Cathy Benson: Patient Information

Patient Record Number: 1287

Texas Physician House Calls (H) 2925 Skyway Circle North, Irving, TX, USA, 75038-3510 www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

Name: Cathy A Benson External ID: 1287 **DOB**: 1956-06-29 Sex: Female **S.S.**: 464-02-5772 Marital Status: Single

Patient Drive Folder: 0B0x_tbqdBDPhM1B6MHh1T3IBUIE

Address: 2627 East Illinois Avenue

City: Dallas State: Texas Postal Code: 75216 Country: USA

Mobile Phone: 214-371-1552

Street Address: 2627 East Illinois Avenue

Apt/Suite/Other: 122

Past Medical History:

Last Recorded On: 02-04-2017.

Risk Factors: Hepatitis, Thyroid Disease (Low or High).

Family History:

Last Recorded On: 02-04-2017.

Father: Father had hypertension, heart disease, and diabetes mellitus type 2.. Mother: Mother had hypertension, heart disease, and diabetes mellitus type 2..

Offspring: Two sons..

Other Family Relative: Aunt has history of cancer..

Primary Family Med Conditions:

Last Recorded On: 02-04-2017.

Chronic Conditions: Diabetes, Heart Failure, Hypertension.

Chronic Body System Category: Diseases of the circulatory system .

Social History:

Last Recorded On: 02-04-2017.

Tobacco: Current every day smoker Smokes 2 cigarettes a day. Status: Current

Alcohol: Drink one can of beer a day. Status: Current Recreational Drugs: No drug abuse. Status: Never

Counseling: **Exercise Patterns: Hazardous Activities:** Nutrition History: Regular diet..

Developmental History: Educational level is 12th grade...

Tests and Exams:

Last Recorded On: 02-04-2017.

Insurance:

Medicare B Texas (SMTX0)

Priority: Primary Start Date: 2004-05-01 Relationship to Insured: Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

Priority : Primary Start Date : 2015-11-01 Relationship to Insured: Self

Type: N/A

Payer: Wellcare HMO, Inc. (14163)

Priority: Primary Start Date: 2016-01-01 Relationship to Insured: Self

Type: N/A

Payer: Wellcare HMO, Inc. (14163)

Priority: Primary Start Date: 2016-09-01 Relationship to Insured : Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

Priority: Secondary **Start Date:** 2011-10-05 Relationship to Insured: Self

Type: N/A

Payer: Medicaid Texas (SKTX0)

Priority : Secondary Start Date: 2011-12-01 Relationship to Insured : Self

Type: N/A

Payer: Medicaid Texas (SKTX0)

Insured ID Number: 464025772A

Group Number:

Employer Name: Cathy Benson

Copay:

Insured ID Number: 16984733

Group Number :

Employer Name : Cathy Benson

Copay:

Insured ID Number: 16984733

Group Number:

Employer Name: Cathy Benson

Copay:

Insured ID Number: 464025772A

Group Number:

Employer Name: Cathy Benson

Copay:

Insured ID Number: 505208811

Group Number:

Employer Name: Cathy Benson

Copay:

Insured ID Number: 505208811

Group Number : Employer Name : Cathy Benson

Immunizations:

Cathy Benson: Chief Complaint Patient Record Number:1287 Texas Physician House Calls (H)

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Seen by Derrick Love-Jones Seen on 13-December-2016

Chief Complaint Status: finalized

Follow up home visit for management of mood disorder, anxiety, osteoarthritis, coronary artery disease, rheumatoid arthritis, contact dermatitis, heart disease, alcohol cirrhosis of liver, chronic obstructive pulmonary disease, hypertension, lumbago, hepatitis-c, chronic pain, psoriasis, depression, and schizophrenia. Patient complains of knee pain.

History of Present illness:

HPI Status:Finalized

Patient is a 60-year-old female in no acute distress with multiple chronic conditions of hypertension, anxiety, osteoarthritis, and coronary artery disease. Patient states her knees have been hurting for many years. Patient rates her current pain at 6/10 today and states she does get some relief from current pain medication. Patient denies any chest pain, headache, or nausea or vomiting currently.

