Christina Tyska: Patient Information

Patient Record Number: 1989

Texas Physician House Calls (H)

2925 Skyway Circle North, Irving, TX, USA, 75038-3510 www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

Name: Christina Tyska
External ID: 1989
DOB: 1937-02-13
Sex: Female
S.S.: 370-34-2287
Marital Status: Single
User Defined: not to Darolyn

Patient Drive Folder: https://drive.google.com/a/smartmbbs.com/?tab=mo#folders/0B0Q2MIHiECb5LTZTTnNod3hGYIE

Address: 971 E Sanford St Apt 3204

City: Arlington State: Texas Postal Code: 76011 Country: USA

Mother's Name: not to Darolyn Home Phone: 214-288-2755 User Email: tchristina@gmail.com Street Address: 971 E Sanford St

Apt/Suite/Other: 3204

Past Medical History:

Last Recorded On: 12-17-2016.

Risk Factors: Gall Bladder Condition, Kidney Stones, Neuropathy.

Additional Medical History: Murmur..

Family History:

Last Recorded On: 12-17-2016.

Father: Unknown..

Mother: Unknown..

Siblings: Unknown..

Offspring: One child..

Social History:

Last Recorded On: 12-17-2016.

Tobacco: Current every day smoker Smoker 2 packs per day. Status: Current

Alcohol: No alcohol. Status: Never

Recreational Drugs: No drug abuse. **Status:** Never **Nutrition History:** Low fat, low salt, low cholesterol diet..

Tests and Exams:

Last Recorded On: 12-17-2016.

HbA, C Hemoglobin (if DM every 3 mo) Abnormal 05/09/2014
TSH Thyroid-Stimulating Hormone (every year) Normal 05/09/2014
CBC Complete Blood Count (3 months) Abnormal 05/09/2014

CMP Comprehensive Metabolic Panel (3 months) & nbsp &

LIPIDS (once year unless chol meds) Abnormal 05/09/2014

LDL / HDL Abnormal 05/09/2014

UA - Urinalysis - (Yearly - HH primary responsibility) Abnormal Done on 05/08/2015, at Evolution Health, Ordered by Dr. Sumana Ketha.

Urine Culture (prn) Normal Done on 05/08/2015, at Evolution Health, Ordered by Dr. Sumana Ketha. **ECG** Normal Done on 05/07/2015, at Reliance Imaging, Ordered by Dr. Sumana Ketha. **Ultrasound** Normal Done on 05/07/2015, at Reliance Imaging, Ordered by Dr. Sumana Ketha.

Insurance:

Medicare B Texas (SMTX0)

Priority: Primary
Start Date: 2002-02-01
Relationship to Insured: Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

Copay:

Insured ID Number: 370342287A

Group Number:

Employer Name : Christina Tyska

Immunizations:

Christina Tyska: Chief Complaint

Patient Record Number: 1989

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> Seen by Darolyn Perkins Seen on 19-October-2016

Chief Complaint Status: finalized

Followup home visit for management of peripheral vascular disease, neuropathy, hypertension, chronic obstructive pulmonary disease, diabetes mellitus type 2, hyperlipidemia, eczema, depression, lumbago, morbid obesity, abnormal gait, incontinence, cellulitis, carpal tunnel syndrome, and is a smoker. Patient complain of right hip pain.

History of Present illness:

HPI Status:Finalized

A 79-year-old female in NAD with multiple chronic conditions of hypertension, chronic obstructive pulmonary disease, diabetes mellitus type 2, hyperlipidemia, and depression. No CP, HA, N/V. Patient denies shortness of breath. Patient cannot walk and is wheelchair bound. Patient continues to have left hand numbness and numbness of both feet, and also pain in the both feet, which is relieved with current medication. Patients swollen legs have improved since last visit. Patient still smokes. Patient complain of pain in right hip.

Vitals:

| Service Date | BPS | BPD | \A/+ | ш | Temperature | RR | Note | ВМІ | Head circ |
|--------------|-----|-----|--------|-------|-------------|-------|------|------|-----------|
| 2016-10-19 | 126 | 67 | 148.00 | 65.00 | 98.20 | 18.00 | ~ | 24.6 | 0.00 |

Review of Systems:

Constitutional:

moat:

PERSONAL PROPERTY

No Being French

Tipe Mutiting prassants

No **Mindulation**

No 10 Novembers Pain

Non Detristrubtion Manage Of Motion YES

Physical Exam:

BARNUS Microphalde mots athy-Abnormal Limits.

BXXEXEMITIES:

Militari Marida Selita Albanormal Limits.

CV:

Befiguitofilileis Chiadrim Tanksirhitata dup Disscharge, Wax, Oral Lesions, Gums pink, Bilateral Nasal Turbinates-Within Normal Limits.

Peripheral Edema- Abnormal Limits. Right .

