

**After Selection Round****Teams, Matches and Players Format**

Round	Name	No. of Yogasana	No. of Artistic Yogasana	Online	Offline	Team	Match	Players Per/Team
4	league match	10	1	No	Yes	8	12	16
5	Semi-final	10	1	No	Yes	4	2	16
6	Final	10	1	No	Yes	2	1	16

**Note:**

- 1- The Yogasana Premier League will have eight teams, each with 16 players (including 8 men and 8 women).
- 2- The Yogasana Premier League's fourth round will feature a league match with eight teams and twelve league matches.
- 3- The fifth round will consist of a semi-final round with four teams competing.
- 4- The last round, in which two teams compete, will be the sixth round.
- 5- The fourth, fifth, and sixth rounds of the Yogasana Premier League will be offline. Participants have to arrive for the performance at the venue on time. The majority of the sites will be in metro cities.
- 6- It is mandatory for you to follow terms and condition, it can be changed for some reason.

**Support****Phone no. +91 9548747778****Email: [support@ypl.yoga](mailto:support@ypl.yoga)****WISH YOU A BRIGHT FUTURE THANK YOU**