Cathy Benson: Patient Information

Patient Record Number: 1287

Texas Physician House Calls (H) 2925 Skyway Circle North, Irving, TX, USA, 75038-3510

www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

Name: Cathy A Benson External ID: 1287 **DOB**: 1956-06-29 Sex: Female S.S.: 464-02-5772 Marital Status: Single

Patient Drive Folder: https://drive.google.com/a/smartmbbs.com/?tab=mo#folders/0B0Q2MIHiECb5ZDk4UzVnQWtYV2c

Address: 2627 East Illinois Avenue

City: Dallas State: Texas Postal Code: 75216 Country: USA

Mobile Phone: 214-371-1552

Street Address: 2627 East Illinois Avenue

Apt/Suite/Other: 122

# **Past Medical History:**

Last Recorded On: 12-15-2016.

Risk Factors: Hepatitis, Thyroid Disease (Low or High).

## **Family History:**

Last Recorded On: 12-15-2016.

Father: Father had hypertension, heart disease, and diabetes mellitus type 2.. Mother: Mother had hypertension, heart disease, and diabetes mellitus type 2...

Offspring: Two sons..

Other Family Relative: Aunt has history of cancer..

# **Primary Family Med Conditions:**

Last Recorded On: 12-15-2016.

Chronic Conditions: Diabetes, Heart Failure, Hypertension.

Chronic Body System Category: Diseases of the circulatory system .

## **Social History:**

Last Recorded On: 12-15-2016.

**Tobacco:** Current every day smoker Smokes 2 cigarettes a day. Status: Current

Alcohol: Drink one can of beer a day. Status: Current Recreational Drugs: No drug abuse. Status: Never

Counseling: **Exercise Patterns: Hazardous Activities:** Nutrition History: Regular diet..

Developmental History: Educational level is 12th grade...

#### **Tests and Exams:**

Last Recorded On: 12-15-2016.

#### Insurance:

#### Medicare B Texas (SMTX0)

**Priority:** Primary Start Date: 2004-05-01 Relationship to Insured: Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

Priority : Primary Start Date : 2015-11-01 Relationship to Insured: Self

Type: N/A

Payer: Wellcare HMO, Inc. (14163)

**Priority**: Primary Start Date: 2016-01-01 Relationship to Insured: Self

Type: N/A

Payer: Wellcare HMO, Inc. (14163)

**Priority**: Primary Start Date: 2016-09-01 Relationship to Insured : Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

Priority: Secondary **Start Date:** 2011-10-05 Relationship to Insured: Self

Type: N/A

Payer: Medicaid Texas (SKTX0)

Priority : Secondary Start Date: 2011-12-01 Relationship to Insured : Self

Type: N/A

Payer: Medicaid Texas (SKTX0)

Insured ID Number: 464025772A

Group Number:

Employer Name: Cathy Benson

Copay:

Insured ID Number: 16984733

Group Number :

Employer Name : Cathy Benson

Copay:

Insured ID Number: 16984733

**Group Number:** 

Employer Name: Cathy Benson

Copay:

Insured ID Number: 464025772A

**Group Number:** 

Employer Name: Cathy Benson

Copay:

Insured ID Number: 505208811

**Group Number:** 

Employer Name: Cathy Benson

Copay:

Insured ID Number: 505208811

Group Number : Employer Name : Cathy Benson

# **Immunizations:**

Cathy Benson: Chief Complaint Patient Record Number:1287 Texas Physician House Calls (H)

2925 Skyway Circle North, Irving, TX, USA, 75038-3510 www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

Seen by Derrick Love-Jones Seen on 25-October-2016

#### Chief Complaint Status: finalized

Follow up home visit for management of mood disorder, anxiety, osteoarthritis, coronary artery disease, rheumatoid arthritis, contact dermatitis, heart disease, alcohol cirrhosis of liver, chronic obstructive pulmonary disease, hypertension, lumbago, hepatitis-c, chronic pain, psoriasis, depression, and schizophrenia. Patient complains of lower back pain.