Vitals:

| Service Date | BPS | BPD | Wt | Ht | Temperature | RR | Note | BMI | Head circ |
|--------------|-----|-----|--------|-------|-------------|-------|------|------|-----------|
| 2016-12-13 | 133 | 78 | 180.00 | 65.00 | 97.80 | 16.00 | ~ | 30.0 | 0.00 |

Review of Systems:

Constitutional:

Spillingatunologic:

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No Blacen Confer South Means tation

Physical Exam:

STATES:

Bigging to the compact of the compac

BIAISK:

But the state of t

CV:

RORI-Withim Nommall Limits ..

Thrills or Heaves-Within Normal Limits .

Medication:

| Description | Status Start Date | End Date |
|-------------|-------------------|----------|

| Valsartan ,160 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 3 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls Metoprolol Tartrate ,25 MG TABS, Take One Table Twice A Day For Heart Condition, Quantity: 60, Refill Quantity: 3 Unknown or N/A | Active | 2016-06-15 |
|---|--------|------------|
| by ketha, Dr sumana - BK6230281 Texas Physician House Calls Triamcinolone Acetonide ,0.1 % OINT, APPLY SPARINGLY TO | | |
| AFFECTED AREA(S) TWICE DAILY, Quantity: 454, Refill Quantity: 3 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls | Active | 2016-05-16 |
| Hydrocodone-Acetaminophen ,10-325 MG TABS, TAKE 1 TABLET 3 TIMES DAILY AS NEEDED FOR PAIN, Quantity: 90, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls | Active | 2015-05-11 |
| Valsartan ,160 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls | Active | 2015-05-11 |
| Zolpidem Tartrate ,10 MG TABS, TAKE 1 TABLET DAILY AT BEDTIME, Quantity: 30, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls | Active | 2015-05-11 |
| ALPRAZolam ,1 MG TABS, TAKE 1 TAB DAILY, Quantity: 30, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls | Active | 2015-04-08 |
| Carisoprodol ,350 MG TABS, TAKE 1 TABLET TWICE DAILY, Quantity 30, Refill Quantity: 1 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls | Active | 2015-03-13 |
| Diovan ,160 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls | Active | 2015-03-13 |
| Metoprolol Tartrate ,25 MG TABS, Take One Table Twice A Day For Heart Condition, Quantity: 60, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls | Active | 2015-03-13 |
| Triamcinolone Acetonide ,0.1 % OINT, APPLY SPARINGLY TO AFFECTED AREA(S) TWICE DAILY, Quantity: 454, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls | Active | 2015-03-13 |

Plan Note:

Plan Note Status: Finalized

Continue same treatment plan as previous. Reviewed and continue with current medication. Medication adherence education was given to the patient. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient was instructed to go to the emergency room for symptoms of chest pain, shortness of breath, headache, blurred vision or systolic blood pressure over 200. Patient encouraged continuing weight loss efforts via daily exercise and certain food restrictions. No labs needed at this time. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the patient. Prognosis is fair and patient is stable. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

- 1. Rheumatoid arthritis/osteoarthritis with chronic pain, continue current plan.
- 2. Chronic obstructive pulmonary disease, continue current plan.
- 3. Coronary artery disease, continue current plan.

- 4. Depression, continue current plan.
- 5. Chronic pain syndrome, continue current pain medications.
- 6. Lumbago with chronic pain, continue current plan.
- 7. Hypertension with vascular complications, continue current plan.
- 8. Anxiety, continue current plan.
- 9. Gastroesophageal reflux disease, continue current plan.
- 10. Heart disease, continue current plan.
- 11. Hepatitis C, continue current plan.
- 12. Psoriasis, continue current plan.
- 13. Cirrhosis of liver, continue current plan.
- 14. Allergic rhinitis, continue current plan.
- 15. Schizophrenia, continue current plan.

Medication refills as follows, Alprazolam 0.5 mg t.i.d. Norco 10/325 mg t.i.d. Valsartan 160 mg q.d. Zolpidem 10 mg q.h.s.

