happens to be a great way to boost the sexual tension because it will make her feel comfortable in your presence.

### **Conversational Topics**

Conversation needs to keep the overall attraction going and the greatest way to do this would be to talk about exciting subjects.

While doing so, avoid telling her things that might make her doubt the attraction towards you.

Several subjects that you can take into consideration are past experiences (I dated this girl once and when a Guns N Roses song played on the radio, I caught her attention by telling her about the time I actually met Slash), favorite vacations (if you are about to go somewhere or just came from somewhere, tell her about it and ask her about her favorite places, too), greatest experiences (if you have ever gone scuba diving or have been to a great concert, tell her about your positive experiences with them), uplifting current events or news (this will show her that you're updated with the world - try to stay away from politics and religion, though), aspirations and dreams (talk about your dream house and your goals as this will show her that you think ahead), and "what if" scenarios.

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### Conversational Hooks

In the beginning, you need to appear like you **aren't** trying to get her attention. So, concentration on getting **her** to run after you instead. This can be done with the help of conversational hooks.

Basically, hooks are questions that raise various other questions inside her head. They will make her wonder what you are trying to say and attract her. Instead of actually asking questions, though, try making declarative statements so that **she** will ask you what you really mean.

As a repines, you will have to follow this up with top quality information. **Every** conversation needs to center around females, concentrating on her lifestyle and personality without barraging her with questions.

Begin by planning your responses to the most common questions that women ask. Leave certain holes where women tend to ask these questions and do not end your stories right away. Instead, move to other conversational threads.

The secret would be **not** to care too much about the outcomes. Instead, you have to look like you are doing this for your personal entertainment.

### Switching Conversations

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Changing the subject every now and then really isn't that difficult. Find something in what she says to start off another question. This shows that you can lead your conversation overall.

Bring humor into statements and use those statements to keep the conversation going. Eventually, you will see that there are actually **a lot** of hidden conversations for you to talk about. Then, you can either take those paths or reserve them for later, so you can concentrate on them again.

By doing this, you will have a lot of subjects to talk about.

The art of changing conversations lies is never putting transitions to use. Close people never transition from one subject to the next; they simply keep talking. So stop trying to look for connections between two things before saying them.

This is where the essence of leading lies when you take control of your conversations.

Keep in mind that when no one is in control of a conversation, there will be no zing! So keep those transitions as natural as possible.

If you end up getting stuck somewhere, just say "Anyway..." and start a whole new conversation

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line!

### Great Lines for Flirting

Here is my gold nugget in seeding my female conversations. I have no idea why this works, but it is both easy and effective.

You simply have to pick up on a physical trait or word of hers and ask "Do you know what people say about women that [insert her quality here, be it her job or height or whatever]?"

She will then ask you for elaboration, but you should **refuse** to say what it is. This would be another good push-pull tactic since she will kill to find out what's in your head!

### Push-Pull

Before talking about the push-pull tactic, I want to talk about how important sexual tension is once again.

Everybody knows that people want things they cannot have and this is no exception when it comes to women. Because of this, you need to build up sexual tension through flirting. Show that

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you are interested, but do not show her with your affection while you're at it.

Basically, it is like a give-and-take encounter.

The push-pull tactic is an important element that can lead to success while flirting. The truth is: it is, in itself, sexual tension. The thought behind this tactic is to get things done that can pull women into you and then push them away again.

It refers to an advanced kind of teasing, which can draw in any woman - if done the right way, that is.

It's like this: if you know somebody who hardly compliments others, you would feel good if he said something positive about you, right? His words will be valuable, simply because they are rare. As a matter of fact, you might even go to great lengths just to get compliments like that out of him.

Well, the **same** goes for flirting!

Take the nice guy, for example. He goes up to a woman he likes, compliments her, constantly agrees with her, etc. Since he is giving out unlimited affection, however, she hardly ever appreciates it.

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Conversely, with the push-pull tactic, you can send women mixed signals. Women will never know where they actually stand when it comes to you and you will therefore look like a challenge.

