

**Vicky Tyndall: Patient Information**  
Patient Record Number:5856

**Texas Physician House Calls (H)**  
2925 Skyway Circle North, Irving, TX, USA, 75038-3510  
www.texas-housecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310,  
Email:hhsupport@texas-housecalls.com

**Name:** Vicky Tyndall  
**External ID:** 5856  
**DOB:** 1956-04-03  
**Sex:** Female  
**User Defined:** patient is always home  
**genericval1:** 972-557-7888

**Address:** 9829 Mill Valley Lane  
**City:** Dallas  
**State:** Texas  
**Postal Code:** 75217  
**Country:** USA  
**Home Phone:** 972-557-7888  
**Mobile Phone:** 214-643-2324  
**Street Address:** 9829 Mill Valley Lane  
**Apt/Suite/Other:** House

## Past Medical History:

**Last Recorded On:** 11-25-2016.  
**Risk Factors:** Incontinence.  
**Additional Medical History:** Morbid obesity, sleep apnea, and bed bound..

## Family History:

**Last Recorded On:** 11-25-2016.  
**Father:** Father deceased..  
**Mother:** Mother deceased with DJD, dementia, and Alzheimer disease..  
**Siblings:** Four sisters..  
**Offspring:** One daughter, healthy..

## Primary Family Med Conditions:

**Last Recorded On:** 11-25-2016.  
**Risk Factors:** Degenerative Joint Disease.  
**Chronic Conditions:** Alzheimers,Senile Dementia.

## Social History:

**Last Recorded On:** 11-25-2016.  
**Tobacco:** Never smoker No smoking. **Status:** Never  
**Alcohol:** No alcohol **Status:** Never  
**Recreational Drugs:** No drugs **Status:** Never  
**Nutrition History:** Regular.  
**Developmental History:** Educational level is 12th grade..  
**Other History:** Influenza November 2015..

## Tests and Exams:

**Last Recorded On:** 11-25-2016.

**Vitamin D (6 mo if on pills)** Normal Done on 02/22/2016 at Evolution Health-Lab Services , Ordered by Dr. Ketha.

**HbA, C Hemoglobin (if DM every 3 mo)** Normal Done on 02/22/2016 at Evolution Health-Lab Services , Ordered by Dr. Ketha.

**TSH Thyroid-Stimulating Hormone (every year)** Abnormal Done on 02/22/2016 at Evolution Health-Lab Services , Ordered by Dr. Ketha.

**CBC Complete Blood Count (3 months)** Abnormal Done on 02/22/2016 at Evolution Health-Lab Services , Ordered by Dr. Ketha.

**CMP Comprehensive Metabolic Panel (3 months)** Abnormal Done on 02/22/2016 at Evolution Health-Lab Services , Ordered by Dr. Ketha.

**LIPIDS (once year unless chol meds)** Normal Done on 02/22/2016 at Evolution Health-Lab Services , Ordered by Dr. Ketha.

**UA - Urinalysis - (Yearly - HH primary responsibility)** Abnormal Done on 02/22/2016 at Evolution Health-Lab Services , Ordered by Dr. Ketha.

**Sigmoid/Colonoscopy** N/A done in 2014

## Insurance:

### United Health Care (87726)

**Priority** : Primary

**Start Date** : 2015-01-01

**Relationship to Insured** : Self

**Type** : N/A

**Payer** : United Health Care (87726)

**Priority** : Primary

**Start Date** : 2015-09-01

**Relationship to Insured** : Self

**Type** : N/A

**Payer** : Humana (61101)

**Copay** :

**Insured ID Number** : 757618701

**Group Number** :

**Employer Name** : Vicky Tyndall

**Copay** :

**Insured ID Number** : H66044316

**Group Number** :

**Employer Name** : Vicky Tyndall

## Immunizations:

**Vicky Tyndall: Chief Complaint**  
Patient Record Number:5856

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**Seen by** Sumana Ketha MD  
**Seen on** 13-October-2016

**Chief Complaint Status:**finalized

Follow up home visit for management of gastroesophageal reflux disease, cellulitis, osteoarthritis, chronic obstructive pulmonary disease, chronic pain, asthma, vitamin D deficiency, chronic kidney disease stage-3, sleep apnea, rheumatoid arthritis, bed-bound, urinary incontinence, and chronic urinary tract infection. Patient complains of pain in her knees.

