

3939 HWY 80 SUITE 375 MESQUITE, TX 75150 PH: 214-388-2300 F: 214-275-6499

FΔX

FAX: PHONE:

COMMENTS:

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04:54:26 p.m.

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morning Star Quality Home Health Inc.

3939 Highway 80

Mesquite, TX 751503354

Office:214-388-2300

Fax:214-275-6499

Attending Physician:

Dr. Sumana Ketha 2925 Skyway Cir

North Irving, TX 75038

Office: 972-675-7313

Fax: 972-675-7310 Name:

Patient Information:

Address:

Thelma King 535 Buckingham

Apt 8203 2 nd Floor Richardson, TX 75081

Phone: 214-664-5365

ID: HIC#: DOB:

Admit Date:

1-3033 467822719A 10/23/1948 09/16/2014

Primary Diagnosis:

(E11.21)TYPE 2 DM W/DIABETIC NEPHRO

Physician Order

Patient Name:

Thelma King

Order ID:

53384

Begin Date:

06/21/2016

Projected End

Date:

Discontinue Date

Disicipline/Med:

SN

Order:

LATE CLARIFICATION ORDER FOR CERTIFICATION PERIOD 3/9/16 THRU 5/7/16.

DUE TO IMPROVMENT OF WOUND, SN TO DECREASE SKILLED NURSE VISITS FROM DAILYT TO 3X'S WEEKLY. SKILLED NURSE

FREQUENCY SHOULD READ 1W1, 3W6, 4W1 BEGINNING 3/18/16.

V.O. SANDY BAKER LVN

Clinical Signature:

Dr. Sumana Ketha

Date Signed:

Physician Signature

Electronically signed by Ketha, Sumana M.D. on

Date Signed:

06/05/2016

04:54:39 p.m. 06-21-2016

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Department of Health and Human Services Centers for Medicare & Medicaid Services

Form Approved OMB No. 0938-0357

Home Health Certification and Plan of Care

1. Patlent's HI Claim N	o. 2. Start of Care Date	3. Certification	n Perlod	4. Medical Record No.	5. Provider No.		
467822719A	9/16/2014	3/9/2016 t	to 5/7/2016	1-3033	677804		
6. Patient's Name and	Address	0.200	7. Provider's N	lame, Address and Telephone	Number		
Thelma F King 535 Buckingham Apt 8203 2 nd Floor Richardson, Texas 75081 214-664-5365 (Home)			Morning Star Quality Home Health Inc. 3939 Highway 80 Ste. 375 Mesquite, Texas 751503354 214-388-2300 (Office) 214-275-6499 (Fax)				
8. Date of Birth	9. Sex		10 .Medication	s: Dose/Frequency/Route (N)e	w (C)hanged (cont. on 487		
