# 8 reasons why we're good for you, good for your employees

#### 1. Care and coverage together

We have one mission – to maximize the health of every Kaiser Permanente member. Because we're both a care provider and a health plan, we'll work with you to help ensure the best experience for your employees and their dependents as both plan members and patients.

#### 2. Plans that offer choice and flexibility

You want health plans that meet the needs of both your business and your employees. With our plan portfolio you have a choice of HMO or PPO networks; a broad range of benefit designs with varying deductibles, waivers, and cost shares; and plans you can pair with an employee-directed health savings account.

## 3. Access to one of the state's leading medical groups

Through our plans your employees have access to one of the top-ranked medical groups in the state – the Washington Permanente Medical Group.¹ Our doctors come from leading hospitals and medical schools across the country to practice at the forefront of care innovation, and be compensated for the quality of care they provide, not the number of services and procedures they perform.

#### 4. Network providers who meet our high standards

Our community providers and hospitals share the same quality standards and philosophy of care that our physician leadership expects from their own doctors and staff. In return, they have access to our vast clinical resources and ongoing assistance in helping them provide the best care possible.

#### 5. Better health outcomes

A systematic approach to prevention and management of chronic conditions has made us one of the state's top performers in quality care measures. In 2018, our Core HMO led other health plans in more than 11 critical care measures, including breast and colon cancer screenings and diabetes care. Our Access PPO achieved best performance of any Washington PPO in 9 critical measures.<sup>2</sup>

#### 6. Taking the frustration out of health care

People have less time than ever. That's why we make care and service as hassle-free and convenient as possible - from our dedicated new member welcome team and online cost estimators to telemedicine, 24/7 phone-based nurse support, and responsive member services.

## 7. Resources that keep employees healthier

No-cost extras that come with our plans encourage health engagement and improvement - from our tobacco cessation program and phone-based wellness coaching to discounts on alternative care and fitness clubs and products. Digital coaching programs accessed online can help with weight management, stress, sleep issues, and more.

### 8. Proactive outreach that promotes engagement

Our integrated care management program sends members and providers reminders about needed preventive care. If a health questionnaire indicates health risks, we'll follow up with a call about our disease management program. Or we'll connect a member with a mental health therapist.



Washington Health Alliance 2018 Community Checkup report, www.wacommunitycheckup.org; ranking applies to Kaiser Permanente Washington's medical group, Washington Permanente Medical Group, P.C.

<sup>&</sup>lt;sup>2</sup> Quality Compass® 2018, used with permission of National Committee for Quality Assurance (NCQA). Any data display, analysis, interpretation or conclusion based on these data is solely that of the authors, and NCQA specifically disclaims responsibility for any such display, analysis, interpretation or conclusion.