### Marilyn Bell: Patient Information

Patient Record Number:6146

Texas Physician House Calls (H)
2925 Skyway Circle North, Irving, TX, USA, 75038-3510
www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310,
Email:hhsupport@texashousecalls.com

Name: Marilyn Bell External ID: 6146 **DOB**: 1957-12-09 Sex: Female

Address: 4110 Marshall Drive

City: Dallas State: Texas Postal Code: 75210 Country: USA

Emergency Contact: 214-772-0225 Mobile Phone: 214-791-5157 Street Address: 4110 Marshall Drive

Apt/Suite/Other: House

## **Past Medical History:**

Last Recorded On: 11-19-2016.

Risk Factors: Chronic Pain, Thyroid Disease (Low or High).

## **Family History:**

Last Recorded On: 11-19-2016.

Father: Hypertension..

Mother: Hypertension and diabetes..

## **Social History:**

Last Recorded On: 11-19-2016. Tobacco: No smoking. Status: Never

Coffee: Status: N/A

Alcohol: No alcohol use. Status: Never

Recreational Drugs: No drug abuse. Status: Never

Nutrition History: Regular... Developmental History: Well..

Work Status: Disabled.

Other History: Influenza November 2015..

## Insurance:

## Molina Healthcare of Texas (Z1161)

**Priority**: Primary Start Date: 2016-03-01 Relationship to Insured: Self

Type: N/A

Payer: Molina Healthcare of Texas (Z1161)

Copay:

Insured ID Number: 508370593

**Group Number:** 

Employer Name: Marilyn Bell

Immunizations:			

Marilyn Bell: Chief Complaint Patient Record Number:6146 Texas Physician House Calls (H)

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**Seen by** Darolyn Perkins **Seen on** 28-September-2016

#### Chief Complaint Status: finalized

Follow up home visit to prevent further decline of chronic conditions of chronic, asthma, diabetes mellitus type-2, hypertension, hypothyroidism, congestive heart failure, heart disease, and chronic pain. Patient complain of shortness of breath and pain in the right ear.

## **History of Present illness:**

#### **HPI Status:**Finalized

Patient is a 58-year-old female with known history of congestive heart failure, heart disease, gout, insomnia, gastroesophageal reflux disease, coronary artery disease, diabetes mellitus 2, chronic pain, hypothyroidism, hypertension, chronic obstructive pulmonary disease and asthma. Patient states she went to emergency last week for shortness of breath and received an antibiotic and steroids. Patient complains of pain in her right ear and left hip. She states she fell at the time of she trying to get into bed. Patient denies any other issues upon examination. Patient denies any CP, HA, or N/V.

#### Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-09-28	101	61	0.00	69.00	98.20	18.00	~	0.0	0.00

## **Review of Systems:**

#### Constitutional:

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No White Grant Control YES

**New Manager** Service Service

No Dientalin Difficeulties

### **Physical Exam:**

#### GEBRO:

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#### REUTECH:

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#### NECK-

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### CV:

RRR-Within Normal Limits .

### RESP:

 $Lungs\ Clear, Rales, Rhonchi, Wheezes-Within\ Normal\ Limits\ .$ 

#### GI:

Ogrganomegoly-Within Normal Limits .

Soft, Non Tender, Non Distended, Masses-Within Normal Limits .

