

3 ice cream cone theorem: squeeze 3 balls (w. different radii) between 2 planes.

Propn

Let $u \in \mathbb{R}^3$ be a unit vector. Let $h \in [-1, 1]$. Let α be a C^1 unit-speed curve in \mathbb{R}^3 .

Then $\langle T, u \rangle \equiv h$ iff there is a curve β in a plane perpendicular to u such that $\forall s, \alpha(s) = \beta(s) + hsu$.

Remark Such an α is called a helix w/ axis u and pitch $\theta = \cos^{-1} h$ is the constant angle between T and u .

Proof of propn:

(\Rightarrow) Suppose $\langle T, u \rangle \equiv h$. Let $\beta(s) = \alpha(s) - hsu \forall s$.

Fix $s_0 \in \text{domain}(\alpha)$ and let $x_0 = \beta(s_0)$. We'll show that $\text{range}(\beta) \subseteq \Pi = \{x \in \mathbb{R}^3 : \langle x - x_0, u \rangle = 0\}$.

By the choice of x_0 , $\langle \beta(s_0) - x_0, u \rangle = 0$.

$$\begin{aligned} \text{Now } \frac{d}{ds} \langle \beta(s) - x_0, u \rangle &= \langle \beta'(s), u \rangle = \langle \alpha'(s) - hu, u \rangle \\ &= \langle T(s), u \rangle - h \langle u, u \rangle = h - h = 0. \end{aligned}$$

So $\langle \beta(s) - x_0, u \rangle = 0 \forall s$ and the result holds. \blacksquare

(\Leftarrow) Suppose $\langle \beta(s) - x_0, u \rangle = 0 \forall s$. Then $\frac{d}{ds} \langle \beta(s) - x_0, u \rangle = \langle T(s), u \rangle - h = 0$

So $\langle T(s), u \rangle = h \forall s$. \blacksquare

Remark: if α is unit speed, if $h = \pm 1$ then β is constant and so α is a straight line parallel to u .

Thus if α is not a straight line, $h \in (-1, 1)$.

g any planar curve is a helix w/ $u \perp$ the "planar plane" and $h=0$.
(i.e. $\theta = \frac{\pi}{2}$).

eg a unit-speed circular helix $\alpha(s) = (r \cos \omega s, r \sin \omega s, h \omega s)$,
where $\omega = \frac{1}{\sqrt{r^2 + h^2}}$ and r is positive and $h \in \mathbb{R} \setminus \{0\}$,
with axis $(0,0,1)$ and pitch $\theta = \cos^{-1} \omega h$.

$$(T(s) = \omega (-r \sin \omega s, r \cos \omega s, h), \text{ so } \langle T(s), u \rangle = \omega h).$$



Remark If α is a straight line, then T is constant, so $\forall u \in \mathbb{R}^3$,
 $\langle T, u \rangle$ is constant, so the axis for α is arbitrary.

Propn Let $\alpha: I \rightarrow \mathbb{R}^3$ be a c^1 unit-speed in \mathbb{R}^3 which is a helix with
nonzero curvature (not a straight line). Then the axis of
 α is unique up to a sign change.

Proof Note T is not constant. Let $E = \{v \in \mathbb{R}^3 : \langle T, v \rangle \text{ is constant}\}$.

E is a linear subspace of \mathbb{R}^3 clearly. In fact, $E = D^\perp$ where

$$D = \{T(s_2) - T(s_1) : s_1, s_2 \in I\}.$$

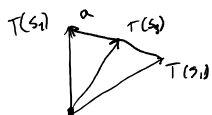
Since T is not constant, D is not $\{0\}$. ($\exists s_1, s_2 \in I$ s.t. $a := T(s_1) - T(s_2) \neq 0$). Define

$$f: I \rightarrow \mathbb{R} \text{ by } f(s) = \langle T(s) - T(s_1), a \rangle. \quad f(s_1) = 0. \quad f(s_2) = \langle a, a \rangle = \|a\|^2 \neq 0.$$


Thus $\exists s_3$ between s_1, s_2 so that $f(s_3) = \frac{\|a\|^2}{2}$. Let $b = T(s_3) - T(s_1)$.

$$\text{Then } \langle b - \frac{1}{2}a, a \rangle = \langle b, a \rangle - \frac{1}{2} \langle a, a \rangle = 0. \text{ So } b - \frac{1}{2}a \perp a$$

and $b \neq \frac{1}{2}a$ since if it were then $|T(s_3)| = |\frac{1}{2}a + T(s_1)| < 1$ (see picture).



so $b - \frac{1}{2}a, a$ are linearly independent in D ,
 α is a helix


 so $b = \frac{1}{2}a$, a are linearly independent in D ,
 α is a helix
 so $\dim D \geq 2$. Also $\dim E \geq 1$ so $\dim D = 2$ and $\dim E = 1$.

And there are only 2 unit vectors (axes) in E , one the negative of the other.

Lancret's Theorem (1802, first proof given by De Saint Venant in 1845).

Let α be a C^3 unit-speed curve in \mathbb{R}^3 whose curvature K is never 0.
 then α is a helix iff its torsion τ satisfies $\tau = cK$ for some constant c .

Proof

(\Rightarrow) suppose α is a helix. then there is a unit vector u in \mathbb{R}^3 s.t.
 $\langle T, u \rangle = a$ for some constant $a \in \mathbb{R}$. Since K is never 0,
 α is not a straight line so $-1 < a < 1$. Now $N \perp u$
 because $0 = a' = \langle T, u \rangle' = \langle T', u \rangle = K \langle N, u \rangle$ and K is never 0.
 Hence $u = aT + bB$ where $b = \langle B, u \rangle$.

By the Pythagorean Theorem, $a^2 + b^2 = |u|^2 = 1$. So $b = \pm \sqrt{1 - a^2}$.

Hence b is constant because a is constant and b is cts.

Replacing u and a by $-u$ and $-a$ if necessary, we may
 suppose $b = \sqrt{1 - a^2}$. Then $\exists! \theta \in (0, \pi)$ s.t. $a = \cos \theta$, $b = \sin \theta$.

Then $u = T \cos \theta + B \sin \theta$ so

$$0 = u' = T' \cos \theta + B' \sin \theta = KN \cos \theta - \tau N \sin \theta$$

$$\text{so } \tau = K \cot \theta = \frac{K}{\tan \theta}. \quad \text{so } c = \cot \theta.$$

