

**Teodora De Alvarado: Patient Information**  
Patient Record Number:5380

**Texas Physician House Calls (H)**  
2925 Skyway Circle North, Irving, TX, USA, 75038-3510  
www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310,  
Email:hhsupport@texashousecalls.com

**Name:** Teodora De Alvarado  
**External ID:** 5380  
**DOB:** 1936-06-03  
**Sex:** Female  
**S.S.:** 543-27-0878  
**Marital Status:** Married  
**User Defined:** Only Wednesday  
**genericval1:** 214-920-3686  
**genericname2:** 214-842-0115  
**genericval2:** other days after 1:30  
**Patient Drive Folder:** 0B0x\_tbqdBDPhVFFMN25YbEtSMDA

**Address:** 2542 Poinciana Pl  
**City:** Dallas  
**State:** Texas  
**Postal Code:** 75212  
**Country:** USA  
**Guardian's Name:** Only Wednesday  
**Home Phone:** 214-634-2024  
**Work Phone:** 214-574-9140  
**Mobile Phone:** 214-920-3686  
**User Email:** 214-842-0115  
**Street Address:** 2542 Poinciana Pl  
**Apt/Suite/Other:** House

## Past Medical History:

**Last Recorded On:** 02-11-2017.  
**Risk Factors:** GERD,Neuropathy.  
**Additional Medical History:** Coronary artery disease, diabetes mellitus type 2, overactive bladder, urinary incontinence, and iron anemia..

## Family History:

**Last Recorded On:** 02-11-2017.  
**Father:** Unknown..  
**Mother:** Unknown..  
**Siblings:** Unknown..  
**Offspring:** Patient has 7 children, all healthy..

## Social History:

**Last Recorded On:** 02-11-2017.  
**Tobacco:** Never smoker No smoking. **Status:** Never  
**Alcohol:** No alcohol. **Status:** Never  
**Recreational Drugs:** No drug use. **Status:** Never  
**Nutrition History:** Regular.  
**Developmental History:** Well.

## Tests and Exams:

**Last Recorded On:** 02-11-2017.

**Vitamin D (6 mo if on pills)** Normal Done on 05/10/2016 at Evolution Health Laboratories, Ordered by Dr. Ketha.

**HbA, C Hemoglobin (if DM every 3 mo)** Abnormal Done on 05/10/2016 at Evolution Health Laboratories, Ordered by Dr. Ketha.

**TSH Thyroid-Stimulating Hormone (every year)** Normal Done on 05/10/2016 at Evolution Health Laboratories, Ordered by Dr. Ketha.

**CBC Complete Blood Count (3 months)** Abnormal Done on 05/10/2016 at Evolution Health Laboratories, Ordered by Dr. Ketha.

**CMP Comprehensive Metabolic Panel (3 months)** Abnormal Done on 05/10/2016 at Evolution Health Laboratories, Ordered by Dr. Ketha.

**LIPIDS (once year unless chol meds)** Normal Done on 05/10/2016 at Evolution Health Laboratories, Ordered by Dr. Ketha.

## Insurance:

### Medicare B Texas (SMTX0)

**Priority :** Primary

**Start Date :** 2005-07-01

**Relationship to Insured :** Self

**Type :** N/A

**Payer :** Medicare B Texas (SMTX0)

**Priority :** Secondary

**Start Date :** 2011-12-01

**Relationship to Insured :** Self

**Type :** N/A

**Payer :** Medicaid Texas (SKTX0)

**Priority :** Secondary

**Start Date :** 2015-03-01

**Relationship to Insured :** Self

**Type :** N/A

**Payer :** Medicaid Texas (SKTX0)

**Copay :**

**Insured ID Number :** 543270878B

**Group Number :**

**Employer Name :** Teodora De Alvarado

**Copay :**

**Insured ID Number :** 526776552

**Group Number :**

**Employer Name :** Teodora Dealvarado

**Copay :**

**Insured ID Number :**

**Group Number :**

**Employer Name :** Teodora Dealvarado

## Immunizations:

**Teodora De Alvarado: Chief Complaint**  
Patient Record Number:5380

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**Seen by** Derrick Love-Jones  
**Seen on** 31-August-2016