10/23/1948	Female		(L) NovoLIN 70/30 Subcutaneous Suspension (70-30) 100 UNIT/ML 7				
11. ICD Code Prin	cipal Diagnosis Date	3	Unit(s) Every am Subcutaneous (L) NovoLIN 70/30 Subcutaneous Suspension (70-30) 100 UNIT/ML 55 Unit(s) Every pm Day(s) Subcutaneous (L) NexIUM Oral Packet 40 MG 1 cap Every Day Oral				
	E 2 DM W/DIABETIC 7/8/ PHROPATHY	2015 (E)					
12. ICD Code - Surgica	al Procedures - Date	,	(L) Renvela Or (L) AmLODIPir	al Tablet 800 MG 1 Tab(s) Three le Besylate Oral Tablet	Times a Day Oral		
]				
	Diagnoses - Date (cont. on 487)	•					
14. DME and Supplies	ENAL DISEASE 7/8/2015 (E)		45 C-4-4-81-				
GLOVES		*	_	sures (cont. on 487)	AA-		
16. Nutritional Req.			Infection Control Precautions , Fall Precautions				
RENAL DIET	:		17. Allergies (cont. on 487) Codeine Sulfate				
18.A. Functional Limit	ations		18.B. Activitie	s Permitted			
1 Amputation 2 Bowel/Bladder 3 Contracture 4 Hearing	7 🗹 Ambulation A 🔲	Speech Legally Blind Dyspnea Other (Specify)	2	BRP 7 Independent A plerated 8 Crutches Bed-Chair 9 Cane	Bearing A Wheelchair t Home B W Walker C No Restriction D Other (Specify		
19. Mental Status: 1	3	etful essed		Disoriented 7 Agit	tated er		
20. Prognosis: 1 [☐ Poor 2 ☐ Guar	ded	3 ☑ Fa	ir 4 🗌 Good	5 🔲 Excellent		
21. Orders for Discipli	ne and Treatments (Specify Ar	nount/Frequen	cy/Duration) (co	ont. on 487)	٠.		
SKILL NURSE 1DA10, 3	3 WEEK 7:						
22. Goals/Rehabilitatio	n Potential/Discharge Plans (ont, on 487)					
Goals - PATIENT WOU	NDS WILL HEAL BY END OF C	ERT PERIOD. F	PATIENT WILL B	E KNOWLEDGEABLE OF DISE	ASE PROCESS.		
23. Nurse's Signatufe a	and Date of Verbal SOC Where	Applicable:	3/8/16	25. Date HHA-Receive	2016		
Dr. Sumana Ketha NPI: 1962447805 2925 Skyway Cir North Irving, Texas 75038			26. I Recertify that this patient is confined to his/her home and needs intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. I estimate continued services will be required for				
27. Attending Physicia	n 's Signature and Date Signed d by Ketha,Sumana M.D. on		information rec	o misrepresents, falsifies, or co juired for payment of Federal f nent, or civil penalty under app	unds may be subject to		