Because you are unpredictable and mysterious, women will want to try and solve you!

### **Pulling**

Pulling in this tactic means drawing a woman in towards you by flirting with her.

Every rule that we talked about earlier still applies here.

For example, do not talk about female physical attributes at your first meeting. Keep in mind that other guys do this and you have to be unique. So, concentrate on her intellect and personality instead.

Another thing to keep in mind would be not to flatter her too much. When attracting a girl, only hint at that attraction subtly, if anything.

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Choose a personality trait of hers that you like and talk about it. You can even tease her or make little jokes while you're at it.

Regardless of what happens, though, remember that pulling does **not** refer to total acceptance. You simply have to give compliments that show a slight amount of interest.

### Pushing

First of all, let me stress on something: pushing **never** refers to insults or physical shoves to the ground, for that matter.

It merely refers to hinting that you may not like her after all. If done the right way, you will catch her attention. If done the wrong way, however, you will be disqualified from her to-do list.

Plus, she will tell her friends to stay away from you.

For instance, if you are talking to a woman at a bar and you have pulled her in with your mild touches, enthusiastic body language and non-physical compliments, you should try to push her away next. This can be done by turning away from her after she says something or respectfully disagreeing with something she said.

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If you are naturally nice, do not worry since you won't hurt any feelings by using this tactic.

The idea is just to make her wonder whether you are disqualifying her for her actions or words.

### **Push-Pull Variations**

Four methods of push-pull exist in the world of flirting.

You need to know all of them as they are all vital to your success. Anyway, the better you are at using these tips, the more you will look attractive to women.

### **Method One - Personal Descriptions**

This is when you need to build rapport. With this step, your goal should be to show off a hidden personal quality that she might relate to. Use an opinion or a story so she can see that you have unique world views.

After starting up the conversation, push her away with a subject change. In generally, this will frustrate her because she will see an interesting part of you and will want to find out more.

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Even if she keeps pressing with the subject, do not overdo things by showing too much of yourself right from the beginning.

It wouldn't surprise me that, if done the right way, she ends up running after you. Other guys that have succeed with this tip have told me that girls started talking about their own personal stories just to keep their conversations going.

For example, a friend of mine met a girl at a party several months ago. She began talking about her job in social services and he ended up talking about his volunteer work at a soup kitchen.

Naturally, she instantly got sucked in by his generosity and once he started talking about another subject, she tried to go back to the same one to get to know him more.

By using this method, you can show a girl you are interested (pull) and get her to seek rapport with you by dismissing her attempts (push).

It is powerful since you are showing positive qualities yet moving **away** from them in an active manner.

### **Method Two - Building Sexual Tension**

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Girls always do this, but guys can succeed at it, too.

All the guys that I know have experienced female sexual tension because women also flirt with the guys they have no interest in. They date them, accept their gifts and seem to show genuine interest where there is none. Then, after the guys expects something from them, they push him far away.

Because of this, many guys become pursuers and run after girls that never really wanted them to begin with.

Sometimes, these guys even feel guilty for wanting those women. Can they be blamed, though? These women were great actors in the beginning, after all.

Fortunately, this tactic works on them, too. You can make this tactic work.

Building sexual tension refers to making women feel something, just to show her she's wrong about those feelings in the end. This might sound bad, but it really works - trust me.

Try this method: set a date up but only imply to it being a date. Once you are out, talk about your great friendship to create dissonant feelings.

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Or try this one: find moments of **very** high sexual tension. Pull her to you as if you are about to kiss and then accuse her of wanting to. Say you see her like your little sister and that it would be weird. This will keep the suspense going.

For example, I knew this girl who was infamous for crushing the spirits of men. Well, she was really hot, and like a lot of other guys, I found her attractive. However, after hearing those stories about her, I knew I needed a different technique.

So, instead of flattering her like the other guys did, I casually asked if she wanted to go out for lunch.

As we ate, I used my body to show her I was attracted and soon after that, she began to flirt with me. After she asked whether I had a girlfriend, however, I told her I only wanted to be friends.

