

SLASU/2022/CIRC/OWS  
March 01, 2022

## **ANNUAL OPEN WATER SWIMMING CHAMPIONSHIPS – 2022**

**Balapitiya**

**5KM OPEN WATER SWIM - Sunday 13<sup>th</sup> March 2022**

**MARATHON SWIMMING (10KM) - Sunday 20<sup>th</sup> March 2022**

The proposed dates may be subject to change owing to situations beyond the control of SLASU.

Due to conduct of limited open water competitions due to prevailing logistical and safety situations, the results of this Annual Open Water Swimming Championships shall be considered for formation of a national pool and/or selection of swimmers for international open water events Open Category events and Age Group events based on the respective age group rules and subject to quota allocations.

### **GENERAL INFORMATION**

#### **1. ELIGIBILITY**

- 1.1. Entries for the above championships will only be accepted from fully paid-up affiliate members of the Sri Lanka Aquatic Sports Union (SLASU) and athletes registered for 2022 by the affiliate member.

#### **2. ENTRIES**

- 2.1. Entries must be in the attached ENTRY FORMS (ANNEX-B) along with INDIVIDUAL INDEMNITY FORMS (ANNEX-C) and should be accompanied by the corresponding payment (ANNEX-A) by cheque crossed "Account Payee Only" and made payable to the Sri Lanka Aquatic Sports Union. The entry forms may be reproduced your requirements.
- 2.2. All required Entry forms must be typed legibly and should contain all required information. Incomplete forms may be rejected.
- 2.3. Entries may be handed to the SLASU Office by the required deadline.
- 2.4. Entries by email should be sent to **meets.slasu@gmail.com** together with proof of payment by bank transfer or bank deposits.
- 2.5. Clear submission of entries shall be the responsibility of the affiliate member/participant. *Entries submitted should be scanned with sufficient resolution to generate printouts.*
- 2.6. No changes can be made to the entries already submitted.
- 2.7. It shall be the responsibility of the affiliate member/participant to ensure that the entries reach the SLASU office by the given deadline. *SLASU shall not responsible for delays in post or technical issues in electronic transmission.*

#### **3. ENTRY FEES**

- 3.1. Please refer to the entry form for the respective entry fees.
- 3.2. Entry fees must be paid in full by cash deposit at any branch of the Peoples Bank or by bank transfer to the following account:
  - Name of the Bank/ Branch: **Peoples Bank, Duke Street Branch**
  - Account Name: **Sri Lanka Aquatic Sports Union (SLASU)**
  - Account Number: **0011 0012 0003 449**

**Entries will not be accepted until a proof of deposit is tendered and a receipt is issued.**
- 3.3. Entry fees will not be refunded under any circumstances except in the event of a cancellation of this event.

#### 4. PROTESTS

- 4.1. Protests must be submitted to the referees within 30 minutes following the conclusion of the respective event and/or publication of the results, based on the nature of the protest. If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given.
- 4.2. Protests must be made in writing on SLASU Protest forms by an authorized team representative.
- 4.3. A protest fee of Rs 1000.00 must be paid along with the submission of the protest.
- 4.4. The decision of the referee and/or jury of appeal shall be final and conclusive.

#### 5. ANNEXURES

The following documents are attached.

- 5.1. Payment form (Annexure A)
- 5.2. Event Team Entry Form (Annexure B)
- 5.3. Individual Indemnity Form (Annexure C)

#### 6. DEADLINE FOR CLOSE OF ENTRIES

- 6.1. Entries will close on **Wednesday 09<sup>th</sup> March 2022 at 4:00pm** at the SLASU office.

#### 7. DOPING CONTROL

- 7.1. Doping Control procedures may be implemented at these selections.
- 7.2. Doping Control shall follow the World Anti-Doping Agency (WADA) Code and implemented by the Sri Lanka Anti-Doping Agency, its rules and regulations.

The Annual Open Water Swimming Championships (5KM & 10KM) will be held under the rules of The **SRI LANKA AQUATIC SPORTS UNION (SLASU)**, and where inconsistent the rules of the **FEDERATION INTERNATIONALE DE NATATION (FINA) 2017 – 2021** shall apply.

**SRI LANKA AQUATIC SPORTS UNION**



**NETHRU NANAYAKKARA**  
**PRESIDENT**

## OPEN WATER SWIMMING / MARATHON SWIMMING

### 1. GENERAL RULES

A complete briefing of the race conditions will be made to all participants prior to competition. However, SLASU wishes to draw the attention to the following rules interpreted as per the FINA Open Water Swimming Rules (OWS).

- 1.1. All Open Water competitions shall be Freestyle events and swimmers are required to complete the whole course, respecting all designated turning buoys and course boundaries. (OWS 6.1)
- 1.2. No swimmer shall be permitted to use or wear any device which may be an aid to their speed, endurance or buoyancy. Goggles, a maximum of two (2) caps, nose clip and earplugs may be used. (OWS 6.10)
- 1.3. Swimmers shall be allowed to use grease or other such substances providing these are not, in the opinion of the Referee, excessive. (OWS 6.11)
- 1.4. In cases of emergency abandonment of races of 10 km or less, the race will be restarted from the beginning at the earliest possible moment. (OWS 6.18.1)

### 2. ENTRIES

- 2.1. Each swimmer shall duly complete the Individual Entry Form.
- 2.2. Each club/school should also produce a Team Entry Form with a list of names and the registered number of swimmers. Separate lists should be used for men and women.

