```
<?php
session_start();
if(isset($_SESSION['views']))
$_SESSION['views']=$_SESSION['views']+1;
else
$_SESSION['views']=1;
echo "<font color=\"red\">Views=". $_SESSION['views']."</font>";
?>
<?php
if(!isset($_COOKIE['cname'])){
   setcookie("cname", "Frank", time()+120);
}
     $myarr["0"] = "Sunday";
      $myarr["1"] = "Monday";
     $myarr["2"] = "Tuesday";
     $myarr["3"] = "Wednesday";
      myarr["4"] = "Thursday";
     myarr["5"] = "Friday";
      $myarr["6"] = "Saturday";
     $_SESSION["myarr"] = $myarr;
?>
<html>
<head> <title>Cookie & Session Example</title>
</head>
<body>
kform action="PHPNextCookie.php" method="POST">
<h2>Enter the Name and Roll Number</h2><br>
Name: <input type="text" name="name"><br>
 Roll No: <input type="text" name="roll"><br><br>
<input type="submit" value="Submit">
<input type="reset" value="Clear">
</form>
</body>
</html>
```