

# LOWER UNDER 5 MORTALITY

1



## SKILLFUL CHILD DELIVERY

Child birth should be accommodated by an accredited professional such as midwife, doctor or nurse

2

Breastfeeding can help protect babies against some short- and long-term illnesses and diseases. Breastfed babies are also less likely to have ear infections and stomach bugs.



## BREASTFEEDING

3



## POSTNATAL CARE

Post natal care such as keeping the baby warm, keeping the baby clean and taking care of the umbilical

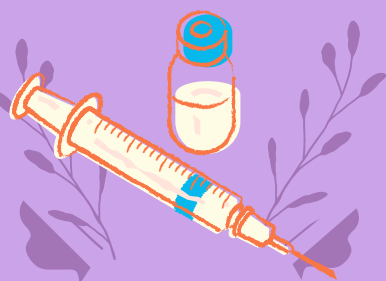
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Healthy eating is essential for your child's good health, growth and development.



## BALANCED NUTRITION

5



## VACCINATION

Vaccination protects your baby by helping build up their natural defenses. This is due to the immune system of babies that is not yet fully developed at birth