

Zula Clewis: Patient Information
Patient Record Number:5987

Texas Physician House Calls (H)
2925 Skyway Circle North, Irving, TX, USA,
75038-3510
www.texas-housecalls.com, Phone:(972) 675-
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To

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Fax Number

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Name: Zula Clewis **DOB:** 1925-09-19
External ID: 5987 **Sex:** Female

Address: 4820 Clear Creek Rd **Postal Code:** 75232
City: Dallas **Country:** USA
State: Texas

Zula Clewis: Vitals
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Seen by Derrick Love-Jones
Seen on 18-October-2016

Service Date	BPS	BPD	Wt	Ht	Temperature	RR	Note	BMI	Head circ
2016-10-18	111	49	145.00	63.00	97.80	16.00	~	25.7	0.00

Chief Complaint:

Follow up home visit to prevent further decline of the following chronic medical conditions of hypertension, neuropathy, hyperlipidemia, asthma, rheumatoid arthritis, chronic pain, and chronic obstructive pulmonary disease, and mobility impairment. Patient complains of SOB and congestion.

History of Present illness:

The patient is a 91-year-old AA female in NAD with multiple chronic conditions of hypertension, neuropathy, hyperlipidemia, chronic pain, chronic obstructive pulmonary disease, asthma, and mobility impairment. Patient states she wants to walk again but does not have the strength to stand and has severe hip pain. Patient rates pain 7/10 today. Patient also complains of SOB and congestion with non-relief for 7-10 days. Patient denies any other issues or complaints upon examination. Patient denies any CP, HA, or N/V. Reviewed labs. Reviewed medications.

Review of Systems:

Constitutional:

- No Weight Change
- No Weakness
- No Fatigue
- No Night Sweats
- No Intolerance
- No Change In Appetite

Eyes:

- No Change In Vision
- No Eye Pain
- No Double Vision
- No Blind Spots
- No Injury
- No Ha
- No Coryza
- No Obstruction

Ears, Nose, Mouth, Throat:

- No Hearing Loss
- No ENT Pain
- No Vertigo
- No Tinnitus
- No Hoarseness
- No Dental Difficulties
- No Use Of Dentures

Neck:

- No Stiffness
- No Neck Pain
- No Masses
- No Tenderness

Respiratory:

- No Cough
- No Shortness Of Breath
- No Wheezing
- No Hemoptysis
- COPD YES

Cardiovascular:

- No Chest Pain
- No Palpitation
- No Syncope
- No Orthopnea

Gastrointestinal:

No Dysphagia
No Nausea
No Vomiting
No Changed Bowel
No Blood In Stool

Genitourinary General:

No Polyuria
No Urine Frequency
No Urine Urgency

Musculoskeletal:

No Joint Pain
Musc Aches YES
Arthritis YES
No Back Pain
No Paresthesia
No Muscle Pain
Limitation In Range Of Motion YES

Extremities:

No Spasms
No Extreme Tremors

Neurologic:

No LOC
Stroke YES
No Neuro Numbness
No Neuro Weakness
No Tremors
No Changes In Mentation

Skin:

Dryness YES

Psychiatric:

No Depression
No Thought Content

Hematologic/Allergic/Immunologic:

Allergies YES

Physical Exam:**GEN:**

Awake, Alert, Oriented, in No Acute Distress-Within Normal Limits .

HEAD:

Normocephalic, Autramatic-Within Normal Limits .
Lesions-Within Normal Limits .

EYE:

Conjunctive Clear, Tms Intact,Discharge, Wax, Oral Lesions, Gums pink, Bilateral Nasal Turbinates-Within Normal Limits .
PERRLA, EOMI-Within Normal Limits .

ENT:

TMs/EAMs/EE, Ext Nose-Within Normal Limits .
Nasal Mucosa Pink, Septum Midline-Within Normal Limits .

NECK:

Supple,Thyromegaly, Carotid of the Nasal Septum, JVD, lymphadenopathy-Within Normal Limits .

BACK:

Normal Curvature, Tenderness-Within Normal Limits .

CV:

RRR-Within Normal Limits .
Murmur, Rubs,Gallops-Within Normal Limits .

RESP:

Lungs CTAB-Within Normal Limits .
Lungs Clear,Rales,Rhonchi,Wheezes-Within Normal Limits .

GI:

Soft, Non Tender, Non Distended, Masses-Within Normal Limits .
Bowel Sounds present in all four quadrants-Within Normal Limits .

GU:

Normal. Lesions, Discharge, Hernias Noted, Deferred-Within Normal Limits .

EXTREMITIES:

Edema, Cyanosis or Clubbing-Within Normal Limits .
Deformities-Within Normal Limits .

LYMPH:

Adenopathy (2 areas required)-Within Normal Limits .

MUSC:

Strength-Within Normal Limits .
ROM-Within Normal Limits .
Inspection-Within Normal Limits .

NEURO:

CN2-12 Intact-Within Normal Limits .

PSYCH:

Normal Affect, Judgement and Mood, Alert and Oriented X3-Within Normal Limits .

Depressive Symptoms-Within Normal Limits .

Change In Sleeping Habit-Within Normal Limits .

Change In Thought Content-Within Normal Limits .

Patient Appears To Be In Good Mood-Within Normal Limits .

SKIN:

Rash or Abnormal Lesions-Within Normal Limits .

Clean & Intact with Good Skin Turgor-Within Normal Limits .

