



superior  
healthplan.

2100 South IH-35  
Suite 200  
Austin, TX 78704

Superior HealthPlan  
Member Listing for Prescribing Physician

Patient Name	ID#	Medication
AARON NEALEY	506508673	TRAZODONE TAB 50MG

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Scripts  
sent 6/18/15  
day  
(signature)

Send 90 day Script if  
still on pt. Today  
6/17

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SHP\_2013311



2100 South IH-35  
Suite 200  
Austin, TX 78704

June 4, 2015

SUMANA KETHA  
2925 SKYWAY CIRCLE N  
IRVING, TX 75038  
8888413651

**Re: Medication Adherence for Members Being Treated for Major Depression**

Dear SUMANA KETHA:

Superior HealthPlan (Superior) is working with behavioral health practices to share data relevant to supporting medication adherence among individuals receiving treatment for major depression.

Nationally-recognized best practices for treating major depression indicate that individuals who respond to medication for depression should continue taking it beyond the acute phase to help sustain recovery and prevent relapse. To help engage Members in ongoing treatment, including the continuation of antidepressant medication for at least six months beyond the initial 12 weeks, following are some best practice strategies to assist you:

- Provide education on how antidepressants work, and how long they should be prescribed and monitored
- Explain the benefits of antidepressant treatment
- Identify and communicate ways of coping with medication side effects
- Discuss expectations regarding the remission of symptoms
- Encourage patients to make an appointment if they have any questions or are considering stopping their medication
- **Write the prescription for a 90 day supply.**

Superior has identified Members, listed on page 2, who are under your care and have taken an antidepressant medication in the past. Superior requests your assistance in improving the adherence of identified members.

We hope this information will be helpful to you and for your patients being treated for depression. Please contact 800-218-7453 extension 22080 with any questions. Thank you.

Sincerely,

David Harmon, M.D.  
Chief Medical Director

**SuperiorHealthPlan.com**

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(2)

Aaron Nealey is on Pts.  
of so send  
(90) day script pharmacy  
today.  
6/17/15