**History of Present illness:**

**HPI Status:**Finalized

Patient is a 60-year-old Caucasian female in NAD with multiple chronic conditions of the following: gastroesophageal reflux disease, cellulitis, osteoarthritis, chronic obstructive pulmonary disease, chronic pain, asthma, vitamin D deficiency, chronic kidney disease stage-3, sleep apnea, rheumatoid arthritis, bed-bound, urinary incontinence, and chronic urinary tract infection. Patient states that her knees have been hurting for several days and she has not had any relief. Patient denies any other issues upon examination. Patient denies CP, HA, or N/V recently.

**Vitals:**

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-10-13	129	69	405.00	66.00	97.80	18.00	~	65.4	0.00

**Review of Systems:**

**Constitutional:**

**General/Physical/Anatomic:**

Weight 405.00 lbs  
No change in weight  
No change in height  
No change in temperature  
No change in pulse  
No change in respiration  
No change in blood pressure  
No change in blood sugar  
No change in blood count  
No change in blood chemistry  
No change in blood uric acid  
No change in blood creatinine  
No change in blood urea nitrogen  
No change in blood ammonia  
No change in blood lactate  
No change in blood glucose  
No change in blood pH  
No change in blood bicarbonate  
No change in blood chloride  
No change in blood potassium  
No change in blood sodium  
No change in blood calcium  
No change in blood magnesium  
No change in blood phosphorus  
No change in blood zinc  
No change in blood copper  
No change in blood iron  
No change in blood cobalt  
No change in blood nickel  
No change in blood vanadium  
No change in blood selenium  
No change in blood molybdenum  
No change in blood chromium  
No change in blood manganese  
No change in blood boron  
No change in blood fluorine  
No change in blood iodine  
No change in blood bromine  
No change in blood strontium  
No change in blood yttrium  
No change in blood zirconium  
No change in blood niobium  
No change in blood molybdenum  
No change in blood ruthenium  
No change in blood rhodium  
No change in blood palladium  
No change in blood silver  
No change in blood cadmium  
No change in blood mercury  
No change in blood thallium  
No change in blood lead  
No change in blood tin  
No change in blood antimony  
No change in blood arsenic  
No change in blood selenium  
No change in blood tellurium  
No change in blood polonium  
No change in blood astatine  
No change in blood francium  
No change in blood radium  
No change in blood actinium  
No change in blood thorium  
No change in blood protactinium  
No change in blood uranium  
No change in blood neptunium  
No change in blood plutonium  
No change in blood americium  
No change in blood curium  
No change in blood berkelium  
No change in blood californium  
No change in blood einsteinium  
No change in blood fermium  
No change in blood mendelevium  
No change in blood nobelium  
No change in blood lawrencium  
No change in blood roentgenium  
No change in blood darmstadtium  
No change in blood meitnerium  
No change in blood hassium  
No change in blood tennessine  
No change in blood oganesson

**Physical Exam:**

**HEENT:**

Head - Within Normal Limits .  
Eyes - Within Normal Limits .  
Ears - Within Normal Limits .  
Nose - Within Normal Limits .  
Throat - Within Normal Limits .

**EXENTITIES:**

Right Arm - Within Normal Limits .  
Left Arm - Within Normal Limits .  
Right Leg - Within Normal Limits .  
Left Leg - Within Normal Limits .

**CYMPH:**

Right Arm - Within Normal Limits .  
Left Arm - Within Normal Limits .  
Right Leg - Within Normal Limits .  
Left Leg - Within Normal Limits .

**MUSC:**

Strength - Right Arm - Within Normal Limits .  
Strength - Left Arm - Within Normal Limits .  
Strength - Right Leg - Within Normal Limits .  
Strength - Left Leg - Within Normal Limits .

Stability - Abnormal Limits.Unstable .

