

LPL - PRODUCTION TEST COLLECTION  
 CENTRE  
 SECTOR - 18, BLOCK-E ROHINI  
 DELHI 110085

Name	:	DUMMY			Collected	:	29/5/2021	1:37:00AM		
Lab No.	:	DUMMYA110	Age:	25 Years	Gender:	Male	Received	:	29/5/2021	4:26:18PM
							Reported	:	1/6/2021	11:17:44AM
A/c Status	:	P	Ref By :	DR. DUMMY DUMMY			Report Status	:	Final	

Test Name	Results	Units	Bio. Ref. Interval
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FOOD INTOLERANCE TEST (Protein Microarray)				
Food Items	Type	Elevated (>30)	Borderline (24-30)	Normal (<24)
ALPHA-LACTALBUMIN	DAIRY			0
BETA-LACTOGLOBULIN	DAIRY			4
BUFFALO MILK	DAIRY			1
CASEIN	DAIRY	74		
COW'S MILK	DAIRY	97		
EGG WHITE	DAIRY	61		
EGG YOLK	DAIRY			0
GOAT MILK	DAIRY	41		
SHEEP MILK	DAIRY	63		
ALGA ESPAGUETTE	FISH/SEAFOOD			14
ALGA SPIRULINA	FISH/SEAFOOD			9
ALGA WAKAME	FISH/SEAFOOD	35		
ANCHOVY	FISH/SEAFOOD			0
BARNACLE	FISH/SEAFOOD			3
BASS	FISH/SEAFOOD			7
CARP	FISH/SEAFOOD			19
CAVIAR	FISH/SEAFOOD			2
CLAM	FISH/SEAFOOD			6
COCKLE	FISH/SEAFOOD			3
COD	FISH/SEAFOOD			5
CRAB	FISH/SEAFOOD			2
CUTTLEFISH	FISH/SEAFOOD			2
DORADO/SEA BREAM	FISH/SEAFOOD			0
EEL	FISH/SEAFOOD			4
HADDOCK	FISH/SEAFOOD			0
HAKE	FISH/SEAFOOD			0
HERRING	FISH/SEAFOOD			1



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LOBSTER	FISH/SEAFOOD		1
MACKEREL	FISH/SEAFOOD	28	
MONKFISH	FISH/SEAFOOD		4
MUSSEL	FISH/SEAFOOD		11
OCTOPUS	FISH/SEAFOOD		1
OYSTER	FISH/SEAFOOD		6
PERCH	FISH/SEAFOOD		0
PIKE	FISH/SEAFOOD		1
PLAICE	FISH/SEAFOOD		7
RAZOR CLAM	FISH/SEAFOOD		4
SALMON	FISH/SEAFOOD		5
SARDINE	FISH/SEAFOOD		0
SCALLOP	FISH/SEAFOOD		2
SOLE	FISH/SEAFOOD		2
SQUID	FISH/SEAFOOD		4
SWORDFISH	FISH/SEAFOOD		1
TROUT	FISH/SEAFOOD		3
TUNA	FISH/SEAFOOD		0
TURBOT	FISH/SEAFOOD		0
WINKLE	FISH/SEAFOOD	31	
APPLE	FRUIT		3
APRICOT	FRUIT		1
AVOCADO	FRUIT		4
BANANA	FRUIT		2
BLACKBERRY	FRUIT		2
BLACKCURRANT	FRUIT		15
BLUEBERRY	FRUIT		3
CHERRY	FRUIT		1
CRANBERRY	FRUIT		12
DATE	FRUIT		1



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Test Name	Results	Units	Bio. Ref. Interval
FIG	FRUIT		6
GRAPEFRUIT	FRUIT		8
GUAVA	FRUIT		8
KIWI	FRUIT		2
LEMON	FRUIT		8
LIME	FRUIT		18
LYCHEE	FRUIT		4
MANGO	FRUIT		3
MULBERRY	FRUIT		1
NECTARINE	FRUIT		1
OLIVE	FRUIT		1
ORANGE	FRUIT		18
PAPAYA	FRUIT		1
PEACH	FRUIT		4
PEAR	FRUIT		5
PINEAPPLE	FRUIT		2
PLUM	FRUIT		16
POMEGRANATE	FRUIT		4
RAISIN	FRUIT		2
RASPBERRY	FRUIT		5
REDCURRANT	FRUIT		6
RHUBARB	FRUIT		0
STRAWBERRY	FRUIT		1
TANGERINE	FRUIT		9
TOMATO	FRUIT		4
WATERMELON	FRUIT		0
BARLEY	GRAIN	65	
BUCKWHEAT	GRAIN		1
CORN (maize)	GRAIN		20
COUSCOUS	GRAIN		2