# **History of Present illness:**

#### **HPI Status:**Finalized

Patient is a 60-year-old female in NAD with multiple chronic conditions including: hypertension, anxiety, osteoarthritis, and coronary artery disease. Patient states her lower back has been hurting for several days. Patient rates her current pain at 6/10 today and states she does get some relief from current pain medication. Patient was in hospital for 1 week due to pneumonia and was given 1 unit of blood. Patient was placed on 4 new medications: Lactulose 30 ml t.i.d., Pantrazole 40 mg q.d., Xifaxan 550 mg bid and Propranolol 10 mg t.i.d. Patient denies any chest pain, headache, or nausea or vomiting currently.

#### Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	ВМІ	Head circ
2016-10-25	112	74	180.00	65.00	97.80	16.00	~	30.0	0.00

# **Review of Systems:**

#### Constitutional:

**Spillingat**unologic:

**LEADING THE ENGINE** 

**New Black Broken** 

No Destablishment

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Non Minimum pad Samge Of Motion YES

No Blace Controller Station

## **Physical Exam:**

#### SEE MITIES:

Limits.

#### BIAISK:

CV:

RORI-Withim Nommal Limits ..

Thrills or Heaves-Within Normal Limits .

#### **Medication:**

Descri	otion Status	Start Date	End Date

Valsartan ,160 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 3		
Unknown or N/A	Active	2016-06-15
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
Metoprolol Tartrate ,25 MG TABS, Take One Table Twice A Day For Heart Condition, Quantity: 60, Refill Quantity: 3	Active	2016 06 42
Unknown or N/A	Active	2016-06-13
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
Triamcinolone Acetonide ,0.1 % OINT, APPLY SPARINGLY TO AFFECTED AREA(S) TWICE DAILY, Quantity: 454, Refill Quantity: 3 Unknown or N/A	Active	2016-05-16
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
Hydrocodone-Acetaminophen ,10-325 MG TABS, TAKE 1 TABLET 3 TIMES DAILY AS NEEDED FOR PAIN, Quantity: 90, Refill Quantity: 0	Author	004F 05 44
Unknown or N/A	Active	2015-05-11
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
Valsartan ,160 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 0		
Unknown or N/A	Active	2015-05-11
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
Zolpidem Tartrate ,10 MG TABS, TAKE 1 TABLET DAILY AT BEDTIME, Quantity: 30, Refill Quantity: 0		
Unknown or N/A	Active	2015-05-11
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
ALPRAZolam ,1 MG TABS, TAKE 1 TAB DAILY, Quantity: 30, Refill Quantity: 0		
Unknown or N/A	Active	2015-04-08
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls  Carisoprodol ,350 MG TABS, TAKE 1 TABLET TWICE DAILY, Quantity	:	
30, Refill Quantity: 1		
Unknown or N/A	Active	2015-03-13
by Jones, Derrick - MJ3217331		
Diovan ,160 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill		
Quantity: 2	Anthun	2045 02 42
Unknown or N/A	Active	2015-03-13
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Metoprolol Tartrate ,25 MG TABS, Take One Table Twice A Day For Heart Condition, Quantity: 60, Refill Quantity: 2		
Unknown or N/A	Active	2015-03-13
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Triamcinolone Acetonide ,0.1 % OINT, APPLY SPARINGLY TO AFFECTED AREA(S) TWICE DAILY, Quantity: 454, Refill Quantity: 2	Author	0045.00.40
Unknown or N/A	Active	2015-03-13
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		

# **Plan Note:**

#### Plan Note Status: Finalized

Continue same treatment plan as previous. Reviewed and continue with current medication. Medication adherence education was given to the patient. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient was instructed to go to the emergency room for symptoms of chest pain, shortness of breath, headache, blurred vision or systolic blood pressure over 200. Patient encouraged continuing weight loss efforts via daily exercise and certain food restrictions. No labs needed at this time. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the patient. Prognosis is fair and patient is stable. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

- 1. Lumbago with chronic pain, continue current plan.
- 2. Rheumatoid arthritis/osteoarthritis with chronic pain, continue current plan.
- 3. Hypertension with vascular complications, continue current plan.

