

## ***Mio Motion User Guide***

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### **Mio Motion User Guide**

Page 1: User Guide finger pads and try again. It helps to wear your • With the Smart Touch Technology, obtaining your on- MIO for a little while to allow a layer of moisture to build demand heart rate by touch has never been easier.

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### **User Guide for Mio GPS, Free Instruction Manual**

A. MIO MOTION~ AT A GLANCE B. MODES OF OPERATION User Guide MOTION~ C. TAKING YOUR HEART RATE WITH THE SMART TOUCH TECHNOLOGY SENSOR You can take your HEART RATE from any mode (except SET modes). • With the Smart Touch Technology, obtaining your on-demand heart rate by touch has never been easier.

### **MOTION~ A. MIO MOTION~ AT A GLANCE To use LIGHT: Press ...**

outlined in the subsequent sections of this manual. !!!!! 1 When navigating to a waypoint, the icon blinks between green and white. ! 2 While recording a track, the Record Track icon blinks between green and white. 3 With Live Updates active, the icon blinks between green and white. Setup: Access the various user-based settings and controls

### **MotionX-GPS User Manual**

Motion is the perfect companion for Final Cut Pro X—build titles, bumpers, transitions, and dazzling effects in Motion, then publish them directly to Final Cut Pro. This is the definitive guide to Motion, in a handy digital format, straight from Apple.

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