Medication:

| Description | Status | Start Date | End Date | |
|--|--------|------------|----------|--|
| Gabapentin ,300 MG CAPS, TAKE 1 CAPSULE 3 TIMES DAILY, Quantity: 180, Refill Quantity: 0 | | | | |
| Unknown or N/A | Active | 2016-05-18 | | |
| by ketha, Dr sumana - BK6230281 | | | | |
| Texas Physician House Calls | | | | |

| Lisinopril ,10 MG TABS, TAKE ONE TABLET BY MOUTH DAILY, Quantity: 90, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls | Active | 2016-05-18 |
|--|--------|------------|
| Metoprolol Tartrate ,25 MG TABS, TAKE 1 TABLET BY MOUTH EVERY MORNING, Quantity: 90, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls | Active | 2016-05-18 |
| Gabapentin ,300 MG CAPS, TAKE ONE CAPSULE BY MOUTH TWICE A DAY, Quantity: 180, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA | Active | 2015-05-05 |
| Metoprolol Tartrate ,25 MG TABS, TAKE ONE TABLET BY MOUTH TWICE A DAY, Quantity: 60, Refill Quantity: 3 Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA | Active | 2015-04-28 |
| Lisinopril ,10 MG TABS, TAKE ONE TABLET BY MOUTH ONCE A DAY, Quantity: 90, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA | Active | 2015-04-17 |
| MetFORMIN HCI ,1000 MG TABS, TAKE ONE TABLET BY MOUTH TWICE A DAY, Quantity: 180, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA | Active | 2015-04-17 |
| Triamcinolone Acetonide ,0.1 % CREA, Apply to Affected Area 3 times a day, Quantity: 454, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA | Active | 2015-04-17 |
| Lovastatin ,40 MG TABS, TAKE ONE TABLET BY MOUTH EVERY NIGHT AT BEDTIME, Quantity: 90, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA | Active | 2015-02-05 |

Plan Note:

Plan Note Status: Finalized

Continue same treatment plan. Reviewed and continue same medications. No new medications noted this visit. Medication adherence education was given to patient. Patient educated on benefits of low so, low-fat, low cholesterol diet with current medical conditions. Patient was instructed to go to ER for symptoms of chest pain, shortness of breath, excessive headache, blurry vision or systolic blood pressure greater than 200. Patient encouraged to exercise daily. Patient verbalized understanding of the above above plan and was given the office number for any questions or concerns. Discussed treatment plan with patient. Prognosis is fair and patient is stable at this time. Reviewed old records of the patient. Follow up appointment in 4-6 weeks. Ordered antibiotics for skin breakdown.

- 1. Hypertension, stable.
- 2. Diabetes mellitus, stable and check HbA1c.
- ${\it 3. Cellulitis, improved and stable.}\\$
- 4. Depression, improved.
- 5. Peripheral vascular disease, continue treatment.
- 6. Hyperlipidemia, continue same treatment.
- 7. Chronic obstructive pulmonary disease, continue treatment.
- 8. Lumbago, continue same treatment.
- 9. Morbid obesity, continue same treatment.
- 10. Abnormal gait, on treatment.
- 11. Incontinence, on treatment.
- 12. Hyperlipidemia, continue same treatment.
- 13. Carpal tunnel syndrome, on treatment.

Keflex ordered for sore on right hip.

Medical Problem:

| Description | Status | Start Date | End Date |
|--|--------|------------|----------|
| Cellulitis of unspecified finger (ICD10:L03.019 Cellulitis of unspecified finger) Unknown or N/A | Active | 2016-09-01 | |
| Felty's syndrome, unspecified site (ICD10:M05.00 Felty's syndrome, unspecified site) Unknown or N/A | Active | 2016-01-06 | |
| Pulmonary heart disease, unspecified (ICD10:I27.9 Pulmonary heart disease, unspecified) Unknown or N/A | Active | 2015-12-26 | |
| Hyperlipidemia, unspecified (ICD10:E78.5 Hyperlipidemia, unspecified) Unknown or N/A | Active | 2015-12-26 | |
| Gastro-esophageal reflux disease with esophagitis (ICD10:K21.0 Gastro-esophageal reflux disease with esophagitis) Unknown or N/A | Active | 2015-12-26 | |
| History of falling (ICD10:Z91.81 History of falling) Unknown or N/A | Active | 2015-12-26 | |
| Unspecified contact dermatitis, unspecified cause (ICD10:L25.9 Unspecified contact dermatitis, unspecified cause) Unknown or N/A | Active | 2015-12-03 | |
| Cellulitis, unspecified (ICD10:L03.90 Cellulitis, unspecified) Unknown or N/A | Active | 2015-12-03 | |
| Type 2 diabetes mellitus with diabetic neuropathy, unspecified (ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified) Unknown or N/A | Active | 2015-10-27 | |
| Other specified idiopathic peripheral neuropathy (ICD10:G60.8 Other hereditary and idiopathic neuropathies) Unknown or N/A | Active | 2015-10-01 | |
| Depressive disorder, not elsewhere classified (ICD10:F32.9 Major depressive disorder, single episode, unspecified) Unknown or N/A | Active | 2015-10-01 | |
| Unspecified hereditary and idiopathic peripheral neuropathy (ICD10:G60.9 Hereditary and idiopathic neuropathy, unspecified) Unknown or N/A | Active | 2015-10-01 | |
| Benign essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A | Active | 2015-10-01 | |
| Diabetes mellitus without mention of complication, type II or unspecified type, not stated as uncontrolled (ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A | Active | 2015-10-01 | |
| Mixed hyperlipidemia (ICD10:E78.2 Mixed hyperlipidemia) Unknown or N/A | Active | 2015-10-01 | |
| Lumbago (ICD10:M54.5 Low back pain) Unknown or N/A | Active | 2015-10-01 | |
| Morbid obesity (ICD10:E66.01 Morbid (severe) obesity due to excess calories) Unknown or N/A | Active | 2015-10-01 | |
| Frequency of urination and polyuria (ICD10:R35.0 Frequency of micturition) Unknown or N/A | Active | 2015-10-01 | |
| Cellulitis and abscess of leg, except foot (ICD10:L03.119 Cellulitis of unspecified part of limb) Unknown or N/A | Active | 2015-10-01 | |
| Dyshidrosis (ICD10:L30.1 Dyshidrosis [pompholyx]) Unknown or N/A | Active | 2015-10-01 | |
| Carpal tunnel syndrome (ICD10:G56.00 Carpal tunnel syndrome, unspecified upper limb) Unknown or N/A | Active | 2015-10-01 | |