- 4. Gastroesophageal reflux disease, continue current plan.
- 5. Anxiety, continue current plan.
- 6. Chronic obstructive pulmonary disease, continue current plan.
- 7. Chronic pain syndrome, continue current pain medication.
- 8. Coronary artery disease, continue current plan.
- 9. Heart disease, continue current plan.
- 10. Hepatitis C, continue current plan.
- 11. Psoriasis, continue current plan.
- 12. Cirrhosis of liver, continue current plan.
- 13. Allergic rhinitis, continue current plan.
- 14. Depression, continue current plan.
- 15. Schizophrenia, continue current plan.

Medication refills as follows: Alprazolam 0.5 mg t.i.d. Norco 10/325 mg t.i.d. Valsartan 160 mg q.d. Zolpidem 10 mg q.h.s.

## **Medical Problem:**

Description	Status	Start Date	End Date
Anxiety disorder, unspecified ( ICD10:F41.9 Anxiety disorder, unspecified) Unknown or N/A	Active	2015-10-06	
Unspecified osteoarthritis, unspecified site (ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A	Active	2015-10-06	
Atherosclerosis of coronary artery bypass graft(s) without angina pectoris ( ICD10:125.810 Atherosclerosis of coronary artery bypass graft(s) without angina pectoris) Unknown or N/A	Active	2015-10-06	
Unilateral primary osteoarthritis, unspecified knee (ICD10:M17.10 Unilateral primary osteoarthritis, unspecified knee) Unknown or N/A	Active	2015-10-01	
Heart disease, unspecified (ICD10:I51.9 Heart disease, unspecified) Unknown or N/A	Active	2015-10-01	
Other specified papulosquamous disorders ( ICD10:L44.8 Other specified papulosquamous disorders) Unknown or N/A	Active	2015-10-01	
Essential (primary) hypertension ( ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01	
Gastro-esophageal reflux disease without esophagitis ( ICD10:K21.9 Gastro-esophageal reflux disease without esophagitis) Unknown or N/A	Active	2015-10-01	
Rheumatoid arthritis ( ICD10:M06.9 Rheumatoid arthritis, unspecified) Unknown or N/A	Active	2015-10-01	
Contact dermatitis and other eczema due to other specified agents (ICD10:L25.8 Unspecified contact dermatitis due to other agents) Unknown or N/A	Active	2015-10-01	
Anxiety state, unspecified (ICD10:F41.9 Anxiety disorder, unspecified) Unknown or N/A	Active	2015-10-01	
Osteoarthrosis, unspecified whether generalized or localized, site unspecified (ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A	Active	2015-10-01	
Coronary atherosclerosis of native coronary artery (ICD10:l25.10 Atherosclerotic heart disease of native coronary artery without angina pectoris) Unknown or N/A	Active	2015-10-01	
Benign essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01	