04:55:11 p.m. 06-21-2016

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Form CMS-485 (C-3)(02-94)(Formerly HCFA-485)

Department of Health and Human Services Centers for Medicare & Medicaid Services

Form Approved OMB No. 0938-0357

Addendum to Plan of Care

1. Patient's HI Clalm No.		2. Start of Care Date	of Care Date 3. Certification Period		4, Medical Record	5. Provider No.		
467822719A		9/16/2014	3/9/2016 to 5/7/2016		1-3033	677804		
6. Patient's Name and Address				7. Provider's Name, Address and Telephone Number				
Thelma F King 535 Buckingham Apt 8203 2 nd Floor Richardson, Texas 75081 214-664-5365 (Home)				Morning Star Quality Home Health Inc. 3939 Highway 80 Ste. 375 Mesquite, Texas 751503354 214-388-2300 (Office) 214-275-6499 (Fax)				
8. Date of Birth		10/23/1948						
Item No								
10.	10 MG 1 Tab(s) Every Day Oral (L) Carvedilol Oral Tablet 25 MG 1 Tab(s) Every Day Oral (L) Norco Oral Tablet 7.5-325 MG 1 Tab(s) Every 4-6 Hour(s) Oral prn pain (N) Valsartan Oral Tablet 160 MG 1 Tab(s) Every Day Oral (C) Levothyroxine Sodium Oral Tablet 75 MCG 1 Tab(s) Every Day Oral (N) Triamcinolone Acetonide (Top) External Ointment 0.1 % Topical Twice a Day External (N) Aquaphor External Ointment							
13.	I10 - ESSENTIAL PRIMARY HYPERTENSION 7/8/2015 (E) L40.9 - PSORIASIS UNSPECIFIED 7/8/2015 (E) M62.81 - MUSCLE WEAKNESS GENERALIZED 7/8/2015 (E) L02.419 - CUTANEOUS ABSCESS LIMB UNSPECIFIED							
15.	, Clear Pathways , Safety in ADL's , Standard Precautions							
17.	Codeine Sulfate Clindamycin HCI							
21.	SKILL NURSE FOR OBSERVATION, ASSESSMENT AND TEACHING REGARDING DISEASE PROCESS, MANAGEMENT & PREVENTIVE MEASURES & WHEN TO NOTIFY RN/MD. SKILL NURSE TO MONITOR VITAL SIGNS: BP > 175/90 OR , 90/50, TEMP . 100.8, PULSE > 120 OR , 60, RESP. > 24 OR < 12, FSBS > 350 OR < 60. SKILL NURSE TO ASSESS CARDIAC DISEASE PROCESS AND INSTRUCT CAREGIVER ON SIGNS AND SYMPTOMS OF COMPLICATION AND WHEN TO NOTIFY RN/MD. SKILL NURSE INSTRUCT PATIENT ON ALL ASPECTS OF MEDICATION REGIMEN IE; PURPOSE, SCHEDULE, ADVERSE REACTION NEW OR CHANGED MEDICATION. SKILL NURSE INSTRUCT PATIENT ON USE OF BLOOD SUGAR MONITOR. INSTRUCT ON ALL ASPECTS OF DISBETIC CARE, MANAGEMENT OF COMPLICATIONS, SKIN & FOOT CARE. ASSESS PATIENT ABILITY TO MANAGE DISEASE PROCESS & MEDICATION ADMINISTRATION. SKILL NURSE TO ASSESS HOME SAFETY AND INSTRUCT ON FALL AND INJURY PREVENTION. SKILL NURSE TO PREFORM WOUND CARE EACH VISIT. WOUND CARE ORDERS: CLEAN WOUND TO BILATERAL EXTREMITIES BELOW THE KNEE WITH NORMAL SALINE, PAT DRY, APPLY THIN LAYER OF SILVER SULFADIAZINE CREAM 1% TO BOTH LEGS, WRAP WITH KERLIX AND SECURE WITH TAPE. SKILL NURSE INSTRUCT PATIENT ON S/SX OF COMPLICATION TO REPORT IF TEMP IS >100.8, INCREASE DRAINAGE, REDNESS OR FOUL ODOR.							
22.	PATIENT WILL BE KNOWLEDGEABLE OF DIABETES AND HOW IT AFFECTS THE BODY, S/SX OF COMPLICATION AND HOW TO MANGE DURING EPISODES OF ILLNESS OR STRESS AND DECREASE ACTIVITY. PATIENT SAFETY WILL BE MAINTAINED AS EVIDENCE OF NO FALLS OR INJURIES. PATIENT POTENTIAL FAIR FOR RETURN TO INDEPENDENT LIVING. PATIENT, WILL BE DISCHARGE WHEN, SKILL SERVICES ARE NO LONGER NEEDED.							
9. Nurse's Signature AMMUN Stability De 10. Date Signed 3/8/16								
11. Attending P	hysician's Signature				12. Date Signed			
S-Ketha Electronically signed by Ketha, Sumana M.D. on								
Form: CMS-487 (U4) (4-87) 06/25/2016								

