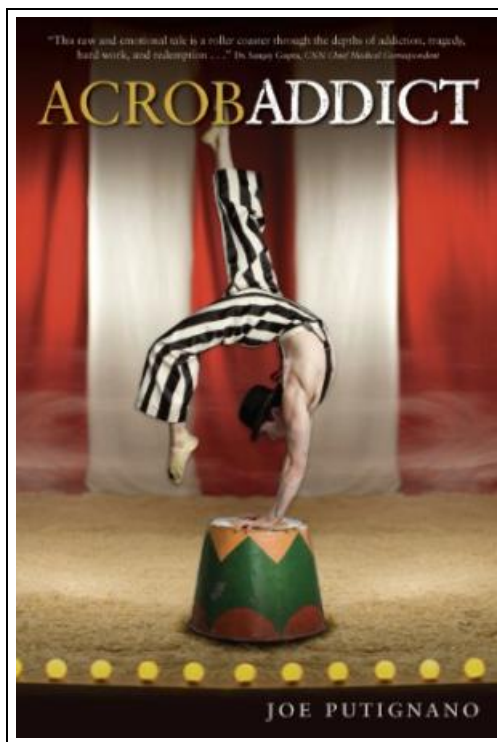


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Central Recovery Press, United States, 2013. Paperback. Condition: New. Language: English. Brand new Book. Follow the author as he goes on a harrowing journey from the US Olympic Training Center to homeless shelters to shooting heroin on the job to being declared dead. This story goes beyond addiction. It is about the fragility and tenacity of the human spirit and how that spirit can redeem each and every one of us by helping to push us through the darkness, whether the darkness is from death, divorce, or the disease of addiction. Accrobaddict is a story about the close relationship between athletics and drug addiction—how the same energy, obsession, and dedication that can create an Olympic athlete can also create a homeless drug addict. PUBLISHERS WEEKLY (Starred review) After reading former Olympic gymnastics hopeful Putignano's sinister yet intoxicating memoir of addiction, recovery, and more addiction, you wind up feeling like one of his closest friends. The first-time author, who now portrays Crystal Man in Cirque du Soleil's traveling production of Totem, divulges what must be nearly every significant detail of his journey from the basement of his parents' Massachusetts home, where as an 8-year-old he taught himself flips using old couch cushions; to the U.S. Olympic Training Center in Colorado Springs, where the author's insane quest for perfection exposed his insecurities and triggered his self-loathing; and finally to a seemingly never-ending series of addict escapades throughout his college and post-college years that somehow did not even climax after he was twice declared clinically dead. Putignano's homosexuality plays a crucial role in his story, and it is the one topic here he handles delicately. Elsewhere, his prose is unfiltered: graphic and intimate. Prone to hyperbole to the point of distraction, Putignano nevertheless writes so vividly about his highs that readers practically experience them...

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