<!DOCTYPE html>

<html>

<head>

<title>Vinayaga Physio Clinic</title>

<meta charset="UTF-8">

<style>

body { font-family: Arial, sans-serif; background: #fafafd; margin: 0; padding: 0;}

header, nav, section { max-width: 800px; margin: auto;}

header { background: #337ab7; color: #fff; padding: 30px; text-align: center;}

nav { background: #eee; padding: 15px; text-align: center;}

nav a { margin: 0 12px; color: #337ab7; text-decoration: none;}

section { background: #fff; padding: 30px; border-radius: 10px; margin-top: 20px;}

.cta { background: #5cb85c; color: #fff; padding: 12px 22px; border-radius: 5px; display: inline-block; text-decoration: none;}

</style>

</head>

<body>

<header>

<h1>Active Life Physiotherapy Clinic</h1>

<p>Your partner in health and mobility</p>

</header>

<nav>

<a href="#about">About</a>

<a href="#services">Services</a>

<a href="#appointments">Appointments</a>

<a href="#contact">Contact</a>

</nav>

<section>

<h2>Welcome to Our Clinic!</h2>

<p>We’re dedicated to helping you restore movement and improve your quality of life.</p>

<a href="#appointments" class="cta">Book an Appointment</a>

</section>

<!-- Add more sections here as needed -->

</body>

</html>