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Test Name	Results	Units	Bio. Ref. Interval
DURUM WHEAT	GRAIN		10
FLAX SEED	GRAIN	54	
GLIADIN	GRAIN		10
MALT	GRAIN		10
MILLET	GRAIN		0
OAT	GRAIN		5
POLENTA	GRAIN		1
QUINOA	GRAIN		6
RICE	GRAIN		10
RYE FLOUR	GRAIN	36	
SPELT	GRAIN		2
TRANSGLUTAMINASE	GRAIN		0
WHEAT	GRAIN	27	
WHEAT BRAN	GRAIN		5
ALOE VERA	HERBS/SPICES		11
ANISEED	HERBS/SPICES		0
BASIL	HERBS/SPICES		3
BAYLEAF	HERBS/SPICES		11
CAMOMILE	HERBS/SPICES		0
CAYENNE	HERBS/SPICES		8
CINNAMON	HERBS/SPICES		6
CLOVE	HERBS/SPICES		0
CORIANDER (leaf)	HERBS/SPICES		1
CUMIN	HERBS/SPICES		0
DILL	HERBS/SPICES		4
GARLIC	HERBS/SPICES		0
GINGER	HERBS/SPICES		3
GINKGO	HERBS/SPICES		7
GINSENG	HERBS/SPICES		5
HOPS	HERBS/SPICES		6



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Test Name	Results	Units	Bio. Ref. Interval
LIQUORICE	HERBS/SPICES		0
MARJORAM	HERBS/SPICES		0
MINT	HERBS/SPICES		0
MUSTARD SEED	HERBS/SPICES		0
NETTLE	HERBS/SPICES		3
NUTMEG	HERBS/SPICES		4
PARSLEY	HERBS/SPICES		3
PEPPERMINT	HERBS/SPICES		3
RED CHILLI	HERBS/SPICES		3
ROSEMARY	HERBS/SPICES		3
SAFFRON	HERBS/SPICES		0
SAGE	HERBS/SPICES		6
TARRAGON	HERBS/SPICES		1
THYME	HERBS/SPICES		0
VANILLA	HERBS/SPICES		0
BEEF	MEAT		2
BILLY GOAT	MEAT		1
CHICKEN	MEAT		3
DUCK	MEAT		0
HORSE	MEAT		6
LAMB	MEAT		3
OSTRICH	MEAT		7
OX	MEAT		3
PARTRIDGE	MEAT		0
PORK	MEAT		4
QUAIL	MEAT		2
RABBIT	MEAT		4
TURKEY	MEAT		2
VEAL	MEAT		0
VENISON	MEAT		5



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Test Name	Results	Units	Bio. Ref. Interval
WILD BOAR	MEAT		0
ALMOND	NUTS	30	
BRAZIL NUT	NUTS	35	
CASHEW NUT	NUTS	86	
COCONUT	NUTS		1
HAZELNUT	NUTS	28	
MACADAMIA NUT	NUTS		1
PEANUT	NUTS	28	
PINE NUT	NUTS		0
PISTACHIO	NUTS	53	
TIGER NUT	NUTS		18
WALNUT	NUTS		6
AMARANTH	VEGETABLES	84	
ARTICHOKE	VEGETABLES		0
ASPARAGUS	VEGETABLES		0
AUBERGINE	VEGETABLES		0
BEAN (broad)	VEGETABLES		8
BEAN (green)	VEGETABLES		3
BEAN (red kidney)	VEGETABLES	42	
BEAN (white haricot)	VEGETABLES	27	
BEETROOT	VEGETABLES		3
BROCCOLI	VEGETABLES		17
BRUSSEL SPROUT	VEGETABLES		4
CABBAGE	VEGETABLES		17
CABBAGE (red)	VEGETABLES		3
CAPER	VEGETABLES		0
CARROT	VEGETABLES		1
CAULIFLOWER	VEGETABLES		3
CELERY	VEGETABLES		10
CHARD	VEGETABLES		2





