

**Mauricio Arredondo: Patient Information**  
Patient Record Number:1451

**Texas Physician House Calls (H)**  
2925 Skyway Circle North, Irving, TX, USA, 75038-3510  
www.texasphysicianhousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310,  
Email:hhsupport@texasphysicianhousecalls.com

**Name:** Mauricio Arredondo  
**External ID:** 1451  
**DOB:** 1961-01-18  
**Sex:** Male  
**S.S.:** 466-37-3488  
**Marital Status:** Single  
**Patient Drive Folder:** <https://drive.google.com/a/smartmbbs.com/?tab=mo#folders/0B0Q2MIHiECb5bV9SWWRlbnk4TWs>

**Address:** 839 Morris Street  
**City:** Dallas  
**State:** Texas  
**Postal Code:** 75212  
**Country:** USA  
**Mobile Phone:** 214-207-0291  
**User Email:** lovato-family-6@hotmail.com  
**Street Address:** 839 Morris Street  
**Apt/Suite/Other:** House

## Past Medical History:

**Last Recorded On:** 11-19-2016.  
**Risk Factors:** GERD.

## Family History:

**Last Recorded On:** 11-19-2016.  
**Mother:** Mother has history of cancer..  
**Siblings:** Sister has history of cancer..  
**Other Family Relative:** Aunt has history of cancer..

## Social History:

**Last Recorded On:** 11-19-2016.  
**Tobacco:** Current every day smoker Two cigarettes per day **Status:** Current  
**Alcohol:** No alcohol. **Status:** Never  
**Recreational Drugs:** No drug abuse. **Status:** Never  
**Nutrition History:** Regular diet..  
**Developmental History:** Well..

## Tests and Exams:

**Last Recorded On:** 11-19-2016.  
**Vitamin D (6 mo if on pills)** Normal Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.  
**HbA, C Hemoglobin (if DM every 3 mo)** Normal Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.  
**TSH Thyroid-Stimulating Hormone (every year)** Normal Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.  
**CBC Complete Blood Count (3 months)** Abnormal Done on 04/18/2016 at Schryver Medical Laboratory, Ordered by Dr. Ketha.  
**CMP Comprehensive Metabolic Panel (3 months)** Abnormal Done on 04/18/2016 at Schryver

Medical Laboratory, Ordered by Dr. Ketha.

**LIPIDS (once year unless chol meds)** Normal Done on 04/18/2016 at Schryver Medical Laboratory,  
Ordered by Dr. Ketha.

## Insurance:

### Superior Health Plan Texas (39188)

**Priority** : Primary

**Start Date** : 2011-02-01

**Relationship to Insured** : Self

**Type** : N/A

**Payer** : Superior Health Plan Texas (39188)

**Copay** :

**Insured ID Number** : 506634957

**Group Number** :

**Employer Name** : Mauricio Arredondo

## Immunizations:

**Mauricio Arredondo: Chief Complaint**  
Patient Record Number:1451

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**Seen by** Sumana Ketha MD  
**Seen on** 05-October-2016

**Chief Complaint Status:**finalized

Follow up home visit for management of hypertension, hypothyroidism, pressure ulcer, dementia, tobacco use, gastroesophageal reflux disease, diabetes-2, difficulty walking, mental retardation, rickets, abnormality of gait, chronic pain, polyneuropathy, vitamin-d deficiency, and orthostatic hypertension. Patient complains of bilateral knee pain.

**History of Present illness:**

**HPI Status:**Finalized

Patient is a 55-year-old Hispanic male in NAD with multiple chronic conditions of the following: hypertension, hypothyroidism, pressure ulcer, dementia, tobacco use, gastroesophageal reflux disease, diabetes-2, difficulty walking, mental retardation, rickets, abnormality of gait, chronic pain, polyneuropathy, vitamin-d deficiency, and orthostatic hypertension. Patient c/o of knee pain and back pain that is chronic. Patient denies any chest pain, headache, or nausea or vomiting recently.

**Vitals:**

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-10-05	125	82	152.00	69.00	98.20	16.00	~	22.4	0.00

**Review of Systems:**

**Constitutional:**

No Weight Change  
No Fever  
No Night Sweats  
No Chills  
No Fatigue  
No Change In Appetite  
No Change In Sleep  
No Change In Activity  
No Change In Mood  
No Change In Behavior  
No Change In Personality  
No Change In Social Interaction  
No Change In Work Performance  
No Change In School Performance  
No Change In Driving  
No Change In Hygiene  
No Change In Grooming  
No Change In Dressing  
No Change In Eating  
No Change In Drinking  
No Change In Smoking  
No Change In Alcohol Use  
No Change In Drug Use  
No Change In Over-the-Counter Medication Use  
No Change In Prescription Medication Use  
No Change In Herbal Supplement Use  
No Change In Vitamins Use  
No Change In Minerals Use  
No Change In Amino Acids Use  
No Change In Fats Use  
No Change In Carbohydrates Use  
No Change In Proteins Use  
No Change In Fiber Use  
No Change In Water Use  
No Change In Electrolytes Use  
No Change In Vitamins Use  
No Change In Minerals Use  
No Change In Amino Acids Use  
No Change In Fats Use  
No Change In Carbohydrates Use  
No Change In Proteins Use  
No Change In Fiber Use  
No Change In Water Use  
No Change In Electrolytes Use