Medical Problem:

| Description | Status | Start Date | End Date |
|---|--------|------------|----------|
| Anxiety disorder, unspecified (ICD10:F41.9 Anxiety disorder, unspecified) Unknown or N/A | Active | 2015-10-06 | |
| Unspecified osteoarthritis, unspecified site (ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A | Active | 2015-10-06 | |
| Atherosclerosis of coronary artery bypass graft(s) without angina pectoris (ICD10:125.810 Atherosclerosis of coronary artery bypass graft(s) without angina pectoris) Unknown or N/A | Active | 2015-10-06 | |
| Unilateral primary osteoarthritis, unspecified knee (ICD10:M17.10 Unilateral primary osteoarthritis, unspecified knee) Unknown or N/A | Active | 2015-10-01 | |
| Heart disease, unspecified (ICD10:I51.9 Heart disease, unspecified) Unknown or N/A | Active | 2015-10-01 | |
| Other specified papulosquamous disorders (ICD10:L44.8 Other specified papulosquamous disorders) Unknown or N/A | Active | 2015-10-01 | |
| Essential (primary) hypertension (ICD10:110 Essential (primary) hypertension) Unknown or N/A | Active | 2015-10-01 | |
| Gastro-esophageal reflux disease without esophagitis (ICD10:K21.9 Gastro-esophageal reflux disease without esophagitis) Unknown or N/A | Active | 2015-10-01 | |
| Rheumatoid arthritis (ICD10:M06.9 Rheumatoid arthritis, unspecified) Unknown or N/A | Active | 2015-10-01 | |
| Contact dermatitis and other eczema due to other specified agents (ICD10:L25.8 Unspecified contact dermatitis due to other agents) Unknown or N/A | Active | 2015-10-01 | |
| Anxiety state, unspecified (ICD10:F41.9 Anxiety disorder, unspecified) Unknown or N/A | Active | 2015-10-01 | |
| Osteoarthrosis, unspecified whether generalized or localized, site unspecified (ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A | Active | 2015-10-01 | |
| Coronary atherosclerosis of native coronary artery (ICD10:125.10 Atherosclerotic heart disease of native coronary artery without angina pectoris) Unknown or N/A | Active | 2015-10-01 | |
| Benign essential hypertension (ICD10:110 Essential (primary) hypertension) Unknown or N/A | Active | 2015-10-01 | |

| Chronic pulmonary heart disease, unspecified (ICD10:l27.9 Pulmonary heart disease, unspecified) Unknown or N/A | Active | 2015-10-01 |
|--|--------|------------|
| Alcoholic cirrhosis of liver (ICD10:K70.30 Alcoholic cirrhosis of liver without ascites) Unknown or N/A | Active | 2015-10-01 |
| Chronic airway obstruction, not elsewhere classified (ICD10:J44.9 Chronic obstructive pulmonary disease, unspecified) Unknown or N/A | Active | 2015-10-01 |
| Coronary atherosclerosis of unspecified type of vessel, native or graft (ICD10:I25.10 Atherosclerotic heart disease of native coronary artery without angina pectoris) Unknown or N/A | Active | 2015-10-01 |
| Simple type schizophrenia, unspecified (ICD10:F20.89 Other schizophrenia) Unknown or N/A | Active | 2015-10-01 |
| Unspecified essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A | Active | 2015-10-01 |
| Osteoarthrosis, generalized, site unspecified (ICD10:M15.0 Primary generalized (osteo)arthritis) (ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A | Active | 2015-10-01 |
| Osteoarthrosis, generalized, multiple sites (ICD10:M15.0 Primary generalized (osteo)arthritis) Unknown or N/A | Active | 2015-10-01 |
| Psoriasis (ICD10:L40.8 Other psoriasis) Unknown or N/A | Active | 2015-10-01 |
| Depression (ICD10:F32.9 Major depressive disorder, single episode, unspecified) Unknown or N/A | Active | 2015-10-01 |
| Hepatitis C (ICD10:B19.20 Unspecified viral hepatitis C without hepatic coma) Unknown or N/A | Active | 2015-10-01 |
| Allergic rhinitis (ICD10:J30.9 Allergic rhinitis, unspecified) Unknown or N/A | Active | 2015-10-01 |
| Lumbago (ICD10:M54.9 Dorsalgia, unspecified) Unknown or N/A | Active | 2015-10-01 |
| Chronic pain syndrome (ICD10:G89.4 Chronic pain syndrome) Unknown or N/A | Active | 2015-10-01 |
| Other chronic pain (ICD10:G89.29 Other chronic pain) Unknown or N/A | Active | 2015-10-01 |
| Cirrhosis of liver without mention of alcohol (ICD10:K74.60 Unspecified cirrhosis of liver) Unknown or N/A | Active | 2015-10-01 |
| Osteoarthrosis, localized, primary, lower leg (ICD10:M17.10 Unilateral primary osteoarthritis, unspecified knee) Unknown or N/A | Active | 2015-10-01 |
| Heart disease, unspecified (ICD10:I51.9 Heart disease, unspecified) Unknown or N/A | Active | 2015-10-01 |
| Other psoriasis and similar disorders (ICD10:L44.8 Other specified papulosquamous disorders) Unknown or N/A | Active | 2015-10-01 |
| Unspecified episodic mood disorder (ICD9:296.90 Unspecified episodic mood disorder) Unknown or N/A | Active | |

