

**Patient Information for Your Consideration**

February 4, 2015

Case Number: DUR-DI: 233482282-1

SYLVIANE KASENDE NP  
2925 SKYWAY CIR  
IRVING, TX 75038

RE: **AARON JACKSON**      **DOB: 23-NOV-73**

Dear SYLVIANE KASENDE:

This confidential drug utilization review program provides educational information concerning potentially serious drug interactions. Our goal is to facilitate optimal, safe, effective, and high quality drug therapy.

**Possible Drug Interaction**

Our records indicate your patient received the following prescriptions: CLONIDINE HCL and METOPROLOL TARTRATE. Use of a beta-blocker with clonidine is clinically acceptable. However, if clonidine is withdrawn abruptly, rebound hypertension may result due to an unopposed alpha effect.<sup>1,2</sup> When selecting a beta-blocker for use with clonidine, labetalol may be a better option since it is associated with a lower risk for rebound hypertension.<sup>1,2</sup>

After evaluating the overall treatment goals for your patient and if medically appropriate, please consider:

- Closely monitoring blood pressure when starting or stopping either agent.<sup>2</sup>
- Slowly discontinuing the beta-blocker first when changing therapy.<sup>1,2</sup>

If a dispensing pharmacist contacted you regarding this information, please consider this a follow up to that discussion.

**If necessary, please provide your patient with a new prescription.**

We recognize that patient variables, unavailable to us, may make the current therapy appropriate for this individual. Please respond via toll-free fax at 1-866-881-6840 on the enclosed response form. A toll-free phone number 1-866-881-6830 is available to providers for drug information questions Monday through Friday 8 a.m. to 5 p.m. ET. In addition, the identified prescriptions may involve multiple prescribers and if you would like a copy of the patient's medication profile, please contact us at the phone number above. Thank you for your consideration.

Sincerely,  
Clinical Services  
CVS/caremark

**Enclosures**

1Facts & Comparisons. Facts & Comparisons Web site. <http://factsandcomparisons.com/>. Accessed May 10, 2013. 2Klasco RK (Ed): DRUGDEX System (electronic version). Thomson Micromedex, Greenwood Village, Colorado, USA. Available at: <http://www.thomsonhc.com> (cited: 5/10/13).

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## Prescriber Response Form

**Patient Name:** AARON JACKSON**Patient DOB:** 11/23/1973

For each section, please select one or more responses that best describes this case.

Because your feedback helps us improve our programs, we thank you for your time and consideration.

*1. After evaluating the case, I plan to:*☒ *←Note: Please fill in circle(s) as shown*☐ Continue current therapy with close monitoring. This regimen is appropriate for my patient.*2. I find the information provided in the letter:*☐ Useful☐ Neutral☐ Not Useful

COMMENTS:

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Physician Name

Specialty

Date

Case Number: **DUR-DI:** 233482282 - 1**CDDEJCCJCB**

Intervention Date: 02/04/2015

**Please Fax This Page Only To: 1-866-881-6840**

The fax machine is secured in accordance with applicable law.