**Medication:**

Description	Status	Start Date	End Date
Famotidine ,20 MG TABS, TAKE ONE TABLET BY MOUTH ONCE DAILY, Quantity: 30, Refill Quantity: 1 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-07-25	

Furosemide ,40 MG TABS, TAKE ONE TABLET BY MOUTH ONCE DAILY, Quantity: 30, Refill Quantity: 1 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-07-25
Bactrim DS ,800-160 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 0 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-03-30
Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-03-04
Lasix ,40 MG TABS, ONE TAB ONCE A DAY, Quantity: 90, Refill Quantity: 0 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-12-28
Famotidine ,20 MG TABS, TAKE ONE TABLET BY MOUTH EVERY DAY, Quantity: 30, Refill Quantity: 3 Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA	Active	2015-04-10
Lasix ,40 MG TABS, ONE TAB ONCE A DAY, Quantity: 30, Refill Quantity: 3 Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA	Active	2015-04-10

## Plan Note:

### Plan Note Status:Finalized

Send referral for sleep apnea so patient can be fitted for a new C-PAP machine. Continue same treatment plan for previous diagnosis. Reviewed and continue with current medication. Medication adherence education was given to the patient. Patient educated on benefits of low salt, low-fat, low cholesterol diet with current medical issues. Patient was instructed to go to ER for symptoms of chest pain, shortness of breath, excessive headache, blurry vision or systolic blood pressure greater than 200. Patient encouraged to get out of bed daily to prevent bedsores. The patient verbalized understanding of the above plan and was given the office number for any questions or concerns. Patient is on home oxygen 3L via nasal cannula continuously. Patient uses CPAP nightly and is in need of continuous moisturizer due to dryness. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

1. Rheumatoid arthritis/osteoarthritis with chronic pain, continue current plan.
2. Chronic kidney disease stage-3, continue current plan.
3. History of cellulitis, continue to monitor.
4. Sleep apnea send referral for new CPAP machine.
5. Vitamin D deficiency, continue current plan.
6. Chronic obstructive pulmonary disease/asthma, continue current plan.
7. Gastroesophageal reflux disease, continue current plan.
8. Urinary incontinence, continue current plan.
9. Bed-bound, continue to monitor.

Medication refills as follows:

Lasix 40 mg 1/2 tab q.d.  
Famotidine 20 mg q.d.  
Vitamin D 50,000 q. weekly.

## Medical Problem:

Description	Status	Start Date	End Date
Encounter for fitting and adjustment of unspecified left artificial arm ( ICD10:Z44.002 Encounter for fitting and adjustment of unspecified left artificial arm) Unknown or N/A	Active	2016-05-12	
Vitamin D deficiency, unspecified ( ICD10:E55.9 Vitamin D deficiency, unspecified) Unknown or N/A	Active	2016-04-25	