This only made her more interested in me and we dated for five months after that!

### **Method Three - Creating Different Emotions**

You probably know that this involves female feelings. Your goal, however, would not be to abuse her verbally but to push-pull with her emotions.

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For example, you can flirt with her heavily until she flirts back and then get rid of that affection altogether. After she works hard to get it back, flirt with her a bit more once again.

This might seem mean, but the truth is: it will feed the female need for suspense and drama. You can also use this with story-telling. Just concentrate on a certain emotion like sadness and suddenly switch to humor.

This will keep women interested since they will never know where your stories will go.

### **Method Four - Reverse Roles**

If you didn't know yet, women love testing men.

Quite often, guys don't realize there are tests until they are told about it - epic fail.

So, if I tell you that these roles can be reversed, would you use it to benefit yourself? Reversing rules really is just like push-pull anyway. This might work for you:

Instead of answering questions, try some social jujitsu.

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This means taking her questions, ignoring them, and countering them with personal tests. It really isn't about your words, but more about saying that you don't care about her thoughts.

For instance, instead of answering her test questions directly, reply by asking why she cares. No matter what she says to that, emphasize on her emotional hang-ups with her questions.

For this to work, you have to disengage all of your feelings. Do not worry too much about your conversation's outcome.

Keep in mind that all humans work hard for things that are worth it and the same goes for sexual innuendos.

The majority of guys out there go for the kill far too soon. Keep in mind that women know how men's sex drives work and so they know that men are only interested in sex. Having said that, getting her to have sex too soon will usually just backfire.

To elaborate, when women start talking to men in a sexual manner, men tend to try and get laid right away. However, just because girls get kinky during conversation doesn't mean they want to sleep with you.

Get an advantage out of this through role reversal. Soon, she will start to get attracted to you and

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slip out with something sexual. So, how should you handle her suggestive comments and appear to be a secure and confident man at the same time?

In a nutshell, ignore your instincts and do not reply with enthusiasm. Let her see how different you are from the pack and avoid the kill. As a matter of fact, you can use your body language to hint that you don't approve of that type of talk.

She will then start wondering about her personal attractiveness and start working harder to impress you.

I had a reader who tried this technique once and it worked like a charm for him.

Apparently, there was a girl he was interested in for weeks and he got her alone once. During their conversation, she suggested something sexually and he hardly showed any enthusiasm. As a matter of fact, he just laughed and said "I'm not like that", and changed the topic right away.

She called him within 24 hours, asking to hang out.

### **Sending Mixed Signals – The Pro Seducer's Secret Weapon**

Again, sexual tension is important and a fast way to create it would be through mixed signals.

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The essence of push-pull is that you're sending off mixed signal purposefully. You feed her drama by avoiding the future. Besides, predictability and consistency is boring anyway.

Push-pull is ideal to create sexual tension with. It involves inconsistency at all the right times.

Great examples of when to send mixed signals are: showing up when you said you couldn't make it; hugging or kissing her, only to concentrate on something else afterwards; acting aloof during several date points; doing uncharacteristic things; and saying something but doing the complete opposite of that later.

Such personality traits will show how unpredictable you are, but try not to go overboard. She needs to think you are unpredictable after all, not crazy.

You must have noticed that push-pull is what women **already** do to guys. This happens to be vital because you want to turn the tables around on the next woman you approach.

Because of this, it would be important to understand the tactics that women use to attract guys first, as follows:

### Consistency and Commitment

Psychology has a common theory in it known as the Principle of Consistency and Commitment. Basically, your objective would be to make her prove herself through certain statements. From then on out, she will be forced to prove herself.

If people commit to goals or ideas, whether in writing or verbally, they will most likely follow

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through with them. This is the full essence of this principle.

Human being will often agree to things after they show evidence that they believe in those things. Even if the motivation or original incentive is no longer represent after the agreement, they will still follow through with them.