Home Health Certification and Plan of Care

1. Patient's HI Claim No.	2. Sta	art of Care Date	3. Certification Per	iod	4. Medical Record	l No.	5. Provider No.
467822719A	9/16/	2014	5/8/2016 to	7/6/2016	1-3033		677804
6. Patient's Name and Address				7. Provider's I	lame, Address and	d Telephone Numbe	ır
Thelma F King 535 Buckingham Apt 8203 2 nd Floor Richardson, Texas 75081 214-664-5365 (Home)				Morning Star C 3939 Highway Ste. 375 Mesquite, Texa 214-388-2300 214-275-6499	as 751503354 (Office)	Inc.	
8. Date of Birth		9. Sex			-	y/Route (N)ew (C)h	
10/23/1948 Female			(L) NovoLIN 70/30 Subcutaneous Suspension (70-30) 100 UNIT/ML 75 Unit (s) Every am Subcutaneous				
11. ICD Code	Princ	ipal Diagnosis	Date			Suspension (70-30)	100 UNIT/ML 55 Unit
E11.21		E 2 DM W/DIABETIC HROPATHY	7/8/2015(E)	(s) Every pm Day(s) Subcutaneous (L) NexIUM Oral Packet 40 MG 1 cap Every Day Oral			
12. ICD Code - Surgical Procedures - Date			(L) Renvela 800 MG Three Times a Day Oral (1 Tab(s) of 800 MG) (L) AmLODIPine Besylate Oral Tablet 10 MG 1 Tab(s) Every Day Oral (L) Carvedilol Oral Tablet 25 MG 1 Tab(s) Every Day Oral (L) Norco Oral Tablet 7.5-325 MG 1 Tab(s) Every 4-6 Hour(s) Oral pm pain (N) Valsartan Oral Tablet 160 MG 1 Tab(s) Every Day Oral (C) Levothyroxine Sodium Oral Tablet 75 MCG 1 Tab(s) Every Day Oral (N) Triamcinolone Acetonide (Top) External Ointment 0.1 % Topical Twice a Day External (N) Aquaphor External Ointment				
13. ICD Code - Other Diagnoses - Date N18.6 - END STAGE RENAL DISEASE 7/8/2015 (E) 110 - ESSENTIAL PRIMARY HYPERTENSION 7/8/2015 (E) L40.9 - PSORIASIS UNSPECIFIED 7/8/2015 (E) M62.81 - MUSCLE WEAKNESS GENERALIZED 7/8/2015 (E) L02.419 - CUTANEOUS ABSCESS LIMB UNSPECIFIED							
14. DME and Supplies				15. Safety Me	asures		· · · ·
ALCHOLD PADS, GLOVES, DRESSING SUPPLIES			Safety in ADL's, Assistive Devices, Standard Precautions				
16. Nutritional Req.			17. Allergies:				
NCS, RENAL DIET			Codeine Sulfate Clindamycin HCl				
18.A. Functional Limitatio	ns			18.B. Activitie	es Permitted	•	
1 Amputation	5	i 🗌 Paralysis B	Speech	1 Comple	te Bed Rest 6 🔲	Partial Weight Bearing	
2 Sowel/Bladder	6	Endurance 9	Legally Blind	2 Bedrest		Independent At Home	i=
(Incontinence) 3 Contracture	7	Ambulation A	Dyspnea	=	Tolerated 8	Crutches Cane	C No Restrictions D Other (Specify)
9 Contracting	,	[] Allowation 1.	w/minimal exertion		r Bed-Chair 9 🔲 es Prescribed	Cane	D Cities (apecity)
4 Hearing		В	Other (Specify)	a El Exercis	50 1 1535,IBS		1
19. Mental Status:							
1 🗹 Oriented		3 ☐ Fo	rgetful	5 🔲 🛭	Disoriented	7 Agitated	
2 Comatose		4 🗋 De	epressed	6 🔲 L	ethargic	8 Other	
20. Prognosis: 1	Poor	2 🔲 Gu	arded	3 🕢 Fair	4	Good 5	☐ Excellent

04:56:06 p.m.

Department of Health and Human Services Centers for Medicare & Medicald Services

Home Health Certification and Plan of Care

Patient Name: Thelma King

Cert Period: 5/8/2016 to 7/6/2016

21. Orders for Discipline and Treatments (Specify Amount/Frequency/Duration)

SN VISIT FREQUENCY: 3W8, 2W1

EMERGENCY CONTACTWILLIE BILLOPS 469-939-8304

MAY ACCEPT ORDERS FROM ON CALL PHYSICIANS

SN TO ASSESS VS AND ALL BODY SYSTEMS, KNOWLEDGE OF DISEASE PROCESS AND ITS ASSOCIATED CARE AND TREATMENT, MED REGIMEN KNOWLEDGE, AND S/S OF COMPLICATIONS NECESSITATING MEDICAL ATTENTION.

SN TO IMPLEMENT AND INSTRUCT STANDARD PRECAUTIONS/INFECTION CONTROL.

