#### Sarah Khan: Patient Information

Patient Record Number:3632

Texas Physician House Calls (H) 2925 Skyway Circle North, Irving, TX, USA, 75038-3510 www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

Name: Sarah Khan External ID: 3632 **DOB**: 1952-10-13 Sex: Female S.S.: 454-37-4506

User Defined: Schedule on Mon, Wed & Friday

Patient Drive Folder: https://drive.google.com/a/smartmbbs.com/?tab=mo#folders/0B-x5JZCm9BpXTDFUd1VRa19INTQ

Address: 3547 Ridgeoak Way

City: Farmers Branch State: Texas Postal Code: 75234

Country: USA

Home Phone: 469-831-8121

Street Address: 3547 Ridgeoak Way, Farmers Branch

Apt/Suite/Other: House

# **Past Medical History:**

Last Recorded On: 08-17-2016.

Additional Medical History: Parkinson's disease...

## **Family History:**

Last Recorded On: 08-17-2016. Father: Reviewed and same...

Offspring: Patient has three children..

# **Primary Family Med Conditions:**

Last Recorded On: 08-17-2016.

Chronic Conditions: Diabetes, Heart Failure, Hypertension.

# **Social History:**

Last Recorded On: 08-17-2016.

Tobacco: Never smoker No smoking Status: Never

Alcohol: No alcohol Status: Never

Recreational Drugs: No drugs Status: Never

Nutrition History: Good..

Developmental History: Educational level is masters..

Work Status: Disabled.

Other History: Influenza in 2014. Pneumovax in 2012. PAP 5 years ago. Physical in 2014...

## **Tests and Exams:**

Last Recorded On: 08-17-2016.

CBC Complete Blood Count (3 months)&nbsp&nbsp Abnormal&nbsp&nbsp Done on 05/15/2014, at MetroStat, Ordered by Dr.

Sumana Ketha.

CXR - Chest X Ray&nbsp&nbsp N/A&nbsp&nbsp

## Insurance:

## Medicare B Texas (SMTX0)

Priority: Primary
Start Date: 2010-01-01 Relationship to Insured: Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

**Priority**: Primary Start Date : 2013-05-01 Relationship to Insured: Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

**Priority**: Secondary Start Date: 2010-01-01 Relationship to Insured: Self

Type: N/A

Payer: Medicaid Texas (SKTX0)

Copay:

Insured ID Number: 454374506W

**Group Number:** 

Employer Name : Sarah Khan

Copay:

Insured ID Number: 454374506W

Group Number :

Employer Name: Sarah Khan

Copay : Insured ID Number : 525623098

**Group Number:** 

Employer Name : Sarah Khan

## **Immunizations:**

# Sarah Khan: Chief Complaint

Patient Record Number:3632

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**Seen by** Darolyn Perkins **Seen on** 11-August-2016

#### Chief Complaint Status: finalized

Follow-up home visit to prevent further decline in medical conditions including diabetes mellitus type 2, hypertension, coronary artery disease, Parkinson's disease, and Neuropathy. Patient complains of pain in knee, ankle and back

# **History of Present illness:**

#### **HPI Status:**Finalized

A 63-year-old female NAD with multiple chronic conditions including diabetes mellitus type 2, hypertension, restless leg syndrome, Psoriasis, and Parkinson's disease. patient states her blood pressure has been back to normal. Patient states knees, ankles and back hurt. Patient denies any other issues upon examination. Patient denies any hypoglycemia episodes since last visit and foot check revealed minor issues. Patient denies any chest pain, headache, nausea vomiting upon examination.

#### Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-08-11	143	76	0.00	0.00	98.20	18.00	~	0.0	0.00

# **Review of Systems:**

#### Constitutional:

## **Christia de la Carle de la Ca**

Management Spicertension No Chest Pain

No Edition in the state of the

Not By West Motion YES

No Bind party

No Blibistelulatification

No Incontinence

# **Physical Exam:**

#### BSTNCH:

Notart To Allesto Disjanjasticing Alpharuja i Bibbe et Spilothe i

#### ETYLESC:

Batápagtti/ApAGacarn an Bartinis City Edishidescy e/White, Normal Elesimonis, Gums pink, Bilateral Nasal Turbinates-Within Normal Limits.