Chronic pulmonary heart disease, unspecified (ICD10:l27.9 Pulmonary heart disease, unspecified) Unknown or N/A	Active	2015-10-01
Alcoholic cirrhosis of liver (ICD10:K70.30 Alcoholic cirrhosis of liver without ascites) Unknown or N/A	Active	2015-10-01
Chronic airway obstruction, not elsewhere classified (ICD10:J44.9 Chronic obstructive pulmonary disease, unspecified) Unknown or N/A	Active	2015-10-01
Coronary atherosclerosis of unspecified type of vessel, native or graft (ICD10:I25.10 Atherosclerotic heart disease of native coronary artery without angina pectoris)  Unknown or N/A	Active	2015-10-01
Simple type schizophrenia, unspecified (ICD10:F20.89 Other schizophrenia) Unknown or N/A	Active	2015-10-01
Unspecified essential hypertension ( ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01
Osteoarthrosis, generalized, site unspecified ( ICD10:M15.0 Primary generalized (osteo)arthritis) ( ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A	Active	2015-10-01
Osteoarthrosis, generalized, multiple sites ( ICD10:M15.0 Primary generalized (osteo)arthritis) Unknown or N/A	Active	2015-10-01
Psoriasis ( ICD10:L40.8 Other psoriasis) Unknown or N/A	Active	2015-10-01
Depression ( ICD10:F32.9 Major depressive disorder, single episode, unspecified) Unknown or N/A	Active	2015-10-01
Hepatitis C (ICD10:B19.20 Unspecified viral hepatitis C without hepatic coma) Unknown or N/A	Active	2015-10-01
Allergic rhinitis ( ICD10:J30.9 Allergic rhinitis, unspecified) Unknown or N/A	Active	2015-10-01
Lumbago ( ICD10:M54.9 Dorsalgia, unspecified) Unknown or N/A	Active	2015-10-01
Chronic pain syndrome ( ICD10:G89.4 Chronic pain syndrome) Unknown or N/A	Active	2015-10-01
Other chronic pain ( ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2015-10-01
Cirrhosis of liver without mention of alcohol (ICD10:K74.60 Unspecified cirrhosis of liver) Unknown or N/A	Active	2015-10-01
Osteoarthrosis, localized, primary, lower leg ( ICD10:M17.10 Unilateral primary osteoarthritis, unspecified knee) Unknown or N/A	Active	2015-10-01
Heart disease, unspecified (ICD10:I51.9 Heart disease, unspecified) Unknown or N/A	Active	2015-10-01
Other psoriasis and similar disorders ( ICD10:L44.8 Other specified papulosquamous disorders) Unknown or N/A	Active	2015-10-01
Unspecified episodic mood disorder ( ICD9:296.90 Unspecified episodic mood disorder) Unknown or N/A	Active	

# Allergies:

Description	Status	Start Date	End Date	
Doodriphen		- Clark Date		

# **Surgeries:**

	Description	Status	Start Date	End Date
Thyroid surgery Unknown or N/A		Active		
Gallbladder Unknown or N/A		Active		
went to methodist in 2014 Unknown or N/A		Active		
went to methodist in 2014 Unknown or N/A		Active		

## **Face to Face HH Plan:**

Patient Home Bound or Can't Drive: YES Is Home Health Care Needed: YES

Does Patient have reliable other Primary Care Physician: YES

Is House Visit Needed: YES Next Visit Duration (in days): 31

Current home health agency: Emrick Services INC

Primary Justification Medical Conditions: COPD, Depression, HTN, Heart\_Disease, Schizophrenia

Nursing Required: YES Physical Therapy: NO

Occupational Therapy Required: NO Speech-language Pathology Required: NO

Clinical Findings To Justify Home Health: Skilled nursing needed due to schizophrenia and inability to self medicate currently. Certification Statement: Patient is home bound due to schizophrenia. Patient experiences confusion and is unable to safely

leave home alone. **Signed by (NP):** 16

**Signed On (NP):** 2016-10-25 07:02 **Signed By (Physician):** 18

Signed on (Physician): 2016-11-01 07:02

Form\_status: finalized

#### DME:

Description	Status	Start Date	End Date
Walker w/seat attachment(rollator)			
Unknown or N/A	Active	2013-11-18	
2013-11-18 by Dr. Sumana Ketha			
Gloves	Active		
Unknown or N/A	Active		
Alcohol Pads	Active		
Unknown or N/A	Active		
Probe Covers	Author		
Unknown or N/A	Active		

# **Procedure Order:**

Patient ID	1287	Order ID	1044
Patient Name	Benson, Cathy A	Ordered By	Love-Jones, Derrick
Order Date	2016-12-16	Print Date	2016-12-16
Order Status	complete	Encounter Date	2016-12-16
Lab	.HH Agency	Specimen Type>	

Ordered Procedure	Report				Results						
	Reported	Specimen	Status	Note	Code	Name	Abn	Value	Range	Units	Note
026: Pulse Oximetry						,		•			•



Electronically Signed by **Derrick Love-Jones** on **2016-11-01**.

Printed on 16-Dec-2016 22:15:28 pm.