SN TO IMPLEMENT AND INSTRUCT MANAGEMENT OF DISEASE PROCESS TO INCLUDE: DM TYPE II W/ DIABETIC NEUROPATHY, ESRD, HTN. CUTANEOUS ABSCESS OF LOWER LIMB.

SN TO IMPLEMENT AND INSTRUCT MEDICATION REGIMEN, INCLUDING DOSAGE, SIDE EFFECTS, NAME, ROUTE, FREQUENCY, DESIRED ACTION AND ADVERSE REACTIONS.

SN TO ASSESS MEDICATION COMPLIANCE.

SKILLED NURSE TO NOTIFY PHYSICIAN OF TEMPERATURE >101 OR <95, PULSE RATE >100 OR <50, SYSTOLIC B/P>160 OR <90, DIASTOLIC B/P >95 OR <50, RESPIRATIONS >24 OR <12.

SN TO ASSESS CHANGES IN LOC/NEUROLOGICAL STATUS.

SN TO ASSESS MUSCULOSKELETAL STATUS.

SN TO ASSESS/INSTRUCT INTERVENTIONS TO MONITOR AND MITIGATE PAIN.

SN TO REPORT TO MD IF PAIN IS > OR = 6/10 ON WONG-BAKER SCALE.

SN TO ASSESS RESPIRATORY STATUS.

SN TO ASSESS/INSTRUCT METHODS TO RECOGNIZE PULMONARY DYSFUNCTION AND RELIEVE COMPLICATIONS.

SN MAY ASSESS/INSTRUCT PULSE OXIMETRY PRN PER SYMPTOMOLOGY AND REPORT @ SATS <90% TO MD.

SN TO ASSESS CARDIOVASCULAR STATUS.

SN TO ASSESS/INSTRUCT MEASURES TO RECOGNIZE CARDIAC DYSFUNCTION AND RELIEVE COMPLICATIONS.

USING STERILE SUPPLIES AND ASEPTIC TECHNIQUE, SN TO PERFORM WOUND CARE TO BILATERAL LOWER EXTERMITIES AS FOLLOWS:

TREATMENT:

- 1) SN TO CLEANSE WITH NORMAL SALINE
- 2) PAT DRY WITH GAUZE
- 3) APPLY THIN LAYER SILVER SULFADIAZINE 1% CREAME
- 4) WRAP WITH KERLIX
- 5) SECURE WITH TAPE AND TUBI GRIP
- 6) CHANGE DRESSING (FREQ) 3X/WEEK AND PRN FOR SOILING AND/OR DISLODGEMENT

SN TO TEACH PATIENT/CAREGIVER WOUND CARE PROCEDURE. PT/CG MAY ASSUME WOUND CARE RESPONSIBILITY ONCE WOUND CARE PROFICIENCY HAS BEEN DEMONSTRATED TO SN.

SN MAY DISCONTINUE WOUND CARE ONCE WOUND HAS HEALED.

SN TO ASSESS/INSTRUCT USE OF ELECTRONIC GLUCOSE MEASURING DEVICE.

SN TO ASSESS/INSTRUCT PT/CG DIABETIC CARE TO INCLUDE DIET, ACTIVITY, STRESS, FOOT CARE AND SKIN CARE.

SN TO ASSESS/INSTRUCT PT/CG DIABETIC FOOT CARE INCLUDING MONITORING FOR THE FRESENCE OF SKIN LESIONS ON THE LOWER EXTREMITIES AND PATIENT/CAREGIVER EDUCATION ON PROPER FOOT CARE.

SN TO ASSESS /INSTRUCT PT/CG ON S/S OF COMPLICATIONS OF DIABETES AND S/S OF HYPO/HYPERGLYCEMIA.

SN TO MONITOR GLUCOMETER RECORDINGS FOR VARIATIONS AND COMPLIANCE.

SN TO NOTIFY PHYSICIAN OF BLOOD SUGAR OVER 350 AND UNDER 60 MG/DL.