Within social environments, everybody wants other people to think that we have certain positive qualities. And when another person makes us agree in a certain manner, we will usually take those steps to prove how committed we are to that ideal.

Take this example: if you open a door and see a guy soliciting for a certain local politician, he will usually give a question that anybody would agree with.

For example, he might ask something simple like "Do you care about children's safety?" Most people would agree because if they didn't, they would like cold-hearted bastards.

By affirming this desire to keep children safe, you will then be caught inside the snare of the solicitor. Since you made a commitment to his statement, you will have to act according to that ideal.

After you have agreed to that statement, the solicitor will take you through various statements, all of which are consistent to your desire of protecting children's safety. Eventually, the solicitor will try to get you to vote for his politician because that politician truly cares about children's safety.

This example of commitment and consistency is quite extreme. What you need to realize is that this technique is usually used to manipulate people's opinions, so you can put this tactic to use in

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order to subtly control female behavior.

For example, you could try making a declarative statement regarding her life, like that she's predictable or boring. The majority of women will bristle at this and accept your challenge.

If you do this in a teasing or playful way, you will be able to get women to prove their adventurous sides.

In the beginning, she may not find you attractive. But if you get her committed to being fun, she will begin to act more excited and transfer those fun feelings to **you**!

### **How to Know When She's Interested**

The truth is: several signs exist, with which a woman can show her interest in you. The most obvious one, however, would be her level of friendliness towards you.

Gorgeous girls can get all the attention that they want from someone, whether in a romantic or platonic way. Having said that, if she showers you with her attention by teasing you and asking you questions, for example, she clearly has you in her head!

A lot of guys fail to notice this and become totally oblivious to any attempts she has at keeping the conversation hot.

Do not commit this mistake. If a woman you are interested in is trying hard to progress, help her out instead. Without progression, you will regress. Anyway, if they aren't comfortable, they will let you know right away.

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There is no need to ask women whether they like you. You simply have to pay close attention to their body language signs and you will find out everything you need to know.

The thing is: women send out flirting signals to guys that they are attracted to. Also called flirt signals, these signs show guys when women are actively interested in them.

Conventional rules say, however, that you should wait around for several flirt signs in order to increase the interaction. This would depend on the context, though.

For example, if there are three weaker responses that might be flirt signs, this doesn't really mean a lot.

Conversely, if a girl hovers onto you, then you can get a strong indication of how much she really wants you.

Flirt signs come in two major categories:

Attraction signs are when women like you as you talk and send you signs to initiate stronger bonds.

Sexual signs are easy. Whenever you talk, women send you obvious indicators of how much they want to escalate things with you in a physical manner.

Now, I haven't talked about women flirting until now for a good reason. I believe that guys spend far too much time thinking of certain signs that women that they like might like them back. The problem with this is that women don't really show signs a lot of the time.

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So, to really improve your female success, you need to turn into a guy who can bring about attraction in an instant without having to wait for signs from girls. This is why I haven't talked about approach signals until now.

Another thing I need to say about attraction is that when you get sexual and attraction signals at the same time, you should be at a decision-making point. You can either go straight into seduction **or** boost the attraction first.

I personally like using some qualification in every interaction because with more qualification and more attention that the woman earns, the interaction with her will have more value. This will help ease the whole process after you get into seduction.

Trust me - you will like taking some time with qualification a bit later when she stops resisting your sexual advances.

As for now, let us talk about those two flirting signs more.

### **Surefire Attraction Signs You Must Know**

The flirt sign workhouse can be located during conversations.

The secret to every successful interaction would be the ability to spot the exact moment when it is there!

This refers to you realizing that the gimmicks, stories, and routines that you used have brought about attraction.

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It is vital to spot attraction signs because they offer up visual examples of a woman's general interest in finding out more about you.

Do you know about the Bitch Shield?

Well, this refers to the unpleasant vibe, which women generally send to guys who approach them. So, when you get attraction signs, you will know that you are past the Bitch Shield and that she is actually interested in you.

I find attraction signs vital because they give you great feedback on when to escalate each interaction.

