

Thelma King: Patient Information
Patient Record Number:5742

Texas Physician House Calls (H)
2925 Skyway Circle North, Irving, TX, USA,
75038-3510
www.texashousecalls.com, Phone:(972) 675-
7313, Fax:(972) 675-7310,
Email:hhsupport@texashousecalls.com

Name: Thelma King **DOB:** 1948-10-23
External ID: 5742 **Sex:** Female

Address: 535 Buckingham Road **Postal Code:** 75081
City: Richardson **Country:** USA
State: Texas

Pharmacy: WALGREENS DRUG STORE 10819

Thelma King: Vitals
Patient Record Number:5742

Texas Physician House Calls (H)
2925 Skyway Circle North, Irving, TX., USA,
75038-3510
www.texas-housecalls.com, Phone:(972) 675-
7313, Fax:(972) 675-7310,
Email:hhsupport@texas-housecalls.com

Seen by Darolyn Perkins
Seen on 10-November-2016

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-11-10			240.00	67.00	0.00	18.00		37.6	0.00

Chief Complaint:

Followup home visit for management of hypertension, diabetes mellitus type 2, cellulitis, end-stage renal disease, and hyperlipidemia. Patient complain of pain in both legs and bleeding on legs.

History of Present illness:

Patient is a 67-year-old female with multiple chronic conditions of hypertension, diabetes mellitus type 2, cellulitis, end-stage renal disease, and hyperlipidemia. Patient has psoriasis all over her body. Patient complains of pain in both legs at 6/10 and also denies chest pain, headache, and nausea or vomiting. Patient has eschar on both legs and some bleeding noted on both legs. Received HH nurse three times weekly

Review of Systems:

Constitutional:

- No Weight Change
- No Weakness
- No Fever
- No Intolerance
- No Change In Appetite

Eyes:

- No Change In Vision
- No Eye Pain
- No Double Vision
- No Blind Spots
- No Injury
- No Ha
- No Coryza
- No Obstruction

Ears, Nose, Mouth, Throat:

- No Hearing Loss
- No ENT Discharge
- No ENT Pain
- No Tinnitus
- No Nosebleed
- No Apnea
- No Bleeding Gums
- No Hoarseness
- No Use Of Dentures

Neck:

- No Neck Pain
- No Masses
- No Tenderness

Respiratory:

- No Cough
- No Shortness Of Breath
- No Wheezing

Cardiovascular:

Other Details:Hypertension No Chest Pain

- No Palpitation
- No Syncope
- No PND
- No DOE
- No Orthopnea
- No Peripheral
- No Edema

No Leg Pain/Cramping
No History Murmur
No Arrhythmia
No Heart Problem

Gastrointestinal:

No Dysphagia
Heartburn YES
No Bloating
No Belching
No Flatulence
No Nausea
No Vomiting
No Hematemesis
No Gastro Pain
No Food Intolerance
No Hepatitis
No Jaundice
No Hematochezia
No Changed Bowel
No Diarrhea
No Constipation
No Blood In Stool

Genitourinary General:

No Dysuria
No Urine Frequency
No Urine Urgency

Musculoskeletal:

No Joint Pain
No Musc Swelling
No Musc Redness
No Musc Warm
No Musc Stiffness
No Musc Aches
No FMS
No Arthritis
No Gout
No Back Pain
No Paresthesia
Muscle Pain YES
No Limitation In Range Of Motion

Extremities:

No Spasms
No Extreme Tremors

Neurologic:

No LOC
No Seizures
No Neuro Numbness
No Tremors
No Changes In Mentation

Skin:

Psoriasis YES
Rashes YES
Dryness YES
Itching YES

Psychiatric:

No Depression
No Anxiety
No Thought Content

Physical Exam:

GEN:

Awake, Alert, Oriented, in No Acute Distress-Within Normal Limits .

EYE:

Conjunctive Clear, Tms Intact, Discharge, Wax, Oral Lesions, Gums pink, Bilateral Nasal Turbinates-Within Normal Limits .

