



# Kaiser Permanente health plans for small businesses

# The right mix of care & coverage goes a long way

Kaiser Permanente health plans for small businesses offer fully integrated care and coverage that makes the plans easy to use. With smart benefit design, coordinated care, chronic condition management, and preventive medicine, employees can better engage with their health and employers can better control health care costs.

Central to all our plans is access to Kaiser Permanente providers, one of the top-ranked medical groups in Washington.<sup>1</sup> Our doctors and staff work together as a team to improve our members' health. It's this excellent care from Kaiser Permanente providers that can help employees be healthier, happier, and more productive, which helps employers move their businesses forward.

## Small group health plans

### CORE | Offered by Kaiser Foundation Health Plan of Washington

- More than 1,000 Kaiser Permanente providers<sup>2</sup>
- 33 Kaiser Permanente medical facilities and pharmacies<sup>2</sup>
- More than 9,000 additional network providers and facilities<sup>2</sup>
- Available in the following Washington counties: Benton, Columbia, Franklin, Island, King, Kitsap, Kittitas, Lewis, Mason, Pierce, Skagit, Snohomish, Spokane, Thurston, Walla Walla, Whatcom, Whitman, and Yakima

### ACCESS PPO | Offered by Kaiser Foundation Health Plan of Washington Options, Inc.

- Kaiser Permanente providers, medical facilities, and pharmacies
- More than 9,000 additional network providers and facilities<sup>2</sup>
- Most providers and designated pharmacies in our service area, including UW Medicine, Swedish Physicians, MultiCare, CHI Franciscan, PeaceHealth, Providence, and more

- First Choice Health network providers for Oregon, Alaska, Montana, Idaho, and Washington
- First Health network providers for all other states in the United States
- OptumRx network pharmacies
- Available in the following Washington counties: Benton, Columbia, Franklin, Island, King, Kitsap, Kittitas, Lewis, Mason, Pierce, Skagit, Snohomish, Spokane, Thurston, Walla Walla, Whatcom, Whitman, and Yakima

### ELECT PPO | Offered by Kaiser Foundation Health Plan of Washington Options, Inc.

- Kaiser Permanente providers, medical facilities, and pharmacies
- More than 9,000 additional network providers and facilities<sup>2</sup>
- First Choice Health network providers for in-network care outside of the 19 service area counties in Washington, Oregon, Alaska, Montana and Idaho
- First Health network providers for in-network care in all other states in the United States
- Available in the following Washington counties: King, Kitsap, Pierce, Snohomish, and Thurston

## Connected, coordinated care

The Kaiser Permanente approach to care is collaborative and innovative. It's care that can help your employees achieve better health and your business lower health-related costs.

### A team approach

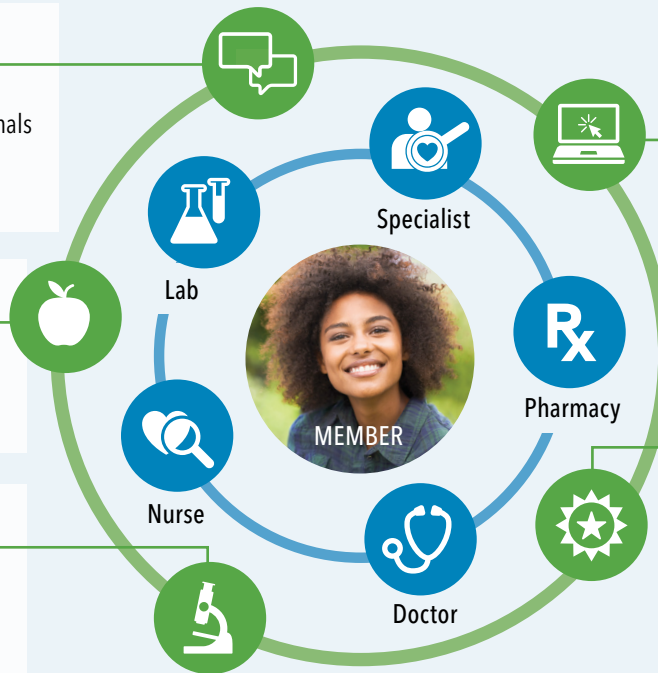
Led by the member's personal physician, our health care professionals and support staff work together to meet the member's health needs.

