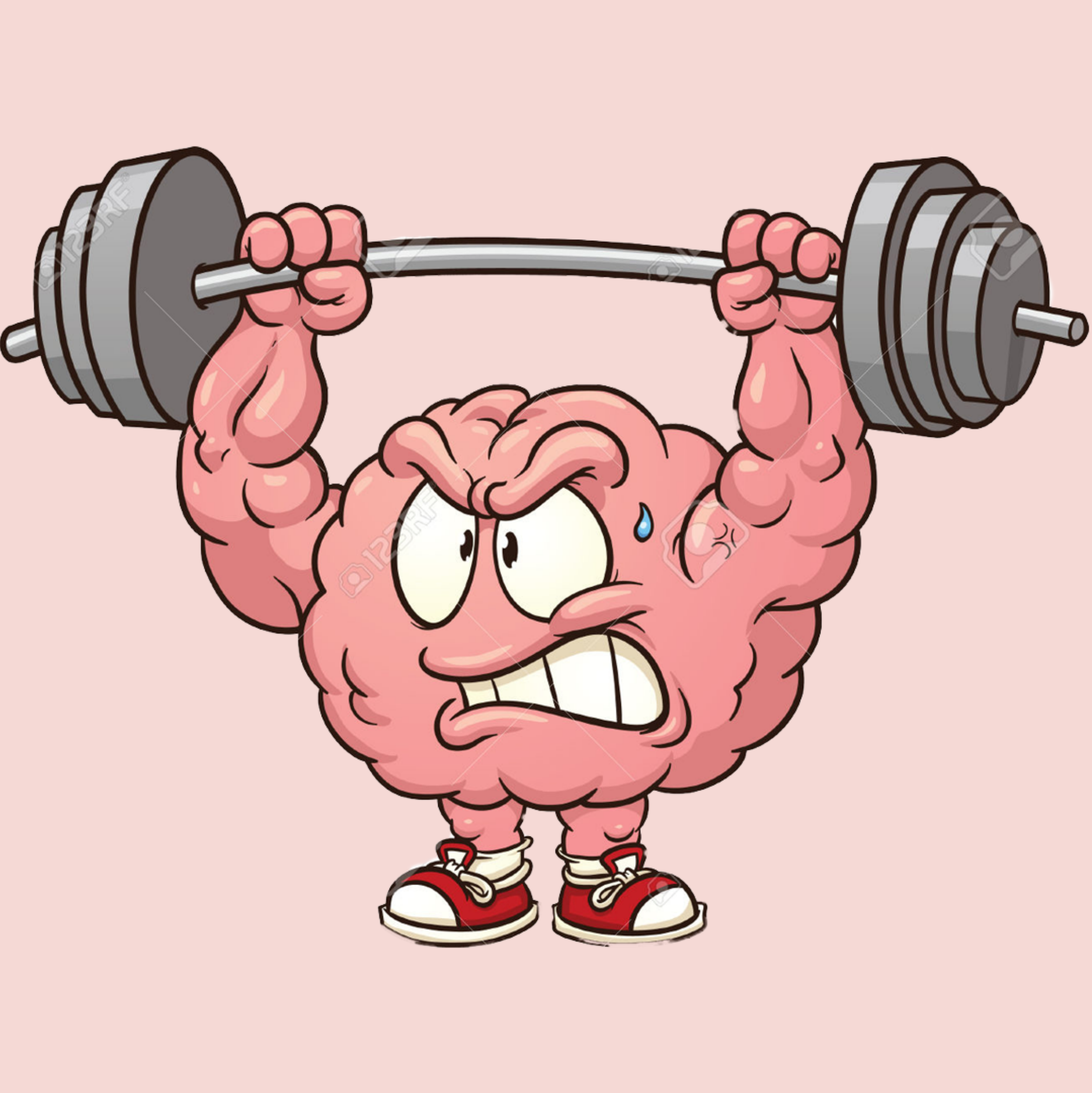


Wondering about the problems of the modern world and how they could use their expertise to come up with innovative solutions for the same, a team consisting of college mates from an engineering grad school came up with the idea for fika.

Fika is an online counselling platform to prepare you for the fight against mental illness. Whether you are a stressed out student, a burned out employee or having troubles in your relationship we are here to help. We connect you to experts at the click of a mouse. We are accessible to people around the world no matter their age, gender, religion, financial well-being, etc. We provide you a platform to discuss your problems without the pressure of revealing your identity.

Our aim is to reach out to those who haven't been able to seek help due to a variety of reasons and are struggling with symptoms like anxiety, depression, etc. every passing day.



WE WANT THE WORLD TO BE A HAPPIER PLACE.

WE ARE A SMALL AND MIGHTY TEAM PASSIONATE ABOUT THE MENTAL HEALTH AND WELL BEING OF PEOPLE.