To be honest, I like looking for several attraction signs because that is the point I know that things are on and I simply have to boost the interaction to get the physical things going.

So, in a nutshell, attraction signs exist to tell you that you can move forward from the introduction phase and concentrate on qualifying, isolating, and escalating things physically.

Here are several common signs:

### **Signal One: Asking about You**

Whenever you approach women, you will be the random stranger who wants something from them. However, by now, you should have reached a valuable point where she wants to find out more about you.

Usually, women will use comfort-building tactics just like guys, which means that they will ask

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about your hobbies, age, name, background and job - in no particular order.

### **Signal Two: Asking about Your Girlfriend**

This is seriously a huge sign that says "I want you." See, whenever a girl asks about a girlfriend, she is secretly hoping that you are available and single.

In fact, this is a signal that instantly tells you you're in and it is the only kind of feedback that I need to confirm if a woman likes me.

### **Signal Three: Teasing or Challenging You**

Guys usually get nervous whenever women tease or challenge them, but I find it to be a great thing!

Whenever a girl is bantering with me in a playful way, I know she is attracted to me.

What I usually do is come up with a nickname for a girl to see her response to it. If she gives me a nickname, too, I'll know she likes me.

### **Signal Four - Laughing at Your Jokes or Stories**

I'm quite funny, but when women laugh at **every** stupid line I say, I will know they are desperate to make a personal connection with me.

### **Signal Five - Initiating or Keeping Physical Contact**

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Physical contact is one sign that shows you a woman is physically attracted to you. One easy way to check this would be to lead her through a crowd while holding her hand.

If she squeezes your hand when you squeeze hers, you are in.

While looking for flirting signs, you may come to find that she will send signs to show her that she wants to find out more about you and get more intimate with you!

Take heed, though. Women will sometimes show you signs even if they don't have any interest in you. Because of this, you need to learn how to find out whether a woman is genuinely interested or not.

### **Signal Six - Complimenting You**

This would be another try-hard sign. When you tell stories and show high status, check her reaction.

Usually, you will get complimented for your accomplishment - another way to bring about a deep level of rapport.

### **Signal Seven - Acting Mad or Hitting You**

Attraction and emotions go hand-in-hand and that goes for both bad **and** good ones. So, even if women seem annoyed and playfully hit you after you say something, you have connected to an emotion of theirs.

I particularly like this because you can create banter, which will help you escalate things sexually

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or physically.

### **Signal Eight - Calling You a Playboy**

When you become great with women and can build up attraction within seconds, you will begin to hear the question "Why are you so good at this?" Usually, women will also assume that you are a pickup artist or a playboy while they're at it.

Although this may look like a test on the surface, it is actually a hidden sign that she is slightly interested in you.

### **Signal Nine - Asking You to Show or Teach Her Something**

During attraction, you have to show women how interesting and cool you are by showcasing your various fun interests. As you do this, women will then ask you to show them or teach them everything you know.

In general, this means that she is interested in you and wants to learn more about you.

### **Signal Ten - Trying to Get Reactions Out of You**

This sign comes about quite often, but is difficult to find. As with men, women usually say or do things in order to get guys to react.

Usually, they will attempt to get responses out of guys, such as attraction or jealousy. When women mention personal stories that usually get guys to feel things, this means that they want your attention.

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**Signal Eleven - Drawing Closer to You**

A girl will do this to let you know that she wants to get more intimate during conversations. She might even put on a lower voice so you lean in. When this happens, you will know that she is incredibly attracted to you!

**Signal Twelve - Agreeing with Everything**

Disagree with her purposefully. If you see her suddenly changing her opinions and agreeing with yours, you will know that she wants you to notice her. This happens to be a very classic attraction indicator!

**Signal Thirteen - Maintaining Eye Contact**

It is easy to tell if women are no longer interested when they look around and hardly listen to what you say. However, the opposite holds true if a woman maintains lengthy eye contact.

