Clara Cantu: Patient Information

Patient Record Number: 5901

Texas Physician House Calls (H)

2925 Skyway Circle North, Irving, TX, USA, 75038-3510 www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

Name: Clara Cantu External ID: 5901 **DOB:** 1964-10-04 Sex: Female

Marital Status: Widowed

Patient Drive Folder: https://drive.google.com/a/smartmbbs.com/?tab=mo#folders/0B1v8FHBd\_SfCX3VacnFza3FNdzA

Address: 1883 West Mockingbird Lane #4107

City: Dallas State: Texas Postal Code: 75235 Country: USA

Home Phone: 214-881-4944 Mobile Phone: 214-929-5122

Street Address: 1883 West Mockingbird Lane

Apt/Suite/Other: 4107

## **Family History:**

Last Recorded On: 11-05-2016.

Father: Hypertension, diabetes, myocardial infarction, CVD, CAD,.

Mother: Emphysema, diabetes, osteoporosis,.

Siblings: Sister had leukemia..

Other Family Relative: Grandmother had liver cancer..

## **Primary Family Med Conditions:**

Last Recorded On: 11-05-2016.

Chronic Conditions: Acute Myocardial Infarction, Diabetes, Hypertension, Ischemic Heart Disease, Osteoporosis.

#### **Social History:**

Last Recorded On: 11-05-2016.

**Tobacco:** Current some day smoker One packet per week. Status: Current

Alcohol: Drinks occasionally. Status: Current Recreational Drugs: No drug use Status: Never

Nutrition History: Regular... Developmental History: Well..

Other History: Education level is graduate..

#### **Tests and Exams:**

Last Recorded On: 11-05-2016.

Vitamin D (6 mo if on pills)&nbsp&nbsp Normal&nbsp&nbsp Done on 02/12/2016 at Schryer Medical Laboratory, Ordered by

Dr. Ketha.

HbA, C Hemoglobin (if DM every 3 mo)&nbsp&nbsp Abnormal&nbsp&nbsp Done on 02/12/2016 at Schryer Medical

Laboratory, Ordered by Dr. Ketha.

TSH Thyroid-Stimulating Hormone (every year)&nbsp&nbsp Normal&nbsp&nbsp Done on 02/12/2016 at Schryer Medical

Laboratory, Ordered by Dr. Ketha.

CBC Complete Blood Count (3 months)&nbsp&nbsp Normal&nbsp&nbsp Done on 02/12/2016 at Schryer Medical Laboratory,

Ordered by Dr. Ketha.

**CMP Comprehensive Metabolic Panel (3 months)**&nbsp&nbsp Abnormal&nbsp&nbsp Done on 02/12/2016 at Schryer Medical Laboratory, Ordered by Dr. Ketha.

**LIPIDS (once year unless chol meds)**&nbsp&nbsp Abnormal&nbsp&nbsp Done on 02/12/2016 at Schryer Medical Laboratory, Ordered by Dr. Ketha.

**Mammogram (>40yrs, Yearly)**&nbsp&nbsp N/A&nbsp&nbsp Done on 2014. **Sigmoid/Colonoscopy**&nbsp&nbsp N/A&nbsp&nbsp Done on 2013.

Bone Density&nbsp&nbsp N/A&nbsp&nbsp Done on 2013.

## Insurance:

## Molina Healthcare of Texas (Z1161)

Priority: Primary Start Date: 2013-10-01 Relationship to Insured: Self

Type: N/A

Payer: Molina Healthcare of Texas (Z1161)

Copay:

Insured ID Number: 522408178

**Group Number:** 

Employer Name : Clara Cantu

## **Immunizations:**

Clara Cantu: Chief Complaint Patient Record Number:5901

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> Seen by Sumana Ketha MD Seen on 28-September-2016

#### Chief Complaint Status: finalized

Follow up home visit for management of diabetes mellitus type 2, hypertension, chronic pain, depression, bipolar, neuropathy, obesity, and osteoarthritis. Patient complains of pain in both knees and back.

