Gillermo Arredondo: Patient Information

Patient Record Number: 1452

Texas Physician House Calls (H)

2925 Skyway Circle North, Irving, TX, USA, 75038-3510 www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

Name: Gillermo Arredondo

External ID: 1452 **DOB**: 1957-11-21 Sex: Male S.S.: 455-25-8840 Marital Status: Single User Defined: Only to Drrick

Address: 839 Morris Street

City: Dallas State: Texas Postal Code: 75212 Country: USA

Mobile Phone: 214-207-0291

User Email: lovato-family-6@hotmail.com Street Address: 839 Morris Street

Apt/Suite/Other: House

## **Family History:**

Last Recorded On: 12-24-2016. Father: Father has hypertension..

Mother: Mother has hypertension and diabetes, and history of cancer..

Siblings: Sister has history of cancer..

Other Family Relative: Aunt has history of cancer..

## **Social History:**

Last Recorded On: 12-24-2016.

**Tobacco:** 3-4 cigarettes a day **Status:** Current

Alcohol: No alcohol. Status: Never

Recreational Drugs: No drug abuse. Status: Never

Nutrition History: Regular diet.. Other History: Influenza in 2014..

#### **Tests and Exams:**

Last Recorded On: 12-24-2016.

Vitamin D (6 mo if on pills)&nbsp&nbsp Normal&nbsp&nbsp Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by

HbA, C Hemoglobin (if DM every 3 mo)&nbsp&nbsp Normal&nbsp&nbsp Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.

TSH Thyroid-Stimulating Hormone (every year)&nbsp&nbsp Normal&nbsp&nbsp Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.

CBC Complete Blood Count (3 months)&nbsp&nbsp Normal&nbsp&nbsp Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.

CMP Comprehensive Metabolic Panel (3 months)&nbsp&nbsp Normal&nbsp&nbsp Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.

LIPIDS (once year unless chol meds)&nbsp&nbsp Normal&nbsp&nbsp Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.

## Insurance:

## Superior Health Plan Texas (39188)

Priority : Primary Start Date : 2011-02-01 Relationship to Insured : Self

Type: N/A
Payer: Superior Health Plan Texas (39188)

Copay : Insured ID Number : 513430987 Group Number :

Employer Name: Gillermo Arredondo

# **Immunizations:**

#### Gillermo Arredondo: Chief Complaint

Patient Record Number: 1452

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Seen by Sumana Ketha MD Seen on 16-November-2016

#### Chief Complaint Status: finalized

Followup home visit for management of osteoarthritis, chronic pain, anxiety, depression, asthma, tobacco use, lack of coordination, urinary incontinence, dementia, constipation, mental retardation, difficulty walking, bipolar, diabetes-2, and hemorrhoids. Patient complains of bilateral knee pain.

## **History of Present illness:**

#### **HPI Status:**Finalized

Patient is a 58-year-old Hispanic male in no acute distress with multiple chronic conditions of chronic pain, diabetes-2, asthma, and osteoarthritis. Patient complains of bilateral knee pain that is chronic and he has had for many years. Patient rates his current pain at 7/10 and states he does get relief from current pain medication. No other issues noted upon examination. Patient denies any chest pain, headache, or nausea or vomiting recently.

#### Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	ВМІ	Head circ
2016-11-16	138	82	176.00	67.00	97.40	16.00	~	27.6	0.00

## **Review of Systems:**

#### Constitutional:

#### **Spylifising a get :**

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No Shirt **The ste**ath

No Blittle Division Solvente ten Of Urine

Not Black (Fastle Mentation

No Manitagio In IA Propertige Of Motion

No Bloorsyction g Gums

No Obatelettiess

No Use Of Dentures

## **Physical Exam:**

### BETOREMITIES:

0.7

CV:

Begrain Bidgisred Statement Selventanin Linking and Limits.

Murmur, Rubs, Gallops-Within Normal Limits .

## **Medication:**

Description	Status	Start Date	End Date	
TraMADol HCI ,50 MG TABS, TAKE 1 TABLET 3 TIMES DAILY AS NEEDED, Quantity: 90, Refill Quantity: 0				
Unknown or N/A	Active	2015-05-18		
by Jones, Derrick - MJ3217331				
Texas Physician House Calls				

HydrOXYzine HCI ,25 MG TABS, TAKE 1 TABLET AT BEDTIME AS NEEDED, Quantity: 90, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-01-05
Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-01-05
Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2014-12-03
Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2014-11-04
Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2014-09-18
Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2014-08-19

#### Plan Note:

#### Plan Note Status: Finalized

Continue same treatment plan as previous. Reviewed and continue current medication. Medication adherence education was given to the patient. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient was instructed to go to the emergency room for symptoms of chest pain, shortness of breath, headache, blurred vision or systolic blood pressure over 200. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the patient. Prognosis is fair and stable. Reviewed old records with the patient. Followup home visit in 2-3 weeks.

- 1. Diabetes mellitus type 2 with neuropathy, continue current plan.
- 2. Asthma, continue current plan.
- 3. Dementia, continue current plan.
- 4. Anxiety, continue current plan.
- ${\bf 5.\ Osteoarthritis\ with\ chronic\ pain,\ continue\ current\ plan.}$
- ${\it 6. \ Chronic \ pain \ syndrome, \ continue \ current \ plan.}$
- 7. Urinary incontinence, continue current plan.
- 8. Depression, continue current plan.
- 9. Bipolar, continue current plan.
- 10. Constipation, continue current plan.
- 11. Mental retardation, continue current plan.
- 12. Lack of coordination, continue current plan.

