

Lushannon White: Patient Information
Patient Record Number:3819

Texas Physician House Calls (H)
2925 Skyway Circle North, Irving, TX, USA,
75038-3510
www.texas-housecalls.com, Phone:(972) 675-
7313, Fax:(972) 675-7310,
Email:hhsupport@texas-housecalls.com

To

Type: Durable Medical Equipment
Organization: All In One Medical Supplies
Mobile: 8178681700
Email: info@al1ms.com
Fax: 8178681701
Street: 227 Martha Street
City: Euless

Fax Number

8178681701

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Name: Lushannon White **DOB:** 1965-06-02
External ID: 3819 **Sex:** Female

Address: 2338 March Ln
City: Grand Prairie
State: Texas
Postal Code: 75050
Country: USA
Home Phone: 817-800-8583
Mobile Phone: 972-352-2106

Insurance:

Molina Healthcare of Texas (Z1161)

Priority : Primary
Start Date : 2014-01-01
Relationship to Insured : Self
Type : N/A
Payer : Molina Healthcare of Texas (Z1161)

Copay :
Insured ID Number : 506054652
Group Number :
Employer Name : Lushannon White

Past Medical History:

CMS Chronic Conditions: Asthma,Chronic Kidney Disease,COPD Chronic Obstructive Pulmonary Disease and Bronchiectasis,Diabetes,Heart Failure,Hyperlipidemia,Hypertension,RA/OA (Rheumatoid Arthritis/ Osteoarthritis).
Chronic Body System Category: Diseases of the circulatory system ,Diseases of the musculoskeletal system ,Diseases of the nervous system and sense organs ,Diseases of the respiratory system ,Endocrine, nutritional, and metabolic diseases and immunity,Symptoms, signs, and ill-defined conditions .

Family History:

Social History:

Tobacco: Former smoker Former smoker. **Status:** Quit
Alcohol: No alcohol. **Status:** Never
Recreational Drugs: No drug abuse. **Status:** Never

Lushannon White: Vitals
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Seen by Sumana Ketha MD
Seen on 06-October-2016

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-10-06	150	90	249.00	60.00	98.20	16.00	~	48.6	0.00

Chief Complaint:

Followup home visit for management of hypertension, hyperlipidemia, osteoarthritis of the knees, urinary incontinence, morbid obesity, and impaired mobility. Patient request a rolling walker for mobility and wants reconstructive breast surgery.

History of Present illness:

A 51-year-old female in NAD with multiple chronic conditions of hypertension, hyperlipidemia, osteoarthritis of the knees, urinary incontinence, morbid obesity, and impaired mobility. Patient denies any hypoglycemia and foot check revealed no issues. Patient denies any chest pain, headache or nausea or vomiting. Patient is on oxygen 2L. Patient is wheelchair bound.

Allergies:

Description	Status	Start Date	End Date
No known drug allergies. Unknown or N/A	Active		

Surgeries:

Description	Status	Start Date	End Date
Tonsillectomy & Knee Replacement. Unknown or N/A	Active		

Review of Systems:

Constitutional:

- No Weight Change
- No Weakness
- No Fatigue
- No Fever
- No Intolerance
- No Change In Appetite

Eyes:

- No Change In Vision
- No Eye Pain
- No Double Vision
- No Blind Spots
- No Injury
- No Ha
- No Coryza
- No Obstruction

Ears, Nose, Mouth, Throat:

- No Hearing Loss
- No ENT Discharge
- No ENT Pain
- No Tinnitus
- No Nosebleed
- No Apnea
- No Bleeding Gums

No Hoarseness
No Use Of Dentures

Neck:

Stiffness YES
No Neck Pain
No Masses
No Tenderness

Respiratory:

Cough YES
Shortness Of Breath YES
No Wheezing

Cardiovascular:

Other Details: Hypertension No Chest Pain
No Palpitation
No Syncope
No Orthopnea

Gastrointestinal:

No Nausea
No Vomiting
No Gastro Pain
No Changed Bowel

Genitourinary General:

No Dysuria
Urine Frequency YES
No Urine Urgency
Incontinence YES
No Change In Nature Of Urine

Musculoskeletal:

Other Details: Uses WC and walker No Joint Pain
Musc Swelling YES
Musc Stiffness YES
Musc Aches YES
No Back Pain
No Paresthesia
Limitation In Range Of Motion YES

Extremities:

No Spasms
No Extreme Tremors

Neurologic:

No LOC
No Seizures
No Neuro Numbness
No Tremors
No Changes In Mentation

Psychiatric:

No Depression
No Anxiety
No Thought Content

Endocrine:

Diabetes YES

Physical Exam:

GEN:

Appearance- Abnormal Limits. Obese. Poorly groomed.
Awake, Alert, Oriented, in No Acute Distress-Within Normal Limits .

HEAD:

Normocephalic, Autramatic-Within Normal Limits .
Lesions-Within Normal Limits .

EYE:

Conjunctive Clear, Tms Intact, Discharge, Wax, Oral Lesions, Gums pink, Bilateral Nasal Turbinates-Within Normal Limits .
PERRLA, EOMI-Within Normal Limits .

