

**Sarah Khan: Patient Information**  
Patient Record Number:3632

**Texas Physician House Calls (H)**  
2925 Skyway Circle North, Irving, TX, USA, 75038-3510  
www.texas-housecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310,  
Email:hhsupport@texas-housecalls.com

**Name:** Sarah Khan  
**External ID:** 3632  
**DOB:** 1952-10-13  
**Sex:** Female  
**S.S.:** 454-37-4506  
**User Defined:** Schedule on Mon, Wed & Friday  
**Patient Drive Folder:** <https://drive.google.com/a/smartmbbs.com/?tab=mo#folders/0B-x5JZCm9BpXTDFUd1VRa19INTQ>

**Address:** 3547 Ridgeoak Way  
**City:** Farmers Branch  
**State:** Texas  
**Postal Code:** 75234  
**Country:** USA  
**Home Phone:** 469-831-8121  
**Street Address:** 3547 Ridgeoak Way, Farmers Branch  
**Apt/Suite/Other:** House

## Past Medical History:

**Last Recorded On:** 08-17-2016.  
**Additional Medical History:** Parkinson's disease..

## Family History:

**Last Recorded On:** 08-17-2016.  
**Father:** Reviewed and same..  
**Offspring:** Patient has three children..

## Primary Family Med Conditions:

**Last Recorded On:** 08-17-2016.  
**Chronic Conditions:** Diabetes,Heart Failure,Hypertension.

## Social History:

**Last Recorded On:** 08-17-2016.  
**Tobacco:** Never smoker No smoking **Status:** Never  
**Alcohol:** No alcohol **Status:** Never  
**Recreational Drugs:** No drugs **Status:** Never  
**Nutrition History:** Good..  
**Developmental History:** Educational level is masters..  
**Work Status:** Disabled.  
**Other History:** Influenza in 2014. Pneumovax in 2012. PAP 5 years ago. Physical in 2014..

## Tests and Exams:

**Last Recorded On:** 08-17-2016.  
**CBC Complete Blood Count (3 months)** Abnormal Done on 05/15/2014, at MetroStat, Ordered by Dr. Sumana Ketha.  
**CXR - Chest X Ray** N/A

**Mammogram (>40yrs, Yearly)** N/A Done 3 years ago

**Insurance:**

## Medicare B Texas (SMTX0)

**Priority :** Primary

**Start Date :** 2010-01-01

Relationship to Insured : Self

**Type :** N/A

**Payer :** Medicare B Texas (SMTX0)

**Priority :** Primary

**Start Date :** 2013-05-01

Relationship to Insured : Self

**Type :** N/A

**Payer :** Medicare B Texas (SMTX0)

**Priority : Secondary**

**Start Date : 2010-01-01**

Relationship to Insured : Self

**Type :** N/A

**Payer :** Medicaid Texas (SKTX0)

**Copay :**

**Insured ID Number : 454374506W**

**Group Number :**

**Employer Name :** Sarah Khan

**Copay :**

**Insured ID Number : 454374506W**

**Group Number :**

**Employer Name :** Sarah Khan

**Copay :**

**Insured ID Number : 525623098**

**Group Number :**

**Employer Name :** Sarah Khan

### Immunizations:

**Sarah Khan: Chief Complaint**  
Patient Record Number:3632

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**Seen by** Darolyn Perkins  
**Seen on** 22-June-2016

**Chief Complaint Status:**finalized

Follow-up home visit to prevent further decline in medical conditions including diabetes mellitus type 2, hypertension, coronary artery disease, Parkinson's disease, and Neuropathy. Patient complains of increase in tremors and have now spread to her feet and toes

**History of Present illness:**

A 63-year-old female NAD with multiple chronic conditions including diabetes mellitus type 2, hypertension, restless leg syndrome, Psoriasis, and Parkinson's disease. patient states her blood pressure has been running high and the cardiologist changed her medications. Patient denies any pain. Patient denies any other issues upon examination. Patient denies any hypoglycemia episodes since last visit and foot check revealed minor issues. Patient denies any chest pain, headache, nausea vomiting upon examination.

### Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-06-22	137	82	281.00	66.00	98.20	18.00		45.3	0.00

## Review of Systems:

**Respiratory:**

**Electrical Safety:** YES  
**Difficult To Turn On/Off:** YES  
**Limitation In Range Of Motion:** YES

### Physical Exam:

**BNCH:**  
Nocturnal Asthma, Orthopnea, Cheyne-Stokes Respiration, Normal Limits .

**EYES:**  
Brightly Pink, Tarsal Erythema, Wax, Normal Limits . Gums pink, Bilateral Nasal Turbinates-Within Normal Limits .

**ENT:**  
Stable, No Ear Pain, No Discharge, Within Normal Limits .

**NECK:**  
Supple, Thyromegaly, Carotid of the Nasal Septum, JVD, lymphadenopathy-Within Normal Limits .

**CV:**  
RRR-Within Normal Limits .

**RESP:**  
Lungs Clear, Rales, Rhonchi, Wheezes-Within Normal Limits .

**GI:**  
Soft, Non Tender, Non Distended, Masses-Within Normal Limits .  
  
Bowel Sounds present in all four quadrants-Within Normal Limits .