### 3. AGE GROUP

- 3.1. The competition will be open to all competitors who are at least 14 years of age as at 31st December 2022 (OWS 1.2).

### 4. DURATION OF THE COMPETITION

- 4.1. Time limits shall apply as from the finish time of the first swimmers as per OWS 6.17:
  - 4.1.1. A time of 15 minutes for 5km.
  - 4.1.2. A time of 30 minutes for 10km.
- 4.2. Competitors who do not finish the course within the time limit shall be removed from the water except that the Chief Referee may allow a competitor outside the time limit to complete the course but not be eligible for any points or prizes. (OWS 6.17.1)

### 5. THE START OF THE EVENT

- 5.1. The proposed start time is 7:30am. However, the time may be subject to change with adequate notice. Details of the course, etc shall be provided at a briefing after the close of entries.
- 5.2. The race shall start with all competitors standing on a fixed platform or in water depth sufficient for them to commence swimming on the start signal (OWS 4.1).
- 5.3. Warm Up should be completed before 7:30am. The safety of the swimmer during warm-up shall be the individual's personal responsibility.

### 6. AWARDS

- 6.1. Medals will be presented to the first three places in the respective age groups.
- 6.2. Certificates will be presented to all participants completing the swim within the official time.
- 6.3. The results of this Annual Open Water Swimming Championships may be considered as selections for any 5KM Open Water and Marathon Swimming (10km) international events in 2022 (From 01st February to 31st December 2022 ) in the event SLASU is unable to conduct specific trials.

### 7. POINTS

- 7.1. Points shall be awarded in keeping with FINA GR 9.8.2 as at below;

Place	1	2	3	4	5	6	7	8	9	10	11	12
Points	18	16	14	12	10	8	6	5	4	3	2	1

- 7.2. A Team Trophy will be awarded based upon the points achieved under the above rule on the individual events.

## ANNUAL OPEN WATER SWIMMING CHAMPIONSHIPS – BALAPITIYA 2022

**TO: THE TREASURER**  
**SRI LANKA AQUATIC SPORTS UNION**  
 Department of Sports Development,  
 No.33 Torrington Place, Colombo 00700, Sri Lanka.

For office use only:	
Date:	Invoice/Receipt No:

## PAYMENT FORM

NAME OF ORGANIZATION:	REG. NO
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EVENT 01	ENTRY SHEET NO(S) 02	ENTRY FEE 03	NUMBER OF ENTRIES x FEE 04	TOTAL AMOUNT 05
<b>SWIMMING:</b>				Rs.
5 KM Open Water Swimming - MEN		Rs: 500.00		
5 KM Open Water Swimming - WOMEN		Rs: 500.00		
Marathon Swimming (10 KM) - MEN		Rs: 500.00		
Marathon Swimming (10 KM) - MEN		Rs: 500.00		
<b>TOTAL</b>				

## Contact Person:

<b>Name of Team Leader:</b> <i>(Teacher-in-Charge/ Club Captain/          Authorized Representative)</i>	<b>Telephone No:</b> <i>(Preferably Mobile)</i>
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## We hereby certify that:

1. The competitors entered are present students/members of this school/club and are registered with the Sri Lanka Aquatic Sports Union for the year of competition.
2. The details pertaining to each swimmer provided herein is true and correct.
3. The rules pertaining to the above competition have been read and communicated to all swimmers and relevant officials of the team.
4. We declare that the swimmers entered are fit to compete in the above event and have been made aware of the perils of open water swimming and that the entrant club/school and/or its swimmers, shall not hold SLASU, the delegates and officials responsible in any way for loss, harm, accident, illness caused by natural perils of nature during their participation.
5. The participation of the school/club and its athletes are subject to the conditions of entry, participation, selection and the rules specified in this meet summons and the rules of the Sri Lanka Aquatic Sports Union without reservation.
6. The decisions of the referee, jury of appeal and the Sri Lanka Aquatic Sports Union is final and conclusive.
7. The undersigned is fully authorized to submit the entries for the above event.

## AUTHORIZED SIGNATORY:

Name: \_\_\_\_\_

Designation: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Seal**  
*(where applicable)*



## ANNUAL OPEN WATER SWIMMING CHAMPIONSHIPS – BALAPITIYA 2022

## INDIVIDUAL ATHLETE INDEMNITY FORM

FAMILY NAME		REGISTRATION NO.	
GIVEN NAME		DATE OF BIRTH (day/month/year)	
CLUB/SCHOOL		MALE/ FEMALE	

**COMPETITOR'S DECLARATION:**

"I, the undersigned declare that;

1. I am presently a student/member of the above declared school/club and I have obtained necessary consent/permission to participate at these selections and represent the said school/club.
2. The details provided herein is true and correct.
3. The rules pertaining to the above competition have been read/explained and understood by me.
4. I am fit to compete in the above event.
5. I further certify that I am aware of the perils of open water swimming and that I shall not hold neither the delegate nor the officials responsible in any way for loss, harm, accident, illness caused by natural perils of nature during my participation.
6. My participation is subject to the conditions of entry, participation, selection and the rules specified in this meet summons and the rules of the Sri Lanka Aquatic Sports Union without reservation.
7. The decisions of the referee, jury of appeal and the Sri Lanka Aquatic Sports Union is final and conclusive."

**ATHLETE:****PARENT/GUARDIAN DECLARATION  
(IN CASE OF MINOR):**

"The declaration above has been read and understood by me and has been explained to the above named athlete".

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

NIC No: \_\_\_\_\_

Relationship  
to Athlete: \_\_\_\_\_

Date: \_\_\_\_\_