| Peripheral vascular disease, unspecified (ICD10:I73.9 Peripheral vascular disease, unspecified) Unknown or N/A | Active | 2015-10-01 |
|---|--------|------------|
| Tobacco use disorder (ICD10:F17.200 Nicotine dependence, unspecified, uncomplicated) Unknown or N/A | Active | 2015-10-01 |
| Abnormality of gait (ICD10:R26.9 Unspecified abnormalities of gait and mobility) Unknown or N/A | Active | 2015-10-01 |
| Phlebitis and thrombophlebitis of deep veins of lower extremities, other (ICD10:180.209 Phlebitis and thrombophlebitis of unspecified deep vessels of unspecified lower extremity) Unknown or N/A | Active | 2015-10-01 |
| Chronic airway obstruction, not elsewhere classified (ICD10:J44.9 Chronic obstructive pulmonary disease, unspecified) Unknown or N/A | Active | 2015-10-01 |
| Diabetes mellitus without mention of complication, type II or unspecified type, uncontrolled (ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A | Active | 2015-10-01 |
| Mononeuritis of unspecified site (ICD10:G58.9 Mononeuropathy, unspecified) Unknown or N/A | Active | 2015-10-01 |
| Edema (ICD9:782.3 Edema) Unknown or N/A | Active | 2015-07-28 |
| Other chronic pain (ICD9:338.29 Other chronic pain) Unknown or N/A | Active | 2015-07-28 |
| Contact dermatitis and other eczema, unspecified cause (ICD9:692.9 Contact dermatitis and other eczema, unspecified cause) Unknown or N/A | Active | |

Allergies:

| Description | Status | Start Date | End Date |
|--------------------------|--------|------------|----------|
| No known drug allergies. | Active | | |
| Unknown or N/A | | | |

Surgeries:

| Description | Status | Start Date | End Date |
|------------------------------------|---------|------------|----------|
| Right hip fracture repair surgery. | Active | | |
| Unknown or N/A | 7101170 | | |
| Lower intestinal blockage. | Active | | |
| Unknown or N/A | Active | | |

Face to Face HH Plan:

Patient Home Bound or Can't Drive: YES Is Home Health Care Needed: YES

 $\textbf{Does Patient have reliable other Primary Care Physician:} \ \texttt{YES}$

Is House Visit Needed: YES Next Visit Duration (in days): 31

Current home health agency: Encompass Home Health of DFW

Primary Justification Medical Conditions:

 $Mobility_Impairments, hyperlipidemia, HTN, Heart_Disease, diabetes, Depression, COPD$

Additional Medical Conditions: Cellulitis, Neuropathy, Lumbago, Incontinence, Abnormal gait, peripheral vascular disease.

Nursing Required: YES Physical Therapy: NO

Occupational Therapy Required: NO Speech-language Pathology Required: NO Requested Care/Treatments Required: Clinical Findings To Justify Home Health: Skilled nursing needed due to inability to self medicate correctly.

Certification Statement: Patient is homebound due to limited mobility, inability to self medicate correctly and narcotic drug use.

Signed by (NP): 302

Signed On (NP): 2016-10-19 03:22 **Signed By (Physician):** 18

Signed on (Physician): 2016-10-26 03:22

Form_status: finalized

Printed:

DME:

| Description | Status | Start Date | End Date |
|--|--------|------------|----------|
| Manual wheelchair | | | |
| (ICD10:R26.9 Unspecified abnormalities of gait and mobility) Unknown or N/A | Active | 2015-10-01 | |
| 2015-10-01 by Dr. Sumana Ketha | | | |



Electronically Signed by **Darolyn Perkins** on **2016-10-26**.

Printed on 17-Dec-2016 22:29:26 pm.