

# Personal hygiene

## ECO-FRIENDLY CHECKLIST

- ☒ Bamboo toothbrush
- ☒ Organic tooth powder/tabs
- ☒ Bar soap, shampoo and conditioner
- ☒ Safety razors/bamboo razors
- ☒ Natural shaving round/gel (aloe gel)
- ☒ Natural aftershave (coconut oil, aloe gel)
- ☒ Bamboo/cotton face towels
- ☒ Cotton menstrual pads
- ☒ Menstrual cups

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