**Medication:**

Description	Status	Start Date	End Date
Accu-Chek Active , STRP, Test 3 times a day to monitor blood sugars, Quantity: 100, Refill Quantity: 3			
Unknown or N/A	Active	2015-05-22	
by ketha, Dr sumana - BK6230281			
Sumana Ketha MDPA			

NovoLOG Mix 70/30 FlexPen ,(70-30) 100 UNIT/ML SUPN, INJECT SUBCUTANEOUSLY 85 UNITS EVERY MORNING AND 60 UNITS EVERY EVENING, Quantity: 45, Refill Quantity: 0	Active	2015-05-22
Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls		
MiraLax , PACK, 1 Packet in 8 ounces of water daily for constipation Hold if diarrhea starts, Quantity: 30, Refill Quantity: 3	Active	2015-04-02
Unknown or N/A by ketha, Dr sumana - BK6230281 Sumana Ketha MDPA		
Furosemide ,20 MG TABS, Take One Tablet By Mouth Twice A Day, Quantity: 90, Refill Quantity: 0	Active	2014-12-09
Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls		

## Plan Note:

Continue same treatment plan as with previous. Reviewed and continue same medications, no new medications noted this visit. Medication adherence education was given to the patient and the patient educated on the benefits of little salt, low-fat, low cholesterol diet with current medical conditions. Patient was instructed to go to ER for symptoms of chest pain, shortness of breath, excessive headache, blurry vision or systolic blood pressure greater than 200. No labs need it this visit. The patient verbalize understanding of the above planet was given the office number for any questions or concerns. Prognosis is fair and patient is stable.

1. Tremors followup with neurologist.
2. Restless leg syndrome, continue current plan.
3. Diabetes mellitus type 2, continue current plan.
4. Hypertension, continue current plan.
5. Parkinson's disease, continue current plan.
6. Coronary artery disease, continue current plan.
7. Psoriasis, continue current plan.
8. Constipation, continue current plan.
9. First AV block, continue current plan.
10. Neuropathy, continue current plan.
11. Morbid obesity, continue current plan.

Medication refills as follows: Fluocinonide ointment 0.05% apply sparingly to affected area.

## Medical Problem:

Description	Status	Start Date	End Date
Other psoriasis ( ICD10:L40.8 Other psoriasis) Unknown or N/A	Active	2015-10-01	
Constipation, unspecified ( ICD10:K59.00 Constipation, unspecified) Unknown or N/A	Active	2015-10-01	
Coronary atherosclerosis of native coronary artery ( ICD10:I25.10 Atherosclerotic heart disease of native coronary artery without angina pectoris) Unknown or N/A	Active	2015-10-01	
First degree atrioventricular block ( ICD10:I44.0 Atrioventricular block, first degree) Unknown or N/A	Active	2015-10-01	
Diabetes with neurological manifestations, type II or unspecified type, not stated as uncontrolled ( ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified) Unknown or N/A	Active	2015-10-01	
Polyneuropathy in diabetes ( ICD10:E08.42 Diabetes mellitus due to underlying condition with diabetic polyneuropathy) Unknown or N/A	Active	2015-10-01	
Unspecified essential hypertension ( ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01	

Other respiratory abnormalities ( ICD10:R06.89 Other abnormalities of breathing) Unknown or N/A	Active	2015-10-01
Diabetes mellitus without mention of complication, type II or unspecified type, uncontrolled ( ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A	Active	2015-10-01
Secondary parkinsonism ( ICD10:G21.9 Secondary parkinsonism, unspecified) Unknown or N/A	Active	2015-10-01
Dyspnea ( ICD10:R06.89 Other abnormalities of breathing) Unknown or N/A	Active	2015-10-01
Morbid obesity ( ICD10:E66.01 Morbid (severe) obesity due to excess calories) Unknown or N/A	Active	2015-10-01
Paralysis agitans ( ICD9:332.0 Paralysis agitans) Unknown or N/A	Active	2015-04-07

## Allergies:

Description	Status	Start Date	End Date
Penicillin Unknown or N/A	Active		
Lisinopril Unknown or N/A	Active		
Nitroglycerin Unknown or N/A	Active		

## Surgeries:

Description	Status	Start Date	End Date
Gallbladder surgery Unknown or N/A	Active		
3 C-Sections Unknown or N/A	Active		
Appendectomy Unknown or N/A	Active		
colonoscopy Unknown or N/A	Active		
Stunt in heart Unknown or N/A	Active		

## Face to Face HH Plan:

**Patient Home Bound or Can't Drive:** YES

**Is Home Health Care Needed:** YES

**Does Patient have reliable other Primary Care Physician:** NO

**Is House Visit Needed:** YES

**Next Visit Duration (in days):** 31

**Nursing Required:** YES

**Clinical Findings To Justify Home Health:** Skilled nursing needed due to multiple complex diseases and patient lack of knowledge on how to manage the disease process and medications. SKilled nursing needed to assess and observe patient's condition and medication administration.

**Certification Statement:** Patient is homebound due to Parkinson's disease, fatigues easily, weakness, poor balance and abnormal gait which increases patient risk for falls.

**Signed by (NP):** 302

**Signed On (NP):** 2016-06-22 06:09

**Signed By (Physician):** 18

**Signed on (Physician):** 2016-06-29 06:09

**Form\_status:** finalized

**DME:**

Description	Status	Start Date	End Date
Diabetic Supplies ( ICD10:M21.6X9 Other acquired deformities of unspecified foot) Unknown or N/A 2015-10-01 by Dr. Sumana Ketha	Active	2015-10-01	

Printed on 22-Sep-2016 17:44:22 pm.