Esther Simpson: Patient Information

Patient Record Number:3097

Texas Physician House Calls (H) 2925 Skyway Circle North, Irving, TX, USA, 75038-3510 www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

Name: Esther B Simpson External ID: 3097 DOB: 1927-02-22 Sex: Female S.S.: 453-38-4646 Marital Status: Widowed

Patient Drive Folder: https://drive.google.com/a/smartmbbs.com/?tab=mo#folders/0B87s7RNfUFwoUGRqSDBmLUk4azg

Address: 4722 Meadow Street, Apt #1803

City: Dallas State: Texas Postal Code: 75215 Country: USA

Home Phone: 214-928-7625 Work Phone: 214-418-1844 Mobile Phone: 214-628-2025 Street Address: 4722 Meadow Street

Apt/Suite/Other: 1803

Past Medical History:

Last Recorded On: 01-11-2017.

Risk Factors: Insomnia.

Additional Medical History: Anorexia, gait abnormality, mild dementia, history of cancer, and blood clot in 2008...

Family History:

Last Recorded On: 01-11-2017.

Father: Unknown.. Mother: Unknown.. Offspring: Four children..

Primary Family Med Conditions:

Last Recorded On: 01-11-2017. Risk Factors: Unknown.

Social History:

Last Recorded On: 01-11-2017.

Tobacco: Never smoker No smoking. Status: Never

Alcohol: No alcohol. Status: Never

Recreational Drugs: No drug abuse. Status: Never

Nutrition History: Regular..

Developmental History: Education level 10th...

Other History: Patient had physical exam in 2008 Influenza in 2014 and 2015.

Tests and Exams:

Last Recorded On: 01-11-2017.

Vitamin D (6 mo if on pills) Normal Done on 07/23/2014, at Evolution health laboratory services, ordered by Dr. Sumana Ketha

TSH Thyroid-Stimulating Hormone (every year) Normal Done on 07/23/2014, at Evolution health laboratory services, ordered by Dr. Sumana Ketha

CMP Comprehensive Metabolic Panel (3 months) Abnormal Done on 07/23/2014, at Evolution health laboratory services, ordered by Dr. Sumana Ketha

LIPIDS (once year unless chol meds) Abnormal Done on 07/23/2014, at Evolution health laboratory services, ordered by Dr. Sumana Ketha

UA - Urinalysis - (Yearly - HH primary responsibility) Normal Done on 07/23/2014, at Evolution health laboratory services, ordered by Dr. Sumana Ketha

Urine Culture (prn) Normal Done on 07/23/2014, at Evolution health laboratory services, ordered by Dr. Sumana Ketha

Mammogram (>40yrs, Yearly) N/A Done.

Cardiac Echo Normal Done on 01/02/2015, at Reliance Imaging, ordered by Dr. Sumana Ketha

Insurance:

Medicare B Texas (SMTX0)

Priority: Primary
Start Date: 2010-01-01
Relationship to Insured: Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

Priority: Secondary Start Date: 2011-10-25 Relationship to Insured: Self

Type: N/A

Payer: Medicaid Texas (SKTX0)

Priority: Secondary Start Date: 2015-09-21 Relationship to Insured: Self

Type: N/A

Payer: Medicaid Texas (SKTX0)

Copay:

Insured ID Number: 453384646A

Group Number :

Employer Name : Esther Simpson

Copay:

Insured ID Number: 522636644

Group Number:

Employer Name : Esther Simpson

Copay:

Insured ID Number: 522636644

Group Number :

Employer Name: Esther Simpson

Immunizations:

Esther Simpson: Chief Complaint

Patient Record Number:3097

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> Seen by Darolyn Perkins Seen on 01-December-2016

Chief Complaint Status: finalized

Followup home visit for management of chronic conditions of hypertension, diabetes type 2, constipation, abnormal gait, visual impairment, Alzheimer's disease, dementia, coronary artery disease, depression, debility, osteoarthritis, vertigo and insomnia. Patient complains of not sleeping well at night and increased confusion.

History of Present illness:

HPI Status:Finalized

Patient is a 89-year-old female with multiple chronic conditions of hypertension, diabetes type 2, osteoarthritis, vertigo and insomnia. Patient states that she has not been able to stay asleep at night. Patient denies any caffeine, TV prior to bed. Patient denies any sleeping during the day. Patient denies other issues upon examination. Patient denies pain at this time. Patient denies chest pain, headache or nausea or vomiting recently.

Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-12-01	122	88	186.00	66.00	98.20	18.00	~	30.0	0.00

Review of Systems:

Constitutional:

Spipilitilijiligitikifikin@ilaingat:

No Shariffent Septembers on No Chest Pain

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No Bloinget air getocy

No Cobetructione

Physical Exam:

SINRO:

PRISCH:

Storejngstlinkt/Active and biggregate than and Sisk through Alektown O'Carle ression 253 - Within philotymical strengths Nasal Turbinates-Within Normal Limits.

