

# 1. Depressive syndrome

- stress: Instantaneous stress
- phq9\_2: Feeling down, depressed, or hopeless
- phq9\_3: Trouble falling or staying asleep, or sleeping too much?
- phq9\_6: Feeling bad about yourself [...]?
- phq9\_9: Thoughts that you would be better off dead [...]?
- vq11\_3: I feel misunderstood by those around me
- vq11\_10: I feel sad
- H/A: Regular headache or migraine

# 2. Fatigue Disability

- fss\_1: My motivation is lower when I am fatigued
- fss\_3: I am easily fatigued
- fss\_5: Fatigue causes frequent problems for me
- fss\_8: F. is among my three most disabling symptoms
- o phq9\_4: Feeling tired or having little energy?

## 3. Fatigue-related physical impairment

- fss\_2: Exercise brings on my fatigue
- fss\_4: Fatigue interferes with my physical functioning
- fss\_6: My fatigue prevents sustained physical functioning
- vq11\_5: I'm sleepy during the day
- vq11\_7: I get tired quickly in the activities of daily living
- vq11\_8: Physically I'm dissatisfied with what I can do
- pain: Instantaneous pain

#### 4. Fatigue Handicap

- fss\_7: F. inteferes with carrying out duties and responsabilities
- fss\_9: F. interferes with my work, family, or social life
- vq11\_6: I feel incapable of carrying out my projects

## 5. Well-being

- who5\_1: I have felt cheerful and in good spirits
- who5\_3: I have felt active and vigorous
- who5\_4: I woke up feeling fresh and rested
- who5\_5: My daily life has been filled with things that interest me

# 6. Cognition and psychosomatic

- phq9\_5: Poor appetite or overeating?
- phq9\_7: Trouble concentrating on things [...] ?
- phq9\_8: Moving or speaking slowly [..]? Or fidgety or restless [...]?
- bowPb: Bowel movements problem

## 7. Respiratory state handicap

- vq11\_2: I worry about my respiratory state
- vq11\_4: My respiratory state prevents me from moving as I would like
- vq11\_9: My respiratory disease is disrupting my social life