### Focus on prevention

Catching issues early helps prevent more expensive care later and can reduce missed days at work.

### Evidence-based care

By using scientific evidence, we can provide treatment that's proven to be effective and efficient, which can help keep health care costs down.



### Connected care

Our care teams are all connected to the member's electronic health record.

### Medical excellence

Washington Permanente Medical Group is one of the highest-ranked medical groups in Washington state.<sup>1</sup>

## More ways we help our members

### Formulary and managed medications

Because prescriptions have such a big impact on members' health and health care costs, our pharmacists:

- Use generics whenever possible
- Monitor for potential interactions
- Evaluate all drugs before including them in our formulary
- Support patients' high-cost specialty drugs

### Members who receive care at Kaiser Permanente medical facilities get:

- Patient-centered, coordinated care to help achieve the best possible health results
- Lab, pharmacy, and X-ray services under one roof at most Kaiser Permanente locations
- Secure email with doctors and care teams for nonurgent issues
- Mail-order pharmacy service for easy, fast, convenient refills

### Care management

Our program helps reduce the need for hospital stays and readmissions. Kaiser Permanente hospitalists and nurses provide care at our 7 highest-volume network hospitals. By using preferred facilities and providers, we can direct members to more effective, lower cost care.

### Convenient ways to get care

- **Consulting Nurse Service:** 24/7 phone service for care advice or help deciding where to get care
- **CareClinic by Kaiser Permanente at Bartell Drugs:** Walk-in care for minor medical issues, with 15 locations across the Puget Sound area
- **Care Chat:** Online messaging for real-time medical care from a Kaiser Permanente care provider
- **Online visits:** Online diagnosis, treatment plan, and even a prescription for common medical issues that don't need a physical exam
- **Email your doctor:** Connect with Kaiser Permanente doctor or care team for nonurgent issues through [kp.org/wa](http://kp.org/wa) or our mobile app.



## Exceptional care leads to healthier members

When Kaiser Permanente is recognized for its top doctors or excellent health plans, we appreciate that it's our members who benefit.



No. 1 health plan  
in Washington

### 2018 eValue8 Survey Washington Health Alliance

Top performing plan nationwide in helping members manage both acute and chronic conditions. Also led Washington state plans in helping members get and stay healthy.<sup>3</sup>



One of the highest-ranked  
medical groups

### Washington Health Alliance Community Checkup, 11 years in a row

Washington Permanente Medical Group has been one of the top-ranked medical groups in the state for more than a decade. The report highlights health care quality and value among medical groups and hospitals across the state.<sup>1</sup>

## Dental plans available

We teamed up with Delta Dental of Washington to offer broad dental coverage. There are several advantages for purchasing a dental plan through Kaiser Permanente:

- **Consolidated enrollment:** Dental coverage is selected on the enrollment master application for medical coverage.
- **Family plan:** Includes federally mandated pediatric dental coverage, allowing families to be covered under the same plan.
- **Consolidated billing:** One bill for medical and dental premiums.

## Alternate purchasing options

Kaiser Permanente also participates in private exchanges and trusts to provide you with additional ways to give your employees a choice of products along with other ancillary offerings:

### Liazon®

- Fully insured
- Defined contribution
- Multiple plans can be offered
- Ancillary products

### Business Health Trust

- Fully insured
- Multiple plans can be offered
- Ancillary products

**For more information, contact your Small Group Sales Team: 206-448-4140 or 800-542-6312.**

<sup>1</sup>Washington Health Alliance 2018 Community Checkup report, [www.wacommunitycheckup.org](http://www.wacommunitycheckup.org). Ranking applies to Kaiser Permanente Washington's medical group, Washington Permanente Medical Group, P.C. Ranking for previous years applies to then Group Health Cooperative's medical group, formerly named Group Health Permanente, P.C. and now named Washington Permanente Medical Group, P.C.

<sup>2</sup>OIC Provider Network Form A

<sup>3</sup>Based on 2018 eValue8 survey results. Top rated among the 6 health plans included in the survey. *Health Plan Performance: eValue8™ 2018 Results*, Washington Health Alliance, March 2019. View the results at [www.wacommunitycheckup.org/highlights](http://www.wacommunitycheckup.org/highlights).

All medical plans offered and underwritten by Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc.