He is the protagonist of the Ramayana. He was educated in his youth by Resi [Wasista]. When [Dasarata] was old he was ready to hand over the crown to Rama, his eldest son. But [Kekayi], the second wife of [Dasarata] had earlier extracted a promise from him that she used to crown her own son, [Barata], as king and to banish Rama to the Dandaka forest for 12 years. During this time, his wife [Sinta] was kidnapped by [Desamuka]. With the help of [Anoman] and the monkey army under the command of [Sugriwa], Rama was finally able to win her back. However, the eventually banished, bowing to the rumors in Ayodya that [Sinta] had been unfaithful to him. In the forest, [Sinta] gave birth to Rama's sons, [Lawa] and [Kusya]. They eventually sought him out and Rama abdicated in favor of [Lawa]. Thereafter, Rama left for the forest and immolated himself. He is an incarnation of [Wisnu].