

George Heidleberg: Patient Information
Patient Record Number:6196

Texas Physician House Calls (H)
2925 Skyway Circle North, Irving, TX, USA, 75038-3510
www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310,
Email:hhsupport@texashousecalls.com

Name: George Heidleberg
External ID: 6196
DOB: 1932-06-16
Sex: Male
S.S.: 461-46-5630

Address: 919 WOODVALE ST
City: Dallas
State: Texas
Postal Code: 75217
Country: USA
Home Phone: 214-253-3178
Mobile Phone: 214-552-1651
Street Address: 919 WOODVALE ST
Apt/Suite/Other: House

Family History:

Last Recorded On: 11-24-2016.
Father: Father has diabetes and hypertension..
Mother: Unknown..
Siblings: Cirrhosis, diabetes mellitus, hypertension, and hyperlipidemia..
Spouse: Complains of hypertension, hyperlipidemia, congestive heart failure, chronic obstructive pulmonary disease, and dementia..
Offspring: Patient has 5 children..
Other Family Relative: Two nephews had legs amputated due to complications from diabetes..

Social History:

Last Recorded On: 11-24-2016.
Tobacco: Current every day smoker Smokes 2-3 cigars daily. **Status:** Current
Coffee: 4-8 cups per day. **Status:** Current
Alcohol: Drinks occasionally/ 1 beer **Status:** Current
Recreational Drugs: No drug abuse. **Status:** Never
Exercise Patterns: 15 minutes a day, light exercise. **Status:**
Sleep Patterns: 6-8 hours a night.
Nutrition History: Poor, diabetic..
Developmental History: Educational level is 2nd grade.
Work Status: Unemployed,Disabled.
Hobbies: House work. .
Other History: Physical in 2015. Flushed on 10/2014. Never had prostate exam..

Insurance:

Medicare B Texas (SMTX0)

Priority : Primary
Start Date : 1997-06-01
Relationship to Insured : Self
Type : N/A
Payer : Medicare B Texas (SMTX0)
Priority : Primary
Start Date : 2016-08-01
Relationship to Insured : Self
Type : N/A
Payer : Humana (61101)

Copay :
Insured ID Number : 461465630A
Group Number :
Employer Name : George Heidleberg
Copay :
Insured ID Number : H48659225
Group Number :
Employer Name : George Heidleberg

Immunizations:

George Heidleberg: Chief Complaint
Patient Record Number:6196

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Seen by Sumana Ketha MD
Seen on 07-September-2016

Chief Complaint Status:finalized

Follow-up home visit to prevent further decline of the following chronic medical condition of diabetes mellitus 2 with neuropathy, hypertension, osteoarthritis with chronic pain, dementia, chronic pain syndrome. Patient complains of pain in his knees and having trouble sleeping.

History of Present illness:

HPI Status:Finalized

Patient is an 84-year-old Caucasian elderly male in NAD with multiple chronic conditions of the following diabetes mellitus 2, hypertension, dementia, osteoarthritis with chronic pain, and chronic pain syndrome. Patient complains of pain in his knees. Patient rates pain 7/10. Patient states that pain is relieved with current pain medication. Patient also complains of not sleeping well. Patient denies any chest pain, headache or nausea vomiting at this time. Reviewed labs. Reviewed medications.

Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-09-07	111	60	145.00	74.00	97.80	16.00	~	18.6	0.00

Review of Systems:

Constitutional:

General/Anatomic:

No weight loss
No fevers
No chills
No night sweats
No anorexia
No fatigue
No weakness
No dizziness
No lightheadedness
No orthopnea
No parosmia
No constipation

Physical Exam:

HEENT:

Head - Within Normal Limits .
Eyes - Within Normal Limits .
Ears - Within Normal Limits .
Nose - Within Normal Limits .
Throat - Within Normal Limits .

AXES:

Neck - Within Normal Limits .
Chest - Within Normal Limits .
Abdomen - Within Normal Limits .
Extremities - Within Normal Limits .

LYMPH:

Regional (Cervical, Axillary, Inguinal) - Within Normal Limits .

MUSC:

Strength - Within Normal Limits .

ROM - Within Normal Limits .

Medication:

Description	Status	Start Date	End Date
Vitamin B12 ,100 MCG TABS, TAKE 1 TABLET DAILY AS DIRECTED, Quantity: 30, Refill Quantity: 0 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-09-08	

Temazepam ,7.5 MG CAPS, TAKE ONE CAPSULE AT BEDTIME AS NEEDED, Quantity: 15, Refill Quantity: 4 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-08-29
Lisinopril ,10 MG TABS, Take 1 tablet daily for blood pressure, Quantity: 30, Refill Quantity: 3 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-08-15
Lisinopril ,10 MG TABS, TAKE ONE TABLET DAILY FORBLOOD PRESSURE, Quantity: 30, Refill Quantity: 2 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-08-15
Hydrocodone-Acetaminophen ,10-325 MG TABS, TAKE ONE TABLET FOUR TIMES A DAY AS NEEDED FORPAIN, Quantity: 120, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-07-15
Crestor ,5 MG TABS, Take 1 tablet QHS, Quantity: 30, Refill Quantity: 3 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-06-24
Donepezil HCl ,5 MG TABS, TAKE ONE TABLET EVERY NIGHT AT BEDTIME, Quantity: 30, Refill Quantity: 3 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-06-24
Hydrocodone-Acetaminophen ,10-325 MG TABS, TAKE ONE TABLET Three TIMES A DAY AS NEEDED FORPAIN, Quantity: 90, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-06-24
MetFORMIN HCl ,1000 MG TABS, TAKE ONE TABLET TWICE A DAY HOLD FOR BLOOD SUGAR BELOW 90, Quantity: 180, Refill Quantity: 3 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-06-24
Donepezil HCl ,5 MG TABS, TAKE ONE TABLET EVERY NIGHT AT BEDTIME, Quantity: 30, Refill Quantity: 3 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-05-31
MetFORMIN HCl ,1000 MG TABS, TAKE ONE TABLET TWICE A DAY HOLD FOR BLOOD SUGAR BELOW 90, Quantity: 180, Refill Quantity: 0 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-05-31
MetFORMIN HCl ,1000 MG TABS, TAKE ONE TABLET TWICE A DAY HOLD FOR BLOOD SUGAR BELOW 90, Quantity: 180, Refill Quantity: 0 Unknown or N/A by ketha, Dr sumana - BK6230281 DFW Primary Care PLLC	Active	2016-04-29
Donepezil HCl ,5 MG TABS, TAKE ONE TABLET EVERY NIGHT AT BEDTIME, Quantity: 30, Refill Quantity: 3 Unknown or N/A by ketha, Dr sumana - BK6230281 DFW Primary Care PLLC	Active	2016-03-31