If she doesn't break your gaze and appears to hang onto each word that you say, you will know that you have captivated her with your words.

**Signal Fourteen - Filling in Pauses**

Conversations usually come with lulls and breaks. When this happens, a disinterested person will try to move away.

However, if she says things like "Anyway", "So" or "Well", she wants you to know that she

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wants to keep talking because she is enjoying herself.

### **Signal Fifteen - Building Rapport**

Whenever a woman actively tries to get a deeper connection by filling in the blanks about you, she will subconsciously wonder whether she can become a part of it.

### **Signal Sixteen - Staying with You**

In a club or a bar, groups are fluid. The majority of the time, her group will move around to another part of the place.

In these cases, search for her reaction. If she tries to stay close to you, you should know that she likes your presence.

### **Signal Seventeen - Waiting for You**

People make up excuses, like going to meet friends, going to the bar, or going to the bathroom to get away from boring people. If you choose to leave and she stays, it is a strong sign that she wants to keep going where you left things off.

### **Signal Eighteen - Approaching You Again**

In a club or bar, conversations are fluid. You might be talking to someone one minute, only to be conversing with someone else a few seconds later.

This usually means that you can build up an attraction with a girl, but she might need to move

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away because of something or other.

If a girl that you met earlier tries to converse with you again, that means that she is trying to reconnect with you.

Let's say you meet a girl who comes back to say she has to go. You should ask for her phone number right away.

### **Sexual Signs**

Flirt signs do exist that say a girl wants to increase your attraction, while others show that she wants to escalate things physically.

Sexual signs refer to the kind of body language signs that indicate high levels of arousal.

Whenever you get a flirting sign like this, you will get signs of her wanting to progress things to kisses or physical contact.

Many sexual signs are intuitive. A lot of the time, you won't even get a sign that she wishes to escalate things physically, but will just "feel" that she wants you to act.

Here, we will cover the predominant kind of signs that women might give you.

A simple bit of advice: make your move if you see these signs at any point!

### **Signal One: Appearing to be Jealous**

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Jealousy happens to be very powerful. When you start talking to a woman, she may not know that she finds you attractive.

However, if you start talking to someone else and jealousy rears up, you should make your move, take her hand and kiss her.

### **Signal Two - Moving Closer**

As mentioned earlier, people tend to gravitate to things that they like. So, whenever a woman feels a connection of emotions with you, she will move closer.

Spatial differences happen to be directly connected between acquaintances and strangers. Although this is based largely on our culture, people get much closer to people that they trust and like.

So, if a girl moves closer to you as you talk, you will know that you have her under your spell.

### **Signal Three - Touching Herself**

As you talk to a woman, she will show her interest by touching her hair or neck. She may even fondle her thighs!

I happen to **love** these flirting signals! This is because women end up touching their sensitive spots, which means that they are dreaming about **you** touching them there.

### **Signal Four - Legs Touching Yours**

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If you are sitting, you will have great chances to watch her body language and get the best chance to see your proximity between one another.

As you sit, check if your legs are touching. If she makes contact quite frequently and is in your own personal space most of the time, you should know that she won't mind if the intimacy is high.

### **Signal Five - Showing Open Body Language**

Women are going to show their open body language only if they are close to guys that they find sexually attractive. Again, this refers to actions such as playing with hair, exposing her inner thigh/neck/wrists, or just facing you.

If she seems to want to be close to you more and more, that means she is more willing to be kissed and to get physically close, as well.

### **Signal Six - Lingerinɡ Pause**

This refers to women stopping the conversation in order to just look at you.

This happens to be one of the "kiss me now" signals.

### **Signal Seven - Dilating Pupils**

When talking to women, you will go through several moments when their eyes show high attraction levels. The first sign here would be pupil dilation.

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People dilate their pupils by reflex whenever they talk to people that they find attractive.

This would be "kiss me now" signal number two.

### **Signal Eight - Scanning Your Entire Face**

This flirting sign shows a desire to be kissed! Whenever a woman looks at your mouth and eyes, she wants you to kiss her.