Medication:

Description	Status	Start Date	End Date
NIFEdipine ER ,60 MG TB24, Take One Tablet By Mouth daily, Quantity: 90, Refill Quantity: 1 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-10-19	
Eliquis ,5 MG TABS, PLACE 1 TABLET ON THE TONGUE AND ALLOW TO DISSOLVE TWO TIMES DAILY, Quantity: 60, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-09-08	
Atorvastatin Calcium ,40 MG TABS, TAKE 1 TABLET BY MOUTH AT BEDTIME, Quantity: 90, Refill Quantity: 0 Unknown or N/A Referred by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-06-29	
Gabapentin ,100 MG CAPS, TAKE 1 CAPSULE BY MOUTH AT BEDTIME, Quantity: 90, Refill Quantity: 0 Unknown or N/A Referred by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-06-29	
Polyethylene Glycol 3350 , PACK, MIX 1 PACKET IN 8 OUNCES OF LIQUID AND DRINK ONCE DAILY, Quantity: 30, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-03-22	
TraMADol HCl ,50 MG TABS, TAKE 1 TABLET BY MOUTH EVERY 8 HOURS AS NEEDED, Quantity: 90, Refill Quantity: 0 Unknown or N/A Referred by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-03-15	
ProAir HFA ,108 (90 Base) MCG/ACT AERS, INHALE 2 PUFFS BY MOUTH EVERY SIX HOURS AS NEEDED, Quantity: 8.5, Refill Quantity: 3 Unknown or N/A Referred by ketha, Dr sumana - BK6230281 Texas Physician House Calls	Active	2016-01-27	
Atorvastatin Calcium ,40 MG TABS, TAKE 1 TABLET BY MOUTH AT BEDTIME, Quantity: 30, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-01-05	
Gabapentin ,100 MG CAPS, TAKE 1 CAPSULE AT BEDTIME, Quantity: 30, Refill Quantity: 3 Unknown or N/A Referred by Jones, Derrick - MJ3217331 Texas Physician House Calls	Active	2016-01-05	
Pantoprazole Sodium ,40 MG TBEC, TAKE ONE TABLET BY MOUTH DAILY, Quantity: 30, Refill Quantity: 3 Unknown or N/A	Active	2016-01-05	

Assessment:

Patient states has severe hip pain and has started Physical Therapy. Patient rates pain 7/10 today. Patient also complains of SOB and congestion with no relief. Educated the patient on the importance of those salt, low-fat, low cholesterol diet and daily exercise as tolerated. Medical complexity and risk of complications. Patient denies any chest pain, headache, nausea/vomiting recently. Education material was given to the patient. Reviewed labs.

Patient diagnoses are,

1. Pharyngitis.
2. Hypertension with vascular complications.
3. Neuropathy.
4. Hyperlipidemia.
5. Chronic obstructive pulmonary disease/asthma.
6. Rheumatoid arthritis/osteoarthritis with chronic pain.
7. Chronic pain syndrome.
8. Mobility impairment.

Plan Note:

Continue same treatment plan as previous. Review to continue same medications, no new medications noted this visit. Medication adherence education was given to the patient and the patient educated on the benefits of low salt, low-fat, low cholesterol diet with current medical conditions. Patient was instructed to go to ER for symptoms of chest pain, shortness of breath, excessive headache, blurry vision or systolic the pressure greater than 200. Patient encouraged to exercise daily as tolerated. No labs needed this visit. The patient verbalize understanding of the above plan and was given the office number for any questions or concerns. Red nose is this fair patient is stable. Reviewed old records of the patient. Follow up appointment in 4-6 weeks.

1. Pharyngitis start Z-Pak.
2. Hypertension with vascular complications, continue current plan.
3. Neuropathy, continue current plan.
4. Hyperlipidemia, continue current plan.
5. Chronic obstructive pulmonary disease/asthma, continue current plan.
6. Rheumatoid arthritis/osteoarthritis with chronic pain, continue current pain.
7. Chronic pain syndrome, continue current pain medication.
8. Mobility impairment, continue to monitor.

Medication refills as follows:

Eliquis 5 mg b.i.d.
Tramadol 50 mg t.i.d.
Nifedipine 60mg qd

Quality Of Care

1. Provided Education Resource(s).
2. Medication Reconciliation.
3. Documentation of current medications.
4. Patient Decision Aids / Education Materials Given.

Medical Problem:

Description	Status	Start Date	End Date
Benign essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01	
Esophageal reflux (ICD10:K21.9 Gastro-esophageal reflux disease without esophagitis) Unknown or N/A	Active	2015-10-01	
Shortness of breath (ICD10:R06.02 Shortness of breath) Unknown or N/A	Active	2015-10-01	
Other chronic pain (ICD10:G89.29 Other chronic pain) Unknown or N/A	Active	2015-10-01	
Osteoarthritis, localized, primary, pelvic region and			

thigh (ICD10:M16.10 Unilateral primary osteoarthritis, unspecified hip) Unknown or N/A	Active	2015-10-01
Rheumatoid arthritis (ICD10:M06.9 Rheumatoid arthritis, unspecified) Unknown or N/A	Active	2015-10-01
Polyneuropathy in collagen vascular disease (ICD10:G63 Polyneuropathy in diseases classified elsewhere) Unknown or N/A	Active	2015-10-01
Unspecified essential hypertension (ICD10:I10 Essential (primary) hypertension) Unknown or N/A	Active	2015-10-01
Chronic obstructive asthma, unspecified (ICD10:J45.909 Unspecified asthma, uncomplicated) Unknown or N/A	Active	2015-10-01

Allergies:

Description	Status	Start Date	End Date
Penicillin Unknown or N/A	Active	2015-09-08	

Surgeries:

Description	Status	Start Date	End Date
Hip Surgery on 04/2015 Unknown or N/A	Active	2015-09-08	
Knee Replacement Surgery Unknown or N/A	Active	2015-09-08	
Removal of cyst from the breast. Unknown or N/A	Active	2015-09-08	
Hospitalized at Methodist. Unknown or N/A	Active	2015-09-08	

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