Allergies:

| Description | Status | Start Date | End Date | |
|-------------|--------|--------------|-----------|--|
| Doodriphen | | - Clark Date | 2110 2010 | |

Surgeries:

| | Description | Status | Start Date | End Date |
|---|-------------|--------|------------|----------|
| Thyroid surgery Unknown or N/A | | Active | | |
| Gallbladder Unknown or N/A | | Active | | |
| went to methodist in 2014 Unknown or N/A | | Active | | |
| went to methodist in 2014 Unknown or N/A | | Active | | |

Face to Face HH Plan:

Patient Home Bound or Can't Drive: YES Is Home Health Care Needed: YES

Does Patient have reliable other Primary Care Physician: YES

Is House Visit Needed: YES Next Visit Duration (in days): 31

Current home health agency: Emrick Services INC

Primary Justification Medical Conditions: COPD, Depression, HTN, Heart_Disease, Schizophrenia

Nursing Required: YES Physical Therapy: NO

Occupational Therapy Required: NO Speech-language Pathology Required: NO

Clinical Findings To Justify Home Health: Skilled nursing needed due to schizophrenia and inability to self medicate currently. Certification Statement: Patient is home bound due to schizophrenia. Patient experiences confusion and is unable to safely

leave home alone. **Signed by (NP):** 16

Signed On (NP): 2016-12-13 02:05 **Signed By (Physician):** 18

Signed on (Physician): 2016-12-20 02:05

Form_status: finalized

DME:

| Description | Status | Start Date | End Date |
|------------------------------------|--------|------------|----------|
| Walker w/seat attachment(rollator) | | | |
| Unknown or N/A | Active | 2013-11-18 | |
| 2013-11-18 by Dr. Sumana Ketha | | | |
| Gloves | Active | | |
| Unknown or N/A | Active | | |
| Alcohol Pads | Author | | |
| Unknown or N/A | Active | | |
| Probe Covers | | | |
| Unknown or N/A | Active | | |

Procedure Order:

| Patient ID | 1287 | Order ID | 1344 |
|--------------|---------------------|----------------|---------------------|
| Patient Name | Benson, Cathy A | Ordered By | Love-Jones, Derrick |
| Order Date | 2016-12-13 00:00:00 | Print Date | 2017-02-05 |
| Order Status | complete | Encounter Date | 2017-02-05 |
| Lab | .HH Agency | Specimen Type> | |

| Ordered Procedure | Report | | | | Results | | | | | | |
|---------------------|---------------------|----------|---------|------|---------|----------------|-----|-------|-------------|-------|------|
| | Reported | Specimen | Status | Note | Code | Name | Abn | Value | Range | Units | Note |
| 026: Pulse Oximetry | 2016-12-13 00:00:00 | | Final ✓ | | 0097 | Pulse Oximetry | No | 99% | 97% to 100% | | |



Electronically Signed by **Derrick Love-Jones** on **2016-12-20**.

Printed on 05-Feb-2017 22:25:19 pm.