Act right away whenever you see this sign and start kissing her!

These aren't the only signs you might get. As a matter of fact, there are various other signs out there that can show whether women are attracted to you or not.

Here are several of those signs:

Softening eyes are subconscious female moves. In other words, these would refer to her sexual eyes.

If a woman is always staring at you and seems to be checking you out, she probably is!

Although crossed arms show off a closed-off personality, keeping the arms uncrossed and the entire upper body open, a woman shows that she is open to your words.

Moistening the lips is an obvious sexual sign that she wants to kiss you desperately!

Stroking her body means that her subconscious is saying she wants you to touch her.

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If she positions herself towards you, that means she likes you and wants to give you her full attention. Because of this, her facing you is always a great sign.

Facing you is different from copying your posture, though. If you lean forward and she leans forward, that means she wants to be more in sync with you.

If she isn't showing off her sexual eyes and is opening them up instead, she wants to show you how enthusiastic she is about you through her wide glance.

Touching you loads, however, **isn't** a subconscious sign of flirting! Believe me - a woman knows why she's touching you whenever she does, so she is really letting you know that she likes you.

Sometimes girls fiddle with things a lot. So, if you think she's simply obsessed with salt and pepper shakers, you're wrong. The truth is: she is very nervous in your presence and has no idea how to act because of it.

If women sit with their legs a bit open, she is showing you that she is sexually unsatisfied. Both uncrossing and crossing of the legs are signs of this.

As with the occasional glances, a girl who keeps glancing at you and keeps eye contact sees something that she likes. Conversely, if she stares, she may be a bit crazy, so be careful.

If a girl opens up her hands, she is trying to show the same things as standing with open arms - she wants you to make the first move.

If you want to drink, drink! But if she does nothing but hold her glass and ignore the drink itself,

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she's simply too busy with you!

If a girl leans towards you as you talk, she wants to show you that all her attention is yours and that she wants to get to know you better.

If she fiddles with her clothes or hair, she is subconsciously showing you that she wants to look attractive in your eyes.

### Last Thoughts on Signs

There is no such thing as a perfect sign, so you shouldn't wait around for the right invitation before taking action.

You need to lead each and every interaction and be in control.

So, never feel like you need to wait for perfect moments before doing anything.

Simply use these signs as mere guidelines as opposed to universal truths.

### Learn from Experience

"Mistakes" isn't a word I like, so I use the words "learning experiences" in its place. To get better in life, evaluate your experiences from the past and find out what **actually** worked and what **didn't**.

Never feel inadequate when it comes to your life's problem areas because no one is perfect. Even great men fail. However, what makes successful people different from other people is that they

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do not stop trying.

Successful people learn from mistakes and learn how to fix them while they're at it.

The same advice goes for flirting. If you have failed in a female encounter, do not get backtracked. Instead, relive what happened inside your head and see what you could've changed. Then think about what you can do next time to get a different result.

Ask yourself whether you qualified her, whether you were confident, what she was different from your successes, whether you missed any possible roadblocks, whether you came on too weak or too strong, whether you used touch effectively, whether you showcased traits of beta males, whether you picked up on her signs, whether she felt special or unique, how much you focused on her, whether the conversation built up any sexual tension, whether you pushed too hard for something unattainable, how you handled your mistakes and whether you missed any seduction steps.

Then, re-read this book's chapter to review the tips, get back out there and try again.

### **Last Thoughts**

Both sexes find flirting enjoyable and fun, but if you follow this book's advice, you will even come to find that creating a flirting situation is actually easy and getting a girl to find you interesting is just as easy.

Anyway, it is easy to achieve success in flirting if you are truly having fun while you're at it.

Keep in mind that you have to be the energetic, fun and entertaining guy who can pass positive

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emotions onto women. After all, if a woman laughs in your presence and enjoys herself, she won't worry about you messing up in other areas of life.