#### ENT:

\$Mas/EtX/Ms//后页reat Novies-WithabNeormal Limits.

#### NECK:

Supple, Thyromegaly, Carotid of the Nasal Septum, JVD, lymphadenopathy-Within Normal Limits .

# CV:

 $\ensuremath{\mathsf{RRR}}\xspace\textsc{-Within Normal Limits}$  .

## RESP:

Lungs Clear, Rales, Rhonchi, Wheezes-Within Normal Limits .

#### GI:

Soft, Non Tender, Non Distended, Masses-Within Normal Limits .

Bowel Sounds present in all four quadrants-Within Normal Limits .

## **Medication:**

Description	Status	Start Date	End Date

NovoLOG Mix 70/30 FlexPen ,(70-30) 100 UNIT/ML SUPN, INJECT SUBCUTANEOUSLY 85 UNITS EVERY MORNING AND 70 UNITS EVERY EVENING Hold if Blood sugar less than 90, Quantity: 45, Refill Quantity: 6 2016-07-15 Active Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls Accu-Chek Aviva Plus, STRP, TEST 3 TIMES PER DAY, Quantity: 300, Refill Quantity: 3 Active 2016-05-10 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls MetFORMIN HCI,500 MG TABS, TAKE 2 TABLETS BY MOUTH IN THE MORNING AND 2 TABLETS IN THE EVENING HOLD IF BLOOD SUGAR IS EQUAL TO OR LESS THAN 90, Quantity: 120, Refill Quantity: 3 Active 2016-05-09 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls Fluocinonide, 0.05 % OINT, APPLY SPARINGLY TO AFFECTED AREA(S) TWICE DAILY, Quantity: 120, Refill Quantity: 2 2016-04-14 Unknown or N/A Active by Jones, Derrick - MJ3217331 Texas Physician House Calls Accu-Chek Active, STRP, Test 3 times a day to monitor blood sugars, Quantity: 100, Refill Quantity: 3 Unknown or N/A Active 2015-05-22 by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA NovoLOG Mix 70/30 FlexPen ,(70-30) 100 UNIT/ML SUPN, INJECT SUBCUTANEOUSLY 85 UNITS EVERY MORNING AND 60 UNITS EVERY EVENING, Quantity: 45, Refill Quantity: 0 2015-05-22 Active Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls MiraLax, PACK, 1 Packet in 8 ounces of water daily for constipation Hold if diarrhea starts, Quantity: 30, Refill Quantity: 3 2015-04-02 Unknown or N/A Active by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA Furosemide, 20 MG TABS, Take One Tablet By Mouth Twice A Day, Quantity: 90, Refill Quantity: 0 2014-12-09 Active Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls

#### Plan Note:

#### Plan Note Status: Finalized

Continue same treatment plan as with previous. Reviewed and continue same medications, no new medications noted this visit. Medication adherence education was given to the patient and the patient educated on the benefits of little salt, low-fat, low cholesterol diet with current medical conditions. Patient was instructed to go to ER for symptoms of chest pain, shortness of breath, excessive headache, blurry vision or systolic blood pressure greater than 200. Full labs needed this visit. The patient verbalize understanding of the above planet was given the office number for any questions or concerns. Prognosis is fair and patient is stable. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

- 1. Tremors followup with neurologist.
- $2. \ Restless \ leg \ syndrome, \ continue \ current \ plan.$
- 3. Diabetes mellitus type 2, continue current plan.
- 4. Hypertension, continue current plan.
- 5. Parkinson's disease, continue current plan.
- 6. Coronary artery disease, continue current plan.
- 7. Psoriasis, continue current plan.
- 8. Constipation, continue current plan.
- 9. First AV block, continue current plan.
- 10. Neuropathy, continue current plan.
- 11. Morbid obesity, continue current plan.

No medication refills at this time.