## **History of Present illness:**

#### **HPI Status:**Finalized

A 52-year-old female in NAD with multiple chronic conditions of diabetes mellitus type 2, hypertension, chronic pain, depression, bipolar, neuropathy, obesity, and osteoarthritis. Patient has severe pain in both knee that is chronic and chronic back pain. Patient is relieved with current pain medication. Patient denies any chest pain, headache, or nausea or vomiting.

#### Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-09-28	199	88	315.00	68.00	98.20	16.00	~	47.9	0.00

## **Review of Systems:**

#### Constitutional:

**Musikin e Tain**gat:

SYLENS

No District Charles

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date of Urine

No Blaining Indian Indianatiation

No Liesitetielectrid Represse authorion

No Elprographt Content

No BlestdirogioGrums

No Hoarseness

No Use Of Dentures

## **Physical Exam:**

Military Within Normal Limits .

#### BETOREMITIES:

**Birthisellichtig Nis**mabLimitäs .

CV:

Electric Michigan All China Nation of the Control o

Murmur, Rubs, Gallops-Within Normal Limits .

#### **Medication:**

Description	Status	Start Date	End Date
Citalopram Hydrobromide ,40 MG TABS, TAKE 1 TABLET DAILY,			
Quantity: 30, Refill Quantity: 0			
Unknown or N/A	Active	2016-05-24	
by ketha, Dr sumana - BK6230281			
Texas Physician House Calls			

1		
Fenofibrate ,145 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refil	I	
Quantity: 0 Unknown or N/A	Active	2016-05-24
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
NovoLOG Mix 70/30 ,(70-30) 100 UNIT/ML SUSP, 10 units am 10 units		
pm, Quantity: 18, Refill Quantity: 0		
Unknown or N/A by ketha, Dr sumana - BK6230281	Active	2016-05-24
Texas Physician House Calls		
NovoLOG Mix 70/30 ,(70-30) 100 UNIT/ML SUSP, 10 units am 10 units		
pm, Quantity: 18, Refill Quantity: 3		
Unknown or N/A	Active	2016-04-13
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Hydrocodone-Acetaminophen ,10-325 MG TABS, TAKE 1 TABLET 3		
TIMES DAILY AS NEEDED FOR PAIN, Quantity: 90, Refill Quantity: 0 Unknown or N/A	Active	2016-03-11
by ketha, Dr sumana - BK6230281		
Texas Physician House Calls		
Zithromax Z-Pak ,250 MG TABS, TAKE 2 TABLETS ON DAY 1 THEN		
TAKE 1 TABLET A DAY FOR 4 DAYS, Quantity: 6, Refill Quantity: 0		
Unknown or N/A by Jones, Derrick - MJ3217331	Active	2016-03-10
Texas Physician House Calls		
MetFORMIN HCI ,500 MG TABS, TAKE 1 TABLET TWICE DAILY		
WITH MEALS, Quantity: 60, Refill Quantity: 2		
Unknown or N/A	Active	2016-03-10
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
MetFORMIN HCI ,1000 MG TABS, TAKE ONE TABLET BY MOUTH		
TWICE A DAY, Quantity: 60, Refill Quantity: 2 Unknown or N/A	Active	2016-02-10
by Jones, Derrick - MJ3217331	7.00.70	2010 02 10
Texas Physician House Calls		
Hydrocodone-Acetaminophen ,10-325 MG TABS, TAKE 1 TABLET 3		
TIMES DAILY AS NEEDED FOR PAIN, Quantity: 90, Refill Quantity: 0		
Unknown or N/A	Active	2016-02-10
by ketha, Dr sumana - BK6230281 Texas Physician House Calls		
Tramadol HCI ,50 MG TABS, TAKE 1 TABLET 3 TIMES DAILY AS		
NEEDED, Quantity: 90, Refill Quantity: 0		
Unknown or N/A	Active	2016-02-10
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Cetirizine HCI ,10 MG TABS, TAKE 1 TABLET BY MOUTH EVERY		
DAY, Quantity: 30, Refill Quantity: 2 Unknown or N/A	Active	2016-01-07
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Citalopram Hydrobromide ,40 MG TABS, TAKE 1 TABLET DAILY,		
Quantity: 30, Refill Quantity: 3		
Unknown or N/A	Active	2016-01-07
by Jones, Derrick - MJ3217331 Texas Physician House Calls		
Lantus SoloStar ,100 UNIT/ML SOPN, Inject 35 Units IN THE		
MORNING, Quantity: 15, Refill Quantity: 4		
Unknown or N/A	Active	2016-01-07
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Citalopram Hydrobromide ,40 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 3		
Unknown or N/A	Active	2015-12-02
by Jones, Derrick - MJ3217331		
Texas Physician House Calls		
Lantus SoloStar ,100 UNIT/ML SOPN, Inject 35 Units IN THE		
MORNING, Quantity: 15, Refill Quantity: 4		
Unknown or N/A	Active	2015-12-02
by Jones, Derrick - MJ3217331 Texas Physician House Calls		