ENT:

TMs/EAMs/EE, Ext Nose-Within Normal Limits .

NECK:

Supple, Thyromegaly, Carotid of the Nasal Septum, JVD, lymphadenopathy-Within Normal Limits .

BACK:

Normal Curvature, Tenderness-Within Normal Limits .

CV:

RRR-Within Normal Limits .

RESP:

Lungs Clear,Rales,Rhonchi,Wheezes-Within Normal Limits .

GI:

Ogrganomegoly-Within Normal Limits .

Soft, Non Tender, Non Distended, Masses-Within Normal Limits .

Bowel Sounds present in all four quadrants-Within Normal Limits .

GU:

Normal. Lesions, Discharge, Hernias Noted, Deferred-Within Normal Limits .

MUSC:

Strength-Within Normal Limits .

Inspection- Abnormal Limits.Cellulitis. .

NEURO:

Physiological, Localizing Findings-Within Normal Limits .

PSYCH:

Normal Affect, Judgement and Mood, Alert and Oriented X3-Within Normal Limits .

Patient Appears To Be In Good Mood-Within Normal Limits .

Able To Answer Questions Qppropriately-Within Normal Limits .

SKIN:

Rash or Abnormal Lesions- Abnormal Limits.Psoriasis..

Medication:

Description	Status	Start Date	End Date
SSD ,1 % CREA, APPLY A THIN LAYER TO BOTH LEGS DAILY, Quantity: 160000, Refill Quantity: 0 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-10-03	
Insulin Syringe ,28G X 1/2" 1 ML MISC, USE AS DIRECTED, Quantity: 200, Refill Quantity: 4 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-08-24	
Aquaphor Advanced Therapy , OINT, APPLY SPARINGLY TO AFFECTED AREA(S) TWICE DAILY, Quantity: 396, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-07-12	
Crestor ,40 MG TABS, TAKE 1 TABLET DAILY, Quantity: 90, Refill Quantity: 0 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-07-12	
DocQLace ,100 MG CAPS, TAKE 1 CAPSULE DAILY IN THE MORNING, Quantity: 90, Refill Quantity: 0 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-05-26	
Triamcinolone Acetonide ,0.1 % OINT, APPLY SPARINGLY TO AFFECTED AREA(S) TWICE DAILY, Quantity: 60, Refill Quantity: 2 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-05-26	
Levothyroxine Sodium ,75 MCG TABS, TAKE 1 TABLET DAILY, Quantity: 90, Refill Quantity: 1 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-05-09	
NexIUM ,40 MG CPDR, TAKE ONE CAPSULE ONCE DAILY, Quantity: 30, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-04-07	

Assessment:

Educated on use of low salt diet and exercise as tolerated and take medication. Also educated on signs and symptoms of heart attack and stroke with uncontrolled hypertension. Medical complexity and risk of complications is medium. Patient continue to have eczema on arms and legs. Continue getting dressing changes three times a week for eschar on both legs. Education material was given to the patient. Reviewed labs.

Patient diagnoses are,

1. Hypertension.
2. Diabetes mellitus type 2.
3. Cellulitis.
4. End-stage renal disease.
5. Hyperlipidemia.

Plan Note:

Continue same treatment plan. Medication adherence education was given to the patient. No refills. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient encouraged continuing weight loss efforts via daily exercise and certain food restrictions. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the family, Prognosis is fair. Refilled silvadene cream to legs daily and other body parts for psoriasis. Patient is receiving HHC three times a week for treatment of eschar on legs. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

1. Hypertension, stable with medication.
2. Diabetes mellitus type 2, stable with medication.
3. Cellulitis, stable.
4. End-stage renal disease, stable with dialysis.
5. Hyperlipidemia, stable with medication

Quality Of Care

1. Provided Education Resource(s).
2. Medication Reconciliation.
3. Documentation of current medications.
4. Patient Decision Aids / Education Materials Given.

Medical Problem:

Description	Status	Start Date	End Date
Type 2 diabetes mellitus with diabetic polyneuropathy (ICD10:E11.42 Type 2 diabetes mellitus with diabetic polyneuropathy) Unknown or N/A	Active	2016-08-13	
Fibromyalgia (ICD10:M79.7 Fibromyalgia) Unknown or N/A	Active	2016-08-13	
Heart failure, unspecified (ICD10:I50.9 Heart failure, unspecified) Unknown or N/A	Active	2016-08-13	
Hypertensive chronic kidney disease with stage 5 chronic kidney disease or end stage renal disease (ICD10:I12.0 Hypertensive chronic kidney disease with stage 5 chronic kidney disease or end stage renal disease) Unknown or N/A	Active	2016-07-07	
Psoriasis, unspecified (ICD10:L40.9 Psoriasis, unspecified) Unknown or N/A	Active	2016-01-09	
Muscle weakness (generalized) (ICD10:M62.81 Muscle weakness (generalized)) Unknown or N/A	Active	2016-01-09	
Cutaneous abscess of limb, unspecified (ICD10:L02.419 Cutaneous abscess of limb, unspecified) Unknown or N/A	Active	2016-01-09	
Cellulitis, unspecified (ICD10:L03.90 Cellulitis, unspecified) Unknown or N/A	Active	2015-12-22	
Type 2 diabetes mellitus with diabetic nephropathy (ICD10:E11.21 Type 2 diabetes mellitus with diabetic			

nephropathy) Unknown or N/A	Active	2015-11-10
Other hyperlipidemia (ICD10:E78.4 Other hyperlipidemia) Unknown or N/A	Active	2015-11-05
Hyperlipidemia, unspecified (ICD10:E78.5 Hyperlipidemia, unspecified) Unknown or N/A	Active	2015-11-05
Type 2 diabetes mellitus with other diabetic kidney complication (ICD10:E11.29 Type 2 diabetes mellitus with other diabetic kidney complication) Unknown or N/A	Active	2015-10-31
Diabetes mellitus without mention of complication, type II or unspecified type, not stated as uncontrolled (ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A	Active	2015-10-01
Benign essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01
Unspecified acquired hypothyroidism (ICD10:E03.9 Hypothyroidism, unspecified) Unknown or N/A	Active	2015-10-01
Anxiety state, unspecified (ICD10:F41.9 Anxiety disorder, unspecified) Unknown or N/A	Active	2015-10-01
Diabetes mellitus without mention of complication, type II or unspecified type, uncontrolled (ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A	Active	2015-10-01
Mononeuritis of unspecified site (ICD10:G58.9 Mononeuropathy, unspecified) Unknown or N/A	Active	2015-10-01
End stage renal disease (ICD10:N18.6 End stage renal disease) Unknown or N/A	Active	2015-10-01
Asthma, unspecified type, with (acute) exacerbation (ICD10:J45.901 Unspecified asthma with (acute) exacerbation) Unknown or N/A	Active	2015-10-01
Cellulitis and abscess of trunk (ICD10:L03.319 Cellulitis of trunk, unspecified) Unknown or N/A	Active	2015-10-01
Diabetes with renal manifestations, type II or unspecified type, not stated as uncontrolled (ICD9:250.40 Diabetes with renal manifestations, type II or unspecified type, not stated as uncontrolled) Unknown or N/A	Active	2015-07-13
Other chronic pain (ICD9:338.29 Other chronic pain) Unknown or N/A	Active	2015-07-13

Allergies:

Description	Status	Start Date	End Date
Codeine Unknown or N/A	Active		

Surgeries:

Description	Status	Start Date	End Date
Arteriovenous fistula Unknown or N/A	Active		

Hysterectomy 1983 Unknown or N/A	Active
Gallstones Unknown or N/A	Active

A handwritten signature in black ink, appearing to read "Darolyn Perkins". The signature is written in a cursive, flowing style.

Electronically Signed by **Darolyn Perkins** on **2016-11-17**.

Printed on 08-Dec-2016 03:15:21 am.