People flirt because we can't just go out there and tell women we want to have sex with them. Instead, the greatest thing to do would be to put humor or innuendos to use in order to talk about sex in a way that won't weird women out. Because of this, introducing the subject is made easy without you seeming weird or perverted in any way.

Plus, you will implant the relationship of **sex** to talking to you, making it easier for you to progress to sex later.

Before I end this, let me give you some final thoughts on flirting.

Always flirt. Even talk to old ladies in a flirtatious way as this will help you improve your tactics and become comfortable around women.

Do not isolate flirting from your daily personality. To really succeed, both of these things need to be joined in order to significantly boost your success.

Do not just approach women to try and pick them up.

**Constant** flirting will help you approach women more. Naturally, you will find that women who **aren't** interested in you are easier to speak to compared to the hotter ones, but the truth is: every woman is equal to the other.

Last but not least, you have to learn about self-respect. As mentioned earlier, hitting on women isn't as important as taking good care of yourself.

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Be challenging by having other passions aside from women, and never settle for women who don't actually meet your personal qualifications.

Follow this book's advice and you will soon find women running after you - believe it.

### One final thing...

The techniques laid out in this book are **not** just theory - it has been field-tested many, many times and has **NEVER** failed to get my students laid - go on and try it out.

OK, you may feel a little overwhelmed with the amount of knowledge that you have just acquired from reading this guide.

But don't worry – to help solve this problem, I have written a **step-by-step blueprint** that I designed to help anyone from the budding seducer to the expert to take their Game to the next level.

This guide, dubbed as **The Seducer's Blueprint**, is available free for purchasers of the [How To Seduce Out Of Your League](#) system. If you have already purchased, a digital copy of latest edition of The Seducer's Blueprint should have been emailed to you.

But if you have not invested in a copy of [How To Seduce Out Of Your League](#) yet, you should. In the program, I give you everything you need to kick-start your journey to achieve super success with women.

The latest edition of the program is a meaty home study course (in audio mp3 format as well as a

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- **How to create instant attraction - develop lightning-fast bond and rapport by using these specific techniques I am going to give you. (Page 35)**
- Blow-by-blow analysis of successful pickup conversations. Model after these and you will be virtually unstoppable. (Pages 10, 23, 28, 33)
- **A covert neuro-linguistic programming (NLP) trick that you can use to evoke emotions in the woman and get her attached to you. Includes the specific words and phrases to say that you can use right away out of the box. WARNING - NOT FOR THE FAINT HEARTED. (Page 37)**
- The absolute #1 reason why men fail with women - and how men unknowingly make this mistake which sabotages the chances they have with women. (Page 19)
- **How an age-old persuasion and marketing technique can be used to generate massive attraction to you within three minutes flat. Now you don't have to wait days, weeks or months to get anywhere with any woman. (Page 25)**
- The two power strategies that will make you stand out of the pack and make women see

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- **The 'Seducer's Mindset' that will get you laid like a rockstar. (Page 4)**
- How to apply The Reversal Principle - the secret on how to 'reverse' the game to make her chase YOU instead. (Page 29)
- **How you can use a simple but often misunderstood (and misused) hypnosis trick to build your confidence and amplify your irresistibility to women. (Page 14)**
- The best-kept secret on how to make a woman go crazy over you by using the S\_\_\_\_\_ Principle. (Page 5)
- **How to build your inner game and develop massive self confidence so that you can approach women anytime, anywhere you want with ZERO fear. (Page 7)**
- Going for the kiss - the essentials you will need to know. (Page 46)
- **Why 'bad boys' get all the women they want, and leave the nice guys behind. Find out how you can use what bad boys know to seduce women out of your league. (Page**

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- **How to create interest and intrigue in your target, and make her fixated to you and hang on to every word you say. (Page 26)**
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I wish you the success you deserve!

A handwritten signature in black ink that reads "Derek Rake". The "D" is large and stylized, with a long horizontal stroke extending to the left. The "Rake" is written in a cursive, slightly slanted style.

**Email:** [askderek@deadlyseduction.net](mailto:askderek@deadlyseduction.net)

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