Thelma King: Patient Information Patient Record Number:5742

Texas Physician House Calls (H) 2925 Skyway Circle North, Irving, TX, USA, 75038-3510 www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310, Email:hhsupport@texashousecalls.com

То

Home Health Agency Type: Organization: Bonyl Home healthcare LATÀRSHA SIMON Name:

Work Phone: 214-350-0075

Email: admin@bonylhealthcare.com

214-350-0095 Fax:

Street: 2351 Northwest Hwy. Ste 2135

City: Dallas

Fax Number

214-350-0095

Thelma King: Patient Information

Patient Record Number:5742

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Name: Thelma King DOB: 1948-10-23 External ID: 5742 Sex: Female

Address: 535 Buckingham Road

City: Richardson State: Texas Postal Code: 75081 Country: USA

Home Phone: 214-664-5365

Insurance:

Medicare B Texas (SMTX0)

Priority: Primary
Start Date: 1993-03-01
Copay:

Relationship to Insured : Self Insured ID Number : 467822719A

Type: N/A Group Number:

Payer: Medicare B Texas (SMTX0)

Employer Name: Thelma King

Past Medical History:

Last Recorded On: 10-17-2016.

Risk Factors: Insomnia,Incontinence,GERD. **Additional Medical History:** Psoriasis,.

CMS Chronic Conditions: Acquired Hypothyroidism, Asthma, Chronic Kidney Disease, Diabetes, Heart

Failure, Hyperlipidemia, Hypertension.

Chronic Body System Category: Diseases of the circulatory system ,Diseases of the genitourinary system ,Diseases of the musculoskeletal system ,Diseases of the nervous system and sense organs ,Diseases of the respiratory system ,Diseases of the skin and subcutaneous tissue ,Endocrine, nutritional, and metabolic diseases and immunity,Mental disorders .

Mental Conditions: Anxiety Disorders.

Family History:

Last Recorded On: 10-17-2016.

Father: Father died and had prostate cancer..

Mother: Mother died and had Alzheimer's disease, diabetes mellitus type 2, hypertension, and hypothyroidism.

Siblings: Three brothers are alive and one has HTN, and DM2. Two brothers died from which one had throat cancer. Sister also

has history of cancer.

Offspring: Son has diabetes mellitus type 2 and hypertension. Daughter has bilateral amputation, below knee amputation(Motor vehicle accident)..

Primary Family Med Conditions:

Last Recorded On: 10-17-2016.

Chronic Conditions: Acquired Hypothyroidism, Alzheimers, Diabetes, Hypertension, Prostate Cancer.

Social History:

Last Recorded On: 10-17-2016.

Tobacco: No smoking. Status: Never Alcohol: No alcohol. Status: Never

Recreational Drugs: No drug abuse. Status: Never

Nutrition History: Regular diet.. Developmental History: Well..

Other History: Influenza in 2014. Pneumovax in 2014..

Thelma King: Vitals

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Seen by Darolyn Perkins Seen on 15-September-2016

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	ВМІ	Head circ
2016-09-15	164	87	0.00	67.00	98.20	18.00	~	0.0	0.00

Chief Complaint:

Follow up home visit for management of hypertension, diabetes mellitus type 2, cellulitis, end-stage renal disease, and hyperlipidemia. Patient complain of pain in both legs and bleeding on legs.

History of Present illness:

Patient is a 67-year-old female with multiple chronic conditions of hypertension, diabetes mellitus type 2, cellulitis, end-stage renal disease, and hyperlipidemia. Patient has psoriasis all over her body. Patient complain of pain in both legs at 6/10 and also denies chest pain, headache, and nausea or vomiting. Patient has eschar on both legs and some bleeding noted on both legs. Received HH nurse three times weekly

Allergies:

Description	Status	Start Date	End Date
Codeine	Active		
Unknown or N/A	Active		

Surgeries:

Description	Status	Start Date	End Date
Arteriovenous fistula Unknown or N/A	Active		
Hysterectomy 1983 Unknown or N/A	Active		
Gallstones Unknown or N/A	Active		

Review of Systems:

Constitutional:

No Weight Change

No Weakness

No Fever

No Intolerance

No Change In Appetite

Eyes:

No Change In Vision

No Eye Pain

No Double Vision

No Blind Spots

No Injury

No Ha

No Coryza

No Obstruction Ears, Nose, Mouth, Throat:

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No Hearing Loss
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No ENT Discharge

No ENT Pain

No Tinnitus

No Nosebleed

No Apnea

No Bieeding Gums

No Hoarseness

No Use Of Dentures

Neck:

No Neck Pain

No Masses

No Tenderness

Respiratory:

No Cough

No Shortness Of Breath

No Wheezing

Cardiovascular:

Other Details: Hypertension No Chest Pain

No Palpitation

No Syncope

No PND

No DOE

No Orthopnea

No Peripheral

No Edema

No Leg Pain/Cramping No History Murmur

No Arrythmia

No Heart Problem

Gastrointestinal:

No Dysphagia

Heartburn YES

No Bloating

No Belching

No Flatulence

No Nausea

No Vomitina

No Hematemesis

No Gastro Pain

No Food Intolerance

No Hepatitis

No Jaundice

No Hematochezia

No Changed Bowel

No Diarrhea

No Constipation

No Blood in Stool

Genitourinary General:

No Dysuria

No Urine Frequency

No Urine Urgency

Musculoskeletal:

No Joint Pain

No Musc Swelling

No Musc Redness

No Musc Warm

No Musc Stiffness

No Musc Aches

No FMS

No Arthritis

No Gout

No Back Pain

No Paresthesia

Muscle Pain YES

No Limitation In Range Of Motion

Extremities:

No Spasms

No Extreme Tremors

Neurologic:

No LOC

No Seizures

No Neuro Numbness

No Tremors

No Changes In Mentation

Skin:

Psoriasis YES

Rashes YES

Dryness YES Itching YES

Psychiatric:

No Depression

No Anxiety

No Thought Content

Physical Exam:

GEN:

Awake, Alert, Oriented, in No Acute Distress-Within Normal Limits .

