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LUCETE.ACADEMY

LUCETE READING E8-1

UNIT 3. The Journey to Kitchen Stardom

The Journey to Kitchen Stardom

Let's Check!

1. What are the keywords?
2. What is the main idea of the text?



READING SECTION:

The Journey to Kitchen Stardom

Ever wondered how to become a top chef? The journey is full of wins and challenges. Here's how it usually happens.

First, chefs start with a focus on improving their personal skills. Many go to cooking schools to learn skills and get the know-how. These schools help develop their cooking abilities by practicing a lot. Next, they set clear **goals**. Planning by a week, a month, or even a year with a detailed **scheme** about targets can help them reach their goals. This is when wanting to improve becomes really important. It's not just about following recipes but mastering cooking.

As skills get better, chefs often work in restaurants for more experience. Being **flexible** and willing to **adapt** is key here. By doing so, many chefs sometimes even get promoted to head chef. Over time, successes start to show up. These might be awards or even Michelin stars. However, many chefs face tough times that need grit and ongoing effort. They sometimes compete with each other cooking the same dish multiple times, and they are timed when cooking these dishes. They also practice a variety of recipes to develop their skills further. Overcoming these is proof of their self-confidence and effort.

The journey doesn't stop with job happiness. True chefs keep a learning mindset, always **aiming** for future goals and keeping their **ambition** high. Now you know who becomes successful chefs, a path which is often seen as a series of wins.

6 vocabulary key words: goal, scheme, flexible,
adapt, aiming, ambition

The Journey to Kitchen Stardom

Let's Check!

1. What is the summary?



The Journey to Kitchen Stardom

Let's Think!

1. Beginning of the Passage:

Question: Some people believe that attending cooking schools is unnecessary, and true culinary skills come from hands-on experience and personal exploration. Which side do you support and why?

Answer: I believe that (attending cooking schools is necessary/unnecessary) because _____.

1. Middle of the Passage (First Half):

Question: Can you remember a time when you set a goal for yourself (it doesn't have to be about cooking)? How did you plan to achieve it, and what was the outcome?

Answer: I remember when I set a goal to _____. I planned to achieve it by _____. In the end, _____.

1. Middle of the Passage (Second Half):

Question: Chefs sometimes compete by cooking the same dish multiple times under time constraints. If you had to compete like this, what dish would you choose to cook, and why do you think you'd do great in making it?

Answer: If I had to compete, I'd choose to cook _____ because I _____. I believe I'd do great in making it because _____.

1. End of the Passage (First Half):

Question: Reflect on a challenge you've faced that requires hard work to overcome. How did facing this challenge help you grow in self-confidence?

Answer: A challenge I faced was _____. To overcome it, I had to _____. This helped me grow in self-confidence because _____.

1. End of the Passage (Second Half):

Question: Do you think always trying to improve can cause burnout and how do you keep a balance?

Answer: I (agree/disagree) that always trying to improve can cause burnout because _____. To find balance, I _____.

The Journey to Kitchen Stardom

Wrap Up!

1. Why do you think setting clear goals is an important step in a chef's journey to success?
1. Why do you think self-confidence is important in overcoming the challenges faced by chefs?
1. How does working in restaurants contribute to a chef's growth, according to the passage?

DEBATE TITLE: The Quest for the Lost Treasure of Oakwood Forest

- **Topic:**

- With perseverance, courage, and quick thinking, even the smallest and seemingly weakest of creatures can achieve great things.
- Greed and selfishness can have dire consequences, and that the past can come back to haunt us if we don't learn from our mistakes.

- **Discussion question:**

1. **Compare and Contrast:** Think about the adventures of Will and Max. How were their journeys similar and how were they different? Write a paragraph comparing and contrasting their adventures.
2. **Ghostly Redemption:** If you were in Max's shoes, would you have helped Lord Blackwood lift his curse? Why or why not? Discuss the reasons of why it's good to of help someone who's known for their cruelty and selfishness.
3. **Moral Dilemmas:** Imagine you are in the shoes of Will and his friends when they discover the Lost Treasure of Oakwood Forest. Knowing that the treasure could attract dangerous characters like Fang and his gang, would you still take the treasure back to your community? Or would you leave it hidden for the safety of your friends and community? Explain your reasoning.