ENT:

TMs/EAMs/EE, Ext Nose-Within Normal Limits .
Nasal Mucosa Pink, Septum Midline-Within Normal Limits .
Oral Mucosa Pink, Throat Clear-Within Normal Limits .

NECK:

Supple, Thyromegaly, Carotid of the Nasal Septum, JVD, lymphadenopathy-Within Normal Limits .

BACK:

Normal Curvature, Tenderness-Within Normal Limits .

CV:

RRR-Within Normal Limits .
Peripheral Edema- Abnormal Limits.
Murmur, Rubs, Gallops-Within Normal Limits .

RESP:

Lungs CTAB- Abnormal Limits.O2 on 2L..
Lungs Clear,Rales,Rhonchi,Wheezes-Within Normal Limits .

GI:

Oorganomegoly-Within Normal Limits .
Soft, Non Tender, Non Distended, Masses-Within Normal Limits .
Bowel Sounds present in all four quadrants-Within Normal Limits .

GU:

Normal. Lesions, Discharge, Hernias Noted, Deferred- Abnormal Limits.Urinary frequency..

EXTREMITIES:

Edema, Cyanosis or Clubbing-Within Normal Limits .
Deformities-Within Normal Limits .

MUSC:

ROM- Abnormal Limits.Leg weakness. Uses walker..

NEURO:

CN2-12 Intact-Within Normal Limits .
Physiological, Localizing Findings-Within Normal Limits .

PSYCH:

Depressive Symptoms-Within Normal Limits .
Change In Sleeping Habit-Within Normal Limits .
Change In Thought Content-Within Normal Limits .
Patient Appears To Be In Good Mood-Within Normal Limits .
Able To Answer Questions Qppropriately-Within Normal Limits .

SKIN:

Rash or Abnormal Lesions-Within Normal Limits .

Assessment:

Educated the patient on the importance of low-fat, low-salt, low-cholesterol diet and exercise. Medical complexity and risk of complications are medium. No CP, HA, or N/V. No hypoglycemia and foot check revealed no issues. Encouraged to lose weight. Education material was given to the patient. Reviewed labs.

Patient diagnoses are:

1. Hypertension.
2. Hyperlipidemia.
3. Morbid obesity.
4. Osteoarthritis of knees.
5. Urinary incontinence.

Plan:

Continue same treatment plan. Reviewed and continue with current medication. Medication adherence education was given to the patient. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient encouraged continuing weight loss efforts via daily exercise and certain food restrictions. No labs needed at this time. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the patient. Prognosis is fair. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

1. Hypertension, stable on medications.
2. Hyperlipidemia, stable on medications.
3. Morbid obesity, stable on medications.
4. Osteoarthritis knees, stable on medications.
5. Urinary incontinence, on incontinence supplies.

No medication refills at this time.

Quality Of Care

- 1.Provided Education Resource(s).
- 2.Medication Reconciliation.
- 3.Documentation of current medications.
- 4.Patient Decision Aids / Education Materials Given.

Medication:

Description	Status	Start Date	End Date
Magnesium Oxide ,400 MG TABS, TAKE 1 TABLET TWICE DAILY, Quantity: 60, Refill Quantity: 1 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-09-08	

Ipratropium Bromide ,0.02 % SOLN, USE 1 UNIT DOSE VIA NEBULIZER EVERY 6-8 HOURS AS DIRECTED, Quantity: 360, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-08-12
Atorvastatin Calcium ,10 MG TABS, TAKE 1 TABLET DAILY AT BEDTIME, Quantity: 90, Refill Quantity: 1 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-05-21
Furosemide ,40 MG TABS, TAKE 1 TABLET DAILY, Quantity: 90, Refill Quantity: 1 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-05-21
Lisinopril ,20 MG TABS, TAKE 1 TABLET DAILY FOR BLOOD PRESSURE, Quantity: 90, Refill Quantity: 2 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-05-21
Magnesium Oxide ,400 MG TABS, TAKE 1 TABLET TWICE DAILY, Quantity: 60, Refill Quantity: 2 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-05-21
Naproxen ,500 MG TABS, TAKE 1 TABLET TWICE DAILY AS NEEDED, Quantity: 60, Refill Quantity: 1 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-05-21

Home Health Plan:

Patient Home Bound or Can't Drive: YES

Is Home Health Care Needed: YES

Does Patient have reliable other Primary Care Physician: YES

Is House Visit Needed: YES

Next Visit Duration (in days): 31

Nursing Required: YES

Physical Therapy: NO

Occupational Therapy Required: NO

Speech-language Pathology Required: NO

Requested Care/Treatments Required:

Clinical Findings To Justify Home Health: Skilled nursing needed for multiple complex diseases and patient lack of knowledge on how to manage disease process and medications.

DME:

Description	Status	Start Date	End Date
O2 Concentrator (ICD10:J44.9 Chronic obstructive pulmonary disease, unspecified) Unknown or N/A 2015-10-01 by Dr. Sumana Ketha	Active	2015-10-01	



Electronically Signed by **Sumana Ketha, MD** on **2016-10-13**.

