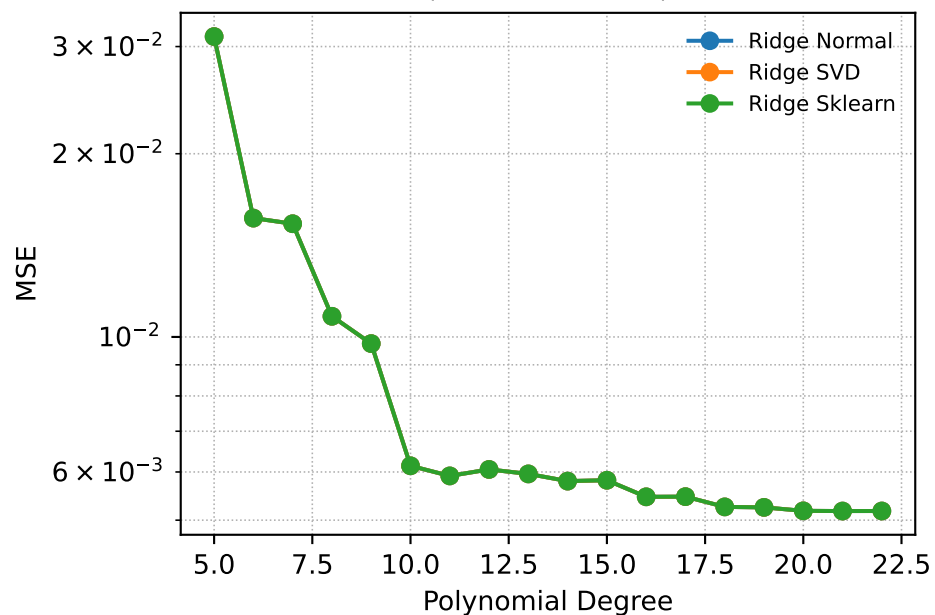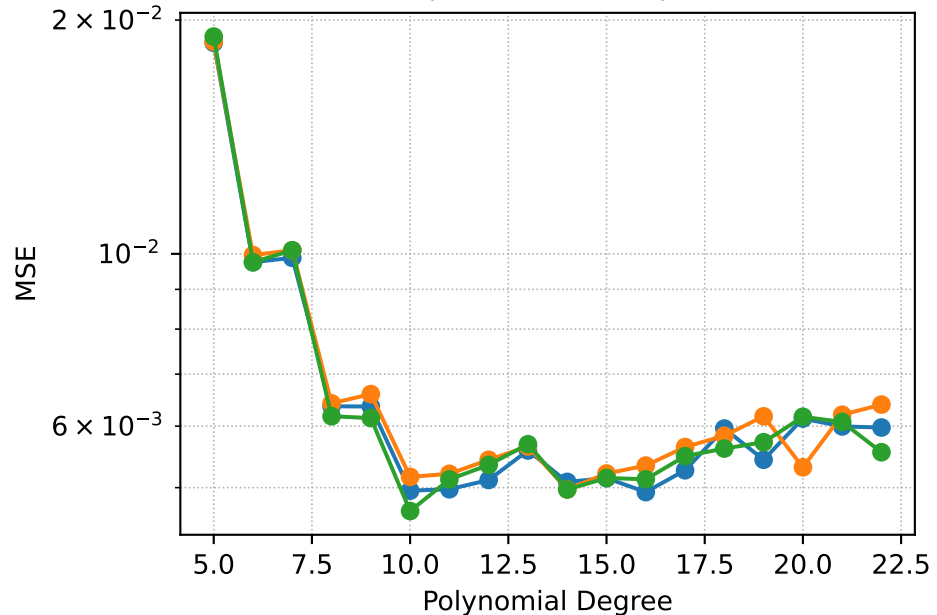Ridge Regression — Optimal λ per Validation Metric
(n=30, σ=0.1)