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Safe Manual Handling Poster . This safe manual handling poster complies with the Health and safety Regulations. Poster can be displayed with or without the frames. Highly visible instructions and symbol for easy understanding. Be the first to review this product. Customers also viewed.

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### **Posters - THSP Risk Management**

The Risk Reckoner is an easy-to-use tool that will help you and your workers understand the risks of manual handling. Use it as part of your risk management process to measure the risk of a task and get recommendations on how to make it safer. Risk Reckoner - assess the risk of injuries from manual handling

### **Tools for staying healthy and safe at work - ACC**

MSD are the most common work-related condition in Australia despite the fact there are known methods to eliminate or minimise them. Identifying hazardous manual tasks. A hazardous manual task is where you have to lift, lower, push, pull, carry, hold or restrain something. It can include: repetitive movement; repetitive or sustained force

### **Lifting, pushing and pulling (manual handling) | Safe Work ...**

Manual handling at the workplace may result in grave injuries, if not done properly. Here is an infographic on the dos and don'ts of manual handling. ... Safety Slogans Safety Quotes Safety

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Cal/OSHA Presentation - Ergonomic Guidelines for Manual Material Handling (ppt = 6.69MB);  
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Ergonomic Guidelines for Manual Material Handling was prepared for publication by the Cal/OSHA Consultation Service, Research and Education Unit, Division of Occupational Safety and Health, California Department of Industrial Relations. It was distributed under the provisions of the Library Distribution Act and Government Code Section 11096.

### **Ergonomic Guidelines for Manual Material Handling**

Manual handling at work A brief guide Introduction This leaflet describes what you, as an employer, may need to do to protect your employees from the risk of injury through manual handling tasks in the workplace. It will also be useful to employees and their representatives. The Manual Handling Operations Regulations 1992, as amended in 2002

### **Manual handling at work - Health and Safety Executive**

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