

## **CURRICULUM – VITAE**

Dr. SONIKA YADAV (PT) CPC certified member ID (01980089)

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Ghaziabad (UP)

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### **CAREER OBJECTIVE**

Aspiring for a challenging job where in my qualification and acquired skill are put to the best use, Providing me with an opportunity to grow professionally to my full potential, also where I can share, contribute and upgrade my knowledge and experience for the development of organization served as well as for self development.

### **WORK EXPERIENCE 4 year in corporate sector: -**

- I worked as Senior clinical investigator in Optum- Noida 144 sector UP\_ from 27<sup>th</sup> June 2018 to 1<sup>st</sup> June 2022.

- Investigator, review and provide clinical and coding expertise for medical and reimbursement policies within claim adjudication process through file review.

- Work within Picts, iset, doc dna, doc360, wand, encoder, IDRS.

### **Academic Experience: 6 Years, 10 Months**

- worked as HOD in Mewar Physiotherapy College Ghaziabad from 17<sup>th</sup> April 2017 to 31<sup>st</sup> April 2018.

- Worked as Assistant Professor in Maharaj Vinayak Global University Jaipur Physiotherapy College from 12<sup>th</sup> October 2015 to 10<sup>th</sup> April 2017.

- 2011 July to October 2015 worked as a Principal cum Assistant Professor in S.L.N.G. Institute of Physiotherapy College Jodhpur.

### **Clinical Experience: 6 Years, 10 Months**

- Worked in OPD and camps in Mewar Physiotherapy College Ghaziabad from 17<sup>th</sup> April 2017 to 31<sup>st</sup> April 2018.

- Worked in OPD and camps in Maharaj Vinayak Global University Jaipur Physiotherapy College from October 2015 to April 2017.
- 2011 July to October 2015 worked as an In charge of OPD and Camp in S.L.N.G Institute of Physiotherapy College Jodhpur.
- Worked as an In charged for 2 year in Neuro. Rehabilitation unit in CAEHS Meerut (UP).

### **CAREER SUMMARY**

- Corporate 4 year experience as Senior clinical investigator
- Have good communication, organization and time management skill and enjoy working as part of team.
- 6 Year 10 Months of Experience in Administration. Teaching and Clinical Field.
  - Sound Knowledge of College Administration.
  - Excellent Teaching skill.
  - Sound Knowledge of Diagnosing and Treating the Patients.
  - Experience of Managing OPD and Organizing Camp.
  - Knowledge of Recent Advancements in Physiotherapy.
  - Sound knowledge of Rehabilitation field.
  - Knowledge of Computer operation.

### **ADMINISTRATIVE WORK**

- Worked as a member of organizing committee of workshop on “DRY NEEDLING FOR TRIGGER POINT- BASIC OVERVIEW” ON 21<sup>st</sup> to 23<sup>rd</sup> September 2016 conduct by Dr. Deepak Chhabra(PT) in Jaipur Physiotherapy College.
- Worked as a member of organizing committee of workshop on “ UNDERSTANDING CONCEPT OF BASISC & NDT APPROACH IN HEMIPLEGIC ON 9<sup>th</sup> – 10<sup>th</sup> July 2016 conducted by Dr. Prabhat Ranjan in Jaipur Physiotherapy College.
- Worked as a member of organizing committee of workshop on “MANUAL THERAPY” on 23<sup>rd</sup> – 24<sup>th</sup> of October 2015 in Jaipur Physiotherapy College MVGU.
- Worked as a member of organizing committee of workshop on stroke rehabilitation on 22<sup>nd</sup> 23<sup>rd</sup> of April 2011 in CAEHS Meerut.
- Worked as a Convener of organizing committee of the National Conference of physiotherapy physiocon-2012 on 13 - 15 of January 2012 organized by SLNG Institute of Physiotherapy College in Mahila P.G. Mahavidhyalay Jodhpur.

## **PROFESSIONAL QUALIFICATION**

- Master of physiotherapy (MPT) Neurology, Batch 2009-2011 from CCS University Meerut UP.
- Internship from J.R. Nagar University, Udaipur for six months where I was exposed to departments such as:

Physiotherapy OPD, IPD/ wards Orthopedic, Neurology, General

Medicine, cardio- thoracic ICU, NICU, Post operative unit.

- Bachelor of Physiotherapy (BPT). Batch 2004-2009 from J.R. Nagar University, Udaipur.

## **ACADEMIC QUALIFICATION**

10<sup>th</sup> from Ajmer Board

12<sup>th</sup> from Ajmer Board

## **RESEARCH WORK**

Effects of Visual-Vestibular Habituation Exercises and Compensatory Strategies in individual with Motion Sickness.

## **CONFERENCES ATTENDED**

- 2<sup>nd</sup> Annual national conference on “Multidisciplinary Approach in disability rehabilitation” held at Delhi.
- National Conference of physiotherapy “physiocon-2012” held at Jodhpur.

## **ADDITIONAL QUALIFICATION** (Seminars/Workshops)

- Workshop on “DRY NEEDLING FOR TRIGGER POINT- BASIC OVERVIEW” .
- Workshop on “UNDERSTANDING CONCEPT OF BASISC & NDT APPROACH IN HEMIPLEGIC”.
- workshop on “MANUAL THERAPY”,
- WORKSHOP ON “BASIC PRINCIPAL OF ASSESSMENT ON CARDIOPULMONARY FRHABILITION”.
- WORKSHOP ON “NEURO PHYSIOTHERAPY TRAINING AND RESERCH PNF. NDT and MRP’.
- SEMINAR ON “PHYSIOTHERAPY IN INDIA, DISASTER MANAGEMENT, FITNESS AND SPORT MEDICIN”.
- WORKSHOP ON “MOVEMENT THERAPY FOR HEMIPLEGIA BRUNNSTROM APPROCH”.
- WORKSHOP ON “SPINAL CORD INJURY REHABILITATION AND WHEEL CHAIR SKILL”.

- WORKSHOP ON “ENHANCING FUNCTIONAL GAIT ANALYSIS AND NEURO DEVELOPMENT TREATMENT”.
- WORKSHOP ON STROKE “RECENT ADVANCES IN MEDICAL TREATMENT AND REHABILITATION”.
- WORKSHOP ON “MANAGEMENT OF BENIGN PAROXYSMAL POSITIONAL VERTIGO (BPPV)”.
- WORKSHOP ON “PROPIOCEPTIVE NEUROMUSCULAR FACILITATION (PNF)”.
- WORKSHOP ON “CEREBRAL PALSY REHABILITATION”.

### **STRENGTHS**

Positive attitude, Punctuality, Self – motivation, Supportive, Creative, Hardworking.

### **KEY SKILL & CAPABILITY**

Good Communication skill  
 Leadership quality  
 Enthusiastic & hard working  
 Avid for knowledge

### **HOBBIES AND INTEREST:**

Reading novels & books and listening music.

### **PERSONAL INFORMATION:**

Name	: Dr. SONIKA YADAV
Date of Birth	: 4 <sup>th</sup> July 1986
Contact No.	: 08559863409
Nationality	: Indian
Gender	: Female
Marital status	: Married
Father’s Name	: Late Mr. Pratap Singh Yadav
Spouse’s Name	: Mr. Tarun Verma
Language known	: English, Hindi

### **DECLARATION**

I have declared that the above details are true to the best of my knowledge and that I will give my best for the organization.

Date:

Place:

Dr.SONIKA YADAV PT

(M.P.T. NEURO)