Medication refills as follows: Tramadol 50 mg t.i.d. Vit D 50,000 q weekly

## **Medical Problem:**

Description	Status	Start Date	End Date	
Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity				
( ICD10:I87.309 Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity)	Active	2016-08-31		
Unknown or N/A				

( ICD10:G89.4 Chronic pain syndrome) Unknown or N/A	Active	2016-06-21	
Type 2 diabetes mellitus without complications (ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A	Active	2015-11-18	
Osteoarthrosis, generalized, site unspecified (ICD10:M15.0 Primary generalized (osteo)arthritis) (ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A	Active	2015-10-01	
Other chronic pain ( ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2015-10-01	
Anxiety state, unspecified (ICD10:F41.9 Anxiety disorder, unspecified) Unknown or N/A	Active	2015-10-01	
Depressive disorder, not elsewhere classified (ICD10:F32.9 Major depressive disorder, single episode, unspecified) Unknown or N/A	Active	2015-10-01	
Asthma, unspecified type, with (acute) exacerbation (ICD10:J45.901 Unspecified asthma with (acute) exacerbation) Unknown or N/A	Active	2015-10-01	
Malignant neoplasm of urinary organ, site unspecified (ICD10:C68.9 Malignant neoplasm of urinary organ, unspecified) Unknown or N/A	Active	2015-10-01	
Tobacco use disorder (ICD10:F17.200 Nicotine dependence, unspecified, uncomplicated) Unknown or N/A	Active	2015-10-01	
Osteoarthrosis, localized, primary, lower leg (ICD10:M17.10 Unilateral primary osteoarthritis, unspecified knee) Unknown or N/A	Active	2015-10-01	
Urinary incontinence, unspecified (ICD10:R32 Unspecified urinary incontinence) Unknown or N/A	Active	2015-10-01	
Internal hemorrhoids without mention of complication (ICD10:K64.8 Other hemorrhoids) Unknown or N/A	Active	2015-10-01	
Dementia, unspecified, without behavioral disturbance (ICD10:F03.90 Unspecified dementia without behavioral disturbance) Unknown or N/A	Active	2015-10-01	
Pain in limb ( ICD10:M79.609 Pain in unspecified limb) Unknown or N/A	Active	2015-10-01	
Constipation, unspecified (ICD10:K59.00 Constipation, unspecified) Unknown or N/A	Active	2015-10-01	
Unspecified mental retardation ( ICD10:F79 Unspecified intellectual disabilities) Unknown or N/A	Active	2015-10-01	
Difficulty in walking ( ICD10:R26.2 Difficulty in walking, not elsewhere classified) Unknown or N/A	Active	2015-10-01	
Asthma, unspecified type, unspecified (ICD10:J45.909 Unspecified asthma, uncomplicated) Unknown or N/A	Active	2015-10-01	
Allergic rhinitis, cause unspecified (ICD10:J30.9 Allergic rhinitis, unspecified) Unknown or N/A	Active	2015-10-01	
Bipolar disorder, unspecified (ICD10:F31.9 Bipolar disorder, unspecified) Unknown or N/A	Active	2015-10-01	
Benign essential hypertension (ICD10:110 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01	
Rheumatoid arthritis (ICD10:M06.9 Rheumatoid arthritis, unspecified)	Active	2015-10-01	

Other persistent mental disorders due to conditions classified elsewhere ( ICD10:F06.8 Other specified mental disorders due to known physiological condition) Unknown or N/A	Active	2015-10-01
Diabetes with neurological manifestations, type II or unspecified type, not stated as uncontrolled (ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified) Unknown or N/A	Active	2015-10-01
Reflex sympathetic dystrophy of the upper limb (ICD10:G90.519 Complex regional pain syndrome I of unspecified upper limb) Unknown or N/A	Active	2015-10-01
Generalized hyperhidrosis (ICD10:R61 Generalized hyperhidrosis) Unknown or N/A	Active	2015-10-01
Diabetes mellitus without mention of complication, type II or unspecified type, uncontrolled (ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A	Active	2015-10-01

# **Allergies:**

Descrip	otion Stat	tus Star	rt Date E	nd Date
No known drug allergies Unknown or N/A	Acti	ive 2015	5-02-05	

# Surgeries:

	Description	Status	Start Date	End Date
Anoxic brain injury		Active		
Unknown or N/A		7101170		

## **Face to Face HH Plan:**

Patient Home Bound or Can't Drive: YES

Is Home Health Care Needed: NO

Does Patient have reliable other Primary Care Physician: NO

Is House Visit Needed: YES Next Visit Duration (in days): 31

Primary Justification Medical Conditions: Asthma,bipolar,Depression,diabetes

Nursing Required: NO Physical Therapy: NO

Occupational Therapy Required: NO Speech-language Pathology Required: NO

Clinical Findings To Justify Home Health: No SN needed due to family caring for patient.

Certification Statement: No SN needed at this time

Signed by (NP): 16

**Signed On (NP):** 2016-11-16 02:29 **Signed By (Physician):** 18

Signed on (Physician): 2016-11-23 02:29

Form\_status: finalized

## DME:

Description	Status	Start Date	End Date
Urinary incontinence, unspecified ordered patient incontinence supplies through Longhorn Health Solutions (ICD9:788.30 Urinary incontinence, unspecified) Unknown or N/A	Active		
Osteoarthrosis, localized, primary, lower leg ordered manual wheelchair from Longhorn Health Solution due to mobility limitations.  (ICD9:715.16 Osteoarthrosis, localized, primary, lower leg) (ICD9:493.90 Asthma, unspecified type, unspecified)	Active		



Electronically Signed by Sumana Ketha, MD on 2016-11-23.

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