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30 DAYS TO TAMING YOUR ANGER: HOW TO FIND PEACE WHEN IRRITATED, FRUSTRATED, OR INFURIATED (PAPERBACK)



Harvest House Publishers,U.S., United States, 2013. Paperback. Condition: New. Language: English. Brand new Book. It's a mad, mad world and rare is the person who gets through a single day without encountering an irritating, frustrating, or anger-producing situation. Deborah Pegues, author of the award-winning and bestselling 30 Days to Taming Your Tongue (more than 650,000 sold), is once again a voice of hope in this indispensable guide for dealing with short-term and long-term feelings of displeasure. Pegues reveals that anger...

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- Authored by Deborah Smith Pegues
- Released at 2013



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