

# KASINA Project Spec Sheet

## Overview

Title: KASINA

Tagline: A 3D Visual Meditation Tool

Description: A vibe-coded contemplative web app that enables modern meditators to deepen their concentration using traditional kasina practices rendered as dynamic 3D visual orbs.

## Tech Stack

Frontend: React.js + Tailwind CSS

3D Engine: Three.js for orb rendering

Backend: Node.js (Replit native environment), Express.js for routing

Database: Replit DB (MVP), Cloud storage for recordings

Form Integration: Formspree (for email-based login)

Auth System: CSV-based email whitelist for Substack premium user login

Platform: Replit.com

3rd Party Services:

- Substack (email export)
- YouTube (for embedded video content)
- Formspree (login form)

## Platforms & Devices

Optimized For:

- Desktop and tablet web browsers
- Responsive mobile support (no native app)
- Chrome, Safari, Firefox (latest versions)

## Core Features

Freestyle Kasina Mode:

- Choose from 10 Kasina Orbs:
- Color Kasinas: White (#FFFFFF), Blue (#0000FF), Red (#FF0000), Yellow (#FFFF00)
- Elemental Kasinas: Water, Air, Fire, Earth, Space, Light (each with specific effects)
- Timer Options: 1 min, 5 min, 10 min, 15 min, 20 min, Infinity (count-up mode)

#### Record & Share Sessions:

- Freestyle interface + record audio + screen (.webm)
- Download .webm files, upload to YouTube, submit to Community section
- Cloud storage: download/delete past recordings

#### Meditation Page:

- Introduction section (3 YouTube videos, 3-column layout)
- Curated Guided Meditations (embedded YouTube list)
- Community Generated Meditations (user submissions)

#### Practice Reflection:

- Pie chart: total practice time by kasina
- Log of sessions: kasina name, emoji, date, duration

### App Layout (UI Design)

#### Login Page:

- KASINA logo + tagline + email input

#### Home Page:

- KASINA logo + tagline + 4 action buttons (Freestyle, Meditation, Recording, Reflection)

#### Freestyle Page:

- Orb selector (10 types), black background (#000000)
- Render visual kasina orb + timer control

#### Recording Page:

- Freestyle interface + recording panel (audio + screen)
- Cloud-based library of recordings (download/delete)

#### Reflection Page:

- Pie chart of practice
- Practice log (kasina, emoji, date, duration)