## Earthquake Safety Guide

## **BEFORE AN EARTHQUAKE:**

- Create a family emergency plan
- Prepare an emergency kit with food, water, and supplies
- Secure furniture and heavy items to prevent them from falling

## **DURING AN EARTHQUAKE:**

- DROP to your hands and knees
- COVER your head and neck with your arms
- HOLD ON until the shaking stops

## AFTER AN EARTHQUAKE:

- Check for injuries and provide first aid
- Evacuate if your home is unsafe
- Be prepared for aftershocks

For more information, visit earthquake.usgs.gov