

Gambling Disorder

[CURRENT:]

[PAST:]

1. Have you gambled in the past 3 months?

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When was the last time you gambled? How often do you gamble? In which of the following ways do you gamble:

- ☐ Playing cards
- ☐ Dice games
- ☐ Numbers
- ☐ Bingo
- ☐ Stock market
- ☐ Slot machines
- ☐ Buying scratch/lottery tickets
- ☐ Betting on sports, animals, or other off-track betting
- ☐ Other: _____

[IF NO CURRENT GAMBLING, ASK ABOUT PAST GAMBLING:] **Have you ever gambled?**

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When was this period of gambling? How often did you gamble? In which of the following ways did you gamble:

- ☐ Playing cards
- ☐ Dice games
- ☐ Numbers
- ☐ Bingo
- ☐ Stock market
- ☐ Slot machines
- ☐ Buying scratch/lottery tickets
- ☐ Betting on sports, animals, or other off-track betting
- ☐ Other: _____

2. Has your gambling bothered you or caused you problems?

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Have you ever bet more than you could afford to lose? Has gambling caused you any health problems, including stress or anxiety? Has gambling caused any financial problems for you or your household? Has anyone ever criticized your gambling or told you that you had a gambling problem, regardless of whether you thought it was true?

[#2 IS CODED P AND/OR GAMBLING IS DEEMED CLINICALLY CONCERNING]

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[NOTES:]

[CURRENT:]

[PAST:]

3. When you were gambling, did you:

3a. Need to increase the amount of money you were using over time to get the same level of excitement as when you first started?

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3b. Feel agitated or easily frustrated when you tried to cut down on or stop gambling?

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3c. Repeatedly try to control, reduce, or stop gambling, but were unsuccessful?

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3d. Often have thoughts about gambling on your mind, think about how to get money to gamble, or plan future gambling?

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3e. Often gamble when you were upset?

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3f. Return to gamble to try to make up for losses?

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3g. Lie about gambling (e.g., how long you gambled, the amount of money you gambled, or that you were gambling at all)?

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3h. Risk or lose an important relationship, job, education or career opportunities?

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3i. Rely on others for money to help you manage financially due to the negative impact of gambling?

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[AT LEAST FOUR #3 ITEMS RELATED TO CURRENT GAMBLING ARE CHECKED]

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[AT LEAST FOUR #3 ITEMS RELATED TO PAST GAMBLING ARE CHECKED]

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[FOR PAST GAMBLING BEHAVIOUR ONLY. IF NOT KNOWN, ASK:]

4. [NONE OF THE SYMPTOMS OF GAMBLING DISORDER HAVE BEEN PRESENT IN THE PAST THREE MONTHS. IF NOT KNOWN ASK:]

Have you gambled or had any of the symptoms we just discussed in the past three months? Can you describe in what ways they have been problematic or which symptoms you've had in the past three months?

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5. [NONE OF THE SYMPTOMS OF GAMBLING DISORDER HAVE BEEN PRESENT IN THE PAST TWELVE MONTHS. IF NOT KNOWN ASK:]

Have you gambled or had any of the symptoms we just discussed in the past twelve months? Can you describe in what ways they have been problematic or which symptoms you've had in the past twelve months?

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[NOTES:]

6. [GAMBLING BEHAVIOUR IS NOT BETTER EXPLAINED BY A MANIC EPISODE]

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DIAGNOSTIC IMPRESSION:
GAMBLING DISORDER

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[SPECIFY:]

BETWEEN EPISODES OF GAMBLING DISORDER, SYMPTOMS OF GAMBLING
DISORDER ARE NOT PRESENT FOR SEVERAL MONTHS

EPISODIC ☐

SYMPTOMS OF GAMBLING DISORDER ARE PRESENT FOR MULTIPLE YEARS

PERISISTENT ☐

[SPECIFY:]

#4 IS CODED P AND #5 IS CODED A

IN EARLY
REMISSION ☐

#5 IS CODED P

IN SUSTAINED
REMISSION ☐

[SPECIFY:]

FOUR-FIVE #3 ITEMS ARE CODED P

MILD ☐

SIX-SEVEN #3 ITEMS ARE CODED P

MODERATE ☐

EIGHT-NINE #3 ITEMS ARE CODED P

SEVERE ☐

[SPECIFY:]

PANIC ATTACKS ARE PRESENT IN THE CONTEXT OF THIS DISORDER

WITH PANIC
ATTACKS ☐

[NOTE: TO ASSESS SYMPTOMS OF A PANIC ATTACK,
SEE PANIC ATTACK SPECIFIER AND PANIC DISORDER MODULE]

7. How old were you when these symptoms first began?

8. How old were you when these symptoms began to be a problem for you?

9. On a scale from 0 to 10, 0 meaning not at all and 10 meaning extremely, how much are
you bothered by your symptoms?
