



FOR PLAYERS

1. Registration

- a) Registration is free and will be done through only website.
- b) Submit/fill your correct details while registering.
- c) The ID and password will be issued to the player by email and text message after registration.
- d) After the registration is done successfully, you will have to join the league.
- e) You have to choose which activities you want to participate in, Yogasana and Artistic Yogasana single.
- f) You can choose your sports activities Yogasana and Artistic Yogasana single anytime within the registration time limit.
- g) You cannot change your sports activities after selection.
- h) Each player must pay the yogasana and artistic yogasana single fees separately.
- i) Every player will receive an e-identity card from yogasana premier league.
- j) Your entry fee will be valid through online mode only.
- k) After registration, player will have to upload videos of yogasana and artistic yogasana single in their profile.
- l) Players can view their judgement in their profile.
- m) The player will be automatically disqualified from the yogasana premier league if they upload a non-yoga video.
- n) The fourth, fifth and sixth rounds of the yogasana premier league will be offline. Participants have to arrive for the performance at the majority of the sites that will be available in major cities.

2. Age

Age will be calculated as on 31st December of the current year.

3. Player's Age

Minimum age for participating in YPL is 8 Year.





4. Activities

- 1- Yogasana
- 2- Artistic Yogasana single

Age Groups - YOGASANA

- 1- SUB JUNIOR GROUP-A (08-11) YEARS, BOYS AND GIRLS
- 2- SUB JUNIOR GROUP-B (11-14) YEARS, BOYS AND GIRLS
- 3- JUNIOR GROUP-A (14-18) YEARS, BOYS AND GIRLS
- 4- SENIOR GROUP-A (18-25) YEARS, BOYS AND GIRLS
- 5- SENIOR GROUP-B (25-35) YEARS, MEN AND WOMEN
- 6-SUPER SENIOR GROUP-A (35-60) YEARS, MEN AND WOMEN

Age Groups- ARTISTIC YOGASANA SINGLE

- 1- JUNIOR GROUP- A (08-18) YEARS BOYS AND GIRLS
- 2- SENIOR GROUP-A (18-35) YEARS MEN AND WOMEN

5. Fee Structure

Table 1:-

	FOR INDIAN PARTICIPANTS		FOR NON-INDIAN PARTICIPANTS	
Entry Stage	Yogasana entry fee	Artistic yogasana entry fee	Yogasana entry fee	Artistic yogasana entry fee
Registration Fee	Free	Free	Free	Free
Round 1	INR 500	INR 500	INR 1500	INR 1500
Round 2	INR 750	INR 750	INR 2500	INR 2500
Round 3	INR 1100	INR 1100	INR 5000	INR 5000



**Table 2:-**

	FOR INDIAN PARTICIPANTS	FOR NON-INDIAN PARTICIPANTS		
Entry Stage	Yogasana entry fee	Artistic yogasana entry fee	Yogasana entry fee	Artistic yogasana entry fee
Round 4	INR 4000	INR 4000	INR 10,000	INR 10,000
Round 5	INR 8000	INR 8000	INR 15,000	INR 15,000
Round 6	INR 12000	INR 12000	INR 20,000	INR 20,000

Note: -

- a) Each player will be able to register for free.
- b) Each player must pay the Yogasana and Artistic Yogasana Single entry fees separately, as shown in the Table.
- c) For Rounds I, II, and III, each player has to pay their admission price.
- d) The team will pay each player's registration fee for the fourth, fifth, and sixth rounds.
- e) The player's admission cost will be valid from the first to the last stage only if they visit the company's website, and paid the fee through online mode (payment through offline mode is invalid).

6. Syllabus

- a) The age-group-wise syllabus of the players of 1-Yogasan and Artistic Yogasana Singles is available on the website.
- b) It is mandatory to follow the syllabus to participate in the league.

7. Upload the Video Carefully

Upload the video of the correct posture/asana as the posture/asana you have selected
Otherwise, the video will be rejected & its full responsibility will be yours.





8. Holding time

For Yogasana Players:

First Round-	15 sec
Second Round -	20 sec
Third Round-	25 sec
Fourth Round-	30 sec
Fifth Round-	30sec
Sixth Round-	30 sec

For Artistic Yogasana single Players:

Holding of each asana is 3 seconds while participating.

9. Selection Round

First to third Round- Yogasana players:

- a) The first to third rounds will be done through online mode.
- b) It is mandatory for the yoga player to send five yogasana videos in the first round and seven yogasana videos in the second round and ten yogasana videos in the third round.
- c) After getting selected in the third round, it is mandatory for you to bring the original and photocopy of your certificates.
- d) Female and male (20-20) players from each age group will be selected on the basis of merit.
- e) The selected top (20-20) female and male players will be again selected for the auction of team and players through offline competition before becoming a team.
- f) Your certificates will also be verified after participating in the third round.
- g) Be sure to follow the Rules & Regulation and Judgment Criteria.





First to third Round- Artistic yogasana single players:

- a) The first to third rounds will be done through online mode.
- b) It is mandatory for the player to send a video as per his syllabus from 1st to 3rd round.
- c) After getting selected in the third round, it is mandatory for you to bring the original and photocopy of your certificates.
- d) Female and male (20-20) players from each age group will be selected on the basis of merit.
- e) The selected top (20-20) female and male players will be again selected for the auction of team and players through offline competition before becoming a team.
- f) Your certificates will also be verified after participating in the third round.
- g) Be sure to follow the Rules & Regulation and Judgment Criteria.

10. Auction bidding Players

- a) After the selection process is completed, there will be auction bidding on the player.
- b) The player's base prize will be fixed.

