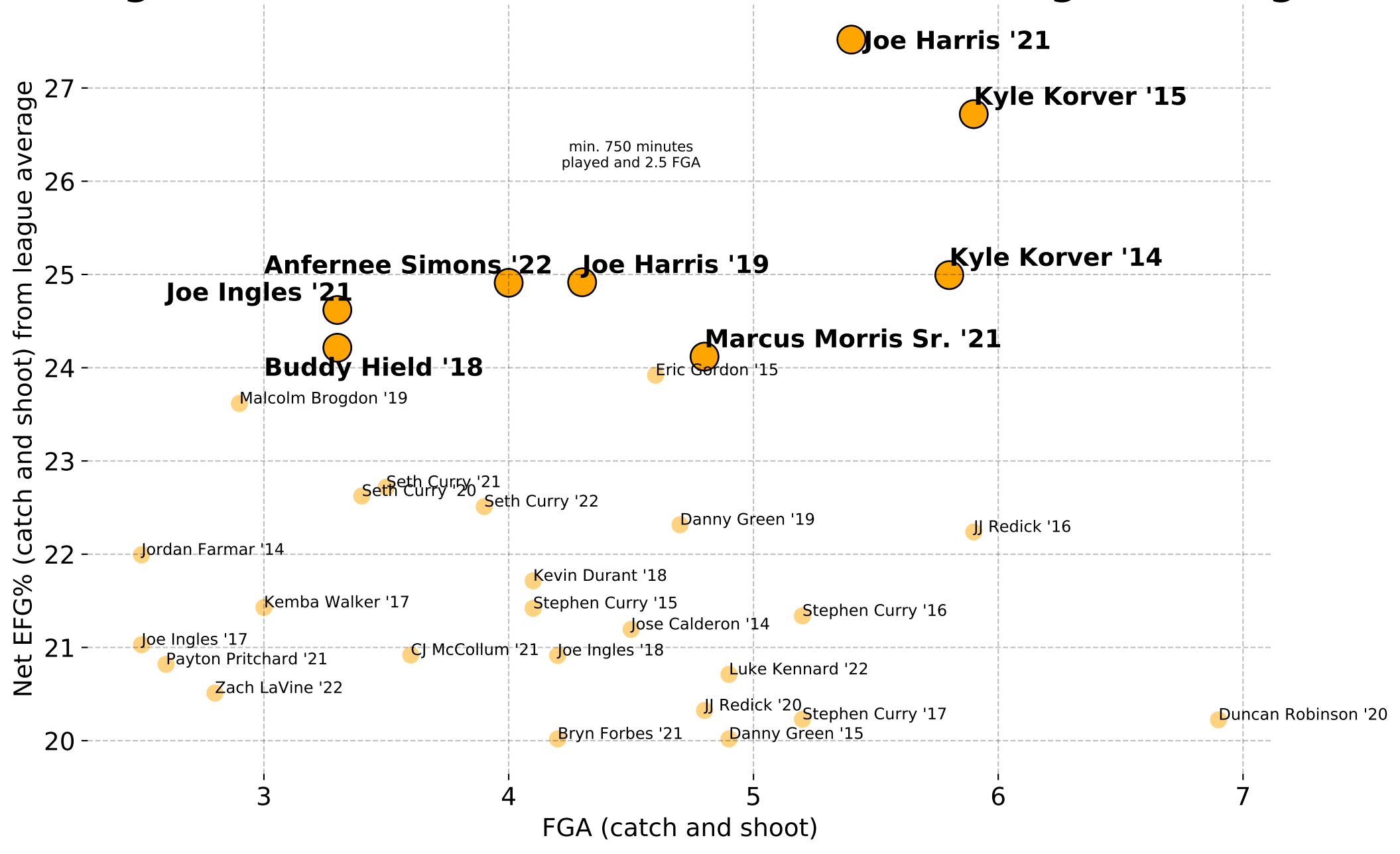The most efficient catch and shoot players from the past 9 regular seasons shot at least 24% above league average