Fenofibrate ,145 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 3 Unknown or N/A Active 2015-06-16 by Jones, Derrick - MJ3217331 Texas Physician House Calls Lyrica ,150 MG CAPS, TAKE 1 CAPSULE TWICE DAILY, Quantity: 60, Refill Quantity: 0 Active 2015-06-16 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls MetFORMIN HCI ,1000 MG TABS, Once a day, Quantity: 30, Refill Quantity: 0 2015-06-16 Unknown or N/A Active by Jones, Derrick - MJ3217331 Texas Physician House Calls NexIUM ,40 MG CPDR, TAKE 1 CAPSULE DAILY, Quantity: 90, Refill Quantity: 0 Active 2015-06-16 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls NovoLOG Mix 70/30 ,(70-30) 100 UNIT/ML SUSP, 30 units am 30 units pm, Quantity: 18, Refill Quantity: 3 Unknown or N/A Active 2015-06-16 by Jones, Derrick - MJ3217331 Texas Physician House Calls Phentermine HCI, 37.5 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 0 Active 2015-06-16 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls Vitamin D (Ergocalciferol) ,50000 UNIT CAPS, TAKE 1 CAPSULE WEEKLY, Quantity: 13, Refill Quantity: 3 Unknown or N/A Active 2015-06-16 by Jones, Derrick - MJ3217331 Texas Physician House Calls

## **Plan Note:**

#### Plan Note Status: Finalized

Continue same treatment plan as previous. Reviewed and continue with current medication. Medication adherence education was given to the patient. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient was instructed to go to the emergency room for symptoms of chest pain, shortness of breath, headache, blurred vision or systolic blood pressure over 200. Patient encouraged continue daily exercise as tolerated. No labs needed this visit. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the patient. Prognosis is fair and patient is stable. Reviewed old records with the patient. Followup home visit in 2-3 weeks.

- 1. Osteoarthritis with chronic pain, continue current plan.
- 2. Lumbago with chronic pain, continue current plan.
- 3. Hypertension with vascular complications, continue current plan.
- ${\bf 4.\ Diabetes\ mellitus\ type\ 2\ with\ neuropathy,\ continue\ current\ plan}.$
- 5. Chronic pain syndrome, continue current pain medication.
- 6. Depression, continue current plan.
- 7. Morbid obesity, continue current plan.
- 8. Bipolar, continue current plan.
- 9. Neuropathy, continue current plan.
- 10. Gastroesophageal reflux disease, continue current plan.

Medication refills as follows:

Norco 10/325 mg t.i.d.

Vitamin D 50,000

Nexium 40 mg q.d.

Lyrica 150 mg q.d.

Fenofibrate 145 mg q.d.

Metformin 500 mg b.i.d.

Citalopram 40 mg q.d.

Novolog 70/30 10 units am and 10 units p.m.

blood glucose machine.

