

Storytelling

First off, answer these questions

1. What is a summary or “elevator pitch” of one common story you tell? *e.g. I tried to kiss a girl and head butt her instead*
2. What is the emotional arc of your story? *e.g. I was super nervous and then there was the absurd and funny part where I head butt her (climax) and then I was dejected and furious driving home*
3. What details are worth highlighting that will drive each emotional point home? *e.g. Nervous: talking about how long I liked her, hands shaking as I thought about kissing her, not being able to hear her talk I was so anxious, Funny: slowing down the part when I messed up putting my foot on the break, her laughing at me, me being stunned, Dejected/Furious: during home swearing and pounding the steering wheel*

Tell your story! I highly recommend speaking into a video recording.