

MER + MRI Glossary

MER (Market Expansion Radar): Contextual radar defining direction and expansion phases.

MRI (Market Readiness Indicator): Timing and readiness filter to avoid bad trades.

Compression: Low volatility, energy building. Prepare, do not enter.

Expansion: Volatility release. Execute only with bias alignment.

Extended: Move overstretched. Avoid new entries.

Primary Bias: Higher timeframe directional authority.

Execution Timeframe: Lower timeframe for timing, not direction.

ST Trade: Short-term tactical trade during pullbacks.

Prepare Long / Short: Alert state, not an entry signal.

Blocked (Pullback): Lower TF against higher TF bias; wait.

WAIT – Good: Healthy market, timing not ready.

Cooldown: Market resting after expansion.

Institutional Demand: Strong support zone.

Institutional Supply: Strong resistance zone.

Golden Rule: Bias = Where, State = When, MRI = If.