# **Medical Problem:**

Description	Status	Start Date	End Date
Low back pain			
( ICD10:M54.5 Low back pain) Unknown or N/A	Active	2016-08-31	
Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity (ICD10:I87.309 Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity)  Unknown or N/A	Active	2016-08-31	
Other disorders of peripheral nervous system ( ICD10:G64 Other disorders of peripheral nervous system) Unknown or N/A	Active	2016-02-09	
Gastro-esophageal reflux disease without esophagitis (ICD10:K21.9 Gastro-esophageal reflux disease without esophagitis) Unknown or N/A	Active	2016-01-06	
Anxiety disorder, unspecified ( ICD10:F41.9 Anxiety disorder, unspecified) Unknown or N/A	Active	2016-01-06	
Polyneuropathy, unspecified ( ICD10:G62.9 Polyneuropathy, unspecified) Unknown or N/A	Active	2015-12-01	
Type 2 diabetes mellitus with diabetic neuropathy, unspecified (ICD10:E11.40 Type 2 diabetes mellitus with diabetic neuropathy, unspecified) Unknown or N/A	Active	2015-10-28	
Diabetes mellitus without mention of complication, type II or unspecified type, uncontrolled (ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A	Active	2015-10-01	
Benign essential hypertension ( ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01	
Other chronic pain ( ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2015-10-01	
Depressive disorder, not elsewhere classified (ICD10:F32.9 Major depressive disorder, single episode, unspecified) Unknown or N/A	Active	2015-10-01	
Osteoarthrosis, generalized, site unspecified ( ICD10:M15.0 Primary generalized (osteo)arthritis) ( ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A	Active	2015-10-01	
Carbuncle and furuncle of unspecified site ( ICD10:L02.92 Furuncle, unspecified) ( ICD10:L02.93 Carbuncle, unspecified) Unknown or N/A	Active	2015-10-01	
Obesity, unspecified (ICD10:E66.9 Obesity, unspecified) Unknown or N/A	Active	2015-10-01	
Diabetes mellitus without mention of complication, type II or unspecified type, not stated as uncontrolled (ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A	Active	2015-10-01	
Mononeuritis of unspecified site ( ICD10:G58.9 Mononeuropathy, unspecified) Unknown or N/A	Active	2015-10-01	
Osteoarthrosis, unspecified whether generalized or localized, site unspecified (ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A	Active	2015-10-01	
Bipolar disorder, unspecified ( ICD10:F31.9 Bipolar disorder, unspecified) Unknown or N/A	Active	2015-10-01	

# **Allergies:**

Description	Status	Start Date	End Date
No Known Drug Allergies	Active	2015-08-18	
Unknown or N/A	Houve	2010 00 10	

## **Surgeries:**

Description	Status	Start Date	End Date
Tubal Ligation Unknown or N/A	Active	2015-08-17	
Knee Surgery in 1986 Unknown or N/A	Active	2015-08-17	
Tonsillectomy Unknown or N/A	Active	2015-08-17	
Hospitalized on Bay Area Corpus Christi Unknown or N/A	Active	2015-08-17	

## **Face to Face HH Plan:**

Patient Home Bound or Can't Drive: YES

Is Home Health Care Needed: NO

Does Patient have reliable other Primary Care Physician: NO

Is House Visit Needed: YES
Next Visit Duration (in days): 31
Nursing Required: NO

Nursing Required: NO Physical Therapy: NO

Occupational Therapy Required: NO Speech-language Pathology Required: NO

 $\textbf{Clinical Findings To Justify Home Health:} \ \ \text{No SN needed at this time.}$ 

Signed by (NP): 16

**Signed On (NP):** 2016-09-28 04:26 **Signed By (Physician):** 18

Signed on (Physician): 2016-10-05 04:26

Form\_status: finalized

## **Procedure Order:**

Patient ID	5901	Order ID	1029
Patient Name	Cantu, Clara	Ordered By	Love-Jones, Derrick
Order Date	2016-11-06	Print Date	2016-11-06
Order Status	complete	Encounter Date	2016-11-06
Lab	.HH Agency	Specimen Type>	

Ordered Procedure	Report				Results						
	Reported	Specimen	Status	Note	Code	Name	Abn	Value	Range	Units	Note
026: Pulse Oximetry	2016-11-06		Final ✓		0097	Pulse Oximetry	No	97%	97% to 100%		



Electronically Signed by Sumana Ketha, MD on 2016-10-04.

Printed on 06-Nov-2016 17:14:38 pm.