Conjuctive Clear, Tms Intact, Discharge, Wax, Oral Lesions, Gums pink, Bilateral Nasal Turbinates-Within Normal Limits .

ENT:

TMs/EAMs/EE, Ext Nose-Within Normal Limits .

NECK:

Supple, Thyromegaly, Carotid of the Nasal Septum, JVD, lymphadenopathy-Within Normal Limits .

BACK:

Normal Curvature, Tenderness-Within Normal Limits.

CV:

RRR-Within Normal Limits .

RESP:

Lungs Clear, Rales, Rhonchi, Wheezes-Within Normal Limits.

GI:

Ogrganomegoly-Within Normal Limits .

Soft, Non Tender, Non Distended, Masses-Within Normal Limits .

Bowel Sounds present in all four quadrants-Within Normal Limits .

GU:

Normal. Lesions, Discharge, Hernias Noted, Deferred-Within Normal Limits .

MUSC:

Strength-Within Normal Limits

Inspection- Abnormal Limits. Cellulitis. .

NEURO:

Physiological, Localizing Findings-Within Normal Limits .

PSYCH:

Normal Affect, Judgement and Mood, Alert and Oriented X3-Within Normal Limits .

Patient Appears To Be In Good Mood-Within Normal Limits

Able To Answer Questions Oppropriately-Within Normal Limits

SKIN:

Rash or Abnormal Lesions- Abnormal Limits. Psoriasis...

Assessment:

Educated on use of low salt diet and exercise as tolerated and take medication. Also educated on signs and symptoms of heart attack and stroke with uncontrolled hypertension. Medical complexity and risk of complications is medium. Patient continue to have eczema on arms and legs. Continue getting dressing changes three times a week for eschar on both legs. Education material was given to the patient. Reviewed labs.

Patient diagnoses are,

- 1. Hypertension.
- 2. Diabetes mellitus type 2.
- 3. Cellulitis.
- 4. End-stage renal disease.
- 5. Hyperlipidemia.

Plan:

Continue same treatment plan. Medication adherence education was given to the patient. No refills. Patient was educated on benefits of low salt, low fat, low cholesterol diet with current medical issues. Patient encouraged continuing weight loss efforts via daily exercise and certain food restrictions. The patient verbalized understanding of the above plan, and was given the office number to call for any questions or concern. Discussed the treatment plan with the family, Prognosis is fair. Refilled silvadene cream to legs daily and other body parts for psoriasis. Patient is receiving HHC three times a week for treatment of eschar on legs. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

- Hypertension, stable with medication.
 Diabetes mellitus type 2, stable with medication.
- 3. Cellulitis, stable.
- 4. End-stage renal disease, stable with dialysis.
- 5. Hyperlipidemia, stable with medication

Quality Of Care

- 1.Provided Education Resource(s).
- Medication Reconciliation.
 Documentation of current medications.
- 4. Patient Decision Aids / Education Materials Given.

Medication:

Description	Status	Start Date	End Date
Insulin Syringe ,28G X 1/2" 1 ML MISC, USE AS DIRECTED, Quantity: 200, Refill Quantity: 4 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-08-24	
Aquaphor Advanced Therapy , OINT, APPLY SPARINGLY TO AFFECTED AREA(S) TWICE DAILY, Quantity: 396, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-07-12	
Crestor ,40 MG TABS, TAKE 1 TABLET DAILY, Quantity: 90, Refill Quantity: 0 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-07-12	
DocQLace ,100 MG CAPS, TAKE 1 CAPSULE DAILY IN THE MORNING, Quantity: 90, Refill Quantity: 0 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-05-26	
Triamcinolone Acetonide ,0.1 % OINT, APPLY SPARINGLY TO AFFECTED AREA(S) TWICE DAILY, Quantity: 60, Refill Quantity: 2 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-05-26	
Levothyroxine Sodium ,75 MCG TABS, TAKE 1 TABLET DAILY, Quantity: 90, Refill Quantity: 1 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-05-09	
NexIUM ,40 MG CPDR, TAKE ONE CAPSULE ONCE DAILY, Quantity: 30, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-04-07	

Home Health Plan:

Patient Home Bound or Can't Drive: YES Is Home Health Care Needed: YES $\,$

Does Patient have reliable other Primary Care Physician: NO

Is House Visit Needed: YES Next Visit Duration (in days): 31 Nursing Required: YES Physical Therapy: NO

Occupational Therapy Required: NO Speech-language Pathology Required: NO

Requested Care/Treatments Required: Receiving tid treatment to legs for eschar on lower extremities.

Clinical Findings To Justify Home Health: Skilled nursing needed due to cellulitis and chronic pain and inability to self medicate



Electronically Signed by Darolyn Perkins on 2016-09-22.

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