Plan Note:

Plan Note Status:Finalized

Continue same treatment plan as previous. Reviewed and continue same medications, no new medications noted this visit. Medication adherence education was given to the patient and the patient educated on the benefits of low-salt, low-fat, low cholesterol diet with current medical conditions. Patient was instructed to go to ER for symptoms of chest pain, shortness of

breath, excessive headache, blurry vision or a systolic blood pressure greater than 200. Reviewed recent labs with patient. No labs needed this visit. The patient verbalize understanding of the above plan was given the office number for any questions or concerns. Prognosis is fair and patient is stable. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

1. Insomnia, continue current plan.
2. Osteoarthritis with chronic pain, continue current plan.
3. Dementia, continue current plan.
4. Chronic pain syndrome, continue current pain medication.
5. Coronary artery disease, continue current plan.
6. Diabetes mellitus type 2 with neuropathy, continue current plan.
7. Neuropathy, continue current plan.
8. Anxiety, continue current plan.
9. Hypertension with vascular complications, continue current plan.

Medication refills as follows:

B12 1 tab q.d.

Norco 10/325 mg t.i.d.

Diphenhydramine 25 mg q.h.s.

Medical Problem:

Description	Status	Start Date	End Date
Insomnia, unspecified (ICD10:G47.00 Insomnia, unspecified) Unknown or N/A	Active	2016-09-07	
Unspecified dementia with behavioral disturbance (ICD10:F03.91 Unspecified dementia with behavioral disturbance) Unknown or N/A	Active	2016-09-07	
Constipation, unspecified (ICD10:K59.00 Constipation, unspecified) Unknown or N/A	Active	2016-08-10	
Other iron deficiency anemias (ICD10:D59.8 Other iron deficiency anemias) Unknown or N/A	Active	2016-08-10	
Other disorders of peripheral nervous system (ICD10:G64 Other disorders of peripheral nervous system) Unknown or N/A	Active	2016-08-03	
Primary generalized (osteo)arthritis (ICD10:M15.0 Primary generalized (osteo)arthritis) Unknown or N/A	Active	2016-06-23	
Other chronic pain (ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2016-06-23	
Type 2 diabetes mellitus with diabetic neuropathy, unspecified (ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified) Unknown or N/A	Active	2016-06-23	
Type 2 diabetes mellitus without complications (ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A	Active	2016-05-31	
Benign essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2016-05-31	
Unspecified dementia without behavioral disturbance (ICD10:F03.90 Unspecified dementia without behavioral disturbance) Unknown or N/A	Active	2016-05-31	
Chronic pain syndrome (ICD10:G89.4 Chronic pain syndrome) Unknown or N/A	Active	2016-05-31	
Type 2 diabetes mellitus with unspecified complications (ICD10:E11.8 Type 2 diabetes mellitus with unspecified complications) Unknown or N/A	Active	2016-05-05	
Polyosteoarthritis, unspecified (ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A	Active	2016-05-05	

History of falling (ICD10:Z91.81 History of falling) Unknown or N/A	Active	2016-05-05
Other specified anxiety disorders (ICD10:F41.8 Other specified anxiety disorders) Unknown or N/A	Active	2016-05-05

Allergies:

Description	Status	Start Date	End Date
No known drug allergies. Unknown or N/A	Active		

Surgeries:

Description	Status	Start Date	End Date
MVA, a long time ago, patient does not remember when. Job place accident. Unknown or N/A	Active		

Face to Face HH Plan:

Patient Home Bound or Can't Drive: YES

Is Home Health Care Needed: YES

Does Patient have reliable other Primary Care Physician: NO

Is House Visit Needed: YES

Next Visit Duration (in days): 31

Current home health agency: VCP Home Health Agency Inc

Primary Justification Medical Conditions: diabetes,HTN,Mobility_Impairments

Additional Medical Conditions: Dementia and Chronic Pain Syndrome

Nursing Required: YES

Physical Therapy: NO

Occupational Therapy Required: NO

Speech-language Pathology Required: NO

Clinical Findings To Justify Home Health: Patient is homebound due to inability to self medicate correctly in chronic pain.

Certification Statement: Skilled nursing needed due to to make Shieh in the inability to self medicate correct.

Signed by (NP): 16

Signed On (NP): 2016-09-07 01:48

Signed By (Physician): 18

Signed on (Physician): 2016-09-14 01:48

Form_status: finalized



Electronically Signed by **Sumana Ketha, MD** on **2016-09-14**.

Printed on 24-Nov-2016 21:04:27 pm.