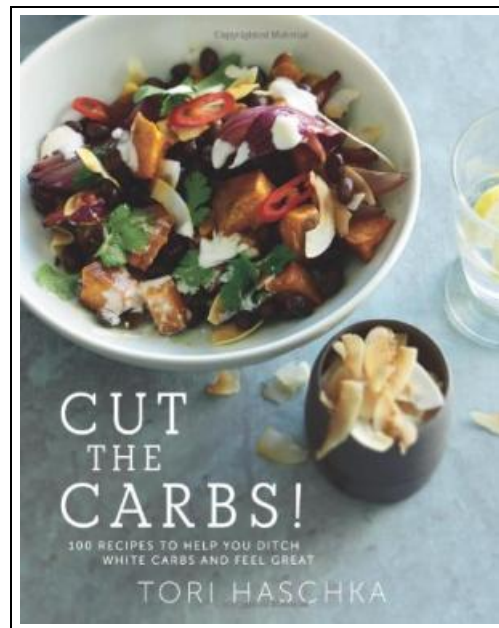


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CUT THE CARBS: 100 RECIPES TO HELP YOU DITCH WHITE CARBS AND FEEL GREAT



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