Obstructive and reflux uropathy, unspecified ( ICD10:N13.9 Obstructive and reflux uropathy, unspecified) Unknown or N/A	Active	2016-04-25
Cellulitis, unspecified ( ICD10:L03.90 Cellulitis, unspecified) Unknown or N/A	Active	2016-03-29
Chronic kidney disease, stage 3 (moderate) ( ICD10:N18.3 Chronic kidney disease, stage 3 (moderate)) Unknown or N/A	Active	2016-03-01
Dry mouth, unspecified ( ICD10:R68.2 Dry mouth, unspecified) Unknown or N/A	Active	2016-01-25
Bed confinement status ( ICD10:Z74.01 Bed confinement status) Unknown or N/A	Active	2016-01-13
Chronic obstructive pulmonary disease with (acute) exacerbation ( ICD10:J44.1 Chronic obstructive pulmonary disease with (acute) exacerbation) Unknown or N/A	Active	2016-01-13
Urinary tract infection, site not specified ( ICD10:N39.0 Urinary tract infection, site not specified) Unknown or N/A	Active	2015-12-18
Sleep apnea, unspecified ( ICD10:G47.30 Sleep apnea, unspecified) Unknown or N/A	Active	2015-12-18
Edema, unspecified ( ICD10:R60.9 Edema, unspecified) Unknown or N/A	Active	2015-11-16
Other specific arthropathies, not elsewhere classified, unspecified site ( ICD10:M12.80 Other specific arthropathies, not elsewhere classified, unspecified site) Unknown or N/A	Active	2015-11-16
Encounter for fitting and adjustment of urinary device ( ICD10:Z46.6 Encounter for fitting and adjustment of urinary device) Unknown or N/A	Active	2015-11-14
Mixed incontinence ( ICD10:N39.46 Mixed incontinence) Unknown or N/A	Active	2015-11-14
Dependence on supplemental oxygen ( ICD10:Z99.81 Dependence on supplemental oxygen) Unknown or N/A	Active	2015-11-14
Chronic airway obstruction, not elsewhere classified ( ICD10:J44.9 Chronic obstructive pulmonary disease, unspecified) Unknown or N/A	Active	2015-10-01
Apnea ( ICD10:R06.81 Apnea, not elsewhere classified) Unknown or N/A	Active	2015-10-01
Urinary incontinence, unspecified ( ICD10:R32 Unspecified urinary incontinence) Unknown or N/A	Active	2015-10-01
Morbid obesity ( ICD10:E66.01 Morbid (severe) obesity due to excess calories) Unknown or N/A	Active	2015-10-01
Neurogenic bladder NOS ( ICD10:N31.9 Neuromuscular dysfunction of bladder, unspecified) Unknown or N/A	Active	2015-10-01
Other diseases of lung, not elsewhere classified ( ICD10:J98.4 Other disorders of lung) Unknown or N/A	Active	2015-10-01
Osteoarthritis, generalized, site unspecified ( ICD10:M15.0 Primary generalized (osteo)arthritis) ( ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A	Active	2015-10-01
Other chronic pain ( ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2015-10-01
Cellulitis and abscess of trunk ( ICD10:L03.319 Cellulitis of trunk, unspecified) Unknown or N/A	Active	2015-10-01

Asthma, unspecified type, unspecified ( ICD10:J45.909 Unspecified asthma, uncomplicated) Unknown or N/A	Active	2015-10-01
Osteoarthritis, unspecified whether generalized or localized, site unspecified ( ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A	Active	2015-10-01
Rheumatoid arthritis ( ICD10:M06.9 Rheumatoid arthritis, unspecified) Unknown or N/A	Active	2015-10-01
Hypertensive chronic kidney disease, unspecified, with chronic kidney disease stage I through stage IV, or unspecified ( ICD10:I12.9 Hypertensive chronic kidney disease with stage 1 through stage 4 chronic kidney disease, or unspecified chronic kidney disease) ( ICD10:N18.9 Chronic kidney disease, unspecified) Unknown or N/A	Active	2015-10-01

## Allergies:

Description	Status	Start Date	End Date
No known drug allergies. Unknown or N/A	Active		

## Surgeries:

Description	Status	Start Date	End Date
C-Section in 1989 Unknown or N/A	Active		
Intubated x2 Unknown or N/A	Active		

## Face to Face HH Plan:

**Patient Home Bound or Can't Drive:** YES

**Is Home Health Care Needed:** YES

**Does Patient have reliable other Primary Care Physician:** YES

**Is House Visit Needed:** YES

**Next Visit Duration (in days):** 31

**Current home health agency:** Lucent Home Health, LLC

**Primary Justification Medical Conditions:** Asthma,COPD

**Additional Medical Conditions:** Obesity and sleep apnea.

**Nursing Required:** YES

**Physical Therapy:** YES

**Occupational Therapy Required:** NO

**Speech-language Pathology Required:** NO

**Clinical Findings To Justify Home Health:** SN needed due to uncontrolled COPD, bed bound, and educating on medication adherence.

**Certification Statement:** Patient is bed bound and is unable to leave home due to COPD and uncontrollable coughing and extreme SOB. Patient is on home oxygen 3L via nasal cannula continuously. Patient uses CPAP nightly and is in need of continuous moisturizer due to dryness.

**Signed by (NP):** 16

**Signed On (NP):** 2016-10-13 04:58

**Signed By (Physician):** 18

**Signed on (Physician):** 2016-10-20 04:58

**Form\_status:** finalized



Electronically Signed by **Sumana Ketha, MD** on **2016-10-20**.

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