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CHICKPEA	VEGETABLES		2
CHICORY	VEGETABLES		4
CUCUMBER	VEGETABLES		3
FENNEL (leaf)	VEGETABLES		1
LEEK	VEGETABLES		7
LENTIL	VEGETABLES	37	
LETTUCE	VEGETABLES		2
MARROW	VEGETABLES		11
ONION	VEGETABLES		0
PEA	VEGETABLES	82	
POTATO	VEGETABLES		20
RADISH	VEGETABLES		22
ROCKET	VEGETABLES		1
SHALLOT	VEGETABLES		1
SOYA BEAN	VEGETABLES	32	
SPINACH	VEGETABLES		6
SWEET POTATO	VEGETABLES		2
TURNIP	VEGETABLES		2
WATERCRESS	VEGETABLES		2
YUCA	VEGETABLES		0
AGAR AGAR	OTHERS		4
CANE SUGAR	OTHERS		7
CAROB	OTHERS		0
CHESTNUT	OTHERS		2
COCOA BEAN	OTHERS		1
COFFEE	OTHERS		13
COLA NUT	OTHERS	54	
HONEY	OTHERS		0
MUSHROOM	OTHERS		4
RAPESEED	OTHERS		2



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SESAME SEED	OTHERS		0
SUNFLOWER SEED	OTHERS	122	
TAPIOCA	OTHERS		0
TEA (black)	OTHERS		0
TEA (green)	OTHERS		0
YEAST (baker's)	OTHERS	33	
YEAST (brewer's)	OTHERS	88	

#### Note

1. All results should be interpreted in relation to the individual case history.
2. Food intolerance is an IgG mediated reaction unlike food allergy which is IgE mediated.
3. This assay does not test any intolerance arising due to enzyme deficiency or chemical sensitivity.
4. Some individuals may show positivity for many food items, which could be due to local gut pathology. It is recommended to consult your physician

#### Interpretation




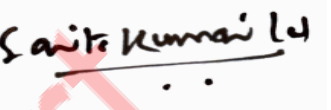

ELEVATED (>30 IU/mL)	BORDERLINE (24-30 IU/mL)	NORMAL (<24IU/mL)
Strong antibody reaction	Lower antibody reaction	No significant antibody reaction
These primary problem foods should be eliminated/avoided for at least 3 months	These moderate to severe problem foods should be reduced and rotated for at least 3 months to avoid an increase intolerance.	These foods can be eaten without restriction provided there is no previous history of reaction
Choose alternative foods from NORMAL column.	Choose alternative foods from NORMAL column.	





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Dr. Ajay Gupta MD, Pathology HOD Hematology & Immunohematology NRL - Dr Lal PathLabs Ltd	Dr Gurleen Oberoi DM(Hematopathology), MD, DNB,MNAMS Consultant & Technical Lead -Hematopathology NRL - Dr Lal PathLabs Ltd	Dr. Jatin Munjal MD, Pathology Consultant Pathologist Dr Lal PathLabs Ltd	Dr.Sarita Kumari Lal MD, Pathology Consultant Pathologist Dr Lal PathLabs Ltd
			
Dr Sunanda MD, Pathology Consultant Pathologist Dr Lal PathLabs Ltd			

-----End of report -----

**IMPORTANT INSTRUCTIONS**

\*Test results released pertain to the specimen submitted.\*All test results are dependent on the quality of the sample received by the Laboratory.  
\*Laboratory investigations are only a tool to facilitate in arriving at a diagnosis and should be clinically correlated by the Referring Physician.\*Sample repeats are accepted on request of Referring Physician within 7 days post reporting.\*Report delivery may be delayed due to unforeseen circumstances. Inconvenience is regretted.\*Certain tests may require further testing at additional cost for derivation of exact value. Kindly submit request within 72 hours post reporting.\*Test results may show interlaboratory variations.\*The Courts/Forum at Delhi shall have exclusive jurisdiction in all disputes/claims concerning the test(s) & or results of test(s).\*Test results are not valid for medico legal purposes. \*Contact customer care Tel No. +91-11-39885050 for all queries related to test results.  
(#) Sample drawn from outside source.