11. Teams

- a) A team will be of 16 members, men and women.
- b) A total of 8 teams will participate in the league.

12. Fourth Round

League matches

- a) A team will play three matches.
- b) The winning team will play the next match by getting 2 points.

13. Fifth Round

Semi-final

In the semi-finals, there will be participation of 4 teams.

14. Six Round

Final

2 teams will participate in the final match.

15. Certificate / Medal / Award

Certificate will be given to each player.





16. Selected player in team

- a) The base prize of the selected players in the team will be fixed.
- b) Best of player award will be given in each match.
- c) The Best Player of the Series award will be given in the final match.
- d) The player will be given a blazer, track suit, T-shirt, costume, yoga kit, etc.
- e) Players will be given special prizes on time.
- f) The winning team will be given a prize money.
- g) The runner-up team will be given prize money.
- h) Trophies will be given to both the winner & runner-up teams and other prizes will be distributed.

Note-

This award/prize can be change at any time and will be notified in due time on our website.

17. Selected of player payment mode

- a) The player will have to give his bank details & it will be kept confidential.
- b) After the end of each round the payment will be sent to the player's account.
- c) You will be updated by mail from time to time.
- d) You have to respond to 6-mails in a timely manner.

18. Privacy

Do not share your Id & Password to anyone else. It will be your responsibility.

19. Training

- a. The selected player will be given training, it is mandatory to attend the training.
- b. Any player can take training from our referee, coach, yoga instructor but you have to pay their extra charges separately, it is available on website.

20. Dress code

Player should have in proper Costume, while performing.





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YOGASANA PREMIER LEAGUE PRIVATE LIMITED

CIN No.: U92419UP2021PTC144876

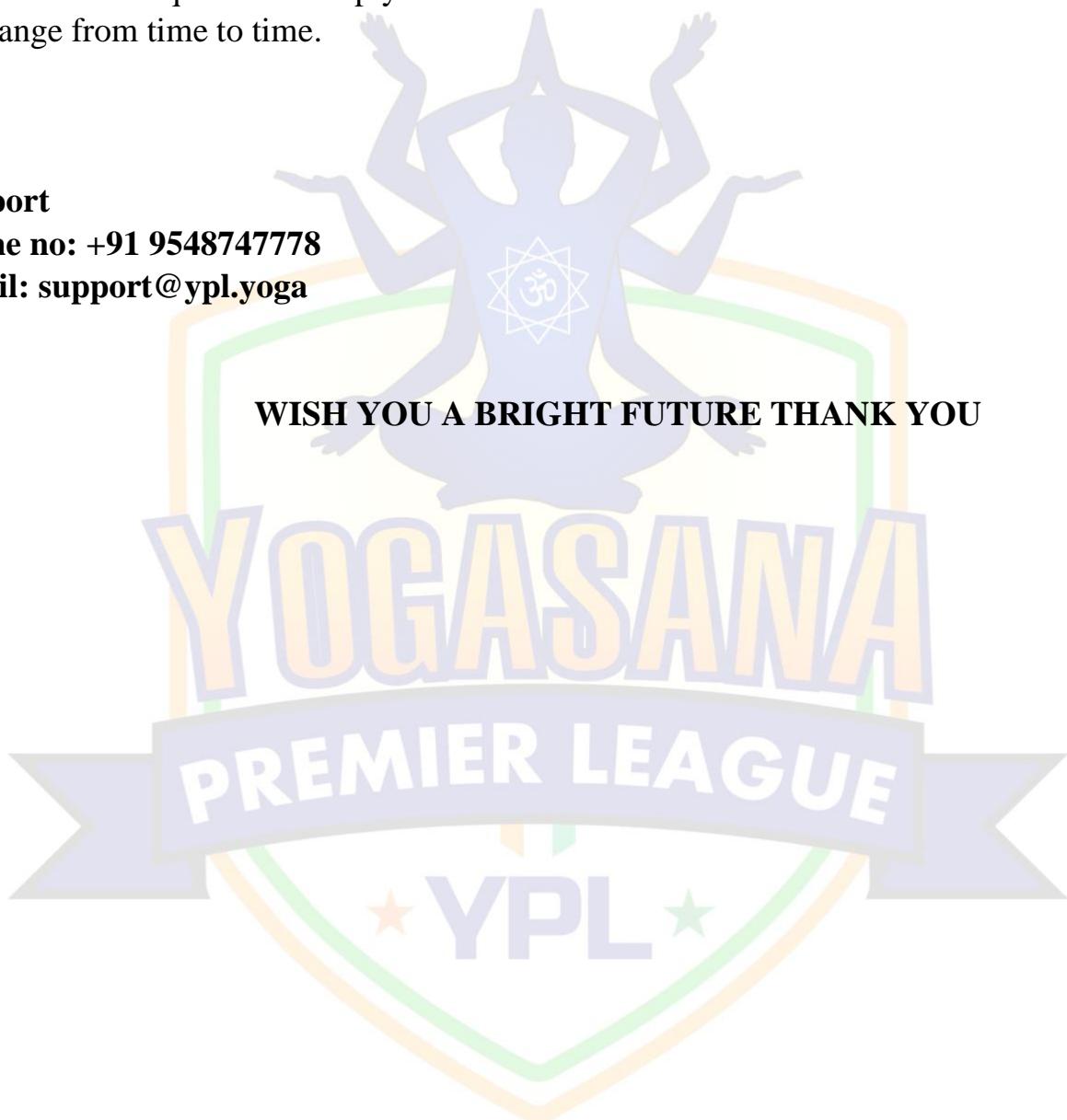
Note-

You are required to comply with the terms and conditions. Your facilities are subject to change from time to time.

Support

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