

## Selective Mutism

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|---|---|---|--------------------------------------|
| <p>1. <b>Are there certain social situations in which you consistently do not speak where other people expect you to speak?</b></p> <p style="margin-left: 20px;">When does this happen? Is it every time you are in the situation? Do you say anything at all? What if someone asks you a direct question?</p> | <b>A</b><br><input checked="" type="checkbox"/> | <b>S</b><br><input checked="" type="checkbox"/> | <b>P</b><br><input type="checkbox"/> |
| <p>2. <b>Are there some situations in which you can speak to others?</b></p>  | <b>A</b><br><input checked="" type="checkbox"/> |   | <b>P</b><br><input type="checkbox"/> |
| <p>3. <b>In the situations where you do not speak, are you familiar with the language that is being spoken?</b></p>   | <b>A</b><br><input checked="" type="checkbox"/> |   | <b>P</b><br><input type="checkbox"/> |

[NOTES:]

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| <p>4. [THE REFUSAL TO SPEAK IN CERTAIN SITUATIONS HAS PERSISTED FOR AT LEAST 1 MONTH, NOT COUNTING THE FIRST MONTH OF SCHOOL. IF NOT KNOWN, ASK:]</p> <p style="margin-left: 20px;">Have you refused to speak in these situations for at least one month?</p> | <b>A</b><br><input checked="" type="checkbox"/> |   | <b>P</b><br><input type="checkbox"/> |
| <p>5. [CLINICALLY SIGNIFICANT IMPAIRMENT IS PRESENT IN EDUCATIONAL, OCCUPATIONAL, OR SOCIAL DOMAINS. IF NOT KNOWN, ASK:]</p> <p style="margin-left: 20px;">Have the symptoms made it hard for you to do well at school or work, or to socialize?</p>          | <b>A</b><br><input checked="" type="checkbox"/> | <b>S</b><br><input checked="" type="checkbox"/> | <b>P</b><br><input type="checkbox"/> |

[NOTES:]

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|--|---|--|--------------------------------------|
| <p>6. [THE SYMPTOMS ARE NOT BETTER ACCOUNTED FOR BY A COMMUNICATION DISORDER AND DO NOT OCCUR ONLY IN THE CONTEXT OF AUTISM SPECTRUM DISORDER, SCHIZOPHRENIA, OR ANOTHER PSYCHOTIC DISORDER]</p> | <b>A</b><br><input checked="" type="checkbox"/> |  | <b>P</b><br><input type="checkbox"/> |
|--|---|--|--------------------------------------|

DIAGNOSTIC IMPRESSION:  
SELECTIVE MUTISM

**A** **S** **P**  
☒ ☐ ☐

[SPECIFY:]

PANIC ATTACKS ARE PRESENT IN THE CONTEXT OF THIS DISORDER

WITH PANIC ATTACKS ☐

[NOTE: TO ASSESS SYMPTOMS OF A PANIC ATTACK,  
SEE PANIC ATTACK SPECIFIER AND PANIC DISORDER MODULE]

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|--|--------------|
| <p>7. <b>How old were you when these symptoms first began?</b></p>   | <p>_____</p> |
| <p>8. <b>How old were you when these symptoms began to be a problem for you?</b></p>   | <p>_____</p> |
| <p>9. <b>On a scale from 0 to 10, 0 meaning not at all and 10 meaning extremely, how much are you bothered by your symptoms?</b></p> | <p>_____</p> |