**Chief Complaint Status:**finalized

Follow up home visit for management of abnormal gait, urinary incontinence, iron anemia, osteoarthritis, anxiety, depression, gastroesophageal reflux disease, coronary artery disease, neuropathy, diabetes mellitus type 2, and chronic pain. Patient complains of pain in both knees, legs and her neck.

**History of Present illness:**

**HPI Status:**Finalized

An 80-year-old female in NAD with multiple chronic conditions of abnormal gait, urinary incontinence, iron anemia, osteoarthritis, anxiety, depression, gastroesophageal reflux disease, coronary artery disease, neuropathy, diabetes mellitus type 2, and chronic pain. Patient has a history of chronic pain in both knees. Patient also complains of leg and neck pain. Patient states that she does get relief with current pain medication. Patient denies any other issues upon examination. Patient denies any CP, HA, or N/V recently.

**Vitals:**

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-08-31	126	51	260.00	62.00	98.20	18.00	~	0.0	0.00

**Review of Systems:**

**Constitutional:**

**General/Endocrine/Metabolic:**

No Weight Loss

No Weight Gain

No Fatigue

No Anorexia

No Polydipsia

No Polyuria

No Nocturia

No Excessive Thirst

No Excessive Hunger

No Sweating

No Dry Mouth

No Dry Skin

No Itching

No Rash

No Hair Loss

No Nail Changes

No Gynecomastia

No Amenorrhea

No Menstrual Changes

No Hot Flashes

No Night Sweats

No Decreased Libido

No Erectile Dysfunction

No Infertility

No Delayed Puberty

No Early Puberty

No Delayed Menarche

No Early Menarche

No Delayed Menopause

No Early Menopause

No Delayed Menstruation

No Early Menstruation

No Delayed Menstrual Cycle

No Early Menstrual Cycle

No Delayed Menstrual Flow

No Early Menstrual Flow

No Delayed Menstrual Color

No Early Menstrual Color

No Delayed Menstrual Consistency

No Early Menstrual Consistency

**Physical Exam:**

**HEENT:**

HEENT: Within Normal Limits .

**NECK:**

NECK: Within Normal Limits .

**CV:**

CV: Within Normal Limits .

Murmur, Rubs, Gallops-Within Normal Limits .

**Plan Note:**

**Plan Note Status:**Finalized

Continue same treatment plan as previous. Reviewed and continue with current medication, no new medication noted this visit. Medication adherence education was given to the patient and the patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient was instructed to go to the emergency room for symptoms of chest pain, shortness of breath, headache, blurred vision or systolic blood pressure over 200. Patient encouraged to exercise daily. No labs needed at this visit. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Prognosis is fair and patient is stable. Reviewed old records with the patient. Followup home visit in 2-3

weeks.

1. Osteoarthritis with chronic pain, continue current plan.
2. Diabetes mellitus type 2 with neuropathy, continue current plan.
3. Hypertension with vascular complications, continue current plan.
4. Anxiety, continue current plan.
5. Chronic pain syndrome, continue current pain medication.
6. Urinary incontinence, continue current plan.
7. Abnormal gait, continue to monitor.
8. Depression, continue current plan.
9. Gastroesophageal reflux disease, continue current plan.
10. Coronary artery disease, continue current plan.
11. Muscle spasms, continue current plan.
12. Neuropathy, continue current plan.

Medication refills as follows:

Flexiril 5 mg b.i.d.

Metoprolol ER 100 mg q.d.

Metformin 850 mg b.i.d.