# **Medical Problem:**

Description	Status	Start Date	End Date
Other psoriasis			
( ICD10:L40.8 Other psoriasis)	Active	2015-10-01	
Unknown or N/A			
Constipation, unspecified			
( ICD10:K59.00 Constipation, unspecified)	Active	2015-10-01	
Unknown or N/A			
Coronary atherosclerosis of native coronary artery			
( ICD10:125.10 Atherosclerotic heart disease of native coronary artery without angina	Active	2015-10-01	
pectoris)			
Unknown or N/A			
First degree atrioventricular block			
(ICD10:I44.0 Atrioventricular block, first degree)	Active	2015-10-01	
Unknown or N/A			
Diabetes with neurological manifestations, type II or unspecified type,			
not stated as uncontrolled (ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified)	Active	2015-10-01	
Unknown or N/A			
Polyneuropathy in diabetes			
(ICD10:E08.42 Diabetes mellitus due to underlying condition with diabetic			
polyneuropathy)	Active	2015-10-01	
Unknown or N/A			
Unspecified essential hypertension			
( ICD10:I10 Essential (primary) hypertension)	Active	2015-10-01	
Unknown or N/A	,	,	
Other respiratory abnormalities			
( ICD10:R06.89 Other abnormalities of breathing)	Active	2015-10-01	
Unknown or N/A			
Diabetes mellitus without mention of complication, type II or unspecified			
type, uncontrolled	Active	2015-10-01	
( ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A			
Secondary parkinsonism (ICD10:G21.9 Secondary parkinsonism, unspecified)	Active	2015-10-01	
Unknown or N/A		1 <del></del> 1	
Dyspnea			
( ICD10:R06.89 Other abnormalities of breathing)	Active	2015-10-01	
Unknown or N/A			
Morbid obesity	,		
( ICD10:E66.01 Morbid (severe) obesity due to excess calories)	Active	2015-10-01	
Unknown or N/A			
Paralysis agitans			
(ICD9:332.0 Paralysis agitans)	Active	2015-04-07	
Unknown or N/A			

# Allergies:

	Description	Status	Start Date	End Date
Penicillin		Active		
Unknown or N/A		Active		
Lisinopril		Anthro		
Unknown or N/A		Active		
Nitroglycerin		Active		
Nitroglycerin Unknown or N/A		Active		

# Surgeries:

Description	Status	Start Date	End Date
Gallbladder surgery	Active		
Unknown or N/A	Active		
3 C-Sections	Active		
Unknown or N/A	Active		

Appendectomy Unknown or N/A	Active
colonoscopy Unknown or N/A	Active
Stunt in heart Unknown or N/A	Active

## **Face to Face HH Plan:**

Patient Home Bound or Can't Drive: YES Is Home Health Care Needed: YES

Does Patient have reliable other Primary Care Physician: NO

Is House Visit Needed: YES Next Visit Duration (in days): 31

Current home health agency: Integrity Home Health Care Services

Primary Justification Medical Conditions: COPD,diabetes,HTN,Heart\_Disease

Additional Medical Conditions: Nursing Required: YES Physical Therapy: YES

Occupational Therapy Required: Speech-language Pathology Required: Requested Care/Treatments Required:

Clinical Findings To Justify Home Health: Skilled nursing needed due to multiple complex diseases and patient lack of knowledge on how to manage the disease process and medications. Skilled nursing needed to assess and observe patient's condition and medication administration.

**Certification Statement:** Patient is homebound due to Parkinson's disease, fatiques easily, weakness, poor balance and abnormal gait which increases patient risk for falls.

Signed by (NP): 302

**Signed On (NP):** 2016-08-11 08:33 **Signed By (Physician):** 18

Signed on (Physician): 2016-08-17 08:34

Form\_status: finalized

Printed:

## DME:

Description	Status	Start Date	End Date
Diabetic Supplies			
( ICD10:M21.6X9 Other acquired deformities of unspecified foot) Unknown or N/A	Active	2015-10-01	
2015-10-01 by Dr. Sumana Ketha			



Electronically Signed by Darolyn Perkins on 2016-08-18.

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