

stress: Instantaneous stress

fss\_1: My motivation is lower when I am fatigued

fss\_2: Exercise brings on my fatigue

fss\_3: I am easily fatigued

fss\_4: Fatigue interferes with my physical functioning

fss\_5: Fatigue causes frequent problems for me

fss\_6: My fatigue prevents sustained physical functioning

fss\_7: F. inteferes with carrying out duties and responsabilities

fss\_8: F. is among my three most disabling symptoms

fss\_9: F. interferes with my work, family, or social life

who5\_1: I have felt cheerful and in good spirits

who5\_3: I have felt active and vigorous

who5\_4: I woke up feeling fresh and rested

who5\_5: My daily life has been filled with things that interest me

phq9\_2: Feeling down, depressed, or hopeless

phq9\_3: Trouble falling or staying asleep, or sleeping too much?

phq9\_4: Feeling tired or having little energy?

phq9\_5: Poor appetite or overeating?

phq9\_6: Feeling bad about yourself [...]?

phq9\_7: Trouble concentrating on things [...]?

phq9\_8: Moving or speaking slowly [..]? Or fidgety or restless [...]?

phq9\_9: Thoughts that you would be better off dead [...]?

vq11\_2: I worry about my respiratory state

vq11\_3: I feel misunderstood by those around me

vq11\_4: My respiratory state prevents me from moving as I would like

vq11\_5: I'm sleepy during the day

vq11\_6: I feel incapable of carrying out my projects

vq11\_7: I get tired quickly in the activities of daily living

vq11\_8: Physically I'm dissatisfied with what I can do

vq11\_9: My respiratory disease is disrupting my social life

vq11\_10: I feel sad

pain: Instantaneous pain

bowPb: Bowel movements problem

H/A: Regular headache or migraine