## Medical Problem:

Description	Status	Start Date	End Date
Rheumatoid arthritis, unspecified ( ICD10:M06.9 Rheumatoid arthritis, unspecified) Unknown or N/A	Active	2015-10-11	
Iron deficiency anemia, unspecified ( ICD10:D50.9 Iron deficiency anemia, unspecified) Unknown or N/A	Active	2015-10-11	
Type 2 diabetes mellitus with diabetic neuropathy, unspecified ( ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified) Unknown or N/A	Active	2015-10-11	
Type 2 diabetes mellitus with diabetic polyneuropathy ( ICD10:E11.42 Type 2 diabetes mellitus with diabetic polyneuropathy) Unknown or N/A	Active	2015-10-11	
Essential (primary) hypertension ( ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-11	
Osteoarthritis, unspecified whether generalized or localized, site unspecified ( ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A	Active	2015-10-01	
Constipation, unspecified ( ICD10:K59.00 Constipation, unspecified) Unknown or N/A	Active	2015-10-01	
Unspecified hereditary and idiopathic peripheral neuropathy ( ICD10:G60.9 Hereditary and idiopathic neuropathy, unspecified) Unknown or N/A	Active	2015-10-01	
Paranoid type schizophrenia, chronic ( ICD10:F20.0 Paranoid schizophrenia) Unknown or N/A	Active	2015-10-01	
Abnormality of gait ( ICD10:R26.9 Unspecified abnormalities of gait and mobility) Unknown or N/A	Active	2015-10-01	
Diabetes with neurological manifestations, type II or unspecified type, not stated as uncontrolled ( ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified) Unknown or N/A	Active	2015-10-01	
Polyneuropathy in diabetes ( ICD10:E08.42 Diabetes mellitus due to underlying condition with diabetic polyneuropathy) Unknown or N/A	Active	2015-10-01	
Coronary atherosclerosis of autologous vein bypass graft ( ICD10:I25.810 Atherosclerosis of coronary artery bypass graft(s) without angina pectoris) Unknown or N/A	Active	2015-10-01	
Benign essential hypertension ( ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01	

Diabetes mellitus without mention of complication, type II or unspecified type, not stated as uncontrolled ( ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A	Active	2015-10-01
Generalized anxiety disorder ( ICD10:F41.1 Generalized anxiety disorder) Unknown or N/A	Active	2015-10-01
Osteoarthritis, localized, primary, lower leg ( ICD10:M17.10 Unilateral primary osteoarthritis, unspecified knee) Unknown or N/A	Active	2015-10-01
Depressive disorder, not elsewhere classified ( ICD10:F32.9 Major depressive disorder, single episode, unspecified) Unknown or N/A	Active	2015-10-01
Other and unspecified hyperlipidemia ( ICD10:E78.4 Other hyperlipidemia) ( ICD10:E78.5 Hyperlipidemia, unspecified) Unknown or N/A	Active	2015-10-01
Urinary incontinence, unspecified ( ICD10:R32 Unspecified urinary incontinence) Unknown or N/A	Active	2015-10-01
Iron deficiency anemia secondary to blood loss (chronic) ( ICD10:D50.9 Iron deficiency anemia, unspecified) Unknown or N/A	Active	2015-10-01
Hypertonicity of bladder ( ICD10:N32.81 Overactive bladder) Unknown or N/A	Active	2015-10-01
Pain in joint, lower leg ( ICD10:M25.569 Pain in unspecified knee) Unknown or N/A	Active	2015-10-01
Backache, unspecified ( ICD10:M54.9 Dorsalgia, unspecified) Unknown or N/A	Active	2015-10-01
Esophageal reflux ( ICD10:K21.9 Gastro-esophageal reflux disease without esophagitis) Unknown or N/A	Active	2015-10-01
Other chronic pain ( ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2015-10-01
Chronic kidney disease, unspecified ( ICD10:N18.9 Chronic kidney disease, unspecified) Unknown or N/A	Active	2015-10-01
Diabetes mellitus without mention of complication, type II or unspecified type, uncontrolled ( ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A	Active	2015-10-01
Mononeuritis of unspecified site ( ICD10:G58.9 Mononeuropathy, unspecified) Unknown or N/A	Active	2015-10-01
Iron deficiency anemia, unspecified ( ICD10:D50.9 Iron deficiency anemia, unspecified) Unknown or N/A	Active	2015-10-01
Lumbago ( ICD10:M54.5 Low back pain) Unknown or N/A	Active	2015-10-01
Pyelitis or pyelonephritis in diseases classified elsewhere ( ICD9:590.81 Pyelitis or pyelonephritis in diseases classified elsewhere) Unknown or N/A	Active	

