

Propn: Let f be a cts map from S^{d-1} into a top. sp. X . Then TFAE:

(a) f is null-homotopic in X

(b) f can be extended to a cts map from $B^d = \{x \in \mathbb{R}^d : |x| \leq 1\}$ into X .

Pf homework.

Cor. Let γ be a loop in a top. sp. X . Then TFAE:

(a) γ is null-homotopic in X

(b) γ can be extended to a cts map from $\mathbb{D} = \{w \in \mathbb{C} : |w| \leq 1\}$ into X .

Propn Let (X, ρ) be a metric space. Let $\emptyset \neq A \subseteq X$. $\forall x \in X$, let

$$\rho(x, A) = \inf \{ \rho(x, a) : a \in A \}. \text{ Then } \forall x, y \in X, \rho(x, A) \leq \rho(x, y) + \rho(y, A).$$

Pf $\forall a \in A, \rho(x, a) \leq \rho(x, y) + \rho(y, a)$, so taking inf on both sides gives result.
 \forall
 $\rho(x, A)$ or given proper pf.

so $\rho(x, A) - \rho(x, y) \leq \rho(y, a)$, so $\rho(x, A) - \rho(x, y)$ is a lower bound

for $\{\rho(y, a) : a \in A\}$, and so is $\leq \inf \{\rho(y, a) : a \in A\} = \rho(y, A)$ \square

dumb shit
blunts took
punk rock

Corollary Let (X, ρ) be a metric space. let $\emptyset \neq A \subseteq X$. then

a) $\forall x, y \in A, | \rho(x, A) - \rho(y, A) | \leq \rho(x, y)$

b) The fn $x \mapsto \rho(x, A)$ is cts (in fact unif. cts. in fact lipschitz).

Pf (b) clearly follows from (a) so let's prove (a). Let $x, y \in X$.

$$\text{by propn. } p(x, A) \leq p(x, y) + p(y, A) \Rightarrow p(x, A) - p(y, A) \leq p(x, y)$$

$$\text{likewise, } p(y, A) - p(x, A) \leq p(y, x) = p(x, y). \quad \square$$

Corollary Let (X, p) be a metric space. Let A and B be disjoint closed subsets of X . Then there is a cts fn $f: X \rightarrow [0, 1]$ s.t.
 $f(A) = \{0\}$ and $f(B) = \{1\}$.

pf to avoid trivialities, suppose $A \neq \emptyset$ and $B \neq \emptyset$. Define f on X by
(Notice that $\forall a \in A, p(a, B) > 0$ and $p(a, A) = 0$. Similarly, $\forall b \in B, p(b, A) > 0$ and $p(b, B) = 0$.)
$$f(x) = \frac{p(x, A)}{p(x, A) + p(x, B)}$$

It's cts since all things are cts, and it takes values in $[0, 1]$ since everything is ≥ 0 and $p(x, A) \leq p(x, A) + p(x, B)$. \square

Urysohn's Lemma (1925): Let X be a top. sp. Then TFAE:

(a) X is normal

(b) \forall disjoint closed sets $A, B \subseteq X, \exists f: X \rightarrow [0, 1]$ s.t. $f=0$ on $A, f=1$ on B .

(to say X is normal means \forall disjoint closed $A, B \subseteq X, \exists U, V \subseteq X$ s.t. $U \cap V = \emptyset, U, V$ are open, and $U \supseteq A, V \supseteq B$).

(Pizzol)
The Tietze Extension Theorem:

Let X be a metric space (or more generally a normal space).

Let $C \subseteq X$ be closed and let $f: C \rightarrow \mathbb{R}$ be continuous.

then f can be extended to a continuous $f_n g: X \rightarrow \mathbb{R}$.

Pf First let's suppose $f: C \rightarrow [-a, a]$ where $a \in (0, \infty)$. Let $E = \{f \geq \frac{a}{3}\}$

and $F = \{f \leq -\frac{a}{3}\}$. These are disjoint and closed^{in X} so \exists a cts f_n

$$g_1: X \rightarrow [-\frac{a}{3}, \frac{a}{3}] \text{ s.t. } g_1(E) = \{\frac{a}{3}\} \text{ and } g_1(F) = \{-\frac{a}{3}\}.$$

$$\forall x \in E, |f(x) - g_1(x)| = f(x) - \frac{a}{3} \leq a - \frac{a}{3} = \frac{2a}{3}.$$

$$\forall x \in F, |f(x) - g_1(x)| = -\frac{a}{3} - f(x) \leq -\frac{a}{3} + a = \frac{2a}{3}.$$

$$\forall x \in C \setminus (E \cup F), |f(x) - g_1(x)| \leq |f(x)| + |g_1(x)| \leq \frac{a}{3} + \frac{a}{3} = \frac{2a}{3}.$$

$$\text{thus } \forall x \in C, |f(x) - g_1(x)| \leq \frac{2a}{3}.$$

Now apply same argument to $f - g_1$. We find there is

$$\text{a cts } f_n g_2: X \rightarrow [-\frac{2a}{3^2}, \frac{2a}{3^2}] \text{ s.t. } \forall x \in C, |f(x) - g_1(x) - g_2(x)| \leq \frac{2a}{3^2}.$$

Continue in this way constructing $\langle g_n \rangle$ s.t. $\forall x \in X, |g_n(x)| \leq \frac{2^{n-1}}{3^n} a$,

so by Weierstrass M-test, $\sum_{n=1}^{\infty} g_n(x)$ converges uniformly & absolutely

for all $x \in X$. call limit $\sum_n g_n$. also $|f(x) - g(x)| = \lim_{n \rightarrow \infty} |f(x) - \sum_{n=1}^n g_n(x)| \leq \lim_{n \rightarrow \infty} (\frac{2}{3})^n a = 0$.

so g is the extension of f to a f_n on X (g is cts).

Also g maps X into $[-a, a]$.

Now suppose $f: C \rightarrow (-1, 1)$. By what we showed,

there is a cts $f_n u: X \rightarrow [-1, 1]$ s.t. $u = f$ on C .

Let $D = \{u = 1\}$. This is closed in X and $C \cap D = \emptyset$.

So there is a continuous $f_n v: X \rightarrow [0, 1]$ s.t. $v = 1$ on C and $v = 0$ on D .

then $uv = f$ on C and $uv = 0$ on D so $uv: X \rightarrow (-1, 1)$ is

an extension of f on X .

Now consider $f: C \rightarrow \mathbb{R}$. then $x \mapsto \frac{\overset{\psi(x)}{f(x)}}{1+|f(x)|}$ maps C into $(-1, 1)$.

hence \exists cts $\psi: X \rightarrow (-1, 1)$ s.t. $\psi = \varphi$ on C .

then let $g(x) = \frac{\psi(x)}{1-|\psi(x)|}$. $g: X \rightarrow \mathbb{R}$ and $g = f$ on C .