



stress: Instantaneous stress  
fss\_1: My motivation is lower when I am fatigued  
fss\_2: Exercise brings on my fatigue  
fss\_3: I am easily fatigued  
fss\_4: Fatigue interferes with my physical functioning  
fss\_5: Fatigue causes frequent problems for me  
fss\_6: My fatigue prevents sustained physical functioning  
fss\_7: F. interferes with carrying out duties and responsibilities  
fss\_8: F. is among my three most disabling symptoms  
fss\_9: F. interferes with my work, family, or social life  
who5\_1: I have felt cheerful and in good spirits  
who5\_3: I have felt active and vigorous  
who5\_4: I woke up feeling fresh and rested  
who5\_5: My daily life has been filled with things that interest me  
phq9\_2: Feeling down, depressed, or hopeless  
phq9\_3: Trouble falling or staying asleep, or sleeping too much?  
phq9\_4: Feeling tired or having little energy?  
phq9\_5: Poor appetite or overeating?  
phq9\_6: Feeling bad about yourself [...] ?  
phq9\_7: Trouble concentrating on things [...] ?  
phq9\_8: Moving or speaking slowly [...] ? Or fidgety or restless [...] ?  
phq9\_9: Thoughts that you would be better off dead [...] ?  
vq11\_2: I worry about my respiratory state  
vq11\_3: I feel misunderstood by those around me  
vq11\_4: My respiratory state prevents me from moving as I would like  
vq11\_5: I'm sleepy during the day  
vq11\_6: I feel incapable of carrying out my projects  
vq11\_7: I get tired quickly in the activities of daily living  
vq11\_8: Physically I'm dissatisfied with what I can do  
vq11\_9: My respiratory disease is disrupting my social life  
vq11\_10: I feel sad  
pain: Instantaneous pain  
bowPb: Bowel movements problem  
H/A: Regular headache or migraine  
age: Age  
BMI: Body Mass Index  
Edu.L: Education Level  
A.days: Number of days with alcohol consumption  
A.glass: Number of alcoholic drinks (typical day)?  
A.heavy: Number of days heavy drinking  
Cig.: Number of cigarest per day