## Allergies:

Description	Status	Start Date	End Date
No Known Drug Allergies Unknown or N/A	Active		

## Surgeries:

Description	Status	Start Date	End Date
Left knee replacement, in 2007 Unknown or N/A	Active		
Left shoulder surgery Unknown or N/A	Active		
Valve surgery Unknown or N/A	Active		
Neck surgery Unknown or N/A	Active		
Hysterectomy Unknown or N/A	Active		
Coronary artery bypass graft Unknown or N/A	Active		

## Face to Face HH Plan:

**Patient Home Bound or Can't Drive:** YES

**Is Home Health Care Needed:** YES

**Does Patient have reliable other Primary Care Physician:** YES

**Is House Visit Needed:** YES

**Next Visit Duration (in days):** 31

**Current home health agency:** Jacob Healthcare Services

**Primary Justification Medical Conditions:** Anemia,Depression,diabetes,Heart\_Disease,Schizophrenia

**Additional Medical Conditions:** Abnormal gait, urinary incontinence, anxiety, GERD, neuropathy, and chronic pain.

**Nursing Required:** YES

**Physical Therapy:** NO

**Occupational Therapy Required:** NO

**Speech-language Pathology Required:** NO

**Requested Care/Treatments Required:**

**Clinical Findings To Justify Home Health:** Skilled nursing needed due to schizophrenia and inability to self medicate and debilitating disease.

**Certification Statement:** Patient is home bound due to schizophrenia. Patient experiences confusion and is unable to leave home safely alone.

**Signed by (NP):** 16

**Signed On (NP):** 2016-08-31 04:18

**Signed By (Physician):** 18

**Signed on (Physician):** 2016-09-07 04:18

**Form\_status:** finalized

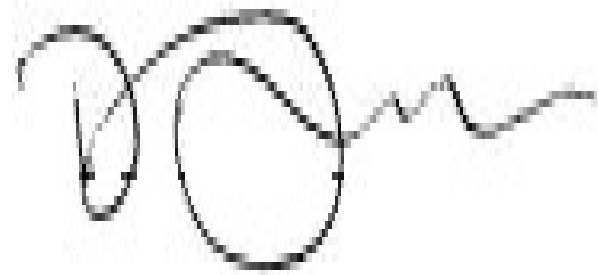
## DME:

Description	Status	Start Date	End Date
Cane Unknown or N/A by Dr. Sumana Ketha	Active		
Walker Unknown or N/A by Dr. Sumana Ketha	Active		
Glucometer Unknown or N/A by Dr. Sumana Ketha	Active		

## Procedure Order:

Patient ID	5380	Order ID	975
Patient Name	De Alvarado, Teodora	Ordered By	Love-Jones, Derrick
Order Date	2016-08-31 00:00:00	Print Date	2017-02-12
Order Status	complete	Encounter Date	2017-02-12
Lab	.HH Agency	Specimen Type>	

Ordered Procedure	Report				Results						
	Reported	Specimen	Status	Note	Code	Name	Abn	Value	Range	Units	Note
026: Pulse Oximetry	2016-08-31 00:00:00		Final ✓		0097	Pulse Oximetry	No	97%	97% to 100%		



Electronically Signed by **Derrick Love-Jones** on **2016-09-07**.

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