### **Medication:**

Descri	iption Status	Start Date	End Date

Ipratropium-Albuterol ,0.5-2.5 (3) MG/3ML SOLN, USE 1 UNIT DOSE IN NEBULIZER 4 TIMES DAILY, Quantity: 120, Refill Quantity: 5		
Unknown or N/A	Active	2016-10-09
by Jones, Derrick - MJ3217331		
Texas Physician House Calls  Advair Diskus ,100-50 MCG/DOSE AEPB, INHALE 1 PUFF TWICE  DAILY, Quantity: 60, Refill Quantity: 0		
Unknown or N/A	Active	2016-10-06
by Jones, Derrick - MJ3217331		
DFW Primary Care PLLC		
Benazepril-Hydrochlorothiazide ,20-25 MG TABS, TAKE 1 TABLET		
DAILY, Quantity: 30, Refill Quantity: 0 Unknown or N/A	Active	2016-10-06
by Jones, Derrick - MJ3217331		
DFW Primary Care PLLC		
Fluticasone Propionate ,50 MCG/ACT SUSP, USE 1 SPRAY IN EACH NOSTRIL TWICE DAILY, Quantity: 1, Refill Quantity: 0		
Unknown or N/A	Active	2016-10-06
by Jones, Derrick - MJ3217331 DFW Primary Care PLLC		
MiraLax , PACK, MIX 1 PACKET IN 8 OUNCES OF LIQUID AND DRINK ONCE DAILY, Quantity: 30, Refill Quantity: 0		
Unknown or N/A	Active	2016-10-06
by Jones, Derrick - MJ3217331		
DFW Primary Care PLLC		
Nitroglycerin ,0.4 MG/HR PT24, APPLY PATCH FOR 12 TO 14 HOURS DAILY, THEN REMOVE, Quantity: 30, Refill Quantity: 0		
Unknown or N/A	Active	2016-10-06
by Jones, Derrick - MJ3217331		
DFW Primary Care PLLC		
Xopenex HFA ,45 MCG/ACT AERO, INHALE 2 PUFFS EVERY 4 HOURS AS NEEDED, Quantity: 30, Refill Quantity: 0		
Unknown or N/A	Active	2016-10-06
by Jones, Derrick - MJ3217331		
DFW Primary Care PLLC		
LamISIL ,250 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 0		
Unknown or N/A	Active	2016-10-05
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
ALPRAZolam ,0.25 MG TABS, TAKE 1 TABLET THRICE DAILY,		
Quantity: 90, Refill Quantity: 0	Active	2016-09-29
Unknown or N/A by ketha, Dr sumana - BK6230281	Active	2010-03-23
DFW Primary Care PLLC		
ALPRAZolam ,0.5 MG TABS, TAKE 1 TABLET TWICE DAILY AS NEEDED, Quantity: 60, Refill Quantity: 0		
Unknown or N/A	Active	2016-06-15
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls  Cephalexin ,500 MG CAPS, TAKE 1 CAPSULE 3 TIMES DAILY UNTIL GONE, Quantity: 21, Refill Quantity: 0		
Unknown or N/A	Active	2016-06-15
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Promethazine-DM ,6.25-15 MG/5ML SYRP, TAKE 1 TO 2 TEASPOONSFUL EVERY 6 HOURS AS NEEDED, Quantity: 240, Refill		
Quantity: 1	Active	2016-06-15
Unknown or N/A by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
ALPRAZolam ,0.25 MG TABS, TAKE 1 TABLET DAILY AS NEEDED, Quantity: 30, Refill Quantity: 0		
Unknown or N/A	Active	2016-05-16
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Zolpidem Tartrate ,5 MG TABS, TAKE 1 TABLET AT BEDTIME AS NEEDED FOR INSOMNIA, Quantity: 30, Refill Quantity: 1		
Unknown or N/A	Active	2016-05-16
by Jones, Derrick - MJ3217331		