GLUCOMETER TESTING TO BE PERFORMED BY PATIENT AND CAREGIVER OR SKILLED NURSE IF NOT COMPLETED BY SN VISIT Q DAY AND PRN.

SN TO ASSESS/INSTRUCT FALL PREVENTION.

SN TO ASSESS FOR SIGNS/SYMPTOMS OF EXACERBATION RELATED TO COMORBIDITIES.

04:56:36 p.m.

06-21-2016

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Department of Health and Human Services Centers for Medicare & Medicaid Services

Form Approveds OMB No. 0938-0357

Home Health Certification and Plan of Care

Cert Period: 5/8/2016 to 7/6/2016 Patient Name: Thelma King 22. Goals/Rehabilitation Potential/Discharge Plans THE PATIENT'S SAFETY WILL BE ENHANCED THROUGHOUT THE HOME CARE SERVICE AS EVIDENCED BY NO FALLS/INJURIES WITHIN9 WEEKS. THE PATIENT/CAREGIVER WILL VERBALIZE UNDERSTANDING OF DM TYPE II WITH DIABETIC NEUROPATHY, ESRD, HTN, CUTANEOUS ABSCESS OF LOWER LIMBSAND ALL ASPECTS OF ASSOCIATED CARE WITHIN9 WEEKS. THE PATIENT/CAREGIVER WILL VERBALIZE UNDERSTANDING OF NEW/CHANGED MEDICATIONS AS EVIDENCED BY RECALL OF ACTION DOSE AND SIDE EFFECTS WITHIN 9 WEEKS. THE PATIENT/CAREGIVER WILL VERBALIZE UNDERSTANDING OF NCS, RENAL DIET AS EVIDENCED BY COMPLIANCE WITH DIET PLAN WITHIN 9 WEEKS. THE PATIENT'S SKIN AND MUCOUS MEMBRANES WILL REMAIN INTACT FOR THIS CERT PERIOD. THE PATIENT'S BLOOD SUGAR LAB VALUE WILL BE WITHIN NORMAL LIMITS PER PHYSICIAN ASSESSMENT AND PATIENT'S COMPLIANCE WITH MEDS/DIET THIS CERT PERIOD. THE PATIENT'S PAIN WILL BE CONTROLLED AND MANAGED AT THE PATIENT'S OWN COMFORT LEVEL AS VERBALIZED BY THE PATIENT/CAREGIVER WITHIN 9 WEEKS. THE PATIENT'S WOUND/INCISION SITE WILL BE DECREASED IN SIZE BY 50 %THIS CERT PERIOD. THE PATIENT'S HOME ENVIRONMENT WILL BE CLEAN AND SAFE, AS EVIDENCED BY NO INFECTGION NO INJURIES WITHIN9 WEEKS. THE PATIENT WILL REMAIN FREE OF EXACERBATIONS RELATED TO COMORBIDITIES THIS CERT. REHABILITATION POTENTIAL IS FAIR PATIENT TO BE DISCHARGED WHEN SKILLED CARE NO LONGER NEEDED. PATIENT TO BE DISCHARGED TO THE CARE OF CAREGIVER ESTIMATED SKILLED SERVICES TO BE REQUIRED FOR 9 WEEKS 25. Date HHA Received Signed POT Where and Date of Verbal SOC Applicable s/Signature 5/6/2016 26. I Recertify that this patient is confined to his/her home and needs 24. Physician's Name and Address intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. Dr. Sumana Ketha NPI: 1962447805 2925 Skyway Cir I estimate continued services will be required for The patient is under my care, and I have authorized the services on this plan North Irving, Texas 75038 Office 972-675-7313 of care and will periodically review the plan. Fax 972-675-7310 28. Anyone who misrepresents, falsifies, or conceals essential 27. Attending Physician's Signature and Date Signed information required for payment of Federal funds may be subject to fine, imprisonment, or civil penalty under applicable Federal laws. 🌈 🆟 Electronically signed by Ketha,Sumana M.D. on 06/25/2016