**Physical Exam:**

**HEENT:**  
No Change In Vision  
No Change In Hearing  
No Change In Smell  
No Change In Taste  
No Change In Throat  
No Change In Neck  
No Change In Lungs  
No Change In Heart  
No Change In Abdomen  
No Change In Pelvis  
No Change In Extremities  
No Change In Skin  
No Change In Nails  
No Change In Hair  
No Change In Teeth  
No Change In Gums  
No Change In Tongue  
No Change In Salivary Glands  
No Change In Thyroid  
No Change In Parathyroid  
No Change In Adipose Tissue  
No Change In Bone  
No Change In Muscle  
No Change In Connective Tissue  
No Change In Immune System  
No Change In Endocrine System  
No Change In Reproductive System  
No Change In Nervous System  
No Change In Circulatory System  
No Change In Respiratory System  
No Change In Digestive System  
No Change In Urinary System  
No Change In Integumentary System  
No Change In Musculoskeletal System  
No Change In Sensory System  
No Change In Motor System  
No Change In Autonomic System  
No Change In Reproductive System  
No Change In Endocrine System  
No Change In Immune System  
No Change In Nervous System  
No Change In Circulatory System  
No Change In Respiratory System  
No Change In Digestive System  
No Change In Urinary System  
No Change In Integumentary System  
No Change In Musculoskeletal System  
No Change In Sensory System  
No Change In Motor System  
No Change In Autonomic System

**Medication:**

Description	Status	Start Date	End Date
TraMADol HCl ,50 MG TABS, Take 1 Tablet By Mouth Every 8 Hours As Needed For Pain, Quantity: 90, Refill Quantity: 0 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-05-18	

Lisinopril ,10 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-04-23
Levothyroxine Sodium ,75 MCG TABS, TAKE 1 TABLET DAILY, Quantity: 90, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-01-05
Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-01-05
Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2014-11-04

## Plan Note:

### Plan Note Status:Finalized

Continue same treatment plan as previous. Reviewed and continue with current medication. Medication adherence education was given to the patient. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient was instructed to go to the emergency room for symptoms of chest pain, shortness of breath, headache, blurred vision or systolic blood pressure over 200. No labs needed this visit. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the patient. Prognosis is fair and stable. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

1. Osteoarthritis with chronic pain, continue current plan.
2. Hypertension with vascular complications, continue current plan.
3. Vitamin D deficiency, continue current plan.
4. Chronic pain syndrome, continue current pain medication.
5. Hypothyroidism, continue current plan.
6. Dementia, continue current plan.
7. Gastroesophageal reflux disease, continue current plan.
8. Diabetes mellitus type 2 with neuropathy, continue current plan.
9. Mental retardation, continue to monitor.
10. Rickets, continue current plan.
11. Abnormal gait, continue to monitor.
12. Neuropathy, continue current plan.
13. Urinary incontinence, continue current plan.

Medication refills as follows:

Lisinopril 10 mg q.d.

Vitamin D 50,000 1 tab q. weekly

Tramadol 50 mg t.i.d.

## Medical Problem:

Description	Status	Start Date	End Date
Low back pain ( ICD10:M54.5 Low back pain) Unknown or N/A	Active	2016-08-31	
Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity ( ICD10:I87.309 Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity) Unknown or N/A	Active	2016-08-31	
Other disorders of peripheral nervous system ( ICD10:G64 Other disorders of peripheral nervous system) Unknown or N/A	Active	2016-08-31	