Metoprolol Tartrate, 100 MG TABS, TAKE 1 TABLET DAILY AS DIRECTED, Quantity: 30, Refill Quantity: 0 Unknown or N/A Active 2016-05-04 by Jones, Derrick - MJ3217331 DFW Primary Care PLLC Polyethylene Glycol 3350, POWD, MIX 1 CAPFUL IN 8 OUNCES OF WATER AND DRINK AT BEDTIME AS NEEDED FOR CONSTIPATION, Quantity: 527, Refill Quantity: 0 Active 2016-05-04 Unknown or N/A by Jones, Derrick - MJ3217331 DFW Primary Care PLLC Qvar, 40 MCG/ACT AERS, INHALE ONE PUFF BY MOUTH DAILY, Quantity: 1, Refill Quantity: 0 Active 2016-05-04 Unknown or N/A by Jones, Derrick - MJ3217331 DFW Primary Care PLLC Advair Diskus ,100-50 MCG/DOSE AEPB, INHALE 1 PUFF TWICE DAILY, Quantity: 60, Refill Quantity: 3 Active 2016-05-02 Unknown or N/A by ketha, Dr. sumana - BK6230281 DFW Primary Care PLLC Chantix ,1 MG TABS, half a tab on day 1-3 half a tab twice a day on days 4-7 one tab day 8 for 11 weeks, Quantity: 85, Refill Quantity: 0 Active 2016-05-02 Unknown or N/A by ketha, Dr sumana - BK6230281 DFW Primary Care PLLC MiraLax, PACK, MIX 1 PACKET IN 8 OUNCES OF LIQUID AND DRINK ONCE DAILY, Quantity: 30, Refill Quantity: 3 Active 2016-05-02 Unknown or N/A by ketha, Dr sumana - BK6230281 DFW Primary Care PLLC Nystatin ,100000 UNIT/GM CREA, APPLY 2-3 TIMES DAILY TO AFFECTED AREA(S), Quantity: 30, Refill Quantity: 3 Active 2016-05-02 by ketha, Dr sumana - BK6230281 DFW Primary Care PLLC Qvar ,40 MCG/ACT AERS, Inhale 1 puff daily, Quantity: 8.7, Refill Quantity: 3 Active 2016-05-02 Unknown or N/A by ketha, Dr sumana - BK6230281 DFW Primary Care PLLC Metoprolol Tartrate, 100 MG TABS, TAKE 1 TABLET DAILY AS DIRECTED, Quantity: 30, Refill Quantity: 3 Unknown or N/A Active 2016-05-02 by ketha, Dr sumana - BK6230281 DFW Primary Care PLLC Nitroglycerin ,0.4 MG/HR PT24, APPLY PATCH FOR 12 TO 14 HOURS DAILY, THEN REMOVE, Quantity: 90, Refill Quantity: 0 2016-04-13 Unknown or N/A Active by Jones, Derrick - MJ3217331 Texas Physician House Calls

#### Plan Note:

### Plan Note Status: Finalized

Continue with treatment as previously. Reviewed and continue same medications, no new medications noted this visit. Medication adherence education was given to the patient. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient encouraged continuing weight loss efforts via daily exercise and certain food restrictions. No labs needed at this time. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the patient. Prognosis is fair and stable.

- 1. Hypertension with vascular complications, continue current plan.
- 2. Diabetes mellitus with neuropathy continue current plan.
- 3. Osteoarthritis with chronic pain continue current plan.
- 4. Coronary artery disease, continue current plan.
- 5. Chronic Pain Syndrome, continue current pain medication.
- 6. Vitamin D Deficiency, continue current plan.
- 7. Anxiety, continue current plan.
- 8. Congestive heart failure, continue current plan.
- 9. Hypothyroidism, continue current plan.

- 10. Chronic obstructive pulmonary disease/asthma, continue current plan.
- 11. Insomnia.
- 12. Gastroesophageal reflux disease.

Medication refills as follows:

- 1. Norco 10/325 mg t.i.d.
- 2. Xanax 0.5mg tid
- 3. Ambien 5 mg q.h.s
- 4. Clozapam

