Nertha Watson: Patient Information

Patient Record Number:6286

Texas Physician House Calls (H)
2925 Skyway Circle North, Irving, TX, USA, 75038-3510
www.texashousecalls.com, Phone:(972) 675-7313, Fax:(972) 675-7310,
Email:hhsupport@texashousecalls.com

Name: Nertha Watson External ID: 6286 **DOB**: 1948-12-25 Sex: Female S.S.: 449929273 Marital Status: Single

Address: 4009 Hamilton Ave

City: Dallas State: Texas Postal Code: 75210 Country: USA

Mobile Phone: 469-335-4435 Street Address: 4009 Hamilton Ave

Apt/Suite/Other: House

Family History:

Last Recorded On: 01-11-2017.

Father: Father is not alive, complains of Alzheimer's disease. . Mother: Mother is not alive, complains of diabetes and hypertension. .

Siblings: Two brothers and four sisters, who are alive.. Offspring: Two boys and two girls, who are alive...

Social History:

Last Recorded On: 01-11-2017.

Tobacco: Smokes one packet per week. Status: Current

Alcohol: Drinks socially. Status: Current

Recreational Drugs: No drug abuse. Status: Never

Nutrition History: Well..

Developmental History: Education level is 12th grade..

Other History: Immunizations, none. .

Insurance:

Medicare B Texas (SMTX0)

Priority: Primary **Start Date**: 2013-12-01 Relationship to Insured: Self

Type: N/A

Payer: Medicare B Texas (SMTX0)

Priority: Secondary Start Date: 2014-07-01 Relationship to Insured: Self

Type: N/A

Payer: Molina Healthcare of Texas (Z1161)

Copay:

Insured ID Number: 449929273A

Group Number:

Employer Name: Nertha Watson

Copay:

Insured ID Number: 500585359

Group Number:

Employer Name: Nertha Watson

Immunizations:			

Nertha Watson: Chief Complaint Patient Record Number:6286 Texas Physician House Calls (H)

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Seen by Darolyn Perkins Seen on 21-December-2016

Chief Complaint Status: finalized

Followup home visit to prevent further decline of the following chronic medical conditions of hypertension, chronic pain syndrome, anxiety, lumbago, spinal stenosis, and osteoarthritis. Patient complains of back pain.

History of Present illness:

HPI Status:Finalized

A 67-year-old African-American female in no acute distress multiple chronic conditions of the following hypertension, chronic pain syndrome, anxiety, lumbago, spinal stenosis, and osteoarthritis. Patient has a history of scoliosis and a subsequent spinal stenosis. Patient complains of back pain that is chronic and hip pain that is also chronic. Patient rates current pain today 7/10 and gets relief from current pain medication. Patient denies any other issues upon examination. Patient denies any chest pain, headache, nausea/vomiting recently.

Vitals:

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	ВМІ	Head circ
2016-12-21	126	65	146.00	66.00	98.20	18.00	~	23.6	0.00

Review of Systems:

Constitutional:

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Lion Date Of Motion YES

No Constipation

Physical Exam:

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ESYCH:

REPRESENTAL AND THE CONTROL OF THE PROPERTY AND THE PROPE

RESP:

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Respirator Effort Unlabored-Within Normal Limits .

Medication:

Description	Status	Start Date	End Date
Gabapentin ,300 MG CAPS, TAKE 1 CAPSULE TWICE DAILY, Quantity: 60, Refill Quantity: 3			
Unknown or N/A	Active	2016-11-15	
by Jones, Derrick - MJ3217331			
Texas Physician House Calls			

Lisinopril-Hydrochlorothiazide ,20-12.5 MG TABS, TAKE 1 TABLET

DAILY, Quantity: 30, Refill Quantity: 2 Unknown or N/A

by Jones, Derrick - MJ3217331

Texas Physician House Calls

Active 2016-09-08

Plan Note:

Plan Note Status: Finalized

Continue same treatment plan his previous provider. Reviewed and continue same medications, no new medications noted this visit. Medication adherence education was given to the patient and the patient educated on the benefits of low salt, low-fat, low cholesterol diet with current medical conditions. Patient was instructed to go to ER for symptoms of chest pain, shortness of breath, excessive headache, blurry vision or systolic blood pressure greater than 200. Patient was encouraged to exercise daily as tolerated. No labs needed this visit. Patient verbalized understanding of the above plan and was given the office number for any questions or concerns. Prognosis is fair and patient is stable. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

- 1. Scoliosis, continue current plan.
- 2. Osteoarthritis with chronic pain, continue current plan.
- 3. Hypertension with vascular complications, continue current plan.
- 4. Chronic pain syndrome, continue current pain medications.
- 5. Lumbago with chronic pain, continue current plan.
- 6. Anxiety, continue current plan.
- 7. Spinal stenosis, continue current plan.

Medication refills as follows, Lisinopril/HCTZ 20/12.5 mg q.d. Norco 10/325 mg t.i.d. Xanax 0.5 mg t.i.d. Flonase nasal spray.

Medical Problem:

Description	Status	Start Date	End Date
Scoliosis, unspecified (ICD10:M41.9 Scoliosis, unspecified) Unknown or N/A	Active	2016-12-21	
Infantile idiopathic scoliosis, sacral and sacrococcygeal region (ICD10:M41.08 Infantile idiopathic scoliosis, sacral and sacrococcygeal region) Unknown or N/A	Active	2016-11-15	
Nicotine dependence, unspecified, uncomplicated (ICD10:F17.200 Nicotine dependence, unspecified, uncomplicated) Unknown or N/A	Active	2016-11-15	
Low back pain (ICD10:M54.5 Low back pain) Unknown or N/A	Active	2016-10-11	
Other chronic pain (ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2016-10-11	
Primary generalized (osteo)arthritis (ICD10:M15.0 Primary generalized (osteo)arthritis) Unknown or N/A	Active	2016-09-06	
Polyosteoarthritis, unspecified (ICD10:M15.9 Polyosteoarthritis, unspecified) Unknown or N/A	Active	2016-09-06	
Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity (ICD10:187.309 Chronic venous hypertension (idiopathic) without complications of unspecified lower extremity) Unknown or N/A	Active	2016-09-06	
Anxiety disorder, unspecified (ICD10:F41.9 Anxiety disorder, unspecified) Unknown or N/A	Active	2016-09-06	
Chronic pain syndrome (ICD10:G89.4 Chronic pain syndrome) Unknown or N/A	Active	2016-09-06	

Allergies:

Description	Status	Start Date	End Date	
No known drug allergies.	Active			
Unknown or N/A	Active			

Surgeries:

Description	Status	Start Date	End Date
Screws in ankles in 2003. Unknown or N/A	Active		
Knee surgery in 1990. Unknown or N/A	Active		
Hospitalized for spinal stenosis. Unknown or N/A	Active		

Face to Face HH Plan:

Patient Home Bound or Can't Drive: $\ensuremath{\mathsf{YES}}$

Is Home Health Care Needed: NO

Does Patient have reliable other Primary Care Physician: $\ensuremath{\mathsf{NO}}$

Is House Visit Needed: YES Next Visit Duration (in days): 31 Current home health agency:

Primary Justification Medical Conditions: Mobility_Impairments,Rheumatoid Arthritis_Osteoarthr,HTN

Additional Medical Conditions: Scoliosis, anxiety, spinal stenosis, lumbago

Nursing Required: NO Physical Therapy:

Occupational Therapy Required: Speech-language Pathology Required: Requested Care/Treatments Required:

Clinical Findings To Justify Home Health: Patient is homebound due to spinal stenosis and scoliosis.

Certification Statement: No skilled nurse she needed at this time.

Signed by (NP): 302

Signed On (NP): 2016-12-28 00:35 **Signed By (Physician):** 18

Signed on (Physician): 2016-12-28 00:35

Form_status: finalized



Electronically Signed by Darolyn Perkins on 2016-12-28.

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