Supple, Thyromegaly, Carotid of the Nasal Septum, JVD, lymphadenopathy-Within Normal Limits .

CV:

RRR-Within Normal Limits .

RESP:

 $Lungs\ Clear, Rales, Rhonchi, Wheezes-Within\ Normal\ Limits\ .$

GI:

Soft, Non Tender, Non Distended, Masses-Within Normal Limits .

Bowel Sounds present in all four quadrants-Within Normal Limits .

Medication:

Description	Status	Start Date	End Date	

Donepezil HCI ,10 MG TABS, TAKE 1 TABLET DAILY, Quantity: 30, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-10-19
Mirtazapine ,15 MG TABS, TAKE 1 TABLET AT BEDTIME, Quantity: 90, Refill Quantity: 1 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-10-19
Meclizine HCI ,25 MG TABS, TAKE 1 TABLET BY MOUTH EVERY DAY PRN, Quantity: 30, Refill Quantity: 2 Unknown or N/A by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-10-03
Lisinopril ,20 MG TABS, TAKE 1 TABLET DAILY FOR BLOOD PRESSURE, Quantity: 30, Refill Quantity: 0 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-06-16
Mirtazapine ,15 MG TABS, TAKE 1 1/2 TABLETS AT BEDTIME, Quantity: 135, Refill Quantity: 0 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-06-15
Lasix ,20 MG TABS, TAKE 1 TABLET BY MOUTH EVERY DAY, Quantity: 30, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-04-01
Lisinopril ,20 MG TABS, TAKE 1 TABLET DAILY FOR BLOOD PRESSURE, Quantity: 30, Refill Quantity: 1 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-04-01
Lisinopril ,20 MG TABS, TAKE 1 TABLET DAILY FOR BLOOD PRESSURE, Quantity: 30, Refill Quantity: 1 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-01-08
Lisinopril ,20 MG TABS, TAKE 1 TABLET DAILY FOR BLOOD PRESSURE, Quantity: 30, Refill Quantity: 2 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-02-26
Mirtazapine ,15 MG TABS, TAKE 1 TABLET AT BEDTIME, Quantity: 90, Refill Quantity: 0 Unknown or N/A by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2015-02-26

Plan Note:

Plan Note Status:Finalized

Continue with treatment as previous. Reviewed and continue same medications, no new medications noted this visit. Medication adherence education was given to the patient and the patient educated on the benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient encouraged continuing weight loss efforts via daily exercise and certain food restrictions. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the family. Prognosis is fair and patient is stable. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

- 1. Dementia, start Donepezil 10 mg q.d.
- 2. Hypertension with vascular complications, continue current plan.
- 3. Insomnia, start Trazodone 50 mg q.h.s.
- 4. Osteoarthritis with chronic pain, continue current plan.
- 5. Alzheimer's disease, continue current plan.
- 6. Diabetes mellitus type 2 with neuropathy, continue current plan.
- 7. Chronic vertigo, continue current plan.
- 8. Constipation, continue current plan.
- 9. Abnormal gait, continue to monitor.

- 10. Visual impairment, continue to monitor.11. Coronary artery disease, continue current plan.
- 12. Depression, monitor.
- 13. Debility, continue to monitor.

Medication refills as follows:

Mirtazapine 15 mg 1 1/2 tab q.h.s. Lasix 20 mg q.d. Lisinopril 20 mg q.d. Trazodone 50 mg q.h.s. Donepezil 10 mg q.d.

Medical Problem:

Description	Status	Start Date	End Date
Benign essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01	
Constipation, unspecified (ICD10:K59.00 Constipation, unspecified) Unknown or N/A	Active	2015-10-01	
Dizziness and giddiness (ICD10:R42 Dizziness and giddiness) Unknown or N/A	Active	2015-10-01	
Dermatophytosis of nail (ICD10:B35.1 Tinea unguium) Unknown or N/A	Active	2015-10-01	
Diabetes mellitus without mention of complication, type II or unspecified type, uncontrolled (ICD10:E11.65 Type 2 diabetes mellitus with hyperglycemia) Unknown or N/A	Active	2015-10-01	
Osteoarthrosis, unspecified whether generalized or localized, site unspecified (ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A	Active	2015-10-01	
Insomnia, unspecified (ICD10:G47.00 Insomnia, unspecified) Unknown or N/A	Active	2015-10-01	
Arthropathy, unspecified, site unspecified (ICD10:M19.90 Unspecified osteoarthritis, unspecified site) Unknown or N/A	Active	2015-10-01	
Malignant hypertensive heart disease without heart failure (ICD10:I11.9 Hypertensive heart disease without heart failure) Unknown or N/A	Active	2015-10-01	
Profound impairment, both eyes, impairment level not further specified (ICD10:H54.0 Blindness, both eyes) Unknown or N/A	Active	2015-10-01	
Coronary atherosclerosis of native coronary artery (ICD10:l25.10 Atherosclerotic heart disease of native coronary artery without angina pectoris) Unknown or N/A	Active	2015-10-01	
Osteoarthrosis, localized, primary, lower leg (ICD10:M17.10 Unilateral primary osteoarthritis, unspecified knee) Unknown or N/A	Active	2015-10-01	
Alzheimer's disease (ICD10:G30.9 Alzheimer's disease, unspecified) Unknown or N/A	Active	2015-10-01	
Dementia in conditions classified elsewhere without behavioral disturbance (ICD10:F02.80 Dementia in other diseases classified elsewhere without behavioral disturbance) Unknown or N/A	Active	2015-10-01	
Legal blindness, as defined in U.S.A. (ICD10:H54.8 Legal blindness, as defined in USA) Unknown or N/A	Active	2015-10-01	

Diabetes mellitus without mention of complication, type II or unspecified type, not stated as uncontrolled (ICD10:E11.9 Type 2 diabetes mellitus without complications) Unknown or N/A	Active	2015-10-01
Unspecified essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01
Osteoarthrosis, generalized, site unspecified (ICD10:M15.0 Primary generalized (osteo)arthritis) (ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A	Active	2015-10-01
Dementia, unspecified, without behavioral disturbance (ICD10:F03.90 Unspecified dementia without behavioral disturbance) Unknown or N/A	Active	2015-10-01
Coronary atherosclerosis of unspecified type of vessel, native or graft (ICD10:l25.10 Atherosclerotic heart disease of native coronary artery without angina pectoris) Unknown or N/A	Active	2015-10-01
Depressive disorder, not elsewhere classified (ICD10:F32.9 Major depressive disorder, single episode, unspecified) Unknown or N/A	Active	2015-10-01
Anorexia (ICD10:R63.0 Anorexia) Unknown or N/A	Active	2015-10-01
Abnormality of gait (ICD10:R26.9 Unspecified abnormalities of gait and mobility) Unknown or N/A	Active	2015-10-01
Debility, unspecified (ICD10:R53.81 Other malaise) Unknown or N/A	Active	2015-10-01
Disorder of bone and cartilage, unspecified (ICD10:M89.9 Disorder of bone, unspecified) (ICD10:M94.9 Disorder of cartilage, unspecified) Unknown or N/A	Active	2015-10-01
Insomnia, unspecified (ICD10:G47.00 Insomnia, unspecified) Unknown or N/A	Active	2015-10-01

Allergies:

	Description	Status	Start Date	End Date
No Known Drug Allergies		Active		
Unknown or N/A		Houve		

Surgeries:

Description	Status	Start Date	End Date
Toe Surgery in 2005	Active		
Unknown or N/A			
Tonsillectomy	Active		
Unknown or N/A	Active		
Hospitalized for blood clot in 2008	Active		
Unknown or N/A	Active		
Back surgery	Active		
Unknown or N/A	Active		

Face to Face HH Plan:

Patient Home Bound or Can't Drive: YES Is Home Health Care Needed: YES

 $\textbf{Does Patient have reliable other Primary Care Physician:} \ \texttt{YES}$

Is House Visit Needed: YES Next Visit Duration (in days): 31

Current home health agency: KOC home health care

Primary Justification Medical Conditions: Alzheimers, Asthma, Depression, diabetes, HTN, Mobility_Impairments

Additional Medical Conditions: Debility, abnormal gait, insomnia.

Nursing Required: YES Physical Therapy: NO

Occupational Therapy Required: NO Speech-language Pathology Required: NO Requested Care/Treatments Required:

Clinical Findings To Justify Home Health: Skilled nursing needed due to dementia and debility and inability to self medicate Certification Statement: Patient is home bound due to dementia and debility. Patient is weak with poor balance and at risk for

fall.

Signed by (NP): 302

Signed On (NP): 2016-12-01 01:40 **Signed By (Physician):** 18

Signed on (Physician): 2016-12-08 01:43

Form_status: finalized

DME:

	Description	Status	Start Date	End Date
Gloves		Author		
Unknown or N/A		Active		
Probe covers		Active		
Unknown or N/A		Active		
Alcohol Pads		Active		
Unknown or N/A		Active		



Electronically Signed by Darolyn Perkins on 2016-12-08.

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