# **Medical Problem:**

Description	Status	Start Date	End Date
Gout, unspecified			
( ICD10:M10.9 Gout, unspecified)	Active	2016-09-15	
Unknown or N/A			
Unspecified systolic (congestive) heart failure			
(ICD10:I50.20 Unspecified systolic (congestive) heart failure)	Active	2016-09-15	
Unknown or N/A			
Primary generalized (osteo)arthritis	Active	2016-07-28	
( ICD10:M15.0 Primary generalized (osteo)arthritis) Unknown or N/A	Active	2010-07-20	
Polyosteoarthritis, unspecified			
(ICD10:M15.9 Polyosteoarthritis, unspecified)	Active	2016-07-28	
Unknown or N/A			
Chronic venous hypertension (idiopathic) without complications of			
unspecified lower extremity	Active	2016-07-28	
( ICD10:l87.309 Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity)	Active	2010-07-26	
Unknown or N/A			
Severe persistent asthma, uncomplicated			
(ICD10:J45.50 Severe persistent asthma, uncomplicated)	Active	2016-06-18	
Unknown or N/A			
Unspecified asthma, uncomplicated (ICD10:J45.909 Unspecified asthma, uncomplicated)	Active	2016-06-15	
Unknown or N/A	710070	2010 00 10	
Hypothyroidism, unspecified			
( ICD10:E03.9 Hypothyroidism, unspecified)	Active	2016-06-15	
Unknown or N/A			
Insomnia, unspecified			
( ICD10:G47.00 Insomnia, unspecified) Unknown or N/A	Active	2016-06-15	
Gastro-esophageal reflux disease without esophagitis (ICD10:K21.9 Gastro-esophageal reflux disease without esophagitis)	Active	2016-06-15	
Unknown or N/A			
Chronic pain syndrome			
( ICD10:G89.4 Chronic pain syndrome)	Active	2016-06-15	
Unknown or N/A			
Benign essential hypertension	Active	2016 05 21	
( ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2016-05-31	
Chronic obstructive pulmonary disease, unspecified			
(ICD10:J44.9 Chronic obstructive pulmonary disease, unspecified)	Active	2016-05-12	
Unknown or N/A			
Chronic obstructive pulmonary disease with (acute) exacerbation	·		
( ICD10:J44.1 Chronic obstructive pulmonary disease with (acute) exacerbation)	Active	2016-04-19	
Unknown or N/A			
Chronic combined systolic (congestive) and diastolic (congestive) heart failure			
( ICD10:I50.42 Chronic combined systolic (congestive) and diastolic (congestive) heart	Active	2016-04-19	
failure) Unknown or N/A			
Type 2 diabetes mellitus with diabetic neuropathy, unspecified (ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified)	Active	2016-04-19	
Unknown or N/A			

Gastro-esophageal reflux disease with esophagitis (ICD10:K21.0 Gastro-esophageal reflux disease with esophagitis) Unknown or N/A	Active	2016-04-19
Type 2 diabetes mellitus without complications (ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A	Active	2016-04-12
Heart failure, unspecified (ICD10:I50.9 Heart failure, unspecified) Unknown or N/A	Active	2016-04-12
Chronic ischemic heart disease, unspecified (ICD10:125.9 Chronic ischemic heart disease, unspecified) Unknown or N/A	Active	2016-04-12

## **Allergies:**

Description	Status	Start Date	End Date	
No known drug allergies. Unknown or N/A	Active			

### **Face to Face HH Plan:**

Patient Home Bound or Can't Drive: YES Is Home Health Care Needed: YES

Does Patient have reliable other Primary Care Physician: NO

Is House Visit Needed: YES Next Visit Duration (in days): 31

Current home health agency: Calvary Healthcare Inc

**Primary Justification Medical Conditions:** 

Hypothyroidism, Asthma, COPD, diabetes, Heart\_Failure, HTN, Heart\_Disease, Rheumatoid Arthritis\_Osteoarthr

Nursing Required: YES Physical Therapy: NO

Occupational Therapy Required: NO Speech-language Pathology Required: NO

Clinical Findings To Justify Home Health: Skilled nursing needed due to Chronic obstructive pulmonary disease and chronic

pain and inability to self medicate.

Certification Statement: Patient is home bound due to COPD and chronic pain. Patient is weak with poor balance and

experience shortness of breath with ambulation causing patient to be at increased risk for falls.

**Signed On (NP):** 2016-09-28 05:17 **Signed By (Physician):** 18

Signed on (Physician): 2016-10-05 05:18

Form\_status: finalized



Electronically Signed by Darolyn Perkins on 2016-10-05.

Printed on 20-Nov-2016 09:10:52 am.