body {

font-family: Arial, sans-serif;

margin: 0;

padding: 0;

background-color: #FFFFFF;

}

.container {

width: 100%;

max-width: 400px;

margin: 0 auto;

background-color: #F5F5F5;

}

.header {

background-color: #012E57;

padding: 10px;

text-align: center;

}

.header .logo {

width: 200px;

}

.profile-section {

background-color: #FFFFFF;

padding: 20px;

border-radius: 8px;

box-shadow: 0 0 10px rgba(0, 0, 0, 0.1);

}

.profile-header {

display: flex;

justify-content: space-between;

align-items: center;

margin-bottom: 20px;

}

.patient-info h2 {

margin: 0;

font-size: 1.5em;

color: #2C2B2B;

}

.patient-info p {

margin: 5px 0;

font-size: 0.9em;

color: #6B6868;

}

.profile-pic img {

width: 50px;

height: 50px;

border-radius: 50%;

background-color: #BCBCBC;

}

.goal-section {

text-align: center;

margin-bottom: 20px;

}

.goal-info h3 {

margin-bottom: 10px;

font-size: 1.2em;

color: #2C2B2B;

}

.progress-circle {

width: 120px;

height: 120px;

border-radius: 50%;

background: conic-gradient(#FCA800 0% 40%, #EAEAC4 40% 100%);

display: flex;

align-items: center;

justify-content: center;

font-size: 1.5em;

color: #012E57;

margin: 0 auto;

}

.metrics {

margin-top: 10px;

display: flex;

justify-content: space-around;

}

.metric {

padding: 5px 15px;

border-radius: 5px;

color: white;

font-weight: bold;

font-size: 0.9em;

}

.emg {

background-color: #37DDD0;

}

.rom {

background-color: #D9D9D9;

}

.details p {

margin: 10px 0;

font-size: 0.9em;

color: #2C2B2B;

}

.medical-history {

margin-top: 20px;

}

.medical-history h4 {

margin-bottom: 5px;

color: #012E57;

font-size: 1.1em;

}