

The High Cost of Readmissions

As readmission standards continue to affect the bottom line, it's important you know the facts surrounding this increasingly impactful policy.



\$40 BILLION

annual cost of hospital readmissions



A readmission is a person who has been readmitted to the same or another hospital within **30 days** of hospital discharge.

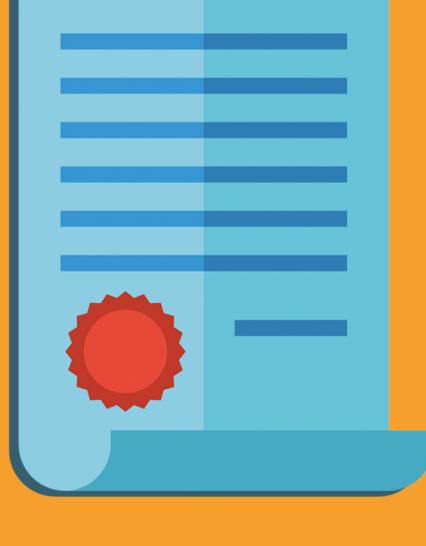


= 76.5%

of total readmissions

Under the ACA, the Hospital Readmissions Reduction Program (HRRP) was established requiring CMS to **reduce payments** to hospitals with excess readmissions.

The HRRP Program focuses on **5 diagnoses**:



Congestive Heart Failure



Pneumonia



Chronic obstructive pulmonary disease



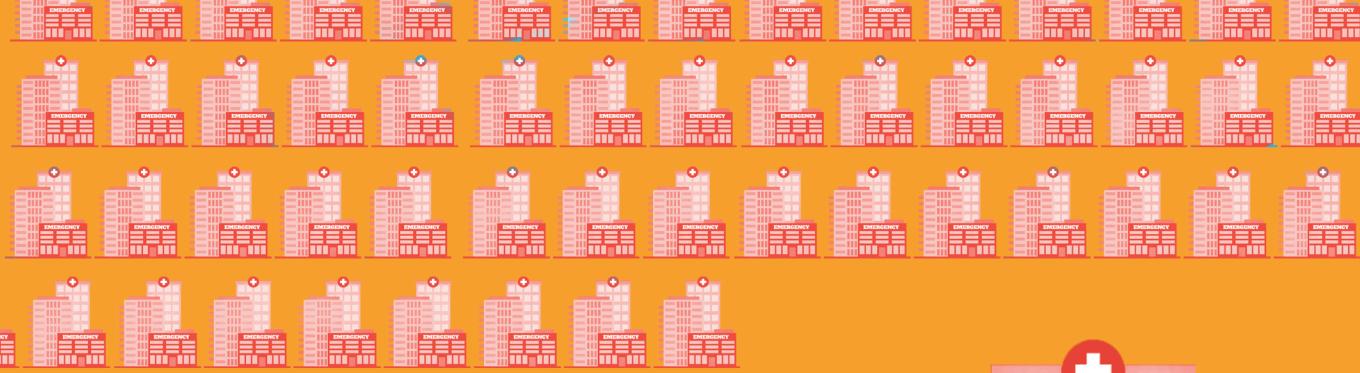
Device Complication



Acute myocardial infarction

78%

of acute care hospitals were assessed a penalty in FY2015.



\$428 Million

in penalties were assessed by CMS in FY2015.

Max Penalties Per Year



% Of Hospitals Penalized

FY2013	64%
FY2014	66%
FY2015	78%

Top Initiatives to Reduce Readmissions

- ✓ CMS plans to roll out readmissions reduction program targeting SNF's.
- ✓ End-of-life services can reduce subsequent hospitalizations by **40-50%**.
- ✓ Common process breakdowns associated with potentially preventable readmissions:



Care gaps in hospitals



Patient factors



Lack of timely post-discharge care



Communication with next care provider

 **HealthStream®**

HealthStream provides solutions to help solve the biggest challenges facing healthcare organizations through the development of their number one asset - their people. For advice and resources that can help your healthcare facility reduce readmission rates and avoid costly penalties, visit HealthStream.com/Readmissions.

Sources:

AHRQ (2013 & 2014). Healthcare Cost and Utilization Project. <http://www.hcupus.ashrq.gov>

CMS (2014). Readmissions Reduction Program. www.cms.gov

HealthStream (2015). PX Advisor. Volume 3, Issue 3, 13-19.