Unspecified urinary incontinence ( ICD10:R32 Unspecified urinary incontinence) Unknown or N/A	Active	2016-06-21
Type 2 diabetes mellitus without complications ( ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A	Active	2015-11-18
Thyrotoxicosis, unspecified without thyrotoxic crisis or storm ( ICD10:E05.90 Thyrotoxicosis, unspecified without thyrotoxic crisis or storm) Unknown or N/A	Active	2015-10-15
Benign essential hypertension ( ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01
Unspecified acquired hypothyroidism ( ICD10:E03.9 Hypothyroidism, unspecified) Unknown or N/A	Active	2015-10-01
Urinary tract infection, site not specified ( ICD10:N39.0 Urinary tract infection, site not specified) Unknown or N/A	Active	2015-10-01
Pressure ulcer, lower back ( ICD10:L89.139 Pressure ulcer of right lower back, unspecified stage) ( ICD10:L89.149 Pressure ulcer of left lower back, unspecified stage) ( ICD10:L89.159 Pressure ulcer of sacral region, unspecified stage) Unknown or N/A	Active	2015-10-01
Dementia, unspecified, without behavioral disturbance ( ICD10:F03.90 Unspecified dementia without behavioral disturbance) Unknown or N/A	Active	2015-10-01
Tobacco use disorder ( ICD10:F17.200 Nicotine dependence, unspecified, uncomplicated) Unknown or N/A	Active	2015-10-01
Esophageal reflux ( ICD10:K21.9 Gastro-esophageal reflux disease without esophagitis) Unknown or N/A	Active	2015-10-01
Osteoarthritis, localized, primary, lower leg ( ICD10:M17.10 Unilateral primary osteoarthritis, unspecified knee) Unknown or N/A	Active	2015-10-01
Pain in limb ( ICD10:M79.609 Pain in unspecified limb) Unknown or N/A	Active	2015-10-01
Difficulty in walking ( ICD10:R26.2 Difficulty in walking, not elsewhere classified) Unknown or N/A	Active	2015-10-01
Unspecified mental retardation ( ICD10:F79 Unspecified intellectual disabilities) Unknown or N/A	Active	2015-10-01
Rickets, active ( ICD10:E55.0 Rickets, active) Unknown or N/A	Active	2015-10-01
Abnormality of gait ( ICD10:R26.9 Unspecified abnormalities of gait and mobility) Unknown or N/A	Active	2015-10-01
Chronic pain syndrome ( ICD10:G89.4 Chronic pain syndrome) Unknown or N/A	Active	2015-10-01
Other chronic pain ( ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2015-10-01
Osteoarthritis, generalized, site unspecified ( ICD10:M15.0 Primary generalized (osteo)arthritis) ( ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A	Active	2015-10-01
Unspecified vitamin D deficiency ( ICD10:E55.9 Vitamin D deficiency, unspecified) Unknown or N/A	Active	2015-10-01
Diabetes with neurological manifestations, type II or unspecified type, not stated as uncontrolled ( ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified) Unknown or N/A	Active	2015-10-01

Idiopathic progressive polyneuropathy ( ICD10:G60.3 Idiopathic progressive neuropathy) Unknown or N/A	Active	2015-10-01
Orthostatic hypotension ( ICD10:I95.1 Orthostatic hypotension) Unknown or N/A	Active	2015-10-01
Diabetes mellitus without mention of complication, type II or unspecified type, uncontrolled ( ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A	Active	2015-10-01

## Allergies:

Description	Status	Start Date	End Date
No known drug allergies. Unknown or N/A	Active		

## Surgeries:

Description	Status	Start Date	End Date
MVC and left foot surgery Unknown or N/A	Active		
Anoxic brain injury Unknown or N/A	Active		

## Face to Face HH Plan:

**Patient Home Bound or Can't Drive:** YES

**Is Home Health Care Needed:** NO

**Does Patient have reliable other Primary Care Physician:** NO

**Is House Visit Needed:** YES

**Next Visit Duration (in days):** 31

**Primary Justification Medical Conditions:** Hypothyroidism,diabetes,HTN

**Nursing Required:** NO

**Physical Therapy:** NO

**Occupational Therapy Required:** NO

**Speech-language Pathology Required:** NO

**Clinical Findings To Justify Home Health:** No skilled nursing needed due to care provided by family

**Signed by (NP):** 16

**Signed On (NP):** 2016-10-05 03:46

**Signed By (Physician):** 18

**Signed on (Physician):** 2016-10-12 03:46

**Form\_status:** finalized

## DME:

Description	Status	Start Date	End Date
Urinary incontinence, unspecified ordered patient incontinence supplies through Longhorn Health Solutions ( ICD9:788.30 Urinary incontinence, unspecified) Unknown or N/A	Active		
Urinary incontinence, unspecified ordered a male urinal through Longhorn DME ( ICD9:788.30 Urinary incontinence, unspecified) Unknown or N/A	Active		

## Procedure Order:

Patient ID	1451	Order ID	1085
Patient Name	Arredondo, Mauricio	Ordered By	Love-Jones, Derrick
Order Date	2016-11-20	Print Date	2016-11-20
Order Status	complete	Encounter Date	2016-11-20

Lab	.HH Agency	Specimen Type>
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Ordered Procedure	Report				Results						
	Reported	Specimen	Status	Note	Code	Name	Abn	Value	Range	Units	Note
026: Pulse Oximetry	2016-11-20		Final ✓		0097	Pulse Oximetry	No	97%	97% to 100%		



Electronically Signed by **Sumana Ketha, MD** on **2016-10-12**.

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